

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
ALC at Bryant**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
10	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
ALC at Burke**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
05	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
05	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1	0	0.0	1
06	Boys	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	1
06	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		2	0	0.0	2	0	0.0	2	2	100.0	2	0	0.0	2	1	50.0	11

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
ALC at Cameron**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	2	2	100.0	1	1	100.0	2	2	100.0	2	1	50.0	2	1	50.0	2
Totals		2	2	100.0	1	1	100.0	2	2	100.0	2	1	50.0	2	1	50.0	2

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	9	8	88.9	9	7	77.8	9	8	89.0	8	7	87.5	9	6	66.7	12
07	Girls	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	2	2	100.0	4
08	Boys	16	14	87.5	18	11	61.1	17	12	71.0	15	8	53.3	16	11	68.8	21
08	Girls	3	3	100.0	2	2	100.0	3	3	100.0	3	2	66.7	3	1	33.3	7
Totals		30	27	90.0	31	22	71.0	31	25	80.6	28	19	67.9	30	20	66.7	44

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	4	80.0	5	3	60.0	6	6	100.0	5	5	100.0	6	4	66.7	14
09	Girls	2	2	100.0	1	0	0.0	3	3	100.0	2	2	100.0	2	1	50.0	7
10	Boys	4	4	100.0	4	1	25.0	5	5	100.0	5	4	80.0	4	4	100.0	10
10	Girls	3	3	100.0	3	1	33.3	3	3	100.0	3	3	100.0	3	3	100.0	5
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		14	13	92.9	13	5	38.5	17	17	100.0	15	14	93.3	15	12	80.0	37

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	63	100.0	63	57	90.5	63	60	95.0	63	49	77.8	63	61	96.8	63
04	Girls	56	56	100.0	56	56	100.0	56	53	95.0	56	49	87.5	56	54	96.4	56
05	Boys	46	46	100.0	46	45	97.8	46	43	94.0	46	36	78.3	46	45	97.8	46
05	Girls	56	56	100.0	55	54	98.2	56	56	100.0	56	54	96.4	55	55	100.0	56
06	Boys	35	35	100.0	35	32	91.4	35	33	94.0	35	35	100.0	35	35	100.0	35
06	Girls	37	37	100.0	37	36	97.3	37	35	95.0	37	37	100.0	37	36	97.3	37
Totals		293	293	100.0	292	280	95.9	293	280	95.6	293	260	88.7	292	286	97.9	293

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Annandale HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	269	268	99.6	268	216	80.6	284	278	98.0	275	264	96.0	271	215	79.3	310
09	Girls	200	194	97.0	195	158	81.0	206	204	99.0	200	198	99.0	198	177	89.4	231
10	Boys	240	240	100.0	240	165	68.8	243	239	98.0	238	203	85.3	239	203	84.9	247
10	Girls	218	218	100.0	219	170	77.6	227	227	100.0	222	207	93.2	223	212	95.1	229
11	Boys	20	20	100.0	17	11	64.7	24	21	88.0	24	18	75.0	20	16	80.0	25
11	Girls	16	16	100.0	15	7	46.7	18	15	83.0	17	13	76.5	16	15	93.8	18
12	Boys	1	1	100.0	1	0	0.0	10	5	50.0	10	7	70.0	1	1	100.0	11
12	Girls	2	2	100.0	2	0	0.0	7	5	71.0	7	5	71.4	2	2	100.0	8
Totals		966	959	99.3	957	727	76.0	1,019	994	97.5	993	915	92.1	970	841	86.7	1,079

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	45	86.5	52	31	59.6	52	51	98.0	52	52	100.0	52	49	94.2	52
04	Girls	45	40	88.9	45	43	95.6	45	45	100.0	45	42	93.3	45	39	86.7	45
05	Boys	62	47	75.8	62	33	53.2	62	59	95.0	62	53	85.5	62	58	93.5	62
05	Girls	58	47	81.0	57	48	84.2	58	57	98.0	58	52	89.7	58	52	89.7	58
Totals		217	179	82.5	216	155	71.8	217	212	97.7	217	199	91.7	217	198	91.2	217



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Archer Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	70	97.2	72	55	76.4	72	62	86.0	72	67	93.1	72	67	93.1	72
04	Girls	52	52	100.0	52	52	100.0	52	51	98.0	52	51	98.1	52	49	94.2	52
05	Boys	67	66	98.5	67	56	83.6	67	59	88.0	67	64	95.5	67	62	92.5	67
05	Girls	66	64	97.0	66	64	97.0	66	62	94.0	66	64	97.0	66	59	89.4	66
06	Boys	79	77	97.5	79	62	78.5	79	75	95.0	79	79	100.0	79	68	86.1	79
06	Girls	70	69	98.6	70	68	97.1	70	67	96.0	70	70	100.0	70	63	90.0	70
Totals		406	398	98.0	406	357	87.9	406	376	92.6	406	395	97.3	406	368	90.6	406

