

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
ALC at Cameron**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
05	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
06	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
ALC at Montrose**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	0	0	0.0	1	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
07	Boys	3	3	100.0	3	1	33.3	3	3	100.0	2	2	100.0	3	1	33.3	4
08	Boys	6	6	100.0	7	6	85.7	6	6	100.0	7	6	85.7	7	7	100.0	11
Totals		9	9	100.0	11	7	63.6	9	9	100.0	9	8	88.9	10	8	80.0	16

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
ALC at Pimmit**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	11
09	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	4
10	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	6
10	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	29

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
ALC at Terra Centre**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2
05	Boys	1	1	100.0	2	2	100.0	2	2	100.0	1	1	100.0	2	2	100.0	2
06	Boys	4	3	75.0	4	1	25.0	3	3	100.0	3	3	100.0	4	4	100.0	12
06	Girls	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		6	4	66.7	8	5	62.5	7	7	100.0	6	6	100.0	8	7	87.5	17

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	26	81.3	32	29	90.6	32	32	100.0	31	31	100.0	32	31	96.9	32
04	Girls	43	26	60.5	43	43	100.0	43	43	100.0	43	42	97.7	43	37	86.0	43
05	Boys	31	26	83.9	31	27	87.1	31	31	100.0	31	29	93.5	31	26	83.9	31
05	Girls	25	19	76.0	27	27	100.0	27	27	100.0	27	27	100.0	26	24	92.3	27
06	Boys	27	24	88.9	27	23	85.2	27	27	100.0	27	27	100.0	27	23	85.2	27
06	Girls	27	26	96.3	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27
Totals		185	147	79.5	187	176	94.1	187	187	100.0	186	183	98.4	186	168	90.3	187

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Annandale HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	300	299	99.7	300	241	80.3	282	246	87.0	276	220	79.7	274	219	79.9	320
09	Girls	333	330	99.1	335	287	85.7	303	286	94.0	299	242	80.9	301	227	75.4	340
10	Boys	300	300	100.0	310	192	61.9	314	276	88.0	287	208	72.5	301	259	86.0	322
10	Girls	276	274	99.3	277	194	70.0	279	261	94.0	267	217	81.3	275	206	74.9	285
11	Boys	22	22	100.0	23	14	60.9	25	22	88.0	23	19	82.6	23	19	82.6	27
11	Girls	23	22	95.7	23	6	26.1	24	23	96.0	21	15	71.4	21	14	66.7	27
12	Boys	1	1	100.0	1	1	100.0	3	3	100.0	2	1	50.0	1	1	100.0	3
12	Girls	3	3	100.0	3	1	33.3	4	4	100.0	3	3	100.0	3	1	33.3	5
Totals		1,258	1,251	99.4	1,272	936	73.6	1,234	1,121	90.8	1,178	925	78.5	1,199	946	78.9	1,329

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	57	80.3	72	40	55.6	72	70	97.0	72	67	93.1	72	54	75.0	72
04	Girls	53	45	84.9	54	50	92.6	54	53	98.0	54	49	90.7	54	45	83.3	54
05	Boys	52	48	92.3	52	33	63.5	52	48	92.0	52	51	98.1	52	47	90.4	52
05	Girls	53	39	73.6	53	46	86.8	53	52	98.0	53	51	96.2	53	43	81.1	53
Totals		229	189	82.5	231	169	73.2	231	223	96.5	231	218	94.4	231	189	81.8	231

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Archer Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	78	92.9	84	63	75.0	84	73	87.0	84	59	70.2	84	79	94.0	84
04	Girls	62	58	93.5	61	61	100.0	62	61	98.0	62	47	75.8	60	57	95.0	62
05	Boys	64	52	81.3	64	54	84.4	64	57	89.0	64	26	40.6	64	62	96.9	64
05	Girls	81	75	92.6	82	82	100.0	82	80	98.0	82	57	69.5	82	80	97.6	82
06	Boys	93	72	77.4	93	71	76.3	93	90	97.0	93	47	50.5	93	81	87.1	93
06	Girls	77	62	80.5	77	74	96.1	77	77	100.0	77	62	80.5	77	73	94.8	78
Totals		461	397	86.1	461	405	87.9	462	438	94.8	462	298	64.5	460	432	93.9	463

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	35	29	82.9	34	32	94.0	33	33	100.0	35	32	91.4	35
04	Girls	40	40	100.0	40	39	97.5	40	40	100.0	40	40	100.0	40	39	97.5	41
05	Boys	30	26	86.7	30	25	83.3	31	30	97.0	29	29	100.0	30	27	90.0	31
05	Girls	22	20	90.9	23	22	95.7	23	23	100.0	22	21	95.5	23	23	100.0	23
06	Boys	40	39	97.5	43	36	83.7	43	43	100.0	40	39	97.5	43	39	90.7	44
06	Girls	30	27	90.0	30	29	96.7	30	30	100.0	29	29	100.0	30	26	86.7	30
Totals		196	185	94.4	201	180	89.6	201	198	98.5	193	191	99.0	201	186	92.5	204

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Baileys Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	51	87.9	60	33	55.0	60	49	82.0	61	60	98.4	62	53	85.5	64
04	Girls	73	64	87.7	68	32	47.1	72	61	85.0	72	69	95.8	74	57	77.0	75
05	Boys	63	61	96.8	63	40	63.5	63	50	79.0	65	62	95.4	64	53	82.8	67
05	Girls	62	61	98.4	63	30	47.6	61	56	92.0	63	62	98.4	61	42	68.9	64
Totals		256	237	92.6	254	135	53.1	256	216	84.4	261	253	96.9	261	205	78.5	270

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Beech Tree Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	29	90.6	32	18	56.3	32	27	84.0	32	32	100.0	32	22	68.8	32
04	Girls	41	30	73.2	41	40	97.6	41	37	90.0	41	41	100.0	41	27	65.9	41
05	Boys	30	24	80.0	30	19	63.3	30	23	77.0	30	30	100.0	30	17	56.7	30
05	Girls	34	29	85.3	35	35	100.0	35	29	83.0	35	35	100.0	34	24	70.6	35
Totals		137	112	81.8	138	112	81.2	138	116	84.1	138	138	100.0	137	90	65.7	138

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Belle View Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	19	18	94.7	28	19	67.9	19	19	100.0	19	19	100.0	28	20	71.4	30
04	Girls	15	15	100.0	24	24	100.0	16	16	100.0	16	16	100.0	25	21	84.0	26
05	Boys	14	12	85.7	27	18	66.7	14	13	93.0	22	22	100.0	25	17	68.0	31
05	Girls	12	12	100.0	27	27	100.0	12	12	100.0	27	27	100.0	27	15	55.6	29
06	Boys	33	32	97.0	33	26	78.8	32	32	100.0	31	31	100.0	34	26	76.5	37
06	Girls	26	26	100.0	26	25	96.2	26	26	100.0	25	25	100.0	26	17	65.4	27
Totals		119	115	96.6	165	139	84.2	119	118	99.2	140	140	100.0	165	116	70.3	180

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	37	92.5	44	19	43.2	45	39	87.0	43	35	81.4	23	17	73.9	47
04	Girls	35	34	97.1	40	39	97.5	37	36	97.0	38	38	100.0	30	27	90.0	41
05	Boys	47	46	97.9	50	30	60.0	46	39	85.0	38	27	71.1	28	15	53.6	52
05	Girls	35	34	97.1	42	37	88.1	38	37	97.0	35	25	71.4	23	15	65.2	48
Totals		157	151	96.2	176	125	71.0	166	151	91.0	154	125	81.2	104	74	71.2	188

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	44	91.7	48	29	60.4	48	45	94.0	47	30	63.8	48	44	91.7	48
04	Girls	49	36	73.5	49	48	98.0	49	48	98.0	47	34	72.3	49	45	91.8	49
05	Boys	53	41	77.4	52	26	50.0	53	51	96.0	53	40	75.5	52	46	88.5	53
05	Girls	55	40	72.7	55	45	81.8	55	53	96.0	55	44	80.0	54	45	83.3	55
06	Boys	63	52	82.5	62	34	54.8	63	61	97.0	63	58	92.1	63	57	90.5	63
06	Girls	49	39	79.6	49	40	81.6	49	47	96.0	48	42	87.5	49	45	91.8	49
Totals		317	252	79.5	315	222	70.5	317	305	96.2	313	248	79.2	315	282	89.5	317

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Braddock Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	41	87.2	47	32	68.1	47	43	92.0	47	27	57.4	47	46	97.9	47
04	Girls	60	58	96.7	60	60	100.0	60	60	100.0	60	52	86.7	60	54	90.0	60
05	Boys	53	53	100.0	53	31	58.5	53	49	93.0	53	29	54.7	53	50	94.3	54
05	Girls	48	46	95.8	48	41	85.4	48	48	100.0	48	32	66.7	48	38	79.2	48
Totals		208	198	95.2	208	164	78.8	208	200	96.2	208	140	67.3	208	188	90.4	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Bren Mar Park Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	29	76.3	38	36	94.7	41	37	90.0	38	37	97.4	38	18	47.4	41
04	Girls	29	21	72.4	29	29	100.0	29	27	93.0	29	25	86.2	29	10	34.5	30
05	Boys	32	24	75.0	33	30	90.9	34	32	94.0	33	26	78.8	32	17	53.1	34
05	Girls	38	34	89.5	38	38	100.0	39	38	97.0	38	32	84.2	38	23	60.5	39
Totals		137	108	78.8	138	133	96.4	143	134	93.7	138	120	87.0	137	68	49.6	144

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	44	93.6	47	40	85.1	47	45	96.0	46	45	97.8	47	44	93.6	47
04	Girls	55	54	98.2	55	55	100.0	55	55	100.0	55	52	94.5	55	50	90.9	55
05	Boys	69	64	92.8	69	60	87.0	68	64	94.0	68	64	94.1	69	67	97.1	69
05	Girls	49	45	91.8	49	48	98.0	49	48	98.0	48	48	100.0	49	47	95.9	49
06	Boys	57	54	94.7	57	49	86.0	57	55	97.0	57	56	98.2	57	53	93.0	57
06	Girls	50	49	98.0	51	50	98.0	51	50	98.0	51	50	98.0	51	48	94.1	51
Totals		327	310	94.8	328	302	92.1	327	317	96.9	325	315	96.9	328	309	94.2	328

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
09	Girls	1	1	100.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	7
10	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	8
10	Girls	2	2	100.0	1	0	0.0	2	1	50.0	2	2	100.0	2	0	0.0	8
11	Boys	0	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	7
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		4	4	100.0	3	0	0.0	5	4	80.0	5	5	100.0	3	1	33.3	43

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	20	19	95.0	20	14	70.0	20	15	75.0	20	20	100.0	20	17	85.0	20
04	Girls	18	17	94.4	18	18	100.0	18	13	72.0	18	18	100.0	18	14	77.8	18
05	Boys	17	14	82.4	17	9	52.9	17	12	71.0	17	17	100.0	17	17	100.0	17
05	Girls	29	27	93.1	29	27	93.1	29	24	83.0	29	28	96.6	29	28	96.6	29
06	Boys	16	13	81.3	16	11	68.8	16	12	75.0	16	16	100.0	16	13	81.3	16
06	Girls	16	15	93.8	16	15	93.8	16	16	100.0	16	16	100.0	16	13	81.3	16
Totals		116	105	90.5	116	94	81.0	116	92	79.3	116	115	99.1	116	102	87.9	116

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	71	89.9	79	66	83.5	80	80	100.0	80	78	97.5	80	77	96.3	81
04	Girls	90	82	91.1	91	91	100.0	91	91	100.0	90	89	98.9	90	86	95.6	91
05	Boys	80	74	92.5	80	71	88.8	80	76	95.0	80	80	100.0	80	76	95.0	86
05	Girls	73	63	86.3	73	71	97.3	73	73	100.0	73	71	97.3	73	70	95.9	74
06	Boys	81	77	95.1	81	62	76.5	81	75	93.0	81	80	98.8	81	73	90.1	81
06	Girls	54	49	90.7	54	52	96.3	54	54	100.0	54	53	98.1	54	50	92.6	54
Totals		457	416	91.0	458	413	90.2	459	449	97.8	458	451	98.5	458	432	94.3	467

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Burke School**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	34	31	91.2	35	12	34.3	36	31	86.0	36	34	94.4	34	18	52.9	36
07	Girls	12	10	83.3	12	5	41.7	12	11	92.0	12	11	91.7	12	9	75.0	12
08	Boys	29	25	86.2	29	10	34.5	29	28	97.0	29	28	96.6	29	16	55.2	29
08	Girls	9	5	55.6	10	1	10.0	10	7	70.0	10	8	80.0	9	4	44.4	10
Totals		84	71	84.5	86	28	32.6	87	77	88.5	87	81	93.1	84	47	56.0	87

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	16	69.6	23	18	78.3	23	21	91.0	23	23	100.0	23	14	60.9	25
04	Girls	25	20	80.0	25	25	100.0	25	24	96.0	25	25	100.0	25	15	60.0	28
05	Boys	23	21	91.3	23	16	69.6	23	21	91.0	23	23	100.0	23	14	60.9	24
05	Girls	20	14	70.0	20	19	95.0	20	20	100.0	20	20	100.0	20	13	65.0	20
06	Boys	33	29	87.9	32	19	59.4	33	32	97.0	32	32	100.0	33	13	39.4	33
06	Girls	28	27	96.4	25	24	96.0	28	28	100.0	27	27	100.0	27	20	74.1	29
Totals		152	127	83.6	148	121	81.8	152	146	96.1	150	150	100.0	151	89	58.9	159

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Camelot Ctr**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
05	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
06	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
06	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	9

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Camelot Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	18	18	100.0	27	20	74.1	25	18	72.0	17	15	88.2	27	26	96.3	27
04	Girls	23	21	91.3	33	32	97.0	31	29	94.0	22	21	95.5	33	31	93.9	34
05	Boys	31	31	100.0	32	23	71.9	32	29	91.0	31	26	83.9	32	32	100.0	32
05	Girls	28	24	85.7	29	23	79.3	29	28	97.0	28	19	67.9	29	27	93.1	29
06	Boys	30	29	96.7	30	17	56.7	30	26	87.0	29	25	86.2	30	28	93.3	30
06	Girls	26	25	96.2	26	23	88.5	26	26	100.0	24	24	100.0	26	23	88.5	26
Totals		156	148	94.9	177	138	78.0	173	156	90.2	151	130	86.1	177	167	94.4	178

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cameron Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	31	100.0	34	32	94.1	33	33	100.0	33	21	63.6	33	23	69.7	34
04	Girls	41	39	95.1	41	41	100.0	39	39	100.0	38	31	81.6	41	30	73.2	41
05	Boys	21	21	100.0	27	25	92.6	26	26	100.0	24	18	75.0	27	22	81.5	27
05	Girls	30	30	100.0	30	30	100.0	29	29	100.0	29	28	96.6	30	19	63.3	30
06	Boys	36	36	100.0	39	34	87.2	37	37	100.0	32	24	75.0	38	32	84.2	39
06	Girls	42	42	100.0	45	45	100.0	45	45	100.0	30	29	96.7	43	33	76.7	46
Totals		201	199	99.0	216	207	95.8	209	209	100.0	186	151	81.2	212	159	75.0	217

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	38	79.2	48	38	79.2	48	30	63.0	48	36	75.0	48	38	79.2	50
04	Girls	47	40	85.1	47	47	100.0	47	44	94.0	47	42	89.4	47	27	57.4	47
05	Boys	70	52	74.3	70	54	77.1	71	61	86.0	69	46	66.7	69	54	78.3	72
05	Girls	63	45	71.4	63	59	93.7	62	57	92.0	63	50	79.4	63	41	65.1	63
06	Boys	75	62	82.7	75	58	77.3	75	66	88.0	75	59	78.7	75	57	76.0	78
06	Girls	49	36	73.5	49	48	98.0	49	46	94.0	49	43	87.8	49	35	71.4	50
Totals		352	273	77.6	352	304	86.4	352	304	86.4	351	276	78.6	351	252	71.8	360

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	30	96.8	32	17	53.1	34	33	97.0	31	30	96.8	33	28	84.8	34
04	Girls	37	37	100.0	36	36	100.0	37	34	92.0	37	36	97.3	38	33	86.8	38
05	Boys	43	41	95.3	41	29	70.7	43	38	88.0	43	41	95.3	43	37	86.0	43
05	Girls	34	34	100.0	35	32	91.4	35	32	91.0	34	34	100.0	36	35	97.2	36
06	Boys	40	38	95.0	43	34	79.1	37	35	95.0	39	39	100.0	44	41	93.2	49
06	Girls	35	33	94.3	42	39	92.9	32	29	91.0	34	31	91.2	34	32	94.1	44
Totals		220	213	96.8	229	187	81.7	218	201	92.2	218	211	96.8	228	206	90.4	244

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Carson MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	352	337	95.7	351	294	83.8	358	350	98.0	353	298	84.4	351	144	41.0	359
07	Girls	303	287	94.7	301	285	94.7	304	303	100.0	303	265	87.5	301	138	45.8	304
08	Boys	335	328	97.9	335	293	87.5	339	335	99.0	337	269	79.8	335	175	52.2	339
08	Girls	281	274	97.5	281	258	91.8	281	277	99.0	279	232	83.2	281	133	47.3	281
Totals		1,271	1,226	96.5	1,268	1,130	89.1	1,282	1,265	98.7	1,272	1,064	83.6	1,268	590	46.5	1,283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cedar Lane School**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	6	2	33.3	1	1	100.0	1	1	100.0	0	0	0.0	7	5	71.4	13
09	Girls	1	1	100.0	1	1	100.0	1	1	100.0	0	0	0.0	1	1	100.0	4
10	Boys	10	9	90.0	1	0	0.0	1	1	100.0	1	1	100.0	12	7	58.3	14
10	Girls	1	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1	1	100.0	9
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Boys	1	1	100.0	0	0	0.0	0	0	0.0	0	0	0.0	1	0	0.0	2
Totals		19	13	68.4	3	2	66.7	3	3	100.0	1	1	100.0	22	14	63.6	47

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	57	100.0	57	54	94.7	57	45	79.0	57	47	82.5	57	54	94.7	57
04	Girls	41	41	100.0	42	41	97.6	42	39	93.0	42	37	88.1	42	39	92.9	42
05	Boys	61	61	100.0	60	58	96.7	61	51	84.0	61	50	82.0	61	57	93.4	61
05	Girls	54	54	100.0	53	53	100.0	54	48	89.0	53	49	92.5	54	48	88.9	54
06	Boys	63	63	100.0	63	61	96.8	63	55	87.0	63	54	85.7	63	60	95.2	63
06	Girls	53	53	100.0	53	53	100.0	53	52	98.0	53	51	96.2	53	49	92.5	53
Totals		329	329	100.0	328	320	97.6	330	290	87.9	329	288	87.5	330	307	93.0	330

