

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
ALC at Burke**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	2	1	50.0	3	1	33.3	5	5	100.0	4	4	100.0	3	3	100.0	10
05	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
06	Boys	2	2	100.0	2	1	50.0	3	2	67.0	3	2	66.7	3	2	66.7	6
06	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		6	5	83.3	7	4	57.1	10	9	90.0	9	8	88.9	8	7	87.5	18

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
ALC at Cameron**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	1	1	100.0	2	0	0.0	1	1	100.0	1	1	100.0	2	2	100.0	4
05	Boys	0	0	0.0	1	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		1	1	100.0	3	0	0.0	1	1	100.0	1	1	100.0	2	2	100.0	5

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	4	4	100.0	4	3	75.0	4	4	100.0	4	4	100.0	3	2	66.7	5
07	Girls	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	2	1	50.0	2
08	Boys	6	6	100.0	6	5	83.3	6	5	83.0	6	6	100.0	6	6	100.0	7
08	Girls	4	3	75.0	3	2	66.7	3	3	100.0	3	3	100.0	4	3	75.0	4
Totals		16	15	93.8	15	12	80.0	15	14	93.3	15	15	100.0	15	12	80.0	18

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
ALC at Pimmit**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	4	80.0	6	3	50.0	6	6	100.0	5	5	100.0	3	1	33.3	10
10	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	5
10	Girls	0	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	5
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		6	5	83.3	8	4	50.0	8	8	100.0	7	7	100.0	4	1	25.0	30

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	35	97.2	33	24	72.7	37	35	95.0	33	23	69.7	33	27	81.8	37
04	Girls	47	46	97.9	47	47	100.0	48	46	96.0	48	42	87.5	48	37	77.1	48
05	Boys	34	33	97.1	34	25	73.5	35	31	89.0	34	22	64.7	35	26	74.3	35
05	Girls	38	35	92.1	38	36	94.7	38	36	95.0	38	31	81.6	38	18	47.4	38
06	Boys	29	27	93.1	29	22	75.9	29	23	79.0	29	26	89.7	29	23	79.3	29
06	Girls	27	27	100.0	28	28	100.0	29	28	97.0	29	28	96.6	29	25	86.2	29
Totals		211	203	96.2	209	182	87.1	216	199	92.1	211	172	81.5	212	156	73.6	216

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Annandale HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	256	256	100.0	260	221	85.0	269	253	94.0	276	248	89.9	229	201	87.8	284
09	Girls	274	270	98.5	279	231	82.8	287	276	96.0	294	271	92.2	244	226	92.6	300
10	Boys	237	236	99.6	225	159	70.7	235	224	95.0	249	204	81.9	245	198	80.8	276
10	Girls	262	261	99.6	248	201	81.0	253	242	96.0	270	232	85.9	261	243	93.1	285
11	Boys	14	14	100.0	13	8	61.5	13	13	100.0	19	16	84.2	14	11	78.6	28
11	Girls	20	20	100.0	18	9	50.0	19	19	100.0	23	21	91.3	20	19	95.0	29
12	Boys	3	3	100.0	3	1	33.3	3	3	100.0	5	5	100.0	3	0	0.0	5
12	Girls	2	1	50.0	2	1	50.0	2	2	100.0	2	1	50.0	1	0	0.0	2
Totals		1,068	1,061	99.3	1,048	831	79.3	1,081	1,032	95.5	1,138	998	87.7	1,017	898	88.3	1,209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	54	85.7	63	25	39.7	63	62	98.0	63	57	90.5	63	59	93.7	63
04	Girls	51	43	84.3	51	51	100.0	51	50	98.0	51	45	88.2	51	45	88.2	51
05	Boys	63	57	90.5	63	39	61.9	63	60	95.0	63	59	93.7	62	56	90.3	63
05	Girls	54	47	87.0	55	41	74.5	55	55	100.0	55	51	92.7	55	48	87.3	55
Totals		231	201	87.0	232	156	67.2	232	227	97.8	232	212	91.4	231	208	90.0	232

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Archer Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	59	95.2	62	58	93.5	62	60	97.0	62	41	66.1	62	60	96.8	62
04	Girls	82	75	91.5	82	82	100.0	82	80	98.0	82	60	73.2	82	77	93.9	82
05	Boys	92	72	78.3	92	78	84.8	92	85	92.0	92	43	46.7	92	88	95.7	92
05	Girls	58	53	91.4	58	58	100.0	58	57	98.0	58	39	67.2	58	56	96.6	58
06	Boys	71	49	69.0	71	54	76.1	71	66	93.0	71	39	54.9	71	60	84.5	72
06	Girls	78	64	82.1	78	77	98.7	78	73	94.0	78	58	74.4	78	74	94.9	78
Totals		443	372	84.0	443	407	91.9	443	421	95.0	443	280	63.2	443	415	93.7	444

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	41	93.2	44	32	72.7	45	44	98.0	45	44	97.8	44	40	90.9	48
04	Girls	31	30	96.8	31	30	96.8	31	30	97.0	31	31	100.0	31	30	96.8	32
05	Boys	37	34	91.9	37	28	75.7	37	37	100.0	37	37	100.0	36	33	91.7	37
05	Girls	36	36	100.0	36	34	94.4	36	36	100.0	36	36	100.0	36	36	100.0	37
06	Boys	30	25	83.3	30	23	76.7	30	30	100.0	30	30	100.0	30	28	93.3	31
06	Girls	21	18	85.7	21	20	95.2	21	20	95.0	21	20	95.2	21	20	95.2	21
Totals		199	184	92.5	199	167	83.9	200	197	98.5	200	198	99.0	198	187	94.4	206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Baileys Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	80	96.4	82	40	48.8	82	68	83.0	83	80	96.4	83	72	86.7	83
04	Girls	89	86	96.6	88	87	98.9	87	83	95.0	87	82	94.3	87	67	77.0	89
05	Boys	60	52	86.7	61	34	55.7	58	54	93.0	61	59	96.7	61	48	78.7	62
05	Girls	77	73	94.8	79	70	88.6	77	73	95.0	78	77	98.7	77	56	72.7	80
Totals		309	291	94.2	310	231	74.5	304	278	91.4	309	298	96.4	308	243	78.9	314

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Beech Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	27	93.1	29	10	34.5	30	24	80.0	30	30	100.0	29	26	89.7	30
04	Girls	38	36	94.7	38	37	97.4	38	33	87.0	38	38	100.0	38	32	84.2	38
05	Boys	34	26	76.5	34	16	47.1	34	27	79.0	34	34	100.0	34	27	79.4	35
05	Girls	40	28	70.0	40	31	77.5	40	36	90.0	40	40	100.0	40	29	72.5	40
Totals		141	117	83.0	141	94	66.7	142	120	84.5	142	142	100.0	141	114	80.9	143

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Belle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	25	92.6	28	20	71.4	27	27	100.0	29	26	89.7	26	25	96.2	29
04	Girls	25	25	100.0	25	24	96.0	25	25	100.0	25	25	100.0	25	25	100.0	27
05	Boys	27	25	92.6	31	16	51.6	27	27	100.0	30	29	96.7	28	27	96.4	32
05	Girls	27	25	92.6	27	25	92.6	27	26	96.0	27	25	92.6	27	25	92.6	30
06	Boys	23	23	100.0	29	13	44.8	29	25	86.0	30	29	96.7	24	21	87.5	33
06	Girls	29	29	100.0	29	29	100.0	29	27	93.0	29	29	100.0	29	29	100.0	30
Totals		158	152	96.2	169	127	75.1	164	157	95.7	170	163	95.9	159	152	95.6	181

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	50	98.0	53	32	60.4	55	52	95.0	55	52	94.5	51	25	49.0	56
04	Girls	47	43	91.5	48	48	100.0	50	49	98.0	50	48	96.0	44	24	54.5	50
05	Boys	42	42	100.0	41	28	68.3	43	42	98.0	45	43	95.6	41	23	56.1	45
05	Girls	41	41	100.0	41	38	92.7	41	40	98.0	41	41	100.0	38	15	39.5	41
Totals		181	176	97.2	183	146	79.8	189	183	96.8	191	184	96.3	174	87	50.0	192

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	38	84.4	47	28	59.6	47	44	94.0	46	25	54.3	47	40	85.1	47
04	Girls	41	36	87.8	43	43	100.0	43	40	93.0	43	24	55.8	41	38	92.7	43
05	Boys	57	45	78.9	56	41	73.2	57	50	88.0	57	30	52.6	57	55	96.5	57
05	Girls	55	46	83.6	55	47	85.5	55	49	89.0	55	34	61.8	55	49	89.1	55
06	Boys	53	40	75.5	51	34	66.7	53	47	89.0	53	40	75.5	53	48	90.6	53
06	Girls	55	35	63.6	54	39	72.2	55	50	91.0	55	45	81.8	55	47	85.5	55
Totals		306	240	78.4	306	232	75.8	310	280	90.3	309	198	64.1	308	277	89.9	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Braddock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	50	100.0	50	23	46.0	50	35	70.0	50	30	60.0	50	38	76.0	50
04	Girls	54	54	100.0	54	54	100.0	54	46	85.0	54	46	85.2	54	45	83.3	55
05	Boys	42	40	95.2	42	23	54.8	42	33	79.0	42	28	66.7	42	37	88.1	42
05	Girls	60	53	88.3	60	54	90.0	60	48	80.0	60	50	83.3	60	47	78.3	61
Totals		206	197	95.6	206	154	74.8	206	162	78.6	206	154	74.8	206	167	81.1	208

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Bren Mar Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	17	50.0	34	29	85.3	40	20	50.0	34	26	76.5	34	26	76.5	40
04	Girls	25	12	48.0	26	26	100.0	28	19	68.0	26	22	84.6	26	18	69.2	29
05	Boys	41	20	48.8	41	35	85.4	43	27	63.0	41	36	87.8	41	25	61.0	43
05	Girls	31	20	64.5	31	31	100.0	31	29	94.0	31	31	100.0	31	15	48.4	31
Totals		131	69	52.7	132	121	91.7	142	95	66.9	132	115	87.1	132	84	63.6	143

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	45	91.8	49	35	71.4	49	49	100.0	49	48	98.0	49	46	93.9	49
04	Girls	48	44	91.7	48	48	100.0	49	48	98.0	49	49	100.0	48	46	95.8	49
05	Boys	51	49	96.1	50	41	82.0	50	49	98.0	51	51	100.0	51	50	98.0	51
05	Girls	59	55	93.2	59	59	100.0	59	59	100.0	59	59	100.0	59	59	100.0	59
06	Boys	70	68	97.1	70	54	77.1	70	65	93.0	70	69	98.6	70	66	94.3	70
06	Girls	46	42	91.3	47	45	95.7	47	45	96.0	47	47	100.0	46	46	100.0	47
Totals		323	303	93.8	323	282	87.3	324	315	97.2	325	323	99.4	323	313	96.9	325

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
09	Girls	2	1	50.0	2	2	100.0	3	3	100.0	3	3	100.0	3	2	66.7	5
10	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	3
10	Girls	2	2	100.0	2	2	100.0	2	1	50.0	2	2	100.0	2	1	50.0	4
11	Boys	3	3	100.0	3	3	100.0	3	3	100.0	3	1	33.3	3	3	100.0	10
11	Girls	3	2	66.7	3	3	100.0	3	3	100.0	3	3	100.0	3	2	66.7	7
12	Boys	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	4
12	Girls	1	1	100.0	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1
Totals		12	10	83.3	12	12	100.0	14	12	85.7	13	11	84.6	13	9	69.2	35

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	13	12	92.3	13	8	61.5	13	11	85.0	13	13	100.0	13	11	84.6	13
04	Girls	13	13	100.0	13	13	100.0	13	13	100.0	13	13	100.0	13	13	100.0	13
05	Boys	15	15	100.0	15	10	66.7	15	10	67.0	15	15	100.0	15	14	93.3	15
05	Girls	17	12	70.6	17	14	82.4	17	12	71.0	17	17	100.0	17	7	41.2	17
06	Boys	12	9	75.0	12	7	58.3	12	10	83.0	11	11	100.0	12	10	83.3	12
06	Girls	23	21	91.3	23	21	91.3	23	19	83.0	23	23	100.0	23	20	87.0	23
Totals		93	82	88.2	93	73	78.5	93	75	80.6	92	92	100.0	93	75	80.6	93

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	61	89.7	68	56	82.4	68	66	97.0	68	67	98.5	68	65	95.6	69
04	Girls	60	57	95.0	60	60	100.0	61	60	98.0	60	60	100.0	60	59	98.3	61
05	Boys	70	67	95.7	70	57	81.4	70	69	99.0	70	68	97.1	70	61	87.1	70
05	Girls	75	74	98.7	75	73	97.3	77	74	96.0	77	74	96.1	75	70	93.3	77
06	Boys	83	82	98.8	83	69	83.1	83	81	98.0	83	81	97.6	83	75	90.4	89
06	Girls	76	72	94.7	77	75	97.4	77	77	100.0	77	77	100.0	76	72	94.7	78
Totals		432	413	95.6	433	390	90.1	436	427	97.9	435	427	98.2	432	402	93.1	444

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Burke School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	12	7	58.3	12	2	16.7	12	10	83.0	12	11	91.7	12	7	58.3	12
06	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
07	Boys	34	28	82.4	33	13	39.4	34	30	88.0	34	32	94.1	34	21	61.8	34
07	Girls	6	6	100.0	6	4	66.7	6	5	83.0	6	6	100.0	6	3	50.0	6
08	Boys	31	17	54.8	34	6	17.6	34	29	85.0	34	30	88.2	34	15	44.1	34
08	Girls	18	8	44.4	18	2	11.1	18	18	100.0	16	12	75.0	18	9	50.0	18
Totals		102	66	64.7	104	27	26.0	105	93	88.6	103	92	89.3	105	55	52.4	105

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	22	75.9	30	20	66.7	30	18	60.0	30	30	100.0	29	21	72.4	31
04	Girls	37	27	73.0	39	38	97.4	39	36	92.0	39	39	100.0	39	14	35.9	41
05	Boys	26	21	80.8	27	19	70.4	26	22	85.0	26	26	100.0	26	19	73.1	29
05	Girls	27	21	77.8	27	25	92.6	27	26	96.0	27	27	100.0	27	14	51.9	29
06	Boys	28	22	78.6	30	19	63.3	30	26	87.0	30	30	100.0	30	20	66.7	32
06	Girls	24	16	66.7	24	21	87.5	24	22	92.0	24	24	100.0	24	10	41.7	24
Totals		171	129	75.4	177	142	80.2	176	150	85.2	176	176	100.0	175	98	56.0	186

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Camelot Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	33	82.5	42	26	61.9	42	32	76.0	41	39	95.1	43	40	93.0	43
04	Girls	37	33	89.2	38	38	100.0	37	35	95.0	37	37	100.0	38	38	100.0	39
05	Boys	12	11	91.7	23	18	78.3	12	10	83.0	23	23	100.0	23	22	95.7	24
05	Girls	27	18	66.7	38	33	86.8	28	25	89.0	34	34	100.0	38	34	89.5	38
06	Boys	26	26	100.0	27	24	88.9	27	24	89.0	27	25	92.6	27	26	96.3	27
06	Girls	29	27	93.1	29	27	93.1	29	27	93.0	29	29	100.0	28	28	100.0	29
Totals		171	148	86.5	197	166	84.3	175	153	87.4	191	187	97.9	197	188	95.4	200

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cameron Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	44	33	75.0	44	44	100.0	44	40	90.9	43	43	100.0	44
04	Girls	37	37	100.0	37	37	100.0	36	36	100.0	36	32	88.9	36	36	100.0	37
05	Boys	38	38	100.0	38	36	94.7	38	38	100.0	38	33	86.8	38	38	100.0	38
05	Girls	44	44	100.0	44	44	100.0	44	44	100.0	44	43	97.7	44	44	100.0	44
06	Boys	28	28	100.0	28	24	85.7	28	28	100.0	28	26	92.9	28	28	100.0	28
06	Girls	38	38	100.0	38	38	100.0	38	38	100.0	38	37	97.4	38	38	100.0	38
Totals		228	228	100.0	229	212	92.6	228	228	100.0	228	211	92.5	227	227	100.0	229

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	46	67.6	68	36	52.9	68	62	91.0	68	51	75.0	68	48	70.6	68
04	Girls	61	49	80.3	61	60	98.4	61	59	97.0	61	51	83.6	61	42	68.9	61
05	Boys	53	43	81.1	53	34	64.2	55	49	89.0	54	38	70.4	53	44	83.0	55
05	Girls	50	44	88.0	50	48	96.0	50	50	100.0	50	41	82.0	50	32	64.0	50
06	Boys	79	68	86.1	79	60	75.9	80	77	96.0	79	62	78.5	79	61	77.2	80
06	Girls	67	53	79.1	67	59	88.1	67	67	100.0	67	59	88.1	67	45	67.2	67
Totals		378	303	80.2	378	297	78.6	381	364	95.5	379	302	79.7	378	272	72.0	381

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	35	97.2	36	20	55.6	36	30	83.0	36	36	100.0	36	33	91.7	38
04	Girls	26	26	100.0	27	27	100.0	27	24	89.0	24	23	95.8	27	22	81.5	27
05	Boys	33	32	97.0	30	17	56.7	33	24	73.0	27	27	100.0	32	27	84.4	36
05	Girls	31	30	96.8	35	29	82.9	38	34	90.0	25	23	92.0	31	26	83.9	39
06	Boys	38	36	94.7	41	27	65.9	29	25	86.0	39	37	94.9	38	35	92.1	44
06	Girls	39	38	97.4	39	36	92.3	27	25	93.0	38	37	97.4	39	37	94.9	41
Totals		203	197	97.0	208	156	75.0	190	162	85.3	189	183	96.8	203	180	88.7	225

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Carson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	371	346	93.3	368	287	78.0	371	368	99.0	371	325	87.6	368	310	84.2	371
07	Girls	322	310	96.3	322	294	91.3	322	322	100.0	322	288	89.4	320	291	90.9	322
08	Boys	351	334	95.2	346	292	84.4	350	348	99.0	348	230	66.1	346	281	81.2	351
08	Girls	299	280	93.6	295	274	92.9	299	297	99.0	298	229	76.8	297	256	86.2	299
Totals		1,343	1,270	94.6	1,331	1,147	86.2	1,342	1,335	99.5	1,339	1,072	80.1	1,331	1,138	85.5	1,343

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	0	0	0.0	8
09	Girls	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	5
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	12
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		0	0	0.0	1	1	100.0	2	2	100.0	1	1	100.0	0	0	0.0	32

