

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
ALC at Burke**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	1	1	100.0	1	1	100.0	1	0	0.0	1	0	0.0	1	0	0.0	3
04	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	1
05	Boys	4	4	100.0	4	1	25.0	4	4	100.0	2	2	100.0	4	3	75.0	8
05	Girls	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
06	Boys	2	2	100.0	1	1	100.0	2	2	100.0	2	2	100.0	2	2	100.0	3
06	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		10	9	90.0	9	6	66.7	10	9	90.0	8	7	87.5	10	7	70.0	17

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
ALC at Cameron**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	1	0	0.0	1	0	0.0	2	2	100.0	1	1	100.0	1	1	100.0	3
05	Boys	4	3	75.0	4	2	50.0	4	1	25.0	4	2	50.0	4	3	75.0	5
06	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		5	3	60.0	5	2	40.0	6	3	50.0	5	3	60.0	5	4	80.0	9

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	1
07	Boys	6	6	100.0	6	3	50.0	6	4	67.0	4	4	100.0	5	3	60.0	7
07	Girls	3	3	100.0	3	1	33.3	3	3	100.0	3	3	100.0	3	3	100.0	4
08	Boys	22	19	86.4	23	14	60.9	23	19	83.0	22	18	81.8	21	18	85.7	32
08	Girls	3	2	66.7	3	2	66.7	3	3	100.0	3	3	100.0	3	2	66.7	4
Totals		35	31	88.6	36	20	55.6	36	30	83.3	33	29	87.9	32	26	81.3	48

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	8	5	62.5	9	4	44.4	11	11	100.0	10	10	100.0	7	6	85.7	17
09	Girls	3	3	100.0	4	0	0.0	6	6	100.0	2	2	100.0	3	3	100.0	11
10	Boys	4	4	100.0	4	2	50.0	5	4	80.0	2	2	100.0	4	4	100.0	14
10	Girls	2	2	100.0	1	0	0.0	3	3	100.0	1	1	100.0	1	1	100.0	5
Totals		17	14	82.4	18	6	33.3	25	24	96.0	15	15	100.0	15	14	93.3	47

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	43	38	88.4	43	36	84.0	43	31	72.1	43	42	97.7	43
04	Girls	46	46	100.0	46	46	100.0	46	38	83.0	46	42	91.3	46	43	93.5	46
05	Boys	35	35	100.0	35	31	88.6	35	30	86.0	35	29	82.9	35	34	97.1	35
05	Girls	50	50	100.0	50	46	92.0	50	48	96.0	50	44	88.0	50	48	96.0	50
06	Boys	36	36	100.0	36	30	83.3	36	29	81.0	36	26	72.2	36	34	94.4	36
06	Girls	33	33	100.0	33	33	100.0	33	30	91.0	33	27	81.8	33	31	93.9	34
Totals		243	243	100.0	243	224	92.2	243	211	86.8	243	199	81.9	243	232	95.5	244

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Annandale HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	321	318	99.1	318	268	84.3	322	313	97.0	325	273	84.0	320	273	85.3	329
09	Girls	258	257	99.6	256	215	84.0	261	259	99.0	257	238	92.6	259	247	95.4	263
10	Boys	227	226	99.6	228	162	71.1	230	223	97.0	237	176	74.3	227	202	89.0	242
10	Girls	252	251	99.6	255	180	70.6	258	250	97.0	261	216	82.8	255	244	95.7	266
11	Boys	20	20	100.0	17	15	88.2	20	20	100.0	25	17	68.0	20	18	90.0	27
11	Girls	28	28	100.0	28	17	60.7	31	30	97.0	29	21	72.4	28	26	92.9	31
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	6	4	66.7	1	0	0.0	6
12	Girls	2	2	100.0	3	1	33.3	2	2	100.0	5	3	60.0	2	2	100.0	8
Totals		1,109	1,103	99.5	1,106	858	77.6	1,125	1,098	97.6	1,145	948	82.8	1,112	1,012	91.0	1,172

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	48	92.3	52	20	38.5	52	52	100.0	52	47	90.4	52	51	98.1	52
04	Girls	53	44	83.0	53	53	100.0	53	53	100.0	53	47	88.7	53	45	84.9	53
05	Boys	53	46	86.8	53	24	45.3	53	48	91.0	53	48	90.6	53	48	90.6	53
05	Girls	54	45	83.3	54	43	79.6	54	51	94.0	54	45	83.3	54	48	88.9	55
Totals		212	183	86.3	212	140	66.0	212	204	96.2	212	187	88.2	212	192	90.6	213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Archer Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	82	70	85.4	82	66	80.5	82	71	87.0	82	65	79.3	82	79	96.3	82
04	Girls	69	64	92.8	69	68	98.6	69	64	93.0	69	59	85.5	69	61	88.4	69
05	Boys	75	63	84.0	75	67	89.3	75	69	92.0	75	43	57.3	75	73	97.3	75
05	Girls	82	48	58.5	82	80	97.6	82	80	98.0	82	48	58.5	82	71	86.6	82
06	Boys	97	77	79.4	97	81	83.5	97	92	95.0	97	46	47.4	97	91	93.8	97
06	Girls	64	56	87.5	64	64	100.0	64	64	100.0	64	49	76.6	64	58	90.6	64
Totals		469	378	80.6	469	426	90.8	469	440	93.8	469	310	66.1	469	433	92.3	469

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	28	100.0	28	17	60.7	28	28	100.0	28	27	96.4	28	22	78.6	29
04	Girls	28	27	96.4	28	28	100.0	28	28	100.0	28	28	100.0	28	25	89.3	28
05	Boys	46	42	91.3	46	37	80.4	46	44	96.0	46	46	100.0	46	39	84.8	48
05	Girls	35	34	97.1	35	34	97.1	35	33	94.0	35	34	97.1	35	34	97.1	36
06	Boys	31	31	100.0	31	28	90.3	32	31	97.0	31	31	100.0	31	27	87.1	32
06	Girls	38	35	92.1	38	36	94.7	38	38	100.0	38	37	97.4	38	36	94.7	39
Totals		206	197	95.6	206	180	87.4	207	202	97.6	206	203	98.5	206	183	88.8	212

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Baileys Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	91	77	84.6	91	57	62.6	91	68	75.0	90	88	97.8	91	82	90.1	92
04	Girls	94	78	83.0	93	92	98.9	94	76	81.0	93	92	98.9	93	77	82.8	94
05	Boys	79	68	86.1	80	60	75.0	80	54	68.0	79	77	97.5	79	63	79.7	80
05	Girls	88	78	88.6	87	85	97.7	88	75	85.0	88	87	98.9	88	71	80.7	88
Totals		352	301	85.5	351	294	83.8	353	273	77.3	350	344	98.3	351	293	83.5	354

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Beech Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	26	78.8	33	14	42.4	33	26	79.0	33	29	87.9	33	29	87.9	33
04	Girls	32	30	93.8	32	32	100.0	32	29	91.0	32	31	96.9	32	32	100.0	32
05	Boys	32	30	93.8	32	14	43.8	32	27	84.0	32	32	100.0	32	32	100.0	32
05	Girls	37	32	86.5	37	29	78.4	37	34	92.0	37	37	100.0	37	36	97.3	37
Totals		134	118	88.1	134	89	66.4	134	116	86.6	134	129	96.3	134	129	96.3	134

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Belle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	35	100.0	35	30	85.7	36	36	100.0	36	36	100.0	35	33	94.3	36
04	Girls	34	34	100.0	35	34	97.1	37	37	100.0	35	35	100.0	34	31	91.2	38
05	Boys	29	28	96.6	28	24	85.7	31	30	97.0	28	28	100.0	29	21	72.4	31
05	Girls	28	27	96.4	27	27	100.0	28	28	100.0	27	27	100.0	27	24	88.9	29
06	Boys	30	29	96.7	30	24	80.0	32	32	100.0	30	30	100.0	30	28	93.3	36
06	Girls	24	24	100.0	24	24	100.0	27	27	100.0	25	25	100.0	25	23	92.0	28
Totals		180	177	98.3	179	163	91.1	191	190	99.5	181	181	100.0	180	160	88.9	198

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	48	92.3	51	35	68.6	54	53	98.0	53	53	100.0	51	31	60.8	55
04	Girls	44	43	97.7	43	42	97.7	44	44	100.0	44	43	97.7	44	24	54.5	44
05	Boys	54	54	100.0	54	34	63.0	55	55	100.0	55	55	100.0	55	33	60.0	55
05	Girls	53	53	100.0	54	51	94.4	54	54	100.0	54	54	100.0	54	23	42.6	54
Totals		203	198	97.5	202	162	80.2	207	206	99.5	206	205	99.5	204	111	54.4	208

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	36	83.7	43	25	58.1	43	39	91.0	43	20	46.5	43	40	93.0	43
04	Girls	58	45	77.6	58	58	100.0	58	54	93.0	58	41	70.7	58	51	87.9	58
05	Boys	52	39	75.0	52	37	71.2	52	45	87.0	52	24	46.2	52	43	82.7	52
05	Girls	48	42	87.5	48	40	83.3	48	43	90.0	48	31	64.6	48	42	87.5	48
06	Boys	57	49	86.0	57	37	64.9	57	52	91.0	57	35	61.4	57	55	96.5	57
06	Girls	58	39	67.2	58	46	79.3	58	52	90.0	58	38	65.5	58	49	84.5	58
Totals		316	250	79.1	316	243	76.9	316	285	90.2	316	189	59.8	316	280	88.6	316

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Braddock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	61	98.4	62	30	48.4	62	53	86.0	62	45	72.6	62	57	91.9	62
04	Girls	53	49	92.5	53	53	100.0	53	52	98.0	53	39	73.6	53	43	81.1	53
05	Boys	54	51	94.4	54	33	61.1	54	49	91.0	54	26	48.1	54	49	90.7	54
05	Girls	53	53	100.0	53	50	94.3	53	51	96.0	53	42	79.2	53	46	86.8	53
Totals		222	214	96.4	222	166	74.8	222	205	92.3	222	152	68.5	222	195	87.8	222

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Bren Mar Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	15	38.5	40	22	55.0	42	27	64.0	42	33	78.6	38	32	84.2	43
04	Girls	27	15	55.6	27	27	100.0	28	21	75.0	27	21	77.8	27	17	63.0	28
05	Boys	33	27	81.8	34	12	35.3	38	26	68.0	37	25	67.6	34	23	67.6	38
05	Girls	29	17	58.6	28	25	89.3	30	23	77.0	30	25	83.3	29	19	65.5	30
Totals		128	74	57.8	129	86	66.7	138	97	70.3	136	104	76.5	128	91	71.1	139

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	41	91.1	45	29	64.4	46	41	89.0	45	38	84.4	44	42	95.5	46
04	Girls	60	51	85.0	60	60	100.0	61	60	98.0	60	55	91.7	60	54	90.0	61
05	Boys	48	46	95.8	48	35	72.9	48	46	96.0	48	47	97.9	48	44	91.7	48
05	Girls	51	47	92.2	50	47	94.0	51	49	96.0	51	47	92.2	51	49	96.1	51
06	Boys	56	54	96.4	55	41	74.5	56	50	89.0	56	54	96.4	56	53	94.6	56
06	Girls	61	60	98.4	62	56	90.3	61	61	100.0	61	59	96.7	61	58	95.1	62
Totals		321	299	93.1	320	268	83.8	323	307	95.0	321	300	93.5	320	300	93.8	324

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	0	0	0.0	7
09	Girls	1	0	0.0	2	1	50.0	2	2	100.0	1	1	100.0	2	1	50.0	6
10	Boys	3	2	66.7	4	1	25.0	4	3	75.0	4	3	75.0	4	2	50.0	13
10	Girls	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	7
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	10
11	Girls	0	0	0.0	0	0	0.0	2	2	100.0	1	1	100.0	0	0	0.0	11
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
Totals		4	2	50.0	7	3	42.9	10	9	90.0	7	6	85.7	6	3	50.0	60

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	20	19	95.0	20	9	45.0	20	18	90.0	20	19	95.0	20	19	95.0	20
04	Girls	9	8	88.9	9	9	100.0	9	8	89.0	9	8	88.9	9	8	88.9	9
05	Boys	12	12	100.0	12	9	75.0	12	11	92.0	12	12	100.0	12	7	58.3	12
05	Girls	6	5	83.3	6	4	66.7	6	6	100.0	6	6	100.0	6	5	83.3	6
06	Boys	17	17	100.0	17	12	70.6	17	15	88.0	17	17	100.0	17	15	88.2	17
06	Girls	18	15	83.3	18	14	77.8	18	13	72.0	18	18	100.0	18	8	44.4	18
Totals		82	76	92.7	82	57	69.5	82	71	86.6	82	80	97.6	82	62	75.6	82

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	54	88.5	61	42	68.9	62	57	92.0	61	57	93.4	61	55	90.2	62
04	Girls	81	76	93.8	80	80	100.0	81	77	95.0	81	80	98.8	81	76	93.8	81
05	Boys	71	65	91.5	71	56	78.9	72	62	86.0	72	72	100.0	71	70	98.6	72
05	Girls	64	54	84.4	65	58	89.2	65	62	95.0	65	65	100.0	64	59	92.2	65
06	Boys	72	69	95.8	72	49	68.1	72	72	100.0	72	72	100.0	72	68	94.4	72
06	Girls	76	68	89.5	75	71	94.7	76	75	99.0	76	76	100.0	74	69	93.2	76
Totals		425	386	90.8	424	356	84.0	428	405	94.6	427	422	98.8	423	397	93.9	428

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Burke School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	6	6	100.0	6	3	50.0	6	6	100.0	6	6	100.0	6	4	66.7	6
06	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	1
07	Boys	33	27	81.8	33	14	42.4	33	33	100.0	33	33	100.0	33	17	51.5	33
07	Girls	7	6	85.7	7	7	100.0	7	7	100.0	7	7	100.0	7	5	71.4	7
08	Boys	29	22	75.9	28	12	42.9	29	29	100.0	29	29	100.0	28	15	53.6	29
08	Girls	8	7	87.5	7	4	57.1	8	8	100.0	8	8	100.0	8	3	37.5	8
Totals		84	69	82.1	82	41	50.0	84	84	100.0	84	84	100.0	83	44	53.0	84

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	28	90.3	31	20	64.5	31	26	84.0	31	30	96.8	31	26	83.9	31
04	Girls	33	29	87.9	33	32	97.0	32	31	97.0	33	31	93.9	33	26	78.8	33
05	Boys	34	29	85.3	34	23	67.6	34	22	65.0	34	33	97.1	34	26	76.5	35
05	Girls	35	31	88.6	34	32	94.1	35	33	94.0	35	32	91.4	35	27	77.1	38
06	Boys	29	24	82.8	29	18	62.1	29	25	86.0	29	29	100.0	29	21	72.4	31
06	Girls	32	24	75.0	32	29	90.6	32	31	97.0	32	32	100.0	32	21	65.6	34
Totals		194	165	85.1	193	154	79.8	193	168	87.0	194	187	96.4	194	147	75.8	202

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Camelot Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	30	100.0	30	15	50.0	30	29	97.0	31	31	100.0	30	29	96.7	35
04	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	33
05	Boys	40	40	100.0	40	22	55.0	40	39	98.0	40	37	92.5	40	35	87.5	40
05	Girls	39	39	100.0	39	34	87.2	39	39	100.0	39	36	92.3	39	34	87.2	39
06	Boys	28	28	100.0	28	15	53.6	28	28	100.0	28	27	96.4	28	27	96.4	28
06	Girls	31	31	100.0	31	26	83.9	31	31	100.0	31	29	93.5	31	31	100.0	31
Totals		200	200	100.0	200	144	72.0	200	198	99.0	201	192	95.5	200	188	94.0	206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cameron Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	26	100.0	26	22	84.6	26	26	100.0	26	24	92.3	26	26	100.0	26
04	Girls	30	30	100.0	30	30	100.0	30	29	97.0	30	28	93.3	30	29	96.7	30
05	Boys	41	41	100.0	41	33	80.5	41	41	100.0	41	35	85.4	41	41	100.0	41
05	Girls	36	36	100.0	35	35	100.0	36	36	100.0	36	33	91.7	36	35	97.2	36
06	Boys	36	36	100.0	36	31	86.1	36	36	100.0	36	34	94.4	36	36	100.0	36
06	Girls	40	40	100.0	38	37	97.4	40	39	98.0	40	40	100.0	39	39	100.0	40
Totals		209	209	100.0	206	188	91.3	209	207	99.0	209	194	92.8	208	206	99.0	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	57	86.4	68	34	50.0	69	61	88.0	67	52	77.6	66	45	68.2	69
04	Girls	60	44	73.3	60	60	100.0	62	59	95.0	60	46	76.7	60	35	58.3	63
05	Boys	78	46	59.0	78	56	71.8	78	75	96.0	78	60	76.9	78	58	74.4	78
05	Girls	60	48	80.0	60	56	93.3	60	59	98.0	60	47	78.3	60	41	68.3	60
06	Boys	58	48	82.8	58	37	63.8	60	56	93.0	58	52	89.7	58	46	79.3	60
06	Girls	55	45	81.8	55	52	94.5	55	54	98.0	55	51	92.7	55	43	78.2	55
Totals		377	288	76.4	379	295	77.8	384	364	94.8	378	308	81.5	377	268	71.1	385

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	35	100.0	35	18	51.4	36	34	94.0	36	32	88.9	36	32	88.9	36
04	Girls	34	34	100.0	34	34	100.0	32	32	100.0	33	32	97.0	33	29	87.9	35
05	Boys	35	35	100.0	37	26	70.3	37	35	95.0	36	36	100.0	37	32	86.5	39
05	Girls	27	25	92.6	27	26	96.3	27	27	100.0	27	27	100.0	27	23	85.2	27
06	Boys	34	33	97.1	35	23	65.7	35	32	91.0	35	34	97.1	35	31	88.6	35
06	Girls	39	38	97.4	39	34	87.2	38	37	97.0	38	38	100.0	38	33	86.8	40
Totals		204	200	98.0	207	161	77.8	205	197	96.1	205	199	97.1	206	180	87.4	212

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Carson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	306	276	90.2	307	242	78.8	312	311	100.0	312	273	87.5	308	254	82.5	312
07	Girls	344	312	90.7	344	319	92.7	344	343	100.0	344	321	93.3	343	301	87.8	344
08	Boys	377	358	95.0	377	331	87.8	380	379	100.0	380	306	80.5	379	337	88.9	380
08	Girls	323	304	94.1	322	304	94.4	325	323	99.0	325	292	89.8	322	300	93.2	325
Totals		1,350	1,250	92.6	1,350	1,196	88.6	1,361	1,356	99.6	1,361	1,192	87.6	1,352	1,192	88.2	1,361

