

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
ALC at Burke**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	2	1	50.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	3
05	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
05	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
06	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	4
06	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		3	2	66.7	2	0	0.0	2	2	100.0	2	2	100.0	1	1	100.0	10

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
ALC at Cameron**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
05	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	1	1	100.0	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1
07	Boys	6	4	66.7	6	1	16.7	7	7	100.0	7	5	71.4	6	4	66.7	8
07	Girls	2	2	100.0	2	2	100.0	2	1	50.0	0	0	0.0	2	1	50.0	2
08	Boys	14	13	92.9	14	8	57.1	14	10	71.0	14	14	100.0	13	8	61.5	16
08	Girls	2	2	100.0	2	0	0.0	3	3	100.0	2	2	100.0	3	1	33.3	6
Totals		25	22	88.0	25	11	44.0	27	21	77.8	24	22	91.7	25	14	56.0	33

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	2	2	100.0	2	1	50.0	3	3	100.0	3	3	100.0	3	1	33.3	9
09	Girls	2	1	50.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	7
10	Boys	6	6	100.0	6	2	33.3	8	7	88.0	5	4	80.0	6	3	50.0	22
10	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	12
Totals		12	11	91.7	12	5	41.7	15	14	93.3	12	11	91.7	13	8	61.5	50

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	42	100.0	42	37	88.1	42	35	83.0	42	22	52.4	42	41	97.6	42
04	Girls	52	52	100.0	52	52	100.0	52	52	100.0	52	46	88.5	52	52	100.0	53
05	Boys	39	39	100.0	39	35	89.7	39	36	92.0	39	30	76.9	39	39	100.0	39
05	Girls	41	41	100.0	41	41	100.0	41	41	100.0	41	35	85.4	41	40	97.6	41
06	Boys	31	31	100.0	31	28	90.3	32	30	94.0	31	30	96.8	31	30	96.8	32
06	Girls	48	48	100.0	48	48	100.0	48	47	98.0	48	46	95.8	48	47	97.9	48
Totals		253	253	100.0	253	241	95.3	254	241	94.9	253	209	82.6	253	249	98.4	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Annandale HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	277	275	99.3	278	233	83.8	281	280	100.0	261	220	84.3	277	244	88.1	283
09	Girls	243	239	98.4	242	211	87.2	246	243	99.0	228	209	91.7	243	223	91.8	248
10	Boys	294	290	98.6	291	204	70.1	297	294	99.0	295	225	76.3	294	244	83.0	301
10	Girls	238	238	100.0	237	195	82.3	242	241	100.0	239	196	82.0	239	229	95.8	242
11	Boys	22	20	90.9	21	13	61.9	30	29	97.0	30	21	70.0	22	19	86.4	30
11	Girls	21	21	100.0	19	9	47.4	25	24	96.0	25	18	72.0	21	18	85.7	27
12	Boys	0	0	0.0	0	0	0.0	2	2	100.0	2	0	0.0	0	0	0.0	3
12	Girls	2	2	100.0	2	1	50.0	6	4	67.0	5	2	40.0	2	2	100.0	7
Totals		1,097	1,085	98.9	1,090	866	79.4	1,129	1,117	98.9	1,085	891	82.1	1,098	979	89.2	1,141

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	48	82.8	58	21	36.2	58	56	97.0	58	54	93.1	58	55	94.8	58
04	Girls	55	50	90.9	54	53	98.1	55	54	98.0	55	49	89.1	55	50	90.9	55
05	Boys	49	40	81.6	49	25	51.0	49	48	98.0	49	48	98.0	49	42	85.7	49
05	Girls	48	40	83.3	48	42	87.5	48	48	100.0	48	45	93.8	48	43	89.6	48
Totals		210	178	84.8	209	141	67.5	210	206	98.1	210	196	93.3	210	190	90.5	210

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Archer Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	68	98.6	69	59	85.5	69	68	99.0	69	52	75.4	69	67	97.1	69
04	Girls	72	71	98.6	72	72	100.0	72	72	100.0	72	60	83.3	72	67	93.1	72
05	Boys	81	74	91.4	81	68	84.0	81	78	96.0	81	49	60.5	81	74	91.4	81
05	Girls	71	66	93.0	71	70	98.6	71	71	100.0	71	52	73.2	71	66	93.0	71
06	Boys	77	72	93.5	77	66	85.7	77	75	97.0	77	59	76.6	77	75	97.4	77
06	Girls	82	70	85.4	82	79	96.3	82	82	100.0	82	66	80.5	81	75	92.6	82
Totals		452	421	93.1	452	414	91.6	452	446	98.7	452	338	74.8	451	424	94.0	452

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	30	93.8	32	31	96.9	31	26	84.0	31	31	100.0	31	30	96.8	37
04	Girls	34	30	88.2	34	34	100.0	34	31	91.0	34	34	100.0	34	32	94.1	34
05	Boys	32	29	90.6	33	23	69.7	32	26	81.0	33	33	100.0	33	28	84.8	33
05	Girls	26	23	88.5	27	24	88.9	27	26	96.0	27	27	100.0	27	25	92.6	28
06	Boys	44	41	93.2	45	38	84.4	45	40	89.0	44	44	100.0	43	37	86.0	46
06	Girls	32	32	100.0	32	31	96.9	32	29	91.0	32	32	100.0	32	31	96.9	33
Totals		200	185	92.5	203	181	89.2	201	178	88.6	201	201	100.0	200	183	91.5	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Baileys Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	90	74	82.2	90	57	63.3	90	77	86.0	90	86	95.6	90	79	87.8	91
04	Girls	81	68	84.0	81	81	100.0	81	77	95.0	81	79	97.5	81	65	80.2	81
05	Boys	86	76	88.4	85	59	69.4	86	76	88.0	85	83	97.6	86	76	88.4	86
05	Girls	88	80	90.9	89	79	88.8	88	85	97.0	88	86	97.7	88	73	83.0	90
Totals		345	298	86.4	345	276	80.0	345	315	91.3	344	334	97.1	345	293	84.9	348

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Beech Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	13	11	84.6	13	2	15.4	13	10	77.0	13	13	100.0	13	13	100.0	14
04	Girls	33	31	93.9	33	33	100.0	33	32	97.0	33	33	100.0	33	32	97.0	33
05	Boys	30	23	76.7	30	21	70.0	30	30	100.0	30	30	100.0	30	30	100.0	34
05	Girls	28	21	75.0	28	20	71.4	28	27	96.0	28	28	100.0	28	28	100.0	28
Totals		104	86	82.7	104	76	73.1	104	99	95.2	104	104	100.0	104	103	99.0	109

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Belle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	34	97.1	35	31	88.6	39	37	95.0	33	33	100.0	35	28	80.0	41
04	Girls	23	22	95.7	23	22	95.7	22	22	100.0	23	22	95.7	24	18	75.0	27
05	Boys	32	31	96.9	31	30	96.8	34	34	100.0	34	34	100.0	32	31	96.9	34
05	Girls	37	34	91.9	36	34	94.4	38	37	97.0	38	38	100.0	36	34	94.4	40
06	Boys	30	27	90.0	29	20	69.0	29	29	100.0	30	29	96.7	30	22	73.3	31
06	Girls	21	20	95.2	21	20	95.2	22	22	100.0	22	21	95.5	22	19	86.4	23
Totals		178	168	94.4	175	157	89.7	184	181	98.4	180	177	98.3	179	152	84.9	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	69	100.0	70	46	65.7	71	71	100.0	70	65	92.9	69	38	55.1	71
04	Girls	61	60	98.4	61	60	98.4	61	61	100.0	61	58	95.1	61	15	24.6	61
05	Boys	63	63	100.0	64	56	87.5	65	65	100.0	65	64	98.5	64	40	62.5	65
05	Girls	45	44	97.8	45	41	91.1	45	45	100.0	45	45	100.0	45	13	28.9	45
Totals		238	236	99.2	240	203	84.6	242	242	100.0	241	232	96.3	239	106	44.4	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	29	69.0	42	30	71.4	42	39	93.0	42	28	66.7	42	15	35.7	42
04	Girls	46	26	56.5	46	42	91.3	46	45	98.0	46	32	69.6	46	18	39.1	46
05	Boys	47	25	53.2	47	23	48.9	47	43	92.0	47	22	46.8	47	18	38.3	47
05	Girls	59	26	44.1	59	47	79.7	59	56	95.0	59	26	44.1	59	24	40.7	59
06	Boys	54	25	46.3	54	28	51.9	54	50	93.0	54	39	72.2	54	23	42.6	54
06	Girls	46	30	65.2	46	39	84.8	46	44	96.0	46	32	69.6	46	22	47.8	46
Totals		294	161	54.8	294	209	71.1	294	277	94.2	294	179	60.9	294	120	40.8	294

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Braddock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	56	94.9	59	34	57.6	59	52	88.0	59	38	64.4	59	50	84.7	60
04	Girls	61	60	98.4	61	60	98.4	61	52	85.0	61	45	73.8	61	43	70.5	62
05	Boys	68	59	86.8	68	39	57.4	68	60	88.0	68	27	39.7	68	58	85.3	68
05	Girls	53	50	94.3	53	46	86.8	53	51	96.0	53	31	58.5	53	41	77.4	53
Totals		241	225	93.4	241	179	74.3	241	215	89.2	241	141	58.5	241	192	79.7	243

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Bren Mar Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	31	68.9	45	31	68.9	48	48	100.0	46	40	87.0	45	36	80.0	48
04	Girls	29	10	34.5	28	28	100.0	29	28	97.0	29	24	82.8	29	17	58.6	31
05	Boys	40	26	65.0	40	26	65.0	45	43	96.0	45	34	75.6	40	31	77.5	46
05	Girls	28	17	60.7	28	27	96.4	29	27	93.0	29	23	79.3	28	19	67.9	30
Totals		142	84	59.2	141	112	79.4	151	146	96.7	149	121	81.2	142	103	72.5	155

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	53	89.8	59	33	55.9	59	55	93.0	58	54	93.1	59	54	91.5	59
04	Girls	46	43	93.5	46	46	100.0	46	46	100.0	46	45	97.8	46	38	82.6	46
05	Boys	43	39	90.7	43	32	74.4	43	42	98.0	43	43	100.0	43	42	97.7	44
05	Girls	54	48	88.9	54	51	94.4	53	53	100.0	53	53	100.0	53	47	88.7	55
06	Boys	53	48	90.6	53	37	69.8	53	51	96.0	53	52	98.1	53	50	94.3	53
06	Girls	50	47	94.0	50	48	96.0	50	50	100.0	50	49	98.0	50	47	94.0	50
Totals		305	278	91.1	305	247	81.0	304	297	97.7	303	296	97.7	304	278	91.4	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	1	0	0.0	1	0	0.0	1	0	0.0	1	0	0.0	1	1	100.0	4
09	Girls	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	3
10	Boys	1	1	100.0	1	0	0.0	2	2	100.0	0	0	0.0	1	1	100.0	6
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	7
11	Boys	2	1	50.0	1	0	0.0	2	1	50.0	2	1	50.0	2	1	50.0	5
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		4	2	50.0	3	0	0.0	6	4	66.7	4	2	50.0	4	3	75.0	29

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	24	24	100.0	24	18	75.0	24	24	100.0	24	24	100.0	23	23	100.0	24
04	Girls	8	8	100.0	8	8	100.0	8	8	100.0	8	7	87.5	8	7	87.5	8
05	Boys	20	20	100.0	20	14	70.0	20	20	100.0	20	20	100.0	20	18	90.0	20
05	Girls	11	11	100.0	11	10	90.9	11	11	100.0	11	11	100.0	11	10	90.9	11
06	Boys	17	17	100.0	17	14	82.4	17	17	100.0	17	17	100.0	17	16	94.1	17
06	Girls	8	7	87.5	8	8	100.0	8	8	100.0	8	8	100.0	8	8	100.0	8
Totals		88	87	98.9	88	72	81.8	88	88	100.0	88	87	98.9	87	82	94.3	88

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	87	98.9	88	71	80.7	88	82	93.0	88	88	100.0	88	83	94.3	88
04	Girls	61	61	100.0	61	59	96.7	61	60	98.0	61	61	100.0	61	59	96.7	61
05	Boys	62	57	91.9	62	49	79.0	62	60	97.0	62	62	100.0	62	57	91.9	62
05	Girls	79	79	100.0	79	78	98.7	80	80	100.0	80	80	100.0	79	76	96.2	80
06	Boys	78	77	98.7	78	54	69.2	78	75	96.0	78	78	100.0	78	73	93.6	78
06	Girls	65	64	98.5	65	60	92.3	65	64	99.0	65	65	100.0	65	64	98.5	65
Totals		433	425	98.2	433	371	85.7	434	421	97.0	434	434	100.0	433	412	95.2	434

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Burke School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	10	10	100.0	10	4	40.0	10	9	90.0	10	10	100.0	10	8	80.0	10
06	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
07	Boys	27	24	88.9	27	10	37.0	26	21	81.0	27	27	100.0	27	21	77.8	27
07	Girls	10	10	100.0	10	3	30.0	10	8	80.0	10	10	100.0	10	7	70.0	10
08	Boys	32	29	90.6	31	12	38.7	32	27	84.0	32	32	100.0	32	22	68.8	33
08	Girls	10	10	100.0	10	3	30.0	10	9	90.0	10	10	100.0	10	8	80.0	10
Totals		90	84	93.3	89	33	37.1	89	75	84.3	90	90	100.0	90	67	74.4	91

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	25	89.3	28	21	75.0	29	28	97.0	28	28	100.0	28	27	96.4	29
04	Girls	27	26	96.3	27	27	100.0	28	27	96.0	27	26	96.3	27	27	100.0	28
05	Boys	32	31	96.9	32	24	75.0	32	31	97.0	32	29	90.6	32	30	93.8	32
05	Girls	29	28	96.6	29	28	96.6	29	29	100.0	29	27	93.1	29	28	96.6	30
06	Boys	34	33	97.1	34	27	79.4	34	34	100.0	34	34	100.0	34	33	97.1	34
06	Girls	32	31	96.9	32	26	81.3	33	33	100.0	32	32	100.0	32	28	87.5	35
Totals		182	174	95.6	182	153	84.1	185	182	98.4	182	176	96.7	182	173	95.1	188

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Camelot Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	44	27	61.4	45	42	93.0	45	45	100.0	43	43	100.0	45
04	Girls	29	28	96.6	29	28	96.6	29	25	86.0	29	29	100.0	29	28	96.6	29
05	Boys	28	28	100.0	30	19	63.3	32	28	88.0	32	29	90.6	28	27	96.4	32
05	Girls	27	27	100.0	28	27	96.4	28	26	93.0	28	28	100.0	27	26	96.3	28
06	Boys	44	44	100.0	44	31	70.5	45	45	100.0	45	44	97.8	44	41	93.2	45
06	Girls	34	34	100.0	34	33	97.1	34	33	97.0	34	34	100.0	34	33	97.1	34
Totals		205	204	99.5	209	165	78.9	213	199	93.4	213	209	98.1	205	198	96.6	213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cameron Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	28	100.0	28	17	60.7	28	28	100.0	28	25	89.3	28	28	100.0	28
04	Girls	29	28	96.6	29	28	96.6	29	29	100.0	29	29	100.0	29	25	86.2	29
05	Boys	26	26	100.0	26	16	61.5	26	26	100.0	26	23	88.5	26	25	96.2	26
05	Girls	31	31	100.0	31	27	87.1	31	31	100.0	31	29	93.5	31	31	100.0	31
06	Boys	40	40	100.0	40	29	72.5	40	40	100.0	40	37	92.5	40	35	87.5	40
06	Girls	35	34	97.1	35	34	97.1	35	35	100.0	35	34	97.1	35	32	91.4	35
Totals		189	187	98.9	189	151	79.9	189	189	100.0	189	177	93.7	189	176	93.1	189

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	38	65.5	58	37	63.8	61	51	84.0	60	47	78.3	60	35	58.3	61
04	Girls	49	32	65.3	50	49	98.0	51	46	90.0	51	39	76.5	50	24	48.0	51
05	Boys	70	59	84.3	70	45	64.3	72	70	97.0	70	57	81.4	70	62	88.6	72
05	Girls	67	48	71.6	67	64	95.5	70	69	99.0	67	63	94.0	67	59	88.1	70
06	Boys	77	61	79.2	77	61	79.2	77	76	99.0	77	67	87.0	77	63	81.8	77
06	Girls	69	59	85.5	69	61	88.4	69	68	99.0	69	63	91.3	69	54	78.3	69
Totals		390	297	76.2	391	317	81.1	400	380	95.0	394	336	85.3	393	297	75.6	400

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	34	91.9	37	26	70.3	39	30	77.0	39	37	94.9	37	35	94.6	39
04	Girls	39	38	97.4	39	39	100.0	39	33	85.0	38	37	97.4	39	38	97.4	39
05	Boys	37	36	97.3	37	27	73.0	37	30	81.0	37	37	100.0	37	34	91.9	37
05	Girls	38	37	97.4	37	36	97.3	38	36	95.0	38	38	100.0	38	36	94.7	38
06	Boys	37	35	94.6	37	24	64.9	38	33	87.0	37	37	100.0	37	35	94.6	38
06	Girls	32	32	100.0	32	30	93.8	33	32	97.0	32	32	100.0	32	29	90.6	33
Totals		220	212	96.4	219	182	83.1	224	194	86.6	221	218	98.6	220	207	94.1	224

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Carson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	361	324	89.8	358	252	70.4	360	355	99.0	358	301	84.1	357	290	81.2	363
07	Girls	335	297	88.7	332	300	90.4	334	332	99.0	333	307	92.2	333	277	83.2	335
08	Boys	305	261	85.6	303	257	84.8	305	293	96.0	304	206	67.8	303	233	76.9	306
08	Girls	339	302	89.1	338	316	93.5	339	337	99.0	339	281	82.9	339	272	80.2	339
Totals		1,340	1,184	88.4	1,331	1,125	84.5	1,338	1,317	98.4	1,334	1,095	82.1	1,332	1,072	80.5	1,343

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	2	1	50.0	10
09	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	7
10	Girls	1	1	100.0	2	1	50.0	2	2	100.0	2	1	50.0	2	1	50.0	15
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1	1	100.0	6
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
Totals		2	2	100.0	3	1	33.3	3	3	100.0	3	1	33.3	5	3	60.0	48

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	44	100.0	43	32	74.4	45	35	78.0	44	42	95.5	44	42	95.5	45
04	Girls	53	52	98.1	53	51	96.2	54	48	89.0	53	49	92.5	54	44	81.5	54
05	Boys	54	54	100.0	54	40	74.1	54	44	82.0	54	54	100.0	52	41	78.8	54
05	Girls	43	42	97.7	44	42	95.5	45	40	89.0	43	42	97.7	44	29	65.9	45
06	Boys	62	61	98.4	62	53	85.5	62	58	94.0	62	60	96.8	62	45	72.6	62
06	Girls	49	49	100.0	49	47	95.9	49	49	100.0	49	49	100.0	49	44	89.8	49
Totals		305	302	99.0	305	265	86.9	309	274	88.7	305	296	97.0	305	245	80.3	309