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Centreville Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	67	98.5	68	44	64.7	69	50	73.0	68	38	55.9	68	61	89.7	69
04	Girls	68	66	97.1	67	67	100.0	68	59	87.0	68	58	85.3	68	64	94.1	70
05	Boys	66	64	97.0	64	44	68.8	66	65	99.0	65	28	43.1	66	60	90.9	67
05	Girls	69	69	100.0	69	68	98.6	69	69	100.0	68	30	44.1	69	63	91.3	69
06	Boys	72	70	97.2	71	38	53.5	72	72	100.0	69	17	24.6	72	55	76.4	72
06	Girls	67	65	97.0	65	62	95.4	67	67	100.0	64	22	34.4	67	56	83.6	67
Totals		410	401	97.8	404	323	80.0	411	382	92.9	402	193	48.0	410	359	87.6	414

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Centreville HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	279	278	99.6	281	231	82.2	283	272	96.0	282	274	97.2	280	254	90.7	308
09	Girls	287	282	98.3	285	229	80.4	290	283	98.0	289	286	99.0	289	246	85.1	302
10	Boys	270	269	99.6	249	206	82.7	271	266	98.0	252	236	93.7	253	231	91.3	284
10	Girls	254	253	99.6	243	175	72.0	256	251	98.0	241	233	96.7	244	215	88.1	273
11	Boys	8	8	100.0	6	2	33.3	9	9	100.0	9	8	88.9	8	7	87.5	14
11	Girls	6	6	100.0	5	1	20.0	6	6	100.0	6	6	100.0	6	6	100.0	9
12	Boys	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	5
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,107	1,099	99.3	1,072	847	79.0	1,118	1,090	97.5	1,082	1,046	96.7	1,083	962	88.8	1,196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Chantilly HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	350	349	99.7	349	319	91.4	350	349	100.0	347	293	84.4	350	332	94.9	355
09	Girls	309	309	100.0	310	299	96.5	310	310	100.0	308	265	86.0	310	304	98.1	311
10	Boys	319	316	99.1	322	246	76.4	321	316	98.0	318	245	77.0	318	268	84.3	326
10	Girls	278	273	98.2	275	220	80.0	281	280	100.0	274	230	83.9	274	240	87.6	282
11	Boys	11	11	100.0	11	6	54.5	10	10	100.0	11	7	63.6	11	9	81.8	13
11	Girls	15	15	100.0	14	7	50.0	14	14	100.0	14	13	92.9	13	9	69.2	17
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	7
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,283	1,274	99.3	1,282	1,097	85.6	1,287	1,280	99.5	1,273	1,054	82.8	1,277	1,162	91.0	1,313

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	33	82.5	40	18	45.0	41	41	100.0	40	38	95.0	33	30	90.9	42
04	Girls	31	28	90.3	33	31	93.9	34	34	100.0	32	31	96.9	21	18	85.7	34
05	Boys	36	36	100.0	37	21	56.8	37	37	100.0	37	34	91.9	37	34	91.9	37
05	Girls	22	22	100.0	25	22	88.0	25	25	100.0	25	25	100.0	25	23	92.0	26
06	Boys	29	29	100.0	29	23	79.3	29	29	100.0	29	29	100.0	29	27	93.1	30
06	Girls	35	34	97.1	38	34	89.5	39	39	100.0	39	39	100.0	39	36	92.3	40
Totals		193	182	94.3	202	149	73.8	205	205	100.0	202	196	97.0	184	168	91.3	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	42	97.7	43	40	93.0	42	42	100.0	42	34	81.0	42	39	92.9	44
04	Girls	57	56	98.2	57	57	100.0	57	56	98.0	57	49	86.0	57	53	93.0	57
05	Boys	34	32	94.1	35	33	94.3	35	35	100.0	35	34	97.1	34	33	97.1	36
05	Girls	56	54	96.4	56	56	100.0	56	56	100.0	56	55	98.2	56	55	98.2	56
06	Boys	48	44	91.7	48	42	87.5	48	48	100.0	48	48	100.0	48	41	85.4	48
06	Girls	33	32	97.0	33	33	100.0	33	33	100.0	33	32	97.0	33	30	90.9	33
Totals		271	260	95.9	272	261	96.0	271	270	99.6	271	252	93.0	270	251	93.0	274

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	63	94.0	74	45	60.8	71	49	69.0	73	64	87.7	65	50	76.9	74
04	Girls	81	80	98.8	85	85	100.0	85	81	95.0	85	76	89.4	82	73	89.0	85
05	Boys	80	79	98.8	78	71	91.0	80	63	79.0	80	69	86.3	80	71	88.8	80
05	Girls	69	69	100.0	68	68	100.0	69	69	100.0	68	68	100.0	69	69	100.0	69
06	Boys	81	80	98.8	81	75	92.6	81	65	80.0	81	77	95.1	81	75	92.6	83
06	Girls	71	71	100.0	71	71	100.0	72	66	92.0	72	71	98.6	72	68	94.4	72
Totals		449	442	98.4	457	415	90.8	458	393	85.8	459	425	92.6	449	406	90.4	463

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Clearview Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	47	90.4	51	44	86.3	52	49	94.0	52	50	96.2	52	44	84.6	52
04	Girls	45	42	93.3	45	45	100.0	45	45	100.0	45	45	100.0	45	34	75.6	45
05	Boys	44	38	86.4	45	34	75.6	45	44	98.0	45	43	95.6	45	30	66.7	45
05	Girls	43	35	81.4	43	43	100.0	43	42	98.0	43	41	95.3	43	34	79.1	43
06	Boys	44	43	97.7	44	36	81.8	44	44	100.0	44	43	97.7	44	31	70.5	44
06	Girls	29	26	89.7	29	28	96.6	29	27	93.0	29	29	100.0	29	23	79.3	29
Totals		257	231	89.9	257	230	89.5	258	251	97.3	258	251	97.3	258	196	76.0	258

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Clermont Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	30	23	76.7	30	27	90.0	29	25	86.2	30	28	93.3	30
04	Girls	32	31	96.9	32	32	100.0	32	32	100.0	31	30	96.8	32	31	96.9	32
05	Boys	37	37	100.0	37	30	81.1	37	33	89.0	37	31	83.8	37	34	91.9	37
05	Girls	30	30	100.0	30	30	100.0	31	30	97.0	30	26	86.7	30	29	96.7	31
06	Boys	29	28	96.6	29	22	75.9	29	27	93.0	29	28	96.6	29	27	93.1	29
06	Girls	25	25	100.0	25	24	96.0	25	25	100.0	25	25	100.0	25	25	100.0	25
Totals		183	180	98.4	183	161	88.0	184	174	94.6	181	165	91.2	183	174	95.1	184

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Clifton Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	23	92.0	25	25	100.0	25	18	72.0	25	24	96.0	25	25	100.0	25
04	Girls	22	21	95.5	22	22	100.0	22	17	77.0	22	22	100.0	22	21	95.5	22
05	Boys	46	45	97.8	48	45	93.8	48	35	73.0	47	37	78.7	48	42	87.5	48
05	Girls	21	21	100.0	21	21	100.0	21	19	91.0	21	21	100.0	21	20	95.2	21
06	Boys	36	35	97.2	36	36	100.0	36	32	89.0	19	18	94.7	36	32	88.9	36
06	Girls	27	27	100.0	27	27	100.0	27	25	93.0	13	13	100.0	27	23	85.2	27
Totals		177	172	97.2	179	176	98.3	179	146	81.6	147	135	91.8	179	163	91.1	179

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Coates Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	28	96.6	28	12	42.9	30	26	87.0	29	19	65.5	27	23	85.2	30
04	Girls	40	38	95.0	38	38	100.0	40	38	95.0	40	30	75.0	40	26	65.0	40
05	Boys	41	40	97.6	43	23	53.5	43	39	91.0	42	39	92.9	42	31	73.8	43
05	Girls	30	29	96.7	32	31	96.9	32	31	97.0	31	26	83.9	31	24	77.4	33
06	Boys	23	21	91.3	24	14	58.3	24	24	100.0	24	24	100.0	23	18	78.3	24
06	Girls	37	36	97.3	37	31	83.8	37	36	97.0	37	34	91.9	36	29	80.6	37
Totals		200	192	96.0	202	149	73.8	206	194	94.2	203	172	84.7	199	151	75.9	207

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Columbia Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	24	96.0	26	17	65.4	26	21	81.0	26	12	46.2	25	18	72.0	26
04	Girls	27	27	100.0	27	22	81.5	27	23	85.0	26	22	84.6	27	27	100.0	28
05	Boys	26	25	96.2	26	18	69.2	26	19	73.0	26	17	65.4	26	21	80.8	26
05	Girls	31	31	100.0	31	27	87.1	31	28	90.0	31	29	93.5	31	26	83.9	31
Totals		109	107	98.2	110	84	76.4	110	91	82.7	109	80	73.4	109	92	84.4	111

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	64	94.1	69	66	95.7	70	69	99.0	62	51	82.3	70	62	88.6	70
04	Girls	64	60	93.8	69	69	100.0	70	70	100.0	61	56	91.8	69	59	85.5	70
05	Boys	68	66	97.1	68	63	92.6	68	68	100.0	67	60	89.6	68	61	89.7	68
05	Girls	51	50	98.0	52	51	98.1	51	51	100.0	52	51	98.1	51	48	94.1	52
06	Boys	89	88	98.9	92	84	91.3	92	92	100.0	92	86	93.5	91	85	93.4	92
06	Girls	75	72	96.0	74	74	100.0	75	75	100.0	74	73	98.6	74	67	90.5	75
Totals		415	400	96.4	424	407	96.0	426	425	99.8	408	377	92.4	423	382	90.3	427

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cooper MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	201	201	100.0	201	185	92.0	202	195	97.0	201	201	100.0	201	187	93.0	202
07	Girls	185	184	99.5	185	184	99.5	186	185	100.0	185	185	100.0	185	181	97.8	186
08	Boys	222	222	100.0	224	193	86.2	222	216	97.0	221	204	92.3	225	214	95.1	225
08	Girls	214	214	100.0	224	218	97.3	225	225	100.0	222	213	95.9	223	213	95.5	228
Totals		822	821	99.9	834	780	93.5	835	821	98.3	829	803	96.9	834	795	95.3	841

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	44	25	56.8	44	43	98.0	44	44	100.0	44	44	100.0	44
04	Girls	30	30	100.0	30	30	100.0	30	30	100.0	30	30	100.0	30	28	93.3	30
05	Boys	43	43	100.0	45	20	44.4	44	40	91.0	45	45	100.0	43	40	93.0	45
05	Girls	23	23	100.0	24	20	83.3	23	22	96.0	24	24	100.0	23	23	100.0	24
06	Boys	34	34	100.0	34	27	79.4	34	31	91.0	34	34	100.0	33	24	72.7	34
06	Girls	27	27	100.0	27	25	92.6	27	25	93.0	27	27	100.0	27	18	66.7	27
Totals		200	200	100.0	204	147	72.1	202	191	94.6	204	204	100.0	200	177	88.5	204

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	63	98.4	64	58	90.6	64	62	97.0	63	60	95.2	64	63	98.4	64
04	Girls	62	61	98.4	62	62	100.0	62	62	100.0	62	61	98.4	62	61	98.4	62
05	Boys	43	43	100.0	43	39	90.7	44	44	100.0	44	44	100.0	42	40	95.2	44
05	Girls	58	56	96.6	58	57	98.3	58	58	100.0	58	58	100.0	58	56	96.6	58
06	Boys	51	49	96.1	53	48	90.6	51	51	100.0	51	51	100.0	52	47	90.4	54
06	Girls	49	46	93.9	49	48	98.0	49	49	100.0	48	48	100.0	48	48	100.0	50
Totals		327	318	97.2	329	312	94.8	328	326	99.4	326	322	98.8	326	315	96.6	332

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	26	96.3	28	22	78.6	28	28	100.0	28	28	100.0	28	27	96.4	31
04	Girls	26	25	96.2	27	27	100.0	27	27	100.0	27	27	100.0	27	25	92.6	27
05	Boys	25	25	100.0	25	22	88.0	25	24	96.0	24	23	95.8	23	20	87.0	26
05	Girls	29	28	96.6	29	29	100.0	29	28	97.0	29	29	100.0	29	28	96.6	29
06	Boys	41	38	92.7	41	37	90.2	41	41	100.0	41	40	97.6	39	37	94.9	41
06	Girls	32	28	87.5	32	31	96.9	32	32	100.0	30	30	100.0	29	25	86.2	32
Totals		180	170	94.4	182	168	92.3	182	180	98.9	179	177	98.9	175	162	92.6	186

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	36	100.0	36	31	86.1	37	35	95.0	36	34	94.4	37	36	97.3	37
04	Girls	26	26	100.0	26	26	100.0	26	26	100.0	26	26	100.0	26	23	88.5	26
05	Boys	32	32	100.0	31	26	83.9	32	32	100.0	32	32	100.0	32	24	75.0	32
05	Girls	28	28	100.0	27	27	100.0	29	29	100.0	29	29	100.0	29	25	86.2	29
06	Boys	19	19	100.0	19	18	94.7	19	18	95.0	19	19	100.0	19	12	63.2	19
06	Girls	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	28	27	96.4	28
Totals		169	169	100.0	167	156	93.4	171	168	98.2	170	168	98.8	171	147	86.0	171

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	47	94.0	49	42	85.7	50	48	96.0	50	36	72.0	50	46	92.0	50
04	Girls	36	32	88.9	37	35	94.6	36	36	100.0	36	29	80.6	36	31	86.1	37
05	Boys	47	44	93.6	50	42	84.0	49	47	96.0	47	38	80.9	50	48	96.0	50
05	Girls	56	51	91.1	56	51	91.1	56	55	98.0	56	48	85.7	55	48	87.3	56
06	Boys	46	44	95.7	46	40	87.0	47	45	96.0	46	39	84.8	46	40	87.0	47
06	Girls	78	76	97.4	79	75	94.9	79	79	100.0	78	75	96.2	79	76	96.2	79
Totals		313	294	93.9	317	285	89.9	317	310	97.8	313	265	84.7	316	289	91.5	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	49	86.0	59	40	67.8	58	52	90.0	58	35	60.3	58	50	86.2	62
04	Girls	45	43	95.6	46	46	100.0	46	46	100.0	45	37	82.2	45	44	97.8	47
05	Boys	47	44	93.6	47	42	89.4	49	41	84.0	47	27	57.4	45	42	93.3	49
05	Girls	58	55	94.8	58	57	98.3	58	57	98.0	58	49	84.5	58	55	94.8	58
06	Boys	56	52	92.9	56	44	78.6	56	54	96.0	54	47	87.0	54	44	81.5	56
06	Girls	49	47	95.9	50	43	86.0	50	49	98.0	49	41	83.7	49	48	98.0	50
Totals		312	290	92.9	316	272	86.1	317	299	94.3	311	236	75.9	309	283	91.6	322

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	43	97.7	44	18	40.9	44	42	96.0	44	41	93.2	44	16	36.4	44
04	Girls	53	50	94.3	53	51	96.2	53	53	100.0	53	50	94.3	52	26	50.0	53
05	Boys	45	45	100.0	44	24	54.5	45	45	100.0	45	45	100.0	45	24	53.3	45
05	Girls	43	43	100.0	43	32	74.4	43	43	100.0	43	43	100.0	43	22	51.2	43
06	Boys	35	28	80.0	39	15	38.5	39	38	97.0	38	38	100.0	38	13	34.2	39
06	Girls	36	28	77.8	34	26	76.5	36	35	97.0	36	36	100.0	36	13	36.1	36
Totals		256	237	92.6	257	166	64.6	260	256	98.5	259	253	97.7	258	114	44.2	260

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	35	94.6	37	21	56.8	37	32	87.0	37	31	83.8	37	35	94.6	37
04	Girls	36	30	83.3	36	36	100.0	36	33	92.0	36	35	97.2	36	32	88.9	36
05	Boys	54	44	81.5	54	41	75.9	54	50	93.0	54	38	70.4	54	46	85.2	54
05	Girls	32	23	71.9	32	30	93.8	33	31	94.0	33	21	63.6	32	21	65.6	33
06	Boys	50	44	88.0	50	31	62.0	50	45	90.0	50	37	74.0	49	42	85.7	50
06	Girls	36	32	88.9	36	34	94.4	36	36	100.0	36	32	88.9	36	33	91.7	36
Totals		245	208	84.9	245	193	78.8	246	227	92.3	246	194	78.9	244	209	85.7	246

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	61	98.4	65	39	60.0	60	49	82.0	49	49	100.0	61	58	95.1	65
04	Girls	47	47	100.0	47	29	61.7	47	42	89.0	37	37	100.0	47	44	93.6	48
05	Boys	69	67	97.1	68	34	50.0	62	57	92.0	60	59	98.3	69	62	89.9	69
05	Girls	54	52	96.3	54	22	40.7	45	44	98.0	44	44	100.0	54	49	90.7	55
06	Boys	60	57	95.0	59	28	47.5	60	49	82.0	49	47	95.9	60	53	88.3	61
06	Girls	54	53	98.1	52	25	48.1	54	50	93.0	42	41	97.6	54	52	96.3	54
Totals		346	337	97.4	345	177	51.3	328	291	88.7	281	277	98.6	345	318	92.2	352

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Edison HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	186	170	91.4	191	97	50.8	199	193	97.0	187	157	84.0	188	129	68.6	206
09	Girls	168	152	90.5	181	98	54.1	195	192	99.0	184	164	89.1	175	136	77.7	197
10	Boys	205	200	97.6	202	94	46.5	206	202	98.0	192	171	89.1	205	180	87.8	207
10	Girls	158	157	99.4	160	113	70.6	167	166	99.0	155	144	92.9	162	142	87.7	168
11	Boys	6	6	100.0	6	2	33.3	6	6	100.0	5	4	80.0	6	5	83.3	6
11	Girls	5	5	100.0	5	2	40.0	5	5	100.0	5	5	100.0	5	5	100.0	5
12	Girls	8	7	87.5	8	3	37.5	8	8	100.0	8	7	87.5	8	7	87.5	8
Totals		736	697	94.7	753	409	54.3	786	772	98.2	736	652	88.6	749	604	80.6	797

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fairfax HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	260	247	95.0	265	184	69.4	265	254	96.0	248	238	96.0	249	192	77.1	271
09	Girls	315	307	97.5	318	206	64.8	324	320	99.0	297	288	97.0	307	255	83.1	329
10	Boys	300	294	98.0	303	200	66.0	314	276	88.0	283	264	93.3	298	252	84.6	316
10	Girls	284	277	97.5	282	225	79.8	291	261	90.0	269	263	97.8	281	256	91.1	295
11	Boys	11	11	100.0	11	5	45.5	12	10	83.0	15	11	73.3	11	8	72.7	16
11	Girls	13	12	92.3	12	8	66.7	13	12	92.0	15	12	80.0	13	11	84.6	17
12	Boys	3	3	100.0	2	1	50.0	3	3	100.0	3	3	100.0	3	2	66.7	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	3	1	33.3	0	0	0.0	3
Totals		1,186	1,151	97.0	1,193	829	69.5	1,222	1,136	93.0	1,133	1,080	95.3	1,162	976	84.0	1,250