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	3	60.0	5	0	0.0	7	7	100.0	0	0	0.0	7	4	57.1	7
09	Girls	1	1	100.0	1	1	100.0	3	3	100.0	3	2	66.7	1	1	100.0	6
10	Boys	7	5	71.4	5	1	20.0	5	5	100.0	3	2	66.7	4	3	75.0	14
10	Girls	1	1	100.0	2	1	50.0	1	1	100.0	0	0	0.0	1	1	100.0	6
11	Boys	1	0	0.0	1	0	0.0	1	1	100.0	0	0	0.0	1	0	0.0	3
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1	1	100.0	1
12	Girls	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	2
Totals		15	10	66.7	14	3	21.4	18	18	100.0	6	4	66.7	15	10	66.7	39

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	49	94.2	52	50	96.2	52	43	83.0	52	46	88.5	52	42	80.8	52
04	Girls	44	44	100.0	46	45	97.8	46	42	91.0	46	44	95.7	42	28	66.7	46
05	Boys	57	56	98.2	57	57	100.0	57	48	84.0	57	53	93.0	57	50	87.7	57
05	Girls	47	47	100.0	47	47	100.0	47	39	83.0	47	44	93.6	47	37	78.7	47
06	Boys	60	60	100.0	60	60	100.0	60	51	85.0	60	52	86.7	59	48	81.4	60
06	Girls	55	55	100.0	55	55	100.0	55	54	98.0	55	54	98.2	55	41	74.5	55
Totals		315	311	98.7	317	314	99.1	317	277	87.4	317	293	92.4	312	246	78.8	317

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Centreville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	71	97.3	73	49	67.1	73	58	80.0	73	41	56.2	73	71	97.3	73
04	Girls	58	57	98.3	58	58	100.0	58	53	91.0	58	42	72.4	58	56	96.6	58
05	Boys	59	59	100.0	59	42	71.2	59	51	86.0	59	32	54.2	59	54	91.5	59
05	Girls	57	55	96.5	55	49	89.1	57	52	91.0	57	35	61.4	56	51	91.1	57
06	Boys	65	64	98.5	65	44	67.7	65	60	92.0	65	46	70.8	65	62	95.4	67
06	Girls	70	70	100.0	70	69	98.6	70	69	99.0	70	61	87.1	70	68	97.1	70
Totals		382	376	98.4	380	311	81.8	382	343	89.8	382	257	67.3	381	362	95.0	384

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Centreville HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	324	315	97.2	323	243	75.2	326	316	97.0	324	304	93.8	305	274	89.8	328
09	Girls	268	258	96.3	268	203	75.7	271	264	97.0	269	250	92.9	256	232	90.6	274
10	Boys	299	292	97.7	282	168	59.6	304	274	90.0	304	293	96.4	301	257	85.4	312
10	Girls	294	285	96.9	288	207	71.9	301	290	96.0	298	289	97.0	291	272	93.5	302
11	Boys	5	5	100.0	5	3	60.0	7	6	86.0	6	6	100.0	5	4	80.0	8
11	Girls	8	6	75.0	7	5	71.4	8	7	88.0	8	8	100.0	8	7	87.5	10
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	4
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	3
Totals		1,201	1,164	96.9	1,176	830	70.6	1,220	1,160	95.1	1,212	1,153	95.1	1,169	1,048	89.6	1,241

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Chantilly HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	341	340	99.7	342	291	85.1	343	342	100.0	339	290	85.5	340	322	94.7	344
09	Girls	307	305	99.3	308	288	93.5	309	307	99.0	306	283	92.5	305	293	96.1	310
10	Boys	283	282	99.6	333	258	77.5	338	333	99.0	316	237	75.0	327	289	88.4	339
10	Girls	290	287	99.0	310	278	89.7	308	307	100.0	282	235	83.3	302	282	93.4	315
11	Boys	9	7	77.8	10	5	50.0	8	7	88.0	8	7	87.5	9	7	77.8	10
11	Girls	3	3	100.0	5	3	60.0	3	3	100.0	4	2	50.0	4	3	75.0	5
12	Boys	5	1	20.0	8	0	0.0	5	1	20.0	3	2	66.7	6	1	16.7	9
12	Girls	3	0	0.0	5	0	0.0	2	2	100.0	3	0	0.0	2	0	0.0	5
Totals		1,241	1,225	98.7	1,321	1,123	85.0	1,316	1,302	98.9	1,261	1,056	83.7	1,295	1,197	92.4	1,337

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	29	90.6	32	17	53.1	32	26	81.0	32	32	100.0	32	29	90.6	33
04	Girls	30	30	100.0	30	30	100.0	30	29	97.0	30	30	100.0	30	29	96.7	31
05	Boys	20	19	95.0	20	14	70.0	20	15	75.0	20	20	100.0	20	18	90.0	20
05	Girls	35	31	88.6	35	33	94.3	35	32	91.0	35	35	100.0	35	32	91.4	36
06	Boys	38	35	92.1	38	21	55.3	40	34	85.0	40	40	100.0	38	32	84.2	41
06	Girls	35	30	85.7	35	34	97.1	35	32	91.0	35	35	100.0	35	33	94.3	35
Totals		190	174	91.6	190	149	78.4	192	168	87.5	192	192	100.0	190	173	91.1	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	44	86.3	51	46	90.2	51	43	84.0	51	49	96.1	51	46	90.2	51
04	Girls	47	43	91.5	47	47	100.0	47	43	92.0	47	46	97.9	47	44	93.6	47
05	Boys	40	37	92.5	41	37	90.2	41	37	90.0	41	39	95.1	41	35	85.4	41
05	Girls	42	40	95.2	41	41	100.0	42	39	93.0	42	41	97.6	41	36	87.8	42
06	Boys	48	47	97.9	48	44	91.7	48	42	88.0	48	46	95.8	48	45	93.8	48
06	Girls	54	49	90.7	54	54	100.0	54	52	96.0	54	54	100.0	54	49	90.7	54
Totals		282	260	92.2	282	269	95.4	283	256	90.5	283	275	97.2	282	255	90.4	283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	80	98.8	81	76	93.8	81	75	93.0	81	80	98.8	81	80	98.8	81
04	Girls	61	61	100.0	61	60	98.4	61	59	97.0	61	61	100.0	61	61	100.0	61
05	Boys	76	76	100.0	75	68	90.7	76	68	90.0	76	76	100.0	76	74	97.4	77
05	Girls	63	61	96.8	63	63	100.0	63	62	98.0	63	63	100.0	63	62	98.4	63
06	Boys	89	87	97.8	89	79	88.8	89	74	83.0	89	88	98.9	89	80	89.9	89
06	Girls	93	93	100.0	92	92	100.0	93	92	99.0	93	93	100.0	93	90	96.8	93
Totals		463	458	98.9	461	438	95.0	463	430	92.9	463	461	99.6	463	447	96.5	464

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Clearview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	37	32	86.5	39	38	97.0	39	38	97.4	38	30	78.9	39
04	Girls	46	43	93.5	46	46	100.0	46	46	100.0	46	46	100.0	46	29	63.0	46
05	Boys	43	42	97.7	43	37	86.0	43	43	100.0	43	41	95.3	43	30	69.8	43
05	Girls	45	42	93.3	45	45	100.0	45	42	93.0	45	45	100.0	45	20	44.4	46
06	Boys	48	47	97.9	48	44	91.7	48	47	98.0	48	47	97.9	48	37	77.1	48
06	Girls	44	42	95.5	44	44	100.0	44	44	100.0	44	44	100.0	44	29	65.9	44
Totals		264	252	95.5	263	248	94.3	265	260	98.1	265	261	98.5	264	175	66.3	266

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Clermont Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	38	92.7	41	30	73.2	41	41	100.0	41	33	80.5	41	33	80.5	41
04	Girls	24	24	100.0	24	24	100.0	24	23	96.0	24	18	75.0	24	16	66.7	24
05	Boys	29	26	89.7	29	25	86.2	30	29	97.0	30	17	56.7	30	25	83.3	30
05	Girls	32	29	90.6	32	28	87.5	32	32	100.0	32	24	75.0	32	27	84.4	32
06	Boys	29	26	89.7	29	18	62.1	28	27	96.0	28	20	71.4	28	23	82.1	29
06	Girls	29	26	89.7	29	29	100.0	29	29	100.0	29	22	75.9	29	26	89.7	29
Totals		184	169	91.8	184	154	83.7	184	181	98.4	184	134	72.8	184	150	81.5	185

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Coates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	37	88.1	41	24	58.5	42	36	86.0	42	29	69.0	42	28	66.7	42
04	Girls	38	34	89.5	37	37	100.0	38	36	95.0	38	37	97.4	38	9	23.7	38
05	Boys	45	36	80.0	45	32	71.1	45	45	100.0	45	37	82.2	45	24	53.3	46
05	Girls	51	40	78.4	51	46	90.2	51	47	92.0	51	45	88.2	51	24	47.1	51
06	Boys	27	22	81.5	27	18	66.7	28	27	96.0	27	16	59.3	27	15	55.6	29
06	Girls	45	41	91.1	45	39	86.7	45	43	96.0	45	35	77.8	45	26	57.8	45
Totals		248	210	84.7	246	196	79.7	249	234	94.0	248	199	80.2	248	126	50.8	251

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Columbia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	28	82.4	34	25	73.5	35	33	94.0	35	21	60.0	35	26	74.3	36
04	Girls	29	25	86.2	29	28	96.6	29	27	93.0	29	19	65.5	29	22	75.9	29
05	Boys	50	39	78.0	50	35	70.0	50	36	72.0	50	41	82.0	50	38	76.0	50
05	Girls	27	24	88.9	27	25	92.6	27	22	82.0	27	21	77.8	27	21	77.8	27
Totals		140	116	82.9	140	113	80.7	141	118	83.7	141	102	72.3	141	107	75.9	142

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	65	95.6	67	60	89.6	68	68	100.0	68	66	97.1	68	67	98.5	68
04	Girls	68	68	100.0	68	68	100.0	68	68	100.0	68	66	97.1	68	67	98.5	68
05	Boys	68	68	100.0	68	64	94.1	68	65	96.0	68	67	98.5	68	67	98.5	68
05	Girls	67	64	95.5	67	65	97.0	67	66	99.0	67	67	100.0	66	63	95.5	67
06	Boys	78	78	100.0	78	69	88.5	78	76	97.0	78	77	98.7	78	77	98.7	78
06	Girls	72	72	100.0	71	71	100.0	72	72	100.0	72	72	100.0	72	71	98.6	72
Totals		421	415	98.6	419	397	94.7	421	415	98.6	421	415	98.6	420	412	98.1	421

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cooper MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	196	195	99.5	196	138	70.4	197	197	100.0	197	196	99.5	196	193	98.5	199
07	Girls	174	173	99.4	172	154	89.5	175	175	100.0	175	175	100.0	173	172	99.4	175
08	Boys	211	211	100.0	211	190	90.0	211	209	99.0	214	203	94.9	209	204	97.6	217
08	Girls	208	206	99.0	206	198	96.1	210	209	100.0	209	206	98.6	209	205	98.1	211
Totals		789	785	99.5	785	680	86.6	793	790	99.6	795	780	98.1	787	774	98.3	802

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	35	100.0	35	14	40.0	35	30	86.0	36	34	94.4	35	33	94.3	37
04	Girls	40	40	100.0	40	40	100.0	40	32	80.0	40	40	100.0	40	33	82.5	40
05	Boys	39	39	100.0	39	24	61.5	39	32	82.0	39	34	87.2	39	30	76.9	39
05	Girls	37	37	100.0	37	32	86.5	38	29	76.0	38	34	89.5	37	28	75.7	38
06	Boys	41	41	100.0	41	24	58.5	41	33	81.0	42	42	100.0	42	30	71.4	42
06	Girls	32	32	100.0	32	29	90.6	32	29	91.0	32	32	100.0	32	28	87.5	33
Totals		224	224	100.0	224	163	72.8	225	185	82.2	227	216	95.2	225	182	80.9	229

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	55	98.2	58	41	70.7	58	55	95.0	58	53	91.4	56	52	92.9	58
04	Girls	51	49	96.1	52	51	98.1	51	51	100.0	52	52	100.0	51	49	96.1	52
05	Boys	49	46	93.9	49	44	89.8	49	48	98.0	49	49	100.0	49	49	100.0	49
05	Girls	69	57	82.6	69	65	94.2	69	69	100.0	68	67	98.5	67	64	95.5	69
06	Boys	62	59	95.2	62	51	82.3	63	62	98.0	62	61	98.4	62	58	93.5	63
06	Girls	62	59	95.2	62	60	96.8	62	62	100.0	62	62	100.0	62	60	96.8	62
Totals		349	325	93.1	352	312	88.6	352	347	98.6	351	344	98.0	347	332	95.7	353

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	30	90.9	35	27	77.1	36	36	100.0	36	28	77.8	33	31	93.9	36
04	Girls	41	38	92.7	42	41	97.6	42	41	98.0	42	40	95.2	41	35	85.4	43
05	Boys	55	48	87.3	55	42	76.4	55	53	96.0	55	46	83.6	55	44	80.0	56
05	Girls	44	39	88.6	44	43	97.7	44	44	100.0	44	42	95.5	44	39	88.6	44
06	Boys	43	40	93.0	44	36	81.8	44	44	100.0	44	43	97.7	43	36	83.7	44
06	Girls	45	44	97.8	45	45	100.0	45	45	100.0	45	45	100.0	45	38	84.4	45
Totals		261	239	91.6	265	234	88.3	266	263	98.9	266	244	91.7	261	223	85.4	268

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	30	93.8	32	24	75.0	32	29	91.0	32	32	100.0	32	26	81.3	32
04	Girls	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25	21	84.0	25
05	Boys	32	31	96.9	32	28	87.5	32	31	97.0	32	32	100.0	32	31	96.9	32
05	Girls	31	31	100.0	31	31	100.0	31	31	100.0	31	31	100.0	31	31	100.0	31
06	Boys	39	39	100.0	39	31	79.5	40	39	98.0	40	40	100.0	39	38	97.4	40
06	Girls	30	30	100.0	31	30	96.8	31	31	100.0	30	30	100.0	30	30	100.0	31
Totals		189	186	98.4	190	169	88.9	191	186	97.4	190	190	100.0	189	177	93.7	191

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	44	97.8	45	31	68.9	45	43	96.0	45	32	71.1	45	36	80.0	45
04	Girls	53	50	94.3	53	53	100.0	53	52	98.0	53	50	94.3	52	35	67.3	53
05	Boys	53	50	94.3	54	43	79.6	54	49	91.0	54	51	94.4	54	42	77.8	54
05	Girls	51	46	90.2	51	50	98.0	51	51	100.0	51	50	98.0	51	34	66.7	51
06	Boys	46	45	97.8	46	37	80.4	46	44	96.0	46	45	97.8	46	41	89.1	46
06	Girls	36	35	97.2	36	34	94.4	36	36	100.0	36	36	100.0	36	29	80.6	36
Totals		284	270	95.1	285	248	87.0	285	275	96.5	285	264	92.6	284	217	76.4	285

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	52	98.1	54	44	81.5	54	54	100.0	54	42	77.8	54	51	94.4	54
04	Girls	46	44	95.7	46	46	100.0	46	46	100.0	46	35	76.1	46	41	89.1	47
05	Boys	42	41	97.6	42	31	73.8	42	41	98.0	42	35	83.3	42	39	92.9	42
05	Girls	37	36	97.3	37	36	97.3	37	36	97.0	37	32	86.5	36	32	88.9	37
06	Boys	58	53	91.4	58	46	79.3	60	55	92.0	58	50	86.2	57	49	86.0	60
06	Girls	49	45	91.8	49	48	98.0	49	49	100.0	49	47	95.9	49	46	93.9	49
Totals		285	271	95.1	286	251	87.8	288	281	97.6	286	241	84.3	284	258	90.8	289

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	50	96.2	52	37	71.2	52	45	87.0	52	52	100.0	52	40	76.9	52
04	Girls	56	56	100.0	56	56	100.0	56	48	86.0	56	56	100.0	56	31	55.4	56
05	Boys	51	50	98.0	51	43	84.3	51	41	80.0	51	51	100.0	51	43	84.3	51
05	Girls	41	41	100.0	41	39	95.1	41	39	95.0	41	41	100.0	41	35	85.4	41
06	Boys	49	48	98.0	49	32	65.3	49	28	57.0	49	49	100.0	49	36	73.5	49
06	Girls	57	57	100.0	58	55	94.8	58	47	81.0	59	59	100.0	57	40	70.2	59
Totals		306	302	98.7	307	262	85.3	307	248	80.8	308	308	100.0	306	225	73.5	308

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	31	93.9	33	17	51.5	33	28	85.0	33	27	81.8	32	22	68.8	33
04	Girls	36	29	80.6	36	35	97.2	36	33	92.0	36	35	97.2	35	19	54.3	36
05	Boys	57	36	63.2	57	38	66.7	57	51	90.0	57	50	87.7	57	43	75.4	57
05	Girls	39	21	53.8	39	35	89.7	39	38	97.0	39	38	97.4	39	25	64.1	40
06	Boys	38	33	86.8	38	30	78.9	38	33	87.0	38	31	81.6	38	31	81.6	38
06	Girls	34	21	61.8	34	33	97.1	34	34	100.0	34	33	97.1	34	20	58.8	34
Totals		237	171	72.2	237	188	79.3	237	217	91.6	237	214	90.3	235	160	68.1	238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	50	84.7	58	37	63.8	59	40	68.0	59	57	96.6	59	50	84.7	60
04	Girls	59	57	96.6	59	59	100.0	59	51	86.0	59	59	100.0	59	53	89.8	59
05	Boys	57	52	91.2	57	47	82.5	57	47	83.0	57	57	100.0	57	53	93.0	57
05	Girls	44	42	95.5	44	43	97.7	44	41	93.0	44	44	100.0	44	37	84.1	45
06	Boys	56	51	91.1	56	36	64.3	56	46	82.0	56	54	96.4	56	50	89.3	57
06	Girls	42	39	92.9	42	42	100.0	42	39	93.0	42	42	100.0	42	34	81.0	44
Totals		317	291	91.8	316	264	83.5	317	264	83.3	317	313	98.7	317	277	87.4	322

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Edison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	185	168	90.8	203	80	39.4	220	208	95.0	216	200	92.6	212	153	72.2	223
09	Girls	202	186	92.1	191	108	56.5	214	210	98.0	210	201	95.7	208	165	79.3	216
10	Boys	185	179	96.8	178	78	43.8	198	193	98.0	192	187	97.4	171	104	60.8	199
10	Girls	174	170	97.7	180	89	49.4	193	188	97.0	192	189	98.4	168	114	67.9	193
11	Boys	9	9	100.0	11	4	36.4	12	12	100.0	12	11	91.7	11	7	63.6	12
11	Girls	8	7	87.5	8	1	12.5	9	8	89.0	8	8	100.0	8	7	87.5	10
12	Boys	1	1	100.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
12	Girls	3	3	100.0	4	0	0.0	5	4	80.0	4	3	75.0	4	3	75.0	5
Totals		767	723	94.3	775	360	46.5	852	824	96.7	835	800	95.8	783	554	70.8	859