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	55	100.0	56	56	100.0	56	48	86.0	56	53	94.6	56	54	96.4	56
04	Girls	49	49	100.0	50	50	100.0	50	41	82.0	46	46	100.0	50	41	82.0	50
05	Boys	59	59	100.0	58	58	100.0	59	50	85.0	44	40	90.9	58	51	87.9	59
05	Girls	42	42	100.0	42	42	100.0	42	39	93.0	32	30	93.8	42	36	85.7	42
06	Boys	61	61	100.0	61	60	98.4	62	58	94.0	56	50	89.3	62	45	72.6	62
06	Girls	50	50	100.0	50	50	100.0	50	46	92.0	47	43	91.5	50	39	78.0	50
Totals		316	316	100.0	317	316	99.7	319	282	88.4	281	262	93.2	318	266	83.6	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Centreville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	59	100.0	60	42	70.0	59	53	90.0	59	16	27.1	59	57	96.6	60
04	Girls	53	53	100.0	54	54	100.0	53	51	96.0	53	17	32.1	53	42	79.2	54
05	Boys	69	65	94.2	71	56	78.9	69	64	93.0	70	49	70.0	70	66	94.3	72
05	Girls	70	69	98.6	70	67	95.7	70	68	97.0	70	51	72.9	70	70	100.0	70
06	Boys	71	67	94.4	71	54	76.1	72	67	93.0	72	36	50.0	71	62	87.3	72
06	Girls	70	68	97.1	70	70	100.0	70	68	97.0	70	47	67.1	70	68	97.1	70
Totals		392	381	97.2	396	343	86.6	393	371	94.4	394	216	54.8	393	365	92.9	398

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Centreville HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	314	307	97.8	312	189	60.6	313	299	96.0	314	304	96.8	296	255	86.1	318
09	Girls	302	297	98.3	303	200	66.0	307	302	98.0	303	293	96.7	289	259	89.6	308
10	Boys	269	267	99.3	270	105	38.9	276	253	92.0	269	255	94.8	268	218	81.3	281
10	Girls	280	270	96.4	279	161	57.7	283	275	97.0	280	269	96.1	276	246	89.1	288
11	Boys	7	7	100.0	7	1	14.3	8	7	88.0	7	7	100.0	6	5	83.3	10
11	Girls	9	9	100.0	7	2	28.6	9	8	89.0	9	8	88.9	9	8	88.9	10
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	5
12	Girls	3	3	100.0	2	0	0.0	3	3	100.0	3	3	100.0	3	0	0.0	4
Totals		1,186	1,162	98.0	1,182	658	55.7	1,201	1,149	95.7	1,187	1,141	96.1	1,149	993	86.4	1,224

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Chantilly HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	339	339	100.0	339	292	86.1	339	339	100.0	337	296	87.8	334	321	96.1	341
09	Girls	309	309	100.0	308	296	96.1	309	308	100.0	304	281	92.4	306	301	98.4	312
10	Boys	341	339	99.4	326	214	65.6	346	342	99.0	342	291	85.1	338	281	83.1	353
10	Girls	306	306	100.0	289	236	81.7	307	302	98.0	303	273	90.1	292	274	93.8	312
11	Boys	7	7	100.0	7	2	28.6	7	7	100.0	7	5	71.4	7	6	85.7	10
11	Girls	6	6	100.0	6	6	100.0	6	6	100.0	6	4	66.7	6	6	100.0	7
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		1,308	1,306	99.8	1,275	1,046	82.0	1,314	1,304	99.2	1,299	1,150	88.5	1,283	1,189	92.7	1,343

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	26	100.0	26	14	53.8	26	26	100.0	26	9	34.6	26	2	7.7	26
04	Girls	35	34	97.1	35	35	100.0	35	35	100.0	35	18	51.4	35	4	11.4	35
05	Boys	41	39	95.1	41	20	48.8	41	41	100.0	42	0	0.0	41	9	22.0	43
05	Girls	33	32	97.0	33	32	97.0	33	33	100.0	33	3	9.1	33	9	27.3	33
06	Boys	37	35	94.6	37	10	27.0	37	37	100.0	39	1	2.6	37	9	24.3	39
06	Girls	26	26	100.0	26	24	92.3	26	26	100.0	26	0	0.0	26	6	23.1	27
Totals		198	192	97.0	198	135	68.2	198	198	100.0	201	31	15.4	198	39	19.7	203

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	40	93.0	43	38	88.4	43	35	81.0	43	34	79.1	43	39	90.7	43
04	Girls	41	38	92.7	41	41	100.0	41	35	85.0	41	41	100.0	41	39	95.1	41
05	Boys	44	43	97.7	44	41	93.2	44	38	86.0	44	38	86.4	44	41	93.2	44
05	Girls	53	46	86.8	53	53	100.0	53	49	93.0	53	49	92.5	53	50	94.3	53
06	Boys	32	31	96.9	32	29	90.6	33	31	94.0	33	31	93.9	31	30	96.8	33
06	Girls	54	49	90.7	54	54	100.0	54	53	98.0	54	54	100.0	54	52	96.3	54
Totals		267	247	92.5	267	256	95.9	268	241	89.9	268	247	92.2	266	251	94.4	268

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	68	100.0	68	59	86.8	68	54	79.0	68	57	83.8	68	66	97.1	69
04	Girls	69	68	98.6	67	67	100.0	69	65	94.0	67	66	98.5	69	65	94.2	70
05	Boys	70	67	95.7	70	56	80.0	71	65	92.0	71	67	94.4	70	63	90.0	71
05	Girls	95	94	98.9	93	92	98.9	95	94	99.0	95	92	96.8	94	86	91.5	95
06	Boys	77	77	100.0	75	69	92.0	78	69	89.0	77	75	97.4	77	75	97.4	78
06	Girls	68	68	100.0	68	68	100.0	68	66	97.0	68	68	100.0	68	64	94.1	68
Totals		447	442	98.9	441	411	93.2	449	413	92.0	446	425	95.3	446	419	93.9	451

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Clearview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	45	93.8	48	35	72.9	48	47	98.0	47	40	85.1	47	35	74.5	48
04	Girls	47	44	93.6	47	47	100.0	47	45	96.0	47	43	91.5	47	27	57.4	47
05	Boys	48	44	91.7	48	46	95.8	48	45	94.0	48	44	91.7	48	35	72.9	48
05	Girls	46	41	89.1	46	45	97.8	46	46	100.0	46	45	97.8	46	34	73.9	46
06	Boys	48	46	95.8	48	39	81.3	48	48	100.0	48	47	97.9	48	27	56.3	48
06	Girls	42	38	90.5	42	41	97.6	42	41	98.0	42	42	100.0	42	28	66.7	42
Totals		279	258	92.5	279	253	90.7	279	272	97.5	278	261	93.9	278	186	66.9	279

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Clermont Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	22	95.7	34	24	70.6	34	29	85.0	34	30	88.2	34	33	97.1	34
04	Girls	20	18	90.0	29	27	93.1	29	28	97.0	29	25	86.2	29	28	96.6	29
05	Boys	30	30	100.0	30	22	73.3	30	27	90.0	30	24	80.0	29	26	89.7	30
05	Girls	29	29	100.0	29	28	96.6	30	28	93.0	29	27	93.1	29	26	89.7	30
06	Boys	36	36	100.0	36	26	72.2	36	29	81.0	36	30	83.3	36	35	97.2	36
06	Girls	35	31	88.6	35	32	91.4	35	33	94.0	35	31	88.6	35	32	91.4	35
Totals		173	166	96.0	193	159	82.4	194	174	89.7	193	167	86.5	192	180	93.8	194

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Coates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	35	77.8	42	21	50.0	45	30	67.0	43	34	79.1	43	28	65.1	48
04	Girls	50	37	74.0	49	49	100.0	51	37	73.0	50	40	80.0	50	24	48.0	51
05	Boys	29	26	89.7	30	12	40.0	30	24	80.0	29	20	69.0	27	18	66.7	30
05	Girls	37	25	67.6	41	35	85.4	42	38	91.0	42	36	85.7	41	22	53.7	42
06	Boys	30	26	86.7	32	14	43.8	33	26	79.0	33	30	90.9	33	17	51.5	33
06	Girls	36	31	86.1	36	34	94.4	38	30	79.0	37	32	86.5	37	21	56.8	38
Totals		227	180	79.3	230	165	71.7	239	185	77.4	234	192	82.1	231	130	56.3	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Columbia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	42	91.3	46	33	71.7	46	35	76.0	46	45	97.8	46	36	78.3	46
04	Girls	22	19	86.4	22	22	100.0	23	19	83.0	23	23	100.0	23	18	78.3	23
05	Boys	24	22	91.7	24	20	83.3	24	20	83.0	24	24	100.0	24	16	66.7	24
05	Girls	30	28	93.3	30	29	96.7	30	26	87.0	30	29	96.7	30	26	86.7	30
Totals		122	111	91.0	122	104	85.2	123	100	81.3	123	121	98.4	123	96	78.0	123

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	63	96.9	65	59	90.8	65	61	94.0	65	62	95.4	65	62	95.4	65
04	Girls	70	66	94.3	70	70	100.0	70	70	100.0	70	68	97.1	70	60	85.7	70
05	Boys	72	68	94.4	71	62	87.3	72	70	97.0	72	66	91.7	71	67	94.4	72
05	Girls	72	70	97.2	72	70	97.2	72	72	100.0	72	68	94.4	72	66	91.7	72
06	Boys	73	72	98.6	73	63	86.3	73	73	100.0	73	71	97.3	73	68	93.2	73
06	Girls	57	57	100.0	57	57	100.0	57	57	100.0	57	57	100.0	57	53	93.0	57
Totals		409	396	96.8	408	381	93.4	409	403	98.5	409	392	95.8	408	376	92.2	409

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cooper MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	213	211	99.1	212	171	80.7	213	213	100.0	213	211	99.1	212	204	96.2	219
07	Girls	205	201	98.0	205	201	98.0	208	208	100.0	207	206	99.5	204	197	96.6	210
08	Boys	205	204	99.5	204	178	87.3	206	199	97.0	202	189	93.6	205	200	97.6	210
08	Girls	187	187	100.0	186	178	95.7	186	186	100.0	180	175	97.2	187	187	100.0	187
Totals		810	803	99.1	807	728	90.2	813	806	99.1	802	781	97.4	808	788	97.5	826

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	21	53.8	39	36	92.0	39	23	59.0	39	39	100.0	40
04	Girls	39	39	100.0	39	39	100.0	39	34	87.0	39	24	61.5	39	38	97.4	40
05	Boys	41	41	100.0	41	24	58.5	43	38	88.0	43	26	60.5	42	41	97.6	43
05	Girls	30	30	100.0	30	28	93.3	30	28	93.0	30	16	53.3	30	30	100.0	30
06	Boys	45	45	100.0	45	20	44.4	47	36	77.0	47	35	74.5	45	37	82.2	47
06	Girls	26	26	100.0	26	21	80.8	27	26	96.0	27	16	59.3	26	22	84.6	27
Totals		220	220	100.0	220	153	69.5	225	198	88.0	225	140	62.2	221	207	93.7	227

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	41	89.1	47	36	76.6	48	48	100.0	48	44	91.7	47	47	100.0	48
04	Girls	66	64	97.0	67	66	98.5	69	69	100.0	69	66	95.7	67	64	95.5	70
05	Boys	64	53	82.8	66	58	87.9	66	66	100.0	66	65	98.5	65	62	95.4	66
05	Girls	59	53	89.8	59	56	94.9	59	59	100.0	59	58	98.3	59	56	94.9	59
06	Boys	46	41	89.1	45	38	84.4	46	46	100.0	45	44	97.8	44	43	97.7	46
06	Girls	61	57	93.4	58	58	100.0	61	61	100.0	60	59	98.3	60	57	95.0	61
Totals		342	309	90.4	342	312	91.2	349	349	100.0	347	336	96.8	342	329	96.2	350

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	60	98.4	61	47	77.0	61	56	92.0	61	50	82.0	61	56	91.8	61
04	Girls	43	40	93.0	43	43	100.0	43	42	98.0	43	41	95.3	43	37	86.0	43
05	Boys	45	40	88.9	44	38	86.4	45	43	96.0	43	41	95.3	45	37	82.2	45
05	Girls	42	41	97.6	42	42	100.0	42	41	98.0	42	42	100.0	42	38	90.5	42
06	Boys	26	24	92.3	28	20	71.4	28	26	93.0	26	26	100.0	26	23	88.5	29
06	Girls	32	32	100.0	32	32	100.0	32	30	94.0	32	32	100.0	32	31	96.9	32
Totals		249	237	95.2	250	222	88.8	251	238	94.8	247	232	93.9	249	222	89.2	252

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	35	100.0	35	32	91.4	35	34	97.0	35	30	85.7	35	33	94.3	35
04	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	30	93.8	32
05	Boys	37	36	97.3	37	34	91.9	38	36	95.0	37	37	100.0	36	35	97.2	38
05	Girls	30	30	100.0	31	31	100.0	31	31	100.0	30	30	100.0	30	30	100.0	31
06	Boys	33	32	97.0	33	31	93.9	33	33	100.0	33	32	97.0	33	30	90.9	33
06	Girls	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	28	26	92.9	28
Totals		195	193	99.0	196	188	95.9	197	194	98.5	195	189	96.9	194	184	94.8	197

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	46	88.5	50	25	50.0	54	49	91.0	53	42	79.2	52	35	67.3	54
04	Girls	48	37	77.1	48	47	97.9	49	48	98.0	49	38	77.6	47	26	55.3	51
05	Boys	49	45	91.8	49	34	69.4	49	47	96.0	48	41	85.4	48	39	81.3	49
05	Girls	35	34	97.1	33	30	90.9	36	35	97.0	33	27	81.8	34	25	73.5	36
06	Boys	50	48	96.0	46	30	65.2	50	44	88.0	50	41	82.0	49	40	81.6	50
06	Girls	55	52	94.5	54	48	88.9	55	54	98.0	55	46	83.6	55	36	65.5	55
Totals		289	262	90.7	280	214	76.4	293	277	94.5	288	235	81.6	285	201	70.5	295

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	43	97.7	44	36	81.8	44	42	96.0	44	35	79.5	44	42	95.5	44
04	Girls	40	40	100.0	41	41	100.0	41	40	98.0	41	37	90.2	40	35	87.5	41
05	Boys	62	55	88.7	60	48	80.0	63	57	91.0	61	37	60.7	62	51	82.3	64
05	Girls	50	49	98.0	50	48	96.0	50	47	94.0	50	43	86.0	50	42	84.0	50
06	Boys	50	46	92.0	50	37	74.0	51	49	96.0	51	42	82.4	51	42	82.4	51
06	Girls	58	53	91.4	58	58	100.0	59	59	100.0	58	55	94.8	58	48	82.8	59
Totals		304	286	94.1	303	268	88.4	308	294	95.5	305	249	81.6	305	260	85.2	309

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	54	100.0	54	37	68.5	54	52	96.0	54	54	100.0	54	48	88.9	54
04	Girls	46	43	93.5	46	46	100.0	46	46	100.0	46	45	97.8	46	39	84.8	46
05	Boys	49	47	95.9	49	36	73.5	49	48	98.0	49	49	100.0	49	40	81.6	49
05	Girls	52	52	100.0	52	50	96.2	54	53	98.0	53	53	100.0	52	44	84.6	54
06	Boys	49	44	89.8	48	39	81.3	49	49	100.0	48	48	100.0	49	42	85.7	49
06	Girls	46	46	100.0	46	45	97.8	46	46	100.0	46	46	100.0	46	40	87.0	46
Totals		296	286	96.6	295	253	85.8	298	294	98.7	296	295	99.7	296	253	85.5	298

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	38	76.0	50	31	62.0	50	42	84.0	50	32	64.0	50	43	86.0	50
04	Girls	42	26	61.9	42	41	97.6	42	40	95.0	42	36	85.7	42	29	69.0	42
05	Boys	39	33	84.6	39	31	79.5	39	38	97.0	39	27	69.2	39	31	79.5	39
05	Girls	35	19	54.3	35	33	94.3	35	34	97.0	35	31	88.6	35	25	71.4	36
06	Boys	50	46	92.0	50	32	64.0	50	46	92.0	50	34	68.0	50	38	76.0	50
06	Girls	34	25	73.5	34	31	91.2	35	33	94.0	35	28	80.0	34	28	82.4	35
Totals		250	187	74.8	250	199	79.6	251	233	92.8	251	188	74.9	250	194	77.6	252

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	59	98.3	60	36	60.0	60	40	67.0	60	59	98.3	60	56	93.3	60
04	Girls	48	47	97.9	44	44	100.0	48	42	88.0	48	48	100.0	48	42	87.5	48
05	Boys	59	56	94.9	58	38	65.5	58	46	79.0	59	56	94.9	50	39	78.0	60
05	Girls	41	40	97.6	41	41	100.0	40	33	83.0	41	41	100.0	35	25	71.4	42
06	Boys	64	62	96.9	67	55	82.1	67	57	85.0	67	67	100.0	67	57	85.1	69
06	Girls	51	50	98.0	59	54	91.5	59	57	97.0	59	59	100.0	59	50	84.7	60
Totals		323	314	97.2	329	268	81.5	332	275	82.8	334	330	98.8	319	269	84.3	339

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Edison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	140	132	94.3	181	99	54.7	204	186	91.0	194	166	85.6	170	85	50.0	211
09	Girls	127	114	89.8	169	98	58.0	197	186	94.0	188	166	88.3	162	106	65.4	206
10	Boys	197	189	95.9	200	101	50.5	200	197	99.0	199	189	95.0	200	161	80.5	200
10	Girls	182	180	98.9	183	135	73.8	187	186	100.0	185	179	96.8	183	141	77.0	187
11	Boys	9	8	88.9	9	5	55.6	9	9	100.0	9	8	88.9	9	8	88.9	9
11	Girls	5	5	100.0	5	3	60.0	5	5	100.0	5	5	100.0	5	5	100.0	5
12	Boys	0	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	1
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		661	629	95.2	749	441	58.9	804	771	95.9	782	715	91.4	730	507	69.5	820

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fairfax HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	370	350	94.6	353	235	66.6	395	362	92.0	311	293	94.2	361	304	84.2	401
09	Girls	331	319	96.4	306	247	80.7	347	339	98.0	282	277	98.2	322	306	95.0	355
10	Boys	222	215	96.8	239	157	65.7	249	214	86.0	224	196	87.5	226	180	79.6	259
10	Girls	261	245	93.9	281	196	69.8	294	264	90.0	268	238	88.8	256	232	90.6	323
11	Boys	12	10	83.3	13	3	23.1	17	14	82.0	16	15	93.8	14	10	71.4	18
11	Girls	11	11	100.0	12	4	33.3	15	14	93.0	14	13	92.9	12	11	91.7	15
12	Boys	1	1	100.0	1	0	0.0	3	2	67.0	1	1	100.0	1	0	0.0	3
12	Girls	3	2	66.7	3	1	33.3	5	3	60.0	3	2	66.7	3	2	66.7	5
Totals		1,211	1,153	95.2	1,208	843	69.8	1,325	1,212	91.5	1,119	1,035	92.5	1,195	1,045	87.4	1,379