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	23	100.0	25	22	88.0	23	23	100.0	25	21	84.0	23	22	95.7	25
04	Girls	25	25	100.0	25	25	100.0	25	24	96.0	25	25	100.0	25	23	92.0	25
05	Boys	26	26	100.0	26	25	96.2	25	25	100.0	25	24	96.0	25	25	100.0	26
05	Girls	20	19	95.0	20	19	95.0	19	19	100.0	19	19	100.0	19	18	94.7	20
06	Boys	25	25	100.0	25	19	76.0	23	22	96.0	23	23	100.0	23	23	100.0	25
06	Girls	25	25	100.0	25	25	100.0	25	24	96.0	25	25	100.0	25	24	96.0	26
Totals		144	143	99.3	146	135	92.5	140	137	97.9	142	137	96.5	140	135	96.4	147

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	42	95.5	44	39	88.6	44	44	100.0	44	42	95.5	44	44	100.0	44
04	Girls	41	38	92.7	41	41	100.0	41	41	100.0	41	40	97.6	41	36	87.8	41
05	Boys	38	38	100.0	38	30	78.9	38	38	100.0	38	38	100.0	38	35	92.1	38
05	Girls	32	31	96.9	32	30	93.8	32	31	97.0	32	32	100.0	32	29	90.6	32
06	Boys	28	27	96.4	28	23	82.1	28	28	100.0	28	28	100.0	28	26	92.9	28
06	Girls	33	32	97.0	33	33	100.0	35	35	100.0	33	33	100.0	34	30	88.2	35
Totals		216	208	96.3	216	196	90.7	218	217	99.5	216	213	98.6	217	200	92.2	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fairview Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	33	91.7	37	32	86.5	35	35	100.0	34	32	94.1	35	27	77.1	38
04	Girls	40	40	100.0	41	41	100.0	40	39	98.0	40	38	95.0	40	35	87.5	41
05	Boys	49	46	93.9	50	44	88.0	50	50	100.0	49	48	98.0	50	28	56.0	52
05	Girls	40	39	97.5	41	40	97.6	41	41	100.0	41	40	97.6	40	26	65.0	41
06	Boys	48	47	97.9	48	40	83.3	48	48	100.0	48	47	97.9	47	25	53.2	48
06	Girls	33	31	93.9	33	32	97.0	33	33	100.0	34	34	100.0	33	22	66.7	34
Totals		246	236	95.9	250	229	91.6	247	246	99.6	246	239	97.2	245	163	66.5	254

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Falls Church HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	197	194	98.5	198	182	91.9	198	194	98.0	198	183	92.4	198	179	90.4	208
09	Girls	190	185	97.4	191	174	91.1	190	184	97.0	189	184	97.4	190	168	88.4	195
10	Boys	185	184	99.5	186	144	77.4	189	186	98.0	169	140	82.8	185	131	70.8	192
10	Girls	178	174	97.8	180	130	72.2	178	176	99.0	167	147	88.0	175	93	53.1	182
11	Boys	22	20	90.9	22	16	72.7	24	24	100.0	23	22	95.7	25	17	68.0	37
11	Girls	16	16	100.0	18	13	72.2	20	19	95.0	15	13	86.7	17	9	52.9	26
12	Boys	8	8	100.0	8	5	62.5	9	9	100.0	6	6	100.0	7	3	42.9	10
12	Girls	4	4	100.0	4	2	50.0	4	4	100.0	4	3	75.0	5	3	60.0	5
Totals		800	785	98.1	807	666	82.5	812	796	98.0	771	698	90.5	802	603	75.2	855

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	37	77.1	47	42	89.4	48	48	100.0	48	40	83.3	47	44	93.6	48
04	Girls	32	27	84.4	32	31	96.9	32	31	97.0	31	28	90.3	32	31	96.9	32
05	Boys	57	47	82.5	58	48	82.8	62	57	92.0	57	52	91.2	58	51	87.9	62
05	Girls	45	44	97.8	44	41	93.2	45	43	96.0	45	44	97.8	41	36	87.8	45
06	Boys	48	45	93.8	49	40	81.6	51	51	100.0	50	47	94.0	51	45	88.2	51
06	Girls	45	44	97.8	44	43	97.7	46	46	100.0	46	46	100.0	46	44	95.7	46
Totals		275	244	88.7	274	245	89.4	284	276	97.2	277	257	92.8	275	251	91.3	284

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Floris Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	52	98.1	53	46	86.8	54	53	98.0	53	52	98.1	54	48	88.9	54
04	Girls	51	50	98.0	51	51	100.0	51	49	96.0	51	50	98.0	51	45	88.2	51
05	Boys	62	59	95.2	62	58	93.5	62	60	97.0	62	58	93.5	62	56	90.3	62
05	Girls	59	54	91.5	59	59	100.0	59	58	98.0	59	58	98.3	59	48	81.4	59
06	Boys	54	54	100.0	54	47	87.0	54	53	98.0	54	51	94.4	54	48	88.9	54
06	Girls	51	51	100.0	51	51	100.0	51	50	98.0	51	51	100.0	51	49	96.1	51
Totals		330	320	97.0	330	312	94.5	331	323	97.6	330	320	97.0	331	294	88.8	331

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	66	95.7	69	51	73.9	69	56	81.0	69	67	97.1	68	55	80.9	69
04	Girls	60	56	93.3	60	59	98.3	60	51	85.0	60	59	98.3	60	42	70.0	60
05	Boys	75	73	97.3	75	53	70.7	75	62	83.0	75	74	98.7	75	51	68.0	75
05	Girls	72	71	98.6	72	65	90.3	72	65	90.0	72	72	100.0	72	58	80.6	72
06	Boys	68	68	100.0	66	51	77.3	67	54	81.0	66	66	100.0	65	47	72.3	68
06	Girls	64	64	100.0	64	59	92.2	64	61	95.0	64	63	98.4	63	54	85.7	64
Totals		408	398	97.5	406	338	83.3	407	349	85.7	406	401	98.8	403	307	76.2	408

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	21	20	95.2	32	19	59.4	32	27	84.0	32	30	93.8	32	31	96.9	32
04	Girls	27	26	96.3	40	40	100.0	40	39	98.0	40	38	95.0	40	39	97.5	40
05	Boys	32	29	90.6	32	28	87.5	32	29	91.0	32	25	78.1	32	31	96.9	32
05	Girls	35	29	82.9	35	34	97.1	35	35	100.0	35	28	80.0	35	35	100.0	35
06	Boys	38	29	76.3	38	18	47.4	38	29	76.0	13	10	76.9	38	31	81.6	38
06	Girls	43	40	93.0	43	39	90.7	43	38	88.0	15	11	73.3	43	38	88.4	43
Totals		196	173	88.3	220	178	80.9	220	197	89.5	167	142	85.0	220	205	93.2	220

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Forestville Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	54	96.4	57	47	82.5	59	57	97.0	59	58	98.3	57	55	96.5	59
04	Girls	48	47	97.9	51	51	100.0	51	45	88.0	51	51	100.0	49	48	98.0	51
05	Boys	59	58	98.3	58	51	87.9	47	47	100.0	59	57	96.6	57	55	96.5	59
05	Girls	57	56	98.2	59	57	96.6	44	44	100.0	60	60	100.0	56	56	100.0	60
06	Boys	60	60	100.0	63	49	77.8	66	63	96.0	66	64	97.0	59	58	98.3	67
06	Girls	56	54	96.4	54	54	100.0	58	54	93.0	57	57	100.0	53	53	100.0	58
Totals		336	329	97.9	342	309	90.4	325	310	95.4	352	347	98.6	331	325	98.2	354

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fort Belvoir Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	62	96.9	64	26	40.6	65	46	71.0	65	45	69.2	64	39	60.9	66
04	Girls	72	69	95.8	70	41	58.6	72	68	94.0	72	58	80.6	71	37	52.1	72
05	Boys	72	65	90.3	73	42	57.5	72	64	89.0	72	59	81.9	72	48	66.7	77
05	Girls	64	58	90.6	64	48	75.0	64	57	89.0	64	55	85.9	64	34	53.1	65
06	Boys	64	61	95.3	63	38	60.3	64	53	83.0	64	50	78.1	64	38	59.4	69
06	Girls	54	54	100.0	53	30	56.6	54	47	87.0	53	49	92.5	54	26	48.1	54
Totals		390	369	94.6	387	225	58.1	391	335	85.7	390	316	81.0	389	222	57.1	403

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	34	100.0	34	28	82.4	34	28	82.0	34	27	79.4	34	33	97.1	34
04	Girls	41	41	100.0	41	41	100.0	40	38	95.0	41	39	95.1	41	37	90.2	41
05	Boys	29	29	100.0	28	25	89.3	28	24	86.0	29	27	93.1	29	28	96.6	29
05	Girls	44	43	97.7	43	43	100.0	44	42	96.0	44	43	97.7	44	39	88.6	45
06	Boys	36	36	100.0	36	23	63.9	36	34	94.0	36	35	97.2	36	29	80.6	37
06	Girls	29	29	100.0	29	28	96.6	29	29	100.0	29	28	96.6	29	27	93.1	29
Totals		213	212	99.5	211	188	89.1	211	195	92.4	213	199	93.4	213	193	90.6	215

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	47	100.0	47	39	83.0	47	47	100.0	47	44	93.6	46	46	100.0	47
04	Girls	33	33	100.0	34	34	100.0	34	34	100.0	34	33	97.1	34	34	100.0	34
05	Boys	36	36	100.0	36	29	80.6	36	36	100.0	36	34	94.4	36	33	91.7	36
05	Girls	52	52	100.0	52	49	94.2	52	52	100.0	52	50	96.2	52	45	86.5	52
06	Boys	59	59	100.0	59	52	88.1	59	58	98.0	59	58	98.3	59	55	93.2	59
06	Girls	38	37	97.4	37	35	94.6	38	38	100.0	38	37	97.4	38	33	86.8	38
Totals		265	264	99.6	265	238	89.8	266	265	99.6	266	256	96.2	265	246	92.8	266

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Franconia Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	32	88.9	36	32	88.9	37	35	95.0	36	31	86.1	36	34	94.4	37
04	Girls	40	33	82.5	40	40	100.0	40	40	100.0	40	34	85.0	40	39	97.5	40
05	Boys	31	24	77.4	32	31	96.9	32	32	100.0	32	22	68.8	32	32	100.0	32
05	Girls	42	34	81.0	41	41	100.0	42	42	100.0	42	29	69.0	42	42	100.0	42
06	Boys	38	25	65.8	38	38	100.0	38	38	100.0	38	26	68.4	38	37	97.4	38
06	Girls	29	14	48.3	29	29	100.0	29	29	100.0	29	19	65.5	29	29	100.0	29
Totals		216	162	75.0	216	211	97.7	218	216	99.1	217	161	74.2	217	213	98.2	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Franklin MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	224	220	98.2	230	192	83.5	228	201	88.0	226	223	98.7	228	176	77.2	234
07	Girls	210	209	99.5	211	191	90.5	211	202	96.0	208	202	97.1	209	169	80.9	213
08	Boys	231	231	100.0	234	193	82.5	234	221	94.0	230	230	100.0	230	209	90.9	238
08	Girls	211	210	99.5	216	188	87.0	217	214	99.0	216	216	100.0	216	208	96.3	218
Totals		876	870	99.3	891	764	85.7	890	838	94.2	880	871	99.0	883	762	86.3	903

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	32	100.0	32	26	81.3	32	32	100.0	32	32	100.0	32	31	96.9	33
04	Girls	33	33	100.0	33	33	100.0	33	33	100.0	33	33	100.0	33	29	87.9	33
05	Boys	44	44	100.0	44	31	70.5	46	46	100.0	46	44	95.7	44	37	84.1	46
05	Girls	40	40	100.0	40	38	95.0	41	40	98.0	40	40	100.0	40	34	85.0	41
06	Boys	34	34	100.0	34	28	82.4	36	34	94.0	36	36	100.0	34	26	76.5	36
06	Girls	27	27	100.0	27	27	100.0	28	28	100.0	28	28	100.0	27	21	77.8	28
Totals		210	210	100.0	210	183	87.1	216	213	98.6	215	213	99.1	210	178	84.8	217

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Frost MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	260	255	98.1	261	208	79.7	260	253	97.0	262	258	98.5	262	158	60.3	265
07	Girls	261	256	98.1	260	234	90.0	261	260	100.0	261	256	98.1	261	154	59.0	264
08	Boys	270	265	98.1	269	223	82.9	272	265	97.0	271	259	95.6	271	227	83.8	273
08	Girls	241	238	98.8	240	211	87.9	244	243	100.0	243	236	97.1	242	206	85.1	245
Totals		1,032	1,014	98.3	1,030	876	85.0	1,037	1,021	98.5	1,037	1,009	97.3	1,036	745	71.9	1,047

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Garfield Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	17	10	58.8	17	14	82.4	10	4	40.0	17	17	100.0	17	14	82.4	17
04	Girls	30	24	80.0	30	30	100.0	14	8	57.0	30	30	100.0	30	21	70.0	30
05	Boys	29	25	86.2	29	24	82.8	29	19	66.0	29	29	100.0	28	16	57.1	29
05	Girls	20	16	80.0	21	17	81.0	21	10	48.0	21	21	100.0	21	11	52.4	21
06	Boys	20	19	95.0	20	17	85.0	20	11	55.0	20	19	95.0	20	13	65.0	20
06	Girls	20	19	95.0	20	15	75.0	20	11	55.0	20	20	100.0	20	8	40.0	20
Totals		136	113	83.1	137	117	85.4	114	63	55.3	137	136	99.3	136	83	61.0	137

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Glasgow MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	228	222	97.4	228	178	78.1	228	208	91.0	228	227	99.6	227	215	94.7	228
06	Girls	216	206	95.4	217	210	96.8	217	205	95.0	217	217	100.0	217	205	94.5	217
07	Boys	209	203	97.1	212	158	74.5	213	192	90.0	207	201	97.1	211	187	88.6	216
07	Girls	194	188	96.9	194	170	87.6	193	190	98.0	194	193	99.5	192	178	92.7	195
08	Boys	199	198	99.5	199	151	75.9	200	173	87.0	200	200	100.0	199	145	72.9	200
08	Girls	184	183	99.5	182	129	70.9	184	164	89.0	184	184	100.0	183	134	73.2	185
Totals		1,230	1,200	97.6	1,232	996	80.8	1,235	1,132	91.7	1,230	1,222	99.3	1,229	1,064	86.6	1,241

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	41	71.9	57	27	47.4	57	53	93.0	56	51	91.1	57	27	47.4	57
04	Girls	61	46	75.4	60	60	100.0	61	57	93.0	58	49	84.5	61	26	42.6	61
05	Boys	73	45	61.6	72	40	55.6	73	69	95.0	69	59	85.5	73	42	57.5	74
05	Girls	57	42	73.7	58	55	94.8	58	58	100.0	53	46	86.8	57	30	52.6	58
Totals		248	174	70.2	247	182	73.7	249	237	95.2	236	205	86.9	248	125	50.4	250

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	20	20	100.0	20	19	95.0	20	20	100.0	20	20	100.0	20	20	100.0	21
04	Girls	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	28
05	Boys	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23	22	95.7	23
05	Girls	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27
06	Boys	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23
06	Girls	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20
Totals		141	141	100.0	141	140	99.3	141	141	100.0	141	141	100.0	141	140	99.3	142

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	39	88.6	44	43	97.7	44	41	93.0	44	43	97.7	44	34	77.3	44
04	Girls	40	37	92.5	40	40	100.0	40	38	95.0	40	40	100.0	40	30	75.0	40
05	Boys	47	43	91.5	47	42	89.4	47	43	92.0	47	47	100.0	47	38	80.9	47
05	Girls	41	37	90.2	41	39	95.1	42	35	83.0	42	42	100.0	40	29	72.5	42
06	Boys	39	34	87.2	40	36	90.0	41	34	83.0	41	41	100.0	39	27	69.2	41
06	Girls	44	36	81.8	44	44	100.0	45	42	93.0	45	45	100.0	44	20	45.5	45
Totals		255	226	88.6	256	244	95.3	259	233	90.0	259	258	99.6	254	178	70.1	259

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	47	100.0	48	34	70.8	47	45	96.0	47	47	100.0	47	46	97.9	48
04	Girls	47	47	100.0	47	46	97.9	47	43	92.0	47	47	100.0	47	41	87.2	47
05	Boys	43	43	100.0	43	32	74.4	43	40	93.0	43	42	97.7	43	39	90.7	43
05	Girls	43	42	97.7	43	41	95.3	43	40	93.0	43	43	100.0	43	38	88.4	43
06	Boys	49	49	100.0	49	32	65.3	49	42	86.0	49	49	100.0	49	41	83.7	49
06	Girls	44	44	100.0	44	43	97.7	44	44	100.0	44	44	100.0	43	38	88.4	44
Totals		273	272	99.6	274	228	83.2	273	254	93.0	273	272	99.6	272	243	89.3	274

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	77	95.1	82	76	92.7	82	71	87.0	82	59	72.0	82	42	51.2	82
04	Girls	76	73	96.1	74	69	93.2	76	72	95.0	75	56	74.7	76	40	52.6	76
05	Boys	101	98	97.0	102	93	91.2	103	90	87.0	103	58	56.3	100	48	48.0	103
05	Girls	79	79	100.0	80	78	97.5	81	80	99.0	81	64	79.0	81	40	49.4	81
06	Boys	70	68	97.1	81	71	87.7	82	72	88.0	80	67	83.8	81	42	51.9	82
06	Girls	71	71	100.0	84	81	96.4	85	82	97.0	84	61	72.6	85	46	54.1	85
Totals		478	466	97.5	503	468	93.0	509	467	91.7	505	365	72.3	505	258	51.1	509

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Groveton Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	25	86.2	29	21	72.4	29	28	97.0	28	26	92.9	28	25	89.3	29
04	Girls	53	48	90.6	54	53	98.1	54	50	93.0	54	54	100.0	54	44	81.5	54
05	Boys	38	34	89.5	39	23	59.0	39	37	95.0	39	39	100.0	38	32	84.2	39
05	Girls	45	37	82.2	45	39	86.7	45	44	98.0	45	45	100.0	45	39	86.7	45
06	Boys	38	33	86.8	38	19	50.0	38	36	95.0	36	36	100.0	38	31	81.6	38
06	Girls	35	22	62.9	35	22	62.9	35	34	97.0	35	35	100.0	35	26	74.3	35
Totals		238	199	83.6	240	177	73.8	240	229	95.4	237	235	99.2	238	197	82.8	240