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fairfax HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	341	338	99.1	334	247	74.0	335	324	97.0	342	335	98.0	340	312	91.8	347
09	Girls	303	303	100.0	298	251	84.2	298	292	98.0	303	302	99.7	303	301	99.3	307
10	Boys	351	347	98.9	355	244	68.7	356	336	94.0	353	298	84.4	352	308	87.5	363
10	Girls	331	324	97.9	331	273	82.5	336	298	89.0	330	284	86.1	333	315	94.6	340
11	Boys	7	7	100.0	7	6	85.7	6	6	100.0	6	6	100.0	6	5	83.3	9
11	Girls	20	20	100.0	20	8	40.0	20	19	95.0	19	13	68.4	20	18	90.0	21
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	2
12	Girls	0	0	0.0	2	0	0.0	3	3	100.0	2	2	100.0	2	1	50.0	3
Totals		1,354	1,340	99.0	1,348	1,029	76.3	1,355	1,279	94.4	1,356	1,241	91.5	1,357	1,261	92.9	1,392

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	27	93.1	27	25	92.6	29	28	97.0	29	29	100.0	29	29	100.0	29
04	Girls	32	31	96.9	30	30	100.0	32	31	97.0	32	32	100.0	32	32	100.0	32
05	Boys	30	28	93.3	29	27	93.1	31	31	100.0	31	29	93.5	28	28	100.0	31
05	Girls	24	23	95.8	23	22	95.7	24	24	100.0	24	24	100.0	23	23	100.0	24
06	Boys	31	29	93.5	31	25	80.6	32	31	97.0	32	32	100.0	30	28	93.3	32
06	Girls	25	25	100.0	25	25	100.0	25	24	96.0	25	25	100.0	25	25	100.0	25
Totals		171	163	95.3	165	154	93.3	173	169	97.7	173	171	98.8	167	165	98.8	173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	38	88.4	43	36	83.7	44	42	96.0	43	40	93.0	43	38	88.4	44
04	Girls	52	50	96.2	51	51	100.0	52	52	100.0	51	49	96.1	51	47	92.2	52
05	Boys	42	39	92.9	42	35	83.3	42	37	88.0	42	41	97.6	42	38	90.5	42
05	Girls	30	28	93.3	30	30	100.0	30	29	97.0	30	29	96.7	30	28	93.3	30
06	Boys	37	37	100.0	37	33	89.2	37	35	95.0	37	36	97.3	37	37	100.0	37
06	Girls	36	34	94.4	36	36	100.0	36	35	97.0	36	35	97.2	36	34	94.4	36
Totals		240	226	94.2	239	221	92.5	241	230	95.4	239	230	96.2	239	222	92.9	241

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fairview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	47	28	59.6	51	39	77.0	51	48	94.1	48	48	100.0	52
04	Girls	48	48	100.0	47	47	100.0	48	41	85.0	48	46	95.8	48	48	100.0	48
05	Boys	54	54	100.0	54	41	75.9	57	45	79.0	57	45	78.9	54	54	100.0	57
05	Girls	53	53	100.0	53	50	94.3	54	50	93.0	53	53	100.0	53	50	94.3	54
06	Boys	50	49	98.0	49	33	67.3	52	43	83.0	50	48	96.0	50	47	94.0	52
06	Girls	48	48	100.0	48	45	93.8	49	44	90.0	48	48	100.0	48	46	95.8	49
Totals		301	299	99.3	298	244	81.9	311	262	84.2	307	288	93.8	301	293	97.3	312

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Falls Church HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	218	212	97.2	219	212	96.8	219	214	98.0	217	198	91.2	218	196	89.9	225
09	Girls	209	196	93.8	209	193	92.3	209	205	98.0	205	199	97.1	207	181	87.4	213
10	Boys	201	192	95.5	202	164	81.2	205	199	97.0	203	172	84.7	203	151	74.4	212
10	Girls	166	158	95.2	165	133	80.6	171	166	97.0	169	155	91.7	165	131	79.4	176
11	Boys	13	12	92.3	13	9	69.2	12	12	100.0	12	11	91.7	13	11	84.6	35
11	Girls	16	15	93.8	16	10	62.5	16	16	100.0	16	14	87.5	15	9	60.0	24
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	5
12	Girls	4	3	75.0	4	0	0.0	4	4	100.0	4	3	75.0	4	2	50.0	6
Totals		828	789	95.3	829	722	87.1	837	817	97.6	827	753	91.1	826	681	82.4	896

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	44	95.7	46	40	87.0	46	46	100.0	46	44	95.7	46	46	100.0	46
04	Girls	50	49	98.0	50	49	98.0	50	47	94.0	50	48	96.0	50	47	94.0	50
05	Boys	45	42	93.3	45	40	88.9	45	43	96.0	45	45	100.0	45	42	93.3	45
05	Girls	58	58	100.0	58	58	100.0	58	57	98.0	58	58	100.0	58	55	94.8	58
06	Boys	52	49	94.2	52	44	84.6	52	52	100.0	52	52	100.0	52	47	90.4	52
06	Girls	34	33	97.1	34	34	100.0	34	34	100.0	34	34	100.0	34	32	94.1	34
Totals		285	275	96.5	285	265	93.0	285	279	97.9	285	281	98.6	285	269	94.4	285

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Floris Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	49	96.1	50	41	82.0	51	50	98.0	51	42	82.4	51	41	80.4	51
04	Girls	74	71	95.9	74	74	100.0	74	73	99.0	74	72	97.3	74	58	78.4	74
05	Boys	53	50	94.3	53	46	86.8	53	53	100.0	53	52	98.1	53	41	77.4	53
05	Girls	60	54	90.0	60	57	95.0	60	60	100.0	60	58	96.7	60	44	73.3	60
06	Boys	50	45	90.0	50	41	82.0	51	51	100.0	50	47	94.0	50	43	86.0	51
06	Girls	48	41	85.4	48	46	95.8	48	48	100.0	48	47	97.9	48	41	85.4	48
Totals		336	310	92.3	335	305	91.0	337	335	99.4	336	318	94.6	336	268	79.8	337

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	53	94.6	56	38	67.9	56	50	89.0	56	53	94.6	56	36	64.3	56
04	Girls	51	51	100.0	51	51	100.0	51	51	100.0	51	51	100.0	51	28	54.9	51
05	Boys	60	58	96.7	60	44	73.3	60	55	92.0	60	60	100.0	60	34	56.7	60
05	Girls	54	50	92.6	54	47	87.0	54	52	96.0	54	53	98.1	54	18	33.3	54
06	Boys	68	66	97.1	68	42	61.8	68	65	96.0	68	67	98.5	68	35	51.5	68
06	Girls	55	51	92.7	56	49	87.5	56	52	93.0	56	56	100.0	55	20	36.4	56
Totals		344	329	95.6	345	271	78.6	345	325	94.2	345	340	98.6	344	171	49.7	345

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	30	83.3	36	26	72.2	37	30	81.0	36	33	91.7	36	31	86.1	37
04	Girls	44	42	95.5	44	43	97.7	44	41	93.0	43	41	95.3	44	39	88.6	44
05	Boys	38	35	92.1	38	29	76.3	38	32	84.0	38	30	78.9	38	33	86.8	38
05	Girls	35	34	97.1	35	35	100.0	35	33	94.0	35	32	91.4	35	32	91.4	35
06	Boys	35	30	85.7	34	28	82.4	34	30	88.0	35	34	97.1	35	31	88.6	35
06	Girls	39	30	76.9	39	35	89.7	39	38	97.0	39	39	100.0	39	31	79.5	39
Totals		227	201	88.5	226	196	86.7	227	204	89.9	226	209	92.5	227	197	86.8	228

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Forestville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	45	91.8	49	40	82.0	49	49	100.0	49	49	100.0	49
04	Girls	50	50	100.0	50	50	100.0	50	48	96.0	50	47	94.0	50	50	100.0	50
05	Boys	59	59	100.0	59	52	88.1	59	52	88.0	59	58	98.3	59	59	100.0	59
05	Girls	59	59	100.0	59	58	98.3	59	56	95.0	59	57	96.6	59	59	100.0	59
06	Boys	54	54	100.0	54	45	83.3	55	49	89.0	54	53	98.1	53	53	100.0	55
06	Girls	58	58	100.0	57	55	96.5	58	55	95.0	58	57	98.3	58	58	100.0	58
Totals		329	327	99.4	328	305	93.0	330	300	90.9	329	321	97.6	328	328	100.0	330

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fort Belvoir Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	76	96.2	80	53	66.3	83	76	92.0	83	68	81.9	79	74	93.7	85
04	Girls	74	74	100.0	75	75	100.0	75	69	92.0	76	61	80.3	75	66	88.0	77
05	Boys	72	70	97.2	72	50	69.4	71	60	85.0	72	64	88.9	72	59	81.9	72
05	Girls	59	57	96.6	59	56	94.9	59	59	100.0	61	57	93.4	59	48	81.4	61
06	Boys	61	58	95.1	59	37	62.7	60	54	90.0	62	56	90.3	61	53	86.9	65
06	Girls	55	53	96.4	55	47	85.5	56	51	91.0	55	51	92.7	55	43	78.2	56
Totals		400	388	97.0	400	318	79.5	404	369	91.3	409	357	87.3	401	343	85.5	416

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	36	97.3	37	28	75.7	37	33	89.0	37	35	94.6	37	34	91.9	37
04	Girls	40	40	100.0	40	40	100.0	40	38	95.0	40	38	95.0	40	36	90.0	40
05	Boys	46	45	97.8	46	38	82.6	46	40	87.0	46	37	80.4	46	42	91.3	46
05	Girls	35	35	100.0	35	34	97.1	35	31	89.0	35	31	88.6	35	32	91.4	35
06	Boys	28	27	96.4	28	23	82.1	28	20	71.0	28	27	96.4	28	25	89.3	28
06	Girls	37	37	100.0	37	35	94.6	37	36	97.0	37	36	97.3	37	30	81.1	37
Totals		223	220	98.7	223	198	88.8	223	198	88.8	223	204	91.5	223	199	89.2	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	34	64.2	54	49	91.0	53	41	77.4	54	50	92.6	54
04	Girls	41	41	100.0	40	40	100.0	41	41	100.0	41	37	90.2	41	36	87.8	41
05	Boys	29	29	100.0	29	23	79.3	29	28	97.0	29	17	58.6	29	26	89.7	29
05	Girls	47	47	100.0	47	44	93.6	46	43	94.0	47	42	89.4	47	42	89.4	47
06	Boys	48	47	97.9	47	37	78.7	48	44	92.0	48	38	79.2	47	41	87.2	48
06	Girls	36	36	100.0	34	34	100.0	36	36	100.0	36	34	94.4	36	34	94.4	36
Totals		254	253	99.6	250	212	84.8	254	241	94.9	254	209	82.3	254	229	90.2	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Franconia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	37	100.0	37	35	94.6	37	37	100.0	37	37	100.0	37	37	100.0	37
04	Girls	31	31	100.0	31	31	100.0	31	31	100.0	31	31	100.0	31	31	100.0	31
05	Boys	31	31	100.0	31	31	100.0	31	31	100.0	31	31	100.0	31	30	96.8	31
05	Girls	36	36	100.0	36	36	100.0	36	36	100.0	36	36	100.0	36	36	100.0	36
06	Boys	38	38	100.0	38	33	86.8	38	38	100.0	38	38	100.0	39	36	92.3	39
06	Girls	34	34	100.0	34	34	100.0	34	34	100.0	34	34	100.0	34	33	97.1	34
Totals		207	207	100.0	207	200	96.6	207	207	100.0	207	207	100.0	208	203	97.6	208

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Franklin MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	246	245	99.6	246	180	73.2	246	220	89.0	246	245	99.6	246	234	95.1	246
07	Girls	175	175	100.0	175	160	91.4	175	158	90.0	175	175	100.0	175	171	97.7	178
08	Boys	200	200	100.0	200	144	72.0	200	170	85.0	200	199	99.5	200	192	96.0	204
08	Girls	214	214	100.0	213	189	88.7	214	195	91.0	214	212	99.1	212	208	98.1	215
Totals		835	834	99.9	834	673	80.7	835	743	89.0	835	831	99.5	833	805	96.6	843

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	46	100.0	46	28	60.9	47	47	100.0	47	47	100.0	46	37	80.4	47
04	Girls	38	38	100.0	38	38	100.0	38	38	100.0	38	38	100.0	38	25	65.8	38
05	Boys	44	44	100.0	44	34	77.3	46	45	98.0	44	44	100.0	44	35	79.5	46
05	Girls	31	31	100.0	31	28	90.3	31	31	100.0	31	31	100.0	31	19	61.3	31
06	Boys	44	44	100.0	44	31	70.5	45	45	100.0	44	44	100.0	44	33	75.0	45
06	Girls	38	38	100.0	38	38	100.0	38	38	100.0	38	38	100.0	38	30	78.9	38
Totals		241	241	100.0	241	197	81.7	245	244	99.6	242	242	100.0	241	179	74.3	245

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Frost MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	311	305	98.1	308	203	65.9	314	306	98.0	312	305	97.8	309	286	92.6	314
07	Girls	266	260	97.7	263	233	88.6	267	266	100.0	266	261	98.1	266	251	94.4	267
08	Boys	253	252	99.6	251	180	71.7	255	234	92.0	255	233	91.4	254	228	89.8	256
08	Girls	242	240	99.2	240	200	83.3	242	231	96.0	242	238	98.3	239	224	93.7	242
Totals		1,072	1,057	98.6	1,062	816	76.8	1,078	1,037	96.2	1,075	1,037	96.5	1,068	989	92.6	1,079

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Garfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	20	90.9	22	17	77.3	22	21	96.0	22	21	95.5	22	17	77.3	22
04	Girls	18	9	50.0	18	18	100.0	18	16	89.0	18	18	100.0	18	6	33.3	18
05	Boys	28	26	92.9	28	21	75.0	28	26	93.0	28	28	100.0	28	13	46.4	28
05	Girls	24	18	75.0	24	24	100.0	24	22	92.0	24	24	100.0	24	10	41.7	24
06	Boys	17	15	88.2	17	10	58.8	17	14	82.0	17	16	94.1	17	9	52.9	17
06	Girls	33	28	84.8	33	29	87.9	33	31	94.0	33	33	100.0	33	9	27.3	33
Totals		142	116	81.7	142	119	83.8	142	130	91.5	142	140	98.6	142	64	45.1	142

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Glasgow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	240	227	94.6	239	146	61.1	241	197	82.0	241	240	99.6	238	217	91.2	242
06	Girls	243	215	88.5	241	218	90.5	243	222	91.0	243	242	99.6	242	201	83.1	243
07	Boys	260	251	96.5	259	148	57.1	262	246	94.0	261	259	99.2	262	227	86.6	264
07	Girls	235	215	91.5	231	180	77.9	235	229	97.0	234	233	99.6	231	210	90.9	238
08	Boys	247	242	98.0	246	170	69.1	249	227	91.0	249	248	99.6	246	198	80.5	252
08	Girls	216	209	96.8	211	178	84.4	215	200	93.0	216	214	99.1	214	179	83.6	216
Totals		1,441	1,359	94.3	1,427	1,040	72.9	1,445	1,321	91.4	1,444	1,436	99.4	1,433	1,232	86.0	1,455

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	54	79.4	68	36	52.9	70	54	77.0	69	55	79.7	69	50	72.5	70
04	Girls	76	61	80.3	76	76	100.0	77	70	91.0	77	64	83.1	76	45	59.2	77
05	Boys	61	48	78.7	61	43	70.5	61	55	90.0	61	49	80.3	61	44	72.1	61
05	Girls	63	42	66.7	63	58	92.1	63	57	91.0	63	46	73.0	63	29	46.0	63
Totals		268	205	76.5	268	213	79.5	271	236	87.1	270	214	79.3	269	168	62.5	271

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	32	100.0	32	6	18.8	32	31	97.0	32	29	90.6	32	32	100.0	32
04	Girls	40	40	100.0	40	39	97.5	40	39	98.0	40	38	95.0	40	40	100.0	40
05	Boys	26	26	100.0	26	12	46.2	26	25	96.0	26	26	100.0	26	25	96.2	26
05	Girls	24	24	100.0	24	17	70.8	24	24	100.0	24	24	100.0	24	24	100.0	24
06	Boys	19	19	100.0	19	8	42.1	19	19	100.0	19	19	100.0	19	19	100.0	19
06	Girls	29	29	100.0	29	14	48.3	29	29	100.0	29	28	96.6	29	28	96.6	29
Totals		170	170	100.0	170	96	56.5	170	167	98.2	170	164	96.5	170	168	98.8	170

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	31	79.5	39	34	87.2	39	39	100.0	39	39	100.0	38	37	97.4	39
04	Girls	51	44	86.3	51	51	100.0	51	49	96.0	51	51	100.0	51	45	88.2	51
05	Boys	38	35	92.1	38	36	94.7	38	37	97.0	38	37	97.4	38	34	89.5	38
05	Girls	43	42	97.7	43	42	97.7	43	42	98.0	43	43	100.0	43	37	86.0	43
06	Boys	47	47	100.0	47	45	95.7	47	43	92.0	47	47	100.0	47	46	97.9	47
06	Girls	43	42	97.7	43	43	100.0	43	42	98.0	43	43	100.0	43	41	95.3	43
Totals		261	241	92.3	261	251	96.2	261	252	96.6	261	260	99.6	260	240	92.3	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	39	97.5	40	30	75.0	40	28	70.0	40	33	82.5	40	37	92.5	40
04	Girls	38	36	94.7	38	38	100.0	38	27	71.0	38	27	71.1	38	33	86.8	38
05	Boys	62	58	93.5	62	45	72.6	62	34	55.0	62	38	61.3	62	57	91.9	62
05	Girls	49	46	93.9	49	45	91.8	49	29	59.0	49	39	79.6	49	40	81.6	49
06	Boys	49	49	100.0	49	38	77.6	49	35	71.0	49	38	77.6	49	43	87.8	49
06	Girls	50	46	92.0	51	45	88.2	51	31	61.0	51	36	70.6	50	40	80.0	51
Totals		288	274	95.1	289	241	83.4	289	184	63.7	289	211	73.0	288	250	86.8	289

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	81	92.0	88	77	87.5	88	83	94.0	87	76	87.4	88	82	93.2	88
04	Girls	87	79	90.8	87	87	100.0	87	87	100.0	87	80	92.0	87	75	86.2	87
05	Boys	80	76	95.0	80	76	95.0	80	80	100.0	80	66	82.5	80	74	92.5	80
05	Girls	91	90	98.9	91	91	100.0	92	91	99.0	92	85	92.4	91	84	92.3	92
06	Boys	90	89	98.9	89	83	93.3	90	89	99.0	90	81	90.0	90	84	93.3	90
06	Girls	74	72	97.3	74	74	100.0	74	74	100.0	74	62	83.8	74	67	90.5	74
Totals		510	487	95.5	509	488	95.9	511	504	98.6	510	450	88.2	510	466	91.4	511