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	30	24	80.0	30	29	97.0	30	27	90.0	30	29	96.7	30
04	Girls	24	23	95.8	24	24	100.0	24	23	96.0	24	23	95.8	24	22	91.7	24
05	Boys	29	28	96.6	29	24	82.8	29	28	97.0	29	27	93.1	29	28	96.6	29
05	Girls	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25
06	Boys	28	28	100.0	28	23	82.1	28	27	96.0	28	27	96.4	28	28	100.0	28
06	Girls	22	20	90.9	22	20	90.9	22	21	96.0	22	21	95.5	21	20	95.2	22
Totals		158	153	96.8	158	140	88.6	158	153	96.8	158	150	94.9	157	152	96.8	158

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	38	97.4	40	36	90.0	40	39	98.0	40	31	77.5	40	36	90.0	40
04	Girls	43	37	86.0	43	42	97.7	43	43	100.0	43	31	72.1	42	40	95.2	43
05	Boys	44	42	95.5	44	36	81.8	44	38	86.0	44	40	90.9	44	43	97.7	44
05	Girls	35	34	97.1	35	35	100.0	35	35	100.0	35	33	94.3	35	34	97.1	35
06	Boys	38	37	97.4	38	26	68.4	38	36	95.0	38	36	94.7	38	37	97.4	38
06	Girls	30	27	90.0	30	27	90.0	30	30	100.0	30	30	100.0	30	27	90.0	30
Totals		229	215	93.9	230	202	87.8	230	221	96.1	230	201	87.4	229	217	94.8	230

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fairview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	50	94.3	50	35	70.0	50	37	74.0	53	41	77.4	50	49	98.0	54
04	Girls	53	53	100.0	53	52	98.1	53	47	89.0	53	46	86.8	53	51	96.2	53
05	Boys	47	45	95.7	48	30	62.5	48	38	79.0	47	42	89.4	48	46	95.8	51
05	Girls	51	51	100.0	52	48	92.3	52	45	87.0	51	51	100.0	52	51	98.1	52
06	Boys	82	81	98.8	82	63	76.8	84	70	83.0	82	78	95.1	84	74	88.1	85
06	Girls	57	56	98.2	57	53	93.0	57	57	100.0	57	56	98.2	57	55	96.5	57
Totals		343	336	98.0	342	281	82.2	344	294	85.5	343	314	91.5	344	326	94.8	352

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Falls Church HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	211	203	96.2	214	197	92.1	214	212	99.0	212	194	91.5	210	176	83.8	220
09	Girls	194	189	97.4	195	175	89.7	197	194	99.0	195	186	95.4	193	176	91.2	202
10	Boys	187	178	95.2	186	157	84.4	189	182	96.0	187	161	86.1	170	115	67.6	208
10	Girls	178	169	94.9	178	155	87.1	182	171	94.0	179	164	91.6	165	134	81.2	190
11	Boys	11	11	100.0	12	8	66.7	13	13	100.0	11	10	90.9	12	6	50.0	28
11	Girls	9	8	88.9	9	6	66.7	10	9	90.0	8	7	87.5	8	3	37.5	16
12	Boys	6	6	100.0	6	1	16.7	6	6	100.0	6	6	100.0	6	4	66.7	9
12	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	2
Totals		797	764	95.9	801	699	87.3	812	788	97.0	799	729	91.2	764	614	80.4	875

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	41	95.3	42	33	78.6	43	41	95.0	43	40	93.0	42	40	95.2	43
04	Girls	58	54	93.1	58	58	100.0	58	55	95.0	57	57	100.0	56	50	89.3	58
05	Boys	47	44	93.6	47	44	93.6	47	46	98.0	47	45	95.7	47	46	97.9	47
05	Girls	36	36	100.0	35	33	94.3	36	36	100.0	36	36	100.0	36	35	97.2	36
06	Boys	60	57	95.0	60	47	78.3	60	60	100.0	60	60	100.0	60	45	75.0	60
06	Girls	49	47	95.9	49	47	95.9	49	49	100.0	49	49	100.0	49	43	87.8	49
Totals		293	279	95.2	291	262	90.0	293	287	98.0	292	287	98.3	290	259	89.3	293

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Floris Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	49	90.7	54	36	66.7	54	53	98.0	53	50	94.3	54	37	68.5	54
04	Girls	63	59	93.7	64	63	98.4	64	63	98.0	64	62	96.9	63	43	68.3	64
05	Boys	53	50	94.3	53	44	83.0	53	52	98.0	53	48	90.6	53	39	73.6	54
05	Girls	46	44	95.7	46	44	95.7	46	45	98.0	46	44	95.7	46	35	76.1	46
06	Boys	59	53	89.8	59	52	88.1	59	57	97.0	59	57	96.6	59	48	81.4	59
06	Girls	55	50	90.9	55	52	94.5	55	54	98.0	55	52	94.5	55	37	67.3	55
Totals		330	305	92.4	331	291	87.9	331	324	97.9	330	313	94.8	330	239	72.4	332

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	55	96.5	57	43	75.4	57	28	49.0	57	55	96.5	57	32	56.1	57
04	Girls	54	52	96.3	54	54	100.0	54	45	83.0	54	52	96.3	54	19	35.2	54
05	Boys	65	62	95.4	65	54	83.1	65	44	68.0	65	64	98.5	65	33	50.8	65
05	Girls	59	57	96.6	60	56	93.3	60	52	87.0	60	58	96.7	60	26	43.3	60
06	Boys	70	67	95.7	70	57	81.4	70	36	51.0	70	69	98.6	70	38	54.3	70
06	Girls	71	68	95.8	71	69	97.2	71	66	93.0	71	71	100.0	71	27	38.0	71
Totals		376	361	96.0	377	333	88.3	377	271	71.9	377	369	97.9	377	175	46.4	377

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	23	85.2	42	20	47.6	42	31	74.0	42	37	88.1	42	33	78.6	43
04	Girls	23	18	78.3	32	31	96.9	31	24	77.0	32	31	96.9	32	22	68.8	32
05	Boys	35	33	94.3	35	24	68.6	35	29	83.0	35	33	94.3	35	30	85.7	35
05	Girls	36	33	91.7	36	34	94.4	37	34	92.0	37	34	91.9	37	32	86.5	37
06	Boys	37	37	100.0	37	29	78.4	37	36	97.0	37	35	94.6	37	32	86.5	37
06	Girls	37	35	94.6	37	34	91.9	37	34	92.0	37	37	100.0	37	31	83.8	37
Totals		195	179	91.8	219	172	78.5	219	188	85.8	220	207	94.1	220	180	81.8	221

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Forestville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	59	98.3	58	45	77.6	60	55	92.0	60	58	96.7	58	58	100.0	60
04	Girls	54	54	100.0	53	53	100.0	54	54	100.0	54	53	98.1	54	52	96.3	54
05	Boys	56	54	96.4	56	43	76.8	57	50	88.0	57	57	100.0	56	54	96.4	57
05	Girls	54	51	94.4	52	50	96.2	54	51	94.0	54	54	100.0	54	52	96.3	54
06	Boys	61	58	95.1	61	47	77.0	62	60	97.0	62	61	98.4	61	57	93.4	62
06	Girls	58	58	100.0	58	55	94.8	58	58	100.0	58	58	100.0	58	58	100.0	58
Totals		343	334	97.4	338	293	86.7	345	328	95.1	345	341	98.8	341	331	97.1	345

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fort Belvoir Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	82	72	87.8	82	44	53.7	83	69	83.0	82	67	81.7	82	67	81.7	85
04	Girls	69	65	94.2	69	69	100.0	69	61	88.0	69	55	79.7	69	47	68.1	69
05	Boys	55	48	87.3	55	34	61.8	56	45	80.0	55	39	70.9	55	45	81.8	59
05	Girls	70	63	90.0	72	67	93.1	72	66	92.0	72	57	79.2	72	54	75.0	72
06	Boys	71	69	97.2	71	41	57.7	72	60	83.0	72	59	81.9	70	59	84.3	77
06	Girls	75	69	92.0	74	67	90.5	75	67	89.0	75	64	85.3	75	63	84.0	75
Totals		422	386	91.5	423	322	76.1	427	368	86.2	425	341	80.2	423	335	79.2	437

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	40	97.6	41	35	85.4	41	29	71.0	41	33	80.5	41	40	97.6	41
04	Girls	36	36	100.0	36	36	100.0	36	33	92.0	36	33	91.7	36	31	86.1	36
05	Boys	29	28	96.6	29	24	82.8	29	14	48.0	29	23	79.3	29	27	93.1	29
05	Girls	41	41	100.0	41	39	95.1	41	34	83.0	41	41	100.0	41	36	87.8	41
06	Boys	25	25	100.0	25	21	84.0	25	19	76.0	25	20	80.0	25	21	84.0	25
06	Girls	40	40	100.0	39	38	97.4	40	26	65.0	40	37	92.5	40	35	87.5	40
Totals		212	210	99.1	211	193	91.5	212	155	73.1	212	187	88.2	212	190	89.6	212

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	32	97.0	33	21	63.6	33	28	85.0	33	29	87.9	33	29	87.9	33
04	Girls	50	50	100.0	51	51	100.0	51	49	96.0	51	48	94.1	51	48	94.1	51
05	Boys	48	47	97.9	44	31	70.5	48	39	81.0	48	40	83.3	47	42	89.4	48
05	Girls	32	32	100.0	31	29	93.5	32	31	97.0	31	29	93.5	32	31	96.9	32
06	Boys	35	35	100.0	35	28	80.0	35	31	89.0	35	32	91.4	34	30	88.2	35
06	Girls	50	50	100.0	50	47	94.0	50	47	94.0	50	49	98.0	50	42	84.0	50
Totals		248	246	99.2	244	207	84.8	249	225	90.4	248	227	91.5	247	222	89.9	249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Franconia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	34	100.0	34	30	88.2	34	33	97.0	34	34	100.0	34	32	94.1	34
04	Girls	34	34	100.0	33	33	100.0	34	34	100.0	34	34	100.0	34	34	100.0	34
05	Boys	34	32	94.1	35	31	88.6	34	34	100.0	34	34	100.0	34	33	97.1	35
05	Girls	35	35	100.0	35	35	100.0	35	35	100.0	35	35	100.0	35	35	100.0	35
06	Boys	32	31	96.9	32	27	84.4	32	31	97.0	32	32	100.0	32	32	100.0	32
06	Girls	38	37	97.4	37	37	100.0	38	38	100.0	37	37	100.0	38	37	97.4	38
Totals		207	203	98.1	206	193	93.7	207	205	99.0	206	206	100.0	207	203	98.1	208

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Franklin MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	198	198	100.0	199	136	68.3	200	187	94.0	199	199	100.0	197	180	91.4	203
07	Girls	211	211	100.0	210	194	92.4	211	199	94.0	210	209	99.5	211	204	96.7	213
08	Boys	229	227	99.1	226	167	73.9	229	187	82.0	227	227	100.0	227	207	91.2	235
08	Girls	206	206	100.0	206	183	88.8	206	192	93.0	202	202	100.0	203	199	98.0	211
Totals		844	842	99.8	841	680	80.9	846	765	90.4	838	837	99.9	838	790	94.3	862

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	25	47.2	53	52	98.0	53	53	100.0	53	43	81.1	56
04	Girls	41	41	100.0	41	41	100.0	41	41	100.0	41	41	100.0	41	31	75.6	41
05	Boys	43	43	100.0	43	30	69.8	43	43	100.0	43	43	100.0	43	33	76.7	44
05	Girls	39	39	100.0	39	37	94.9	39	39	100.0	39	39	100.0	39	29	74.4	39
06	Boys	43	43	100.0	43	27	62.8	43	43	100.0	43	42	97.7	43	25	58.1	45
06	Girls	40	40	100.0	40	37	92.5	40	40	100.0	40	40	100.0	40	21	52.5	40
Totals		259	259	100.0	259	197	76.1	259	258	99.6	259	258	99.6	259	182	70.3	265

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Frost MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	243	240	98.8	239	169	70.7	243	226	93.0	243	232	95.5	243	229	94.2	244
07	Girls	231	228	98.7	230	198	86.1	232	224	97.0	231	227	98.3	230	210	91.3	232
08	Boys	276	273	98.9	274	194	70.8	277	254	92.0	276	261	94.6	274	249	90.9	278
08	Girls	267	263	98.5	266	221	83.1	268	260	97.0	267	263	98.5	265	255	96.2	270
Totals		1,017	1,004	98.7	1,009	782	77.5	1,020	964	94.5	1,017	983	96.7	1,012	943	93.2	1,024

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Garfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	24	24	100.0	24	20	83.3	24	16	67.0	24	24	100.0	24	18	75.0	24
04	Girls	26	22	84.6	26	26	100.0	26	24	92.0	26	26	100.0	26	2	7.7	26
05	Boys	17	16	94.1	17	8	47.1	17	14	82.0	17	17	100.0	17	9	52.9	17
05	Girls	32	28	87.5	32	26	81.3	32	31	97.0	32	32	100.0	32	10	31.3	32
06	Boys	29	24	82.8	29	18	62.1	29	24	83.0	29	29	100.0	29	15	51.7	29
06	Girls	21	13	61.9	21	13	61.9	21	19	91.0	21	21	100.0	21	8	38.1	21
Totals		149	127	85.2	149	111	74.5	149	128	85.9	149	149	100.0	149	62	41.6	149

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Glasgow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	264	250	94.7	262	163	62.2	264	232	88.0	264	261	98.9	260	242	93.1	265
06	Girls	238	223	93.7	238	224	94.1	240	231	96.0	240	240	100.0	237	200	84.4	240
07	Boys	234	231	98.7	231	145	62.8	235	226	96.0	234	231	98.7	232	195	84.1	236
07	Girls	219	213	97.3	214	189	88.3	219	214	98.0	218	218	100.0	219	183	83.6	219
08	Boys	215	212	98.6	219	159	72.6	220	195	89.0	220	220	100.0	219	196	89.5	222
08	Girls	198	191	96.5	202	173	85.6	204	199	98.0	204	201	98.5	202	195	96.5	204
Totals		1,368	1,320	96.5	1,366	1,053	77.1	1,382	1,297	93.8	1,380	1,371	99.3	1,369	1,211	88.5	1,386

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	43	74.1	58	33	56.9	58	46	79.0	57	41	71.9	57	38	66.7	58
04	Girls	69	47	68.1	69	68	98.6	69	64	93.0	69	54	78.3	69	28	40.6	69
05	Boys	58	33	56.9	58	29	50.0	58	48	83.0	58	42	72.4	58	34	58.6	58
05	Girls	60	30	50.0	60	48	80.0	60	55	92.0	60	50	83.3	60	17	28.3	60
Totals		245	153	62.4	245	178	72.7	245	213	86.9	244	187	76.6	244	117	48.0	245

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	23	100.0	23	9	39.1	23	23	100.0	23	23	100.0	23	23	100.0	23
04	Girls	21	21	100.0	21	21	100.0	21	21	100.0	21	21	100.0	21	21	100.0	21
05	Boys	21	21	100.0	21	12	57.1	21	21	100.0	21	21	100.0	21	21	100.0	22
05	Girls	33	33	100.0	33	24	72.7	33	33	100.0	33	33	100.0	33	33	100.0	33
06	Boys	19	19	100.0	19	13	68.4	19	19	100.0	19	19	100.0	19	19	100.0	20
06	Girls	27	27	100.0	27	25	92.6	27	27	100.0	27	27	100.0	27	27	100.0	27
Totals		144	144	100.0	144	104	72.2	144	144	100.0	144	144	100.0	144	144	100.0	146

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	33	89.2	37	31	83.8	37	36	97.0	37	37	100.0	37	32	86.5	37
04	Girls	44	39	88.6	44	44	100.0	45	43	96.0	45	45	100.0	44	32	72.7	45
05	Boys	49	45	91.8	49	47	95.9	49	44	90.0	49	48	98.0	49	43	87.8	49
05	Girls	43	38	88.4	44	44	100.0	44	42	96.0	44	44	100.0	44	38	86.4	44
06	Boys	49	45	91.8	49	42	85.7	49	42	86.0	49	49	100.0	49	42	85.7	49
06	Girls	36	32	88.9	35	34	97.1	36	34	94.0	36	35	97.2	35	27	77.1	36
Totals		258	232	89.9	258	242	93.8	260	241	92.7	260	258	99.2	258	214	82.9	260

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	53	98.1	54	34	63.0	54	51	94.0	54	54	100.0	54	48	88.9	54
04	Girls	50	46	92.0	50	50	100.0	51	48	94.0	51	51	100.0	51	41	80.4	51
05	Boys	51	51	100.0	51	40	78.4	51	50	98.0	51	51	100.0	51	46	90.2	51
05	Girls	49	45	91.8	49	47	95.9	49	49	100.0	49	49	100.0	49	33	67.3	49
06	Boys	39	39	100.0	39	20	51.3	39	37	95.0	39	39	100.0	39	29	74.4	39
06	Girls	42	40	95.2	43	40	93.0	42	41	98.0	43	42	97.7	42	32	76.2	43
Totals		285	274	96.1	286	231	80.8	286	276	96.5	287	286	99.7	286	229	80.1	287

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	67	98.5	69	60	87.0	69	62	90.0	69	55	79.7	69	64	92.8	69
04	Girls	82	82	100.0	80	80	100.0	82	80	98.0	82	68	82.9	82	74	90.2	82
05	Boys	83	82	98.8	83	76	91.6	83	76	92.0	83	60	72.3	83	77	92.8	83
05	Girls	74	73	98.6	73	72	98.6	74	73	99.0	74	53	71.6	74	72	97.3	74
06	Boys	101	97	96.0	102	92	90.2	103	97	94.0	103	92	89.3	101	93	92.1	103
06	Girls	88	87	98.9	89	89	100.0	89	87	98.0	88	84	95.5	88	85	96.6	89
Totals		496	488	98.4	496	469	94.6	500	475	95.0	499	412	82.6	497	465	93.6	500

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Groveton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	41	95.3	43	25	58.1	43	43	100.0	43	43	100.0	43	42	97.7	43
04	Girls	53	51	96.2	52	52	100.0	54	53	98.0	54	54	100.0	53	47	88.7	55
05	Boys	33	29	87.9	33	21	63.6	33	31	94.0	33	33	100.0	33	31	93.9	33
05	Girls	50	46	92.0	50	44	88.0	50	47	94.0	50	50	100.0	50	37	74.0	50
06	Boys	36	31	86.1	35	25	71.4	36	36	100.0	36	36	100.0	36	31	86.1	36
06	Girls	41	31	75.6	41	37	90.2	41	41	100.0	41	41	100.0	41	36	87.8	41
Totals		256	229	89.5	254	204	80.3	257	251	97.7	257	257	100.0	256	224	87.5	258