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Centreville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	69	98.6	70	42	60.0	70	65	93.0	70	29	41.4	70	68	97.1	70
04	Girls	61	60	98.4	61	61	100.0	62	59	95.0	62	42	67.7	61	60	98.4	62
05	Boys	64	61	95.3	64	47	73.4	64	59	92.0	64	35	54.7	64	62	96.9	64
05	Girls	60	60	100.0	59	57	96.6	59	55	93.0	59	44	74.6	59	56	94.9	60
06	Boys	57	56	98.2	58	44	75.9	58	53	91.0	57	30	52.6	58	55	94.8	58
06	Girls	55	51	92.7	55	49	89.1	56	56	100.0	55	35	63.6	55	50	90.9	56
Totals		367	357	97.3	367	300	81.7	369	347	94.0	367	215	58.6	367	351	95.6	370

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Centreville HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	308	301	97.7	304	193	63.5	309	297	96.0	309	295	95.5	305	254	83.3	314
09	Girls	278	274	98.6	278	216	77.7	280	262	94.0	280	274	97.9	278	268	96.4	281
10	Boys	281	275	97.9	298	123	41.3	284	283	100.0	282	281	99.6	295	210	71.2	319
10	Girls	230	223	97.0	246	130	52.8	233	231	99.0	232	230	99.1	244	206	84.4	264
11	Boys	6	6	100.0	6	1	16.7	6	6	100.0	6	6	100.0	5	4	80.0	10
11	Girls	6	6	100.0	7	3	42.9	7	7	100.0	7	7	100.0	7	7	100.0	9
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
Totals		1,110	1,086	97.8	1,140	666	58.4	1,120	1,087	97.1	1,117	1,094	97.9	1,135	950	83.7	1,203

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Chantilly HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	328	328	100.0	332	284	85.5	333	333	100.0	331	305	92.1	332	317	95.5	337
09	Girls	300	299	99.7	298	271	90.9	302	301	100.0	299	278	93.0	300	297	99.0	306
10	Boys	317	308	97.2	328	259	79.0	330	327	99.0	302	254	84.1	301	278	92.4	334
10	Girls	295	283	95.9	302	271	89.7	302	299	99.0	276	252	91.3	278	265	95.3	306
11	Boys	7	6	85.7	8	3	37.5	8	7	88.0	7	7	100.0	8	6	75.0	11
11	Girls	8	7	87.5	7	0	0.0	7	7	100.0	8	6	75.0	7	7	100.0	10
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	0	0	0.0	8
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		1,256	1,232	98.1	1,276	1,089	85.3	1,283	1,275	99.4	1,224	1,103	90.1	1,226	1,170	95.4	1,315

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	32	88.9	36	23	63.9	36	30	83.0	36	36	100.0	36	34	94.4	36
04	Girls	26	26	100.0	27	26	96.3	26	26	100.0	29	26	89.7	26	26	100.0	29
05	Boys	33	31	93.9	33	20	60.6	33	26	79.0	34	33	97.1	33	30	90.9	34
05	Girls	33	30	90.9	33	32	97.0	33	30	91.0	35	33	94.3	34	32	94.1	35
06	Boys	24	24	100.0	24	15	62.5	24	23	96.0	23	23	100.0	23	23	100.0	24
06	Girls	36	35	97.2	37	36	97.3	36	36	100.0	36	36	100.0	36	36	100.0	37
Totals		188	178	94.7	190	152	80.0	188	171	91.0	193	187	96.9	188	181	96.3	195

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	61	98.4	62	57	91.9	62	51	82.0	62	57	91.9	62	57	91.9	62
04	Girls	65	63	96.9	64	64	100.0	65	62	95.0	65	64	98.5	65	56	86.2	65
05	Boys	49	45	91.8	49	47	95.9	49	47	96.0	49	47	95.9	49	44	89.8	49
05	Girls	44	41	93.2	44	44	100.0	44	42	96.0	44	43	97.7	44	38	86.4	44
06	Boys	38	36	94.7	38	36	94.7	38	36	95.0	38	37	97.4	38	34	89.5	38
06	Girls	37	36	97.3	38	37	97.4	38	38	100.0	37	37	100.0	38	33	86.8	38
Totals		295	282	95.6	295	285	96.6	296	276	93.2	295	285	96.6	296	262	88.5	296

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	84	100.0	84	70	83.3	84	80	95.0	84	84	100.0	83	81	97.6	85
04	Girls	72	72	100.0	72	72	100.0	72	69	96.0	72	72	100.0	72	72	100.0	72
05	Boys	85	85	100.0	85	83	97.6	85	80	94.0	85	85	100.0	85	84	98.8	85
05	Girls	63	63	100.0	63	63	100.0	63	61	97.0	63	63	100.0	63	63	100.0	63
06	Boys	85	84	98.8	85	74	87.1	85	85	100.0	85	85	100.0	85	81	95.3	87
06	Girls	72	72	100.0	72	71	98.6	72	71	99.0	72	72	100.0	72	72	100.0	72
Totals		461	460	99.8	461	433	93.9	461	446	96.7	461	461	100.0	460	453	98.5	464

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Clearview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	50	92.6	54	45	83.3	54	48	89.0	54	50	92.6	54	41	75.9	54
04	Girls	48	39	81.3	48	48	100.0	48	47	98.0	48	45	93.8	48	32	66.7	48
05	Boys	45	39	86.7	43	39	90.7	45	43	96.0	45	44	97.8	45	34	75.6	46
05	Girls	48	48	100.0	48	48	100.0	48	48	100.0	48	48	100.0	48	37	77.1	48
06	Boys	43	41	95.3	43	33	76.7	43	43	100.0	43	43	100.0	43	32	74.4	43
06	Girls	39	32	82.1	38	37	97.4	39	38	97.0	39	39	100.0	39	27	69.2	39
Totals		277	249	89.9	274	250	91.2	277	267	96.4	277	269	97.1	277	203	73.3	278

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Clermont Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	34	29	85.3	34	31	91.0	34	31	91.2	34	31	91.2	34
04	Girls	26	25	96.2	26	26	100.0	26	26	100.0	26	26	100.0	26	23	88.5	26
05	Boys	37	36	97.3	37	28	75.7	37	35	95.0	37	32	86.5	37	33	89.2	37
05	Girls	22	22	100.0	22	22	100.0	22	22	100.0	22	20	90.9	22	14	63.6	22
06	Boys	36	34	94.4	36	31	86.1	36	35	97.0	36	35	97.2	36	30	83.3	36
06	Girls	34	29	85.3	34	31	91.2	34	34	100.0	34	33	97.1	34	28	82.4	34
Totals		189	179	94.7	189	167	88.4	189	183	96.8	189	177	93.7	189	159	84.1	189

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Coates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	39	97.5	39	24	61.5	41	36	88.0	40	32	80.0	39	27	69.2	41
04	Girls	46	44	95.7	44	43	97.7	47	47	100.0	47	41	87.2	47	24	51.1	47
05	Boys	43	36	83.7	44	28	63.6	45	45	100.0	44	42	95.5	43	24	55.8	47
05	Girls	42	38	90.5	40	36	90.0	44	44	100.0	39	36	92.3	39	15	38.5	44
06	Boys	50	38	76.0	49	23	46.9	50	48	96.0	50	43	86.0	49	20	40.8	50
06	Girls	50	41	82.0	50	41	82.0	50	45	90.0	50	47	94.0	50	17	34.0	50
Totals		271	236	87.1	266	195	73.3	277	265	95.7	270	241	89.3	267	127	47.6	279

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Columbia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	34	85.0	40	23	57.5	40	30	75.0	40	19	47.5	40	29	72.5	40
04	Girls	35	31	88.6	35	34	97.1	35	29	83.0	35	27	77.1	35	30	85.7	35
05	Boys	36	29	80.6	36	26	72.2	36	34	94.0	36	28	77.8	36	29	80.6	37
05	Girls	27	23	85.2	27	22	81.5	27	27	100.0	27	19	70.4	27	22	81.5	27
Totals		138	117	84.8	138	105	76.1	138	120	87.0	138	93	67.4	138	110	79.7	139

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	83	93.3	89	69	77.5	89	87	98.0	89	77	86.5	88	86	97.7	89
04	Girls	70	65	92.9	70	70	100.0	70	69	99.0	70	69	98.6	70	68	97.1	70
05	Boys	79	75	94.9	79	72	91.1	79	79	100.0	79	71	89.9	79	77	97.5	79
05	Girls	73	70	95.9	73	71	97.3	73	73	100.0	73	69	94.5	73	72	98.6	73
06	Boys	71	71	100.0	71	67	94.4	71	71	100.0	71	69	97.2	71	71	100.0	71
06	Girls	69	65	94.2	70	69	98.6	70	70	100.0	70	69	98.6	69	67	97.1	70
Totals		451	429	95.1	452	418	92.5	452	449	99.3	452	424	93.8	450	441	98.0	452

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cooper MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	186	184	98.9	185	125	67.6	187	187	100.0	186	186	100.0	186	173	93.0	193
07	Girls	176	175	99.4	176	163	92.6	176	176	100.0	176	176	100.0	176	172	97.7	178
08	Boys	197	192	97.5	195	162	83.1	201	192	96.0	201	194	96.5	196	184	93.9	204
08	Girls	167	160	95.8	164	157	95.7	170	170	100.0	170	163	95.9	164	160	97.6	170
Totals		726	711	97.9	720	607	84.3	734	725	98.8	733	719	98.1	722	689	95.4	745

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	38	20	52.6	38	23	61.0	38	37	97.4	38	32	84.2	38
04	Girls	34	32	94.1	34	34	100.0	35	33	94.0	35	34	97.1	34	28	82.4	36
05	Boys	37	33	89.2	37	21	56.8	37	32	87.0	37	37	100.0	37	23	62.2	37
05	Girls	38	37	97.4	37	30	81.1	38	32	84.0	38	37	97.4	38	14	36.8	38
06	Boys	44	40	90.9	44	25	56.8	44	37	84.0	44	42	95.5	44	27	61.4	44
06	Girls	39	38	97.4	40	29	72.5	40	36	90.0	39	38	97.4	39	21	53.8	40
Totals		230	216	93.9	230	159	69.1	232	193	83.2	231	225	97.4	230	145	63.0	233

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	44	95.7	47	36	76.6	48	48	100.0	49	44	89.8	47	47	100.0	49
04	Girls	43	42	97.7	43	43	100.0	43	42	98.0	43	43	100.0	43	43	100.0	43
05	Boys	54	48	88.9	56	44	78.6	56	54	96.0	56	51	91.1	54	50	92.6	56
05	Girls	51	48	94.1	51	51	100.0	51	51	100.0	51	51	100.0	51	49	96.1	51
06	Boys	45	43	95.6	45	43	95.6	45	45	100.0	45	44	97.8	45	43	95.6	45
06	Girls	67	57	85.1	67	67	100.0	68	68	100.0	68	63	92.6	67	65	97.0	68
Totals		306	282	92.2	309	284	91.9	311	308	99.0	312	296	94.9	307	297	96.7	312

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	42	93.3	45	37	82.2	45	45	100.0	45	44	97.8	45	40	88.9	45
04	Girls	23	22	95.7	23	23	100.0	23	23	100.0	23	23	100.0	23	21	91.3	23
05	Boys	32	30	93.8	34	25	73.5	34	32	94.0	34	29	85.3	32	30	93.8	34
05	Girls	38	38	100.0	39	37	94.9	39	39	100.0	39	38	97.4	38	36	94.7	39
06	Boys	52	47	90.4	54	31	57.4	54	53	98.0	54	50	92.6	53	41	77.4	54
06	Girls	47	45	95.7	47	46	97.9	47	46	98.0	47	46	97.9	47	37	78.7	47
Totals		237	224	94.5	242	199	82.2	242	238	98.3	242	230	95.0	238	205	86.1	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	40	88.9	45	24	53.3	45	45	100.0	45	45	100.0	45	43	95.6	45
04	Girls	21	17	81.0	21	21	100.0	21	20	95.0	21	21	100.0	21	19	90.5	21
05	Boys	31	28	90.3	31	22	71.0	32	30	94.0	32	32	100.0	31	26	83.9	32
05	Girls	25	25	100.0	25	23	92.0	25	25	100.0	25	25	100.0	25	19	76.0	25
06	Boys	32	30	93.8	32	24	75.0	32	30	94.0	32	32	100.0	32	29	90.6	32
06	Girls	30	29	96.7	30	30	100.0	30	29	97.0	30	30	100.0	30	28	93.3	30
Totals		184	169	91.8	184	144	78.3	185	179	96.8	185	185	100.0	184	164	89.1	185

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	54	96.4	56	26	46.4	56	53	95.0	56	37	66.1	56	36	64.3	56
04	Girls	52	50	96.2	52	52	100.0	52	51	98.0	52	43	82.7	52	36	69.2	52
05	Boys	46	45	97.8	46	34	73.9	46	44	96.0	46	29	63.0	46	34	73.9	46
05	Girls	57	52	91.2	58	56	96.6	58	54	93.0	58	46	79.3	57	34	59.6	58
06	Boys	55	52	94.5	55	39	70.9	55	52	95.0	55	49	89.1	55	39	70.9	55
06	Girls	52	49	94.2	52	47	90.4	52	52	100.0	52	49	94.2	52	28	53.8	52
Totals		318	302	95.0	319	254	79.6	319	306	95.9	319	253	79.3	318	207	65.1	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	43	93.5	47	33	70.2	47	44	94.0	47	35	74.5	47	35	74.5	47
04	Girls	48	45	93.8	48	48	100.0	48	48	100.0	48	41	85.4	48	29	60.4	48
05	Boys	56	54	96.4	56	51	91.1	56	54	96.0	56	50	89.3	56	45	80.4	56
05	Girls	48	44	91.7	48	45	93.8	48	48	100.0	48	40	83.3	48	38	79.2	48
06	Boys	39	36	92.3	39	35	89.7	39	37	95.0	39	39	100.0	39	29	74.4	39
06	Girls	37	36	97.3	37	36	97.3	37	37	100.0	37	35	94.6	37	29	78.4	37
Totals		274	258	94.2	275	248	90.2	275	268	97.5	275	240	87.3	275	205	74.5	275

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	46	100.0	46	45	97.8	47	46	98.0	46	44	95.7	46	40	87.0	50
04	Girls	49	49	100.0	49	48	98.0	49	49	100.0	49	48	98.0	49	36	73.5	49
05	Boys	48	47	97.9	48	46	95.8	48	41	85.0	48	44	91.7	48	42	87.5	48
05	Girls	49	48	98.0	49	48	98.0	49	49	100.0	49	45	91.8	49	39	79.6	50
06	Boys	43	43	100.0	43	38	88.4	43	43	100.0	43	43	100.0	43	40	93.0	43
06	Girls	43	43	100.0	43	42	97.7	43	43	100.0	43	43	100.0	43	36	83.7	44
Totals		278	276	99.3	278	267	96.0	279	271	97.1	278	267	96.0	278	233	83.8	284

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	36	80.0	46	32	69.6	46	44	96.0	46	41	89.1	46	34	73.9	47
04	Girls	33	25	75.8	33	32	97.0	33	33	100.0	33	32	97.0	33	20	60.6	33
05	Boys	38	33	86.8	38	31	81.6	38	34	90.0	38	33	86.8	37	35	94.6	38
05	Girls	39	32	82.1	39	36	92.3	39	38	97.0	39	36	92.3	38	25	65.8	39
06	Boys	56	45	80.4	56	36	64.3	56	49	88.0	56	52	92.9	56	39	69.6	56
06	Girls	42	25	59.5	42	40	95.2	42	41	98.0	42	40	95.2	42	26	61.9	42
Totals		253	196	77.5	254	207	81.5	254	239	94.1	254	234	92.1	252	179	71.0	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	32	82.1	39	23	59.0	39	22	56.0	39	39	100.0	39	31	79.5	40
04	Girls	44	42	95.5	43	43	100.0	43	35	81.0	44	44	100.0	44	38	86.4	45
05	Boys	42	37	88.1	42	28	66.7	42	33	79.0	42	42	100.0	42	26	61.9	42
05	Girls	42	36	85.7	42	38	90.5	43	39	91.0	43	43	100.0	42	25	59.5	43
06	Boys	56	54	96.4	56	40	71.4	59	48	81.0	58	58	100.0	56	44	78.6	59
06	Girls	48	46	95.8	47	45	95.7	48	47	98.0	48	48	100.0	48	45	93.8	48
Totals		271	247	91.1	269	217	80.7	274	224	81.8	274	274	100.0	271	209	77.1	277

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Edison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	190	182	95.8	195	136	69.7	203	199	98.0	200	188	94.0	197	154	78.2	224
09	Girls	213	199	93.4	211	126	59.7	218	218	100.0	216	210	97.2	212	167	78.8	236
10	Boys	203	198	97.5	215	92	42.8	230	227	99.0	191	184	96.3	208	119	57.2	236
10	Girls	201	196	97.5	209	151	72.2	222	219	99.0	186	185	99.5	205	158	77.1	224
11	Boys	9	9	100.0	10	3	30.0	12	12	100.0	9	9	100.0	8	4	50.0	13
11	Girls	10	9	90.0	11	1	9.1	11	10	91.0	6	6	100.0	9	4	44.4	11
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	1	50.0	2
12	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	2
Totals		830	797	96.0	855	511	59.8	900	889	98.8	812	786	96.8	843	609	72.2	948

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fairfax HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	244	232	95.1	264	198	75.0	265	256	97.0	265	244	92.1	245	196	80.0	268
09	Girls	286	278	97.2	300	253	84.3	306	302	99.0	305	292	95.7	285	272	95.4	311
10	Boys	294	292	99.3	310	190	61.3	317	310	98.0	312	272	87.2	293	244	83.3	324
10	Girls	299	293	98.0	308	231	75.0	319	309	97.0	314	284	90.4	300	280	93.3	324
11	Boys	11	11	100.0	12	5	41.7	14	14	100.0	14	10	71.4	12	12	100.0	16
11	Girls	5	5	100.0	8	1	12.5	8	8	100.0	8	7	87.5	5	4	80.0	9
12	Boys	0	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	2
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		1,140	1,112	97.5	1,204	878	72.9	1,231	1,201	97.6	1,220	1,111	91.1	1,141	1,009	88.4	1,256