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Groveton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	40	97.6	41	24	58.5	41	41	100.0	41	41	100.0	41	36	87.8	41
04	Girls	39	35	89.7	38	38	100.0	40	40	100.0	40	40	100.0	39	29	74.4	40
05	Boys	43	42	97.7	43	27	62.8	43	42	98.0	43	42	97.7	43	43	100.0	43
05	Girls	55	55	100.0	55	50	90.9	56	56	100.0	56	56	100.0	55	50	90.9	56
06	Boys	41	41	100.0	40	26	65.0	41	41	100.0	41	41	100.0	41	38	92.7	41
06	Girls	46	45	97.8	46	41	89.1	46	45	98.0	46	46	100.0	46	42	91.3	47
Totals		265	258	97.4	263	206	78.3	267	265	99.3	267	266	99.6	265	238	89.8	268

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Gunston Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	28	82.4	34	19	55.9	34	32	94.0	34	31	91.2	33	30	90.9	34
04	Girls	36	34	94.4	35	35	100.0	36	34	94.0	36	35	97.2	35	27	77.1	36
05	Boys	30	27	90.0	31	21	67.7	31	26	84.0	31	26	83.9	30	25	83.3	31
05	Girls	40	36	90.0	40	39	97.5	40	35	88.0	40	36	90.0	39	35	89.7	40
06	Boys	41	37	90.2	41	27	65.9	41	35	85.0	41	39	95.1	41	36	87.8	41
06	Girls	29	27	93.1	29	29	100.0	28	26	93.0	29	28	96.6	29	27	93.1	29
Totals		210	189	90.0	210	170	81.0	210	188	89.5	211	195	92.4	207	180	87.0	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Halley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	30	85.7	35	28	80.0	35	35	100.0	35	35	100.0	35	32	91.4	35
04	Girls	48	36	75.0	48	47	97.9	48	48	100.0	48	48	100.0	48	41	85.4	48
05	Boys	53	48	90.6	53	37	69.8	53	51	96.0	53	53	100.0	53	43	81.1	53
05	Girls	45	38	84.4	45	44	97.8	46	46	100.0	45	45	100.0	45	31	68.9	47
06	Boys	41	31	75.6	41	32	78.0	41	41	100.0	41	41	100.0	41	34	82.9	41
06	Girls	58	46	79.3	58	58	100.0	58	57	98.0	58	58	100.0	58	48	82.8	58
Totals		280	229	81.8	280	246	87.9	281	278	98.9	280	280	100.0	280	229	81.8	282

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Haycock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	79	95.2	83	63	75.9	84	83	99.0	83	79	95.2	83	76	91.6	84
04	Girls	97	94	96.9	97	97	100.0	97	97	100.0	97	94	96.9	97	89	91.8	97
05	Boys	72	61	84.7	72	62	86.1	72	71	99.0	72	70	97.2	72	61	84.7	73
05	Girls	71	67	94.4	71	71	100.0	72	72	100.0	72	71	98.6	71	59	83.1	72
06	Boys	63	56	88.9	63	55	87.3	63	63	100.0	63	61	96.8	63	53	84.1	63
06	Girls	87	79	90.8	87	86	98.9	87	87	100.0	87	87	100.0	87	77	88.5	87
Totals		473	436	92.2	473	434	91.8	475	473	99.6	474	462	97.5	473	415	87.7	476

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	36	83.7	43	24	55.8	43	35	81.0	43	28	65.1	43	33	76.7	43
04	Girls	49	33	67.3	49	48	98.0	49	47	96.0	49	39	79.6	49	30	61.2	49
05	Boys	40	33	82.5	40	23	57.5	40	34	85.0	40	26	65.0	40	26	65.0	40
05	Girls	46	29	63.0	46	40	87.0	46	44	96.0	46	34	73.9	46	24	52.2	46
06	Boys	52	45	86.5	52	35	67.3	52	45	87.0	52	38	73.1	52	37	71.2	52
06	Girls	39	35	89.7	39	34	87.2	39	37	95.0	39	29	74.4	39	25	64.1	39
Totals		269	211	78.4	269	204	75.8	269	242	90.0	269	194	72.1	269	175	65.1	269

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hayfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	283	267	94.3	288	244	84.7	289	278	96.0	286	187	65.4	260	186	71.5	290
09	Girls	238	226	95.0	242	214	88.4	242	239	99.0	240	181	75.4	228	193	84.6	243
10	Boys	243	242	99.6	241	204	84.6	243	241	99.0	243	196	80.7	243	231	95.1	244
10	Girls	218	218	100.0	217	183	84.3	219	216	99.0	219	196	89.5	219	214	97.7	219
11	Boys	16	16	100.0	16	11	68.8	16	16	100.0	16	13	81.3	16	15	93.8	16
11	Girls	15	14	93.3	15	6	40.0	17	17	100.0	15	13	86.7	15	13	86.7	17
12	Boys	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	2
12	Girls	4	3	75.0	4	1	25.0	5	5	100.0	4	3	75.0	4	4	100.0	5
Totals		1,019	988	97.0	1,025	865	84.4	1,033	1,014	98.2	1,025	791	77.2	987	858	86.9	1,036

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hayfield MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	231	228	98.7	231	178	77.1	231	231	100.0	231	222	96.1	231	195	84.4	231
07	Girls	209	202	96.7	209	203	97.1	209	209	100.0	209	202	96.7	209	186	89.0	209
08	Boys	224	219	97.8	224	199	88.8	224	217	97.0	224	218	97.3	224	173	77.2	225
08	Girls	205	182	88.8	205	192	93.7	205	202	99.0	205	198	96.6	203	153	75.4	206
Totals		869	831	95.6	869	772	88.8	869	859	98.8	869	840	96.7	867	707	81.5	871

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Herndon Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	43	95.6	45	23	51.1	45	44	98.0	45	40	88.9	45	35	77.8	45
04	Girls	55	52	94.5	55	54	98.2	55	55	100.0	55	54	98.2	55	46	83.6	55
05	Boys	47	43	91.5	47	30	63.8	47	47	100.0	47	38	80.9	47	39	83.0	47
05	Girls	57	48	84.2	57	51	89.5	57	57	100.0	57	48	84.2	57	46	80.7	57
06	Boys	56	51	91.1	56	39	69.6	56	53	95.0	56	48	85.7	56	28	50.0	56
06	Girls	45	36	80.0	45	39	86.7	45	44	98.0	45	36	80.0	45	21	46.7	45
Totals		305	273	89.5	305	236	77.4	305	300	98.4	305	264	86.6	305	215	70.5	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Herndon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	285	277	97.2	285	207	72.6	290	282	97.0	287	274	95.5	283	210	74.2	293
09	Girls	258	249	96.5	256	188	73.4	265	262	99.0	259	257	99.2	256	244	95.3	267
10	Boys	251	245	97.6	249	119	47.8	252	232	92.0	251	243	96.8	250	164	65.6	254
10	Girls	242	231	95.5	243	146	60.1	244	231	95.0	244	240	98.4	241	216	89.6	247
11	Boys	15	14	93.3	14	4	28.6	14	12	86.0	13	13	100.0	13	6	46.2	17
11	Girls	18	17	94.4	18	7	38.9	17	15	88.0	17	17	100.0	17	16	94.1	20
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		1,071	1,035	96.6	1,067	672	63.0	1,084	1,036	95.6	1,073	1,046	97.5	1,062	858	80.8	1,102

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Herndon MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	262	233	88.9	262	140	53.4	264	263	100.0	263	212	80.6	261	173	66.3	265
07	Girls	225	204	90.7	224	207	92.4	227	226	100.0	227	195	85.9	225	193	85.8	227
08	Boys	259	233	90.0	258	162	62.8	261	253	97.0	261	225	86.2	260	198	76.2	263
08	Girls	207	180	87.0	203	151	74.4	210	206	98.0	209	191	91.4	207	164	79.2	210
Totals		953	850	89.2	947	660	69.7	962	948	98.5	960	823	85.7	953	728	76.4	965

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	39	83.0	47	36	76.6	47	44	94.0	47	45	95.7	47	39	83.0	47
04	Girls	41	31	75.6	41	40	97.6	41	40	98.0	41	40	97.6	41	34	82.9	41
05	Boys	49	43	87.8	49	38	77.6	49	48	98.0	49	49	100.0	49	44	89.8	49
05	Girls	35	22	62.9	35	32	91.4	35	34	97.0	35	35	100.0	35	22	62.9	35
06	Boys	33	23	69.7	33	22	66.7	33	29	88.0	33	33	100.0	33	20	60.6	33
06	Girls	38	30	78.9	38	35	92.1	38	36	95.0	38	38	100.0	38	31	81.6	38
Totals		243	188	77.4	243	203	83.5	243	231	95.1	243	240	98.8	243	190	78.2	243

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Holmes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	173	155	89.6	174	140	80.5	171	165	97.0	174	174	100.0	174	149	85.6	175
06	Girls	161	144	89.4	161	159	98.8	161	158	98.0	161	161	100.0	160	130	81.3	161
07	Boys	131	125	95.4	131	98	74.8	132	130	99.0	133	133	100.0	132	115	87.1	134
07	Girls	122	116	95.1	119	113	95.0	119	115	97.0	118	118	100.0	121	95	78.5	122
08	Boys	128	119	93.0	130	109	83.8	127	120	95.0	126	126	100.0	128	112	87.5	130
08	Girls	117	107	91.5	118	113	95.8	117	115	98.0	117	117	100.0	117	103	88.0	121
Totals		832	766	92.1	833	732	87.9	827	803	97.1	829	829	100.0	832	704	84.6	843

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hughes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	245	226	92.2	245	200	81.6	245	237	97.0	245	245	100.0	245	221	90.2	248
07	Girls	251	227	90.4	251	227	90.4	251	249	99.0	251	251	100.0	251	233	92.8	252
08	Boys	221	208	94.1	221	193	87.3	221	211	96.0	221	218	98.6	221	195	88.2	225
08	Girls	228	218	95.6	228	214	93.9	228	228	100.0	228	228	100.0	228	216	94.7	229
Totals		945	879	93.0	945	834	88.3	945	925	97.9	945	942	99.7	945	865	91.5	954

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	52	34	65.4	54	48	89.0	54	50	92.6	49	44	89.8	54
04	Girls	41	39	95.1	41	40	97.6	41	39	95.0	41	39	95.1	41	38	92.7	41
05	Boys	47	45	95.7	47	38	80.9	48	44	92.0	48	47	97.9	47	43	91.5	48
05	Girls	30	29	96.7	31	31	100.0	31	30	97.0	30	30	100.0	30	21	70.0	31
06	Boys	46	44	95.7	46	34	73.9	46	46	100.0	46	43	93.5	46	40	87.0	46
06	Girls	44	43	97.7	44	44	100.0	45	45	100.0	45	45	100.0	45	39	86.7	45
Totals		257	247	96.1	261	221	84.7	265	252	95.1	264	254	96.2	258	225	87.2	265

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	113	113	100.0	113	91	80.5	114	110	97.0	114	114	100.0	113	112	99.1	115
04	Girls	96	96	100.0	98	96	98.0	98	96	98.0	98	98	100.0	98	95	96.9	98
05	Boys	102	101	99.0	103	98	95.1	104	97	93.0	103	103	100.0	103	102	99.0	105
05	Girls	106	105	99.1	107	106	99.1	107	106	99.0	107	107	100.0	106	104	98.1	107
06	Boys	99	96	97.0	99	85	85.9	99	93	94.0	99	99	100.0	99	96	97.0	101
06	Girls	87	87	100.0	87	80	92.0	87	83	95.0	87	87	100.0	87	81	93.1	87
Totals		603	598	99.2	607	556	91.6	609	585	96.1	608	608	100.0	606	590	97.4	613

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	42	93.3	45	40	88.9	45	45	100.0	46	46	100.0	45	44	97.8	48
04	Girls	58	58	100.0	58	58	100.0	58	57	98.0	58	58	100.0	58	57	98.3	58
05	Boys	53	50	94.3	53	50	94.3	53	53	100.0	53	53	100.0	53	53	100.0	55
05	Girls	48	48	100.0	48	48	100.0	48	48	100.0	48	48	100.0	48	48	100.0	50
06	Boys	56	56	100.0	56	55	98.2	56	56	100.0	56	56	100.0	56	56	100.0	58
06	Girls	46	45	97.8	46	46	100.0	46	46	100.0	46	46	100.0	47	44	93.6	50
Totals		306	299	97.7	306	297	97.1	306	305	99.7	307	307	100.0	307	302	98.4	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	53	91.4	58	36	62.1	57	56	98.0	58	44	75.9	57	49	86.0	58
04	Girls	58	52	89.7	58	57	98.3	58	58	100.0	58	47	81.0	58	49	84.5	58
05	Boys	47	40	85.1	48	28	58.3	48	48	100.0	47	43	91.5	46	40	87.0	48
05	Girls	60	43	71.7	59	55	93.2	60	58	97.0	60	59	98.3	60	48	80.0	60
06	Boys	52	45	86.5	52	29	55.8	52	52	100.0	52	44	84.6	52	49	94.2	52
06	Girls	46	37	80.4	46	42	91.3	46	46	100.0	46	45	97.8	46	41	89.1	46
Totals		321	270	84.1	321	247	76.9	321	318	99.1	321	282	87.9	319	276	86.5	322

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Irving MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	242	239	98.8	241	177	73.4	242	242	100.0	242	242	100.0	243	223	91.8	246
07	Girls	262	258	98.5	262	242	92.4	262	262	100.0	262	262	100.0	262	255	97.3	262
08	Boys	256	254	99.2	254	210	82.7	256	254	99.0	256	256	100.0	256	237	92.6	259
08	Girls	244	241	98.8	241	228	94.6	246	246	100.0	246	246	100.0	243	235	96.7	246
Totals		1,004	992	98.8	998	857	85.9	1,006	1,004	99.8	1,006	1,006	100.0	1,004	950	94.6	1,013

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	42	89.4	47	34	72.3	47	43	92.0	47	46	97.9	46	35	76.1	47
04	Girls	58	57	98.3	57	57	100.0	60	58	97.0	60	59	98.3	59	36	61.0	60
05	Boys	46	41	89.1	46	37	80.4	47	42	89.0	47	44	93.6	44	35	79.5	47
05	Girls	40	37	92.5	40	39	97.5	40	36	90.0	40	40	100.0	40	26	65.0	40
06	Boys	56	55	98.2	56	44	78.6	56	50	89.0	56	56	100.0	56	48	85.7	56
06	Girls	65	61	93.8	65	60	92.3	65	61	94.0	65	65	100.0	65	54	83.1	65
Totals		312	293	93.9	311	271	87.1	315	290	92.1	315	310	98.4	310	234	75.5	315

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Jackson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	305	302	99.0	303	207	68.3	302	299	99.0	305	283	92.8	303	289	95.4	306
07	Girls	284	277	97.5	284	237	83.5	285	284	100.0	284	275	96.8	285	278	97.5	286
08	Boys	287	284	99.0	286	229	80.1	284	280	99.0	287	279	97.2	287	266	92.7	288
08	Girls	288	285	99.0	286	247	86.4	287	286	100.0	289	285	98.6	286	278	97.2	290
Totals		1,164	1,148	98.6	1,159	920	79.4	1,158	1,149	99.2	1,165	1,122	96.3	1,161	1,111	95.7	1,170

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Jefferson S/T HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	273	270	98.9	273	237	86.8	273	273	100.0	273	269	98.5	272	250	91.9	273
09	Girls	188	183	97.3	188	174	92.6	188	188	100.0	188	188	100.0	188	185	98.4	188
10	Boys	230	227	98.7	254	163	64.2	256	256	100.0	255	247	96.9	254	194	76.4	256
10	Girls	179	176	98.3	186	168	90.3	186	186	100.0	186	184	98.9	186	182	97.8	186
Totals		870	856	98.4	901	742	82.4	903	903	100.0	902	888	98.4	900	811	90.1	903

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	60	90.9	66	46	69.7	66	65	99.0	66	60	90.9	66	57	86.4	66
04	Girls	57	49	86.0	57	57	100.0	57	57	100.0	57	57	100.0	57	39	68.4	57
05	Boys	68	66	97.1	68	50	73.5	68	66	97.0	68	67	98.5	68	60	88.2	68
05	Girls	38	34	89.5	38	35	92.1	38	38	100.0	38	36	94.7	38	30	78.9	38
06	Boys	58	51	87.9	58	43	74.1	58	58	100.0	58	57	98.3	58	51	87.9	58
06	Girls	55	45	81.8	54	51	94.4	55	54	98.0	55	54	98.2	55	45	81.8	55
Totals		342	305	89.2	341	282	82.7	342	338	98.8	342	331	96.8	342	282	82.5	342

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	53	89.8	59	54	91.5	59	41	70.0	60	41	68.3	59	58	98.3	61
04	Girls	60	60	100.0	59	59	100.0	60	53	88.0	60	48	80.0	60	60	100.0	60
05	Boys	65	62	95.4	65	59	90.8	64	60	94.0	65	55	84.6	65	62	95.4	65
05	Girls	68	67	98.5	68	68	100.0	68	67	99.0	68	66	97.1	68	66	97.1	69
06	Boys	67	65	97.0	68	63	92.6	67	58	87.0	68	66	97.1	66	65	98.5	68
06	Girls	63	59	93.7	63	62	98.4	63	62	98.0	63	62	98.4	63	60	95.2	63
Totals		382	366	95.8	382	365	95.5	381	341	89.5	384	338	88.0	381	371	97.4	386

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Key MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	189	185	97.9	190	124	65.3	192	184	96.0	190	184	96.8	189	153	81.0	198
07	Girls	190	177	93.2	189	159	84.1	191	189	99.0	190	183	96.3	189	157	83.1	193
08	Boys	207	202	97.6	206	109	52.9	211	203	96.0	206	170	82.5	206	112	54.4	217
08	Girls	172	162	94.2	169	94	55.6	174	168	97.0	171	151	88.3	169	105	62.1	175
Totals		758	726	95.8	754	486	64.5	768	744	96.9	757	688	90.9	753	527	70.0	783

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Kilmer MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	307	302	98.4	306	266	86.9	307	307	100.0	308	305	99.0	307	297	96.7	309
07	Girls	281	279	99.3	280	265	94.6	284	284	100.0	284	283	99.6	280	270	96.4	285
08	Boys	305	304	99.7	304	282	92.8	308	307	100.0	309	305	98.7	304	294	96.7	309
08	Girls	285	285	100.0	284	282	99.3	289	289	100.0	290	289	99.7	285	282	98.9	290
Totals		1,178	1,170	99.3	1,174	1,095	93.3	1,188	1,187	99.9	1,191	1,182	99.2	1,176	1,143	97.2	1,193

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	78	72	92.3	78	74	94.9	78	73	94.0	78	77	98.7	78	75	96.2	78
04	Girls	71	68	95.8	72	72	100.0	72	72	100.0	72	70	97.2	71	67	94.4	73
05	Boys	74	68	91.9	74	70	94.6	74	73	99.0	74	74	100.0	73	69	94.5	74
05	Girls	87	83	95.4	87	87	100.0	87	86	99.0	87	87	100.0	87	84	96.6	87
06	Boys	77	70	90.9	78	70	89.7	78	76	97.0	78	78	100.0	77	72	93.5	78
06	Girls	81	79	97.5	81	80	98.8	81	77	95.0	81	81	100.0	81	73	90.1	81
Totals		468	440	94.0	470	453	96.4	470	457	97.2	470	467	99.4	467	440	94.2	471