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Gunston Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	36	87.8	41	29	70.7	41	37	90.0	40	36	90.0	41	36	87.8	41
04	Girls	28	24	85.7	28	28	100.0	28	27	96.0	28	25	89.3	28	26	92.9	28
05	Boys	44	41	93.2	46	34	73.9	46	40	87.0	45	38	84.4	45	39	86.7	48
05	Girls	30	25	83.3	31	28	90.3	31	30	97.0	31	30	96.8	31	27	87.1	31
06	Boys	40	39	97.5	39	35	89.7	40	37	93.0	36	33	91.7	39	37	94.9	40
06	Girls	37	36	97.3	37	31	83.8	37	36	97.0	36	30	83.3	37	30	81.1	37
Totals		220	201	91.4	222	185	83.3	223	207	92.8	216	192	88.9	221	195	88.2	225

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Halley Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	30	81.1	37	30	81.1	37	36	97.0	37	36	97.3	37	32	86.5	37
04	Girls	60	41	68.3	60	59	98.3	60	58	97.0	60	57	95.0	59	44	74.6	60
05	Boys	47	42	89.4	47	42	89.4	47	47	100.0	47	47	100.0	47	43	91.5	47
05	Girls	56	46	82.1	56	52	92.9	56	56	100.0	56	55	98.2	55	30	54.5	56
06	Boys	41	36	87.8	41	37	90.2	41	41	100.0	41	41	100.0	41	36	87.8	41
06	Girls	45	35	77.8	45	44	97.8	45	45	100.0	45	44	97.8	45	30	66.7	45
Totals		286	230	80.4	286	264	92.3	286	283	99.0	286	280	97.9	284	215	75.7	286

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Haycock Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	55	98.2	55	49	89.1	56	55	98.0	56	53	94.6	56	55	98.2	56
04	Girls	73	71	97.3	73	73	100.0	73	73	100.0	72	72	100.0	73	70	95.9	73
05	Boys	85	82	96.5	86	79	91.9	86	86	100.0	86	84	97.7	85	83	97.6	86
05	Girls	41	39	95.1	41	39	95.1	42	42	100.0	42	42	100.0	41	37	90.2	42
06	Boys	72	71	98.6	72	67	93.1	72	71	99.0	72	72	100.0	71	65	91.5	72
06	Girls	75	73	97.3	75	75	100.0	75	75	100.0	75	75	100.0	75	73	97.3	75
Totals		402	391	97.3	402	382	95.0	404	402	99.5	403	398	98.8	401	383	95.5	404

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	40	85.1	47	27	57.4	47	41	87.0	47	42	89.4	47	39	83.0	47
04	Girls	37	34	91.9	37	37	100.0	37	31	84.0	37	30	81.1	37	24	64.9	37
05	Boys	49	39	79.6	49	28	57.1	49	44	90.0	49	44	89.8	49	35	71.4	49
05	Girls	51	45	88.2	51	46	90.2	51	46	90.0	51	51	100.0	51	37	72.5	51
06	Boys	39	35	89.7	39	23	59.0	39	31	80.0	39	36	92.3	39	32	82.1	39
06	Girls	40	30	75.0	40	30	75.0	40	34	85.0	40	37	92.5	40	31	77.5	40
Totals		263	223	84.8	263	191	72.6	263	227	86.3	263	240	91.3	263	198	75.3	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hayfield HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	219	213	97.3	222	165	74.3	224	212	95.0	220	145	65.9	221	190	86.0	228
09	Girls	213	203	95.3	221	179	81.0	224	218	97.0	216	176	81.5	221	185	83.7	225
10	Boys	265	264	99.6	264	200	75.8	265	255	96.0	265	241	90.9	265	246	92.8	265
10	Girls	214	213	99.5	213	160	75.1	217	211	97.0	214	203	94.9	213	194	91.1	217
11	Boys	21	21	100.0	21	13	61.9	22	20	91.0	21	18	85.7	21	20	95.2	22
11	Girls	15	15	100.0	15	8	53.3	15	14	93.0	14	14	100.0	13	13	100.0	15
12	Boys	2	2	100.0	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2
12	Girls	7	7	100.0	7	1	14.3	7	7	100.0	7	6	85.7	7	5	71.4	7
Totals		956	938	98.1	965	728	75.4	976	938	96.1	959	805	83.9	963	855	88.8	981

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hayfield MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	270	245	90.7	272	197	72.4	272	270	99.0	271	258	95.2	271	236	87.1	272
07	Girls	230	215	93.5	228	211	92.5	230	229	100.0	230	227	98.7	228	201	88.2	230
08	Boys	251	245	97.6	251	200	79.7	251	249	99.0	251	243	96.8	251	215	85.7	252
08	Girls	231	218	94.4	230	208	90.4	231	228	99.0	231	223	96.5	231	191	82.7	231
Totals		982	923	94.0	981	816	83.2	984	976	99.2	983	951	96.7	981	843	85.9	985

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Herndon Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	39	75.0	56	34	60.7	56	53	95.0	57	53	93.0	57	48	84.2	57
04	Girls	49	32	65.3	50	50	100.0	51	50	98.0	51	47	92.2	51	41	80.4	51
05	Boys	52	39	75.0	51	33	64.7	52	51	98.0	53	45	84.9	53	33	62.3	54
05	Girls	48	41	85.4	43	41	95.3	47	47	100.0	48	45	93.8	47	35	74.5	48
06	Boys	46	43	93.5	46	34	73.9	44	42	96.0	46	40	87.0	45	37	82.2	46
06	Girls	54	43	79.6	56	50	89.3	56	55	98.0	57	53	93.0	56	40	71.4	57
Totals		301	237	78.7	302	242	80.1	306	298	97.4	312	283	90.7	309	234	75.7	313

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Herndon HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	285	283	99.3	283	228	80.6	286	284	99.0	285	282	98.9	284	220	77.5	287
09	Girls	288	288	100.0	290	246	84.8	289	289	100.0	290	289	99.7	290	285	98.3	292
10	Boys	256	255	99.6	292	232	79.5	292	289	99.0	291	286	98.3	258	230	89.1	294
10	Girls	208	206	99.0	247	195	78.9	248	246	99.0	248	241	97.2	211	188	89.1	249
11	Boys	26	24	92.3	25	15	60.0	26	24	92.0	25	23	92.0	25	20	80.0	27
11	Girls	13	12	92.3	15	8	53.3	15	15	100.0	15	14	93.3	13	9	69.2	15
12	Boys	2	1	50.0	2	1	50.0	2	2	100.0	2	1	50.0	2	1	50.0	3
12	Girls	5	5	100.0	6	2	33.3	6	6	100.0	5	3	60.0	6	4	66.7	6
Totals		1,083	1,074	99.2	1,160	927	79.9	1,164	1,155	99.2	1,161	1,139	98.1	1,089	957	87.9	1,173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Herndon MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	238	220	92.4	240	193	80.4	240	238	99.0	238	193	81.1	238	213	89.5	240
07	Girls	232	218	94.0	234	210	89.7	234	230	98.0	229	195	85.2	233	214	91.8	234
08	Boys	240	221	92.1	246	206	83.7	247	241	98.0	246	176	71.5	243	212	87.2	248
08	Girls	236	209	88.6	238	204	85.7	240	236	98.0	238	203	85.3	236	208	88.1	240
Totals		946	868	91.8	958	813	84.9	961	945	98.3	951	767	80.7	950	847	89.2	962

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	33	91.7	40	19	47.5	40	36	90.0	39	39	100.0	39	34	87.2	40
04	Girls	44	41	93.2	45	43	95.6	44	41	93.0	43	43	100.0	42	36	85.7	46
05	Boys	59	53	89.8	60	37	61.7	54	48	89.0	53	53	100.0	59	46	78.0	60
05	Girls	43	32	74.4	43	30	69.8	41	35	85.0	41	41	100.0	43	26	60.5	43
06	Boys	35	31	88.6	38	22	57.9	36	31	86.0	36	36	100.0	38	29	76.3	38
06	Girls	44	37	84.1	50	44	88.0	49	47	96.0	48	47	97.9	50	40	80.0	50
Totals		261	227	87.0	276	195	70.7	264	238	90.2	260	259	99.6	271	211	77.9	277

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Holmes MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	125	116	92.8	124	103	83.1	127	118	93.0	126	111	88.1	125	104	83.2	130
06	Girls	110	97	88.2	111	108	97.3	111	110	99.0	109	102	93.6	111	93	83.8	113
07	Boys	149	135	90.6	147	111	75.5	149	142	95.0	149	142	95.3	146	110	75.3	150
07	Girls	121	106	87.6	122	110	90.2	124	119	96.0	121	117	96.7	121	96	79.3	126
08	Boys	114	112	98.2	110	85	77.3	113	108	96.0	114	114	100.0	110	75	68.2	114
08	Girls	117	116	99.1	114	101	88.6	118	118	100.0	119	118	99.2	110	91	82.7	119
Totals		736	682	92.7	728	618	84.9	742	715	96.4	738	704	95.4	723	569	78.7	752

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hughes MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	209	199	95.2	211	178	84.4	210	206	98.0	208	206	99.0	206	167	81.1	217
07	Girls	211	202	95.7	215	196	91.2	215	213	99.0	214	214	100.0	212	173	81.6	216
08	Boys	212	206	97.2	214	189	88.3	214	204	95.0	211	204	96.7	212	173	81.6	217
08	Girls	242	237	97.9	241	222	92.1	243	237	98.0	242	239	98.8	242	208	86.0	248
Totals		874	844	96.6	881	785	89.1	882	860	97.5	875	863	98.6	872	721	82.7	898

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	48	98.0	49	43	87.8	49	42	86.0	49	40	81.6	48	32	66.7	49
04	Girls	48	44	91.7	48	48	100.0	48	47	98.0	48	46	95.8	48	29	60.4	48
05	Boys	34	32	94.1	34	27	79.4	36	36	100.0	25	25	100.0	34	18	52.9	36
05	Girls	43	38	88.4	43	43	100.0	43	43	100.0	29	28	96.6	43	19	44.2	43
06	Boys	40	39	97.5	43	35	81.4	43	43	100.0	40	38	95.0	40	19	47.5	43
06	Girls	41	38	92.7	42	42	100.0	42	41	98.0	42	42	100.0	42	22	52.4	42
Totals		255	239	93.7	259	238	91.9	261	252	96.6	233	219	94.0	255	139	54.5	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	93	93	100.0	92	67	72.8	93	79	85.0	93	92	98.9	93	91	97.8	93
04	Girls	78	76	97.4	79	78	98.7	79	72	91.0	79	79	100.0	79	78	98.7	79
05	Boys	94	94	100.0	94	71	75.5	94	81	86.0	94	94	100.0	94	87	92.6	94
05	Girls	94	92	97.9	95	87	91.6	95	89	94.0	95	93	97.9	94	88	93.6	95
06	Boys	102	101	99.0	102	89	87.3	102	94	92.0	103	103	100.0	102	99	97.1	103
06	Girls	111	108	97.3	111	95	85.6	111	109	98.0	111	110	99.1	111	101	91.0	111
Totals		572	564	98.6	573	487	85.0	574	524	91.3	575	571	99.3	573	544	94.9	575

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	46	93.9	48	34	70.8	49	47	96.0	48	48	100.0	48	39	81.3	49
04	Girls	44	42	95.5	44	44	100.0	45	43	96.0	44	44	100.0	43	35	81.4	45
05	Boys	49	47	95.9	49	34	69.4	49	49	100.0	49	49	100.0	49	37	75.5	49
05	Girls	50	50	100.0	51	48	94.1	51	51	100.0	51	50	98.0	50	40	80.0	52
06	Boys	43	41	95.3	43	26	60.5	43	43	100.0	43	43	100.0	43	30	69.8	43
06	Girls	50	49	98.0	50	45	90.0	50	49	98.0	50	50	100.0	49	36	73.5	50
Totals		285	275	96.5	285	231	81.1	287	282	98.3	285	284	99.6	282	217	77.0	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	47	94.0	49	32	65.3	51	50	98.0	51	44	86.3	52	51	98.1	52
04	Girls	53	51	96.2	53	52	98.1	52	52	100.0	51	47	92.2	53	46	86.8	54
05	Boys	47	40	85.1	47	30	63.8	44	44	100.0	44	32	72.7	45	40	88.9	47
05	Girls	60	42	70.0	59	48	81.4	60	60	100.0	59	42	71.2	59	52	88.1	60
06	Boys	56	51	91.1	56	42	75.0	58	58	100.0	41	28	68.3	56	53	94.6	58
06	Girls	40	36	90.0	42	41	97.6	41	41	100.0	33	19	57.6	42	39	92.9	42
Totals		306	267	87.3	306	245	80.1	306	305	99.7	279	212	76.0	307	281	91.5	313

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Irving MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	241	234	97.1	242	205	84.7	242	242	100.0	242	240	99.2	242	222	91.7	242
07	Girls	256	249	97.3	256	247	96.5	256	255	100.0	254	253	99.6	256	242	94.5	256
08	Boys	284	280	98.6	287	256	89.2	290	288	99.0	288	288	100.0	287	256	89.2	290
08	Girls	298	294	98.7	299	280	93.6	302	302	100.0	299	299	100.0	296	254	85.8	302
Totals		1,079	1,057	98.0	1,084	988	91.1	1,090	1,087	99.7	1,083	1,080	99.7	1,081	974	90.1	1,090

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	45	91.8	55	41	74.5	55	44	80.0	53	53	100.0	56	46	82.1	56
04	Girls	58	52	89.7	61	60	98.4	60	53	88.0	58	58	100.0	61	56	91.8	61
05	Boys	51	49	96.1	53	40	75.5	53	45	85.0	36	35	97.2	54	51	94.4	54
05	Girls	33	29	87.9	35	33	94.3	35	34	97.0	25	25	100.0	35	28	80.0	35
06	Boys	52	48	92.3	57	37	64.9	55	46	84.0	54	54	100.0	57	46	80.7	57
06	Girls	53	53	100.0	54	50	92.6	54	49	91.0	54	54	100.0	54	45	83.3	54
Totals		296	276	93.2	315	261	82.9	312	271	86.9	280	279	99.6	317	272	85.8	317

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Jackson MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	296	281	94.9	296	195	65.9	299	289	97.0	297	283	95.3	297	283	95.3	300
07	Girls	278	262	94.2	277	218	78.7	278	274	99.0	278	271	97.5	278	265	95.3	279
08	Boys	280	280	100.0	280	204	72.9	280	278	99.0	281	281	100.0	281	274	97.5	281
08	Girls	271	267	98.5	272	203	74.6	273	271	99.0	273	271	99.3	271	265	97.8	273
Totals		1,125	1,090	96.9	1,125	820	72.9	1,130	1,112	98.4	1,129	1,106	98.0	1,127	1,087	96.5	1,133

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Jefferson S/T HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	265	261	98.5	264	236	89.4	265	265	100.0	265	264	99.6	265	231	87.2	265
09	Girls	204	198	97.1	205	195	95.1	205	205	100.0	205	204	99.5	204	194	95.1	205
10	Boys	258	257	99.6	259	227	87.6	259	258	100.0	259	257	99.2	257	219	85.2	260
10	Girls	198	192	97.0	197	165	83.8	198	196	99.0	198	197	99.5	198	185	93.4	198
Totals		925	908	98.2	925	823	89.0	927	924	99.7	927	922	99.5	924	829	89.7	928

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	35	70.0	50	42	84.0	50	50	100.0	50	50	100.0	50	41	82.0	50
04	Girls	49	40	81.6	49	49	100.0	49	49	100.0	49	49	100.0	49	39	79.6	49
05	Boys	49	45	91.8	49	41	83.7	50	48	96.0	49	47	95.9	49	45	91.8	50
05	Girls	54	51	94.4	54	51	94.4	54	54	100.0	54	52	96.3	54	43	79.6	54
06	Boys	58	54	93.1	59	52	88.1	59	56	95.0	55	54	98.2	59	47	79.7	59
06	Girls	62	57	91.9	63	61	96.8	63	63	100.0	63	61	96.8	63	53	84.1	63
Totals		322	282	87.6	324	296	91.4	325	320	98.5	320	313	97.8	324	268	82.7	325

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	60	90.9	65	56	86.2	66	55	83.0	66	50	75.8	66	66	100.0	67
04	Girls	69	67	97.1	69	68	98.6	69	67	97.0	69	64	92.8	69	64	92.8	69
05	Boys	45	44	97.8	45	37	82.2	45	43	96.0	45	37	82.2	44	39	88.6	45
05	Girls	57	56	98.2	58	48	82.8	58	57	98.0	58	55	94.8	58	51	87.9	58
06	Boys	53	49	92.5	53	49	92.5	52	46	89.0	53	48	90.6	53	52	98.1	53
06	Girls	67	64	95.5	68	68	100.0	68	65	96.0	67	61	91.0	67	64	95.5	68
Totals		357	340	95.2	358	326	91.1	358	333	93.0	358	315	88.0	357	336	94.1	360

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Key MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	199	191	96.0	204	122	59.8	201	181	90.0	199	196	98.5	200	166	83.0	205
07	Girls	202	194	96.0	203	174	85.7	202	194	96.0	193	192	99.5	204	179	87.7	204
08	Boys	193	185	95.9	202	135	66.8	203	200	99.0	201	198	98.5	194	170	87.6	203
08	Girls	199	191	96.0	198	148	74.7	201	199	99.0	199	199	100.0	199	178	89.4	204
Totals		793	761	96.0	807	579	71.7	807	774	95.9	792	785	99.1	797	693	87.0	816

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Kilmer MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	265	262	98.9	265	248	93.6	266	266	100.0	263	257	97.7	265	251	94.7	266
07	Girls	265	263	99.2	265	263	99.2	267	267	100.0	265	264	99.6	264	261	98.9	267
08	Boys	255	253	99.2	258	250	96.9	269	269	100.0	259	259	100.0	258	257	99.6	271
08	Girls	232	231	99.6	229	229	100.0	236	236	100.0	234	234	100.0	233	231	99.1	238
Totals		1,017	1,009	99.2	1,017	990	97.3	1,038	1,038	100.0	1,021	1,014	99.3	1,020	1,000	98.0	1,042

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	65	98.5	66	54	81.8	67	52	78.0	66	66	100.0	67	62	92.5	67
04	Girls	80	77	96.3	79	78	98.7	80	68	85.0	80	80	100.0	79	73	92.4	82
05	Boys	93	92	98.9	93	83	89.2	92	77	84.0	94	94	100.0	90	88	97.8	94
05	Girls	66	65	98.5	66	64	97.0	65	53	82.0	66	66	100.0	64	58	90.6	66
06	Boys	82	79	96.3	82	70	85.4	82	74	90.0	81	81	100.0	82	78	95.1	82
06	Girls	80	73	91.3	80	77	96.3	78	74	95.0	80	79	98.8	80	78	97.5	80
Totals		467	451	96.6	466	426	91.4	464	398	85.8	467	466	99.8	462	437	94.6	471