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	32	94.1	34	27	79.4	34	30	88.0	34	33	97.1	34	28	82.4	34
04	Girls	36	35	97.2	36	36	100.0	36	36	100.0	36	36	100.0	36	24	66.7	37
05	Boys	36	34	94.4	36	35	97.2	36	36	100.0	36	36	100.0	36	33	91.7	37
05	Girls	34	34	100.0	34	34	100.0	34	34	100.0	34	32	94.1	34	33	97.1	35
06	Boys	24	24	100.0	24	23	95.8	24	24	100.0	24	23	95.8	26	22	84.6	27
06	Girls	24	24	100.0	24	24	100.0	24	24	100.0	24	24	100.0	24	20	83.3	25
Totals		188	183	97.3	188	179	95.2	188	184	97.9	188	184	97.9	190	160	84.2	195

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	31	93.9	33	26	78.8	35	35	100.0	35	31	88.6	33	31	93.9	35
04	Girls	41	39	95.1	41	41	100.0	41	40	98.0	41	39	95.1	41	37	90.2	41
05	Boys	34	32	94.1	34	28	82.4	36	36	100.0	35	35	100.0	34	30	88.2	36
05	Girls	45	41	91.1	45	45	100.0	45	45	100.0	45	45	100.0	45	43	95.6	45
06	Boys	38	34	89.5	37	29	78.4	38	37	97.0	38	37	97.4	37	34	91.9	38
06	Girls	24	22	91.7	24	22	91.7	25	25	100.0	25	23	92.0	24	24	100.0	25
Totals		215	199	92.6	214	191	89.3	220	218	99.1	219	210	95.9	214	199	93.0	220

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fairview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	51	94.4	54	42	77.8	55	38	69.0	55	46	83.6	54	54	100.0	55
04	Girls	35	35	100.0	35	35	100.0	36	33	92.0	35	30	85.7	35	35	100.0	36
05	Boys	53	50	94.3	56	38	67.9	57	54	95.0	56	45	80.4	54	53	98.1	57
05	Girls	45	44	97.8	45	44	97.8	45	42	93.0	45	41	91.1	45	44	97.8	45
06	Boys	55	54	98.2	55	41	74.5	57	56	98.0	57	48	84.2	57	54	94.7	57
06	Girls	54	54	100.0	53	50	94.3	54	54	100.0	54	51	94.4	53	53	100.0	54
Totals		296	288	97.3	298	250	83.9	304	277	91.1	302	261	86.4	298	293	98.3	304

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Falls Church HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	195	187	95.9	195	115	59.0	195	191	98.0	192	177	92.2	193	163	84.5	203
09	Girls	216	202	93.5	216	121	56.0	217	212	98.0	213	198	93.0	216	190	88.0	223
10	Boys	189	182	96.3	187	94	50.3	198	195	99.0	193	174	90.2	186	137	73.7	202
10	Girls	180	168	93.3	183	92	50.3	193	189	98.0	188	180	95.7	185	154	83.2	201
11	Boys	15	14	93.3	13	5	38.5	18	18	100.0	18	16	88.9	17	12	70.6	37
11	Girls	11	7	63.6	12	2	16.7	13	13	100.0	11	9	81.8	13	9	69.2	19
12	Boys	3	3	100.0	3	2	66.7	3	3	100.0	3	3	100.0	3	3	100.0	5
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		809	763	94.3	809	431	53.3	837	821	98.1	818	757	92.5	813	668	82.2	891

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	64	95.5	68	59	86.8	68	68	100.0	67	65	97.0	67	65	97.0	68
04	Girls	50	48	96.0	50	50	100.0	50	50	100.0	50	50	100.0	50	47	94.0	50
05	Boys	44	40	90.9	44	42	95.5	44	44	100.0	44	44	100.0	44	39	88.6	44
05	Girls	54	53	98.1	54	53	98.1	54	54	100.0	54	54	100.0	54	48	88.9	54
06	Boys	49	49	100.0	49	41	83.7	49	49	100.0	49	49	100.0	49	48	98.0	49
06	Girls	57	57	100.0	57	57	100.0	57	57	100.0	57	57	100.0	57	55	96.5	57
Totals		321	311	96.9	322	302	93.8	322	322	100.0	321	319	99.4	321	302	94.1	322

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Floris Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	52	96.3	54	42	77.8	54	51	94.0	54	49	90.7	54	42	77.8	54
04	Girls	56	49	87.5	56	56	100.0	56	56	100.0	56	56	100.0	56	48	85.7	56
05	Boys	50	45	90.0	50	40	80.0	50	50	100.0	50	47	94.0	50	41	82.0	50
05	Girls	66	63	95.5	66	62	93.9	66	65	99.0	66	64	97.0	66	52	78.8	66
06	Boys	51	46	90.2	51	42	82.4	51	51	100.0	51	49	96.1	51	42	82.4	51
06	Girls	59	55	93.2	59	57	96.6	59	59	100.0	59	57	96.6	59	48	81.4	59
Totals		336	310	92.3	336	299	89.0	336	332	98.8	336	322	95.8	336	273	81.3	336

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	61	95.3	64	44	68.8	64	64	100.0	64	64	100.0	64	60	93.8	64
04	Girls	51	50	98.0	51	50	98.0	51	51	100.0	51	51	100.0	51	48	94.1	51
05	Boys	61	57	93.4	60	47	78.3	61	57	93.0	61	60	98.4	62	52	83.9	62
05	Girls	53	50	94.3	53	50	94.3	53	53	100.0	53	53	100.0	53	48	90.6	53
06	Boys	62	60	96.8	62	33	53.2	62	60	97.0	62	61	98.4	62	51	82.3	62
06	Girls	53	51	96.2	53	46	86.8	53	52	98.0	53	53	100.0	53	36	67.9	53
Totals		344	329	95.6	343	270	78.7	344	337	98.0	344	342	99.4	345	295	85.5	345

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	28	90.3	30	20	66.7	30	27	90.0	30	30	100.0	30	28	93.3	32
04	Girls	31	28	90.3	31	31	100.0	31	29	94.0	31	30	96.8	31	26	83.9	31
05	Boys	48	41	85.4	48	35	72.9	48	47	98.0	48	39	81.3	48	33	68.8	49
05	Girls	35	33	94.3	35	33	94.3	35	34	97.0	35	30	85.7	35	24	68.6	35
06	Boys	35	33	94.3	35	28	80.0	35	30	86.0	35	32	91.4	35	32	91.4	36
06	Girls	35	31	88.6	35	35	100.0	35	34	97.0	35	33	94.3	35	29	82.9	35
Totals		215	194	90.2	214	182	85.0	214	201	93.9	214	194	90.7	214	172	80.4	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Forestville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	33	84.6	39	35	90.0	39	36	92.3	39	38	97.4	39
04	Girls	41	41	100.0	42	42	100.0	42	41	98.0	42	41	97.6	42	42	100.0	42
05	Boys	48	48	100.0	48	45	93.8	48	46	96.0	48	42	87.5	48	48	100.0	48
05	Girls	54	54	100.0	54	54	100.0	54	54	100.0	54	53	98.1	54	53	98.1	54
06	Boys	63	63	100.0	63	51	81.0	63	61	97.0	63	61	96.8	63	63	100.0	63
06	Girls	55	54	98.2	55	55	100.0	55	54	98.0	54	52	96.3	55	55	100.0	55
Totals		300	299	99.7	301	280	93.0	301	291	96.7	300	285	95.0	301	299	99.3	301

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fort Belvoir Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	61	91.0	67	29	43.3	67	54	81.0	67	43	64.2	67	50	74.6	68
04	Girls	81	74	91.4	81	80	98.8	81	72	89.0	81	66	81.5	81	64	79.0	83
05	Boys	68	59	86.8	68	44	64.7	68	61	90.0	68	48	70.6	68	56	82.4	73
05	Girls	67	53	79.1	67	59	88.1	67	58	87.0	66	49	74.2	67	49	73.1	67
06	Boys	74	65	87.8	74	41	55.4	75	64	85.0	74	50	67.6	74	61	82.4	76
06	Girls	58	52	89.7	58	54	93.1	58	54	93.0	58	50	86.2	58	49	84.5	59
Totals		415	364	87.7	415	307	74.0	416	363	87.3	414	306	73.9	415	329	79.3	426

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	36	100.0	36	23	63.9	36	32	89.0	36	25	69.4	36	30	83.3	36
04	Girls	42	42	100.0	42	41	97.6	42	41	98.0	42	36	85.7	42	31	73.8	42
05	Boys	39	35	89.7	39	26	66.7	39	37	95.0	39	30	76.9	39	31	79.5	39
05	Girls	40	37	92.5	40	38	95.0	40	40	100.0	40	38	95.0	40	34	85.0	40
06	Boys	42	41	97.6	42	31	73.8	42	41	98.0	42	38	90.5	42	38	90.5	42
06	Girls	34	34	100.0	34	34	100.0	34	33	97.0	34	31	91.2	34	31	91.2	34
Totals		233	225	96.6	233	193	82.8	233	224	96.1	233	198	85.0	233	195	83.7	233

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	38	100.0	38	31	81.6	38	32	84.0	38	25	65.8	38	34	89.5	38
04	Girls	45	45	100.0	45	45	100.0	45	44	98.0	45	41	91.1	45	43	95.6	45
05	Boys	53	52	98.1	53	33	62.3	53	42	79.0	53	35	66.0	52	42	80.8	53
05	Girls	41	40	97.6	40	39	97.5	41	41	100.0	41	36	87.8	41	37	90.2	41
06	Boys	33	33	100.0	33	26	78.8	33	32	97.0	33	27	81.8	33	31	93.9	33
06	Girls	45	45	100.0	45	41	91.1	45	44	98.0	45	39	86.7	45	42	93.3	45
Totals		255	253	99.2	254	215	84.6	255	235	92.2	255	203	79.6	254	229	90.2	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Franconia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	42	100.0	42	39	92.9	42	39	93.0	42	42	100.0	42	41	97.6	42
04	Girls	42	41	97.6	42	42	100.0	42	39	93.0	42	42	100.0	42	42	100.0	42
05	Boys	38	37	97.4	38	36	94.7	38	34	90.0	38	38	100.0	38	38	100.0	38
05	Girls	31	31	100.0	31	31	100.0	31	30	97.0	31	31	100.0	31	31	100.0	31
06	Boys	31	31	100.0	31	30	96.8	31	27	87.0	31	31	100.0	31	31	100.0	31
06	Girls	34	34	100.0	34	33	97.1	34	34	100.0	34	34	100.0	34	33	97.1	34
Totals		218	216	99.1	218	211	96.8	218	203	93.1	218	218	100.0	218	216	99.1	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Franklin MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	227	226	99.6	227	184	81.1	227	207	91.0	227	227	100.0	227	220	96.9	229
07	Girls	204	204	100.0	205	191	93.2	205	195	95.0	205	205	100.0	205	201	98.0	206
08	Boys	240	240	100.0	239	194	81.2	239	213	89.0	239	239	100.0	239	229	95.8	241
08	Girls	172	171	99.4	170	149	87.6	173	163	94.0	174	173	99.4	174	172	98.9	175
Totals		843	841	99.8	841	718	85.4	844	778	92.2	845	844	99.9	845	822	97.3	851

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	31	79.5	39	38	97.0	39	39	100.0	39	37	94.9	39
04	Girls	26	26	100.0	26	26	100.0	27	27	100.0	27	27	100.0	26	19	73.1	27
05	Boys	43	43	100.0	44	35	79.5	44	44	100.0	44	44	100.0	43	31	72.1	44
05	Girls	36	36	100.0	36	35	97.2	36	36	100.0	36	36	100.0	36	27	75.0	36
06	Boys	48	48	100.0	48	29	60.4	49	49	100.0	49	49	100.0	48	36	75.0	49
06	Girls	41	41	100.0	41	41	100.0	41	41	100.0	41	41	100.0	41	21	51.2	41
Totals		233	233	100.0	234	197	84.2	236	235	99.6	236	236	100.0	233	171	73.4	236

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Frost MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	286	280	97.9	285	210	73.7	286	281	98.0	286	275	96.2	285	266	93.3	286
07	Girls	248	246	99.2	248	223	89.9	250	249	100.0	248	245	98.8	249	239	96.0	250
08	Boys	305	300	98.4	303	184	60.7	307	304	99.0	303	284	93.7	304	276	90.8	307
08	Girls	260	258	99.2	258	201	77.9	265	264	100.0	262	260	99.2	261	251	96.2	265
Totals		1,099	1,084	98.6	1,094	818	74.8	1,108	1,098	99.1	1,099	1,064	96.8	1,099	1,032	93.9	1,108

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Garfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	19	86.4	22	11	50.0	22	20	91.0	22	21	95.5	22	14	63.6	22
04	Girls	31	26	83.9	31	31	100.0	32	32	100.0	31	31	100.0	31	11	35.5	32
05	Boys	22	21	95.5	22	18	81.8	22	22	100.0	22	22	100.0	22	20	90.9	22
05	Girls	20	10	50.0	20	15	75.0	20	19	95.0	20	20	100.0	20	10	50.0	20
06	Boys	26	22	84.6	26	18	69.2	26	25	96.0	26	26	100.0	26	18	69.2	26
06	Girls	21	17	81.0	21	19	90.5	21	20	95.0	21	21	100.0	21	9	42.9	21
Totals		142	115	81.0	142	112	78.9	143	138	96.5	142	141	99.3	142	82	57.7	143

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Glasgow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	285	272	95.4	284	169	59.5	286	251	88.0	288	288	100.0	285	254	89.1	288
06	Girls	281	264	94.0	281	263	93.6	280	260	93.0	281	281	100.0	280	257	91.8	281
07	Boys	246	226	91.9	249	139	55.8	248	229	92.0	248	247	99.6	248	223	89.9	251
07	Girls	219	187	85.4	220	167	75.9	220	215	98.0	220	220	100.0	218	188	86.2	223
08	Boys	254	245	96.5	256	143	55.9	256	224	88.0	256	255	99.6	246	192	78.0	258
08	Girls	230	219	95.2	228	153	67.1	230	215	94.0	231	231	100.0	226	192	85.0	233
Totals		1,515	1,413	93.3	1,518	1,034	68.1	1,520	1,394	91.7	1,524	1,522	99.9	1,503	1,306	86.9	1,534

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	64	72.7	88	45	51.1	88	72	82.0	88	66	75.0	88	63	71.6	89
04	Girls	63	42	66.7	62	62	100.0	63	56	89.0	63	50	79.4	63	39	61.9	63
05	Boys	63	41	65.1	63	39	61.9	64	53	83.0	64	54	84.4	64	34	53.1	65
05	Girls	74	50	67.6	74	64	86.5	74	68	92.0	74	69	93.2	74	31	41.9	75
Totals		288	197	68.4	287	210	73.2	289	249	86.2	289	239	82.7	289	167	57.8	292

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	27	96.4	28	3	10.7	28	26	93.0	28	24	85.7	28	27	96.4	28
04	Girls	30	30	100.0	30	30	100.0	30	27	90.0	30	28	93.3	30	30	100.0	30
05	Boys	30	29	96.7	30	12	40.0	30	28	93.0	30	28	93.3	30	30	100.0	30
05	Girls	34	34	100.0	34	27	79.4	34	32	94.0	34	33	97.1	34	34	100.0	34
06	Boys	19	17	89.5	19	6	31.6	19	17	90.0	19	18	94.7	19	19	100.0	19
06	Girls	27	27	100.0	27	19	70.4	27	27	100.0	27	27	100.0	27	27	100.0	27
Totals		168	164	97.6	168	97	57.7	168	157	93.5	168	158	94.0	168	167	99.4	168

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	31	88.6	35	28	80.0	35	33	94.0	35	35	100.0	35	29	82.9	35
04	Girls	43	40	93.0	43	43	100.0	43	41	95.0	43	43	100.0	43	37	86.0	43
05	Boys	39	35	89.7	39	37	94.9	40	38	95.0	40	40	100.0	40	35	87.5	40
05	Girls	51	47	92.2	51	50	98.0	51	51	100.0	51	51	100.0	51	43	84.3	51
06	Boys	37	36	97.3	37	35	94.6	37	37	100.0	37	37	100.0	37	33	89.2	37
06	Girls	44	43	97.7	44	44	100.0	44	42	96.0	44	44	100.0	44	38	86.4	44
Totals		249	232	93.2	249	237	95.2	250	242	96.8	250	250	100.0	250	215	86.0	250

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	49	71.0	69	41	59.4	69	45	65.0	69	46	66.7	69	38	55.1	69
04	Girls	56	49	87.5	56	54	96.4	56	48	86.0	56	46	82.1	56	23	41.1	56
05	Boys	40	38	95.0	40	35	87.5	40	32	80.0	40	27	67.5	40	32	80.0	40
05	Girls	45	42	93.3	45	43	95.6	45	36	80.0	45	36	80.0	45	26	57.8	45
06	Boys	63	62	98.4	63	43	68.3	63	50	79.0	63	54	85.7	63	49	77.8	63
06	Girls	55	53	96.4	55	52	94.5	55	41	75.0	55	51	92.7	54	39	72.2	55
Totals		328	293	89.3	328	268	81.7	328	252	76.8	328	260	79.3	327	207	63.3	328

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	132	127	96.2	132	112	84.8	132	119	90.0	132	120	90.9	132	129	97.7	132
04	Girls	109	102	93.6	109	109	100.0	109	103	95.0	109	100	91.7	109	104	95.4	109
05	Boys	101	96	95.0	101	89	88.1	101	95	94.0	101	98	97.0	101	92	91.1	101
05	Girls	88	82	93.2	88	88	100.0	88	87	99.0	88	83	94.3	88	81	92.0	89
06	Boys	90	88	97.8	90	71	78.9	90	89	99.0	90	86	95.6	90	84	93.3	90
06	Girls	94	92	97.9	94	94	100.0	95	94	99.0	94	91	96.8	94	90	95.7	95
Totals		614	587	95.6	614	563	91.7	615	587	95.4	614	578	94.1	614	580	94.5	616

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Groveton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	57	98.3	58	33	56.9	58	58	100.0	58	58	100.0	56	51	91.1	58
04	Girls	47	44	93.6	47	47	100.0	47	47	100.0	47	47	100.0	47	42	89.4	49
05	Boys	41	41	100.0	41	29	70.7	41	39	95.0	41	41	100.0	41	38	92.7	41
05	Girls	38	36	94.7	37	34	91.9	38	38	100.0	38	38	100.0	38	35	92.1	39
06	Boys	39	38	97.4	39	23	59.0	39	39	100.0	39	37	94.9	39	39	100.0	39
06	Girls	53	50	94.3	52	44	84.6	53	53	100.0	53	52	98.1	53	48	90.6	54
Totals		276	266	96.4	274	210	76.6	276	274	99.3	276	273	98.9	274	253	92.3	280