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	53	98.1	54	40	74.1	54	50	93.0	54	53	98.1	54	50	92.6	54
04	Girls	39	29	74.4	39	37	94.9	39	37	95.0	39	37	94.9	39	31	79.5	39
05	Boys	49	47	95.9	49	41	83.7	49	47	96.0	49	47	95.9	49	45	91.8	49
05	Girls	31	29	93.5	31	30	96.8	31	30	97.0	31	31	100.0	30	26	86.7	31
06	Boys	30	29	96.7	30	20	66.7	30	29	97.0	30	27	90.0	30	27	90.0	30
06	Girls	42	41	97.6	42	41	97.6	42	41	98.0	42	42	100.0	42	38	90.5	42
Totals		245	228	93.1	245	209	85.3	245	234	95.5	245	237	96.7	244	217	88.9	245

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	288	257	89.2	292	189	64.7	295	266	90.0	310	281	90.6	271	232	85.6	317
09	Girls	305	267	87.5	314	222	70.7	316	303	96.0	329	319	97.0	287	253	88.2	334
10	Boys	347	337	97.1	344	152	44.2	349	337	97.0	348	345	99.1	346	213	61.6	350
10	Girls	265	263	99.2	265	190	71.7	267	261	98.0	268	268	100.0	264	228	86.4	269
11	Boys	7	7	100.0	10	4	40.0	10	9	90.0	10	6	60.0	7	5	71.4	10
11	Girls	7	7	100.0	7	0	0.0	7	7	100.0	7	7	100.0	7	7	100.0	7
12	Boys	0	0	0.0	2	0	0.0	2	1	50.0	2	2	100.0	0	0	0.0	3
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,220	1,139	93.4	1,235	757	61.3	1,247	1,185	95.0	1,275	1,229	96.4	1,183	939	79.4	1,291

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lake Braddock MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	349	343	98.3	351	248	70.7	351	338	96.0	351	346	98.6	349	314	90.0	351
07	Girls	323	313	96.9	322	296	91.9	323	318	99.0	323	316	97.8	322	312	96.9	323
08	Boys	377	363	96.3	374	284	75.9	377	373	99.0	377	371	98.4	373	319	85.5	378
08	Girls	365	351	96.2	364	337	92.6	367	366	100.0	366	361	98.6	363	325	89.5	367
Totals		1,414	1,370	96.9	1,411	1,165	82.6	1,418	1,395	98.4	1,417	1,394	98.4	1,407	1,270	90.3	1,419

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	49	98.0	50	25	50.0	50	45	90.0	50	48	96.0	50	46	92.0	52
04	Girls	55	54	98.2	55	53	96.4	55	54	98.0	55	54	98.2	55	50	90.9	56
05	Boys	54	53	98.1	54	35	64.8	54	48	89.0	54	53	98.1	54	53	98.1	55
05	Girls	39	38	97.4	39	34	87.2	39	38	97.0	41	38	92.7	41	38	92.7	41
06	Boys	52	50	96.2	52	21	40.4	52	45	87.0	52	51	98.1	52	45	86.5	52
06	Girls	48	45	93.8	45	36	80.0	45	42	93.0	45	45	100.0	45	40	88.9	48
Totals		298	289	97.0	295	204	69.2	295	272	92.2	297	289	97.3	297	272	91.6	304

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Langley HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	240	239	99.6	239	191	79.9	241	236	98.0	240	224	93.3	240	224	93.3	245
09	Girls	222	221	99.5	222	204	91.9	224	219	98.0	223	219	98.2	222	222	100.0	225
10	Boys	253	250	98.8	256	163	63.7	258	254	98.0	257	207	80.5	248	212	85.5	261
10	Girls	241	236	97.9	233	198	85.0	244	237	97.0	244	235	96.3	236	228	96.6	246
11	Boys	4	4	100.0	4	3	75.0	4	4	100.0	4	4	100.0	4	4	100.0	4
11	Girls	2	2	100.0	4	1	25.0	4	4	100.0	3	3	100.0	2	2	100.0	6
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		962	952	99.0	958	760	79.3	975	954	97.8	971	892	91.9	952	892	93.7	992

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lanier MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	325	312	96.0	321	248	77.3	323	305	94.0	323	283	87.6	324	297	91.7	325
07	Girls	328	323	98.5	327	309	94.5	329	318	97.0	329	313	95.1	329	315	95.7	329
08	Boys	265	258	97.4	267	214	80.1	268	263	98.0	268	243	90.7	267	232	86.9	268
08	Girls	321	315	98.1	321	276	86.0	322	314	98.0	321	310	96.6	321	298	92.8	322
Totals		1,239	1,208	97.5	1,236	1,047	84.7	1,242	1,200	96.6	1,241	1,149	92.6	1,241	1,142	92.0	1,244

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	49	77.8	64	44	68.8	65	60	92.0	65	39	60.0	64	60	93.8	66
04	Girls	58	47	81.0	58	58	100.0	59	52	88.0	59	42	71.2	58	52	89.7	60
05	Boys	65	54	83.1	64	47	73.4	66	59	89.0	66	33	50.0	65	61	93.8	68
05	Girls	57	42	73.7	58	51	87.9	59	58	98.0	59	39	66.1	57	50	87.7	59
06	Boys	51	43	84.3	51	33	64.7	51	45	88.0	51	42	82.4	51	48	94.1	52
06	Girls	74	52	70.3	74	64	86.5	75	67	89.0	76	58	76.3	74	64	86.5	76
Totals		368	287	78.0	369	297	80.5	375	341	90.9	376	253	67.3	369	335	90.8	381

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	67	97.1	69	59	85.5	70	70	100.0	69	56	81.2	69	67	97.1	71
04	Girls	39	35	89.7	39	39	100.0	40	38	95.0	39	33	84.6	39	36	92.3	40
05	Boys	63	56	88.9	63	48	76.2	63	62	98.0	63	52	82.5	63	59	93.7	63
05	Girls	57	50	87.7	57	54	94.7	57	57	100.0	57	53	93.0	57	53	93.0	57
06	Boys	60	56	93.3	60	49	81.7	61	61	100.0	60	57	95.0	59	55	93.2	61
06	Girls	54	52	96.3	54	52	96.3	54	54	100.0	54	52	96.3	54	53	98.1	54
Totals		342	316	92.4	342	301	88.0	345	342	99.1	342	303	88.6	341	323	94.7	346

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lee HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	221	211	95.5	217	147	67.7	243	234	96.0	220	186	84.5	236	184	78.0	244
09	Girls	193	187	96.9	192	146	76.0	212	208	98.0	192	175	91.1	201	189	94.0	213
10	Boys	203	195	96.1	205	124	60.5	213	203	95.0	175	117	66.9	203	133	65.5	215
10	Girls	204	197	96.6	203	112	55.2	214	205	96.0	176	148	84.1	204	182	89.2	216
11	Boys	18	16	88.9	18	8	44.4	19	17	90.0	19	13	68.4	17	8	47.1	19
11	Girls	17	17	100.0	17	5	29.4	20	19	95.0	18	15	83.3	18	17	94.4	21
12	Boys	4	2	50.0	4	1	25.0	4	4	100.0	4	3	75.0	4	2	50.0	4
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	2
Totals		862	827	95.9	858	543	63.3	927	892	96.2	806	659	81.8	885	716	80.9	934

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	51	92.7	56	39	69.6	54	46	85.0	55	53	96.4	56	51	91.1	60
04	Girls	36	35	97.2	36	36	100.0	36	33	92.0	36	35	97.2	36	33	91.7	37
05	Boys	49	42	85.7	50	42	84.0	48	46	96.0	49	48	98.0	50	43	86.0	50
05	Girls	53	45	84.9	54	51	94.4	53	49	93.0	54	53	98.1	53	48	90.6	55
06	Boys	48	44	91.7	50	36	72.0	50	44	88.0	50	49	98.0	50	44	88.0	52
06	Girls	45	41	91.1	45	42	93.3	45	45	100.0	45	45	100.0	45	38	84.4	47
Totals		286	258	90.2	291	246	84.5	286	263	92.0	289	283	97.9	290	257	88.6	301

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	22	95.7	23	15	65.2	23	23	100.0	23	23	100.0	23	23	100.0	23
04	Girls	18	18	100.0	18	18	100.0	18	18	100.0	18	18	100.0	18	18	100.0	19
05	Boys	24	24	100.0	24	18	75.0	24	24	100.0	24	24	100.0	24	22	91.7	24
05	Girls	22	22	100.0	22	21	95.5	22	22	100.0	22	21	95.5	22	20	90.9	22
06	Boys	25	25	100.0	25	17	68.0	25	25	100.0	25	25	100.0	25	25	100.0	25
06	Girls	11	11	100.0	11	10	90.9	11	11	100.0	11	11	100.0	11	11	100.0	11
Totals		123	122	99.2	123	99	80.5	123	123	100.0	123	122	99.2	123	119	96.7	124

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Liberty MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	279	261	93.5	278	168	60.4	278	270	97.0	278	254	91.4	275	214	77.8	290
07	Girls	275	257	93.5	275	246	89.5	276	274	99.0	275	262	95.3	276	228	82.6	279
08	Boys	284	266	93.7	284	216	76.1	284	259	91.0	285	255	89.5	285	229	80.4	290
08	Girls	261	248	95.0	259	237	91.5	260	253	97.0	261	241	92.3	259	233	90.0	261
Totals		1,099	1,032	93.9	1,096	867	79.1	1,098	1,056	96.2	1,099	1,012	92.1	1,095	904	82.6	1,120

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Little Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	22	95.7	23	20	87.0	23	23	100.0	23	21	91.3	23	22	95.7	23
04	Girls	19	19	100.0	19	19	100.0	19	19	100.0	19	18	94.7	19	17	89.5	19
05	Boys	21	19	90.5	21	18	85.7	21	20	95.0	21	20	95.2	21	17	81.0	21
05	Girls	26	22	84.6	26	26	100.0	26	26	100.0	26	26	100.0	26	23	88.5	26
06	Boys	30	26	86.7	30	24	80.0	30	29	97.0	30	29	96.7	30	27	90.0	30
06	Girls	24	22	91.7	24	24	100.0	24	23	96.0	24	23	95.8	24	22	91.7	24
Totals		143	130	90.9	143	131	91.6	143	140	97.9	143	137	95.8	143	128	89.5	143

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
London Towne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	57	98.3	58	38	65.5	58	55	95.0	58	54	93.1	58	54	93.1	59
04	Girls	62	61	98.4	62	60	96.8	62	56	90.0	62	59	95.2	62	51	82.3	64
05	Boys	47	47	100.0	47	38	80.9	47	37	79.0	47	46	97.9	47	41	87.2	47
05	Girls	61	61	100.0	61	60	98.4	61	53	87.0	61	60	98.4	61	49	80.3	62
06	Boys	56	55	98.2	56	35	62.5	56	42	75.0	56	55	98.2	56	39	69.6	57
06	Girls	49	47	95.9	49	48	98.0	49	44	90.0	49	49	100.0	49	32	65.3	50
Totals		333	328	98.5	333	279	83.8	333	287	86.2	333	323	97.0	333	266	79.9	339

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Longfellow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	282	278	98.6	280	207	73.9	285	278	98.0	282	269	95.4	283	247	87.3	292
07	Girls	312	298	95.5	312	280	89.7	312	310	99.0	312	305	97.8	312	285	91.3	313
08	Boys	348	330	94.8	347	274	79.0	349	347	99.0	348	335	96.3	347	298	85.9	353
08	Girls	323	312	96.6	323	303	93.8	325	325	100.0	324	318	98.1	324	274	84.6	325
Totals		1,265	1,218	96.3	1,262	1,064	84.3	1,271	1,260	99.1	1,266	1,227	96.9	1,266	1,104	87.2	1,283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	100	83	83.0	100	50	50.0	100	98	98.0	100	89	89.0	100	92	92.0	100
04	Girls	62	50	80.6	62	62	100.0	62	62	100.0	62	53	85.5	62	58	93.5	63
05	Boys	82	56	68.3	83	50	60.2	83	80	96.0	82	66	80.5	81	70	86.4	84
05	Girls	58	33	56.9	58	52	89.7	58	57	98.0	58	50	86.2	58	46	79.3	58
06	Boys	79	66	83.5	79	45	57.0	79	76	96.0	79	68	86.1	79	68	86.1	79
06	Girls	70	47	67.1	70	53	75.7	70	69	99.0	70	56	80.0	70	57	81.4	70
Totals		451	335	74.3	452	312	69.0	452	442	97.8	451	382	84.7	450	391	86.9	454

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	29	82.9	35	28	80.0	35	27	77.0	35	31	88.6	35	25	71.4	35
04	Girls	40	37	92.5	40	40	100.0	40	37	93.0	39	37	94.9	40	25	62.5	40
05	Boys	34	27	79.4	34	30	88.2	34	30	88.0	34	31	91.2	33	25	75.8	34
05	Girls	42	38	90.5	42	42	100.0	42	42	100.0	42	42	100.0	41	23	56.1	42
06	Boys	37	30	81.1	38	29	76.3	37	27	73.0	37	33	89.2	37	25	67.6	38
06	Girls	21	18	85.7	21	20	95.2	21	19	91.0	21	19	90.5	21	10	47.6	21
Totals		209	179	85.6	210	189	90.0	209	182	87.1	208	193	92.8	207	133	64.3	210

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Madison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	269	265	98.5	266	209	78.6	266	263	99.0	266	243	91.4	270	230	85.2	270
09	Girls	228	226	99.1	229	196	85.6	228	226	99.0	228	219	96.1	227	213	93.8	229
10	Boys	244	242	99.2	243	188	77.4	242	234	97.0	243	190	78.2	244	201	82.4	245
10	Girls	214	213	99.5	216	188	87.0	214	213	100.0	215	197	91.6	215	182	84.7	217
11	Boys	6	6	100.0	6	4	66.7	6	6	100.0	6	6	100.0	6	6	100.0	6
11	Girls	6	6	100.0	6	3	50.0	6	6	100.0	6	6	100.0	6	4	66.7	6
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	1	50.0	2	1	50.0	2
Totals		969	960	99.1	968	788	81.4	964	950	98.5	966	862	89.2	970	837	86.3	975

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mantua Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	73	100.0	73	57	78.1	73	73	100.0	73	73	100.0	73	73	100.0	73
04	Girls	84	84	100.0	84	83	98.8	84	83	99.0	84	84	100.0	84	81	96.4	84
05	Boys	90	87	96.7	87	77	88.5	90	90	100.0	89	88	98.9	90	86	95.6	90
05	Girls	72	72	100.0	72	72	100.0	72	72	100.0	72	72	100.0	72	72	100.0	72
06	Boys	81	81	100.0	80	70	87.5	82	81	99.0	82	81	98.8	81	78	96.3	82
06	Girls	78	75	96.2	78	77	98.7	78	78	100.0	78	78	100.0	78	73	93.6	78
Totals		478	472	98.7	474	436	92.0	479	477	99.6	478	476	99.6	478	463	96.9	479

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Marshall HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	204	197	96.6	206	185	89.8	207	205	99.0	205	201	98.0	205	182	88.8	212
09	Girls	196	193	98.5	198	187	94.4	202	198	98.0	200	197	98.5	200	183	91.5	206
10	Boys	192	192	100.0	192	163	84.9	194	192	99.0	192	190	99.0	191	177	92.7	196
10	Girls	194	193	99.5	193	171	88.6	197	197	100.0	196	194	99.0	193	176	91.2	197
11	Boys	8	8	100.0	8	4	50.0	11	11	100.0	8	8	100.0	8	6	75.0	14
11	Girls	5	5	100.0	5	3	60.0	9	9	100.0	5	5	100.0	5	3	60.0	14
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2
12	Girls	1	1	100.0	1	0	0.0	2	2	100.0	1	1	100.0	1	1	100.0	2
Totals		801	790	98.6	804	714	88.8	823	815	99.0	808	797	98.6	804	729	90.7	843

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	37	88.1	45	34	75.6	45	43	96.0	45	44	97.8	42	32	76.2	45
04	Girls	35	34	97.1	35	35	100.0	35	35	100.0	35	35	100.0	35	22	62.9	35
05	Boys	53	48	90.6	53	41	77.4	53	53	100.0	54	53	98.1	54	39	72.2	55
05	Girls	48	46	95.8	48	47	97.9	48	48	100.0	48	48	100.0	48	38	79.2	50
06	Boys	54	46	85.2	54	30	55.6	55	54	98.0	55	53	96.4	54	31	57.4	55
06	Girls	33	31	93.9	33	27	81.8	33	33	100.0	33	32	97.0	33	24	72.7	33
Totals		265	242	91.3	268	214	79.9	269	266	98.9	270	265	98.1	266	186	69.9	273

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mason Crest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	41	100.0	41	33	80.5	42	27	64.0	42	29	69.0	41	36	87.8	42
04	Girls	35	29	82.9	35	34	97.1	36	28	78.0	36	23	63.9	35	29	82.9	37
05	Boys	12	10	83.3	13	10	76.9	13	9	69.0	13	9	69.2	13	9	69.2	13
05	Girls	10	10	100.0	10	10	100.0	10	9	90.0	10	6	60.0	10	10	100.0	10
Totals		98	90	91.8	99	87	87.9	101	73	72.3	101	67	66.3	99	84	84.8	102

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
McLean HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	265	258	97.4	271	187	69.0	271	253	93.0	272	215	79.0	266	218	82.0	273
09	Girls	290	288	99.3	291	239	82.1	293	285	97.0	293	250	85.3	291	269	92.4	294
10	Boys	226	220	97.3	227	152	67.0	240	222	93.0	236	201	85.2	227	181	79.7	242
10	Girls	222	212	95.5	220	156	70.9	230	223	97.0	227	217	95.6	224	186	83.0	231
11	Boys	5	5	100.0	5	1	20.0	5	5	100.0	5	4	80.0	5	4	80.0	5
11	Girls	6	3	50.0	7	2	28.6	8	7	88.0	7	5	71.4	6	4	66.7	8
12	Boys	2	2	100.0	1	1	100.0	2	2	100.0	2	2	100.0	2	2	100.0	2
12	Girls	1	1	100.0	0	0	0.0	2	2	100.0	1	0	0.0	0	0	0.0	3
Totals		1,017	989	97.2	1,022	738	72.2	1,051	999	95.1	1,043	894	85.7	1,021	864	84.6	1,058