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	31	93.9	41	36	87.8	41	40	98.0	28	26	92.9	38	30	78.9	42
04	Girls	37	37	100.0	42	41	97.6	42	42	100.0	36	33	91.7	41	34	82.9	43
05	Boys	8	7	87.5	31	28	90.3	31	31	100.0	26	24	92.3	28	23	82.1	32
05	Girls	9	9	100.0	42	39	92.9	43	43	100.0	34	30	88.2	38	24	63.2	43
06	Boys	26	23	88.5	32	23	71.9	32	30	94.0	26	22	84.6	30	21	70.0	33
06	Girls	27	26	96.3	29	28	96.6	29	29	100.0	24	23	95.8	27	22	81.5	29
Totals		140	133	95.0	217	195	89.9	218	215	98.6	174	158	90.8	202	154	76.2	222

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	312	294	94.2	315	228	72.4	314	285	91.0	306	288	94.1	315	252	80.0	317
09	Girls	350	337	96.3	352	286	81.3	352	341	97.0	346	331	95.7	351	290	82.6	355
10	Boys	289	276	95.5	291	199	68.4	290	286	99.0	288	271	94.1	290	211	72.8	291
10	Girls	306	284	92.8	304	213	70.1	305	298	98.0	305	301	98.7	304	221	72.7	306
11	Boys	4	4	100.0	8	3	37.5	8	8	100.0	5	5	100.0	7	5	71.4	8
11	Girls	6	3	50.0	6	2	33.3	6	5	83.0	6	6	100.0	6	5	83.3	6
12	Boys	0	0	0.0	1	0	0.0	0	0	0.0	0	0	0.0	1	0	0.0	1
12	Girls	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,268	1,198	94.5	1,278	932	72.9	1,276	1,224	95.9	1,257	1,203	95.7	1,275	985	77.3	1,285

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lake Braddock MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	344	330	95.9	342	245	71.6	348	337	97.0	339	309	91.2	326	266	81.6	348
07	Girls	342	324	94.7	339	309	91.2	345	340	99.0	343	329	95.9	322	265	82.3	345
08	Boys	358	328	91.6	369	281	76.2	358	342	96.0	368	363	98.6	372	300	80.6	376
08	Girls	277	258	93.1	278	243	87.4	271	268	99.0	286	283	99.0	285	258	90.5	288
Totals		1,321	1,240	93.9	1,328	1,078	81.2	1,322	1,287	97.4	1,336	1,284	96.1	1,305	1,089	83.4	1,357

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lane Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	41	100.0	41	16	39.0	41	35	85.0	36	34	94.4	41	35	85.4	43
04	Girls	50	49	98.0	49	46	93.9	50	47	94.0	41	39	95.1	48	46	95.8	53
05	Boys	49	48	98.0	50	29	58.0	51	49	96.0	51	45	88.2	50	45	90.0	53
05	Girls	36	36	100.0	36	30	83.3	36	36	100.0	36	36	100.0	36	29	80.6	40
06	Boys	53	52	98.1	51	23	45.1	55	50	91.0	47	45	95.7	53	47	88.7	56
06	Girls	47	46	97.9	46	31	67.4	48	47	98.0	41	39	95.1	47	42	89.4	49
Totals		276	272	98.6	273	175	64.1	281	264	94.0	252	238	94.4	275	244	88.7	294

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Langley HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	251	244	97.2	253	203	80.2	254	250	98.0	255	173	67.8	249	210	84.3	257
09	Girls	208	196	94.2	208	189	90.9	212	211	100.0	210	156	74.3	207	175	84.5	217
10	Boys	253	246	97.2	253	202	79.8	253	252	100.0	254	186	73.2	250	213	85.2	255
10	Girls	251	249	99.2	251	225	89.6	253	251	99.0	250	223	89.2	250	243	97.2	254
11	Boys	8	8	100.0	8	7	87.5	8	8	100.0	8	4	50.0	8	6	75.0	9
11	Girls	5	5	100.0	5	4	80.0	6	6	100.0	5	5	100.0	6	6	100.0	7
12	Boys	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	4
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	1	1	100.0	1
Totals		978	949	97.0	980	831	84.8	988	980	99.2	984	747	75.9	972	855	88.0	1,004

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lanier MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	300	296	98.7	299	232	77.6	295	285	97.0	299	258	86.3	300	281	93.7	302
07	Girls	265	262	98.9	265	243	91.7	258	256	99.0	264	254	96.2	266	257	96.6	269
08	Boys	354	349	98.6	357	315	88.2	358	353	99.0	266	244	91.7	358	326	91.1	359
08	Girls	307	296	96.4	307	284	92.5	306	301	98.0	247	226	91.5	307	298	97.1	309
Totals		1,226	1,203	98.1	1,228	1,074	87.5	1,217	1,195	98.2	1,076	982	91.3	1,231	1,162	94.4	1,239

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	47	94.0	49	32	65.3	50	48	96.0	49	33	67.3	50	49	98.0	50
04	Girls	66	59	89.4	66	65	98.5	67	62	93.0	67	55	82.1	67	63	94.0	67
05	Boys	59	46	78.0	59	38	64.4	59	57	97.0	59	49	83.1	59	55	93.2	59
05	Girls	47	37	78.7	48	44	91.7	50	50	100.0	48	45	93.8	48	46	95.8	51
06	Boys	59	49	83.1	60	41	68.3	60	60	100.0	58	52	89.7	60	59	98.3	60
06	Girls	64	55	85.9	64	56	87.5	64	64	100.0	61	54	88.5	64	62	96.9	64
Totals		345	293	84.9	346	276	79.8	350	341	97.4	342	288	84.2	348	334	96.0	351

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	50	84.7	62	46	74.2	62	57	92.0	61	43	70.5	60	57	95.0	63
04	Girls	55	50	90.9	55	53	96.4	55	53	96.0	53	46	86.8	54	52	96.3	56
05	Boys	73	61	83.6	75	52	69.3	67	63	94.0	71	53	74.6	73	61	83.6	75
05	Girls	61	51	83.6	62	56	90.3	61	61	100.0	60	54	90.0	62	54	87.1	63
06	Boys	56	51	91.1	59	41	69.5	59	58	98.0	57	49	86.0	59	49	83.1	59
06	Girls	62	54	87.1	63	62	98.4	63	63	100.0	62	55	88.7	63	57	90.5	63
Totals		366	317	86.6	376	310	82.4	367	355	96.7	364	300	82.4	371	330	88.9	379

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lee HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	234	229	97.9	238	154	64.7	237	223	94.0	235	221	94.0	235	169	71.9	243
09	Girls	213	209	98.1	213	127	59.6	214	204	95.0	213	197	92.5	213	121	56.8	214
10	Boys	155	153	98.7	197	127	64.5	202	196	97.0	196	147	75.0	185	113	61.1	206
10	Girls	165	164	99.4	207	113	54.6	224	221	99.0	218	168	77.1	208	154	74.0	227
11	Boys	23	23	100.0	26	15	57.7	29	27	93.0	28	21	75.0	23	10	43.5	31
11	Girls	14	14	100.0	16	5	31.3	17	15	88.0	17	13	76.5	17	7	41.2	17
12	Girls	4	4	100.0	5	0	0.0	6	5	83.0	5	5	100.0	6	3	50.0	6
Totals		808	796	98.5	902	541	60.0	929	891	95.9	912	772	84.6	887	577	65.1	944

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	42	89.4	45	23	51.1	50	32	64.0	48	37	77.1	46	27	58.7	53
04	Girls	54	51	94.4	52	21	40.4	54	41	76.0	54	42	77.8	52	27	51.9	57
05	Boys	53	48	90.6	52	34	65.4	57	40	70.0	56	37	66.1	54	30	55.6	59
05	Girls	43	28	65.1	41	15	36.6	46	39	85.0	45	34	75.6	42	18	42.9	46
06	Boys	38	31	81.6	40	28	70.0	41	28	68.0	38	28	73.7	37	21	56.8	42
06	Girls	48	30	62.5	45	30	66.7	48	42	88.0	48	35	72.9	48	20	41.7	48
Totals		283	230	81.3	275	151	54.9	296	222	75.0	289	213	73.7	279	143	51.3	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	21	95.5	22	15	68.2	22	22	100.0	22	22	100.0	22	22	100.0	22
04	Girls	16	15	93.8	16	16	100.0	16	16	100.0	16	16	100.0	16	16	100.0	16
05	Boys	15	15	100.0	15	13	86.7	15	15	100.0	15	15	100.0	15	15	100.0	15
05	Girls	25	24	96.0	25	20	80.0	25	25	100.0	25	25	100.0	25	25	100.0	25
06	Boys	9	9	100.0	20	13	65.0	20	20	100.0	20	20	100.0	9	8	88.9	20
06	Girls	12	11	91.7	22	22	100.0	22	22	100.0	22	22	100.0	12	12	100.0	22
Totals		99	95	96.0	120	99	82.5	120	120	100.0	120	120	100.0	99	98	99.0	120

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Liberty MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	293	279	95.2	299	244	81.6	299	298	100.0	295	261	88.5	299	256	85.6	301
07	Girls	240	236	98.3	244	215	88.1	244	244	100.0	243	227	93.4	244	210	86.1	244
08	Boys	295	288	97.6	293	204	69.6	292	282	97.0	290	267	92.1	292	256	87.7	298
08	Girls	281	273	97.2	282	231	81.9	281	279	99.0	279	263	94.3	279	236	84.6	285
Totals		1,109	1,076	97.0	1,118	894	80.0	1,116	1,103	98.8	1,107	1,018	92.0	1,114	958	86.0	1,128

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Little Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	17	77.3	22	20	90.9	22	20	91.0	22	20	90.9	22	20	90.9	22
04	Girls	21	15	71.4	21	19	90.5	22	18	82.0	22	19	86.4	22	20	90.9	22
05	Boys	27	25	92.6	27	15	55.6	27	26	96.0	27	19	70.4	27	24	88.9	27
05	Girls	13	12	92.3	13	9	69.2	13	13	100.0	13	12	92.3	13	12	92.3	13
06	Boys	22	20	90.9	21	15	71.4	22	21	96.0	18	16	88.9	21	20	95.2	22
06	Girls	32	30	93.8	31	20	64.5	32	32	100.0	31	30	96.8	32	28	87.5	34
Totals		137	119	86.9	135	98	72.6	138	130	94.2	133	116	87.2	137	124	90.5	140

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
London Towne Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	67	100.0	67	48	71.6	67	51	76.0	67	66	98.5	67	66	98.5	67
04	Girls	54	54	100.0	53	53	100.0	54	43	80.0	54	52	96.3	54	47	87.0	54
05	Boys	55	53	96.4	62	52	83.9	62	51	82.0	62	61	98.4	62	54	87.1	62
05	Girls	52	52	100.0	58	56	96.6	57	52	91.0	58	57	98.3	58	46	79.3	58
06	Boys	58	55	94.8	58	44	75.9	58	46	79.0	58	58	100.0	58	48	82.8	58
06	Girls	44	44	100.0	44	40	90.9	44	41	93.0	44	44	100.0	44	37	84.1	44
Totals		330	325	98.5	342	293	85.7	342	284	83.0	343	338	98.5	343	298	86.9	343

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Longfellow MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	318	311	97.8	318	275	86.5	319	312	98.0	319	308	96.6	318	294	92.5	324
07	Girls	340	332	97.6	340	323	95.0	338	336	99.0	340	338	99.4	340	327	96.2	341
08	Boys	305	285	93.4	305	263	86.2	305	303	99.0	305	282	92.5	305	268	87.9	310
08	Girls	295	267	90.5	294	263	89.5	294	291	99.0	295	288	97.6	294	251	85.4	297
Totals		1,258	1,195	95.0	1,257	1,124	89.4	1,256	1,242	98.9	1,259	1,216	96.6	1,257	1,140	90.7	1,272

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	42	65.6	63	23	36.5	65	62	95.0	64	55	85.9	64	57	89.1	67
04	Girls	57	39	68.4	60	60	100.0	60	58	97.0	58	47	81.0	61	52	85.2	61
05	Boys	67	45	67.2	66	31	47.0	69	66	96.0	69	51	73.9	69	58	84.1	69
05	Girls	71	48	67.6	71	47	66.2	72	70	97.0	72	61	84.7	72	55	76.4	72
06	Boys	70	56	80.0	68	25	36.8	69	66	96.0	69	60	87.0	69	48	69.6	71
06	Girls	74	56	75.7	73	53	72.6	74	72	97.0	74	70	94.6	74	55	74.3	75
Totals		403	286	71.0	401	239	59.6	409	394	96.3	406	344	84.7	409	325	79.5	415

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	41	100.0	41	32	78.0	42	37	88.0	40	39	97.5	40	35	87.5	44
04	Girls	18	18	100.0	18	13	72.2	18	18	100.0	18	16	88.9	18	16	88.9	19
05	Boys	22	22	100.0	21	17	81.0	22	22	100.0	21	21	100.0	22	16	72.7	24
05	Girls	26	24	92.3	26	19	73.1	26	26	100.0	26	26	100.0	26	14	53.8	26
06	Boys	29	27	93.1	29	22	75.9	29	25	86.0	29	29	100.0	29	22	75.9	29
06	Girls	30	28	93.3	30	26	86.7	30	28	93.0	29	29	100.0	30	17	56.7	31
Totals		166	160	96.4	165	129	78.2	167	156	93.4	163	160	98.2	165	120	72.7	173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Madison HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	271	268	98.9	273	244	89.4	273	252	92.0	271	242	89.3	273	259	94.9	274
09	Girls	234	228	97.4	237	211	89.0	233	226	97.0	234	221	94.4	237	224	94.5	237
10	Boys	242	240	99.2	244	210	86.1	245	238	97.0	243	194	79.8	243	223	91.8	247
10	Girls	235	234	99.6	237	201	84.8	238	235	99.0	235	174	74.0	238	225	94.5	239
11	Boys	4	4	100.0	4	4	100.0	4	4	100.0	4	4	100.0	4	4	100.0	4
12	Boys	1	1	100.0	1	1	100.0	0	0	0.0	1	0	0.0	1	1	100.0	1
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	1
Totals		988	976	98.8	997	871	87.4	994	956	96.2	989	835	84.4	997	937	94.0	1,003

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Mantua Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	73	96.1	76	66	86.8	76	76	100.0	76	76	100.0	76	73	96.1	76
04	Girls	68	66	97.1	68	68	100.0	68	68	100.0	68	68	100.0	68	63	92.6	68
05	Boys	80	77	96.3	80	67	83.8	80	80	100.0	80	79	98.8	79	70	88.6	80
05	Girls	73	72	98.6	75	72	96.0	75	75	100.0	75	75	100.0	75	71	94.7	76
06	Boys	75	75	100.0	69	62	89.9	75	75	100.0	75	75	100.0	75	67	89.3	75
06	Girls	66	66	100.0	63	63	100.0	66	66	100.0	66	66	100.0	66	61	92.4	66
Totals		438	429	97.9	431	398	92.3	440	440	100.0	440	439	99.8	439	405	92.3	441

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Marshall HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	221	221	100.0	219	214	97.7	220	220	100.0	220	220	100.0	220	219	99.5	224
09	Girls	211	209	99.1	209	205	98.1	209	207	99.0	209	208	99.5	210	206	98.1	214
10	Boys	194	194	100.0	195	190	97.4	196	194	99.0	195	194	99.5	193	192	99.5	197
10	Girls	184	183	99.5	184	183	99.5	185	185	100.0	184	184	100.0	182	179	98.4	189
11	Boys	8	8	100.0	8	8	100.0	8	7	88.0	8	8	100.0	7	7	100.0	16
11	Girls	6	6	100.0	6	6	100.0	6	6	100.0	6	5	83.3	6	6	100.0	13
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		825	822	99.6	822	806	98.1	825	820	99.4	823	820	99.6	819	810	98.9	856

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	41	93.2	47	32	68.1	49	48	98.0	48	47	97.9	41	32	78.0	52
04	Girls	33	33	100.0	35	35	100.0	35	35	100.0	35	35	100.0	35	32	91.4	35
05	Boys	43	42	97.7	42	32	76.2	43	43	100.0	43	42	97.7	42	36	85.7	43
05	Girls	37	36	97.3	37	36	97.3	37	35	95.0	37	37	100.0	37	25	67.6	37
06	Boys	36	33	91.7	38	26	68.4	37	37	100.0	38	38	100.0	38	30	78.9	38
06	Girls	28	28	100.0	28	25	89.3	28	28	100.0	28	28	100.0	28	19	67.9	29
Totals		221	213	96.4	227	186	81.9	229	226	98.7	229	227	99.1	221	174	78.7	234

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
McLean HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	236	236	100.0	238	206	86.6	237	224	95.0	221	135	61.1	237	218	92.0	239
09	Girls	248	248	100.0	247	197	79.8	247	242	98.0	219	153	69.9	248	193	77.8	249
10	Boys	276	253	91.7	265	205	77.4	289	265	92.0	278	178	64.0	277	261	94.2	292
10	Girls	232	209	90.1	217	175	80.6	233	221	95.0	221	163	73.8	227	204	89.9	239
11	Boys	7	6	85.7	6	2	33.3	8	7	88.0	8	3	37.5	7	6	85.7	9
11	Girls	2	2	100.0	3	1	33.3	5	4	80.0	3	1	33.3	3	0	0.0	5
12	Boys	1	0	0.0	0	0	0.0	1	1	100.0	1	0	0.0	0	0	0.0	1
Totals		1,002	954	95.2	976	786	80.5	1,020	964	94.5	951	633	66.6	999	882	88.3	1,034

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
McNair Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	39	92.9	42	36	85.7	43	36	84.0	43	42	97.7	42	36	85.7	43
04	Girls	37	33	89.2	35	34	97.1	36	33	92.0	34	34	100.0	37	27	73.0	37
05	Boys	32	30	93.8	33	27	81.8	33	32	97.0	31	30	96.8	31	25	80.6	34
05	Girls	47	43	91.5	47	43	91.5	47	44	94.0	47	46	97.9	47	39	83.0	47
06	Boys	46	45	97.8	46	37	80.4	46	44	96.0	46	44	95.7	45	35	77.8	46
06	Girls	35	34	97.1	35	33	94.3	35	34	97.0	35	34	97.1	35	26	74.3	35
Totals		239	224	93.7	238	210	88.2	240	223	92.9	236	230	97.5	237	188	79.3	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	50	79.4	63	36	57.1	61	56	92.0	63	59	93.7	62	45	72.6	63
04	Girls	66	56	84.8	66	65	98.5	66	60	91.0	66	60	90.9	66	49	74.2	66
05	Boys	59	46	78.0	59	38	64.4	59	54	92.0	59	53	89.8	58	51	87.9	59
05	Girls	54	49	90.7	54	49	90.7	54	49	91.0	54	49	90.7	53	50	94.3	54
06	Boys	61	34	55.7	61	35	57.4	61	56	92.0	61	42	68.9	61	45	73.8	61
06	Girls	72	50	69.4	72	69	95.8	72	71	99.0	72	64	88.9	72	58	80.6	72
Totals		375	285	76.0	375	292	77.9	373	346	92.8	375	327	87.2	372	298	80.1	375