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Gunston Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	36	90.0	40	22	55.0	40	39	98.0	40	40	100.0	40	31	77.5	41
04	Girls	37	36	97.3	37	37	100.0	37	36	97.0	37	37	100.0	37	32	86.5	38
05	Boys	28	27	96.4	28	20	71.4	28	28	100.0	28	28	100.0	28	23	82.1	28
05	Girls	36	36	100.0	36	33	91.7	36	36	100.0	36	36	100.0	36	31	86.1	36
06	Boys	34	34	100.0	34	20	58.8	34	34	100.0	34	34	100.0	34	32	94.1	34
06	Girls	36	34	94.4	36	34	94.4	37	36	97.0	37	36	97.3	36	33	91.7	37
Totals		211	203	96.2	211	166	78.7	212	209	98.6	212	211	99.5	211	182	86.3	214

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Halley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	31	81.6	38	27	71.1	38	38	100.0	38	38	100.0	38	33	86.8	38
04	Girls	42	31	73.8	42	42	100.0	42	42	100.0	42	42	100.0	42	28	66.7	42
05	Boys	32	26	81.3	32	23	71.9	32	32	100.0	32	32	100.0	32	28	87.5	32
05	Girls	45	33	73.3	45	40	88.9	45	45	100.0	45	45	100.0	45	37	82.2	45
06	Boys	51	46	90.2	51	41	80.4	51	51	100.0	51	51	100.0	51	43	84.3	51
06	Girls	47	39	83.0	47	45	95.7	47	47	100.0	47	46	97.9	47	32	68.1	47
Totals		255	206	80.8	255	218	85.5	255	255	100.0	255	254	99.6	255	201	78.8	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Haycock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	58	93.5	62	52	83.9	65	65	100.0	64	62	96.9	62	56	90.3	65
04	Girls	56	51	91.1	56	56	100.0	56	56	100.0	56	56	100.0	56	49	87.5	56
05	Boys	69	61	88.4	68	58	85.3	69	69	100.0	69	68	98.6	68	65	95.6	69
05	Girls	77	73	94.8	78	77	98.7	78	78	100.0	78	78	100.0	77	73	94.8	78
06	Boys	81	74	91.4	81	64	79.0	81	81	100.0	81	81	100.0	81	75	92.6	82
06	Girls	69	66	95.7	69	69	100.0	70	70	100.0	70	70	100.0	69	64	92.8	70
Totals		414	383	92.5	414	376	90.8	419	419	100.0	418	415	99.3	413	382	92.5	420

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	17	34.7	49	46	94.0	49	36	73.5	49	42	85.7	49
04	Girls	36	32	88.9	36	36	100.0	36	35	97.0	36	34	94.4	36	27	75.0	36
05	Boys	46	44	95.7	46	30	65.2	46	41	89.0	46	39	84.8	46	39	84.8	46
05	Girls	48	43	89.6	48	36	75.0	48	45	94.0	48	44	91.7	48	24	50.0	48
06	Boys	36	36	100.0	36	22	61.1	36	32	89.0	36	35	97.2	36	24	66.7	36
06	Girls	47	36	76.6	47	39	83.0	47	46	98.0	47	46	97.9	47	24	51.1	47
Totals		262	238	90.8	262	180	68.7	262	245	93.5	262	234	89.3	262	180	68.7	262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hayfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	258	246	95.3	257	222	86.4	258	252	98.0	255	193	75.7	258	221	85.7	261
09	Girls	213	196	92.0	210	189	90.0	213	210	99.0	211	173	82.0	213	189	88.7	214
10	Boys	267	265	99.3	268	218	81.3	268	267	100.0	268	239	89.2	267	250	93.6	269
10	Girls	232	231	99.6	234	208	88.9	236	235	100.0	233	227	97.4	233	228	97.9	236
11	Boys	18	18	100.0	18	10	55.6	18	18	100.0	18	16	88.9	18	17	94.4	18
11	Girls	12	12	100.0	11	4	36.4	12	12	100.0	12	12	100.0	12	12	100.0	13
12	Boys	6	6	100.0	6	4	66.7	6	5	83.0	6	5	83.3	6	5	83.3	6
12	Girls	6	6	100.0	6	3	50.0	6	6	100.0	6	5	83.3	6	6	100.0	6
Totals		1,012	980	96.8	1,010	858	85.0	1,017	1,005	98.8	1,009	870	86.2	1,013	928	91.6	1,023

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hayfield MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	229	218	95.2	229	168	73.4	230	229	100.0	230	226	98.3	229	190	83.0	231
07	Girls	214	202	94.4	213	207	97.2	215	214	100.0	213	212	99.5	213	188	88.3	217
08	Boys	232	230	99.1	232	201	86.6	232	223	96.0	232	224	96.6	232	193	83.2	234
08	Girls	202	196	97.0	202	200	99.0	203	202	100.0	202	199	98.5	202	186	92.1	204
Totals		877	846	96.5	876	776	88.6	880	868	98.6	877	861	98.2	876	757	86.4	886

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Herndon Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	44	88.0	50	29	58.0	50	50	100.0	50	49	98.0	50	43	86.0	50
04	Girls	67	59	88.1	67	67	100.0	67	67	100.0	67	67	100.0	67	54	80.6	68
05	Boys	46	34	73.9	46	31	67.4	46	46	100.0	46	41	89.1	46	32	69.6	46
05	Girls	55	42	76.4	55	54	98.2	55	55	100.0	55	52	94.5	55	43	78.2	55
06	Boys	49	39	79.6	49	28	57.1	49	49	100.0	49	48	98.0	49	40	81.6	50
06	Girls	55	32	58.2	55	50	90.9	55	55	100.0	55	55	100.0	55	39	70.9	55
Totals		322	250	77.6	322	259	80.4	322	322	100.0	322	312	96.9	322	251	78.0	324

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Herndon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	301	292	97.0	301	208	69.1	303	290	96.0	300	298	99.3	302	202	66.9	313
09	Girls	245	240	98.0	243	174	71.6	248	242	98.0	247	245	99.2	247	230	93.1	256
10	Boys	222	208	93.7	242	87	36.0	266	247	93.0	233	193	82.8	243	149	61.3	271
10	Girls	212	199	93.9	224	113	50.4	245	237	97.0	219	209	95.4	225	195	86.7	254
11	Boys	11	10	90.9	13	4	30.8	15	13	87.0	15	11	73.3	14	8	57.1	18
11	Girls	13	9	69.2	13	2	15.4	16	15	94.0	11	11	100.0	13	8	61.5	18
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	3	3	100.0	3	0	0.0	3	1	33.0	3	2	66.7	3	3	100.0	3
Totals		1,007	961	95.4	1,039	588	56.6	1,096	1,045	95.3	1,028	969	94.3	1,047	795	75.9	1,134

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Herndon MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	252	233	92.5	252	159	63.1	254	244	96.0	253	222	87.7	251	198	78.9	254
07	Girls	224	195	87.1	226	195	86.3	228	225	99.0	227	207	91.2	224	165	73.7	228
08	Boys	264	254	96.2	267	169	63.3	269	264	98.0	267	242	90.6	265	211	79.6	272
08	Girls	216	207	95.8	219	184	84.0	220	218	99.0	217	202	93.1	213	196	92.0	225
Totals		956	889	93.0	964	707	73.3	971	951	97.9	964	873	90.6	953	770	80.8	979

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	45	90.0	50	29	58.0	50	48	96.0	50	50	100.0	50	38	76.0	50
04	Girls	32	27	84.4	32	32	100.0	32	32	100.0	32	32	100.0	32	18	56.3	32
05	Boys	50	35	70.0	50	38	76.0	50	48	96.0	50	47	94.0	50	34	68.0	50
05	Girls	33	23	69.7	33	32	97.0	33	32	97.0	33	32	97.0	33	20	60.6	33
06	Boys	54	49	90.7	54	38	70.4	54	52	96.0	54	54	100.0	54	43	79.6	54
06	Girls	37	23	62.2	37	36	97.3	38	38	100.0	37	37	100.0	37	23	62.2	38
Totals		256	202	78.9	256	205	80.1	257	250	97.3	256	252	98.4	256	176	68.8	257

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Holmes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	190	183	96.3	186	168	90.3	183	169	92.0	178	171	96.1	188	139	73.9	192
06	Girls	138	129	93.5	134	133	99.3	135	129	96.0	130	129	99.2	138	96	69.6	141
07	Boys	173	163	94.2	182	154	84.6	185	178	96.0	182	178	97.8	181	128	70.7	185
07	Girls	152	145	95.4	161	154	95.7	161	160	99.0	161	156	96.9	160	108	67.5	162
08	Boys	144	135	93.8	146	129	88.4	146	141	97.0	144	141	97.9	144	109	75.7	148
08	Girls	127	116	91.3	126	121	96.0	130	126	97.0	128	128	100.0	126	89	70.6	132
Totals		924	871	94.3	935	859	91.9	940	903	96.1	923	903	97.8	937	669	71.4	960

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hughes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	275	262	95.3	274	223	81.4	275	266	97.0	274	273	99.6	275	251	91.3	277
07	Girls	233	228	97.9	233	210	90.1	233	230	99.0	233	233	100.0	233	215	92.3	234
08	Boys	251	244	97.2	251	208	82.9	251	249	99.0	251	249	99.2	251	213	84.9	254
08	Girls	236	229	97.0	236	207	87.7	236	234	99.0	236	236	100.0	236	206	87.3	237
Totals		995	963	96.8	994	848	85.3	995	979	98.4	994	991	99.7	995	885	88.9	1,002

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	39	95.1	42	31	73.8	42	38	91.0	42	39	92.9	41	39	95.1	43
04	Girls	40	38	95.0	40	40	100.0	40	40	100.0	40	38	95.0	39	36	92.3	40
05	Boys	53	50	94.3	53	39	73.6	55	51	93.0	54	49	90.7	53	49	92.5	55
05	Girls	42	39	92.9	42	41	97.6	42	40	95.0	42	41	97.6	42	41	97.6	42
06	Boys	48	46	95.8	47	40	85.1	48	46	96.0	48	48	100.0	47	46	97.9	48
06	Girls	25	24	96.0	25	21	84.0	26	25	96.0	26	25	96.2	25	22	88.0	26
Totals		249	236	94.8	249	212	85.1	253	240	94.9	252	240	95.2	247	233	94.3	254

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	120	120	100.0	120	96	80.0	120	120	100.0	120	120	100.0	120	119	99.2	120
04	Girls	110	110	100.0	110	108	98.2	110	110	100.0	110	110	100.0	109	108	99.1	110
05	Boys	122	122	100.0	122	98	80.3	122	122	100.0	122	122	100.0	122	122	100.0	122
05	Girls	98	98	100.0	98	90	91.8	98	98	100.0	98	98	100.0	98	97	99.0	98
06	Boys	107	107	100.0	107	89	83.2	107	107	100.0	107	107	100.0	106	106	100.0	107
06	Girls	113	113	100.0	113	109	96.5	113	113	100.0	113	113	100.0	113	111	98.2	113
Totals		670	670	100.0	670	590	88.1	670	670	100.0	670	670	100.0	668	663	99.3	670

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	40	78.4	51	41	80.4	52	52	100.0	51	51	100.0	51	44	86.3	52
04	Girls	65	53	81.5	65	65	100.0	65	65	100.0	65	64	98.5	65	58	89.2	66
05	Boys	47	43	91.5	47	41	87.2	47	47	100.0	47	47	100.0	47	44	93.6	49
05	Girls	51	44	86.3	51	51	100.0	52	52	100.0	51	51	100.0	51	48	94.1	52
06	Boys	54	49	90.7	54	50	92.6	54	54	100.0	54	53	98.1	54	43	79.6	55
06	Girls	54	54	100.0	54	54	100.0	54	54	100.0	54	54	100.0	54	49	90.7	56
Totals		322	283	87.9	322	302	93.8	324	324	100.0	322	320	99.4	322	286	88.8	330

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	47	85.5	55	35	63.6	55	55	100.0	55	41	74.5	55	50	90.9	55
04	Girls	47	41	87.2	47	47	100.0	47	47	100.0	47	41	87.2	47	39	83.0	47
05	Boys	60	56	93.3	59	36	61.0	60	59	98.0	60	52	86.7	60	55	91.7	60
05	Girls	61	55	90.2	61	53	86.9	61	61	100.0	60	56	93.3	61	53	86.9	61
06	Boys	44	43	97.7	44	28	63.6	44	44	100.0	44	43	97.7	44	41	93.2	44
06	Girls	60	49	81.7	60	55	91.7	60	57	95.0	60	60	100.0	60	56	93.3	60
Totals		327	291	89.0	326	254	77.9	327	323	98.8	326	293	89.9	327	294	89.9	327

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Irving MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	220	216	98.2	220	153	69.5	220	219	100.0	220	219	99.5	220	206	93.6	220
07	Girls	243	237	97.5	243	230	94.7	243	243	100.0	243	243	100.0	243	237	97.5	243
08	Boys	247	245	99.2	247	195	78.9	247	242	98.0	247	246	99.6	247	211	85.4	247
08	Girls	259	257	99.2	256	235	91.8	259	255	99.0	259	259	100.0	259	254	98.1	259
Totals		969	955	98.6	966	813	84.2	969	959	99.0	969	967	99.8	969	908	93.7	969

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	42	100.0	42	24	57.1	42	42	100.0	42	42	100.0	42	36	85.7	42
04	Girls	51	50	98.0	51	51	100.0	51	51	100.0	51	51	100.0	51	36	70.6	51
05	Boys	44	40	90.9	44	24	54.5	44	43	98.0	44	44	100.0	43	35	81.4	44
05	Girls	58	56	96.6	58	53	91.4	58	56	97.0	58	57	98.3	58	46	79.3	58
06	Boys	39	36	92.3	39	22	56.4	39	38	97.0	39	39	100.0	39	33	84.6	39
06	Girls	39	38	97.4	39	35	89.7	39	38	97.0	39	39	100.0	39	36	92.3	39
Totals		273	262	96.0	273	209	76.6	273	268	98.2	273	272	99.6	272	222	81.6	273

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Jackson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	328	325	99.1	330	243	73.6	329	316	96.0	329	318	96.7	327	305	93.3	332
07	Girls	315	311	98.7	317	266	83.9	317	313	99.0	316	300	94.9	314	307	97.8	319
08	Boys	314	311	99.0	317	228	71.9	315	308	98.0	312	300	96.2	312	282	90.4	320
08	Girls	291	287	98.6	291	234	80.4	293	289	99.0	294	288	98.0	291	283	97.3	296
Totals		1,248	1,234	98.9	1,255	971	77.4	1,254	1,226	97.8	1,251	1,206	96.4	1,244	1,177	94.6	1,267

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Jefferson S/T HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	269	264	98.1	271	226	83.4	273	273	100.0	270	264	97.8	269	238	88.5	274
09	Girls	192	188	97.9	191	172	90.1	192	191	100.0	192	192	100.0	192	180	93.8	194
10	Boys	262	244	93.1	261	153	58.6	264	264	100.0	264	262	99.2	261	203	77.8	264
10	Girls	179	164	91.6	176	141	80.1	182	182	100.0	181	181	100.0	176	164	93.2	182
Totals		902	860	95.3	899	692	77.0	911	910	99.9	907	899	99.1	898	785	87.4	914

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	54	90.0	60	47	78.3	60	58	97.0	60	52	86.7	60	56	93.3	61
04	Girls	82	74	90.2	82	82	100.0	82	81	99.0	82	73	89.0	82	67	81.7	82
05	Boys	70	68	97.1	70	52	74.3	70	64	91.0	70	64	91.4	70	62	88.6	70
05	Girls	61	56	91.8	61	60	98.4	61	58	95.0	61	57	93.4	61	46	75.4	61
06	Boys	72	69	95.8	72	53	73.6	72	69	96.0	72	72	100.0	72	66	91.7	72
06	Girls	41	37	90.2	41	39	95.1	41	40	98.0	41	41	100.0	41	30	73.2	41
Totals		386	358	92.7	386	333	86.3	386	370	95.9	386	359	93.0	386	327	84.7	387

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	68	97.1	70	67	95.7	70	57	81.0	70	55	78.6	70	70	100.0	70
04	Girls	66	64	97.0	66	66	100.0	66	65	99.0	66	60	90.9	66	65	98.5	66
05	Boys	62	56	90.3	62	59	95.2	62	55	89.0	62	49	79.0	62	60	96.8	62
05	Girls	66	65	98.5	66	66	100.0	66	61	92.0	66	62	93.9	66	63	95.5	66
06	Boys	60	58	96.7	60	53	88.3	60	55	92.0	60	49	81.7	60	57	95.0	60
06	Girls	71	71	100.0	71	71	100.0	72	70	97.0	72	66	91.7	71	71	100.0	72
Totals		395	382	96.7	395	382	96.7	396	363	91.7	396	341	86.1	395	386	97.7	396

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Key MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	229	215	93.9	233	172	73.8	234	191	82.0	233	233	100.0	230	188	81.7	239
07	Girls	183	171	93.4	183	151	82.5	187	165	88.0	184	181	98.4	182	142	78.0	187
08	Boys	197	193	98.0	200	135	67.5	205	167	82.0	198	180	90.9	197	125	63.5	211
08	Girls	189	179	94.7	191	127	66.5	193	177	92.0	192	185	96.4	191	107	56.0	202
Totals		798	758	95.0	807	585	72.5	819	700	85.5	807	779	96.5	800	562	70.3	839

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Kilmer MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	349	342	98.0	349	295	84.5	351	350	100.0	350	346	98.9	349	328	94.0	353
07	Girls	328	327	99.7	328	318	97.0	328	328	100.0	328	327	99.7	327	323	98.8	333
08	Boys	319	315	98.7	320	291	90.9	321	321	100.0	320	316	98.8	319	307	96.2	325
08	Girls	292	290	99.3	292	282	96.6	293	293	100.0	293	291	99.3	293	287	98.0	299
Totals		1,288	1,274	98.9	1,289	1,186	92.0	1,293	1,292	99.9	1,291	1,280	99.1	1,288	1,245	96.7	1,310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	75	92.6	81	77	95.1	81	81	100.0	81	81	100.0	81	75	92.6	81
04	Girls	79	78	98.7	79	79	100.0	79	79	100.0	79	79	100.0	79	75	94.9	79
05	Boys	87	82	94.3	87	84	96.6	87	87	100.0	87	87	100.0	87	81	93.1	87
05	Girls	67	64	95.5	67	67	100.0	68	68	100.0	68	68	100.0	67	62	92.5	68
06	Boys	71	66	93.0	71	65	91.5	71	71	100.0	71	70	98.6	71	63	88.7	71
06	Girls	93	84	90.3	93	92	98.9	93	93	100.0	93	93	100.0	93	89	95.7	93
Totals		478	449	93.9	478	464	97.1	479	479	100.0	479	478	99.8	478	445	93.1	479