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	49	87.5	55	33	60.0	56	55	98.0	56	56	100.0	56	54	96.4	56
04	Girls	55	50	90.9	55	55	100.0	55	54	98.0	55	55	100.0	55	53	96.4	55
05	Boys	45	41	91.1	45	27	60.0	45	43	96.0	45	45	100.0	45	39	86.7	46
05	Girls	53	51	96.2	53	52	98.1	54	54	100.0	54	53	98.1	54	48	88.9	54
06	Boys	48	47	97.9	47	30	63.8	48	47	98.0	47	47	100.0	47	41	87.2	48
06	Girls	38	36	94.7	39	37	94.9	40	39	98.0	40	39	97.5	39	32	82.1	40
Totals		295	274	92.9	294	234	79.6	298	292	98.0	297	295	99.3	296	267	90.2	299

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	78	94.0	82	49	59.8	83	65	78.0	83	77	92.8	82	72	87.8	83
04	Girls	71	63	88.7	72	71	98.6	72	66	92.0	72	70	97.2	71	51	71.8	72
05	Boys	65	55	84.6	67	52	77.6	67	60	90.0	67	63	94.0	65	58	89.2	67
05	Girls	72	67	93.1	72	69	95.8	72	66	92.0	72	71	98.6	72	59	81.9	72
06	Boys	63	55	87.3	63	46	73.0	63	59	94.0	63	63	100.0	63	54	85.7	63
06	Girls	70	62	88.6	70	64	91.4	71	71	100.0	71	71	100.0	71	54	76.1	71
Totals		424	380	89.6	426	351	82.4	428	387	90.4	428	415	97.0	424	348	82.1	428

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	24	72.7	33	11	33.3	33	28	85.0	33	31	93.9	33	11	33.3	33
04	Girls	14	13	92.9	14	14	100.0	14	13	93.0	14	14	100.0	14	4	28.6	14
05	Boys	17	16	94.1	17	13	76.5	17	14	82.0	17	17	100.0	17	9	52.9	17
05	Girls	13	13	100.0	13	11	84.6	13	13	100.0	13	13	100.0	13	3	23.1	13
06	Boys	21	18	85.7	21	9	42.9	21	17	81.0	21	20	95.2	21	8	38.1	21
06	Girls	23	18	78.3	23	15	65.2	23	23	100.0	23	23	100.0	23	7	30.4	23
Totals		121	102	84.3	121	73	60.3	121	108	89.3	121	118	97.5	121	42	34.7	121

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	270	251	93.0	271	61	22.5	281	266	95.0	272	265	97.4	271	215	79.3	287
09	Girls	254	226	89.0	254	62	24.4	265	253	96.0	259	258	99.6	258	207	80.2	268
10	Boys	215	189	87.9	216	33	15.3	224	220	98.0	221	220	99.5	221	156	70.6	227
10	Girls	188	162	86.2	192	36	18.8	210	210	100.0	204	203	99.5	190	142	74.7	211
11	Boys	21	19	90.5	19	1	5.3	22	21	96.0	21	21	100.0	21	17	81.0	22
11	Girls	29	25	86.2	27	2	7.4	30	30	100.0	30	30	100.0	29	23	79.3	30
12	Boys	4	4	100.0	4	0	0.0	4	3	75.0	4	4	100.0	4	3	75.0	4
12	Girls	5	5	100.0	4	0	0.0	6	6	100.0	6	6	100.0	5	2	40.0	6
Totals		986	881	89.4	987	195	19.8	1,042	1,009	96.8	1,017	1,007	99.0	999	765	76.6	1,055

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	40	100.0	40	32	80.0	40	40	100.0	40	39	97.5	40	36	90.0	40
04	Girls	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25	22	88.0	25
05	Boys	46	42	91.3	46	38	82.6	46	42	91.0	46	41	89.1	46	43	93.5	46
05	Girls	45	43	95.6	45	43	95.6	45	44	98.0	45	43	95.6	45	44	97.8	45
06	Boys	43	38	88.4	43	27	62.8	43	38	88.0	43	41	95.3	43	36	83.7	43
06	Girls	45	41	91.1	45	43	95.6	45	44	98.0	45	45	100.0	45	39	86.7	46
Totals		244	229	93.9	244	208	85.2	244	233	95.5	244	234	95.9	244	220	90.2	245

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Mountain View High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	3	3	100.0	4	1	25.0	4	4	100.0	4	4	100.0	3	2	66.7	4
10	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	2
10	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	0	0.0	2
11	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	0	0.0	1
Totals		7	7	100.0	8	1	12.5	8	8	100.0	8	6	75.0	7	3	42.9	9

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Navy Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	60	100.0	60	56	93.3	60	50	83.0	60	58	96.7	60	60	100.0	60
04	Girls	39	39	100.0	39	39	100.0	39	34	87.0	39	39	100.0	39	38	97.4	39
05	Boys	60	58	96.7	59	53	89.8	60	48	80.0	60	60	100.0	61	60	98.4	61
05	Girls	59	59	100.0	59	57	96.6	59	55	93.0	59	58	98.3	59	58	98.3	59
06	Boys	53	53	100.0	54	46	85.2	54	51	94.0	54	54	100.0	53	52	98.1	54
06	Girls	51	50	98.0	54	52	96.3	54	54	100.0	54	54	100.0	51	51	100.0	54
Totals		322	319	99.1	325	303	93.2	326	292	89.6	326	323	99.1	323	319	98.8	327

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	48	96.0	50	46	92.0	50	39	78.0	50	37	74.0	50	49	98.0	50
04	Girls	37	32	86.5	37	37	100.0	37	35	95.0	37	30	81.1	37	34	91.9	37
05	Boys	34	25	73.5	34	28	82.4	34	26	77.0	34	29	85.3	34	32	94.1	34
05	Girls	49	41	83.7	49	49	100.0	49	46	94.0	49	43	87.8	49	40	81.6	49
06	Boys	46	42	91.3	46	44	95.7	46	39	85.0	46	38	82.6	46	44	95.7	46
06	Girls	39	35	89.7	39	37	94.9	39	39	100.0	39	37	94.9	39	37	94.9	39
Totals		255	223	87.5	255	241	94.5	255	224	87.8	255	214	83.9	255	236	92.5	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
North Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	37	100.0	37	20	54.1	37	37	100.0	37	23	62.2	37	35	94.6	37
04	Girls	41	39	95.1	41	41	100.0	41	41	100.0	41	28	68.3	41	34	82.9	41
05	Boys	41	40	97.6	41	27	65.9	41	41	100.0	41	12	29.3	41	34	82.9	41
05	Girls	40	39	97.5	39	38	97.4	40	40	100.0	39	11	28.2	39	34	87.2	40
Totals		159	155	97.5	158	126	79.7	159	159	100.0	158	74	46.8	158	137	86.7	159

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	77	74	96.1	77	58	75.3	77	64	83.0	77	70	90.9	77	72	93.5	77
04	Girls	59	54	91.5	59	59	100.0	59	54	92.0	59	54	91.5	59	56	94.9	59
05	Boys	72	71	98.6	72	58	80.6	72	53	74.0	72	66	91.7	72	69	95.8	72
05	Girls	68	65	95.6	68	66	97.1	68	53	78.0	68	66	97.1	68	64	94.1	68
06	Boys	70	69	98.6	70	55	78.6	70	56	80.0	70	70	100.0	70	64	91.4	70
06	Girls	64	64	100.0	64	59	92.2	64	56	88.0	64	62	96.9	64	49	76.6	64
Totals		410	397	96.8	410	355	86.6	410	336	82.0	410	388	94.6	410	374	91.2	410

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Oak View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	54	88.5	61	51	83.6	61	46	75.0	61	46	75.4	61	54	88.5	61
04	Girls	55	55	100.0	55	55	100.0	55	50	91.0	55	45	81.8	55	45	81.8	55
05	Boys	62	56	90.3	62	53	85.5	62	55	89.0	62	54	87.1	62	56	90.3	62
05	Girls	60	55	91.7	60	60	100.0	60	55	92.0	60	55	91.7	60	56	93.3	60
06	Boys	64	60	93.8	64	53	82.8	64	59	92.0	64	52	81.3	64	48	75.0	64
06	Girls	70	64	91.4	70	70	100.0	70	66	94.0	70	61	87.1	70	52	74.3	70
Totals		372	344	92.5	372	342	91.9	372	331	89.0	372	313	84.1	372	311	83.6	372

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Oakton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	62	98.4	63	48	76.2	63	63	100.0	63	47	74.6	63	61	96.8	63
04	Girls	69	64	92.8	69	67	97.1	69	69	100.0	69	56	81.2	69	64	92.8	69
05	Boys	63	60	95.2	63	54	85.7	63	61	97.0	63	45	71.4	63	61	96.8	63
05	Girls	42	40	95.2	42	42	100.0	42	42	100.0	42	33	78.6	41	39	95.1	44
06	Boys	64	62	96.9	63	51	81.0	64	63	98.0	61	43	70.5	62	56	90.3	66
06	Girls	49	47	95.9	49	46	93.9	49	49	100.0	49	36	73.5	49	47	95.9	51
Totals		350	335	95.7	349	308	88.3	350	347	99.1	347	260	74.9	347	328	94.5	356

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Oakton HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	290	278	95.9	270	229	84.8	292	285	98.0	290	279	96.2	290	237	81.7	294
09	Girls	239	238	99.6	223	192	86.1	243	240	99.0	239	235	98.3	240	199	82.9	244
10	Boys	272	270	99.3	272	240	88.2	276	264	96.0	273	246	90.1	274	195	71.2	276
10	Girls	250	249	99.6	249	226	90.8	251	247	98.0	250	243	97.2	250	214	85.6	251
11	Boys	7	7	100.0	6	4	66.7	7	6	86.0	7	5	71.4	7	5	71.4	8
11	Girls	3	3	100.0	2	2	100.0	3	3	100.0	3	2	66.7	3	2	66.7	3
12	Boys	5	3	60.0	4	0	0.0	5	5	100.0	5	5	100.0	5	4	80.0	5
12	Girls	1	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,067	1,048	98.2	1,026	893	87.0	1,078	1,051	97.5	1,068	1,016	95.1	1,070	857	80.1	1,082

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	29	82.9	35	24	68.6	35	29	83.0	35	29	82.9	34	31	91.2	35
04	Girls	23	22	95.7	23	23	100.0	23	22	96.0	23	22	95.7	23	16	69.6	23
05	Boys	23	21	91.3	23	17	73.9	24	23	96.0	24	22	91.7	23	19	82.6	24
05	Girls	28	23	82.1	29	25	86.2	29	29	100.0	29	27	93.1	29	28	96.6	29
06	Boys	41	37	90.2	41	29	70.7	41	39	95.0	41	34	82.9	41	31	75.6	41
06	Girls	33	29	87.9	33	33	100.0	33	33	100.0	33	32	97.0	33	31	93.9	33
Totals		183	161	88.0	184	151	82.1	185	175	94.6	185	166	89.7	183	156	85.2	185

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	60	100.0	60	48	80.0	60	60	100.0	60	60	100.0	60	59	98.3	60
04	Girls	47	47	100.0	47	47	100.0	47	47	100.0	47	47	100.0	47	45	95.7	47
05	Boys	49	49	100.0	49	37	75.5	49	49	100.0	49	49	100.0	49	48	98.0	49
05	Girls	55	55	100.0	55	52	94.5	55	54	98.0	55	55	100.0	55	54	98.2	55
06	Boys	57	57	100.0	57	41	71.9	57	57	100.0	57	57	100.0	57	55	96.5	57
06	Girls	60	60	100.0	60	57	95.0	60	60	100.0	60	60	100.0	60	59	98.3	60
Totals		328	328	100.0	328	282	86.0	328	327	99.7	328	328	100.0	328	320	97.6	328

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	48	81.4	59	43	72.9	59	45	76.0	57	49	86.0	59	28	47.5	59
04	Girls	54	43	79.6	54	54	100.0	54	52	96.0	54	53	98.1	54	18	33.3	54
05	Boys	41	35	85.4	42	26	61.9	42	34	81.0	42	38	90.5	42	23	54.8	42
05	Girls	55	38	69.1	55	50	90.9	55	54	98.0	55	52	94.5	55	13	23.6	55
Totals		209	164	78.5	210	173	82.4	210	185	88.1	208	192	92.3	210	82	39.0	210

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	30	85.7	35	22	62.9	35	26	74.0	34	29	85.3	34	31	91.2	35
04	Girls	34	34	100.0	34	34	100.0	34	24	71.0	34	30	88.2	34	33	97.1	34
05	Boys	39	38	97.4	39	18	46.2	38	22	58.0	38	36	94.7	38	34	89.5	39
05	Girls	24	21	87.5	24	22	91.7	24	18	75.0	24	23	95.8	24	20	83.3	24
06	Boys	33	26	78.8	34	23	67.6	34	19	56.0	34	28	82.4	34	25	73.5	34
06	Girls	29	28	96.6	29	28	96.6	29	27	93.0	29	24	82.8	29	20	69.0	29
Totals		194	177	91.2	195	147	75.4	194	136	70.1	193	170	88.1	193	163	84.5	195

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Poe MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	140	140	100.0	140	81	57.9	140	135	96.0	140	130	92.9	140	117	83.6	143
06	Girls	140	140	100.0	140	113	80.7	140	136	97.0	140	138	98.6	140	110	78.6	141
07	Boys	165	165	100.0	165	101	61.2	165	153	93.0	165	164	99.4	165	134	81.2	170
07	Girls	168	168	100.0	168	140	83.3	168	165	98.0	168	168	100.0	168	130	77.4	171
08	Boys	136	134	98.5	136	92	67.6	136	131	96.0	136	134	98.5	136	110	80.9	142
08	Girls	175	175	100.0	175	127	72.6	175	169	97.0	175	174	99.4	175	125	71.4	176
Totals		924	922	99.8	924	654	70.8	924	889	96.2	924	908	98.3	924	726	78.6	943

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	40	87.0	46	33	71.7	49	45	92.0	49	47	95.9	46	34	73.9	51
04	Girls	43	41	95.3	43	43	100.0	43	42	98.0	43	43	100.0	43	33	76.7	44
05	Boys	41	41	100.0	41	40	97.6	43	41	95.0	43	42	97.7	41	36	87.8	44
05	Girls	46	41	89.1	47	43	91.5	47	45	96.0	47	47	100.0	46	29	63.0	49
06	Boys	43	41	95.3	43	39	90.7	43	37	86.0	43	42	97.7	43	38	88.4	44
06	Girls	56	56	100.0	56	56	100.0	56	53	95.0	56	56	100.0	56	46	82.1	57
Totals		275	260	94.5	276	254	92.0	281	263	93.6	281	277	98.6	275	216	78.5	289

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Powell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	57	100.0	56	42	75.0	59	59	100.0	57	46	80.7	57	51	89.5	60
04	Girls	80	80	100.0	80	80	100.0	80	79	99.0	80	71	88.8	80	71	88.8	80
05	Boys	84	84	100.0	82	66	80.5	88	85	97.0	84	69	82.1	88	78	88.6	88
05	Girls	58	57	98.3	58	56	96.6	58	57	98.0	58	56	96.6	58	52	89.7	58
06	Boys	70	69	98.6	70	49	70.0	70	69	99.0	70	63	90.0	70	59	84.3	70
06	Girls	63	62	98.4	63	58	92.1	64	62	97.0	63	61	96.8	63	52	82.5	64
Totals		412	409	99.3	409	351	85.8	419	411	98.1	412	366	88.8	416	363	87.3	420

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Providence Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	54	91.5	59	38	64.4	59	45	76.0	58	54	93.1	58	51	87.9	59
04	Girls	57	53	93.0	58	58	100.0	58	52	90.0	57	54	94.7	57	46	80.7	59
05	Boys	68	58	85.3	68	51	75.0	68	52	77.0	67	62	92.5	68	59	86.8	68
05	Girls	63	59	93.7	62	60	96.8	63	56	89.0	62	60	96.8	63	61	96.8	63
06	Boys	62	61	98.4	62	41	66.1	63	50	79.0	61	57	93.4	61	53	86.9	63
06	Girls	68	64	94.1	67	62	92.5	68	65	96.0	68	67	98.5	68	58	85.3	68
Totals		377	349	92.6	376	310	82.4	379	320	84.4	373	354	94.9	375	328	87.5	380

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	11
09	Girls	0	0	0.0	1	0	0.0	2	2	100.0	1	0	0.0	0	0	0.0	8
10	Boys	2	1	50.0	2	1	50.0	2	1	50.0	1	1	100.0	2	1	50.0	13
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	8
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		2	1	50.0	3	1	33.3	4	3	75.0	2	1	50.0	2	1	50.0	43

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	25	78.1	32	17	53.1	32	30	94.0	32	30	93.8	32	21	65.6	32
04	Girls	46	38	82.6	46	46	100.0	46	45	98.0	46	43	93.5	46	17	37.0	46
05	Boys	35	23	65.7	35	22	62.9	35	34	97.0	35	26	74.3	35	20	57.1	35
05	Girls	23	20	87.0	23	22	95.7	23	23	100.0	23	21	91.3	23	13	56.5	23
06	Boys	44	41	93.2	44	29	65.9	44	42	96.0	44	42	95.5	44	33	75.0	44
06	Girls	38	34	89.5	38	34	89.5	38	38	100.0	38	33	86.8	38	23	60.5	38
Totals		218	181	83.0	218	170	78.0	218	212	97.2	218	195	89.4	218	127	58.3	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Riverside Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	39	81.3	48	26	54.2	48	31	65.0	48	41	85.4	48	43	89.6	48
04	Girls	54	42	77.8	55	54	98.2	55	45	82.0	55	48	87.3	55	44	80.0	55
05	Boys	51	38	74.5	51	30	58.8	51	45	88.0	50	48	96.0	51	45	88.2	51
05	Girls	33	25	75.8	34	28	82.4	34	29	85.0	34	32	94.1	34	25	73.5	34
06	Boys	38	30	78.9	39	27	69.2	39	30	77.0	39	37	94.9	39	31	79.5	39
06	Girls	41	27	65.9	42	35	83.3	43	37	86.0	42	41	97.6	42	26	61.9	43
Totals		265	201	75.8	269	200	74.3	270	217	80.4	268	247	92.2	269	214	79.6	270

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Robinson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	322	317	98.4	313	229	73.2	326	323	99.0	326	320	98.2	322	286	88.8	326
09	Girls	307	304	99.0	301	256	85.0	310	305	98.0	310	310	100.0	309	293	94.8	313
10	Boys	377	367	97.3	375	234	62.4	379	370	98.0	379	377	99.5	374	340	90.9	381
10	Girls	321	305	95.0	322	249	77.3	328	324	99.0	326	322	98.8	320	306	95.6	330
11	Boys	3	2	66.7	2	1	50.0	6	5	83.0	5	3	60.0	2	2	100.0	6
11	Girls	6	6	100.0	8	4	50.0	11	10	91.0	11	8	72.7	6	6	100.0	11
12	Boys	1	1	100.0	1	0	0.0	4	4	100.0	4	4	100.0	2	1	50.0	4
12	Girls	2	2	100.0	2	2	100.0	5	5	100.0	5	4	80.0	2	2	100.0	5
Totals		1,339	1,304	97.4	1,324	975	73.6	1,369	1,346	98.3	1,366	1,348	98.7	1,337	1,236	92.4	1,376