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Gunston Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	28	93.3	29	13	44.8	30	26	87.0	29	24	82.8	30	26	86.7	30
04	Girls	38	30	78.9	33	33	100.0	37	31	84.0	35	33	94.3	38	32	84.2	38
05	Boys	39	38	97.4	41	27	65.9	41	33	81.0	41	40	97.6	41	34	82.9	41
05	Girls	26	24	92.3	26	26	100.0	26	23	89.0	26	26	100.0	26	23	88.5	26
06	Boys	38	37	97.4	38	22	57.9	38	27	71.0	38	33	86.8	38	35	92.1	39
06	Girls	31	31	100.0	31	27	87.1	31	23	74.0	31	29	93.5	31	27	87.1	31
Totals		202	188	93.1	198	148	74.7	203	163	80.3	200	185	92.5	204	177	86.8	205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Halley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	49	89.1	55	34	61.8	55	55	100.0	54	54	100.0	55	48	87.3	55
04	Girls	43	38	88.4	43	43	100.0	43	43	100.0	43	42	97.7	42	31	73.8	43
05	Boys	37	33	89.2	37	33	89.2	37	37	100.0	37	37	100.0	37	29	78.4	37
05	Girls	59	47	79.7	59	57	96.6	59	59	100.0	59	59	100.0	59	48	81.4	59
06	Boys	50	46	92.0	50	41	82.0	50	49	98.0	50	50	100.0	49	41	83.7	50
06	Girls	60	46	76.7	60	53	88.3	60	60	100.0	60	60	100.0	60	38	63.3	60
Totals		304	259	85.2	304	261	85.9	304	303	99.7	303	302	99.7	302	235	77.8	304

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Haycock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	66	98.5	68	45	66.2	69	68	99.0	68	66	97.1	68	62	91.2	69
04	Girls	71	68	95.8	73	73	100.0	72	71	99.0	73	73	100.0	72	66	91.7	73
05	Boys	60	58	96.7	61	56	91.8	62	62	100.0	62	62	100.0	62	60	96.8	62
05	Girls	84	75	89.3	83	81	97.6	84	83	99.0	84	84	100.0	84	80	95.2	84
06	Boys	84	77	91.7	85	70	82.4	85	84	99.0	84	84	100.0	84	75	89.3	85
06	Girls	53	50	94.3	52	50	96.2	53	53	100.0	52	52	100.0	52	47	90.4	53
Totals		419	394	94.0	422	375	88.9	425	421	99.1	423	421	99.5	422	390	92.4	426

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	40	90.9	44	18	40.9	44	35	80.0	44	29	65.9	44	35	79.5	44
04	Girls	46	36	78.3	46	45	97.8	46	43	94.0	46	32	69.6	46	26	56.5	46
05	Boys	46	41	89.1	46	28	60.9	46	43	94.0	46	33	71.7	46	36	78.3	46
05	Girls	39	32	82.1	39	34	87.2	39	36	92.0	39	25	64.1	39	21	53.8	39
06	Boys	50	40	80.0	50	21	42.0	50	45	90.0	50	43	86.0	50	30	60.0	50
06	Girls	44	34	77.3	44	38	86.4	44	39	89.0	44	42	95.5	44	19	43.2	44
Totals		269	223	82.9	269	184	68.4	269	241	89.6	269	204	75.8	269	167	62.1	269

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hayfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	247	243	98.4	265	205	77.4	269	261	97.0	262	208	79.4	247	175	70.9	270
09	Girls	219	211	96.3	237	180	75.9	241	234	97.0	237	192	81.0	221	180	81.4	242
10	Boys	220	218	99.1	220	170	77.3	222	215	97.0	220	193	87.7	222	198	89.2	223
10	Girls	223	220	98.7	222	168	75.7	227	224	99.0	226	216	95.6	222	212	95.5	227
11	Boys	13	13	100.0	13	10	76.9	13	13	100.0	13	12	92.3	13	11	84.6	13
11	Girls	15	15	100.0	15	6	40.0	15	15	100.0	15	13	86.7	15	13	86.7	15
12	Boys	6	6	100.0	6	3	50.0	6	6	100.0	6	5	83.3	6	3	50.0	6
12	Girls	3	2	66.7	3	1	33.3	4	4	100.0	4	3	75.0	3	3	100.0	4
Totals		946	928	98.1	981	743	75.7	997	972	97.5	983	842	85.7	949	795	83.8	1,000

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hayfield MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	253	243	96.0	253	174	68.8	253	253	100.0	253	248	98.0	253	205	81.0	253
07	Girls	225	215	95.6	226	205	90.7	226	225	100.0	226	223	98.7	226	175	77.4	226
08	Boys	276	265	96.0	276	226	81.9	276	265	96.0	276	270	97.8	275	216	78.5	276
08	Girls	237	224	94.5	236	224	94.9	237	234	99.0	237	235	99.2	237	190	80.2	237
Totals		991	947	95.6	991	829	83.7	992	977	98.5	992	976	98.4	991	786	79.3	992

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Herndon Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	38	77.6	47	28	59.6	50	49	98.0	49	45	91.8	48	33	68.8	50
04	Girls	59	49	83.1	58	56	96.6	59	59	100.0	59	57	96.6	59	30	50.8	60
05	Boys	58	48	82.8	57	39	68.4	58	54	93.0	58	54	93.1	56	27	48.2	59
05	Girls	46	29	63.0	45	41	91.1	46	44	96.0	46	41	89.1	44	18	40.9	46
06	Boys	53	47	88.7	53	31	58.5	53	49	93.0	52	51	98.1	52	28	53.8	53
06	Girls	51	46	90.2	51	48	94.1	51	51	100.0	51	49	96.1	51	41	80.4	51
Totals		316	257	81.3	311	243	78.1	317	306	96.5	315	297	94.3	310	177	57.1	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Herndon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	258	254	98.4	255	179	70.2	261	256	98.0	237	220	92.8	257	218	84.8	264
09	Girls	247	238	96.4	246	178	72.4	251	248	99.0	232	219	94.4	248	216	87.1	252
10	Boys	222	218	98.2	206	103	50.0	246	241	98.0	226	209	92.5	196	59	30.1	250
10	Girls	222	205	92.3	196	150	76.5	243	239	98.0	226	204	90.3	191	139	72.8	245
11	Boys	7	7	100.0	7	3	42.9	7	5	71.0	7	7	100.0	5	3	60.0	8
11	Girls	8	7	87.5	8	4	50.0	9	7	78.0	8	6	75.0	8	5	62.5	9
12	Boys	1	1	100.0	1	1	100.0	3	2	67.0	1	1	100.0	1	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		965	930	96.4	919	618	67.2	1,020	998	97.8	937	866	92.4	906	640	70.6	1,032

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Herndon MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	245	232	94.7	245	178	72.7	245	235	96.0	245	202	82.4	245	183	74.7	248
07	Girls	203	191	94.1	201	182	90.5	205	200	98.0	204	182	89.2	204	154	75.5	210
08	Boys	245	233	95.1	243	175	72.0	245	241	98.0	246	199	80.9	241	190	78.8	250
08	Girls	224	198	88.4	226	193	85.4	230	227	99.0	228	201	88.2	224	187	83.5	232
Totals		917	854	93.1	915	728	79.6	925	903	97.6	923	784	84.9	914	714	78.1	940

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	34	91.9	36	18	50.0	37	33	89.0	38	38	100.0	37	33	89.2	40
04	Girls	37	31	83.8	37	37	100.0	37	35	95.0	37	37	100.0	37	27	73.0	37
05	Boys	35	30	85.7	35	15	42.9	35	26	74.0	35	35	100.0	35	28	80.0	35
05	Girls	38	30	78.9	39	38	97.4	40	36	90.0	41	41	100.0	40	32	80.0	41
06	Boys	46	39	84.8	46	25	54.3	46	35	76.0	46	46	100.0	46	34	73.9	46
06	Girls	37	32	86.5	38	28	73.7	38	29	76.0	38	38	100.0	38	24	63.2	39
Totals		230	196	85.2	231	161	69.7	233	194	83.3	235	235	100.0	233	178	76.4	238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Holmes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	124	120	96.8	124	103	83.1	124	116	94.0	124	123	99.2	123	105	85.4	126
06	Girls	124	119	96.0	124	124	100.0	124	120	97.0	126	126	100.0	123	106	86.2	126
07	Boys	120	114	95.0	120	102	85.0	121	111	92.0	122	122	100.0	119	103	86.6	124
07	Girls	124	118	95.2	123	118	95.9	124	124	100.0	125	124	99.2	124	106	85.5	128
08	Boys	147	138	93.9	145	114	78.6	147	109	74.0	146	144	98.6	147	109	74.1	149
08	Girls	131	125	95.4	129	115	89.1	131	112	86.0	131	130	99.2	131	94	71.8	132
Totals		770	734	95.3	765	676	88.4	771	692	89.8	774	769	99.4	767	623	81.2	785

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hughes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	220	205	93.2	220	194	88.2	221	214	97.0	220	219	99.5	219	208	95.0	223
07	Girls	243	223	91.8	243	230	94.7	243	241	99.0	243	243	100.0	243	230	94.7	243
08	Boys	224	211	94.2	224	191	85.3	225	222	99.0	224	212	94.6	224	194	86.6	228
08	Girls	219	209	95.4	220	204	92.7	220	220	100.0	219	218	99.5	219	191	87.2	224
Totals		906	848	93.6	907	819	90.3	909	897	98.7	906	892	98.5	905	823	90.9	918

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	43	35	81.4	43	39	91.0	43	43	100.0	43	42	97.7	43
04	Girls	30	28	93.3	30	30	100.0	30	28	93.0	30	29	96.7	30	21	70.0	30
05	Boys	45	43	95.6	45	37	82.2	45	37	82.0	45	43	95.6	42	34	81.0	45
05	Girls	44	42	95.5	44	44	100.0	43	43	100.0	43	42	97.7	44	37	84.1	44
06	Boys	46	40	87.0	46	32	69.6	46	43	94.0	46	46	100.0	45	37	82.2	46
06	Girls	42	40	95.2	42	40	95.2	42	41	98.0	42	42	100.0	42	33	78.6	42
Totals		250	236	94.4	250	218	87.2	249	231	92.8	249	245	98.4	246	204	82.9	250

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	92	92	100.0	93	79	84.9	94	89	95.0	93	92	98.9	93	92	98.9	94
04	Girls	88	88	100.0	88	86	97.7	89	85	96.0	88	88	100.0	89	88	98.9	89
05	Boys	99	99	100.0	100	85	85.0	99	92	93.0	100	98	98.0	100	96	96.0	100
05	Girls	81	81	100.0	83	82	98.8	81	79	98.0	81	81	100.0	82	82	100.0	83
06	Boys	102	102	100.0	102	85	83.3	102	101	99.0	91	91	100.0	102	100	98.0	102
06	Girls	93	93	100.0	93	86	92.5	93	93	100.0	83	83	100.0	93	90	96.8	94
Totals		555	555	100.0	559	503	90.0	558	539	96.6	536	533	99.4	559	548	98.0	562

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	51	100.0	51	46	90.2	51	48	94.0	53	53	100.0	51	50	98.0	54
04	Girls	47	47	100.0	47	45	95.7	47	47	100.0	48	48	100.0	48	48	100.0	49
05	Boys	52	52	100.0	51	43	84.3	52	51	98.0	51	51	100.0	53	50	94.3	55
05	Girls	40	40	100.0	40	38	95.0	40	40	100.0	40	40	100.0	40	39	97.5	41
06	Boys	54	52	96.3	54	41	75.9	54	54	100.0	54	54	100.0	54	50	92.6	54
06	Girls	54	52	96.3	54	53	98.1	54	54	100.0	54	54	100.0	54	54	100.0	55
Totals		298	294	98.7	297	266	89.6	298	294	98.7	300	300	100.0	300	291	97.0	308

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	49	92.5	52	35	67.3	53	53	100.0	53	53	100.0	53	51	96.2	53
04	Girls	60	54	90.0	60	59	98.3	60	60	100.0	60	58	96.7	60	53	88.3	60
05	Boys	49	42	85.7	50	29	58.0	50	50	100.0	50	50	100.0	50	49	98.0	50
05	Girls	47	38	80.9	47	45	95.7	47	47	100.0	47	47	100.0	47	36	76.6	47
06	Boys	37	30	81.1	36	24	66.7	37	37	100.0	37	37	100.0	37	33	89.2	37
06	Girls	53	41	77.4	51	43	84.3	53	53	100.0	53	53	100.0	53	38	71.7	53
Totals		299	254	84.9	296	235	79.4	300	300	100.0	300	298	99.3	300	260	86.7	300

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Irving MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	253	251	99.2	253	216	85.4	253	252	100.0	253	253	100.0	253	235	92.9	256
07	Girls	233	233	100.0	232	228	98.3	233	232	100.0	233	233	100.0	233	221	94.8	234
08	Boys	245	231	94.3	247	176	71.3	248	246	99.0	237	237	100.0	244	199	81.6	248
08	Girls	252	247	98.0	252	226	89.7	255	255	100.0	253	253	100.0	253	231	91.3	257
Totals		983	962	97.9	984	846	86.0	989	985	99.6	976	976	100.0	983	886	90.1	995

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	32	68.1	47	31	66.0	49	43	88.0	49	46	93.9	46	42	91.3	49
04	Girls	41	29	70.7	41	41	100.0	41	40	98.0	41	41	100.0	41	36	87.8	41
05	Boys	55	39	70.9	55	39	70.9	55	45	82.0	55	52	94.5	55	42	76.4	55
05	Girls	61	48	78.7	61	59	96.7	61	60	98.0	61	60	98.4	61	53	86.9	61
06	Boys	53	47	88.7	53	37	69.8	53	48	91.0	53	50	94.3	53	46	86.8	53
06	Girls	39	29	74.4	39	37	94.9	39	39	100.0	39	39	100.0	39	29	74.4	39
Totals		296	224	75.7	296	244	82.4	298	275	92.3	298	288	96.6	295	248	84.1	298

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Jackson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	288	280	97.2	287	192	66.9	287	271	94.0	288	278	96.5	286	262	91.6	291
07	Girls	291	284	97.6	289	250	86.5	291	287	99.0	291	287	98.6	289	278	96.2	292
08	Boys	285	282	98.9	285	218	76.5	287	281	98.0	287	284	99.0	287	268	93.4	287
08	Girls	276	276	100.0	276	228	82.6	275	270	98.0	276	275	99.6	276	267	96.7	276
Totals		1,140	1,122	98.4	1,137	888	78.1	1,140	1,109	97.3	1,142	1,124	98.4	1,138	1,075	94.5	1,146

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Jefferson S/T HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	268	266	99.3	268	223	83.2	268	268	100.0	268	264	98.5	268	237	88.4	269
09	Girls	201	200	99.5	199	187	94.0	202	202	100.0	201	200	99.5	201	198	98.5	202
10	Boys	250	243	97.2	265	172	64.9	267	267	100.0	248	242	97.6	263	201	76.4	267
10	Girls	186	180	96.8	199	157	78.9	207	207	100.0	194	193	99.5	202	192	95.0	207
Totals		905	889	98.2	931	739	79.4	944	944	100.0	911	899	98.7	934	828	88.7	945

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	55	93.2	59	36	61.0	59	55	93.0	59	55	93.2	59	41	69.5	59
04	Girls	33	28	84.8	33	32	97.0	33	33	100.0	33	31	93.9	33	16	48.5	33
05	Boys	49	41	83.7	49	33	67.3	49	44	90.0	49	48	98.0	49	32	65.3	49
05	Girls	52	43	82.7	52	48	92.3	52	49	94.0	52	51	98.1	52	28	53.8	52
06	Boys	51	49	96.1	51	35	68.6	51	49	96.0	51	51	100.0	51	40	78.4	51
06	Girls	63	58	92.1	62	60	96.8	63	63	100.0	63	63	100.0	63	32	50.8	63
Totals		307	274	89.3	306	244	79.7	307	293	95.4	307	299	97.4	307	189	61.6	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	63	98.4	63	56	88.9	64	55	86.0	64	52	81.3	64	60	93.8	64
04	Girls	63	60	95.2	62	61	98.4	63	60	95.0	62	51	82.3	62	61	98.4	63
05	Boys	66	61	92.4	65	60	92.3	67	63	94.0	66	57	86.4	66	63	95.5	67
05	Girls	65	63	96.9	65	64	98.5	65	64	99.0	65	63	96.9	65	62	95.4	65
06	Boys	43	43	100.0	43	38	88.4	43	39	91.0	43	31	72.1	43	40	93.0	43
06	Girls	62	57	91.9	62	61	98.4	62	59	95.0	62	58	93.5	62	61	98.4	62
Totals		363	347	95.6	360	340	94.4	364	340	93.4	362	312	86.2	362	347	95.9	364

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Key MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	185	174	94.1	184	129	70.1	189	189	100.0	177	177	100.0	183	141	77.0	194
07	Girls	169	151	89.3	172	148	86.0	173	172	99.0	156	155	99.4	167	118	70.7	174
08	Boys	204	201	98.5	205	132	64.4	209	208	100.0	204	204	100.0	203	169	83.3	212
08	Girls	203	197	97.0	201	161	80.1	204	204	100.0	204	204	100.0	203	172	84.7	205
Totals		761	723	95.0	762	570	74.8	775	773	99.7	741	740	99.9	756	600	79.4	785

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Kilmer MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	296	295	99.7	298	282	94.6	300	296	99.0	300	299	99.7	296	287	97.0	300
07	Girls	285	282	98.9	285	285	100.0	290	290	100.0	290	290	100.0	285	283	99.3	290
08	Boys	267	267	100.0	266	259	97.4	273	273	100.0	271	270	99.6	267	264	98.9	274
08	Girls	268	267	99.6	269	268	99.6	270	270	100.0	269	269	100.0	267	267	100.0	273
Totals		1,116	1,111	99.6	1,118	1,094	97.9	1,133	1,129	99.6	1,130	1,128	99.8	1,115	1,101	98.7	1,137

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	65	90.3	73	65	89.0	74	62	84.0	74	74	100.0	73	68	93.2	74
04	Girls	79	76	96.2	81	81	100.0	81	69	85.0	81	81	100.0	80	79	98.8	81
05	Boys	74	62	83.8	74	68	91.9	74	64	87.0	72	72	100.0	74	67	90.5	75
05	Girls	83	70	84.3	83	82	98.8	84	77	92.0	83	82	98.8	84	75	89.3	84
06	Boys	91	87	95.6	91	88	96.7	91	83	91.0	90	90	100.0	91	89	97.8	91
06	Girls	67	51	76.1	67	66	98.5	67	59	88.0	66	66	100.0	67	62	92.5	69
Totals		466	411	88.2	469	450	95.9	471	414	87.9	466	465	99.8	469	440	93.8	474