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	47	100.0	47	42	89.4	47	45	96.0	46	44	95.7	47	46	97.9	47
04	Girls	43	43	100.0	44	44	100.0	44	43	98.0	43	43	100.0	43	42	97.7	46
05	Boys	51	49	96.1	51	38	74.5	51	51	100.0	51	49	96.1	51	48	94.1	51
05	Girls	40	38	95.0	40	36	90.0	40	40	100.0	40	39	97.5	40	39	97.5	40
06	Boys	47	42	89.4	47	37	78.7	47	45	96.0	47	46	97.9	47	42	89.4	47
06	Girls	29	27	93.1	29	27	93.1	29	29	100.0	29	29	100.0	29	24	82.8	29
Totals		257	246	95.7	258	224	86.8	258	253	98.1	256	250	97.7	257	241	93.8	260

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	336	331	98.5	335	250	74.6	341	331	97.0	340	301	88.5	335	293	87.5	343
09	Girls	332	329	99.1	336	270	80.4	342	334	98.0	340	318	93.5	334	302	90.4	345
10	Boys	310	301	97.1	309	190	61.5	315	311	99.0	313	301	96.2	310	210	67.7	317
10	Girls	327	317	96.9	321	260	81.0	331	326	99.0	330	321	97.3	325	270	83.1	333
11	Boys	6	6	100.0	5	4	80.0	9	9	100.0	8	6	75.0	6	5	83.3	9
11	Girls	3	3	100.0	3	0	0.0	4	3	75.0	4	4	100.0	3	1	33.3	4
12	Boys	0	0	0.0	0	0	0.0	4	0	0.0	4	0	0.0	0	0	0.0	5
12	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	2
Totals		1,316	1,289	97.9	1,311	975	74.4	1,348	1,316	97.6	1,341	1,253	93.4	1,315	1,083	82.4	1,358

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lake Braddock MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	349	341	97.7	355	256	72.1	356	351	99.0	356	316	88.8	349	320	91.7	356
07	Girls	338	330	97.6	340	300	88.2	341	338	99.0	340	324	95.3	338	317	93.8	341
08	Boys	358	341	95.3	358	275	76.8	359	359	100.0	359	350	97.5	358	304	84.9	359
08	Girls	320	312	97.5	323	290	89.8	325	325	100.0	325	324	99.7	321	296	92.2	325
Totals		1,365	1,324	97.0	1,376	1,121	81.5	1,381	1,373	99.4	1,380	1,314	95.2	1,366	1,237	90.6	1,381

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	35	94.6	37	18	48.6	40	38	95.0	36	35	97.2	37	36	97.3	40
04	Girls	50	50	100.0	50	50	100.0	50	50	100.0	50	50	100.0	50	48	96.0	50
05	Boys	48	47	97.9	48	24	50.0	50	49	98.0	48	48	100.0	48	45	93.8	52
05	Girls	48	47	97.9	48	41	85.4	49	48	98.0	47	47	100.0	48	46	95.8	49
06	Boys	50	47	94.0	50	28	56.0	50	49	98.0	50	48	96.0	50	46	92.0	51
06	Girls	39	36	92.3	39	32	82.1	39	38	97.0	37	36	97.3	39	36	92.3	39
Totals		272	262	96.3	272	193	71.0	278	272	97.8	268	264	98.5	272	257	94.5	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Langley HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	273	268	98.2	270	222	82.2	273	267	98.0	273	259	94.9	273	259	94.9	277
09	Girls	276	274	99.3	275	249	90.5	278	273	98.0	277	268	96.8	276	275	99.6	279
10	Boys	232	229	98.7	230	156	67.8	233	226	97.0	233	206	88.4	231	213	92.2	236
10	Girls	213	212	99.5	212	168	79.2	216	214	99.0	216	206	95.4	212	211	99.5	218
11	Boys	3	3	100.0	2	0	0.0	3	3	100.0	3	3	100.0	3	1	33.3	3
11	Girls	4	4	100.0	4	0	0.0	4	4	100.0	4	3	75.0	4	4	100.0	6
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	1	1	100.0	2
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	4
Totals		1,004	993	98.9	996	796	79.9	1,010	990	98.0	1,009	948	94.0	1,001	965	96.4	1,025

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lanier MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	262	260	99.2	260	211	81.2	261	259	99.0	259	232	89.6	259	239	92.3	262
07	Girls	274	265	96.7	273	246	90.1	273	271	99.0	273	261	95.6	272	262	96.3	274
08	Boys	316	308	97.5	314	237	75.5	314	306	98.0	313	284	90.7	314	284	90.4	318
08	Girls	316	313	99.1	310	278	89.7	314	313	100.0	312	310	99.4	312	298	95.5	319
Totals		1,168	1,146	98.1	1,157	972	84.0	1,162	1,149	98.9	1,157	1,087	93.9	1,157	1,083	93.6	1,173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	52	85.2	62	36	58.1	62	56	90.0	61	34	55.7	62	56	90.3	63
04	Girls	55	48	87.3	55	54	98.2	55	54	98.0	55	39	70.9	55	46	83.6	55
05	Boys	69	58	84.1	69	54	78.3	69	66	96.0	69	37	53.6	69	64	92.8	72
05	Girls	57	38	66.7	56	54	96.4	58	57	98.0	58	36	62.1	57	54	94.7	58
06	Boys	68	62	91.2	68	49	72.1	68	65	96.0	68	44	64.7	68	65	95.6	70
06	Girls	62	44	71.0	61	55	90.2	63	58	92.0	62	49	79.0	62	53	85.5	63
Totals		372	302	81.2	371	302	81.4	375	356	94.9	373	239	64.1	373	338	90.6	381

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	55	96.5	57	37	64.9	57	57	100.0	57	43	75.4	57	56	98.2	57
04	Girls	53	49	92.5	53	52	98.1	53	53	100.0	53	45	84.9	53	52	98.1	53
05	Boys	68	61	89.7	68	55	80.9	69	66	96.0	68	61	89.7	68	64	94.1	69
05	Girls	40	35	87.5	40	37	92.5	41	39	95.0	40	31	77.5	40	34	85.0	41
06	Boys	67	62	92.5	67	47	70.1	67	67	100.0	67	53	79.1	67	63	94.0	67
06	Girls	62	58	93.5	62	59	95.2	62	62	100.0	62	57	91.9	62	62	100.0	62
Totals		347	320	92.2	347	287	82.7	349	344	98.6	347	290	83.6	347	331	95.4	349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lee HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	223	215	96.4	222	170	76.6	224	219	98.0	226	201	88.9	225	178	79.1	228
09	Girls	179	174	97.2	179	157	87.7	181	179	99.0	181	173	95.6	180	149	82.8	182
10	Boys	211	205	97.2	210	123	58.6	212	209	99.0	195	150	76.9	204	128	62.7	223
10	Girls	193	189	97.9	193	148	76.7	198	195	99.0	176	155	88.1	189	172	91.0	201
11	Boys	29	25	86.2	28	12	42.9	32	31	97.0	33	21	63.6	30	20	66.7	40
11	Girls	18	15	83.3	17	7	41.2	22	20	91.0	20	16	80.0	17	14	82.4	25
12	Boys	3	3	100.0	3	1	33.3	3	3	100.0	3	1	33.3	3	3	100.0	7
12	Girls	5	4	80.0	4	2	50.0	5	4	80.0	5	4	80.0	3	2	66.7	5
Totals		861	830	96.4	856	620	72.4	877	860	98.1	839	721	85.9	851	666	78.3	911

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	33	80.5	41	26	63.4	41	37	90.0	41	32	78.0	41	39	95.1	43
04	Girls	48	39	81.3	47	47	100.0	48	47	98.0	48	45	93.8	47	45	95.7	49
05	Boys	60	58	96.7	60	42	70.0	60	56	93.0	60	53	88.3	60	51	85.0	63
05	Girls	34	32	94.1	34	34	100.0	34	34	100.0	34	33	97.1	34	33	97.1	35
06	Boys	46	45	97.8	46	35	76.1	46	46	100.0	46	44	95.7	46	41	89.1	47
06	Girls	50	49	98.0	50	48	96.0	50	50	100.0	50	50	100.0	50	46	92.0	51
Totals		279	256	91.8	278	232	83.5	279	270	96.8	279	257	92.1	278	255	91.7	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	41	97.6	42	31	73.8	41	41	100.0	41	41	100.0	42	42	100.0	42
04	Girls	47	46	97.9	46	46	100.0	47	46	98.0	47	47	100.0	47	46	97.9	47
05	Boys	46	44	95.7	46	34	73.9	46	46	100.0	45	45	100.0	46	45	97.8	46
05	Girls	39	39	100.0	39	38	97.4	39	39	100.0	39	39	100.0	39	39	100.0	39
06	Boys	23	23	100.0	23	17	73.9	23	23	100.0	23	23	100.0	23	22	95.7	23
06	Girls	22	22	100.0	22	18	81.8	22	22	100.0	22	22	100.0	22	22	100.0	22
Totals		219	215	98.2	218	184	84.4	218	217	99.5	217	217	100.0	219	216	98.6	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Liberty MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	278	269	96.8	277	159	57.4	280	271	97.0	276	232	84.1	278	252	90.6	286
07	Girls	264	256	97.0	265	236	89.1	266	264	99.0	264	237	89.8	263	252	95.8	269
08	Boys	278	252	90.6	280	196	70.0	280	256	91.0	281	202	71.9	280	226	80.7	292
08	Girls	286	252	88.1	285	254	89.1	285	266	93.0	286	236	82.5	286	234	81.8	290
Totals		1,106	1,029	93.0	1,107	845	76.3	1,111	1,057	95.1	1,107	907	81.9	1,107	964	87.1	1,137

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Little Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	22	81.5	27	22	81.5	27	27	100.0	27	21	77.8	27	24	88.9	27
04	Girls	22	20	90.9	22	21	95.5	22	20	91.0	22	20	90.9	22	19	86.4	22
05	Boys	22	19	86.4	22	19	86.4	22	22	100.0	22	20	90.9	22	19	86.4	22
05	Girls	22	22	100.0	22	21	95.5	22	22	100.0	22	22	100.0	22	22	100.0	22
06	Boys	22	14	63.6	22	16	72.7	22	22	100.0	22	20	90.9	22	15	68.2	22
06	Girls	27	24	88.9	27	24	88.9	27	27	100.0	27	25	92.6	27	24	88.9	27
Totals		142	121	85.2	142	123	86.6	142	140	98.6	142	128	90.1	142	123	86.6	142

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
London Towne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	70	100.0	70	50	71.4	70	67	96.0	70	70	100.0	69	66	95.7	70
04	Girls	55	55	100.0	55	55	100.0	55	54	98.0	55	55	100.0	55	52	94.5	55
05	Boys	50	50	100.0	50	45	90.0	50	50	100.0	50	49	98.0	50	49	98.0	50
05	Girls	56	56	100.0	57	55	96.5	57	56	98.0	58	56	96.6	57	53	93.0	58
06	Boys	43	43	100.0	43	37	86.0	43	41	95.0	43	43	100.0	43	41	95.3	43
06	Girls	69	69	100.0	69	64	92.8	69	68	99.0	69	69	100.0	69	60	87.0	69
Totals		343	343	100.0	344	306	89.0	344	336	97.7	345	342	99.1	343	321	93.6	345

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Longfellow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	355	333	93.8	355	259	73.0	356	350	98.0	356	333	93.5	356	326	91.6	359
07	Girls	349	335	96.0	349	325	93.1	350	350	100.0	349	343	98.3	349	332	95.1	352
08	Boys	298	288	96.6	298	219	73.5	298	297	100.0	298	284	95.3	298	263	88.3	302
08	Girls	315	288	91.4	315	275	87.3	317	317	100.0	315	307	97.5	316	283	89.6	317
Totals		1,317	1,244	94.5	1,317	1,078	81.9	1,321	1,314	99.5	1,318	1,267	96.1	1,319	1,204	91.3	1,330

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	100	83	83.0	100	46	46.0	100	97	97.0	100	92	92.0	100	93	93.0	100
04	Girls	84	72	85.7	83	83	100.0	84	83	99.0	84	83	98.8	84	79	94.0	84
05	Boys	100	82	82.0	99	54	54.5	100	99	99.0	100	98	98.0	100	94	94.0	100
05	Girls	70	60	85.7	70	63	90.0	70	70	100.0	70	68	97.1	70	67	95.7	71
06	Boys	88	74	84.1	88	56	63.6	88	86	98.0	88	85	96.6	88	81	92.0	90
06	Girls	65	44	67.7	64	56	87.5	65	65	100.0	65	63	96.9	64	57	89.1	65
Totals		507	415	81.9	504	358	71.0	507	500	98.6	507	489	96.4	506	471	93.1	510

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	24	88.9	27	18	66.7	27	20	74.0	27	24	88.9	27	20	74.1	28
04	Girls	32	27	84.4	31	31	100.0	32	29	91.0	32	31	96.9	32	21	65.6	32
05	Boys	33	30	90.9	33	24	72.7	33	29	88.0	33	30	90.9	33	23	69.7	33
05	Girls	42	37	88.1	41	38	92.7	42	42	100.0	42	41	97.6	42	26	61.9	42
06	Boys	33	31	93.9	33	23	69.7	33	29	88.0	33	31	93.9	33	20	60.6	33
06	Girls	39	38	97.4	39	36	92.3	39	39	100.0	39	39	100.0	39	23	59.0	39
Totals		206	187	90.8	204	170	83.3	206	188	91.3	206	196	95.1	206	133	64.6	207

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Madison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	245	243	99.2	246	174	70.7	247	246	100.0	246	212	86.2	245	199	81.2	248
09	Girls	246	244	99.2	245	208	84.9	249	247	99.0	248	232	93.5	248	215	86.7	250
10	Boys	261	261	100.0	260	142	54.6	261	255	98.0	247	219	88.7	259	206	79.5	262
10	Girls	215	210	97.7	214	147	68.7	215	214	100.0	201	195	97.0	215	206	95.8	216
11	Boys	4	4	100.0	4	1	25.0	4	3	75.0	4	3	75.0	4	3	75.0	6
11	Girls	5	5	100.0	5	0	0.0	5	5	100.0	5	5	100.0	5	5	100.0	5
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	1
12	Girls	1	1	100.0	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1
Totals		978	969	99.1	976	672	68.9	983	971	98.8	953	867	91.0	978	835	85.4	989

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Mantua Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	95	95	100.0	94	61	64.9	95	95	100.0	96	96	100.0	95	89	93.7	96
04	Girls	76	76	100.0	78	77	98.7	78	78	100.0	78	78	100.0	77	75	97.4	79
05	Boys	76	76	100.0	76	72	94.7	76	76	100.0	77	74	96.1	76	76	100.0	77
05	Girls	81	78	96.3	81	80	98.8	81	81	100.0	81	79	97.5	81	78	96.3	81
06	Boys	83	83	100.0	83	61	73.5	83	82	99.0	83	83	100.0	83	81	97.6	84
06	Girls	76	76	100.0	76	75	98.7	76	76	100.0	76	76	100.0	76	76	100.0	76
Totals		487	484	99.4	488	426	87.3	489	488	99.8	491	486	99.0	488	475	97.3	493

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Marshall HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	254	252	99.2	253	223	88.1	255	254	100.0	254	241	94.9	255	239	93.7	260
09	Girls	244	240	98.4	239	214	89.5	245	240	98.0	244	233	95.5	245	239	97.6	246
10	Boys	218	211	96.8	219	166	75.8	219	216	99.0	219	208	95.0	217	173	79.7	221
10	Girls	190	188	98.9	186	156	83.9	192	192	100.0	190	183	96.3	189	175	92.6	198
11	Boys	10	8	80.0	8	6	75.0	10	9	90.0	9	6	66.7	10	7	70.0	11
11	Girls	12	9	75.0	9	5	55.6	12	12	100.0	12	9	75.0	12	5	41.7	17
12	Boys	5	3	60.0	4	2	50.0	5	5	100.0	5	3	60.0	4	1	25.0	7
12	Girls	5	3	60.0	5	1	20.0	5	4	80.0	5	4	80.0	5	3	60.0	6
Totals		938	914	97.4	923	773	83.7	943	932	98.8	938	887	94.6	937	842	89.9	966

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	50	96.2	54	30	55.6	54	52	96.0	54	53	98.1	52	36	69.2	54
04	Girls	47	40	85.1	47	47	100.0	47	47	100.0	47	46	97.9	47	30	63.8	47
05	Boys	53	50	94.3	54	43	79.6	54	52	96.0	54	51	94.4	53	48	90.6	54
05	Girls	35	33	94.3	35	34	97.1	35	35	100.0	35	35	100.0	35	29	82.9	35
06	Boys	52	50	96.2	51	35	68.6	52	51	98.0	52	51	98.1	52	36	69.2	52
06	Girls	54	52	96.3	55	53	96.4	55	55	100.0	54	54	100.0	55	42	76.4	55
Totals		293	275	93.9	296	242	81.8	297	292	98.3	296	290	98.0	294	221	75.2	297

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Mason Crest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	27	93.1	31	24	77.4	29	24	83.0	29	17	58.6	29	27	93.1	31
04	Girls	43	35	81.4	43	43	100.0	43	39	91.0	43	35	81.4	43	34	79.1	43
05	Boys	45	41	91.1	45	36	80.0	45	38	84.0	45	29	64.4	45	37	82.2	46
05	Girls	41	40	97.6	41	41	100.0	41	39	95.0	41	23	56.1	41	33	80.5	42
Totals		158	143	90.5	160	144	90.0	158	140	88.6	158	104	65.8	158	131	82.9	162

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
McLean HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	255	252	98.8	251	196	78.1	260	256	99.0	254	233	91.7	254	214	84.3	268
09	Girls	239	237	99.2	238	194	81.5	245	244	100.0	236	226	95.8	237	217	91.6	246
10	Boys	230	213	92.6	228	133	58.3	247	237	96.0	245	231	94.3	244	185	75.8	252
10	Girls	266	245	92.1	251	175	69.7	289	279	97.0	286	282	98.6	283	214	75.6	292
11	Boys	6	6	100.0	7	2	28.6	8	8	100.0	8	8	100.0	7	6	85.7	14
11	Girls	7	7	100.0	6	1	16.7	8	8	100.0	8	7	87.5	8	4	50.0	10
12	Girls	4	4	100.0	4	3	75.0	4	4	100.0	4	4	100.0	4	3	75.0	6
Totals		1,007	964	95.7	985	704	71.5	1,061	1,036	97.6	1,041	991	95.2	1,037	843	81.3	1,088

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	87	97.8	87	51	58.6	89	89	100.0	89	86	96.6	87	82	94.3	89
04	Girls	79	75	94.9	79	79	100.0	79	79	100.0	79	78	98.7	79	73	92.4	79
05	Boys	57	46	80.7	58	40	69.0	58	58	100.0	57	55	96.5	55	49	89.1	58
05	Girls	56	49	87.5	56	54	96.4	56	56	100.0	56	56	100.0	56	53	94.6	56
06	Boys	50	47	94.0	50	30	60.0	50	50	100.0	50	50	100.0	50	40	80.0	50
06	Girls	62	58	93.5	62	58	93.5	62	62	100.0	62	61	98.4	62	56	90.3	62
Totals		393	362	92.1	392	312	79.6	394	394	100.0	393	386	98.2	389	353	90.7	394