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Robinson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	329	316	96.0	328	228	69.5	333	331	99.0	329	323	98.2	328	247	75.3	333
07	Girls	296	286	96.6	295	272	92.2	297	297	100.0	295	293	99.3	294	228	77.6	297
08	Boys	300	294	98.0	299	228	76.3	302	299	99.0	299	296	99.0	300	275	91.7	302
08	Girls	289	286	99.0	285	266	93.3	291	291	100.0	291	289	99.3	288	282	97.9	292
Totals		1,214	1,182	97.4	1,207	994	82.4	1,223	1,218	99.6	1,214	1,201	98.9	1,210	1,032	85.3	1,224

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Rocky Run MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	280	277	98.9	280	193	68.9	280	276	99.0	280	246	87.9	280	227	81.1	281
07	Girls	233	228	97.9	233	212	91.0	233	233	100.0	233	216	92.7	233	188	80.7	233
08	Boys	265	259	97.7	263	203	77.2	265	263	99.0	264	232	87.9	265	238	89.8	267
08	Girls	236	235	99.6	235	214	91.1	239	237	99.0	237	229	96.6	235	211	89.8	239
Totals		1,014	999	98.5	1,011	822	81.3	1,017	1,009	99.2	1,014	923	91.0	1,013	864	85.3	1,020

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	30	88.2	37	21	56.8	41	40	98.0	40	29	72.5	41	30	73.2	41
04	Girls	37	37	100.0	37	37	100.0	38	36	95.0	38	30	78.9	37	25	67.6	38
05	Boys	27	24	88.9	28	20	71.4	30	27	90.0	31	22	71.0	30	16	53.3	31
05	Girls	41	36	87.8	41	39	95.1	43	43	100.0	43	30	69.8	43	27	62.8	43
06	Boys	42	41	97.6	44	34	77.3	44	43	98.0	44	37	84.1	44	29	65.9	44
06	Girls	29	29	100.0	30	28	93.3	30	30	100.0	30	28	93.3	30	14	46.7	30
Totals		210	197	93.8	217	179	82.5	226	219	96.9	226	176	77.9	225	141	62.7	227

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Rose Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	44	91.7	48	27	56.3	48	42	88.0	47	47	100.0	48	45	93.8	48
04	Girls	45	44	97.8	45	45	100.0	45	44	98.0	45	45	100.0	45	43	95.6	45
05	Boys	36	34	94.4	36	19	52.8	36	30	83.0	36	36	100.0	36	34	94.4	36
05	Girls	44	41	93.2	44	42	95.5	44	40	91.0	44	44	100.0	44	43	97.7	44
06	Boys	32	32	100.0	32	24	75.0	32	32	100.0	32	32	100.0	32	30	93.8	32
06	Girls	52	46	88.5	52	45	86.5	52	50	96.0	52	52	100.0	52	52	100.0	52
Totals		257	241	93.8	257	202	78.6	257	238	92.6	256	256	100.0	257	247	96.1	257

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Sandburg MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	313	298	95.2	310	212	68.4	312	279	89.0	311	290	93.2	313	264	84.3	316
07	Girls	322	300	93.2	321	241	75.1	322	305	95.0	322	298	92.5	320	255	79.7	326
08	Boys	334	313	93.7	332	177	53.3	332	303	91.0	332	293	88.3	332	266	80.1	339
08	Girls	295	278	94.2	294	161	54.8	293	286	98.0	294	276	93.9	294	256	87.1	298
Totals		1,264	1,189	94.1	1,257	791	62.9	1,259	1,173	93.2	1,259	1,157	91.9	1,259	1,041	82.7	1,279

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Sangster Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	73	96.1	76	61	80.3	77	77	100.0	77	76	98.7	75	72	96.0	78
04	Girls	59	58	98.3	58	57	98.3	59	59	100.0	59	59	100.0	59	56	94.9	59
05	Boys	96	93	96.9	96	93	96.9	95	95	100.0	96	95	99.0	95	92	96.8	96
05	Girls	69	67	97.1	69	69	100.0	69	69	100.0	69	69	100.0	69	66	95.7	69
06	Boys	76	73	96.1	75	66	88.0	77	76	99.0	77	75	97.4	77	75	97.4	77
06	Girls	72	72	100.0	72	71	98.6	72	72	100.0	72	72	100.0	72	67	93.1	72
Totals		448	436	97.3	446	417	93.5	449	448	99.8	450	446	99.1	447	428	95.7	451

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	36	62.1	58	31	53.4	58	48	83.0	58	58	100.0	58	49	84.5	58
04	Girls	36	23	63.9	37	37	100.0	36	25	69.0	37	37	100.0	36	31	86.1	37
05	Boys	54	34	63.0	52	32	61.5	54	44	82.0	54	54	100.0	52	42	80.8	55
05	Girls	48	33	68.8	48	45	93.8	48	44	92.0	48	48	100.0	48	36	75.0	48
06	Boys	60	50	83.3	60	38	63.3	60	46	77.0	60	60	100.0	60	51	85.0	60
06	Girls	43	33	76.7	43	37	86.0	43	41	95.0	43	43	100.0	43	40	93.0	43
Totals		299	209	69.9	298	220	73.8	299	248	82.9	300	300	100.0	297	249	83.8	301

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Sherman Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27	26	96.3	27
04	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	30	93.8	32
05	Boys	33	33	100.0	34	34	100.0	34	34	100.0	34	34	100.0	34	15	44.1	34
05	Girls	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20	5	25.0	20
06	Boys	24	24	100.0	24	24	100.0	24	24	100.0	24	24	100.0	24	10	41.7	24
06	Girls	26	26	100.0	26	26	100.0	26	26	100.0	26	26	100.0	26	17	65.4	26
Totals		162	162	100.0	163	163	100.0	163	163	100.0	163	163	100.0	163	103	63.2	163

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Shrevewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	39	95.1	40	27	67.5	41	38	93.0	41	39	95.1	41	36	87.8	42
04	Girls	40	39	97.5	40	40	100.0	41	40	98.0	40	39	97.5	41	38	92.7	42
05	Boys	34	34	100.0	34	27	79.4	34	32	94.0	34	33	97.1	34	31	91.2	36
05	Girls	26	26	100.0	26	24	92.3	26	26	100.0	26	26	100.0	26	24	92.3	26
06	Boys	41	40	97.6	41	23	56.1	44	41	93.0	44	42	95.5	41	33	80.5	44
06	Girls	31	28	90.3	32	29	90.6	32	32	100.0	32	32	100.0	32	30	93.8	33
Totals		213	206	96.7	213	170	79.8	218	209	95.9	217	211	97.2	215	192	89.3	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	46	97.9	47	41	87.2	47	46	98.0	47	29	61.7	47	39	83.0	47
04	Girls	70	61	87.1	70	69	98.6	70	70	100.0	70	55	78.6	70	49	70.0	70
05	Boys	50	48	96.0	50	43	86.0	50	49	98.0	50	42	84.0	50	41	82.0	50
05	Girls	61	60	98.4	61	61	100.0	61	61	100.0	61	52	85.2	61	49	80.3	61
06	Boys	59	56	94.9	59	44	74.6	59	58	98.0	59	55	93.2	59	45	76.3	59
06	Girls	61	59	96.7	61	58	95.1	61	61	100.0	61	54	88.5	61	38	62.3	61
Totals		348	330	94.8	348	316	90.8	348	345	99.1	348	287	82.5	348	261	75.0	348

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	32	21	65.6	32	26	81.0	32	28	87.5	30	29	96.7	36
04	Girls	26	24	92.3	26	26	100.0	26	24	92.0	26	25	96.2	26	25	96.2	26
05	Boys	30	29	96.7	30	25	83.3	30	28	93.0	30	23	76.7	30	30	100.0	30
05	Girls	28	24	85.7	28	25	89.3	28	27	96.0	28	25	89.3	28	26	92.9	28
Totals		114	106	93.0	116	97	83.6	116	105	90.5	116	101	87.1	114	110	96.5	120

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
South County HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	268	266	99.3	268	194	72.4	269	263	98.0	269	243	90.3	265	230	86.8	269
09	Girls	250	248	99.2	250	214	85.6	250	250	100.0	250	239	95.6	248	226	91.1	251
10	Boys	239	237	99.2	239	137	57.3	239	236	99.0	239	237	99.2	239	198	82.8	241
10	Girls	244	239	98.0	243	168	69.1	245	243	99.0	244	241	98.8	243	236	97.1	245
11	Boys	19	18	94.7	18	3	16.7	19	19	100.0	19	19	100.0	16	12	75.0	20
11	Girls	9	7	77.8	9	3	33.3	9	8	89.0	9	7	77.8	8	7	87.5	10
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	1
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	2
Totals		1,032	1,018	98.6	1,030	719	69.8	1,034	1,022	98.8	1,033	989	95.7	1,021	910	89.1	1,039

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
South County MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	287	282	98.3	288	206	71.5	288	283	98.0	288	267	92.7	287	263	91.6	293
07	Girls	255	247	96.9	255	230	90.2	255	254	100.0	255	251	98.4	255	227	89.0	261
08	Boys	255	254	99.6	254	206	81.1	255	251	98.0	254	228	89.8	255	233	91.4	258
08	Girls	240	237	98.8	237	218	92.0	240	236	98.0	239	228	95.4	239	227	95.0	241
Totals		1,037	1,020	98.4	1,034	860	83.2	1,038	1,024	98.7	1,036	974	94.0	1,036	950	91.7	1,053

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
South Lakes HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	275	267	97.1	245	210	85.7	288	287	100.0	250	250	100.0	267	240	89.9	302
09	Girls	265	257	97.0	246	223	90.7	281	281	100.0	250	249	99.6	266	245	92.1	287
10	Boys	254	247	97.2	255	203	79.6	262	261	100.0	259	258	99.6	253	226	89.3	270
10	Girls	259	257	99.2	260	219	84.2	272	270	99.0	269	266	98.9	261	242	92.7	277
11	Boys	10	8	80.0	8	5	62.5	9	9	100.0	9	8	88.9	9	8	88.9	13
11	Girls	5	4	80.0	5	1	20.0	5	5	100.0	5	5	100.0	5	4	80.0	7
12	Boys	2	1	50.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	7
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
Totals		1,070	1,041	97.3	1,020	862	84.5	1,118	1,114	99.6	1,043	1,037	99.4	1,062	966	91.0	1,169

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	59	74.7	79	69	87.3	79	68	86.0	79	39	49.4	79	63	79.7	79
04	Girls	86	61	70.9	86	86	100.0	86	81	94.0	86	54	62.8	86	59	68.6	87
05	Boys	68	46	67.6	68	62	91.2	70	60	86.0	68	12	17.6	68	52	76.5	70
05	Girls	74	49	66.2	74	74	100.0	74	68	92.0	74	29	39.2	74	44	59.5	75
06	Boys	74	58	78.4	74	68	91.9	78	72	92.0	77	35	45.5	74	58	78.4	79
06	Girls	72	57	79.2	72	72	100.0	72	68	94.0	72	36	50.0	72	54	75.0	72
Totals		453	330	72.8	453	431	95.1	459	417	90.8	456	205	45.0	453	330	72.8	462

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	63	94.0	68	51	75.0	67	66	99.0	68	45	66.2	68	59	86.8	68
04	Girls	57	53	93.0	57	57	100.0	57	53	93.0	57	42	73.7	57	50	87.7	57
05	Boys	59	58	98.3	59	55	93.2	59	51	86.0	59	30	50.8	59	55	93.2	59
05	Girls	71	66	93.0	70	67	95.7	71	66	93.0	71	53	74.6	71	62	87.3	71
06	Boys	70	68	97.1	70	55	78.6	70	65	93.0	70	51	72.9	70	61	87.1	70
06	Girls	56	54	96.4	56	56	100.0	56	53	95.0	56	41	73.2	56	47	83.9	56
Totals		380	362	95.3	380	341	89.7	380	354	93.2	381	262	68.8	381	334	87.7	381

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	38	84.4	45	18	40.0	45	44	98.0	45	44	97.8	45	45	100.0	45
04	Girls	28	24	85.7	28	28	100.0	28	27	96.0	28	28	100.0	28	26	92.9	28
05	Boys	28	26	92.9	28	22	78.6	28	28	100.0	28	28	100.0	28	26	92.9	28
05	Girls	39	30	76.9	40	40	100.0	40	40	100.0	40	40	100.0	39	35	89.7	40
06	Boys	40	32	80.0	40	24	60.0	40	40	100.0	39	37	94.9	40	36	90.0	40
06	Girls	30	29	96.7	29	28	96.6	30	30	100.0	30	30	100.0	30	30	100.0	30
Totals		210	179	85.2	210	160	76.2	211	209	99.1	210	207	98.6	210	198	94.3	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Stone MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	179	167	93.3	179	126	70.4	179	176	98.0	179	161	89.9	179	137	76.5	186
07	Girls	194	175	90.2	194	183	94.3	194	194	100.0	194	182	93.8	194	164	84.5	194
08	Boys	231	221	95.7	231	174	75.3	231	222	96.0	231	177	76.6	232	198	85.3	233
08	Girls	197	188	95.4	197	183	92.9	198	198	100.0	198	175	88.4	197	179	90.9	198
Totals		801	751	93.8	801	666	83.1	802	790	98.5	802	695	86.7	802	678	84.5	811

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	73	98.6	74	66	89.2	74	74	100.0	73	68	93.2	74	68	91.9	74
04	Girls	71	70	98.6	71	71	100.0	71	71	100.0	71	70	98.6	70	61	87.1	71
05	Boys	77	74	96.1	77	67	87.0	77	75	97.0	77	76	98.7	77	69	89.6	77
05	Girls	83	83	100.0	83	82	98.8	83	83	100.0	83	81	97.6	83	79	95.2	83
06	Boys	67	66	98.5	67	60	89.6	67	67	100.0	66	63	95.5	67	62	92.5	67
06	Girls	56	56	100.0	55	55	100.0	56	56	100.0	56	54	96.4	56	51	91.1	56
Totals		428	422	98.6	427	401	93.9	428	426	99.5	426	412	96.7	427	390	91.3	428

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Stuart HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	234	224	95.7	225	130	57.8	232	217	94.0	228	200	87.7	228	156	68.4	238
09	Girls	215	206	95.8	215	111	51.6	219	217	99.0	218	204	93.6	211	161	76.3	221
10	Boys	196	193	98.5	185	89	48.1	200	178	89.0	193	176	91.2	190	127	66.8	205
10	Girls	165	160	97.0	147	57	38.8	165	152	92.0	163	157	96.3	156	105	67.3	175
11	Boys	19	19	100.0	18	7	38.9	21	21	100.0	18	17	94.4	17	14	82.4	22
11	Girls	20	19	95.0	17	2	11.8	21	19	91.0	20	14	70.0	19	13	68.4	21
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
12	Girls	3	3	100.0	4	0	0.0	5	5	100.0	5	5	100.0	4	3	75.0	5
Totals		853	825	96.7	812	396	48.8	864	810	93.8	846	774	91.5	826	579	70.1	888

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	48	98.0	49	45	91.8	49	49	100.0	49	48	98.0	49	49	100.0	50
04	Girls	50	49	98.0	50	50	100.0	50	50	100.0	50	47	94.0	50	48	96.0	50
05	Boys	40	37	92.5	40	37	92.5	40	40	100.0	40	39	97.5	40	39	97.5	43
05	Girls	46	45	97.8	46	44	95.7	46	46	100.0	46	46	100.0	46	45	97.8	48
06	Boys	61	60	98.4	61	55	90.2	61	61	100.0	61	59	96.7	61	59	96.7	61
06	Girls	51	50	98.0	51	51	100.0	51	51	100.0	51	51	100.0	51	51	100.0	51
Totals		297	289	97.3	297	282	94.9	297	297	100.0	297	290	97.6	297	291	98.0	303

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	29	87.9	33	29	87.9	33	25	76.0	33	31	93.9	33	32	97.0	33
04	Girls	29	27	93.1	29	29	100.0	29	28	97.0	29	23	79.3	29	26	89.7	29
05	Boys	27	25	92.6	27	24	88.9	27	24	89.0	26	21	80.8	27	24	88.9	27
05	Girls	36	32	88.9	36	35	97.2	36	32	89.0	35	33	94.3	36	32	88.9	36
06	Boys	40	39	97.5	40	35	87.5	41	40	98.0	40	37	92.5	40	36	90.0	41
06	Girls	42	38	90.5	42	42	100.0	42	41	98.0	42	42	100.0	42	38	90.5	42
Totals		207	190	91.8	207	194	93.7	208	190	91.3	205	187	91.2	207	188	90.8	208

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Terraset Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	29	100.0	30	14	46.7	30	30	100.0	30	24	80.0	29	27	93.1	30
04	Girls	31	31	100.0	31	31	100.0	31	30	97.0	31	30	96.8	31	29	93.5	31
05	Boys	26	24	92.3	25	14	56.0	26	26	100.0	25	24	96.0	26	23	88.5	26
05	Girls	24	24	100.0	24	22	91.7	24	24	100.0	24	24	100.0	24	23	95.8	24
06	Boys	34	34	100.0	34	21	61.8	34	34	100.0	34	31	91.2	34	31	91.2	34
06	Girls	19	19	100.0	19	18	94.7	19	18	95.0	19	18	94.7	19	19	100.0	19
Totals		163	161	98.8	163	120	73.6	164	162	98.8	163	151	92.6	163	152	93.3	164

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Thoreau MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	222	221	99.5	222	180	81.1	222	218	98.0	222	220	99.1	221	197	89.1	228
07	Girls	201	200	99.5	201	198	98.5	201	201	100.0	201	201	100.0	199	186	93.5	203
08	Boys	195	188	96.4	195	154	79.0	196	194	99.0	196	194	99.0	195	161	82.6	197
08	Girls	214	213	99.5	212	201	94.8	214	214	100.0	214	214	100.0	212	189	89.2	215
Totals		832	822	98.8	830	733	88.3	833	827	99.3	833	829	99.5	827	733	88.6	843

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	36	83.7	43	22	51.2	43	40	93.0	43	38	88.4	43	37	86.0	43
04	Girls	16	12	75.0	16	15	93.8	16	16	100.0	16	15	93.8	16	14	87.5	16
05	Boys	33	24	72.7	33	22	66.7	33	31	94.0	33	20	60.6	33	23	69.7	33
05	Girls	39	32	82.1	39	36	92.3	39	39	100.0	39	30	76.9	39	26	66.7	39
06	Boys	27	24	88.9	28	16	57.1	28	27	96.0	28	22	78.6	27	17	63.0	29
06	Girls	24	21	87.5	24	19	79.2	24	23	96.0	24	22	91.7	24	16	66.7	24
Totals		182	149	81.9	183	130	71.0	183	176	96.2	183	147	80.3	182	133	73.1	184