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	39	79.6	49	45	92.0	49	46	93.9	49	48	98.0	49
04	Girls	30	29	96.7	30	30	100.0	30	27	90.0	30	29	96.7	30	28	93.3	30
05	Boys	37	37	100.0	38	29	76.3	38	33	87.0	38	33	86.8	37	35	94.6	38
05	Girls	42	41	97.6	42	40	95.2	42	42	100.0	42	40	95.2	42	38	90.5	42
06	Boys	29	27	93.1	29	25	86.2	30	29	97.0	30	29	96.7	28	28	100.0	30
06	Girls	42	41	97.6	42	40	95.2	42	41	98.0	42	42	100.0	41	39	95.1	42
Totals		229	222	96.9	230	203	88.3	231	217	93.9	231	219	94.8	227	216	95.2	231

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	335	296	88.4	332	185	55.7	339	322	95.0	334	316	94.6	334	251	75.1	341
09	Girls	266	229	86.1	266	162	60.9	269	261	97.0	268	264	98.5	267	231	86.5	269
10	Boys	295	281	95.3	311	194	62.4	315	290	92.0	313	297	94.9	313	249	79.6	316
10	Girls	350	330	94.3	352	256	72.7	353	328	93.0	354	342	96.6	350	289	82.6	356
11	Boys	9	6	66.7	10	3	30.0	11	10	91.0	10	10	100.0	10	8	80.0	11
11	Girls	8	7	87.5	8	3	37.5	8	8	100.0	8	8	100.0	8	6	75.0	8
12	Boys	1	0	0.0	0	0	0.0	3	1	33.0	0	0	0.0	0	0	0.0	3
12	Girls	1	1	100.0	2	0	0.0	2	2	100.0	2	2	100.0	1	1	100.0	2
Totals		1,265	1,150	90.9	1,281	803	62.7	1,300	1,222	94.0	1,289	1,239	96.1	1,283	1,035	80.7	1,306

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lake Braddock MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	370	361	97.6	370	246	66.5	371	362	98.0	369	348	94.3	369	319	86.4	372
07	Girls	359	351	97.8	359	318	88.6	360	356	99.0	360	352	97.8	357	308	86.3	361
08	Boys	357	345	96.6	355	278	78.3	357	347	97.0	359	349	97.2	355	300	84.5	362
08	Girls	350	330	94.3	347	294	84.7	349	345	99.0	351	343	97.7	351	302	86.0	351
Totals		1,436	1,387	96.6	1,431	1,136	79.4	1,437	1,410	98.1	1,439	1,392	96.7	1,432	1,229	85.8	1,446

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	50	94.3	53	23	43.4	54	39	72.0	54	43	79.6	53	46	86.8	54
04	Girls	52	51	98.1	52	52	100.0	53	45	85.0	52	47	90.4	52	49	94.2	54
05	Boys	47	46	97.9	47	20	42.6	47	36	77.0	47	43	91.5	47	38	80.9	47
05	Girls	50	50	100.0	50	37	74.0	50	48	96.0	50	48	96.0	50	46	92.0	52
06	Boys	55	51	92.7	55	25	45.5	56	45	80.0	56	51	91.1	56	47	83.9	58
06	Girls	39	38	97.4	39	25	64.1	39	37	95.0	39	35	89.7	39	33	84.6	42
Totals		296	286	96.6	296	182	61.5	299	250	83.6	298	267	89.6	297	259	87.2	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Langley HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	271	270	99.6	268	204	76.1	272	268	99.0	269	205	76.2	270	245	90.7	272
09	Girls	257	255	99.2	252	203	80.6	259	256	99.0	258	224	86.8	255	248	97.3	261
10	Boys	238	228	95.8	248	130	52.4	250	239	96.0	247	212	85.8	241	191	79.3	253
10	Girls	195	190	97.4	196	127	64.8	201	194	97.0	202	186	92.1	192	178	92.7	205
11	Boys	4	1	25.0	5	2	40.0	5	4	80.0	5	4	80.0	4	2	50.0	6
11	Girls	4	4	100.0	3	1	33.3	4	4	100.0	4	3	75.0	4	3	75.0	5
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		969	948	97.8	972	667	68.6	991	965	97.4	985	834	84.7	966	867	89.8	1,005

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lanier MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	271	259	95.6	272	184	67.6	271	258	95.0	258	221	85.7	269	245	91.1	273
07	Girls	322	306	95.0	321	275	85.7	321	314	98.0	315	288	91.4	318	304	95.6	324
08	Boys	295	291	98.6	294	240	81.6	301	296	98.0	298	273	91.6	298	282	94.6	301
08	Girls	257	253	98.4	264	237	89.8	269	266	99.0	267	249	93.3	266	260	97.7	269
Totals		1,145	1,109	96.9	1,151	936	81.3	1,162	1,134	97.6	1,138	1,031	90.6	1,151	1,091	94.8	1,167

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	65	91.5	71	44	62.0	73	58	80.0	72	42	58.3	72	70	97.2	73
04	Girls	54	46	85.2	57	57	100.0	57	48	84.0	54	39	72.2	56	54	96.4	57
05	Boys	48	39	81.3	48	34	70.8	48	36	75.0	48	31	64.6	48	48	100.0	49
05	Girls	67	54	80.6	68	59	86.8	70	57	81.0	68	57	83.8	69	66	95.7	70
06	Boys	62	50	80.6	62	36	58.1	62	53	86.0	61	41	67.2	62	59	95.2	63
06	Girls	54	40	74.1	55	44	80.0	56	55	98.0	54	53	98.1	55	52	94.5	57
Totals		356	294	82.6	361	274	75.9	366	307	83.9	357	263	73.7	362	349	96.4	369

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	54	90.0	59	38	64.4	60	60	100.0	60	40	66.7	59	54	91.5	60
04	Girls	56	56	100.0	56	54	96.4	56	56	100.0	56	50	89.3	56	52	92.9	56
05	Boys	58	54	93.1	58	41	70.7	59	58	98.0	59	46	78.0	59	54	91.5	59
05	Girls	58	58	100.0	56	54	96.4	58	58	100.0	58	53	91.4	57	53	93.0	58
06	Boys	70	66	94.3	66	47	71.2	71	69	97.0	71	59	83.1	71	67	94.4	71
06	Girls	63	55	87.3	62	59	95.2	63	63	100.0	63	58	92.1	63	59	93.7	63
Totals		365	343	94.0	357	293	82.1	367	364	99.2	367	306	83.4	365	339	92.9	367

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lee HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	221	215	97.3	220	153	69.5	229	189	83.0	226	204	90.3	226	191	84.5	239
09	Girls	224	217	96.9	224	142	63.4	230	206	90.0	229	220	96.1	228	212	93.0	234
10	Boys	114	112	98.2	121	60	49.6	142	126	89.0	129	97	75.2	154	118	76.6	203
10	Girls	92	89	96.7	107	63	58.9	130	124	95.0	114	97	85.1	133	117	88.0	197
11	Boys	11	11	100.0	11	4	36.4	15	12	80.0	14	9	64.3	14	10	71.4	24
11	Girls	11	11	100.0	12	3	25.0	17	17	100.0	11	9	81.8	13	10	76.9	25
12	Boys	3	3	100.0	3	0	0.0	3	3	100.0	3	3	100.0	3	2	66.7	5
12	Girls	3	3	100.0	4	0	0.0	3	3	100.0	3	3	100.0	4	3	75.0	5
Totals		679	661	97.3	702	425	60.5	769	680	88.4	729	642	88.1	775	663	85.5	932

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	44	95.7	46	27	58.7	46	35	76.0	46	35	76.1	46	38	82.6	46
04	Girls	53	48	90.6	52	52	100.0	52	45	87.0	52	42	80.8	52	40	76.9	55
05	Boys	54	46	85.2	54	39	72.2	54	40	74.0	54	39	72.2	52	44	84.6	57
05	Girls	50	46	92.0	48	45	93.8	50	49	98.0	49	38	77.6	49	46	93.9	52
06	Boys	62	57	91.9	62	49	79.0	63	45	71.0	63	49	77.8	63	53	84.1	64
06	Girls	49	46	93.9	49	39	79.6	49	43	88.0	49	42	85.7	49	39	79.6	49
Totals		314	287	91.4	311	251	80.7	314	257	81.8	313	245	78.3	311	260	83.6	323

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	16	16	100.0	16	12	75.0	17	17	100.0	16	16	100.0	16	15	93.8	17
04	Girls	15	15	100.0	15	13	86.7	15	15	100.0	15	15	100.0	15	15	100.0	15
05	Boys	23	23	100.0	23	18	78.3	23	23	100.0	23	23	100.0	23	23	100.0	23
05	Girls	11	11	100.0	11	11	100.0	11	11	100.0	11	11	100.0	11	11	100.0	11
06	Boys	11	10	90.9	12	9	75.0	12	11	92.0	11	11	100.0	12	11	91.7	12
06	Girls	25	22	88.0	25	23	92.0	25	25	100.0	23	23	100.0	25	25	100.0	25
Totals		101	97	96.0	102	86	84.3	103	102	99.0	99	99	100.0	102	100	98.0	103

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Liberty MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	280	268	95.7	277	177	63.9	283	274	97.0	278	268	96.4	278	235	84.5	284
07	Girls	270	260	96.3	269	242	90.0	270	265	98.0	270	265	98.1	270	244	90.4	272
08	Boys	316	305	96.5	317	232	73.2	320	302	94.0	316	292	92.4	313	260	83.1	321
08	Girls	250	245	98.0	251	218	86.9	250	249	100.0	252	246	97.6	250	228	91.2	253
Totals		1,116	1,078	96.6	1,114	869	78.0	1,123	1,090	97.1	1,116	1,071	96.0	1,111	967	87.0	1,130

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Little Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	20	14	70.0	20	16	80.0	20	20	100.0	19	18	94.7	20	19	95.0	20
04	Girls	23	20	87.0	24	24	100.0	24	24	100.0	24	23	95.8	24	23	95.8	24
05	Boys	26	23	88.5	27	26	96.3	28	28	100.0	28	24	85.7	28	26	92.9	28
05	Girls	22	17	77.3	25	25	100.0	26	26	100.0	26	26	100.0	26	24	92.3	26
06	Boys	29	28	96.6	29	24	82.8	29	29	100.0	29	25	86.2	29	25	86.2	29
06	Girls	16	16	100.0	16	16	100.0	16	16	100.0	16	16	100.0	16	8	50.0	16
Totals		136	118	86.8	141	131	92.9	143	143	100.0	142	132	93.0	143	125	87.4	143

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
London Towne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	50	100.0	50	33	66.0	50	36	72.0	50	50	100.0	50	46	92.0	50
04	Girls	59	59	100.0	58	58	100.0	59	50	85.0	59	58	98.3	59	53	89.8	60
05	Boys	60	58	96.7	60	46	76.7	60	42	70.0	60	60	100.0	59	51	86.4	60
05	Girls	50	46	92.0	52	48	92.3	52	43	83.0	52	52	100.0	52	42	80.8	52
06	Boys	54	53	98.1	52	38	73.1	53	43	81.0	53	53	100.0	54	44	81.5	54
06	Girls	57	50	87.7	56	51	91.1	57	54	95.0	57	57	100.0	57	45	78.9	57
Totals		330	316	95.8	328	274	83.5	331	268	81.0	331	330	99.7	331	281	84.9	333

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Longfellow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	322	317	98.4	322	246	76.4	322	318	99.0	322	290	90.1	321	268	83.5	325
07	Girls	321	319	99.4	321	304	94.7	322	321	100.0	322	311	96.6	321	275	85.7	322
08	Boys	321	298	92.8	321	240	74.8	322	317	98.0	322	315	97.8	317	257	81.1	330
08	Girls	348	306	87.9	348	293	84.2	351	350	100.0	351	341	97.2	344	286	83.1	353
Totals		1,312	1,240	94.5	1,312	1,083	82.5	1,317	1,306	99.2	1,317	1,257	95.4	1,303	1,086	83.3	1,330

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	62	77.5	79	31	39.2	80	58	73.0	77	67	87.0	81	67	82.7	83
04	Girls	54	42	77.8	53	53	100.0	54	45	83.0	53	48	90.6	54	45	83.3	54
05	Boys	75	49	65.3	75	36	48.0	75	56	75.0	76	62	81.6	76	66	86.8	76
05	Girls	62	37	59.7	65	53	81.5	64	54	84.0	65	57	87.7	65	51	78.5	65
06	Boys	79	69	87.3	80	48	60.0	81	71	88.0	80	72	90.0	81	69	85.2	81
06	Girls	76	61	80.3	75	55	73.3	73	68	93.0	75	64	85.3	76	59	77.6	76
Totals		426	320	75.1	427	276	64.6	427	352	82.4	426	370	86.9	433	357	82.4	435

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	29	93.5	31	26	83.9	31	27	87.0	31	27	87.1	31	28	90.3	33
04	Girls	42	37	88.1	42	42	100.0	42	39	93.0	42	40	95.2	42	29	69.0	42
05	Boys	36	36	100.0	36	30	83.3	36	33	92.0	36	35	97.2	36	26	72.2	38
05	Girls	17	17	100.0	17	16	94.1	17	17	100.0	17	15	88.2	16	10	62.5	18
06	Boys	24	22	91.7	25	20	80.0	25	23	92.0	25	24	96.0	24	17	70.8	27
06	Girls	27	22	81.5	27	26	96.3	27	27	100.0	27	27	100.0	27	13	48.1	28
Totals		177	163	92.1	178	160	89.9	178	166	93.3	178	168	94.4	176	123	69.9	186

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Madison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	250	248	99.2	251	203	80.9	252	249	99.0	249	207	83.1	251	215	85.7	253
09	Girls	235	230	97.9	236	198	83.9	235	234	100.0	231	206	89.2	234	208	88.9	236
10	Boys	249	247	99.2	250	168	67.2	250	247	99.0	250	200	80.0	249	195	78.3	254
10	Girls	227	225	99.1	223	180	80.7	228	217	95.0	227	210	92.5	224	190	84.8	228
11	Boys	4	4	100.0	4	2	50.0	4	4	100.0	3	3	100.0	4	3	75.0	4
11	Girls	9	9	100.0	10	3	30.0	10	10	100.0	10	8	80.0	10	3	30.0	10
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		976	965	98.9	976	755	77.4	981	963	98.2	972	836	86.0	974	815	83.7	987

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Mantua Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	82	97.6	84	56	66.7	84	84	100.0	84	84	100.0	84	82	97.6	86
04	Girls	71	69	97.2	71	70	98.6	72	72	100.0	71	71	100.0	70	65	92.9	72
05	Boys	78	76	97.4	76	61	80.3	78	72	92.0	78	78	100.0	78	77	98.7	78
05	Girls	73	72	98.6	73	72	98.6	73	72	99.0	73	73	100.0	73	70	95.9	73
06	Boys	86	82	95.3	87	57	65.5	87	79	91.0	87	87	100.0	82	79	96.3	87
06	Girls	78	74	94.9	78	70	89.7	78	78	100.0	78	78	100.0	78	70	89.7	78
Totals		470	455	96.8	469	386	82.3	472	457	96.8	471	471	100.0	465	443	95.3	474

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Marshall HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	196	196	100.0	196	185	94.4	199	199	100.0	198	197	99.5	196	177	90.3	201
09	Girls	193	191	99.0	197	195	99.0	198	198	100.0	197	196	99.5	196	180	91.8	198
10	Boys	200	200	100.0	200	197	98.5	202	202	100.0	200	198	99.0	201	181	90.0	204
10	Girls	191	191	100.0	190	187	98.4	198	198	100.0	194	192	99.0	193	166	86.0	199
11	Boys	10	9	90.0	10	6	60.0	10	10	100.0	10	9	90.0	10	8	80.0	16
11	Girls	14	9	64.3	11	8	72.7	17	13	77.0	17	10	58.8	16	8	50.0	19
12	Boys	1	1	100.0	1	1	100.0	2	2	100.0	2	1	50.0	2	1	50.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		805	797	99.0	805	779	96.8	826	822	99.5	818	803	98.2	814	721	88.6	841

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	48	94.1	52	31	59.6	53	53	100.0	50	50	100.0	52	40	76.9	53
04	Girls	49	48	98.0	49	48	98.0	49	49	100.0	49	49	100.0	49	35	71.4	49
05	Boys	51	45	88.2	50	33	66.0	51	51	100.0	51	50	98.0	51	32	62.7	51
05	Girls	35	34	97.1	35	32	91.4	35	34	97.0	35	35	100.0	35	24	68.6	35
06	Boys	42	39	92.9	43	29	67.4	43	41	95.0	42	41	97.6	40	19	47.5	43
06	Girls	32	30	93.8	32	31	96.9	33	33	100.0	32	32	100.0	30	14	46.7	33
Totals		260	244	93.8	261	204	78.2	264	261	98.9	259	257	99.2	257	164	63.8	264

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
McLean HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	236	233	98.7	232	148	63.8	236	218	92.0	232	193	83.2	235	196	83.4	240
09	Girls	239	237	99.2	236	185	78.4	242	238	98.0	240	228	95.0	238	205	86.1	243
10	Boys	245	239	97.6	248	160	64.5	249	231	93.0	245	201	82.0	229	198	86.5	251
10	Girls	225	208	92.4	220	143	65.0	231	228	99.0	228	185	81.1	206	181	87.9	233
11	Boys	9	8	88.9	10	2	20.0	10	10	100.0	9	5	55.6	8	4	50.0	10
11	Girls	5	4	80.0	5	1	20.0	5	5	100.0	3	2	66.7	5	4	80.0	7
12	Boys	3	3	100.0	3	1	33.3	4	4	100.0	3	3	100.0	3	3	100.0	4
12	Girls	3	3	100.0	3	1	33.3	4	4	100.0	3	3	100.0	3	3	100.0	5
Totals		965	935	96.9	957	641	67.0	981	938	95.6	963	820	85.2	927	794	85.7	993