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	92	90	97.8	92	50	54.3	92	84	91.0	92	90	97.8	92	92	100.0	92
04	Girls	88	83	94.3	87	86	98.9	88	86	98.0	88	87	98.9	88	85	96.6	88
05	Boys	79	78	98.7	79	54	68.4	79	75	95.0	79	78	98.7	79	79	100.0	79
05	Girls	77	72	93.5	77	72	93.5	77	75	97.0	77	76	98.7	77	76	98.7	77
06	Boys	68	62	91.2	68	43	63.2	68	65	96.0	68	67	98.5	68	64	94.1	68
06	Girls	75	66	88.0	75	69	92.0	75	73	97.0	75	75	100.0	75	69	92.0	75
Totals		479	451	94.2	478	374	78.2	479	458	95.6	479	473	98.7	479	465	97.1	479

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	18	18	100.0	18	8	44.4	18	16	89.0	18	17	94.4	18	18	100.0	18
04	Girls	17	16	94.1	17	17	100.0	17	15	88.0	17	17	100.0	17	15	88.2	18
05	Boys	32	24	75.0	32	11	34.4	32	31	97.0	32	32	100.0	32	31	96.9	32
05	Girls	12	11	91.7	12	7	58.3	13	13	100.0	13	13	100.0	12	11	91.7	13
06	Boys	21	21	100.0	21	15	71.4	21	18	86.0	21	21	100.0	21	21	100.0	21
06	Girls	14	14	100.0	14	14	100.0	14	13	93.0	14	14	100.0	14	14	100.0	14
Totals		114	104	91.2	114	72	63.2	115	106	92.2	115	114	99.1	114	110	96.5	116

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	262	248	94.7	262	92	35.1	288	267	93.0	278	255	91.7	252	183	72.6	297
09	Girls	222	202	91.0	213	71	33.3	239	236	99.0	235	217	92.3	217	174	80.2	247
10	Boys	210	193	91.9	174	44	25.3	223	207	93.0	211	209	99.1	207	143	69.1	246
10	Girls	203	189	93.1	172	26	15.1	216	212	98.0	204	202	99.0	201	145	72.1	235
11	Boys	22	20	90.9	20	4	20.0	28	26	93.0	22	22	100.0	24	17	70.8	29
11	Girls	16	14	87.5	14	3	21.4	20	20	100.0	19	18	94.7	15	12	80.0	21
12	Boys	4	3	75.0	3	0	0.0	5	5	100.0	5	5	100.0	4	2	50.0	5
12	Girls	2	1	50.0	3	0	0.0	3	3	100.0	3	3	100.0	1	0	0.0	4
Totals		941	870	92.5	861	240	27.9	1,022	976	95.5	977	931	95.3	921	676	73.4	1,084

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	28	84.8	34	19	55.9	33	27	82.0	34	31	91.2	34	28	82.4	34
04	Girls	40	38	95.0	40	39	97.5	40	38	95.0	40	38	95.0	40	33	82.5	40
05	Boys	41	39	95.1	41	32	78.0	41	41	100.0	41	38	92.7	41	39	95.1	41
05	Girls	22	19	86.4	22	22	100.0	22	21	96.0	22	20	90.9	22	20	90.9	22
06	Boys	40	31	77.5	40	29	72.5	40	37	93.0	40	38	95.0	40	31	77.5	40
06	Girls	40	34	85.0	41	34	82.9	41	39	95.0	41	40	97.6	41	32	78.0	41
Totals		216	189	87.5	218	175	80.3	217	203	93.5	218	205	94.0	218	183	83.9	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Navy Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	52	100.0	52	42	80.8	53	45	85.0	53	52	98.1	53	52	98.1	53
04	Girls	52	52	100.0	52	52	100.0	54	52	96.0	53	53	100.0	53	50	94.3	54
05	Boys	60	60	100.0	60	54	90.0	60	53	88.0	60	60	100.0	60	59	98.3	60
05	Girls	43	43	100.0	43	42	97.7	43	40	93.0	43	43	100.0	43	43	100.0	43
06	Boys	61	60	98.4	61	55	90.2	61	53	87.0	61	61	100.0	61	57	93.4	62
06	Girls	56	56	100.0	56	55	98.2	56	54	96.0	56	56	100.0	56	56	100.0	56
Totals		324	323	99.7	324	300	92.6	327	297	90.8	326	325	99.7	326	317	97.2	328

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	40	97.6	41	34	82.9	41	31	76.0	41	28	68.3	41	38	92.7	41
04	Girls	51	49	96.1	51	51	100.0	51	46	90.0	51	41	80.4	51	49	96.1	51
05	Boys	49	49	100.0	49	46	93.9	49	46	94.0	49	40	81.6	49	45	91.8	49
05	Girls	32	30	93.8	32	32	100.0	32	29	91.0	32	27	84.4	32	28	87.5	32
06	Boys	34	28	82.4	34	27	79.4	34	28	82.0	34	27	79.4	34	26	76.5	34
06	Girls	45	42	93.3	45	45	100.0	45	43	96.0	45	43	95.6	45	40	88.9	45
Totals		252	238	94.4	252	235	93.3	252	223	88.5	252	206	81.7	252	226	89.7	252

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
North Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	38	24	63.2	38	38	100.0	38	24	63.2	38	33	86.8	38
04	Girls	41	41	100.0	41	41	100.0	41	41	100.0	41	33	80.5	41	35	85.4	41
05	Boys	42	41	97.6	42	27	64.3	42	42	100.0	42	25	59.5	42	39	92.9	42
05	Girls	43	41	95.3	43	40	93.0	43	43	100.0	43	26	60.5	43	36	83.7	44
Totals		164	159	97.0	164	132	80.5	164	164	100.0	164	108	65.9	164	143	87.2	165

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	77	75	97.4	77	53	68.8	77	74	96.0	77	65	84.4	77	69	89.6	77
04	Girls	68	67	98.5	68	68	100.0	68	65	96.0	68	60	88.2	68	65	95.6	68
05	Boys	82	79	96.3	82	66	80.5	82	76	93.0	82	63	76.8	82	74	90.2	82
05	Girls	60	59	98.3	60	58	96.7	60	59	98.0	60	57	95.0	60	51	85.0	60
06	Boys	75	74	98.7	75	62	82.7	75	64	85.0	75	71	94.7	75	69	92.0	75
06	Girls	67	66	98.5	67	63	94.0	67	64	96.0	67	64	95.5	67	65	97.0	67
Totals		429	420	97.9	429	370	86.2	429	402	93.7	429	380	88.6	429	393	91.6	429

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Oak View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	45	80.4	56	31	55.4	56	45	80.0	56	36	64.3	56	51	91.1	57
04	Girls	46	41	89.1	46	46	100.0	46	40	87.0	46	39	84.8	46	41	89.1	46
05	Boys	61	53	86.9	61	49	80.3	61	59	97.0	61	51	83.6	61	52	85.2	61
05	Girls	63	50	79.4	63	62	98.4	63	58	92.0	63	53	84.1	62	55	88.7	64
06	Boys	63	60	95.2	63	50	79.4	63	61	97.0	63	59	93.7	63	57	90.5	63
06	Girls	63	61	96.8	63	62	98.4	63	58	92.0	63	60	95.2	63	60	95.2	63
Totals		352	310	88.1	352	300	85.2	352	321	91.2	352	298	84.7	351	316	90.0	354

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Oakton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	49	100.0	49	40	81.6	49	47	96.0	49	41	83.7	49	49	100.0	49
04	Girls	61	61	100.0	61	61	100.0	61	61	100.0	61	56	91.8	61	57	93.4	61
05	Boys	63	63	100.0	63	57	90.5	63	62	98.0	63	53	84.1	63	63	100.0	63
05	Girls	66	65	98.5	66	65	98.5	66	66	100.0	66	62	93.9	66	62	93.9	66
06	Boys	67	66	98.5	66	50	75.8	67	64	96.0	67	63	94.0	66	64	97.0	67
06	Girls	47	46	97.9	47	45	95.7	47	46	98.0	46	45	97.8	45	41	91.1	47
Totals		353	350	99.2	352	318	90.3	353	346	98.0	352	320	90.9	350	336	96.0	353

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Oakton HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	292	290	99.3	291	261	89.7	292	287	98.0	291	280	96.2	284	229	80.6	295
09	Girls	283	277	97.9	285	266	93.3	284	279	98.0	285	283	99.3	281	248	88.3	288
10	Boys	296	293	99.0	293	156	53.2	297	292	98.0	297	254	85.5	274	177	64.6	302
10	Girls	247	245	99.2	243	201	82.7	247	246	100.0	248	240	96.8	235	210	89.4	251
11	Boys	5	5	100.0	5	1	20.0	5	5	100.0	5	2	40.0	5	3	60.0	7
11	Girls	6	6	100.0	6	2	33.3	6	6	100.0	6	6	100.0	5	4	80.0	6
12	Boys	3	2	66.7	3	0	0.0	3	3	100.0	3	1	33.3	3	2	66.7	6
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,133	1,119	98.8	1,127	888	78.8	1,135	1,119	98.6	1,136	1,067	93.9	1,088	874	80.3	1,156

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	30	90.9	34	24	70.6	34	33	97.0	34	32	94.1	34	31	91.2	34
04	Girls	31	26	83.9	31	30	96.8	31	31	100.0	31	31	100.0	31	27	87.1	31
05	Boys	40	36	90.0	40	29	72.5	40	39	98.0	40	40	100.0	40	37	92.5	40
05	Girls	21	18	85.7	21	20	95.2	21	21	100.0	21	20	95.2	21	19	90.5	21
06	Boys	24	21	87.5	24	15	62.5	24	21	88.0	24	24	100.0	24	21	87.5	24
06	Girls	28	26	92.9	28	23	82.1	28	28	100.0	28	26	92.9	28	25	89.3	28
Totals		177	157	88.7	178	141	79.2	178	173	97.2	178	173	97.2	178	160	89.9	178

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	65	100.0	65	54	83.1	65	65	100.0	65	65	100.0	65	65	100.0	65
04	Girls	43	43	100.0	43	43	100.0	43	43	100.0	43	43	100.0	43	41	95.3	43
05	Boys	63	63	100.0	63	59	93.7	63	63	100.0	63	63	100.0	63	63	100.0	63
05	Girls	49	49	100.0	49	49	100.0	49	49	100.0	49	49	100.0	49	49	100.0	49
06	Boys	48	48	100.0	48	39	81.3	48	48	100.0	48	48	100.0	48	47	97.9	48
06	Girls	59	59	100.0	59	56	94.9	59	59	100.0	59	59	100.0	59	54	91.5	59
Totals		327	327	100.0	327	300	91.7	327	327	100.0	327	327	100.0	327	319	97.6	327

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	50	86.2	58	43	74.1	58	51	88.0	58	58	100.0	58	47	81.0	58
04	Girls	48	37	77.1	49	49	100.0	49	47	96.0	49	48	98.0	49	22	44.9	49
05	Boys	61	56	91.8	61	55	90.2	61	51	84.0	61	61	100.0	61	52	85.2	61
05	Girls	53	42	79.2	53	51	96.2	53	52	98.0	53	53	100.0	53	37	69.8	53
Totals		220	185	84.1	221	198	89.6	221	201	91.0	221	220	99.5	221	158	71.5	221

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	28	93.3	30	14	46.7	30	23	77.0	30	30	100.0	30	24	80.0	30
04	Girls	40	40	100.0	40	40	100.0	40	37	93.0	40	40	100.0	40	34	85.0	42
05	Boys	31	27	87.1	31	20	64.5	31	23	74.0	31	31	100.0	31	24	77.4	31
05	Girls	34	32	94.1	34	31	91.2	34	31	91.0	34	34	100.0	34	24	70.6	34
06	Boys	39	38	97.4	39	25	64.1	39	31	80.0	39	39	100.0	39	28	71.8	39
06	Girls	24	23	95.8	23	21	91.3	24	22	92.0	24	23	95.8	24	17	70.8	24
Totals		198	188	94.9	197	151	76.6	198	167	84.3	198	197	99.5	198	151	76.3	200

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Poe MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	137	137	100.0	139	77	55.4	137	122	89.0	137	129	94.2	137	129	94.2	142
06	Girls	136	134	98.5	136	119	87.5	136	129	95.0	136	130	95.6	136	115	84.6	136
07	Boys	143	143	100.0	143	82	57.3	143	133	93.0	143	140	97.9	143	123	86.0	148
07	Girls	140	140	100.0	141	110	78.0	140	131	94.0	140	140	100.0	140	118	84.3	141
08	Boys	153	151	98.7	159	97	61.0	154	147	96.0	155	153	98.7	155	119	76.8	166
08	Girls	161	161	100.0	161	111	68.9	161	155	96.0	160	159	99.4	160	129	80.6	164
Totals		870	866	99.5	879	596	67.8	871	817	93.8	871	851	97.7	871	733	84.2	897

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	27	93.1	29	27	93.1	30	29	97.0	29	27	93.1	30	29	96.7	34
04	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	30	93.8	34
05	Boys	43	36	83.7	43	30	69.8	44	43	98.0	43	39	90.7	42	38	90.5	48
05	Girls	44	42	95.5	44	42	95.5	44	43	98.0	44	43	97.7	43	42	97.7	44
06	Boys	41	41	100.0	41	38	92.7	41	41	100.0	41	40	97.6	41	40	97.6	44
06	Girls	47	44	93.6	46	46	100.0	46	46	100.0	46	46	100.0	47	46	97.9	49
Totals		236	222	94.1	235	215	91.5	237	234	98.7	235	227	96.6	235	225	95.7	253

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Powell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	57	96.6	60	45	75.0	60	60	100.0	60	53	88.3	59	52	88.1	60
04	Girls	63	63	100.0	63	63	100.0	63	62	98.0	63	57	90.5	63	50	79.4	63
05	Boys	56	55	98.2	56	43	76.8	58	57	98.0	58	56	96.6	55	50	90.9	58
05	Girls	69	69	100.0	70	65	92.9	70	70	100.0	70	65	92.9	69	61	88.4	70
06	Boys	83	81	97.6	81	61	75.3	83	83	100.0	83	77	92.8	81	71	87.7	83
06	Girls	61	60	98.4	62	62	100.0	62	62	100.0	62	58	93.5	62	52	83.9	62
Totals		391	385	98.5	392	339	86.5	396	394	99.5	396	366	92.4	389	336	86.4	396

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Providence Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	58	95.1	62	38	61.3	64	48	75.0	62	60	96.8	62	54	87.1	65
04	Girls	56	52	92.9	56	56	100.0	56	53	95.0	55	54	98.2	56	49	87.5	56
05	Boys	54	49	90.7	56	43	76.8	56	45	80.0	55	55	100.0	55	44	80.0	56
05	Girls	60	57	95.0	61	57	93.4	61	56	92.0	61	59	96.7	61	51	83.6	61
06	Boys	71	67	94.4	71	52	73.2	71	66	93.0	71	69	97.2	71	59	83.1	73
06	Girls	62	61	98.4	62	61	98.4	62	61	98.0	62	60	96.8	61	57	93.4	64
Totals		364	344	94.5	368	307	83.4	370	329	88.9	366	357	97.5	366	314	85.8	375

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	2	2	100.0	1	0	0.0	2	2	100.0	1	1	100.0	2	1	50.0	18
09	Girls	1	1	100.0	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	3
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	8
11	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		4	4	100.0	3	0	0.0	4	3	75.0	3	3	100.0	4	2	50.0	39

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	29	70.7	41	32	78.0	41	40	98.0	41	38	92.7	41	36	87.8	41
04	Girls	34	20	58.8	35	35	100.0	35	35	100.0	35	33	94.3	35	27	77.1	35
05	Boys	34	27	79.4	33	21	63.6	34	33	97.0	34	32	94.1	34	24	70.6	34
05	Girls	41	31	75.6	41	36	87.8	41	41	100.0	41	40	97.6	41	26	63.4	41
06	Boys	35	27	77.1	35	18	51.4	35	35	100.0	35	32	91.4	35	20	57.1	35
06	Girls	26	23	88.5	26	26	100.0	26	26	100.0	26	26	100.0	26	19	73.1	26
Totals		211	157	74.4	211	168	79.6	212	210	99.1	212	201	94.8	212	152	71.7	212

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Riverside Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	56	94.9	60	42	70.0	60	59	98.0	60	60	100.0	57	50	87.7	60
04	Girls	52	49	94.2	52	51	98.1	52	52	100.0	52	52	100.0	52	42	80.8	52
05	Boys	47	39	83.0	47	33	70.2	47	46	98.0	47	47	100.0	47	39	83.0	48
05	Girls	50	43	86.0	50	44	88.0	50	49	98.0	50	49	98.0	50	46	92.0	50
06	Boys	42	33	78.6	40	27	67.5	42	38	91.0	42	42	100.0	42	34	81.0	42
06	Girls	39	28	71.8	39	30	76.9	39	37	95.0	39	39	100.0	39	31	79.5	39
Totals		289	248	85.8	288	227	78.8	290	281	96.9	290	289	99.7	287	242	84.3	291

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Robinson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	347	340	98.0	348	271	77.9	349	332	95.0	348	339	97.4	347	310	89.3	349
09	Girls	329	324	98.5	330	274	83.0	332	321	97.0	331	327	98.8	328	307	93.6	334
10	Boys	320	307	95.9	318	169	53.1	304	296	97.0	218	195	89.4	318	249	78.3	324
10	Girls	304	291	95.7	300	212	70.7	299	294	98.0	204	186	91.2	304	272	89.5	307
11	Boys	8	8	100.0	12	4	33.3	13	13	100.0	11	11	100.0	9	8	88.9	13
11	Girls	8	8	100.0	10	4	40.0	12	10	83.0	9	8	88.9	8	8	100.0	12
12	Boys	0	0	0.0	2	0	0.0	2	0	0.0	2	0	0.0	0	0	0.0	3
12	Girls	2	2	100.0	4	0	0.0	6	5	83.0	5	5	100.0	2	2	100.0	6
Totals		1,318	1,280	97.1	1,324	934	70.5	1,317	1,271	96.5	1,128	1,071	94.9	1,316	1,156	87.8	1,348