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Twain MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	230	229	99.6	230	188	81.7	232	224	97.0	230	143	62.2	230	201	87.4	232
07	Girls	212	211	99.5	211	196	92.9	215	214	100.0	214	145	67.8	214	185	86.4	215
08	Boys	230	221	96.1	228	187	82.0	230	216	94.0	230	210	91.3	230	191	83.0	230
08	Girls	203	195	96.1	200	187	93.5	204	201	99.0	204	191	93.6	203	178	87.7	204
Totals		875	856	97.8	869	758	87.2	881	855	97.0	878	689	78.5	877	755	86.1	881

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	69	93.2	74	59	79.7	75	63	84.0	75	74	98.7	74	70	94.6	75
04	Girls	70	66	94.3	70	69	98.6	71	61	86.0	71	71	100.0	70	65	92.9	72
05	Boys	56	56	100.0	56	47	83.9	57	46	81.0	57	56	98.2	56	54	96.4	57
05	Girls	51	46	90.2	50	47	94.0	51	48	94.0	51	51	100.0	50	49	98.0	51
06	Boys	65	63	96.9	66	56	84.8	68	62	91.0	68	67	98.5	66	63	95.5	68
06	Girls	54	53	98.1	54	52	96.3	54	51	94.0	54	53	98.1	54	54	100.0	54
Totals		370	353	95.4	370	330	89.2	376	331	88.0	376	372	98.9	370	355	95.9	377

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Vienna Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	23	88.5	26	20	76.9	26	26	100.0	26	25	96.2	26	26	100.0	26
04	Girls	24	19	79.2	24	24	100.0	24	23	96.0	24	23	95.8	24	24	100.0	24
05	Boys	25	23	92.0	25	24	96.0	25	24	96.0	25	24	96.0	25	25	100.0	25
05	Girls	19	17	89.5	19	19	100.0	19	19	100.0	20	20	100.0	19	18	94.7	20
06	Boys	25	25	100.0	24	24	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25
06	Girls	24	23	95.8	24	24	100.0	24	24	100.0	24	22	91.7	24	24	100.0	28
Totals		143	130	90.9	142	135	95.1	143	141	98.6	144	139	96.5	143	142	99.3	148

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	47	100.0	47	44	93.6	48	42	88.0	48	47	97.9	47	47	100.0	48
04	Girls	65	64	98.5	65	65	100.0	65	63	97.0	65	63	96.9	65	61	93.8	65
05	Boys	49	49	100.0	49	42	85.7	49	45	92.0	49	47	95.9	49	48	98.0	49
05	Girls	63	63	100.0	63	63	100.0	64	60	94.0	64	63	98.4	63	59	93.7	64
06	Boys	58	58	100.0	58	58	100.0	58	56	97.0	58	56	96.6	58	57	98.3	58
06	Girls	63	61	96.8	64	64	100.0	64	63	98.0	64	63	98.4	64	62	96.9	64
Totals		345	342	99.1	346	336	97.1	348	329	94.5	348	339	97.4	346	334	96.5	348

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	28	82.4	34	28	82.4	34	33	97.0	34	33	97.1	34	30	88.2	34
04	Girls	32	26	81.3	31	31	100.0	32	31	97.0	32	31	96.9	32	23	71.9	32
05	Boys	29	22	75.9	30	26	86.7	30	29	97.0	30	29	96.7	30	23	76.7	30
05	Girls	40	32	80.0	40	40	100.0	40	40	100.0	40	40	100.0	40	37	92.5	40
06	Boys	42	33	78.6	41	38	92.7	42	40	95.0	42	42	100.0	42	38	90.5	42
06	Girls	28	22	78.6	28	27	96.4	28	28	100.0	28	28	100.0	28	22	78.6	28
Totals		205	163	79.5	204	190	93.1	206	201	97.6	206	203	98.5	206	173	84.0	206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	55	98.2	56	43	76.8	56	49	88.0	56	47	83.9	56	56	100.0	56
04	Girls	61	61	100.0	61	60	98.4	61	61	100.0	61	55	90.2	61	61	100.0	61
05	Boys	55	53	96.4	55	47	85.5	55	50	91.0	55	38	69.1	54	52	96.3	55
05	Girls	45	42	93.3	45	44	97.8	45	45	100.0	43	42	97.7	44	39	88.6	45
06	Boys	63	61	96.8	63	53	84.1	64	58	91.0	62	56	90.3	62	57	91.9	64
06	Girls	50	50	100.0	50	48	96.0	51	51	100.0	49	43	87.8	50	48	96.0	53
Totals		330	322	97.6	330	295	89.4	332	314	94.6	326	281	86.2	327	313	95.7	334

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	44	91.7	49	39	79.6	49	48	98.0	49	39	79.6	48	45	93.8	49
04	Girls	54	52	96.3	54	53	98.1	54	52	96.0	54	52	96.3	54	45	83.3	54
05	Boys	42	39	92.9	42	30	71.4	42	40	95.0	42	24	57.1	41	34	82.9	43
05	Girls	36	36	100.0	36	31	86.1	36	36	100.0	36	28	77.8	36	32	88.9	36
06	Boys	38	37	97.4	38	31	81.6	39	38	97.0	37	35	94.6	37	32	86.5	39
06	Girls	39	36	92.3	39	35	89.7	40	39	98.0	39	34	87.2	39	32	82.1	40
Totals		257	244	94.9	258	219	84.9	260	253	97.3	257	212	82.5	255	220	86.3	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Waynewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	30	76.9	39	27	69.0	39	39	100.0	39	39	100.0	39
04	Girls	43	43	100.0	42	42	100.0	43	36	84.0	43	43	100.0	43	43	100.0	43
05	Boys	56	56	100.0	56	49	87.5	56	45	80.0	56	56	100.0	56	53	94.6	56
05	Girls	47	47	100.0	46	46	100.0	47	47	100.0	47	47	100.0	47	46	97.9	47
06	Boys	40	40	100.0	40	35	87.5	40	34	85.0	40	40	100.0	40	40	100.0	40
06	Girls	31	31	100.0	30	30	100.0	31	29	94.0	31	30	96.8	30	30	100.0	31
Totals		256	256	100.0	253	232	91.7	256	218	85.2	256	255	99.6	255	251	98.4	256

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
West Potomac HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	297	284	95.6	301	171	56.8	311	293	94.0	311	294	94.5	286	220	76.9	322
09	Girls	251	241	96.0	272	181	66.5	270	258	96.0	275	266	96.7	251	231	92.0	282
10	Boys	260	234	90.0	273	136	49.8	233	211	91.0	267	248	92.9	265	225	84.9	281
10	Girls	250	234	93.6	268	167	62.3	239	230	96.0	274	267	97.4	261	237	90.8	284
11	Boys	25	22	88.0	24	7	29.2	22	19	86.0	24	22	91.7	26	18	69.2	27
11	Girls	27	24	88.9	24	5	20.8	21	19	91.0	26	23	88.5	27	25	92.6	30
12	Boys	2	2	100.0	2	1	50.0	7	3	43.0	7	4	57.1	2	0	0.0	8
12	Girls	4	4	100.0	4	0	0.0	5	3	60.0	5	4	80.0	4	3	75.0	8
Totals		1,116	1,045	93.6	1,168	668	57.2	1,108	1,036	93.5	1,189	1,128	94.9	1,122	959	85.5	1,242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	27	93.1	29	21	72.4	29	27	93.0	29	23	79.3	29	27	93.1	29
04	Girls	30	24	80.0	30	30	100.0	30	27	90.0	30	21	70.0	30	21	70.0	30
05	Boys	32	29	90.6	32	24	75.0	32	27	84.0	32	23	71.9	32	26	81.3	32
05	Girls	27	26	96.3	27	26	96.3	27	27	100.0	27	22	81.5	27	19	70.4	27
06	Boys	27	26	96.3	27	19	70.4	27	25	93.0	27	25	92.6	27	23	85.2	27
06	Girls	33	32	97.0	33	31	93.9	33	31	94.0	33	31	93.9	33	27	81.8	33
Totals		178	164	92.1	178	151	84.8	178	164	92.1	178	145	81.5	178	143	80.3	178

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
West Springfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	271	268	98.9	277	206	74.4	278	273	98.0	276	274	99.3	275	216	78.5	280
09	Girls	266	264	99.2	269	233	86.6	269	269	100.0	267	266	99.6	263	250	95.1	270
10	Boys	283	283	100.0	273	180	65.9	285	271	95.0	285	280	98.2	284	223	78.5	285
10	Girls	303	298	98.3	277	232	83.8	304	295	97.0	304	295	97.0	301	294	97.7	304
11	Boys	6	6	100.0	7	4	57.1	7	7	100.0	6	6	100.0	7	6	85.7	9
11	Girls	5	4	80.0	6	1	16.7	7	7	100.0	6	5	83.3	5	4	80.0	8
12	Boys	1	0	0.0	1	0	0.0	2	2	100.0	2	1	50.0	0	0	0.0	2
12	Girls	1	1	100.0	2	1	50.0	3	3	100.0	2	2	100.0	1	1	100.0	3
Totals		1,136	1,124	98.9	1,112	857	77.1	1,155	1,127	97.6	1,148	1,129	98.3	1,136	994	87.5	1,161

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	27	100.0	26	21	80.8	27	22	82.0	27	27	100.0	27	25	92.6	27
04	Girls	31	28	90.3	30	30	100.0	31	25	81.0	31	31	100.0	30	23	76.7	31
05	Boys	32	31	96.9	32	25	78.1	32	29	91.0	32	32	100.0	32	29	90.6	32
05	Girls	30	29	96.7	30	28	93.3	31	29	94.0	30	30	100.0	30	27	90.0	31
06	Boys	25	25	100.0	25	19	76.0	25	24	96.0	25	25	100.0	25	21	84.0	25
06	Girls	45	41	91.1	43	42	97.7	46	44	96.0	46	46	100.0	44	43	97.7	46
Totals		190	181	95.3	186	165	88.7	192	173	90.1	191	191	100.0	188	168	89.4	192

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Westfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	374	371	99.2	374	319	85.3	374	371	99.0	374	345	92.2	373	305	81.8	378
09	Girls	313	308	98.4	312	263	84.3	313	312	100.0	313	299	95.5	313	246	78.6	317
10	Boys	340	333	97.9	340	260	76.5	343	335	98.0	343	257	74.9	343	261	76.1	348
10	Girls	301	290	96.3	302	245	81.1	301	291	97.0	300	258	86.0	301	219	72.8	304
11	Boys	9	7	77.8	9	5	55.6	9	8	89.0	9	9	100.0	9	6	66.7	11
11	Girls	9	8	88.9	9	3	33.3	9	9	100.0	9	6	66.7	9	9	100.0	15
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	5
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
Totals		1,348	1,319	97.8	1,348	1,095	81.2	1,351	1,328	98.3	1,350	1,175	87.0	1,350	1,048	77.6	1,381

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Westgate Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	22	71.0	30	30	100.0	31	27	87.0	30	29	96.7	30	22	73.3	31
04	Girls	36	29	80.6	36	36	100.0	36	36	100.0	36	35	97.2	36	29	80.6	36
05	Boys	36	22	61.1	36	32	88.9	36	27	75.0	36	35	97.2	36	29	80.6	36
05	Girls	30	24	80.0	29	29	100.0	30	28	93.0	30	30	100.0	30	22	73.3	30
06	Boys	43	31	72.1	43	37	86.0	43	36	84.0	43	42	97.7	42	26	61.9	43
06	Girls	37	26	70.3	37	35	94.6	37	33	89.0	36	35	97.2	36	23	63.9	37
Totals		213	154	72.3	211	199	94.3	213	187	87.8	211	206	97.6	210	151	71.9	213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	43	75.4	57	24	42.1	57	54	95.0	57	48	84.2	56	35	62.5	57
04	Girls	42	28	66.7	42	42	100.0	42	42	100.0	42	39	92.9	41	16	39.0	42
05	Boys	50	47	94.0	50	28	56.0	50	50	100.0	50	44	88.0	50	39	78.0	50
05	Girls	39	28	71.8	39	32	82.1	39	39	100.0	39	39	100.0	39	22	56.4	39
06	Boys	46	41	89.1	46	30	65.2	46	46	100.0	46	42	91.3	46	27	58.7	46
06	Girls	37	31	83.8	37	31	83.8	37	37	100.0	37	37	100.0	37	30	81.1	38
Totals		271	218	80.4	271	187	69.0	271	268	98.9	271	249	91.9	269	169	62.8	272

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Wyanoke Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	36	87.8	41	23	56.1	41	41	100.0	41	39	95.1	41	33	80.5	41
04	Girls	33	27	81.8	33	32	97.0	33	33	100.0	33	32	97.0	33	22	66.7	33
05	Boys	52	44	84.6	53	45	84.9	53	52	98.0	52	49	94.2	52	42	80.8	53
05	Girls	39	31	79.5	39	39	100.0	39	38	97.0	39	38	97.4	39	34	87.2	39
Totals		165	138	83.6	166	139	83.7	166	164	98.8	165	158	95.8	165	131	79.4	166

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	78	76	97.4	78	64	82.1	78	75	96.0	78	55	70.5	78	76	97.4	78
04	Girls	58	58	100.0	57	57	100.0	58	56	97.0	58	49	84.5	57	47	82.5	58
05	Boys	70	67	95.7	70	64	91.4	70	67	96.0	70	41	58.6	70	57	81.4	70
05	Girls	59	58	98.3	59	59	100.0	59	59	100.0	59	49	83.1	59	50	84.7	59
06	Boys	75	73	97.3	75	67	89.3	75	75	100.0	75	65	86.7	75	62	82.7	76
06	Girls	63	59	93.7	63	62	98.4	63	63	100.0	63	54	85.7	63	48	76.2	63
Totals		403	391	97.0	402	373	92.8	403	395	98.0	403	313	77.7	402	340	84.6	404

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Whitman MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	242	236	97.5	242	108	44.6	242	235	97.0	242	242	100.0	242	223	92.1	245
07	Girls	223	221	99.1	223	155	69.5	223	220	99.0	223	223	100.0	223	217	97.3	223
08	Boys	258	250	96.9	258	119	46.1	258	222	86.0	258	248	96.1	258	229	88.8	261
08	Girls	232	231	99.6	232	98	42.2	234	214	92.0	233	233	100.0	232	222	95.7	236
Totals		955	938	98.2	955	480	50.3	957	891	93.1	956	946	99.0	955	891	93.3	965

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	90	90	100.0	91	65	71.4	92	92	100.0	91	90	98.9	90	86	95.6	95
04	Girls	84	84	100.0	85	84	98.8	84	84	100.0	84	84	100.0	84	82	97.6	87
05	Boys	75	75	100.0	77	62	80.5	77	75	97.0	77	75	97.4	75	70	93.3	78
05	Girls	74	74	100.0	74	70	94.6	74	74	100.0	74	74	100.0	74	65	87.8	74
06	Boys	74	74	100.0	75	63	84.0	75	74	99.0	75	75	100.0	75	70	93.3	75
06	Girls	83	83	100.0	84	82	97.6	83	83	100.0	83	83	100.0	81	75	92.6	84
Totals		480	480	100.0	486	426	87.7	485	482	99.4	484	481	99.4	479	448	93.5	493

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	45	93.8	48	48	100.0	48	42	87.5	48	46	95.8	48
04	Girls	40	40	100.0	40	40	100.0	40	40	100.0	40	40	100.0	40	40	100.0	40
05	Boys	40	39	97.5	39	36	92.3	40	40	100.0	40	34	85.0	39	36	92.3	40
05	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	29	90.6	32
06	Boys	44	42	95.5	44	41	93.2	45	45	100.0	44	43	97.7	44	42	95.5	45
06	Girls	50	48	96.0	50	50	100.0	50	50	100.0	50	50	100.0	50	41	82.0	50
Totals		254	248	97.6	253	244	96.4	255	255	100.0	254	241	94.9	253	234	92.5	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Woodburn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	27	90.0	30	13	43.3	30	27	90.0	30	26	86.7	30	25	83.3	30
04	Girls	30	30	100.0	30	30	100.0	30	24	80.0	30	26	86.7	30	28	93.3	30
05	Boys	34	34	100.0	34	21	61.8	34	32	94.0	34	31	91.2	34	22	64.7	34
05	Girls	31	26	83.9	31	28	90.3	31	28	90.0	31	26	83.9	31	15	48.4	32
06	Boys	23	22	95.7	23	11	47.8	23	19	83.0	23	22	95.7	23	15	65.2	23
06	Girls	21	20	95.2	21	20	95.2	21	19	91.0	21	20	95.2	21	11	52.4	21
Totals		169	159	94.1	169	123	72.8	169	149	88.2	169	151	89.3	169	116	68.6	170

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	34	73.9	46	33	71.7	46	43	94.0	46	32	69.6	46	39	84.8	48
04	Girls	46	36	78.3	45	43	95.6	46	40	87.0	46	27	58.7	46	36	78.3	46
05	Boys	61	43	70.5	61	42	68.9	61	57	93.0	61	48	78.7	61	51	83.6	62
05	Girls	52	41	78.8	52	45	86.5	52	51	98.0	52	47	90.4	52	40	76.9	52
06	Boys	39	22	56.4	39	26	66.7	39	37	95.0	39	33	84.6	39	31	79.5	39
06	Girls	58	37	63.8	58	54	93.1	58	56	97.0	58	50	86.2	58	47	81.0	58
Totals		302	213	70.5	301	243	80.7	302	284	94.0	302	237	78.5	302	244	80.8	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	51	100.0	51	44	86.3	51	50	98.0	51	51	100.0	51	47	92.2	51
04	Girls	45	45	100.0	46	46	100.0	46	46	100.0	46	45	97.8	46	40	87.0	46
05	Boys	38	38	100.0	38	34	89.5	38	37	97.0	38	38	100.0	38	37	97.4	38
05	Girls	53	52	98.1	53	52	98.1	53	53	100.0	53	53	100.0	53	43	81.1	53
06	Boys	42	39	92.9	40	25	62.5	43	41	95.0	43	43	100.0	42	38	90.5	43
06	Girls	36	34	94.4	35	29	82.9	36	36	100.0	36	36	100.0	35	32	91.4	36
Totals		265	259	97.7	263	230	87.5	267	263	98.5	267	266	99.6	265	237	89.4	267

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2012-2013
Woodson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	289	272	94.1	289	236	81.7	293	285	97.0	290	257	88.6	290	268	92.4	295
09	Girls	296	282	95.3	296	251	84.8	298	292	98.0	298	287	96.3	298	286	96.0	302
10	Boys	268	264	98.5	264	236	89.4	271	268	99.0	265	231	87.2	266	237	89.1	271
10	Girls	242	241	99.6	243	224	92.2	244	241	99.0	242	227	93.8	242	233	96.3	247
11	Boys	4	4	100.0	5	5	100.0	5	5	100.0	4	4	100.0	4	4	100.0	6
11	Girls	3	3	100.0	3	3	100.0	4	4	100.0	3	3	100.0	3	3	100.0	6
12	Boys	1	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,104	1,067	96.6	1,101	955	86.7	1,117	1,097	98.2	1,104	1,011	91.6	1,105	1,031	93.3	1,129