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	32	86.5	35	19	54.3	37	34	92.0	37	34	91.9	37	28	75.7	37
04	Girls	51	46	90.2	51	51	100.0	51	50	98.0	49	49	100.0	51	48	94.1	51
05	Boys	52	49	94.2	45	30	66.7	52	48	92.0	52	51	98.1	52	45	86.5	52
05	Girls	36	29	80.6	33	32	97.0	36	34	94.0	36	36	100.0	36	29	80.6	37
06	Boys	37	35	94.6	36	22	61.1	37	33	89.0	36	35	97.2	37	31	83.8	37
06	Girls	46	40	87.0	45	41	91.1	46	45	98.0	45	45	100.0	46	36	78.3	47
Totals		259	231	89.2	245	195	79.6	259	244	94.2	255	250	98.0	259	217	83.8	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	44	68.8	66	34	51.5	66	58	88.0	66	59	89.4	65	53	81.5	66
04	Girls	63	48	76.2	64	62	96.9	64	64	100.0	64	63	98.4	63	45	71.4	64
05	Boys	59	48	81.4	60	46	76.7	61	59	97.0	61	60	98.4	61	54	88.5	61
05	Girls	66	54	81.8	66	58	87.9	66	63	96.0	66	65	98.5	66	50	75.8	66
06	Boys	61	51	83.6	61	37	60.7	61	57	93.0	61	60	98.4	61	50	82.0	61
06	Girls	64	52	81.3	62	56	90.3	64	64	100.0	64	64	100.0	64	52	81.3	64
Totals		377	297	78.8	379	293	77.3	382	365	95.5	382	371	97.1	380	304	80.0	382

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	21	95.5	22	7	31.8	22	19	86.0	22	22	100.0	22	0	0.0	22
04	Girls	16	15	93.8	16	16	100.0	17	17	100.0	16	16	100.0	16	1	6.3	17
05	Boys	16	15	93.8	17	6	35.3	17	16	94.0	17	17	100.0	16	4	25.0	17
05	Girls	24	20	83.3	24	20	83.3	24	24	100.0	24	24	100.0	23	1	4.3	25
06	Boys	19	19	100.0	19	8	42.1	20	19	95.0	19	19	100.0	19	1	5.3	20
06	Girls	17	16	94.1	17	15	88.2	17	17	100.0	17	16	94.1	17	3	17.6	17
Totals		114	106	93.0	115	72	62.6	117	112	95.7	115	114	99.1	113	10	8.8	118

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	222	199	89.6	239	52	21.8	256	249	97.0	255	250	98.0	203	151	74.4	257
09	Girls	205	193	94.1	215	70	32.6	227	225	99.0	225	225	100.0	188	147	78.2	227
10	Boys	222	202	91.0	221	25	11.3	231	202	87.0	218	216	99.1	183	145	79.2	231
10	Girls	182	166	91.2	180	24	13.3	187	179	96.0	165	164	99.4	153	128	83.7	188
11	Boys	28	18	64.3	27	3	11.1	29	28	97.0	29	29	100.0	16	13	81.3	29
11	Girls	30	22	73.3	31	3	9.7	32	32	100.0	31	31	100.0	16	9	56.3	32
12	Boys	6	3	50.0	6	0	0.0	6	6	100.0	6	6	100.0	0	0	0.0	6
12	Girls	2	2	100.0	3	0	0.0	3	3	100.0	3	3	100.0	2	1	50.0	3
Totals		897	805	89.7	922	177	19.2	971	924	95.2	932	924	99.1	761	594	78.1	973

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	44	95.7	46	36	78.3	46	43	94.0	46	42	91.3	46	45	97.8	46
04	Girls	46	45	97.8	46	46	100.0	46	42	91.0	46	45	97.8	46	45	97.8	46
05	Boys	40	35	87.5	39	30	76.9	40	38	95.0	40	40	100.0	40	33	82.5	40
05	Girls	39	38	97.4	39	38	97.4	39	39	100.0	39	38	97.4	39	34	87.2	39
06	Boys	19	16	84.2	19	13	68.4	19	18	95.0	19	17	89.5	19	17	89.5	19
06	Girls	29	28	96.6	29	28	96.6	29	29	100.0	29	28	96.6	29	27	93.1	29
Totals		219	206	94.1	218	191	87.6	219	209	95.4	219	210	95.9	219	201	91.8	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Mountain View High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
09	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
11	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	3

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Navy Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	54	93.1	58	48	82.8	58	44	76.0	59	56	94.9	58	57	98.3	60
04	Girls	56	53	94.6	56	56	100.0	56	48	86.0	56	55	98.2	55	54	98.2	56
05	Boys	51	50	98.0	50	46	92.0	51	47	92.0	51	50	98.0	51	50	98.0	51
05	Girls	53	50	94.3	56	56	100.0	58	54	93.0	58	58	100.0	57	56	98.2	58
06	Boys	71	66	93.0	71	60	84.5	71	63	89.0	71	69	97.2	71	70	98.6	71
06	Girls	37	35	94.6	37	35	94.6	37	34	92.0	37	36	97.3	37	35	94.6	37
Totals		326	308	94.5	328	301	91.8	331	290	87.6	332	324	97.6	329	322	97.9	333

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	34	94.4	36	30	83.3	36	27	75.0	36	35	97.2	36	35	97.2	36
04	Girls	47	47	100.0	48	48	100.0	48	45	94.0	48	46	95.8	48	48	100.0	48
05	Boys	45	43	95.6	45	41	91.1	45	41	91.0	45	45	100.0	45	42	93.3	45
05	Girls	41	39	95.1	41	40	97.6	42	37	88.0	42	40	95.2	41	39	95.1	42
06	Boys	56	55	98.2	56	50	89.3	56	47	84.0	55	54	98.2	56	54	96.4	56
06	Girls	40	35	87.5	40	40	100.0	40	36	90.0	40	40	100.0	40	40	100.0	40
Totals		265	253	95.5	266	249	93.6	267	233	87.3	266	260	97.7	266	258	97.0	267

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
North Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	41	97.6	42	16	38.1	42	38	91.0	42	22	52.4	42	29	69.0	42
04	Girls	40	38	95.0	41	39	95.1	41	39	95.0	41	29	70.7	41	24	58.5	41
05	Boys	43	41	95.3	44	16	36.4	44	42	96.0	43	21	48.8	43	35	81.4	44
05	Girls	42	34	81.0	44	34	77.3	44	43	98.0	43	21	48.8	42	35	83.3	44
Totals		167	154	92.2	171	105	61.4	171	162	94.7	169	93	55.0	168	123	73.2	171

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	64	97.0	66	45	68.2	66	38	58.0	66	57	86.4	64	61	95.3	66
04	Girls	68	66	97.1	68	67	98.5	68	51	75.0	68	58	85.3	68	62	91.2	68
05	Boys	68	65	95.6	69	54	78.3	68	38	56.0	69	59	85.5	69	65	94.2	69
05	Girls	63	62	98.4	63	59	93.7	63	48	76.0	63	60	95.2	63	57	90.5	63
06	Boys	78	78	100.0	78	54	69.2	78	44	56.0	78	71	91.0	78	68	87.2	78
06	Girls	66	65	98.5	66	65	98.5	66	50	76.0	66	65	98.5	66	61	92.4	66
Totals		409	400	97.8	410	344	83.9	409	269	65.8	410	370	90.2	408	374	91.7	410

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Oak View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	46	82.1	56	44	78.6	56	44	79.0	56	38	67.9	56	50	89.3	56
04	Girls	53	47	88.7	53	53	100.0	54	47	87.0	53	44	83.0	53	42	79.2	54
05	Boys	58	49	84.5	58	49	84.5	58	51	88.0	58	39	67.2	58	47	81.0	59
05	Girls	62	57	91.9	62	62	100.0	62	56	90.0	62	49	79.0	62	43	69.4	62
06	Boys	65	58	89.2	65	49	75.4	65	55	85.0	65	56	86.2	65	52	80.0	65
06	Girls	65	60	92.3	65	63	96.9	65	61	94.0	65	59	90.8	65	49	75.4	65
Totals		359	317	88.3	359	320	89.1	360	314	87.2	359	285	79.4	359	283	78.8	361

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Oakton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	54	94.7	57	39	68.4	57	56	98.0	57	33	57.9	56	56	100.0	57
04	Girls	41	37	90.2	40	40	100.0	42	42	100.0	42	29	69.0	40	38	95.0	44
05	Boys	64	63	98.4	62	52	83.9	64	64	100.0	62	36	58.1	64	63	98.4	67
05	Girls	51	50	98.0	51	48	94.1	51	50	98.0	51	37	72.5	51	49	96.1	52
06	Boys	43	42	97.7	43	33	76.7	43	43	100.0	43	30	69.8	43	41	95.3	43
06	Girls	32	29	90.6	32	27	84.4	32	32	100.0	32	31	96.9	32	27	84.4	32
Totals		288	275	95.5	285	239	83.9	289	287	99.3	287	196	68.3	286	274	95.8	295

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Oakton HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	269	267	99.3	273	225	82.4	272	269	99.0	273	262	96.0	271	227	83.8	276
09	Girls	252	250	99.2	250	220	88.0	254	250	98.0	252	247	98.0	249	219	88.0	255
10	Boys	267	264	98.9	266	218	82.0	270	263	97.0	269	202	75.1	267	219	82.0	270
10	Girls	267	265	99.3	266	216	81.2	268	255	95.0	269	236	87.7	268	235	87.7	274
11	Boys	3	2	66.7	4	0	0.0	3	2	67.0	4	4	100.0	4	0	0.0	5
11	Girls	9	9	100.0	9	5	55.6	10	8	80.0	9	8	88.9	9	6	66.7	10
12	Boys	3	1	33.3	4	0	0.0	3	2	67.0	4	1	25.0	4	0	0.0	4
Totals		1,070	1,058	98.9	1,072	884	82.5	1,080	1,049	97.1	1,080	960	88.9	1,072	906	84.5	1,094

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	21	18	85.7	21	10	47.6	21	19	91.0	21	20	95.2	20	16	80.0	21
04	Girls	29	24	82.8	29	27	93.1	29	29	100.0	29	24	82.8	29	22	75.9	29
05	Boys	43	31	72.1	43	29	67.4	43	42	98.0	43	35	81.4	41	30	73.2	44
05	Girls	29	26	89.7	29	28	96.6	29	29	100.0	29	25	86.2	29	25	86.2	29
06	Boys	37	34	91.9	36	27	75.0	37	35	95.0	37	33	89.2	35	26	74.3	37
06	Girls	29	26	89.7	27	25	92.6	29	27	93.0	29	28	96.6	27	25	92.6	29
Totals		188	159	84.6	185	146	78.9	188	181	96.3	188	165	87.8	181	144	79.6	189

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	50	98.0	51	34	66.7	40	36	90.0	51	51	100.0	51	51	100.0	51
04	Girls	52	52	100.0	51	51	100.0	43	43	100.0	52	52	100.0	51	50	98.0	52
05	Boys	56	56	100.0	55	37	67.3	59	51	86.0	59	59	100.0	55	55	100.0	59
05	Girls	59	59	100.0	58	56	96.6	60	59	98.0	60	60	100.0	57	53	93.0	60
06	Boys	55	54	98.2	56	48	85.7	55	53	96.0	56	56	100.0	55	52	94.5	56
06	Girls	64	64	100.0	64	63	98.4	66	65	99.0	66	66	100.0	64	63	98.4	66
Totals		337	335	99.4	335	289	86.3	323	307	95.0	344	344	100.0	333	324	97.3	344

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	28	62.2	45	32	71.1	45	30	67.0	45	45	100.0	45	28	62.2	45
04	Girls	65	42	64.6	65	65	100.0	65	59	91.0	65	59	90.8	65	25	38.5	65
05	Boys	52	40	76.9	53	40	75.5	53	31	59.0	52	44	84.6	53	41	77.4	53
05	Girls	43	27	62.8	43	40	93.0	43	39	91.0	43	41	95.3	43	18	41.9	43
Totals		205	137	66.8	206	177	85.9	206	159	77.2	205	189	92.2	206	112	54.4	206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	40	100.0	40	15	37.5	40	26	65.0	40	36	90.0	40	33	82.5	40
04	Girls	23	23	100.0	23	22	95.7	24	18	75.0	24	23	95.8	22	21	95.5	24
05	Boys	34	25	73.5	34	21	61.8	34	20	59.0	34	26	76.5	34	27	79.4	34
05	Girls	36	28	77.8	36	35	97.2	36	32	89.0	36	33	91.7	35	29	82.9	36
06	Boys	38	32	84.2	38	21	55.3	38	26	68.0	37	35	94.6	37	29	78.4	38
06	Girls	32	26	81.3	32	27	84.4	31	28	90.0	31	31	100.0	30	23	76.7	32
Totals		203	174	85.7	203	141	69.5	203	150	73.9	202	184	91.1	198	162	81.8	204

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Poe MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	154	154	100.0	154	86	55.8	154	151	98.0	154	150	97.4	152	135	88.8	160
06	Girls	156	156	100.0	156	136	87.2	156	156	100.0	156	155	99.4	148	124	83.8	158
07	Boys	150	146	97.3	150	95	63.3	150	148	99.0	150	150	100.0	150	130	86.7	159
07	Girls	193	193	100.0	193	141	73.1	193	190	98.0	193	193	100.0	193	154	79.8	193
08	Boys	218	216	99.1	218	130	59.6	220	210	96.0	220	217	98.6	217	166	76.5	228
08	Girls	193	191	99.0	194	139	71.6	195	189	97.0	194	194	100.0	193	148	76.7	198
Totals		1,064	1,056	99.2	1,065	727	68.3	1,068	1,044	97.8	1,067	1,059	99.3	1,053	857	81.4	1,096

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	39	100.0	39	37	95.0	39	37	94.9	39	35	89.7	42
04	Girls	49	45	91.8	49	49	100.0	49	48	98.0	49	49	100.0	49	35	71.4	50
05	Boys	44	44	100.0	44	38	86.4	44	39	89.0	44	38	86.4	44	38	86.4	46
05	Girls	55	55	100.0	55	55	100.0	55	54	98.0	55	52	94.5	55	41	74.5	56
06	Boys	42	41	97.6	43	37	86.0	42	41	98.0	42	41	97.6	42	35	83.3	46
06	Girls	40	39	97.5	40	40	100.0	40	39	98.0	40	40	100.0	40	33	82.5	41
Totals		269	263	97.8	270	258	95.6	269	258	95.9	269	257	95.5	269	217	80.7	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Powell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	87	87	100.0	87	59	67.8	92	91	99.0	91	73	80.2	86	82	95.3	92
04	Girls	63	63	100.0	62	61	98.4	63	62	98.0	63	54	85.7	63	53	84.1	64
05	Boys	74	72	97.3	73	53	72.6	75	72	96.0	74	47	63.5	74	64	86.5	75
05	Girls	71	70	98.6	71	68	95.8	71	70	99.0	71	63	88.7	69	53	76.8	71
06	Boys	64	64	100.0	65	49	75.4	66	63	96.0	65	54	83.1	64	54	84.4	67
06	Girls	61	61	100.0	61	57	93.4	61	61	100.0	61	60	98.4	61	48	78.7	61
Totals		420	417	99.3	419	347	82.8	428	419	97.9	425	351	82.6	417	354	84.9	430

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Providence Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	62	89.9	69	47	68.1	69	47	68.0	68	60	88.2	69	61	88.4	69
04	Girls	67	66	98.5	67	67	100.0	68	55	81.0	67	63	94.0	68	59	86.8	68
05	Boys	58	57	98.3	59	47	79.7	59	45	76.0	56	52	92.9	57	53	93.0	60
05	Girls	65	63	96.9	65	63	96.9	65	60	92.0	64	60	93.8	65	58	89.2	65
06	Boys	60	53	88.3	60	43	71.7	60	51	85.0	60	55	91.7	57	45	78.9	60
06	Girls	74	69	93.2	74	72	97.3	75	66	88.0	75	68	90.7	74	60	81.1	75
Totals		393	370	94.1	394	339	86.0	396	324	81.8	390	358	91.8	390	336	86.2	397

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	2	1	50.0	2	0	0.0	2	1	50.0	1	1	100.0	2	0	0.0	13
09	Girls	1	1	100.0	1	1	100.0	2	2	100.0	1	1	100.0	2	1	50.0	9
10	Boys	2	1	50.0	0	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	6
10	Girls	2	1	50.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	6
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		7	4	57.1	5	1	20.0	7	5	71.4	5	5	100.0	7	3	42.9	38

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	28	62.2	45	29	64.4	45	38	84.0	45	36	80.0	45	20	44.4	45
04	Girls	25	22	88.0	25	24	96.0	25	24	96.0	24	24	100.0	25	11	44.0	25
05	Boys	40	36	90.0	41	34	82.9	41	34	83.0	41	32	78.0	42	27	64.3	42
05	Girls	36	33	91.7	35	33	94.3	36	36	100.0	35	31	88.6	36	19	52.8	36
06	Boys	37	33	89.2	37	24	64.9	37	35	95.0	37	33	89.2	37	21	56.8	37
06	Girls	52	44	84.6	52	48	92.3	52	51	98.0	52	46	88.5	52	34	65.4	52
Totals		235	196	83.4	235	192	81.7	236	218	92.4	234	202	86.3	237	132	55.7	237

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Riverside Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	38	79.2	48	22	45.8	48	44	92.0	48	48	100.0	48	36	75.0	48
04	Girls	31	24	77.4	31	30	96.8	31	30	97.0	31	30	96.8	31	23	74.2	31
05	Boys	44	33	75.0	44	32	72.7	44	41	93.0	44	41	93.2	44	35	79.5	44
05	Girls	45	29	64.4	44	37	84.1	45	44	98.0	45	42	93.3	45	32	71.1	45
06	Boys	47	39	83.0	48	26	54.2	48	46	96.0	37	37	100.0	47	32	68.1	48
06	Girls	29	20	69.0	29	19	65.5	29	29	100.0	25	25	100.0	29	21	72.4	29
Totals		244	183	75.0	244	166	68.0	245	234	95.5	230	223	97.0	244	179	73.4	245

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Robinson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	358	346	96.6	384	302	78.6	387	363	94.0	386	380	98.4	378	326	86.2	387
09	Girls	296	285	96.3	317	267	84.2	322	314	98.0	322	320	99.4	310	295	95.2	322
10	Boys	320	302	94.4	318	195	61.3	324	319	99.0	320	316	98.8	321	283	88.2	325
10	Girls	299	284	95.0	295	209	70.8	306	290	95.0	297	295	99.3	296	286	96.6	306
11	Boys	12	12	100.0	12	6	50.0	14	13	93.0	14	14	100.0	12	10	83.3	14
11	Girls	4	3	75.0	4	1	25.0	8	7	88.0	8	6	75.0	3	3	100.0	8
12	Boys	1	1	100.0	2	0	0.0	4	4	100.0	4	4	100.0	1	1	100.0	4
12	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	1
Totals		1,291	1,233	95.5	1,333	980	73.5	1,366	1,311	96.0	1,352	1,336	98.8	1,321	1,204	91.1	1,367

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Robinson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	288	277	96.2	288	198	68.8	291	282	97.0	291	287	98.6	288	215	74.7	291
07	Girls	269	265	98.5	270	246	91.1	272	270	99.0	272	266	97.8	269	196	72.9	273
08	Boys	291	286	98.3	292	230	78.8	295	289	98.0	295	285	96.6	291	266	91.4	297
08	Girls	277	276	99.6	277	247	89.2	279	276	99.0	279	273	97.8	276	263	95.3	279
Totals		1,125	1,104	98.1	1,127	921	81.7	1,137	1,117	98.2	1,137	1,111	97.7	1,124	940	83.6	1,140