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Robinson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	287	285	99.3	289	231	79.9	291	290	100.0	290	277	95.5	287	239	83.3	291
07	Girls	262	256	97.7	264	247	93.6	264	263	100.0	263	257	97.7	262	220	84.0	264
08	Boys	334	318	95.2	337	251	74.5	339	331	98.0	337	333	98.8	334	271	81.1	339
08	Girls	311	294	94.5	314	283	90.1	316	314	99.0	314	311	99.0	313	283	90.4	317
Totals		1,194	1,153	96.6	1,204	1,012	84.1	1,210	1,198	99.0	1,204	1,178	97.8	1,196	1,013	84.7	1,211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Rocky Run MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	273	270	98.9	273	175	64.1	277	273	99.0	277	255	92.1	271	195	72.0	277
07	Girls	287	277	96.5	287	259	90.2	288	287	100.0	287	275	95.8	286	214	74.8	288
08	Boys	283	280	98.9	283	219	77.4	284	283	100.0	282	253	89.7	283	235	83.0	284
08	Girls	236	234	99.2	236	215	91.1	238	238	100.0	236	217	91.9	236	208	88.1	238
Totals		1,079	1,061	98.3	1,079	868	80.4	1,087	1,081	99.4	1,082	1,000	92.4	1,076	852	79.2	1,087

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	25	64.1	40	39	98.0	40	36	90.0	39	32	82.1	40
04	Girls	45	45	100.0	45	45	100.0	49	47	96.0	49	45	91.8	45	27	60.0	49
05	Boys	33	24	72.7	33	25	75.8	37	35	95.0	37	32	86.5	32	22	68.8	37
05	Girls	40	36	90.0	40	40	100.0	41	40	98.0	41	40	97.6	40	25	62.5	41
06	Boys	31	28	90.3	33	25	75.8	36	34	94.0	36	33	91.7	31	20	64.5	36
06	Girls	36	34	94.4	36	36	100.0	38	38	100.0	38	37	97.4	36	24	66.7	38
Totals		224	206	92.0	226	196	86.7	241	233	96.7	241	223	92.5	223	150	67.3	241

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Rose Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	33	91.7	36	25	69.4	36	27	75.0	36	36	100.0	36	34	94.4	36
04	Girls	58	52	89.7	58	58	100.0	58	53	91.0	58	58	100.0	58	51	87.9	58
05	Boys	47	42	89.4	47	25	53.2	48	41	85.0	48	48	100.0	48	44	91.7	48
05	Girls	44	40	90.9	44	42	95.5	44	43	98.0	44	44	100.0	44	43	97.7	44
06	Boys	36	31	86.1	36	20	55.6	36	36	100.0	36	35	97.2	36	31	86.1	36
06	Girls	47	43	91.5	47	43	91.5	47	46	98.0	47	47	100.0	47	44	93.6	47
Totals		268	241	89.9	268	213	79.5	269	246	91.4	269	268	99.6	269	247	91.8	269

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Sandburg MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	329	312	94.8	321	219	68.2	329	300	91.0	329	311	94.5	320	264	82.5	330
07	Girls	303	290	95.7	300	244	81.3	303	283	93.0	303	290	95.7	297	246	82.8	303
08	Boys	317	301	95.0	299	154	51.5	318	293	92.0	316	285	90.2	313	260	83.1	322
08	Girls	320	294	91.9	302	151	50.0	325	309	95.0	321	296	92.2	321	266	82.9	331
Totals		1,269	1,197	94.3	1,222	768	62.8	1,275	1,185	92.9	1,269	1,182	93.1	1,251	1,036	82.8	1,286

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Sangster Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	75	93.8	81	56	69.1	84	78	93.0	84	72	85.7	81	73	90.1	84
04	Girls	84	82	97.6	84	84	100.0	84	83	99.0	84	79	94.0	84	72	85.7	84
05	Boys	77	74	96.1	78	69	88.5	78	75	96.0	78	75	96.2	77	74	96.1	78
05	Girls	64	63	98.4	64	64	100.0	64	64	100.0	64	63	98.4	64	61	95.3	64
06	Boys	98	96	98.0	99	81	81.8	99	97	98.0	99	99	100.0	99	94	94.9	99
06	Girls	74	69	93.2	75	73	97.3	75	74	99.0	75	75	100.0	75	66	88.0	75
Totals		477	459	96.2	481	427	88.8	484	471	97.3	484	463	95.7	480	440	91.7	484

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	36	73.5	49	37	75.5	49	45	92.0	49	49	100.0	49	44	89.8	51
04	Girls	51	32	62.7	52	50	96.2	52	50	96.0	52	51	98.1	51	43	84.3	52
05	Boys	52	41	78.8	52	33	63.5	53	50	94.0	52	51	98.1	52	46	88.5	53
05	Girls	39	25	64.1	39	36	92.3	39	35	90.0	39	38	97.4	39	32	82.1	39
06	Boys	57	49	86.0	57	37	64.9	57	55	97.0	57	57	100.0	57	50	87.7	57
06	Girls	52	41	78.8	52	48	92.3	52	52	100.0	52	52	100.0	52	43	82.7	52
Totals		300	224	74.7	301	241	80.1	302	287	95.0	301	298	99.0	300	258	86.0	304

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Sherman Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	21	95.5	22	22	100.0	22	22	100.0	22	22	100.0	22	12	54.5	22
04	Girls	20	20	100.0	19	19	100.0	20	20	100.0	20	20	100.0	19	8	42.1	20
05	Boys	30	30	100.0	30	30	100.0	30	30	100.0	30	30	100.0	30	9	30.0	30
05	Girls	31	31	100.0	31	31	100.0	31	31	100.0	31	31	100.0	31	11	35.5	31
06	Boys	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	23	71.9	32
06	Girls	16	16	100.0	16	16	100.0	16	16	100.0	16	16	100.0	16	13	81.3	16
Totals		151	150	99.3	150	150	100.0	151	151	100.0	151	151	100.0	150	76	50.7	151

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Shrevewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	44	97.8	46	34	73.9	46	45	98.0	46	44	95.7	43	38	88.4	46
04	Girls	38	38	100.0	38	38	100.0	38	37	97.0	38	38	100.0	38	36	94.7	39
05	Boys	42	40	95.2	41	29	70.7	42	40	95.0	42	41	97.6	41	37	90.2	43
05	Girls	44	44	100.0	43	43	100.0	44	43	98.0	43	42	97.7	43	42	97.7	45
06	Boys	37	35	94.6	37	26	70.3	38	33	87.0	37	36	97.3	36	28	77.8	38
06	Girls	26	26	100.0	26	26	100.0	26	26	100.0	26	26	100.0	26	24	92.3	26
Totals		232	227	97.8	231	196	84.8	234	224	95.7	232	227	97.8	227	205	90.3	237

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	43	79.6	54	31	57.4	54	50	93.0	54	41	75.9	54	48	88.9	54
04	Girls	67	55	82.1	67	64	95.5	67	66	99.0	67	61	91.0	67	56	83.6	67
05	Boys	47	46	97.9	47	43	91.5	47	45	96.0	47	26	55.3	47	43	91.5	47
05	Girls	67	56	83.6	67	62	92.5	68	67	99.0	67	52	77.6	67	57	85.1	68
06	Boys	53	52	98.1	53	37	69.8	53	52	98.0	53	41	77.4	53	49	92.5	53
06	Girls	64	62	96.9	64	63	98.4	64	64	100.0	64	58	90.6	64	58	90.6	64
Totals		352	314	89.2	352	300	85.2	353	344	97.5	352	279	79.3	352	311	88.4	353

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	34	89.5	40	25	62.5	38	36	95.0	40	28	70.0	38	33	86.8	40
04	Girls	28	28	100.0	28	28	100.0	28	28	100.0	28	23	82.1	28	25	89.3	28
05	Boys	29	27	93.1	29	23	79.3	29	27	93.0	29	29	100.0	29	24	82.8	32
05	Girls	28	25	89.3	28	25	89.3	28	27	96.0	28	28	100.0	27	23	85.2	28
Totals		123	114	92.7	125	101	80.8	123	118	95.9	125	108	86.4	122	105	86.1	128

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
South County HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	276	270	97.8	275	196	71.3	276	273	99.0	275	265	96.4	275	242	88.0	276
09	Girls	259	258	99.6	259	210	81.1	259	258	100.0	258	254	98.4	259	242	93.4	259
10	Boys	262	260	99.2	261	143	54.8	262	261	100.0	262	262	100.0	262	204	77.9	262
10	Girls	249	239	96.0	251	181	72.1	250	249	100.0	250	247	98.8	249	228	91.6	252
11	Boys	10	10	100.0	10	3	30.0	10	10	100.0	10	10	100.0	9	6	66.7	10
11	Girls	8	7	87.5	8	0	0.0	9	9	100.0	9	9	100.0	8	5	62.5	9
12	Boys	3	3	100.0	3	0	0.0	4	3	75.0	4	4	100.0	3	1	33.3	4
Totals		1,067	1,047	98.1	1,067	733	68.7	1,070	1,063	99.3	1,068	1,051	98.4	1,065	928	87.1	1,072

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
South County MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	253	245	96.8	253	198	78.3	253	248	98.0	253	226	89.3	253	226	89.3	257
07	Girls	281	272	96.8	281	265	94.3	281	278	99.0	280	267	95.4	281	269	95.7	284
08	Boys	293	288	98.3	293	248	84.6	294	281	96.0	293	252	86.0	292	258	88.4	298
08	Girls	264	257	97.3	262	245	93.5	265	254	96.0	265	241	90.9	264	240	90.9	270
Totals		1,091	1,062	97.3	1,089	956	87.8	1,093	1,061	97.1	1,091	986	90.4	1,090	993	91.1	1,109

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
South Lakes HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	298	292	98.0	299	243	81.3	305	305	100.0	300	295	98.3	299	276	92.3	315
09	Girls	307	299	97.4	300	262	87.3	314	313	100.0	312	312	100.0	308	293	95.1	318
10	Boys	261	257	98.5	262	187	71.4	273	268	98.0	265	258	97.4	264	221	83.7	283
10	Girls	245	235	95.9	234	202	86.3	266	261	98.0	257	255	99.2	242	218	90.1	277
11	Boys	7	6	85.7	5	3	60.0	7	7	100.0	7	7	100.0	5	5	100.0	9
11	Girls	12	12	100.0	10	4	40.0	12	11	92.0	12	12	100.0	11	11	100.0	12
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	5
12	Girls	0	0	0.0	0	0	0.0	2	1	50.0	0	0	0.0	0	0	0.0	6
Totals		1,131	1,102	97.4	1,111	901	81.1	1,180	1,167	98.9	1,154	1,140	98.8	1,130	1,025	90.7	1,225

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	48	68.6	69	52	75.4	70	67	96.0	70	56	80.0	69	52	75.4	70
04	Girls	55	35	63.6	55	55	100.0	55	54	98.0	54	44	81.5	55	31	56.4	55
05	Boys	84	52	61.9	84	73	86.9	84	83	99.0	84	54	64.3	83	56	67.5	84
05	Girls	91	46	50.5	91	87	95.6	91	91	100.0	91	68	74.7	91	66	72.5	91
06	Boys	63	42	66.7	63	57	90.5	64	62	97.0	64	45	70.3	64	52	81.3	65
06	Girls	78	55	70.5	78	78	100.0	78	77	99.0	78	68	87.2	78	54	69.2	78
Totals		441	278	63.0	440	402	91.4	442	434	98.2	441	335	76.0	440	311	70.7	443

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	70	86.4	81	66	81.5	81	75	93.0	81	78	96.3	81	62	76.5	81
04	Girls	78	69	88.5	78	78	100.0	78	77	99.0	78	72	92.3	78	56	71.8	78
05	Boys	74	70	94.6	74	67	90.5	74	73	99.0	74	64	86.5	74	63	85.1	74
05	Girls	65	57	87.7	65	65	100.0	65	64	99.0	65	64	98.5	65	57	87.7	65
06	Boys	57	54	94.7	57	50	87.7	57	56	98.0	57	54	94.7	57	49	86.0	57
06	Girls	75	67	89.3	75	75	100.0	75	72	96.0	75	74	98.7	75	52	69.3	75
Totals		430	387	90.0	430	401	93.3	430	417	97.0	430	406	94.4	430	339	78.8	430

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	24	19	79.2	24	16	66.7	24	24	100.0	24	24	100.0	24	23	95.8	24
04	Girls	38	33	86.8	38	38	100.0	38	38	100.0	38	35	92.1	38	35	92.1	38
05	Boys	43	38	88.4	43	30	69.8	43	43	100.0	43	42	97.7	43	42	97.7	43
05	Girls	26	22	84.6	26	23	88.5	26	26	100.0	26	26	100.0	26	23	88.5	26
06	Boys	31	30	96.8	31	23	74.2	31	31	100.0	31	31	100.0	31	28	90.3	31
06	Girls	46	41	89.1	45	44	97.8	46	46	100.0	46	46	100.0	46	40	87.0	46
Totals		208	183	88.0	207	174	84.1	208	208	100.0	208	204	98.1	208	191	91.8	208

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Stone MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	212	199	93.9	212	149	70.3	212	207	98.0	212	189	89.2	211	175	82.9	216
07	Girls	206	195	94.7	204	189	92.6	206	206	100.0	206	201	97.6	206	170	82.5	207
08	Boys	185	175	94.6	185	139	75.1	185	182	98.0	185	162	87.6	185	155	83.8	192
08	Girls	202	188	93.1	202	186	92.1	203	202	100.0	202	182	90.1	202	182	90.1	203
Totals		805	757	94.0	803	663	82.6	806	797	98.9	805	734	91.2	804	682	84.8	818

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	78	98.7	77	59	76.6	79	79	100.0	79	79	100.0	79	77	97.5	79
04	Girls	78	76	97.4	76	76	100.0	78	78	100.0	78	78	100.0	77	72	93.5	78
05	Boys	71	70	98.6	71	65	91.5	71	71	100.0	71	71	100.0	71	68	95.8	71
05	Girls	73	72	98.6	73	71	97.3	73	72	99.0	73	72	98.6	72	70	97.2	73
06	Boys	78	76	97.4	78	59	75.6	78	78	100.0	78	78	100.0	78	73	93.6	78
06	Girls	83	83	100.0	84	80	95.2	84	84	100.0	84	84	100.0	83	82	98.8	84
Totals		462	455	98.5	459	410	89.3	463	462	99.8	463	462	99.8	460	442	96.1	463

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Stuart HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	256	247	96.5	250	117	46.8	260	246	95.0	248	228	91.9	256	155	60.5	265
09	Girls	196	181	92.3	195	108	55.4	198	184	93.0	191	178	93.2	197	122	61.9	203
10	Boys	210	201	95.7	210	118	56.2	222	193	87.0	213	180	84.5	200	111	55.5	223
10	Girls	191	178	93.2	191	115	60.2	202	192	95.0	191	168	88.0	175	114	65.1	204
11	Boys	13	12	92.3	14	1	7.1	15	11	73.0	12	8	66.7	12	4	33.3	16
11	Girls	16	14	87.5	16	4	25.0	16	13	81.0	16	12	75.0	15	13	86.7	16
12	Boys	1	0	0.0	2	0	0.0	2	2	100.0	0	0	0.0	0	0	0.0	2
12	Girls	1	1	100.0	1	0	0.0	2	2	100.0	1	1	100.0	2	1	50.0	2
Totals		884	834	94.3	879	463	52.7	917	843	91.9	872	775	88.9	857	520	60.7	931

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	45	84.9	53	53	100.0	53	46	86.8	53	53	100.0	53
04	Girls	47	46	97.9	47	47	100.0	47	47	100.0	47	42	89.4	47	47	100.0	49
05	Boys	48	46	95.8	48	43	89.6	48	48	100.0	48	42	87.5	48	48	100.0	49
05	Girls	51	49	96.1	51	49	96.1	51	51	100.0	51	48	94.1	51	49	96.1	52
06	Boys	41	41	100.0	41	31	75.6	41	41	100.0	41	40	97.6	41	41	100.0	43
06	Girls	43	42	97.7	43	42	97.7	43	43	100.0	43	43	100.0	43	43	100.0	45
Totals		283	277	97.9	283	257	90.8	283	283	100.0	283	261	92.2	283	281	99.3	291

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	33	89.2	37	26	70.3	37	33	89.0	37	36	97.3	37	31	83.8	37
04	Girls	33	31	93.9	33	33	100.0	33	32	97.0	33	32	97.0	33	31	93.9	33
05	Boys	32	29	90.6	32	27	84.4	32	30	94.0	32	30	93.8	32	27	84.4	32
05	Girls	25	23	92.0	25	24	96.0	25	25	100.0	25	24	96.0	25	21	84.0	25
06	Boys	32	31	96.9	32	26	81.3	32	30	94.0	32	27	84.4	32	28	87.5	32
06	Girls	37	34	91.9	37	37	100.0	37	35	95.0	37	35	94.6	37	32	86.5	37
Totals		196	181	92.3	196	173	88.3	196	185	94.4	196	184	93.9	196	170	86.7	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Terraset Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	45	26	57.8	45	45	100.0	45	39	86.7	45	43	95.6	45
04	Girls	29	29	100.0	29	29	100.0	29	28	97.0	29	27	93.1	29	28	96.6	29
05	Boys	29	27	93.1	28	18	64.3	29	29	100.0	29	16	55.2	29	25	86.2	29
05	Girls	30	28	93.3	30	25	83.3	30	30	100.0	30	18	60.0	30	29	96.7	30
06	Boys	29	28	96.6	30	20	66.7	30	30	100.0	30	27	90.0	30	28	93.3	30
06	Girls	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20
Totals		182	177	97.3	182	138	75.8	183	182	99.5	183	147	80.3	183	173	94.5	183

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Thoreau MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	234	231	98.7	234	190	81.2	235	228	97.0	233	229	98.3	232	206	88.8	241
07	Girls	168	168	100.0	168	159	94.6	169	167	99.0	168	167	99.4	167	153	91.6	169
08	Boys	225	221	98.2	223	202	90.6	225	221	98.0	223	215	96.4	219	196	89.5	231
08	Girls	208	208	100.0	208	204	98.1	210	209	100.0	203	202	99.5	206	196	95.1	212
Totals		835	828	99.2	833	755	90.6	839	825	98.3	827	813	98.3	824	751	91.1	853

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	26	59.1	44	21	47.7	44	41	93.0	45	22	48.9	44	31	70.5	46
04	Girls	32	21	65.6	32	31	96.9	32	32	100.0	32	16	50.0	32	18	56.3	32
05	Boys	44	32	72.7	44	28	63.6	44	41	93.0	44	20	45.5	44	39	88.6	44
05	Girls	17	12	70.6	17	15	88.2	17	16	94.0	17	10	58.8	17	15	88.2	17
06	Boys	33	19	57.6	33	21	63.6	33	33	100.0	33	16	48.5	33	26	78.8	33
06	Girls	39	24	61.5	39	36	92.3	39	36	92.0	39	22	56.4	39	30	76.9	39
Totals		209	134	64.1	209	152	72.7	209	199	95.2	210	106	50.5	209	159	76.1	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Twain MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	211	207	98.1	216	168	77.8	217	209	96.0	211	137	64.9	213	180	84.5	217
07	Girls	226	224	99.1	224	203	90.6	226	222	98.0	225	161	71.6	225	200	88.9	227
08	Boys	218	209	95.9	220	170	77.3	221	210	95.0	216	190	88.0	215	179	83.3	222
08	Girls	219	209	95.4	220	190	86.4	221	218	99.0	217	196	90.3	215	182	84.7	222
Totals		874	849	97.1	880	731	83.1	885	859	97.1	869	684	78.7	868	741	85.4	888