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	16	15	93.8	16	4	25.0	16	14	88.0	16	10	62.5	16	8	50.0	16
04	Girls	21	18	85.7	20	20	100.0	21	20	95.0	21	18	85.7	21	7	33.3	21
05	Boys	20	18	90.0	19	10	52.6	20	16	80.0	20	20	100.0	20	13	65.0	20
05	Girls	17	15	88.2	17	16	94.1	17	17	100.0	17	17	100.0	17	8	47.1	17
06	Boys	22	15	68.2	22	10	45.5	22	16	73.0	22	21	95.5	22	10	45.5	22
06	Girls	19	14	73.7	19	11	57.9	19	19	100.0	19	19	100.0	19	5	26.3	19
Totals		115	95	82.6	113	71	62.8	115	102	88.7	115	105	91.3	115	51	44.3	115

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	184	176	95.7	228	117	51.3	236	222	94.0	232	229	98.7	234	175	74.8	237
09	Girls	156	150	96.2	195	69	35.4	203	201	99.0	202	200	99.0	196	134	68.4	203
10	Boys	206	204	99.0	197	98	49.7	211	202	96.0	205	201	98.0	211	148	70.1	214
10	Girls	202	197	97.5	198	51	25.8	209	206	99.0	208	207	99.5	204	120	58.8	210
11	Boys	35	34	97.1	35	14	40.0	36	36	100.0	36	36	100.0	36	27	75.0	36
11	Girls	27	26	96.3	25	3	12.0	29	29	100.0	29	29	100.0	27	17	63.0	29
12	Boys	9	7	77.8	10	4	40.0	10	9	90.0	8	8	100.0	9	5	55.6	10
12	Girls	7	6	85.7	7	3	42.9	8	8	100.0	8	7	87.5	7	3	42.9	8
Totals		826	800	96.9	895	359	40.1	942	913	96.9	928	917	98.8	924	629	68.1	947

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	38	25	65.8	38	36	95.0	38	38	100.0	38	18	47.4	38
04	Girls	38	38	100.0	38	38	100.0	38	38	100.0	38	38	100.0	38	16	42.1	38
05	Boys	21	19	90.5	21	15	71.4	21	19	91.0	21	20	95.2	21	9	42.9	21
05	Girls	25	25	100.0	25	25	100.0	25	24	96.0	25	25	100.0	25	7	28.0	25
06	Boys	35	33	94.3	35	28	80.0	35	33	94.0	35	35	100.0	35	19	54.3	35
06	Girls	30	28	93.3	30	30	100.0	30	28	93.0	30	30	100.0	30	12	40.0	30
Totals		187	179	95.7	187	161	86.1	187	178	95.2	187	186	99.5	187	81	43.3	187

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Mountain View High School**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	8

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Navy Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	57	100.0	58	50	86.2	58	46	79.0	58	57	98.3	57	57	100.0	58
04	Girls	58	58	100.0	58	58	100.0	58	49	85.0	59	58	98.3	60	58	96.7	60
05	Boys	70	70	100.0	68	58	85.3	69	57	83.0	70	70	100.0	69	68	98.6	70
05	Girls	38	37	97.4	38	35	92.1	38	33	87.0	38	37	97.4	38	38	100.0	38
06	Boys	51	46	90.2	51	36	70.6	50	40	80.0	51	51	100.0	50	45	90.0	52
06	Girls	54	54	100.0	55	55	100.0	55	51	93.0	55	55	100.0	55	52	94.5	55
Totals		328	322	98.2	328	292	89.0	328	276	84.1	331	328	99.1	329	318	96.7	333

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	46	41	89.1	42	29	69.0	45	44	97.8	46	40	87.0	47
04	Girls	34	33	97.1	34	33	97.1	34	30	88.0	34	33	97.1	34	23	67.6	35
05	Boys	54	53	98.1	57	49	86.0	57	46	81.0	56	50	89.3	56	45	80.4	57
05	Girls	37	35	94.6	39	39	100.0	39	33	85.0	39	39	100.0	39	36	92.3	39
06	Boys	52	49	94.2	52	48	92.3	52	43	83.0	52	52	100.0	52	39	75.0	54
06	Girls	36	35	97.2	36	36	100.0	35	33	94.0	35	35	100.0	36	25	69.4	36
Totals		258	250	96.9	264	246	93.2	259	214	82.6	261	253	96.9	263	208	79.1	268

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
North Springfield Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	19	18	94.7	39	32	82.1	40	27	68.0	38	25	65.8	40	31	77.5	40
04	Girls	18	16	88.9	40	26	65.0	39	32	82.0	38	25	65.8	38	34	89.5	40
05	Boys	19	13	68.4	26	14	53.8	36	32	89.0	36	11	30.6	35	25	71.4	36
05	Girls	21	17	81.0	32	25	78.1	41	38	93.0	40	19	47.5	40	33	82.5	42
Totals		77	64	83.1	137	97	70.8	156	129	82.7	152	80	52.6	153	123	80.4	158

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	67	100.0	67	56	83.6	67	56	84.0	65	62	95.4	67	65	97.0	68
04	Girls	61	56	91.8	61	61	100.0	61	61	100.0	61	60	98.4	61	58	95.1	62
05	Boys	78	76	97.4	78	60	76.9	78	67	86.0	76	73	96.1	78	71	91.0	78
05	Girls	63	60	95.2	63	59	93.7	63	59	94.0	63	58	92.1	63	61	96.8	64
06	Boys	83	82	98.8	83	74	89.2	83	75	90.0	83	81	97.6	83	79	95.2	83
06	Girls	71	68	95.8	71	63	88.7	71	67	94.0	71	69	97.2	71	66	93.0	71
Totals		423	409	96.7	423	373	88.2	423	385	91.0	419	403	96.2	423	400	94.6	426

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Oak View Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	47	87.0	54	48	88.9	54	51	94.0	54	32	59.3	54	36	66.7	54
04	Girls	52	48	92.3	52	49	94.2	52	50	96.0	52	46	88.5	52	35	67.3	52
05	Boys	55	38	69.1	53	41	77.4	57	51	90.0	57	49	86.0	57	32	56.1	57
05	Girls	58	49	84.5	56	52	92.9	59	55	93.0	58	55	94.8	58	35	60.3	59
06	Boys	63	57	90.5	65	57	87.7	65	63	97.0	63	50	79.4	63	39	61.9	66
06	Girls	57	50	87.7	55	52	94.5	58	56	97.0	57	55	96.5	57	35	61.4	58
Totals		339	289	85.3	335	299	89.3	345	326	94.5	341	287	84.2	341	212	62.2	346

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Oakton Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	55	93.2	59	41	69.5	62	56	90.0	57	28	49.1	62	59	95.2	64
04	Girls	46	44	95.7	46	40	87.0	46	45	98.0	44	35	79.5	46	45	97.8	47
05	Boys	40	39	97.5	42	26	61.9	42	37	88.0	37	10	27.0	43	41	95.3	43
05	Girls	37	32	86.5	38	33	86.8	37	36	97.0	33	24	72.7	38	36	94.7	38
06	Boys	36	35	97.2	37	29	78.4	37	36	97.0	29	20	69.0	37	35	94.6	37
06	Girls	34	33	97.1	35	35	100.0	35	35	100.0	32	25	78.1	34	32	94.1	36
Totals		252	238	94.4	257	204	79.4	259	245	94.6	232	142	61.2	260	248	95.4	265

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Oakton HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	270	265	98.1	266	209	78.6	275	271	99.0	271	257	94.8	269	236	87.7	275
09	Girls	281	278	98.9	275	237	86.2	287	285	99.0	285	279	97.9	283	253	89.4	288
10	Boys	251	250	99.6	249	177	71.1	252	251	100.0	251	205	81.7	251	239	95.2	254
10	Girls	265	263	99.2	251	185	73.7	271	270	100.0	265	243	91.7	268	236	88.1	271
11	Boys	6	5	83.3	3	2	66.7	7	5	71.0	4	4	100.0	4	3	75.0	8
11	Girls	3	3	100.0	2	0	0.0	3	3	100.0	3	3	100.0	3	2	66.7	3
12	Boys	2	1	50.0	1	1	100.0	3	2	67.0	1	1	100.0	1	1	100.0	4
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,079	1,066	98.8	1,048	812	77.5	1,099	1,088	99.0	1,081	993	91.9	1,080	971	89.9	1,104

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	38	90.5	41	25	61.0	42	35	83.0	42	37	88.1	42	30	71.4	42
04	Girls	27	26	96.3	28	28	100.0	28	25	89.0	28	26	92.9	28	19	67.9	28
05	Boys	35	31	88.6	36	22	61.1	37	27	73.0	37	29	78.4	37	24	64.9	37
05	Girls	32	29	90.6	30	26	86.7	32	30	94.0	31	27	87.1	32	27	84.4	32
06	Boys	31	27	87.1	31	19	61.3	33	25	76.0	32	26	81.3	32	22	68.8	33
06	Girls	23	22	95.7	23	22	95.7	23	22	96.0	23	20	87.0	23	16	69.6	23
Totals		190	173	91.1	189	142	75.1	195	164	84.1	193	165	85.5	194	138	71.1	195

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	56	96.6	58	48	82.8	58	58	100.0	58	58	100.0	58	58	100.0	58
04	Girls	58	54	93.1	58	58	100.0	58	58	100.0	58	58	100.0	58	58	100.0	59
05	Boys	57	54	94.7	57	49	86.0	57	57	100.0	57	57	100.0	57	56	98.2	57
05	Girls	69	65	94.2	69	68	98.6	69	69	100.0	69	69	100.0	69	69	100.0	69
06	Boys	53	53	100.0	53	41	77.4	53	51	96.0	53	53	100.0	53	53	100.0	53
06	Girls	61	59	96.7	61	60	98.4	62	61	98.0	61	61	100.0	61	61	100.0	62
Totals		356	341	95.8	356	324	91.0	357	354	99.2	356	356	100.0	356	355	99.7	358

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	47	88.7	53	39	73.6	54	52	96.0	42	39	92.9	53	37	69.8	54
04	Girls	51	44	86.3	53	53	100.0	53	53	100.0	42	42	100.0	53	37	69.8	53
05	Boys	51	46	90.2	59	50	84.7	60	56	93.0	56	56	100.0	59	44	74.6	61
05	Girls	52	45	86.5	57	56	98.2	56	52	93.0	55	52	94.5	56	39	69.6	57
Totals		207	182	87.9	222	198	89.2	223	213	95.5	195	189	96.9	221	157	71.0	225

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	28	77.8	36	27	75.0	36	18	50.0	36	32	88.9	36	31	86.1	37
04	Girls	38	34	89.5	37	27	73.0	38	30	79.0	38	32	84.2	38	31	81.6	39
05	Boys	28	20	71.4	41	37	90.2	27	18	67.0	28	22	78.6	27	20	74.1	42
05	Girls	19	15	78.9	30	27	90.0	19	18	95.0	20	15	75.0	20	19	95.0	31
06	Boys	10	8	80.0	16	14	87.5	14	8	57.0	10	10	100.0	16	11	68.8	17
06	Girls	25	12	48.0	39	25	64.1	38	33	87.0	19	19	100.0	38	23	60.5	39
Totals		156	117	75.0	199	157	78.9	172	125	72.7	151	130	86.1	175	135	77.1	205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Poe MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	152	149	98.0	152	100	65.8	153	142	93.0	152	130	85.5	152	134	88.2	160
06	Girls	172	168	97.7	172	148	86.0	172	165	96.0	172	153	89.0	172	137	79.7	172
07	Boys	220	217	98.6	219	114	52.1	220	206	94.0	220	209	95.0	220	166	75.5	225
07	Girls	196	188	95.9	197	122	61.9	197	192	98.0	196	187	95.4	197	161	81.7	202
08	Boys	193	185	95.9	193	128	66.3	193	185	96.0	193	189	97.9	193	163	84.5	205
08	Girls	210	206	98.1	213	132	62.0	213	203	95.0	213	207	97.2	213	173	81.2	219
Totals		1,143	1,113	97.4	1,146	744	64.9	1,148	1,093	95.2	1,146	1,075	93.8	1,147	934	81.4	1,183

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	50	92.6	54	44	81.5	56	39	70.0	53	51	96.2	55	46	83.6	57
04	Girls	62	55	88.7	63	62	98.4	61	52	85.0	62	60	96.8	62	50	80.6	63
05	Boys	52	44	84.6	50	44	88.0	53	38	72.0	50	48	96.0	50	40	80.0	55
05	Girls	44	42	95.5	45	44	97.8	45	43	96.0	45	45	100.0	45	35	77.8	46
06	Boys	52	49	94.2	54	39	72.2	53	38	72.0	53	51	96.2	54	38	70.4	55
06	Girls	42	37	88.1	43	41	95.3	44	37	84.0	42	40	95.2	41	24	58.5	45
Totals		306	277	90.5	309	274	88.7	312	247	79.2	305	295	96.7	307	233	75.9	321

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Powell Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	78	78	100.0	80	45	56.3	80	78	98.0	80	69	86.3	79	65	82.3	80
04	Girls	72	72	100.0	73	73	100.0	73	72	99.0	73	72	98.6	72	56	77.8	73
05	Boys	66	65	98.5	66	50	75.8	65	64	99.0	67	60	89.6	66	60	90.9	68
05	Girls	64	64	100.0	64	61	95.3	64	64	100.0	64	61	95.3	64	54	84.4	64
06	Boys	62	61	98.4	62	51	82.3	62	61	98.0	62	55	88.7	62	53	85.5	62
06	Girls	74	74	100.0	74	68	91.9	74	74	100.0	74	69	93.2	73	61	83.6	74
Totals		416	414	99.5	419	348	83.1	418	413	98.8	420	386	91.9	416	349	83.9	421

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Providence Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	41	91.1	55	43	78.2	58	57	98.0	51	49	96.1	48	35	72.9	58
04	Girls	51	51	100.0	67	66	98.5	67	66	99.0	61	57	93.4	63	53	84.1	67
05	Boys	53	48	90.6	55	37	67.3	55	46	84.0	47	47	100.0	52	40	76.9	55
05	Girls	67	65	97.0	75	73	97.3	74	70	95.0	69	67	97.1	71	52	73.2	75
06	Boys	53	47	88.7	53	38	71.7	54	40	74.0	53	50	94.3	53	38	71.7	56
06	Girls	48	47	97.9	52	50	96.2	50	45	90.0	52	50	96.2	52	33	63.5	53
Totals		317	299	94.3	357	307	86.0	358	324	90.5	333	320	96.1	339	251	74.0	364

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Quander Road School**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
09	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
10	Boys	1	0	0.0	1	0	0.0	2	2	100.0	1	1	100.0	0	0	0.0	14
10	Girls	0	0	0.0	1	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	9
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		1	0	0.0	2	0	0.0	3	3	100.0	1	1	100.0	0	0	0.0	41

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	33	84.6	39	35	89.7	40	38	95.0	40	38	95.0	40	35	87.5	40
04	Girls	30	27	90.0	30	29	96.7	30	30	100.0	30	30	100.0	30	27	90.0	30
05	Boys	31	26	83.9	31	25	80.6	31	31	100.0	31	27	87.1	31	23	74.2	31
05	Girls	50	42	84.0	50	49	98.0	50	47	94.0	50	49	98.0	50	44	88.0	50
06	Boys	44	41	93.2	44	40	90.9	44	41	93.0	44	44	100.0	44	37	84.1	44
06	Girls	36	31	86.1	36	34	94.4	36	36	100.0	36	36	100.0	36	29	80.6	36
Totals		230	200	87.0	230	212	92.2	231	223	96.5	231	224	97.0	231	195	84.4	231

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Riverside Elementary**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	40	33	82.5	40	32	80.0	40	37	93.0	40	36	90.0	40	37	92.5	40
04	Girls	39	28	71.8	40	39	97.5	40	39	98.0	40	35	87.5	40	34	85.0	40
05	Boys	47	32	68.1	48	31	64.6	47	46	98.0	48	44	91.7	48	42	87.5	48
05	Girls	28	16	57.1	29	22	75.9	29	29	100.0	29	28	96.6	29	22	75.9	29
06	Boys	55	37	67.3	55	42	76.4	55	49	89.0	55	51	92.7	55	42	76.4	55
06	Girls	35	21	60.0	35	27	77.1	35	34	97.0	34	30	88.2	35	29	82.9	35
Totals		244	167	68.4	247	193	78.1	246	234	95.1	246	224	91.1	247	206	83.4	247

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Robinson HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	325	323	99.4	324	188	58.0	328	308	94.0	326	320	98.2	326	292	89.6	347
09	Girls	287	280	97.6	291	185	63.6	293	281	96.0	292	286	97.9	290	274	94.5	307
10	Boys	206	204	99.0	313	211	67.4	338	320	95.0	239	219	91.6	250	229	91.6	338
10	Girls	217	212	97.7	319	225	70.5	336	327	97.0	234	222	94.9	253	243	96.0	336
11	Boys	3	3	100.0	8	4	50.0	9	5	56.0	4	4	100.0	4	4	100.0	12
11	Girls	2	1	50.0	2	1	50.0	4	2	50.0	3	2	66.7	2	1	50.0	5
12	Boys	2	2	100.0	4	2	50.0	5	3	60.0	4	2	50.0	5	2	40.0	5
12	Girls	1	1	100.0	2	2	100.0	3	3	100.0	2	2	100.0	2	2	100.0	3
Totals		1,043	1,026	98.4	1,263	818	64.8	1,316	1,249	94.9	1,104	1,057	95.7	1,132	1,047	92.5	1,353

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Robinson MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	282	270	95.7	289	227	78.5	290	286	99.0	289	238	82.4	288	246	85.4	290
07	Girls	269	251	93.3	271	251	92.6	272	269	99.0	270	224	83.0	271	244	90.0	272
08	Boys	353	348	98.6	360	288	80.0	359	349	97.0	360	356	98.9	358	323	90.2	360
08	Girls	291	285	97.9	295	247	83.7	296	286	97.0	296	294	99.3	293	272	92.8	296
Totals		1,195	1,154	96.6	1,215	1,013	83.4	1,217	1,190	97.8	1,215	1,112	91.5	1,210	1,085	89.7	1,218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Rocky Run MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	265	259	97.7	263	213	81.0	266	265	100.0	264	256	97.0	266	204	76.7	266
07	Girls	238	225	94.5	239	219	91.6	238	236	99.0	238	232	97.5	238	217	91.2	240
08	Boys	252	247	98.0	252	219	86.9	252	247	98.0	252	235	93.3	252	239	94.8	252
08	Girls	213	208	97.7	213	184	86.4	213	213	100.0	213	207	97.2	213	208	97.7	214
Totals		968	939	97.0	967	835	86.3	969	961	99.2	967	930	96.2	969	868	89.6	972