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Rocky Run MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	257	244	94.9	257	159	61.9	259	257	99.0	257	246	95.7	258	186	72.1	259
07	Girls	234	223	95.3	232	206	88.8	235	234	100.0	235	230	97.9	234	166	70.9	235
08	Boys	261	255	97.7	256	203	79.3	261	259	99.0	261	237	90.8	260	225	86.5	261
08	Girls	245	239	97.6	242	211	87.2	246	246	100.0	246	240	97.6	246	225	91.5	246
Totals		997	961	96.4	987	779	78.9	1,001	996	99.5	999	953	95.4	998	802	80.4	1,001

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	30	93.8	30	13	43.3	32	29	91.0	31	24	77.4	31	16	51.6	32
04	Girls	42	39	92.9	41	39	95.1	42	41	98.0	42	37	88.1	41	25	61.0	42
05	Boys	46	43	93.5	47	28	59.6	46	44	96.0	47	40	85.1	47	29	61.7	47
05	Girls	33	31	93.9	33	27	81.8	33	33	100.0	33	28	84.8	33	14	42.4	33
06	Boys	41	40	97.6	44	22	50.0	44	44	100.0	44	39	88.6	42	30	71.4	44
06	Girls	33	31	93.9	33	28	84.8	33	33	100.0	33	32	97.0	33	19	57.6	33
Totals		227	214	94.3	228	157	68.9	230	224	97.4	230	200	87.0	227	133	58.6	231

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Rose Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	31	91.2	34	18	52.9	34	28	82.0	34	34	100.0	34	30	88.2	34
04	Girls	44	43	97.7	45	45	100.0	44	37	84.0	44	44	100.0	44	43	97.7	45
05	Boys	26	22	84.6	25	20	80.0	25	23	92.0	25	25	100.0	25	24	96.0	26
05	Girls	53	49	92.5	52	50	96.2	53	45	85.0	53	53	100.0	53	49	92.5	53
06	Boys	40	39	97.5	40	19	47.5	40	33	83.0	40	40	100.0	40	35	87.5	40
06	Girls	42	38	90.5	42	42	100.0	42	42	100.0	42	42	100.0	42	42	100.0	42
Totals		239	222	92.9	238	194	81.5	238	208	87.4	238	238	100.0	238	223	93.7	240

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Sandburg MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	344	322	93.6	339	231	68.1	344	306	89.0	344	311	90.4	344	249	72.4	344
07	Girls	288	272	94.4	285	217	76.1	290	282	97.0	290	263	90.7	288	211	73.3	290
08	Boys	304	273	89.8	297	169	56.9	286	243	85.0	303	254	83.8	302	241	79.8	304
08	Girls	273	242	88.6	273	173	63.4	255	247	97.0	271	244	90.0	272	229	84.2	273
Totals		1,209	1,109	91.7	1,194	790	66.2	1,175	1,078	91.7	1,208	1,072	88.7	1,206	930	77.1	1,211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Sangster Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	82	98.8	82	65	79.3	83	79	95.0	83	83	100.0	82	76	92.7	83
04	Girls	66	62	93.9	65	65	100.0	66	65	99.0	66	66	100.0	66	64	97.0	66
05	Boys	78	76	97.4	73	67	91.8	78	75	96.0	78	77	98.7	78	74	94.9	78
05	Girls	69	67	97.1	67	66	98.5	70	69	99.0	70	70	100.0	70	65	92.9	70
06	Boys	74	74	100.0	71	58	81.7	74	71	96.0	75	74	98.7	74	70	94.6	75
06	Girls	69	69	100.0	64	64	100.0	69	69	100.0	70	70	100.0	66	66	100.0	70
Totals		439	430	97.9	422	385	91.2	440	428	97.3	442	440	99.5	436	415	95.2	442

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	45	78.9	55	25	45.5	57	45	79.0	57	57	100.0	57	50	87.7	57
04	Girls	49	43	87.8	49	47	95.9	49	40	82.0	49	48	98.0	49	44	89.8	49
05	Boys	64	53	82.8	64	36	56.3	64	50	78.0	64	64	100.0	64	57	89.1	64
05	Girls	47	41	87.2	48	42	87.5	48	44	92.0	48	48	100.0	47	37	78.7	48
06	Boys	48	42	87.5	48	26	54.2	49	43	88.0	48	48	100.0	48	42	87.5	49
06	Girls	43	37	86.0	43	41	95.3	43	40	93.0	43	43	100.0	43	42	97.7	43
Totals		308	261	84.7	307	217	70.7	310	262	84.5	309	308	99.7	308	272	88.3	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Sherman Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	29	100.0	29	29	100.0	29	29	100.0	29	29	100.0	29	29	100.0	30
04	Girls	17	17	100.0	16	16	100.0	17	17	100.0	17	17	100.0	17	17	100.0	17
05	Boys	21	21	100.0	21	21	100.0	21	21	100.0	21	21	100.0	21	21	100.0	21
05	Girls	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25
06	Boys	17	17	100.0	17	17	100.0	17	17	100.0	17	17	100.0	17	17	100.0	17
06	Girls	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23
Totals		132	132	100.0	131	131	100.0	132	132	100.0	132	132	100.0	132	132	100.0	133

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Shrevewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	28	100.0	28	18	64.3	28	23	82.0	28	28	100.0	28	27	96.4	31
04	Girls	31	29	93.5	31	31	100.0	31	31	100.0	31	31	100.0	31	25	80.6	31
05	Boys	32	28	87.5	33	24	72.7	36	35	97.0	36	36	100.0	32	28	87.5	39
05	Girls	35	28	80.0	37	36	97.3	37	37	100.0	37	37	100.0	35	34	97.1	37
06	Boys	41	39	95.1	41	29	70.7	42	42	100.0	42	42	100.0	40	36	90.0	45
06	Girls	30	28	93.3	33	32	97.0	33	33	100.0	32	32	100.0	32	27	84.4	33
Totals		197	180	91.4	203	170	83.7	207	201	97.1	206	206	100.0	198	177	89.4	216

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	48	96.0	50	38	76.0	50	48	96.0	50	26	52.0	50	39	78.0	50
04	Girls	56	53	94.6	56	56	100.0	56	56	100.0	56	42	75.0	56	31	55.4	56
05	Boys	63	60	95.2	63	54	85.7	63	63	100.0	63	43	68.3	63	50	79.4	63
05	Girls	61	58	95.1	61	53	86.9	61	60	98.0	61	47	77.0	61	31	50.8	61
06	Boys	64	63	98.4	65	54	83.1	65	63	97.0	65	60	92.3	65	47	72.3	65
06	Girls	55	54	98.2	55	53	96.4	55	54	98.0	55	52	94.5	55	39	70.9	55
Totals		349	336	96.3	350	308	88.0	350	344	98.3	350	270	77.1	350	237	67.7	350

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	27	87.1	31	21	67.7	31	26	84.0	31	26	83.9	31	30	96.8	31
04	Girls	29	26	89.7	30	30	100.0	29	23	79.0	29	22	75.9	29	25	86.2	30
05	Boys	33	29	87.9	33	24	72.7	33	22	67.0	33	24	72.7	33	30	90.9	35
05	Girls	24	20	83.3	24	24	100.0	24	18	75.0	24	16	66.7	24	23	95.8	24
Totals		117	102	87.2	118	99	83.9	117	89	76.1	117	88	75.2	117	108	92.3	120

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
South County HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	246	245	99.6	243	167	68.7	246	239	97.0	243	209	86.0	244	193	79.1	246
09	Girls	239	236	98.7	239	179	74.9	241	238	99.0	241	224	92.9	238	219	92.0	241
10	Boys	256	249	97.3	250	155	62.0	256	253	99.0	256	245	95.7	249	203	81.5	257
10	Girls	253	251	99.2	251	185	73.7	251	245	98.0	252	245	97.2	246	221	89.8	253
11	Boys	9	9	100.0	8	1	12.5	9	8	89.0	9	9	100.0	8	4	50.0	9
11	Girls	9	7	77.8	7	5	71.4	9	9	100.0	9	8	88.9	8	7	87.5	9
12	Boys	1	1	100.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	1
12	Girls	2	1	50.0	1	0	0.0	2	1	50.0	2	2	100.0	1	1	100.0	2
Totals		1,015	999	98.4	999	692	69.3	1,015	994	97.9	1,013	943	93.1	994	848	85.3	1,018

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
South County MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	228	223	97.8	231	161	69.7	231	228	99.0	231	219	94.8	231	221	95.7	232
07	Girls	217	213	98.2	220	203	92.3	220	219	100.0	220	216	98.2	220	215	97.7	220
08	Boys	225	225	100.0	226	173	76.5	227	214	94.0	226	213	94.2	216	191	88.4	231
08	Girls	220	217	98.6	219	194	88.6	220	218	99.0	220	212	96.4	205	188	91.7	221
Totals		890	878	98.7	896	731	81.6	898	879	97.9	897	860	95.9	872	815	93.5	904

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
South Lakes HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	283	279	98.6	284	224	78.9	287	287	100.0	285	281	98.6	282	258	91.5	292
09	Girls	303	301	99.3	297	257	86.5	303	303	100.0	302	302	100.0	300	290	96.7	305
10	Boys	282	270	95.7	245	152	62.0	294	290	99.0	267	257	96.3	281	217	77.2	299
10	Girls	280	259	92.5	243	169	69.5	286	283	99.0	270	266	98.5	279	225	80.6	295
11	Boys	7	6	85.7	6	4	66.7	8	6	75.0	8	7	87.5	8	5	62.5	11
11	Girls	5	4	80.0	4	1	25.0	6	6	100.0	4	3	75.0	4	2	50.0	10
12	Boys	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	8
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	7
Totals		1,161	1,120	96.5	1,080	807	74.7	1,186	1,177	99.2	1,138	1,118	98.2	1,155	998	86.4	1,227

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	54	84.4	65	48	73.8	67	63	94.0	66	35	53.0	64	44	68.8	67
04	Girls	66	54	81.8	66	66	100.0	66	60	91.0	66	42	63.6	66	32	48.5	67
05	Boys	76	62	81.6	79	61	77.2	79	70	89.0	79	50	63.3	79	56	70.9	79
05	Girls	78	65	83.3	78	73	93.6	78	71	91.0	78	47	60.3	78	48	61.5	78
06	Boys	83	64	77.1	83	61	73.5	83	73	88.0	83	58	69.9	82	54	65.9	83
06	Girls	64	54	84.4	64	56	87.5	64	62	97.0	64	47	73.4	64	35	54.7	65
Totals		431	353	81.9	435	365	83.9	437	399	91.3	436	279	64.0	433	269	62.1	439

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	59	93.7	63	50	79.4	63	63	100.0	62	38	61.3	63	58	92.1	63
04	Girls	66	59	89.4	66	66	100.0	66	63	96.0	66	54	81.8	65	60	92.3	66
05	Boys	73	71	97.3	73	61	83.6	73	71	97.0	73	54	74.0	73	65	89.0	73
05	Girls	55	52	94.5	55	55	100.0	55	54	98.0	55	45	81.8	55	48	87.3	55
06	Boys	45	44	97.8	45	36	80.0	45	44	98.0	45	38	84.4	45	40	88.9	45
06	Girls	72	67	93.1	72	71	98.6	72	72	100.0	72	62	86.1	72	69	95.8	72
Totals		374	352	94.1	374	339	90.6	374	367	98.1	373	291	78.0	373	340	91.2	374

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	20	87.0	23	14	60.9	23	23	100.0	23	23	100.0	23	23	100.0	23
04	Girls	41	30	73.2	40	40	100.0	41	41	100.0	41	40	97.6	38	28	73.7	41
05	Boys	39	35	89.7	39	27	69.2	39	39	100.0	39	38	97.4	39	38	97.4	39
05	Girls	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	28
06	Boys	31	28	90.3	31	21	67.7	32	32	100.0	32	29	90.6	31	25	80.6	32
06	Girls	30	26	86.7	30	30	100.0	31	31	100.0	30	30	100.0	30	25	83.3	31
Totals		192	167	87.0	191	160	83.8	194	194	100.0	193	188	97.4	189	167	88.4	194

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Stone MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	222	211	95.0	222	173	77.9	222	201	91.0	222	189	85.1	220	179	81.4	223
07	Girls	198	194	98.0	197	186	94.4	199	194	98.0	199	189	95.0	197	154	78.2	199
08	Boys	229	220	96.1	229	159	69.4	229	225	98.0	229	181	79.0	228	190	83.3	229
08	Girls	212	200	94.3	211	183	86.7	212	206	97.0	212	169	79.7	211	189	89.6	212
Totals		861	825	95.8	859	701	81.6	862	826	95.8	862	728	84.5	856	712	83.2	863

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	73	97.3	75	67	89.3	75	71	95.0	75	74	98.7	75	74	98.7	75
04	Girls	75	75	100.0	74	74	100.0	75	74	99.0	75	75	100.0	75	73	97.3	75
05	Boys	67	66	98.5	67	61	91.0	67	59	88.0	67	67	100.0	67	66	98.5	67
05	Girls	61	60	98.4	60	60	100.0	61	59	97.0	61	60	98.4	61	61	100.0	61
06	Boys	83	81	97.6	83	69	83.1	83	73	88.0	83	82	98.8	83	78	94.0	83
06	Girls	46	46	100.0	46	46	100.0	46	43	94.0	45	45	100.0	46	45	97.8	46
Totals		407	401	98.5	405	377	93.1	407	379	93.1	406	403	99.3	407	397	97.5	407

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Stuart HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	226	225	99.6	208	114	54.8	236	218	92.0	225	192	85.3	221	138	62.4	238
09	Girls	186	182	97.8	173	87	50.3	192	188	98.0	187	148	79.1	187	126	67.4	195
10	Boys	194	188	96.9	196	77	39.3	202	147	73.0	199	150	75.4	192	115	59.9	211
10	Girls	168	162	96.4	163	57	35.0	180	161	89.0	170	144	84.7	160	115	71.9	183
11	Boys	20	20	100.0	22	7	31.8	24	20	83.0	21	14	66.7	18	8	44.4	26
11	Girls	24	22	91.7	19	3	15.8	26	22	85.0	22	16	72.7	21	14	66.7	28
12	Boys	5	5	100.0	5	1	20.0	6	4	67.0	6	5	83.3	5	4	80.0	6
12	Girls	6	6	100.0	3	0	0.0	5	5	100.0	3	2	66.7	5	2	40.0	8
Totals		829	810	97.7	789	346	43.9	871	765	87.8	833	671	80.6	809	522	64.5	895

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	37	100.0	37	32	86.5	38	38	100.0	37	32	86.5	37	36	97.3	41
04	Girls	42	41	97.6	42	42	100.0	42	42	100.0	42	42	100.0	42	42	100.0	44
05	Boys	59	58	98.3	59	56	94.9	59	59	100.0	59	59	100.0	59	58	98.3	59
05	Girls	49	45	91.8	49	49	100.0	50	50	100.0	49	49	100.0	49	48	98.0	50
06	Boys	60	57	95.0	60	47	78.3	60	60	100.0	60	60	100.0	58	55	94.8	60
06	Girls	56	53	94.6	56	54	96.4	56	56	100.0	56	56	100.0	56	54	96.4	56
Totals		303	291	96.0	303	280	92.4	305	305	100.0	303	298	98.3	301	293	97.3	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	26	89.7	29	17	58.6	29	26	90.0	29	25	86.2	29	21	72.4	29
04	Girls	41	37	90.2	40	39	97.5	40	38	95.0	40	35	87.5	41	26	63.4	41
05	Boys	40	33	82.5	39	34	87.2	40	38	95.0	40	34	85.0	39	32	82.1	40
05	Girls	38	31	81.6	39	38	97.4	39	39	100.0	39	38	97.4	39	28	71.8	39
06	Boys	40	36	90.0	40	25	62.5	40	38	95.0	40	39	97.5	40	22	55.0	40
06	Girls	39	30	76.9	39	37	94.9	39	38	97.0	39	38	97.4	39	21	53.8	39
Totals		227	193	85.0	226	190	84.1	227	217	95.6	227	209	92.1	227	150	66.1	228

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Terraset Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	28	100.0	28	19	67.9	28	28	100.0	28	22	78.6	28	26	92.9	28
04	Girls	23	20	87.0	23	23	100.0	23	23	100.0	23	21	91.3	23	18	78.3	23
05	Boys	31	30	96.8	32	26	81.3	32	31	97.0	32	23	71.9	32	29	90.6	32
05	Girls	19	19	100.0	20	19	95.0	20	18	90.0	20	18	90.0	19	19	100.0	21
06	Boys	23	22	95.7	23	17	73.9	24	24	100.0	23	19	82.6	23	19	82.6	24
06	Girls	28	28	100.0	29	25	86.2	29	29	100.0	29	26	89.7	29	26	89.7	29
Totals		152	147	96.7	155	129	83.2	156	153	98.1	155	129	83.2	154	137	89.0	157

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Thoreau MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	182	178	97.8	186	148	79.6	186	183	98.0	180	167	92.8	186	155	83.3	186
07	Girls	208	206	99.0	208	204	98.1	209	209	100.0	204	199	97.5	209	183	87.6	209
08	Boys	211	209	99.1	211	188	89.1	220	210	96.0	209	207	99.0	212	173	81.6	220
08	Girls	165	164	99.4	167	160	95.8	169	163	96.0	161	159	98.8	165	158	95.8	171
Totals		766	757	98.8	772	700	90.7	784	765	97.6	754	732	97.1	772	669	86.7	786

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	13	40.6	32	18	56.3	32	31	97.0	32	20	62.5	31	27	87.1	32
04	Girls	43	31	72.1	43	43	100.0	43	43	100.0	43	33	76.7	43	28	65.1	43
05	Boys	28	21	75.0	28	20	71.4	28	26	93.0	28	18	64.3	28	18	64.3	28
05	Girls	23	9	39.1	24	20	83.3	24	24	100.0	24	16	66.7	24	16	66.7	24
06	Boys	34	27	79.4	34	21	61.8	34	33	97.0	34	27	79.4	34	24	70.6	34
06	Girls	35	27	77.1	35	30	85.7	35	33	94.0	35	30	85.7	35	27	77.1	35
Totals		195	128	65.6	196	152	77.6	196	190	96.9	196	144	73.5	195	140	71.8	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Twain MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	225	220	97.8	225	174	77.3	225	208	92.0	225	169	75.1	225	195	86.7	225
07	Girls	220	214	97.3	219	199	90.9	220	218	99.0	220	168	76.4	220	195	88.6	220
08	Boys	225	213	94.7	225	162	72.0	225	212	94.0	225	194	86.2	225	167	74.2	225
08	Girls	200	186	93.0	199	172	86.4	200	194	97.0	200	183	91.5	199	158	79.4	200
Totals		870	833	95.7	868	707	81.5	870	832	95.6	870	714	82.1	869	715	82.3	870