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	42	100.0	42	37	88.1	44	42	96.0	44	42	95.5	42	40	95.2	44
04	Girls	51	50	98.0	51	51	100.0	51	49	96.0	51	51	100.0	51	49	96.1	51
05	Boys	76	73	96.1	76	64	84.2	78	76	97.0	78	78	100.0	76	72	94.7	78
05	Girls	82	74	90.2	82	75	91.5	83	78	94.0	84	83	98.8	82	75	91.5	84
06	Boys	61	60	98.4	61	51	83.6	61	58	95.0	61	61	100.0	61	56	91.8	61
06	Girls	54	52	96.3	55	53	96.4	55	54	98.0	55	55	100.0	54	50	92.6	55
Totals		366	351	95.9	367	331	90.2	372	357	96.0	373	370	99.2	366	342	93.4	373

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Vienna Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	29	93.5	31	27	87.1	31	31	100.0	31	24	77.4	31	31	100.0	32
04	Girls	19	16	84.2	19	19	100.0	19	19	100.0	19	19	100.0	19	19	100.0	20
05	Boys	27	24	88.9	26	25	96.2	27	26	96.0	27	25	92.6	27	26	96.3	27
05	Girls	27	26	96.3	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27
06	Boys	24	24	100.0	24	24	100.0	24	24	100.0	24	21	87.5	24	24	100.0	24
06	Girls	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20
Totals		148	139	93.9	147	142	96.6	148	147	99.3	148	136	91.9	148	147	99.3	150

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	55	100.0	55	50	90.9	55	55	100.0	55	55	100.0	55	52	94.5	55
04	Girls	69	68	98.6	68	68	100.0	70	70	100.0	69	69	100.0	70	68	97.1	70
05	Boys	45	44	97.8	45	45	100.0	47	47	100.0	46	45	97.8	44	44	100.0	47
05	Girls	60	60	100.0	60	60	100.0	61	60	98.0	61	61	100.0	60	56	93.3	61
06	Boys	50	49	98.0	50	43	86.0	51	49	96.0	51	50	98.0	51	49	96.1	51
06	Girls	64	64	100.0	65	65	100.0	65	65	100.0	64	63	98.4	65	64	98.5	65
Totals		343	340	99.1	343	331	96.5	349	346	99.1	346	343	99.1	345	333	96.5	349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	31	79.5	39	34	87.2	39	37	95.0	39	31	79.5	39	30	76.9	39
04	Girls	40	34	85.0	40	40	100.0	40	38	95.0	40	38	95.0	40	30	75.0	40
05	Boys	40	32	80.0	40	34	85.0	40	37	93.0	40	38	95.0	40	37	92.5	40
05	Girls	36	30	83.3	36	36	100.0	36	36	100.0	36	36	100.0	36	24	66.7	36
06	Boys	29	25	86.2	30	23	76.7	30	29	97.0	29	29	100.0	30	23	76.7	30
06	Girls	38	30	78.9	38	38	100.0	38	36	95.0	38	38	100.0	37	32	86.5	38
Totals		222	182	82.0	223	205	91.9	223	213	95.5	222	210	94.6	222	176	79.3	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	47	100.0	48	33	68.8	48	44	92.0	48	34	70.8	47	44	93.6	49
04	Girls	43	42	97.7	43	43	100.0	43	43	100.0	43	39	90.7	43	43	100.0	44
05	Boys	55	54	98.2	55	47	85.5	55	52	95.0	55	39	70.9	55	53	96.4	55
05	Girls	60	59	98.3	60	60	100.0	60	60	100.0	60	49	81.7	60	59	98.3	60
06	Boys	56	55	98.2	56	50	89.3	56	54	96.0	56	44	78.6	56	53	94.6	56
06	Girls	41	40	97.6	40	38	95.0	41	40	98.0	39	39	100.0	40	39	97.5	41
Totals		302	297	98.3	302	271	89.7	303	293	96.7	301	244	81.1	301	291	96.7	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	48	87.3	55	41	74.5	55	55	100.0	55	47	85.5	55	46	83.6	55
04	Girls	38	33	86.8	39	39	100.0	39	39	100.0	39	33	84.6	38	31	81.6	39
05	Boys	48	46	95.8	48	37	77.1	48	48	100.0	48	34	70.8	48	43	89.6	48
05	Girls	56	52	92.9	56	53	94.6	56	56	100.0	54	42	77.8	54	45	83.3	56
06	Boys	40	38	95.0	40	27	67.5	40	40	100.0	39	35	89.7	39	37	94.9	40
06	Girls	43	40	93.0	43	40	93.0	43	43	100.0	43	40	93.0	43	41	95.3	43
Totals		280	257	91.8	281	237	84.3	281	281	100.0	278	231	83.1	277	243	87.7	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Waynewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	60	100.0	60	58	96.7	60	46	77.0	60	58	96.7	60	60	100.0	60
04	Girls	48	48	100.0	48	48	100.0	48	46	96.0	48	47	97.9	48	48	100.0	48
05	Boys	39	39	100.0	39	37	94.9	39	38	97.0	39	38	97.4	39	38	97.4	39
05	Girls	43	43	100.0	43	41	95.3	43	43	100.0	43	42	97.7	43	42	97.7	43
06	Boys	48	48	100.0	49	46	93.9	49	42	86.0	49	49	100.0	48	45	93.8	49
06	Girls	48	48	100.0	48	48	100.0	48	48	100.0	48	48	100.0	48	48	100.0	48
Totals		286	286	100.0	287	278	96.9	287	263	91.6	287	282	98.3	286	281	98.3	287

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
West Potomac HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	307	285	92.8	305	165	54.1	309	289	94.0	309	280	90.6	304	194	63.8	340
09	Girls	263	248	94.3	262	173	66.0	271	250	92.0	264	245	92.8	262	219	83.6	284
10	Boys	193	186	96.4	223	131	58.7	210	186	89.0	220	193	87.7	210	182	86.7	283
10	Girls	190	181	95.3	210	130	61.9	203	189	93.0	203	191	94.1	203	184	90.6	264
11	Boys	12	12	100.0	14	5	35.7	14	11	79.0	14	13	92.9	14	10	71.4	19
11	Girls	19	18	94.7	18	4	22.2	22	21	96.0	22	20	90.9	20	17	85.0	32
12	Boys	5	4	80.0	5	2	40.0	5	3	60.0	6	4	66.7	5	3	60.0	11
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	5
Totals		991	936	94.5	1,039	610	58.7	1,036	951	91.8	1,040	948	91.2	1,020	811	79.5	1,238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	32	91.4	36	26	72.2	36	33	92.0	36	28	77.8	36	28	77.8	36
04	Girls	36	35	97.2	36	36	100.0	36	35	97.0	36	33	91.7	36	25	69.4	36
05	Boys	31	31	100.0	31	20	64.5	31	31	100.0	31	31	100.0	31	29	93.5	31
05	Girls	26	24	92.3	26	25	96.2	26	25	96.0	26	25	96.2	26	23	88.5	26
06	Boys	28	27	96.4	28	18	64.3	28	27	96.0	28	26	92.9	28	24	85.7	28
06	Girls	26	25	96.2	26	24	92.3	26	25	96.0	26	25	96.2	26	22	84.6	26
Totals		182	174	95.6	183	149	81.4	183	176	96.2	183	168	91.8	183	151	82.5	183

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
West Springfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	276	269	97.5	279	214	76.7	266	265	100.0	186	184	98.9	274	244	89.1	284
09	Girls	257	254	98.8	256	216	84.4	242	242	100.0	178	178	100.0	255	246	96.5	262
10	Boys	260	257	98.8	263	124	47.1	267	257	96.0	266	250	94.0	266	224	84.2	268
10	Girls	257	255	99.2	255	164	64.3	258	255	99.0	253	244	96.4	256	246	96.1	259
11	Boys	8	8	100.0	7	5	71.4	9	9	100.0	9	8	88.9	7	6	85.7	9
11	Girls	11	11	100.0	9	5	55.6	12	11	92.0	11	10	90.9	12	11	91.7	12
12	Boys	0	0	0.0	0	0	0.0	3	3	100.0	2	2	100.0	0	0	0.0	3
12	Girls	2	2	100.0	0	0	0.0	5	5	100.0	2	2	100.0	0	0	0.0	5
Totals		1,071	1,056	98.6	1,069	728	68.1	1,062	1,047	98.6	907	878	96.8	1,070	977	91.3	1,102

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	34	27	79.4	34	33	97.0	34	34	100.0	34	31	91.2	34
04	Girls	31	29	93.5	32	32	100.0	32	32	100.0	32	32	100.0	32	30	93.8	32
05	Boys	38	35	92.1	38	31	81.6	38	38	100.0	38	37	97.4	38	34	89.5	38
05	Girls	26	26	100.0	26	26	100.0	26	26	100.0	26	26	100.0	26	24	92.3	26
06	Boys	30	29	96.7	30	25	83.3	30	30	100.0	30	30	100.0	30	30	100.0	30
06	Girls	31	30	96.8	31	30	96.8	31	31	100.0	31	31	100.0	31	30	96.8	31
Totals		190	182	95.8	191	171	89.5	191	190	99.5	191	190	99.5	191	179	93.7	191

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Westfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	367	361	98.4	368	284	77.2	370	369	100.0	368	354	96.2	368	309	84.0	372
09	Girls	301	297	98.7	301	263	87.4	303	302	100.0	301	297	98.7	302	270	89.4	308
10	Boys	344	341	99.1	344	252	73.3	345	335	97.0	344	237	68.9	344	273	79.4	350
10	Girls	307	296	96.4	307	228	74.3	308	305	99.0	307	240	78.2	307	236	76.9	311
11	Boys	8	5	62.5	8	4	50.0	8	8	100.0	8	6	75.0	8	4	50.0	13
11	Girls	7	6	85.7	7	1	14.3	7	6	86.0	7	5	71.4	7	4	57.1	11
12	Boys	2	1	50.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	4
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
Totals		1,336	1,307	97.8	1,337	1,032	77.2	1,343	1,327	98.8	1,337	1,141	85.3	1,338	1,097	82.0	1,374

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Westgate Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	33	82.5	40	40	100.0	40	33	83.0	40	39	97.5	40	30	75.0	41
04	Girls	39	31	79.5	39	39	100.0	39	34	87.0	39	38	97.4	39	19	48.7	39
05	Boys	35	29	82.9	35	31	88.6	35	28	80.0	35	33	94.3	35	21	60.0	35
05	Girls	27	25	92.6	27	27	100.0	27	26	96.0	27	27	100.0	27	18	66.7	27
06	Boys	36	28	77.8	36	30	83.3	36	28	78.0	36	36	100.0	36	23	63.9	36
06	Girls	32	27	84.4	32	31	96.9	32	29	91.0	32	32	100.0	32	21	65.6	32
Totals		209	173	82.8	209	198	94.7	209	178	85.2	209	205	98.1	209	132	63.2	210

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	38	76.0	50	17	34.0	50	47	94.0	50	46	92.0	50	32	64.0	50
04	Girls	53	38	71.7	54	53	98.1	54	54	100.0	53	46	86.8	53	31	58.5	54
05	Boys	53	41	77.4	53	33	62.3	53	46	87.0	53	45	84.9	53	39	73.6	53
05	Girls	41	35	85.4	41	36	87.8	41	38	93.0	41	36	87.8	41	28	68.3	41
06	Boys	47	36	76.6	47	30	63.8	47	46	98.0	47	45	95.7	47	37	78.7	47
06	Girls	43	31	72.1	43	33	76.7	43	42	98.0	43	40	93.0	43	26	60.5	43
Totals		287	219	76.3	288	202	70.1	288	273	94.8	287	258	89.9	287	193	67.2	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Weyanoke Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	43	91.5	46	35	76.1	47	46	98.0	47	47	100.0	47	41	87.2	47
04	Girls	30	24	80.0	30	30	100.0	30	30	100.0	30	30	100.0	30	22	73.3	30
05	Boys	38	31	81.6	38	27	71.1	38	38	100.0	38	36	94.7	38	30	78.9	38
05	Girls	33	27	81.8	33	33	100.0	33	33	100.0	33	33	100.0	33	21	63.6	33
Totals		148	125	84.5	147	125	85.0	148	147	99.3	148	146	98.6	148	114	77.0	148

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	94	86	91.5	94	69	73.4	94	92	98.0	93	66	71.0	94	90	95.7	94
04	Girls	75	74	98.7	75	75	100.0	75	74	99.0	75	55	73.3	75	70	93.3	75
05	Boys	84	80	95.2	84	72	85.7	84	82	98.0	84	69	82.1	84	78	92.9	84
05	Girls	59	59	100.0	59	58	98.3	59	59	100.0	59	52	88.1	58	54	93.1	59
06	Boys	70	67	95.7	69	59	85.5	70	66	94.0	70	55	78.6	70	55	78.6	70
06	Girls	60	58	96.7	60	60	100.0	60	60	100.0	60	55	91.7	60	52	86.7	60
Totals		442	424	95.9	441	393	89.1	442	433	98.0	441	352	79.8	441	399	90.5	442

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Whitman MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	244	232	95.1	245	119	48.6	247	223	90.0	248	243	98.0	246	226	91.9	248
07	Girls	252	237	94.0	244	159	65.2	251	243	97.0	253	249	98.4	252	242	96.0	254
08	Boys	246	238	96.7	247	102	41.3	247	239	97.0	246	241	98.0	245	209	85.3	247
08	Girls	225	222	98.7	224	99	44.2	225	220	98.0	224	222	99.1	224	202	90.2	226
Totals		967	929	96.1	960	479	49.9	970	925	95.4	971	955	98.4	967	879	90.9	975

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	83	100.0	83	77	92.8	83	83	100.0	84	84	100.0	83	83	100.0	85
04	Girls	93	93	100.0	93	93	100.0	93	93	100.0	93	93	100.0	93	91	97.8	94
05	Boys	102	101	99.0	102	96	94.1	104	103	99.0	103	101	98.1	101	98	97.0	105
05	Girls	90	90	100.0	90	90	100.0	92	92	100.0	91	91	100.0	89	88	98.9	92
06	Boys	82	82	100.0	84	79	94.0	83	83	100.0	83	83	100.0	82	80	97.6	85
06	Girls	74	73	98.6	74	72	97.3	74	73	99.0	73	73	100.0	74	71	95.9	74
Totals		524	522	99.6	526	507	96.4	529	527	99.6	527	525	99.6	522	511	97.9	535

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	40	100.0	40	39	97.5	40	40	100.0	40	40	100.0	40	39	97.5	40
04	Girls	40	39	97.5	40	40	100.0	40	40	100.0	40	40	100.0	40	36	90.0	40
05	Boys	47	47	100.0	47	43	91.5	47	47	100.0	47	46	97.9	47	46	97.9	47
05	Girls	44	42	95.5	44	44	100.0	44	44	100.0	44	43	97.7	44	42	95.5	44
06	Boys	42	41	97.6	43	40	93.0	43	43	100.0	42	40	95.2	43	40	93.0	43
06	Girls	35	33	94.3	35	35	100.0	35	35	100.0	35	35	100.0	35	33	94.3	35
Totals		248	242	97.6	249	241	96.8	249	249	100.0	248	244	98.4	249	236	94.8	249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Woodburn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	31	93.9	33	17	51.5	33	33	100.0	33	33	100.0	33	27	81.8	33
04	Girls	33	33	100.0	33	33	100.0	33	33	100.0	33	32	97.0	33	30	90.9	33
05	Boys	29	28	96.6	29	19	65.5	29	29	100.0	29	27	93.1	29	20	69.0	29
05	Girls	28	28	100.0	28	27	96.4	28	28	100.0	28	26	92.9	28	19	67.9	28
06	Boys	28	25	89.3	28	19	67.9	28	28	100.0	28	24	85.7	28	22	78.6	28
06	Girls	23	20	87.0	23	21	91.3	23	23	100.0	23	19	82.6	23	16	69.6	23
Totals		174	165	94.8	174	136	78.2	174	174	100.0	174	161	92.5	174	134	77.0	174

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	44	88.0	50	33	66.0	50	45	90.0	50	41	82.0	50	46	92.0	52
04	Girls	46	33	71.7	46	46	100.0	47	45	96.0	47	38	80.9	47	46	97.9	47
05	Boys	51	33	64.7	52	41	78.8	51	48	94.0	52	46	88.5	51	46	90.2	54
05	Girls	45	34	75.6	45	42	93.3	45	42	93.0	45	36	80.0	45	39	86.7	45
06	Boys	65	46	70.8	65	34	52.3	65	64	99.0	64	56	87.5	65	51	78.5	65
06	Girls	44	30	68.2	44	41	93.2	44	42	96.0	44	36	81.8	44	40	90.9	44
Totals		301	220	73.1	302	237	78.5	302	286	94.7	302	253	83.8	302	268	88.7	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	45	27	60.0	45	42	93.0	45	45	100.0	44	37	84.1	45
04	Girls	38	36	94.7	38	38	100.0	38	37	97.0	38	38	100.0	38	27	71.1	38
05	Boys	44	43	97.7	44	37	84.1	44	44	100.0	44	43	97.7	44	41	93.2	44
05	Girls	43	41	95.3	42	41	97.6	43	43	100.0	42	42	100.0	42	33	78.6	43
06	Boys	43	42	97.7	43	35	81.4	44	43	98.0	43	43	100.0	43	33	76.7	44
06	Girls	49	49	100.0	49	47	95.9	49	49	100.0	49	49	100.0	49	32	65.3	49
Totals		262	256	97.7	261	225	86.2	263	258	98.1	261	260	99.6	260	203	78.1	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2013-2014
Woodson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	257	253	98.4	259	185	71.4	259	251	97.0	239	214	89.5	257	217	84.4	261
09	Girls	267	263	98.5	269	206	76.6	271	268	99.0	249	240	96.4	268	248	92.5	275
10	Boys	288	284	98.6	287	180	62.7	287	277	97.0	282	226	80.1	288	252	87.5	296
10	Girls	294	293	99.7	291	194	66.7	293	287	98.0	284	251	88.4	293	278	94.9	296
11	Boys	4	4	100.0	4	1	25.0	5	5	100.0	3	1	33.3	4	3	75.0	6
11	Girls	3	3	100.0	3	1	33.3	3	3	100.0	3	3	100.0	3	2	66.7	7
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	3
Totals		1,115	1,102	98.8	1,115	767	68.8	1,120	1,093	97.6	1,062	937	88.2	1,115	1,002	89.9	1,145