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	38	92.7	44	37	84.1	42	42	100.0	40	33	82.5	44	34	77.3	46
04	Girls	33	31	93.9	34	34	100.0	33	33	100.0	33	24	72.7	34	21	61.8	35
05	Boys	47	40	85.1	47	38	80.9	44	41	93.0	43	23	53.5	47	32	68.1	47
05	Girls	36	36	100.0	36	33	91.7	34	34	100.0	32	23	71.9	36	21	58.3	36
06	Boys	42	42	100.0	43	30	69.8	41	40	98.0	41	30	73.2	42	26	61.9	43
06	Girls	34	34	100.0	35	33	94.3	34	30	88.0	33	24	72.7	34	22	64.7	35
Totals		233	221	94.8	239	205	85.8	228	220	96.5	222	157	70.7	237	156	65.8	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Rose Hill Elementary**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	29	27	93.1	29	25	86.2	29	28	97.0	29	27	93.1	29	27	93.1	29
04	Girls	51	46	90.2	52	50	96.2	52	52	100.0	51	50	98.0	52	50	96.2	52
05	Boys	39	38	97.4	40	31	77.5	40	40	100.0	40	39	97.5	40	39	97.5	40
05	Girls	44	42	95.5	45	44	97.8	45	43	96.0	45	44	97.8	45	43	95.6	45
06	Boys	45	42	93.3	47	33	70.2	47	46	98.0	46	46	100.0	47	42	89.4	47
06	Girls	43	38	88.4	50	46	92.0	50	50	100.0	50	50	100.0	50	48	96.0	50
Totals		251	233	92.8	263	229	87.1	263	259	98.5	261	256	98.1	263	249	94.7	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Sandburg MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	308	290	94.2	308	218	70.8	308	273	89.0	307	275	89.6	307	226	73.6	308
07	Girls	280	258	92.1	280	225	80.4	280	266	95.0	279	253	90.7	279	211	75.6	280
08	Boys	290	277	95.5	290	180	62.1	291	275	95.0	290	197	67.9	290	224	77.2	292
08	Girls	298	289	97.0	299	192	64.2	299	292	98.0	298	248	83.2	298	241	80.9	299
Totals		1,176	1,114	94.7	1,177	815	69.2	1,178	1,106	93.9	1,174	973	82.9	1,174	902	76.8	1,179

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Sangster Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	68	95.8	71	57	80.3	71	63	89.0	71	67	94.4	71	56	78.9	71
04	Girls	64	63	98.4	64	63	98.4	64	62	97.0	64	62	96.9	64	47	73.4	64
05	Boys	67	64	95.5	68	60	88.2	68	58	85.0	68	64	94.1	68	49	72.1	69
05	Girls	70	66	94.3	70	67	95.7	71	69	97.0	71	70	98.6	70	49	70.0	72
06	Boys	82	76	92.7	83	71	85.5	82	73	89.0	82	74	90.2	82	45	54.9	84
06	Girls	73	71	97.3	73	70	95.9	73	72	99.0	73	72	98.6	73	38	52.1	73
Totals		427	408	95.6	429	388	90.4	429	397	92.5	429	409	95.3	428	284	66.4	433

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	43	97.7	62	57	91.9	61	45	74.0	62	60	96.8	62	41	66.1	62
04	Girls	37	37	100.0	49	48	98.0	49	41	84.0	49	49	100.0	49	27	55.1	49
05	Boys	50	50	100.0	49	41	83.7	50	40	80.0	49	49	100.0	50	35	70.0	50
05	Girls	44	44	100.0	44	44	100.0	44	42	96.0	44	44	100.0	44	32	72.7	44
06	Boys	55	55	100.0	55	45	81.8	57	43	75.0	57	56	98.2	56	38	67.9	57
06	Girls	34	33	97.1	34	34	100.0	34	29	85.0	34	34	100.0	34	28	82.4	34
Totals		264	262	99.2	293	269	91.8	295	240	81.4	295	292	99.0	295	201	68.1	296

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Sherman Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	21	21	100.0	21	21	100.0	21	17	81.0	21	21	100.0	21	21	100.0	21
04	Girls	23	23	100.0	23	22	95.7	23	21	91.0	23	23	100.0	23	22	95.7	23
05	Boys	16	16	100.0	16	16	100.0	16	14	88.0	16	16	100.0	16	16	100.0	16
05	Girls	21	21	100.0	21	20	95.2	21	21	100.0	21	21	100.0	21	20	95.2	21
06	Boys	24	24	100.0	24	23	95.8	24	20	83.0	24	24	100.0	24	22	91.7	24
06	Girls	22	22	100.0	22	22	100.0	22	21	96.0	22	22	100.0	22	22	100.0	22
Totals		127	127	100.0	127	124	97.6	127	114	89.8	127	127	100.0	127	123	96.9	127

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Shrevewood Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	34	100.0	34	16	47.1	34	27	79.0	34	34	100.0	34	18	52.9	40
04	Girls	36	36	100.0	36	35	97.2	36	35	97.0	36	35	97.2	36	24	66.7	36
05	Boys	40	35	87.5	40	26	65.0	39	39	100.0	41	41	100.0	41	25	61.0	44
05	Girls	29	28	96.6	29	24	82.8	28	27	96.0	29	29	100.0	29	17	58.6	29
06	Boys	26	25	96.2	26	15	57.7	26	26	100.0	26	26	100.0	26	10	38.5	28
06	Girls	38	36	94.7	37	33	89.2	38	38	100.0	38	38	100.0	38	13	34.2	38
Totals		203	194	95.6	202	149	73.8	201	192	95.5	204	203	99.5	204	107	52.5	215

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	48	87.3	55	45	81.8	55	53	96.0	55	35	63.6	55	53	96.4	55
04	Girls	56	54	96.4	56	56	100.0	56	55	98.0	56	41	73.2	56	53	94.6	56
05	Boys	65	64	98.5	65	58	89.2	65	62	95.0	65	58	89.2	65	60	92.3	65
05	Girls	48	48	100.0	49	49	100.0	49	48	98.0	49	42	85.7	49	45	91.8	49
06	Boys	68	66	97.1	68	58	85.3	68	67	99.0	68	62	91.2	68	62	91.2	68
06	Girls	61	58	95.1	61	60	98.4	60	60	100.0	61	59	96.7	61	57	93.4	61
Totals		353	338	95.8	354	326	92.1	353	345	97.7	354	297	83.9	354	330	93.2	354

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	29	85.3	34	25	73.5	34	30	88.0	34	26	76.5	34	26	76.5	37
04	Girls	29	26	89.7	29	29	100.0	30	28	93.0	28	22	78.6	29	24	82.8	30
05	Boys	25	24	96.0	25	17	68.0	26	22	85.0	26	23	88.5	25	20	80.0	26
05	Girls	25	24	96.0	25	25	100.0	25	25	100.0	25	22	88.0	25	24	96.0	25
Totals		113	103	91.2	113	96	85.0	115	105	91.3	113	93	82.3	113	94	83.2	118

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
South County HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	252	251	99.6	251	195	77.7	252	251	100.0	252	242	96.0	251	188	74.9	256
09	Girls	247	246	99.6	247	200	81.0	247	246	100.0	246	245	99.6	246	182	74.0	248
10	Boys	246	246	100.0	245	170	69.4	246	232	94.0	246	241	98.0	246	225	91.5	246
10	Girls	195	192	98.5	194	118	60.8	195	189	97.0	195	193	99.0	194	174	89.7	195
11	Boys	8	8	100.0	8	6	75.0	8	8	100.0	8	8	100.0	8	7	87.5	12
11	Girls	5	5	100.0	5	2	40.0	5	5	100.0	5	4	80.0	5	3	60.0	7
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	1	50.0	2	2	100.0	3
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		956	951	99.5	953	693	72.7	956	934	97.7	955	935	97.9	953	782	82.1	968

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
South County MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	226	212	93.8	225	181	80.4	227	210	93.0	227	167	73.6	219	153	69.9	227
07	Girls	215	210	97.7	213	197	92.5	215	209	97.0	215	179	83.3	211	149	70.6	215
08	Boys	216	213	98.6	216	184	85.2	216	211	98.0	216	208	96.3	214	170	79.4	216
08	Girls	214	213	99.5	213	180	84.5	214	214	100.0	214	211	98.6	213	173	81.2	214
Totals		871	848	97.4	867	742	85.6	872	844	96.8	872	765	87.7	857	645	75.3	872

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
South Lakes HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	309	295	95.5	313	254	81.2	316	314	99.0	309	301	97.4	317	274	86.4	322
09	Girls	300	279	93.0	301	235	78.1	307	306	100.0	298	293	98.3	306	274	89.5	312
10	Boys	264	253	95.8	272	175	64.3	277	270	98.0	273	268	98.2	272	201	73.9	283
10	Girls	226	213	94.2	232	160	69.0	239	233	98.0	235	233	99.1	233	212	91.0	251
11	Boys	8	8	100.0	8	1	12.5	8	8	100.0	8	7	87.5	7	6	85.7	14
11	Girls	8	7	87.5	8	3	37.5	8	7	88.0	8	7	87.5	8	6	75.0	13
12	Boys	3	2	66.7	2	1	50.0	3	3	100.0	3	2	66.7	2	1	50.0	8
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		1,119	1,058	94.5	1,137	829	72.9	1,159	1,142	98.5	1,135	1,112	98.0	1,146	975	85.1	1,205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	66	81.5	78	72	92.3	81	77	95.0	80	51	63.8	80	56	70.0	82
04	Girls	69	52	75.4	69	62	89.9	69	68	99.0	69	54	78.3	69	58	84.1	69
05	Boys	87	73	83.9	86	79	91.9	84	74	88.0	87	59	67.8	86	59	68.6	87
05	Girls	61	52	85.2	61	60	98.4	61	57	93.0	61	44	72.1	61	41	67.2	61
06	Boys	74	65	87.8	74	69	93.2	74	70	95.0	74	50	67.6	74	50	67.6	74
06	Girls	98	91	92.9	98	93	94.9	98	96	98.0	98	75	76.5	97	68	70.1	98
Totals		470	399	84.9	466	435	93.3	467	442	94.6	469	333	71.0	467	332	71.1	471

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	67	89.3	75	53	70.7	76	74	97.0	56	47	83.9	76	71	93.4	76
04	Girls	54	52	96.3	58	58	100.0	59	56	95.0	50	39	78.0	54	46	85.2	59
05	Boys	46	43	93.5	46	38	82.6	46	44	96.0	45	34	75.6	46	44	95.7	46
05	Girls	70	64	91.4	71	68	95.8	71	69	97.0	69	55	79.7	71	67	94.4	71
06	Boys	58	52	89.7	60	51	85.0	60	54	90.0	58	43	74.1	60	56	93.3	61
06	Girls	47	44	93.6	47	46	97.9	47	45	96.0	47	44	93.6	47	47	100.0	47
Totals		350	322	92.0	357	314	88.0	359	342	95.3	325	262	80.6	354	331	93.5	360

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	30	83.3	38	25	65.8	38	37	97.0	38	38	100.0	37	34	91.9	38
04	Girls	31	27	87.1	31	31	100.0	31	31	100.0	31	31	100.0	31	30	96.8	31
05	Boys	30	25	83.3	30	23	76.7	30	29	97.0	29	29	100.0	30	26	86.7	30
05	Girls	29	27	93.1	29	29	100.0	29	29	100.0	29	29	100.0	29	26	89.7	29
06	Boys	23	18	78.3	23	18	78.3	23	23	100.0	23	23	100.0	23	20	87.0	23
06	Girls	32	28	87.5	32	27	84.4	32	31	97.0	32	32	100.0	32	27	84.4	32
Totals		181	155	85.6	183	153	83.6	183	180	98.4	182	182	100.0	182	163	89.6	183

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Stone MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	218	202	92.7	218	163	74.8	219	197	90.0	215	180	83.7	219	157	71.7	223
07	Girls	205	185	90.2	205	188	91.7	205	194	95.0	205	180	87.8	205	175	85.4	207
08	Boys	231	219	94.8	234	181	77.4	234	229	98.0	231	147	63.6	233	202	86.7	236
08	Girls	224	208	92.9	224	200	89.3	225	222	99.0	222	169	76.1	225	214	95.1	226
Totals		878	814	92.7	881	732	83.1	883	842	95.4	873	676	77.4	882	748	84.8	892

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	63	94.0	67	67	100.0	67	67	100.0	67	58	86.6	67	66	98.5	67
04	Girls	57	56	98.2	57	57	100.0	57	57	100.0	57	56	98.2	57	57	100.0	57
05	Boys	78	75	96.2	79	76	96.2	79	77	98.0	79	65	82.3	79	77	97.5	79
05	Girls	49	46	93.9	49	49	100.0	49	49	100.0	49	48	98.0	49	49	100.0	49
06	Boys	72	67	93.1	72	63	87.5	72	72	100.0	72	69	95.8	72	64	88.9	72
06	Girls	52	47	90.4	52	47	90.4	52	52	100.0	50	50	100.0	52	47	90.4	52
Totals		375	354	94.4	376	359	95.5	376	374	99.5	374	346	92.5	376	360	95.7	376

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Stuart HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	237	231	97.5	232	154	66.4	239	226	95.0	236	176	74.6	236	183	77.5	240
09	Girls	199	184	92.5	196	100	51.0	202	196	97.0	197	163	82.7	197	127	64.5	203
10	Boys	121	117	96.7	202	114	56.4	208	177	85.0	189	136	72.0	187	145	77.5	215
10	Girls	128	123	96.1	188	94	50.0	201	172	86.0	175	143	81.7	176	136	77.3	213
11	Boys	18	18	100.0	26	10	38.5	27	20	74.0	23	18	78.3	23	19	82.6	30
11	Girls	15	11	73.3	19	3	15.8	25	23	92.0	24	15	62.5	18	8	44.4	30
12	Boys	2	2	100.0	3	2	66.7	3	2	67.0	2	2	100.0	3	3	100.0	3
12	Girls	3	3	100.0	2	0	0.0	3	3	100.0	3	3	100.0	3	2	66.7	3
Totals		723	689	95.3	868	477	55.0	908	819	90.2	849	656	77.3	843	623	73.9	937

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	57	100.0	57	50	87.7	57	56	98.0	57	52	91.2	57	57	100.0	57
04	Girls	47	47	100.0	47	47	100.0	47	47	100.0	47	47	100.0	47	46	97.9	48
05	Boys	57	56	98.2	60	54	90.0	60	60	100.0	58	56	96.6	58	57	98.3	60
05	Girls	57	57	100.0	57	57	100.0	57	57	100.0	57	56	98.2	57	56	98.2	57
06	Boys	53	53	100.0	53	50	94.3	55	53	96.0	53	52	98.1	53	52	98.1	55
06	Girls	54	53	98.1	55	53	96.4	55	55	100.0	55	55	100.0	55	55	100.0	55
Totals		325	323	99.4	329	311	94.5	331	328	99.1	327	318	97.2	327	323	98.8	332

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	35	87.5	36	25	69.4	40	33	83.0	40	39	97.5	40	24	60.0	40
04	Girls	32	25	78.1	33	21	63.6	35	33	94.0	33	30	90.9	33	21	63.6	35
05	Boys	40	32	80.0	41	27	65.9	41	38	93.0	39	34	87.2	40	21	52.5	41
05	Girls	38	30	78.9	38	28	73.7	38	34	90.0	35	32	91.4	38	21	55.3	38
06	Boys	33	29	87.9	32	20	62.5	34	30	88.0	33	30	90.9	33	17	51.5	34
06	Girls	32	28	87.5	31	28	90.3	32	32	100.0	31	30	96.8	32	22	68.8	32
Totals		215	179	83.3	211	149	70.6	220	200	90.9	211	195	92.4	216	126	58.3	220

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Terraset Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	35	100.0	35	21	60.0	35	35	100.0	35	31	88.6	35	34	97.1	35
04	Girls	18	18	100.0	18	18	100.0	18	16	89.0	18	16	88.9	18	17	94.4	18
05	Boys	23	21	91.3	23	16	69.6	24	24	100.0	22	16	72.7	22	21	95.5	24
05	Girls	23	21	91.3	23	22	95.7	23	23	100.0	23	22	95.7	22	19	86.4	23
06	Boys	18	17	94.4	16	11	68.8	18	17	94.0	18	17	94.4	18	18	100.0	18
06	Girls	30	29	96.7	31	24	77.4	31	31	100.0	30	29	96.7	31	30	96.8	31
Totals		147	141	95.9	146	112	76.7	149	146	98.0	146	131	89.7	146	139	95.2	149

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Thoreau MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	204	201	98.5	203	192	94.6	204	202	99.0	204	199	97.5	204	189	92.6	207
07	Girls	174	174	100.0	173	169	97.7	174	172	99.0	174	173	99.4	174	170	97.7	175
08	Boys	198	198	100.0	198	187	94.4	200	198	99.0	197	196	99.5	198	186	93.9	206
08	Girls	187	187	100.0	189	181	95.8	191	191	100.0	188	187	99.5	189	184	97.4	194
Totals		763	760	99.6	763	729	95.5	769	763	99.2	763	755	99.0	765	729	95.3	782

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	27	87.1	31	24	77.4	31	27	87.0	31	21	67.7	31	20	64.5	32
04	Girls	25	12	48.0	24	24	100.0	25	23	92.0	24	14	58.3	25	15	60.0	25
05	Boys	33	23	69.7	33	26	78.8	32	28	88.0	33	21	63.6	33	22	66.7	33
05	Girls	33	23	69.7	34	34	100.0	34	32	94.0	34	30	88.2	34	25	73.5	34
06	Boys	29	24	82.8	28	19	67.9	29	28	97.0	29	24	82.8	29	22	75.9	29
06	Girls	23	14	60.9	23	22	95.7	23	23	100.0	23	18	78.3	23	14	60.9	23
Totals		174	123	70.7	173	149	86.1	174	161	92.5	174	128	73.6	175	118	67.4	176

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Twain MS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	222	212	95.5	222	151	68.0	221	202	91.0	221	151	68.3	221	174	78.7	222
07	Girls	191	186	97.4	196	174	88.8	197	192	98.0	195	144	73.8	196	158	80.6	197
08	Boys	211	194	91.9	212	133	62.7	213	200	94.0	212	187	88.2	213	158	74.2	213
08	Girls	178	167	93.8	179	140	78.2	181	174	96.0	178	162	91.0	177	149	84.2	183
Totals		802	759	94.6	809	598	73.9	812	768	94.6	806	644	79.9	807	639	79.2	815