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	51	100.0	51	42	82.4	51	40	78.0	51	51	100.0	50	49	98.0	52
04	Girls	56	52	92.9	56	56	100.0	57	50	88.0	57	57	100.0	56	55	98.2	57
05	Boys	70	68	97.1	70	62	88.6	70	54	77.0	70	70	100.0	70	68	97.1	72
05	Girls	54	53	98.1	54	54	100.0	54	51	94.0	54	54	100.0	54	52	96.3	54
06	Boys	66	63	95.5	66	54	81.8	66	62	94.0	66	66	100.0	66	61	92.4	70
06	Girls	62	62	100.0	61	60	98.4	61	60	98.0	62	62	100.0	61	60	98.4	63
Totals		359	349	97.2	358	328	91.6	359	317	88.3	360	360	100.0	357	345	96.6	368

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Vienna Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	27	100.0	27	26	96.3	27	26	96.0	27	21	77.8	27	27	100.0	27
04	Girls	15	15	100.0	15	15	100.0	15	15	100.0	15	15	100.0	15	15	100.0	15
05	Boys	22	21	95.5	23	23	100.0	23	23	100.0	22	21	95.5	23	23	100.0	23
05	Girls	27	26	96.3	27	27	100.0	27	27	100.0	27	25	92.6	27	27	100.0	31
06	Boys	26	25	96.2	26	24	92.3	26	24	92.0	26	25	96.2	26	25	96.2	27
06	Girls	24	23	95.8	23	23	100.0	25	24	96.0	25	23	92.0	24	24	100.0	26
Totals		141	137	97.2	141	138	97.9	143	139	97.2	142	130	91.5	142	141	99.3	149

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	50	100.0	50	43	86.0	50	41	82.0	50	49	98.0	50	47	94.0	50
04	Girls	61	61	100.0	61	61	100.0	61	56	92.0	61	58	95.1	61	56	91.8	61
05	Boys	61	61	100.0	48	46	95.8	61	50	82.0	61	61	100.0	61	59	96.7	61
05	Girls	62	62	100.0	52	52	100.0	62	61	98.0	62	62	100.0	62	60	96.8	62
06	Boys	61	61	100.0	61	49	80.3	61	57	93.0	61	58	95.1	61	57	93.4	61
06	Girls	44	44	100.0	42	41	97.6	45	45	100.0	45	45	100.0	45	43	95.6	45
Totals		339	339	100.0	314	292	93.0	340	310	91.2	340	333	97.9	340	322	94.7	340

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	22	75.9	29	17	58.6	30	29	97.0	30	30	100.0	30	26	86.7	30
04	Girls	39	31	79.5	39	39	100.0	39	39	100.0	39	39	100.0	39	37	94.9	39
05	Boys	37	34	91.9	37	31	83.8	37	36	97.0	37	37	100.0	37	34	91.9	37
05	Girls	25	21	84.0	24	22	91.7	26	26	100.0	25	25	100.0	25	17	68.0	26
06	Boys	40	33	82.5	40	24	60.0	40	40	100.0	40	39	97.5	40	30	75.0	40
06	Girls	48	43	89.6	49	45	91.8	49	49	100.0	49	49	100.0	49	45	91.8	49
Totals		218	184	84.4	218	178	81.7	221	219	99.1	220	219	99.5	220	189	85.9	221

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	62	98.4	63	53	84.1	63	56	89.0	62	41	66.1	63	58	92.1	63
04	Girls	47	47	100.0	46	46	100.0	47	47	100.0	46	42	91.3	46	43	93.5	48
05	Boys	61	61	100.0	61	52	85.2	61	54	89.0	59	43	72.9	60	58	96.7	62
05	Girls	50	48	96.0	50	48	96.0	51	50	98.0	51	42	82.4	49	48	98.0	53
06	Boys	46	46	100.0	45	35	77.8	46	40	87.0	45	43	95.6	45	42	93.3	47
06	Girls	52	51	98.1	52	51	98.1	52	51	98.0	52	48	92.3	51	49	96.1	52
Totals		319	315	98.7	317	285	89.9	320	298	93.1	315	259	82.2	314	298	94.9	325

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	36	92.3	38	23	60.5	42	36	86.0	39	34	87.2	39	37	94.9	42
04	Girls	37	36	97.3	37	37	100.0	37	37	100.0	37	35	94.6	36	32	88.9	37
05	Boys	36	33	91.7	36	26	72.2	36	35	97.0	36	34	94.4	36	32	88.9	38
05	Girls	38	33	86.8	38	33	86.8	38	37	97.0	38	34	89.5	38	28	73.7	40
06	Boys	36	33	91.7	36	24	66.7	36	35	97.0	36	33	91.7	35	29	82.9	36
06	Girls	33	29	87.9	33	28	84.8	33	33	100.0	33	33	100.0	33	27	81.8	34
Totals		219	200	91.3	218	171	78.4	222	213	95.9	219	203	92.7	217	185	85.3	227

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Waynewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	46	86.8	53	46	87.0	53	53	100.0	53	53	100.0	53
04	Girls	41	41	100.0	41	41	100.0	41	40	98.0	41	41	100.0	41	41	100.0	42
05	Boys	42	42	100.0	42	39	92.9	42	35	83.0	42	42	100.0	42	41	97.6	42
05	Girls	33	33	100.0	33	33	100.0	33	30	91.0	33	33	100.0	33	33	100.0	33
06	Boys	57	57	100.0	57	49	86.0	57	50	88.0	57	55	96.5	57	56	98.2	57
06	Girls	39	39	100.0	39	39	100.0	39	38	97.0	39	39	100.0	39	39	100.0	39
Totals		265	265	100.0	265	247	93.2	265	239	90.2	265	263	99.2	265	263	99.2	266

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
West Potomac HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	250	190	76.0	295	173	58.6	297	271	91.0	270	260	96.3	234	152	65.0	315
09	Girls	238	191	80.3	276	193	69.9	275	250	91.0	265	254	95.8	220	166	75.5	302
10	Boys	249	235	94.4	243	160	65.8	260	226	87.0	255	245	96.1	232	186	80.2	266
10	Girls	271	254	93.7	260	172	66.2	276	255	92.0	274	265	96.7	244	212	86.9	288
11	Boys	31	30	96.8	30	17	56.7	36	32	89.0	34	32	94.1	32	27	84.4	36
11	Girls	31	24	77.4	25	4	16.0	32	26	81.0	29	27	93.1	24	15	62.5	34
12	Boys	4	3	75.0	2	1	50.0	6	5	83.0	6	2	33.3	1	1	100.0	6
12	Girls	8	5	62.5	6	1	16.7	12	12	100.0	9	6	66.7	4	3	75.0	12
Totals		1,082	932	86.1	1,137	721	63.4	1,194	1,077	90.2	1,142	1,091	95.5	991	762	76.9	1,259

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	30	21	70.0	30	24	80.0	30	28	93.3	30	28	93.3	30
04	Girls	27	24	88.9	27	27	100.0	27	24	89.0	27	25	92.6	27	19	70.4	27
05	Boys	26	24	92.3	26	17	65.4	26	23	89.0	26	24	92.3	26	23	88.5	26
05	Girls	32	32	100.0	32	29	90.6	32	31	97.0	32	30	93.8	32	26	81.3	32
06	Boys	35	34	97.1	35	22	62.9	35	32	91.0	35	33	94.3	35	31	88.6	35
06	Girls	38	37	97.4	38	37	97.4	38	34	90.0	38	37	97.4	38	34	89.5	38
Totals		188	180	95.7	188	153	81.4	188	168	89.4	188	177	94.1	188	161	85.6	188

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
West Springfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	290	279	96.2	288	203	70.5	291	287	99.0	275	275	100.0	290	244	84.1	291
09	Girls	315	304	96.5	316	235	74.4	319	318	100.0	302	302	100.0	314	291	92.7	319
10	Boys	287	284	99.0	268	158	59.0	287	275	96.0	286	277	96.9	287	210	73.2	288
10	Girls	264	260	98.5	248	186	75.0	266	259	97.0	265	261	98.5	264	228	86.4	268
11	Boys	8	8	100.0	8	5	62.5	9	9	100.0	9	9	100.0	8	7	87.5	10
11	Girls	9	8	88.9	7	5	71.4	10	9	90.0	10	9	90.0	7	7	100.0	10
12	Boys	3	1	33.3	1	0	0.0	2	2	100.0	2	1	50.0	1	1	100.0	6
12	Girls	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,176	1,144	97.3	1,136	792	69.7	1,185	1,160	97.9	1,150	1,135	98.7	1,172	989	84.4	1,193

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	30	96.8	31	16	51.6	31	31	100.0	31	30	96.8	31	30	96.8	31
04	Girls	31	30	96.8	31	31	100.0	31	31	100.0	31	31	100.0	31	28	90.3	31
05	Boys	29	27	93.1	29	27	93.1	29	28	97.0	29	29	100.0	29	27	93.1	29
05	Girls	43	41	95.3	43	42	97.7	43	43	100.0	43	43	100.0	43	41	95.3	43
06	Boys	38	38	100.0	37	28	75.7	38	38	100.0	38	38	100.0	37	34	91.9	38
06	Girls	24	22	91.7	23	22	95.7	24	24	100.0	24	24	100.0	21	18	85.7	24
Totals		196	188	95.9	194	166	85.6	196	195	99.5	196	195	99.5	192	178	92.7	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Westfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	383	371	96.9	382	348	91.1	384	378	98.0	382	344	90.1	383	315	82.2	388
09	Girls	313	299	95.5	315	293	93.0	317	315	99.0	314	289	92.0	315	251	79.7	318
10	Boys	345	334	96.8	345	255	73.9	346	337	97.0	348	286	82.2	347	271	78.1	351
10	Girls	341	320	93.8	347	304	87.6	349	338	97.0	345	295	85.5	346	248	71.7	352
11	Boys	11	10	90.9	11	5	45.5	13	13	100.0	11	8	72.7	11	7	63.6	15
11	Girls	12	9	75.0	12	8	66.7	16	15	94.0	12	10	83.3	12	7	58.3	18
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,405	1,343	95.6	1,412	1,213	85.9	1,425	1,396	98.0	1,412	1,232	87.3	1,414	1,099	77.7	1,446

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Westgate Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	25	83.3	29	19	65.5	29	23	79.0	30	29	96.7	29	17	58.6	30
04	Girls	36	35	97.2	36	36	100.0	36	31	86.0	36	36	100.0	36	26	72.2	36
05	Boys	43	41	95.3	43	38	88.4	43	37	86.0	43	42	97.7	43	21	48.8	43
05	Girls	33	26	78.8	33	32	97.0	34	30	88.0	33	32	97.0	33	17	51.5	35
06	Boys	22	18	81.8	22	20	90.9	22	22	100.0	22	22	100.0	22	14	63.6	22
06	Girls	29	25	86.2	29	28	96.6	29	29	100.0	29	29	100.0	29	16	55.2	29
Totals		193	170	88.1	192	173	90.1	193	172	89.1	193	190	98.4	192	111	57.8	195

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	41	82.0	50	24	48.0	50	50	100.0	50	47	94.0	50	37	74.0	50
04	Girls	41	28	68.3	41	41	100.0	41	41	100.0	41	36	87.8	41	22	53.7	42
05	Boys	47	37	78.7	47	31	66.0	48	47	98.0	48	38	79.2	47	35	74.5	48
05	Girls	37	29	78.4	37	32	86.5	38	37	97.0	37	36	97.3	37	24	64.9	38
06	Boys	59	48	81.4	59	31	52.5	59	59	100.0	58	46	79.3	59	38	64.4	59
06	Girls	45	40	88.9	44	42	95.5	45	44	98.0	44	42	95.5	44	29	65.9	45
Totals		279	223	79.9	278	201	72.3	281	278	98.9	278	245	88.1	278	185	66.5	282

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Wyanoke Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	50	98.0	51	38	74.5	51	51	100.0	51	46	90.2	51	46	90.2	51
04	Girls	41	37	90.2	42	41	97.6	42	41	98.0	42	42	100.0	42	37	88.1	42
05	Boys	45	43	95.6	45	32	71.1	45	45	100.0	45	44	97.8	45	42	93.3	45
05	Girls	47	39	83.0	47	44	93.6	47	47	100.0	46	43	93.5	44	36	81.8	47
Totals		184	169	91.8	185	155	83.8	185	184	99.5	184	175	95.1	182	161	88.5	185

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	56	83.6	67	59	88.1	67	63	94.0	67	31	46.3	67	59	88.1	68
04	Girls	54	50	92.6	54	54	100.0	54	52	96.0	54	34	63.0	54	48	88.9	54
05	Boys	62	57	91.9	61	52	85.2	62	61	98.0	62	52	83.9	62	50	80.6	62
05	Girls	59	48	81.4	59	57	96.6	59	58	98.0	59	54	91.5	57	42	73.7	59
06	Boys	62	58	93.5	62	49	79.0	63	61	97.0	62	45	72.6	62	48	77.4	63
06	Girls	62	52	83.9	63	59	93.7	63	63	100.0	63	53	84.1	63	52	82.5	63
Totals		366	321	87.7	366	330	90.2	368	358	97.3	367	269	73.3	365	299	81.9	369

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Whitman MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	260	257	98.8	260	137	52.7	260	248	95.0	260	260	100.0	262	248	94.7	262
07	Girls	238	234	98.3	238	162	68.1	238	235	99.0	238	238	100.0	237	233	98.3	238
08	Boys	254	253	99.6	254	112	44.1	256	250	98.0	257	257	100.0	255	226	88.6	259
08	Girls	240	240	100.0	240	98	40.8	242	239	99.0	241	241	100.0	242	208	86.0	245
Totals		992	984	99.2	992	509	51.3	996	972	97.6	996	996	100.0	996	915	91.9	1,004

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	75	100.0	75	56	74.7	75	72	96.0	75	75	100.0	73	60	82.2	77
04	Girls	67	67	100.0	68	68	100.0	67	65	97.0	67	67	100.0	66	42	63.6	68
05	Boys	76	76	100.0	74	58	78.4	76	72	95.0	76	76	100.0	53	40	75.5	77
05	Girls	75	75	100.0	73	72	98.6	75	75	100.0	75	75	100.0	50	42	84.0	75
06	Boys	75	75	100.0	74	57	77.0	74	67	91.0	74	74	100.0	71	60	84.5	76
06	Girls	62	62	100.0	61	59	96.7	62	62	100.0	62	62	100.0	61	38	62.3	63
Totals		430	430	100.0	425	370	87.1	429	413	96.3	429	429	100.0	374	282	75.4	436

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	39	95.1	41	39	95.1	41	35	85.0	41	29	70.7	41	37	90.2	41
04	Girls	32	30	93.8	32	32	100.0	32	30	94.0	32	29	90.6	32	26	81.3	32
05	Boys	44	44	100.0	44	43	97.7	44	40	91.0	44	39	88.6	44	40	90.9	44
05	Girls	51	46	90.2	51	51	100.0	51	43	84.0	51	48	94.1	51	43	84.3	51
06	Boys	43	41	95.3	43	40	93.0	43	36	84.0	43	43	100.0	42	39	92.9	43
06	Girls	43	31	72.1	42	41	97.6	45	41	91.0	45	44	97.8	44	36	81.8	45
Totals		254	231	90.9	253	246	97.2	256	225	87.9	256	232	90.6	254	221	87.0	256

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Woodburn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	43	20	46.5	43	32	74.0	43	40	93.0	43	34	79.1	43
04	Girls	37	36	97.3	37	37	100.0	37	34	92.0	37	33	89.2	37	30	81.1	37
05	Boys	38	31	81.6	38	26	68.4	38	34	90.0	38	34	89.5	38	25	65.8	38
05	Girls	31	28	90.3	31	31	100.0	31	29	94.0	31	28	90.3	31	22	71.0	31
06	Boys	33	32	97.0	33	27	81.8	33	29	88.0	33	30	90.9	33	29	87.9	33
06	Girls	23	19	82.6	23	20	87.0	23	23	100.0	23	19	82.6	23	13	56.5	23
Totals		205	189	92.2	205	161	78.5	205	181	88.3	205	184	89.8	205	153	74.6	205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	17	45.9	49	22	44.9	51	51	100.0	50	35	70.0	50	42	84.0	55
04	Girls	33	16	48.5	38	36	94.7	44	42	96.0	41	27	65.9	41	24	58.5	46
05	Boys	35	17	48.6	35	19	54.3	36	34	94.0	35	18	51.4	35	22	62.9	36
05	Girls	48	19	39.6	48	41	85.4	49	49	100.0	49	34	69.4	48	27	56.3	51
06	Boys	43	33	76.7	42	29	69.0	46	45	98.0	43	37	86.0	42	33	78.6	47
06	Girls	32	20	62.5	32	32	100.0	32	32	100.0	32	26	81.3	32	28	87.5	32
Totals		228	122	53.5	244	179	73.4	258	253	98.1	250	177	70.8	248	176	71.0	267

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	39	34	87.2	39	38	97.0	36	36	100.0	39	32	82.1	39
04	Girls	48	45	93.8	48	48	100.0	48	48	100.0	46	46	100.0	46	30	65.2	48
05	Boys	39	35	89.7	39	26	66.7	39	37	95.0	38	38	100.0	36	30	83.3	39
05	Girls	41	38	92.7	41	39	95.1	41	41	100.0	41	41	100.0	40	33	82.5	41
06	Boys	41	38	92.7	41	30	73.2	41	41	100.0	41	41	100.0	41	35	85.4	41
06	Girls	40	35	87.5	40	35	87.5	40	40	100.0	40	40	100.0	40	28	70.0	40
Totals		247	227	91.9	248	212	85.5	248	245	98.8	242	242	100.0	242	188	77.7	248

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2011-2012
Woodson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	269	266	98.9	272	257	94.5	273	270	99.0	267	226	84.6	270	245	90.7	278
09	Girls	240	238	99.2	240	229	95.4	242	239	99.0	240	211	87.9	238	228	95.8	243
10	Boys	258	255	98.8	256	228	89.1	264	250	95.0	242	203	83.9	259	224	86.5	268
10	Girls	237	234	98.7	239	220	92.1	244	236	97.0	217	205	94.5	240	231	96.3	247
11	Boys	3	3	100.0	3	1	33.3	3	3	100.0	2	2	100.0	3	3	100.0	4
11	Girls	2	2	100.0	2	1	50.0	2	2	100.0	1	1	100.0	2	1	50.0	3
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	2
Totals		1,010	999	98.9	1,013	937	92.5	1,029	1,001	97.3	970	849	87.5	1,013	932	92.0	1,046