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	57	100.0	57	44	77.2	57	55	97.0	57	57	100.0	56	52	92.9	59
04	Girls	42	40	95.2	42	42	100.0	42	41	98.0	42	42	100.0	42	40	95.2	42
05	Boys	56	54	96.4	56	47	83.9	56	54	96.0	56	55	98.2	56	47	83.9	57
05	Girls	62	60	96.8	62	60	96.8	61	61	100.0	61	61	100.0	61	55	90.2	62
06	Boys	45	43	95.6	46	36	78.3	46	45	98.0	46	44	95.7	45	40	88.9	46
06	Girls	58	56	96.6	58	57	98.3	58	57	98.0	58	58	100.0	58	56	96.6	58
Totals		320	310	96.9	321	286	89.1	320	313	97.8	320	317	99.1	318	290	91.2	324

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Vienna Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	21	19	90.5	23	22	95.7	23	23	100.0	23	18	78.3	23	23	100.0	23
04	Girls	23	23	100.0	27	27	100.0	29	28	97.0	26	21	80.8	27	27	100.0	33
05	Boys	24	24	100.0	24	24	100.0	24	22	92.0	23	19	82.6	24	24	100.0	25
05	Girls	22	22	100.0	22	22	100.0	22	22	100.0	21	18	85.7	22	22	100.0	23
06	Boys	17	16	94.1	19	14	73.7	20	18	90.0	19	17	89.5	20	18	90.0	20
06	Girls	31	28	90.3	34	33	97.1	34	34	100.0	33	32	97.0	34	33	97.1	36
Totals		138	132	95.7	149	142	95.3	152	147	96.7	145	125	86.2	150	147	98.0	160

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	60	100.0	59	57	96.6	60	53	88.0	60	59	98.3	60	51	85.0	60
04	Girls	55	55	100.0	55	55	100.0	55	50	91.0	55	55	100.0	55	45	81.8	56
05	Boys	54	54	100.0	55	52	94.5	55	49	89.0	55	54	98.2	55	37	67.3	55
05	Girls	41	40	97.6	42	42	100.0	42	40	95.0	42	42	100.0	42	37	88.1	42
06	Boys	67	67	100.0	66	65	98.5	67	60	90.0	67	66	98.5	67	50	74.6	67
06	Girls	53	53	100.0	53	53	100.0	54	50	93.0	54	54	100.0	53	32	60.4	54
Totals		330	329	99.7	330	324	98.2	333	302	90.7	333	330	99.1	332	252	75.9	334

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	35	89.7	39	31	79.5	39	38	97.0	39	39	100.0	39	34	87.2	39
04	Girls	23	22	95.7	23	22	95.7	23	23	100.0	23	23	100.0	23	18	78.3	23
05	Boys	38	32	84.2	39	32	82.1	39	36	92.0	38	37	97.4	39	30	76.9	39
05	Girls	45	41	91.1	46	44	95.7	46	44	96.0	45	45	100.0	46	43	93.5	46
06	Boys	25	23	92.0	25	20	80.0	25	25	100.0	25	25	100.0	25	23	92.0	25
06	Girls	30	29	96.7	31	31	100.0	32	32	100.0	31	31	100.0	30	27	90.0	32
Totals		200	182	91.0	203	180	88.7	204	198	97.1	201	200	99.5	202	175	86.6	204

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	63	98.4	63	55	87.3	65	54	83.0	65	55	84.6	63	48	76.2	65
04	Girls	50	48	96.0	50	50	100.0	50	50	100.0	50	45	90.0	50	35	70.0	52
05	Boys	48	47	97.9	48	39	81.3	48	48	100.0	48	42	87.5	47	31	66.0	49
05	Girls	53	53	100.0	53	52	98.1	53	53	100.0	53	47	88.7	53	35	66.0	53
06	Boys	48	48	100.0	48	41	85.4	48	46	96.0	48	44	91.7	48	29	60.4	48
06	Girls	52	51	98.1	52	51	98.1	52	52	100.0	52	51	98.1	52	33	63.5	52
Totals		315	310	98.4	314	288	91.7	316	303	95.9	316	284	89.9	313	211	67.4	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	21	65.6	32	16	50.0	32	32	100.0	32	30	93.8	31	19	61.3	35
04	Girls	37	28	75.7	35	34	97.1	37	36	97.0	37	33	89.2	37	26	70.3	39
05	Boys	31	17	54.8	34	18	52.9	36	32	89.0	34	27	79.4	36	30	83.3	36
05	Girls	35	26	74.3	36	33	91.7	38	38	100.0	34	31	91.2	38	25	65.8	39
06	Boys	40	28	70.0	39	21	53.8	40	34	85.0	39	35	89.7	39	27	69.2	42
06	Girls	34	28	82.4	36	26	72.2	36	34	94.0	36	30	83.3	36	27	75.0	38
Totals		209	148	70.8	212	148	69.8	219	206	94.1	212	186	87.7	217	154	71.0	229

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Waynewood Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	45	40	88.9	45	38	84.0	45	43	95.6	45	45	100.0	45
04	Girls	37	37	100.0	37	37	100.0	37	29	78.0	37	37	100.0	37	36	97.3	37
05	Boys	54	54	100.0	54	50	92.6	54	45	83.0	54	54	100.0	54	53	98.1	55
05	Girls	35	35	100.0	36	36	100.0	35	33	94.0	35	35	100.0	36	33	91.7	36
06	Boys	46	45	97.8	46	41	89.1	46	36	78.0	46	46	100.0	45	44	97.8	46
06	Girls	37	37	100.0	37	37	100.0	37	35	95.0	37	37	100.0	37	36	97.3	37
Totals		254	253	99.6	255	241	94.5	254	216	85.0	254	252	99.2	254	247	97.2	256

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
West Potomac HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	262	245	93.5	276	189	68.5	265	244	92.0	244	229	93.9	264	190	72.0	288
09	Girls	272	260	95.6	291	195	67.0	280	267	95.0	264	254	96.2	281	199	70.8	300
10	Boys	233	230	98.7	237	172	72.6	236	217	92.0	234	228	97.4	237	212	89.5	243
10	Girls	262	252	96.2	264	181	68.6	267	245	92.0	264	256	97.0	264	207	78.4	269
11	Boys	36	31	86.1	36	18	50.0	36	30	83.0	34	31	91.2	35	28	80.0	38
11	Girls	38	35	92.1	37	9	24.3	41	34	83.0	40	35	87.5	39	23	59.0	41
12	Boys	16	13	81.3	12	4	33.3	15	10	67.0	14	13	92.9	15	8	53.3	17
12	Girls	10	6	60.0	9	0	0.0	10	6	60.0	9	6	66.7	9	5	55.6	10
Totals		1,129	1,072	95.0	1,162	768	66.1	1,150	1,053	91.6	1,103	1,052	95.4	1,144	872	76.2	1,206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	25	100.0	25	20	80.0	25	20	80.0	25	23	92.0	25	20	80.0	25
04	Girls	36	35	97.2	36	33	91.7	36	33	92.0	36	31	86.1	36	27	75.0	36
05	Boys	31	29	93.5	31	24	77.4	31	27	87.0	31	24	77.4	31	29	93.5	31
05	Girls	38	37	97.4	38	38	100.0	38	33	87.0	38	37	97.4	38	37	97.4	38
06	Boys	33	30	90.9	33	24	72.7	33	31	94.0	33	30	90.9	32	29	90.6	33
06	Girls	24	23	95.8	24	18	75.0	24	22	92.0	24	24	100.0	22	19	86.4	24
Totals		187	179	95.7	187	157	84.0	187	166	88.8	187	169	90.4	184	161	87.5	187

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
West Springfield HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	285	277	97.2	287	234	81.5	285	279	98.0	287	282	98.3	287	267	93.0	291
09	Girls	272	265	97.4	274	225	82.1	274	273	100.0	274	274	100.0	274	258	94.2	277
10	Boys	290	285	98.3	289	186	64.4	270	253	94.0	290	253	87.2	289	225	77.9	293
10	Girls	246	244	99.2	245	195	79.6	227	222	98.0	247	223	90.3	248	214	86.3	252
11	Boys	15	13	86.7	15	10	66.7	15	15	100.0	14	13	92.9	15	9	60.0	17
11	Girls	8	8	100.0	10	4	40.0	10	10	100.0	9	9	100.0	11	8	72.7	11
12	Boys	2	2	100.0	1	1	100.0	4	4	100.0	3	3	100.0	2	1	50.0	9
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	3
Totals		1,119	1,095	97.9	1,122	855	76.2	1,086	1,057	97.3	1,125	1,058	94.0	1,127	982	87.1	1,153

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	32	100.0	32	27	84.4	32	32	100.0	32	32	100.0	32	32	100.0	32
04	Girls	46	45	97.8	46	46	100.0	46	46	100.0	46	46	100.0	46	45	97.8	47
05	Boys	38	38	100.0	38	35	92.1	38	38	100.0	38	36	94.7	38	36	94.7	38
05	Girls	20	20	100.0	20	19	95.0	20	19	95.0	20	18	90.0	20	19	95.0	20
06	Boys	37	37	100.0	37	29	78.4	37	37	100.0	37	36	97.3	37	32	86.5	37
06	Girls	28	28	100.0	28	28	100.0	27	27	100.0	28	28	100.0	27	26	96.3	28
Totals		201	200	99.5	201	184	91.5	200	199	99.5	201	196	97.5	200	190	95.0	202

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Westfield HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	363	346	95.3	368	305	82.9	369	347	94.0	366	256	69.9	369	292	79.1	376
09	Girls	358	336	93.9	361	310	85.9	364	339	93.0	361	290	80.3	362	273	75.4	367
10	Boys	341	311	91.2	341	239	70.1	346	333	96.0	344	270	78.5	343	257	74.9	348
10	Girls	310	262	84.5	307	250	81.4	312	300	96.0	306	261	85.3	307	190	61.9	319
11	Boys	10	8	80.0	9	5	55.6	12	12	100.0	9	7	77.8	10	8	80.0	13
11	Girls	9	7	77.8	10	3	30.0	13	12	92.0	10	8	80.0	10	3	30.0	14
12	Boys	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	4
12	Girls	2	2	100.0	2	0	0.0	3	3	100.0	2	2	100.0	2	0	0.0	3
Totals		1,393	1,272	91.3	1,398	1,112	79.5	1,420	1,347	94.9	1,398	1,094	78.3	1,403	1,023	72.9	1,444

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Westgate Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	37	34	91.9	35	26	74.0	35	33	94.3	36	22	61.1	38
04	Girls	30	29	96.7	33	33	100.0	29	27	93.0	28	25	89.3	33	14	42.4	34
05	Boys	24	23	95.8	24	22	91.7	23	22	96.0	23	20	87.0	24	14	58.3	25
05	Girls	33	31	93.9	34	31	91.2	34	31	91.0	33	33	100.0	34	13	38.2	34
06	Boys	21	21	100.0	22	19	86.4	21	19	91.0	21	20	95.2	22	10	45.5	23
06	Girls	25	24	96.0	26	26	100.0	25	25	100.0	25	25	100.0	25	11	44.0	26
Totals		167	161	96.4	176	165	93.8	167	150	89.8	165	156	94.5	174	84	48.3	180

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	33	63.5	52	38	73.1	53	51	96.0	52	41	78.8	52	39	75.0	53
04	Girls	35	20	57.1	35	35	100.0	35	35	100.0	35	32	91.4	35	29	82.9	35
05	Boys	60	33	55.0	60	47	78.3	60	52	87.0	60	48	80.0	60	48	80.0	60
05	Girls	40	31	77.5	40	39	97.5	40	40	100.0	40	37	92.5	40	29	72.5	40
06	Boys	39	32	82.1	39	33	84.6	39	34	87.0	39	34	87.2	39	30	76.9	39
06	Girls	47	39	83.0	47	47	100.0	47	46	98.0	47	41	87.2	47	32	68.1	47
Totals		273	188	68.9	273	239	87.5	274	258	94.2	273	233	85.3	273	207	75.8	274

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Wyanoke Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	45	91.8	49	40	81.6	49	48	98.0	49	49	100.0	49	43	87.8	49
04	Girls	37	31	83.8	38	37	97.4	38	37	97.0	38	38	100.0	38	30	78.9	38
05	Boys	41	40	97.6	44	37	84.1	42	42	100.0	42	39	92.9	33	31	93.9	44
05	Girls	31	31	100.0	30	30	100.0	30	30	100.0	31	30	96.8	22	19	86.4	31
Totals		158	147	93.0	161	144	89.4	159	157	98.7	160	156	97.5	142	123	86.6	162

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	59	93.7	63	51	81.0	63	61	97.0	63	59	93.7	63	52	82.5	63
04	Girls	56	54	96.4	56	56	100.0	56	56	100.0	56	52	92.9	56	44	78.6	56
05	Boys	57	54	94.7	57	51	89.5	57	56	98.0	57	45	78.9	56	53	94.6	57
05	Girls	57	53	93.0	57	54	94.7	57	57	100.0	57	53	93.0	57	52	91.2	57
06	Boys	83	78	94.0	83	64	77.1	83	82	99.0	83	78	94.0	83	61	73.5	83
06	Girls	72	68	94.4	72	70	97.2	72	71	99.0	72	69	95.8	71	55	77.5	72
Totals		388	366	94.3	388	346	89.2	388	383	98.7	388	356	91.8	386	317	82.1	388

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Whitman MS**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	244	239	98.0	239	188	78.7	250	237	95.0	245	245	100.0	246	196	79.7	255
07	Girls	228	226	99.1	231	184	79.7	236	227	96.0	232	231	99.6	224	193	86.2	241
08	Boys	258	250	96.9	252	93	36.9	259	256	99.0	259	254	98.1	258	218	84.5	264
08	Girls	226	219	96.9	225	92	40.9	230	228	99.0	229	226	98.7	226	201	88.9	235
Totals		956	934	97.7	947	557	58.8	975	948	97.2	965	956	99.1	954	808	84.7	995

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	56	100.0	56	54	96.4	56	56	100.0	56	56	100.0	56	54	96.4	57
04	Girls	64	64	100.0	64	64	100.0	64	64	100.0	64	64	100.0	64	64	100.0	64
05	Boys	70	70	100.0	69	65	94.2	70	69	99.0	70	70	100.0	69	64	92.8	71
05	Girls	58	58	100.0	58	58	100.0	58	58	100.0	58	58	100.0	58	54	93.1	58
06	Boys	56	56	100.0	55	52	94.5	56	55	98.0	56	55	98.2	55	52	94.5	57
06	Girls	64	64	100.0	64	62	96.9	64	63	98.0	64	64	100.0	64	62	96.9	64
Totals		368	368	100.0	366	355	97.0	368	365	99.2	368	367	99.7	366	350	95.6	371

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	48	100.0	48	47	97.9	48	47	98.0	48	36	75.0	48	44	91.7	49
04	Girls	49	45	91.8	49	49	100.0	49	48	98.0	49	47	95.9	49	42	85.7	49
05	Boys	42	41	97.6	42	39	92.9	43	41	95.0	42	37	88.1	43	40	93.0	43
05	Girls	45	34	75.6	45	43	95.6	45	45	100.0	45	44	97.8	45	33	73.3	45
06	Boys	50	50	100.0	50	50	100.0	51	51	100.0	51	49	96.1	51	46	90.2	51
06	Girls	47	46	97.9	47	47	100.0	48	48	100.0	48	45	93.8	48	39	81.3	48
Totals		281	264	94.0	281	275	97.9	284	280	98.6	283	258	91.2	284	244	85.9	285

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Woodburn Elementary**

		Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	40	38	95.0	40	29	72.5	40	38	95.0	40	34	85.0	40	28	70.0	40
04	Girls	33	30	90.9	33	33	100.0	33	33	100.0	33	31	93.9	33	29	87.9	33
05	Boys	33	30	90.9	33	25	75.8	33	32	97.0	33	28	84.8	33	29	87.9	33
05	Girls	28	18	64.3	28	26	92.9	28	28	100.0	28	24	85.7	28	20	71.4	28
06	Boys	22	13	59.1	22	18	81.8	22	19	86.0	21	19	90.5	22	14	63.6	22
06	Girls	35	17	48.6	35	28	80.0	35	35	100.0	35	35	100.0	35	30	85.7	35
Totals		191	146	76.4	191	159	83.2	191	185	96.9	190	171	90.0	191	150	78.5	191

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	15	42.9	35	19	54.3	36	35	97.0	35	32	91.4	35	29	82.9	39
04	Girls	39	22	56.4	39	39	100.0	41	41	100.0	40	33	82.5	40	33	82.5	43
05	Boys	40	26	65.0	44	27	61.4	47	45	96.0	43	36	83.7	44	37	84.1	48
05	Girls	30	24	80.0	30	30	100.0	30	29	97.0	30	30	100.0	30	24	80.0	30
06	Boys	45	25	55.6	46	27	58.7	49	47	96.0	45	38	84.4	49	37	75.5	51
06	Girls	37	23	62.2	37	37	100.0	37	37	100.0	36	33	91.7	37	30	81.1	38
Totals		226	135	59.7	231	179	77.5	240	234	97.5	229	202	88.2	235	190	80.9	249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	34	89.5	39	30	76.9	39	37	95.0	36	36	100.0	37	36	97.3	39
04	Girls	42	42	100.0	42	42	100.0	43	42	98.0	42	42	100.0	42	42	100.0	43
05	Boys	45	42	93.3	46	42	91.3	46	45	98.0	46	46	100.0	46	45	97.8	46
05	Girls	40	38	95.0	41	39	95.1	41	41	100.0	41	41	100.0	41	41	100.0	41
06	Boys	42	41	97.6	45	37	82.2	45	44	98.0	44	44	100.0	45	43	95.6	45
06	Girls	42	41	97.6	44	42	95.5	44	43	98.0	43	43	100.0	44	42	95.5	44
Totals		249	238	95.6	257	232	90.3	258	252	97.7	252	252	100.0	255	249	97.6	258

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2010-2011
Woodson HS**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	276	273	98.9	275	248	90.2	278	274	99.0	276	220	79.7	276	259	93.8	279
09	Girls	266	263	98.9	267	246	92.1	266	263	99.0	267	230	86.1	267	258	96.6	270
10	Boys	279	278	99.6	279	233	83.5	280	276	99.0	279	259	92.8	278	259	93.2	282
10	Girls	259	258	99.6	257	217	84.4	259	256	99.0	259	240	92.7	259	252	97.3	262
11	Boys	7	7	100.0	7	2	28.6	8	7	88.0	7	6	85.7	7	7	100.0	10
11	Girls	4	4	100.0	4	1	25.0	4	4	100.0	4	4	100.0	4	4	100.0	4
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,091	1,083	99.3	1,089	947	87.0	1,095	1,080	98.6	1,092	959	87.8	1,091	1,039	95.2	1,109