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	33	100.0	34	31	91.2	33	31	94.0	33	33	100.0	33	31	93.9	39
04	Girls	27	23	85.2	27	27	100.0	27	27	100.0	26	26	100.0	26	26	100.0	28
05	Boys	31	27	87.1	32	27	84.4	31	29	94.0	30	30	100.0	31	27	87.1	35
05	Girls	31	27	87.1	32	32	100.0	32	31	97.0	32	32	100.0	32	29	90.6	32
06	Boys	30	27	90.0	30	23	76.7	31	28	90.0	31	31	100.0	31	23	74.2	31
06	Girls	21	16	76.2	21	19	90.5	21	20	95.0	21	21	100.0	21	17	81.0	21
Totals		173	153	88.4	176	159	90.3	175	166	94.9	173	173	100.0	174	153	87.9	186

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Baileys Upper Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	93	86	92.5	93	61	65.6	93	89	96.0	93	88	94.6	93	81	87.1	93
04	Girls	96	72	75.0	96	95	99.0	96	94	98.0	96	91	94.8	96	68	70.8	96
05	Boys	86	81	94.2	86	65	75.6	86	80	93.0	86	83	96.5	86	75	87.2	88
05	Girls	73	62	84.9	73	67	91.8	73	72	99.0	72	67	93.1	73	58	79.5	74
Totals		348	301	86.5	348	288	82.8	348	335	96.3	347	329	94.8	348	282	81.0	351

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Beech Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	33	91.7	36	16	44.4	36	28	78.0	36	35	97.2	36	36	100.0	36
04	Girls	29	27	93.1	29	28	96.6	29	26	90.0	29	29	100.0	28	28	100.0	29
05	Boys	16	10	62.5	16	5	31.3	16	16	100.0	16	16	100.0	16	15	93.8	16
05	Girls	34	28	82.4	34	27	79.4	34	34	100.0	34	34	100.0	34	28	82.4	34
Totals		115	98	85.2	115	76	66.1	115	104	90.4	115	114	99.1	114	107	93.9	115

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Belle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	29	80.6	34	24	70.6	33	29	88.0	37	32	86.5	36	26	72.2	37
04	Girls	44	44	100.0	44	44	100.0	44	42	96.0	44	44	100.0	44	44	100.0	44
05	Boys	34	33	97.1	34	33	97.1	33	32	97.0	36	33	91.7	34	31	91.2	41
05	Girls	20	16	80.0	18	16	88.9	18	16	89.0	21	17	81.0	20	13	65.0	22
06	Boys	31	28	90.3	31	26	83.9	30	28	93.0	31	30	96.8	30	26	86.7	31
06	Girls	42	39	92.9	42	39	92.9	42	39	93.0	43	42	97.7	43	36	83.7	44
Totals		207	189	91.3	203	182	89.7	200	186	93.0	212	198	93.4	207	176	85.0	219

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	59	92.2	65	41	63.1	67	67	100.0	58	58	100.0	64	40	62.5	67
04	Girls	54	49	90.7	54	52	96.3	57	57	100.0	45	42	93.3	53	21	39.6	58
05	Boys	62	52	83.9	66	48	72.7	67	67	100.0	66	66	100.0	66	51	77.3	67
05	Girls	54	48	88.9	54	52	96.3	56	56	100.0	56	52	92.9	56	35	62.5	56
Totals		234	208	88.9	239	193	80.8	247	247	100.0	225	218	96.9	239	147	61.5	248

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	44	84.6	52	26	50.0	52	49	94.0	52	36	69.2	52	24	46.2	52
04	Girls	44	38	86.4	44	44	100.0	44	42	96.0	44	22	50.0	44	16	36.4	44
05	Boys	45	30	66.7	45	37	82.2	45	39	87.0	45	20	44.4	45	23	51.1	45
05	Girls	52	29	55.8	52	49	94.2	52	49	94.0	52	38	73.1	52	18	34.6	52
06	Boys	49	33	67.3	49	30	61.2	49	49	100.0	49	30	61.2	49	31	63.3	49
06	Girls	59	27	45.8	59	49	83.1	59	58	98.0	59	35	59.3	59	31	52.5	59
Totals		301	201	66.8	301	235	78.1	301	286	95.0	301	181	60.1	301	143	47.5	301

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Braddock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	52	96.3	54	35	64.8	54	50	93.0	54	39	72.2	55	47	85.5	55
04	Girls	67	66	98.5	67	66	98.5	67	59	88.0	67	48	71.6	67	50	74.6	67
05	Boys	63	63	100.0	63	47	74.6	63	43	68.0	63	41	65.1	63	51	81.0	63
05	Girls	62	59	95.2	62	58	93.5	62	41	66.0	62	36	58.1	62	42	67.7	62
Totals		246	240	97.6	246	206	83.7	246	193	78.5	246	164	66.7	247	190	76.9	247



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Bren Mar Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	27	62.8	43	23	53.5	44	44	100.0	43	36	83.7	43	26	60.5	45
04	Girls	36	28	77.8	36	36	100.0	37	36	97.0	36	24	66.7	36	25	69.4	37
05	Boys	50	39	78.0	50	35	70.0	53	52	98.0	50	42	84.0	50	38	76.0	53
05	Girls	30	14	46.7	31	27	87.1	32	31	97.0	31	23	74.2	30	17	56.7	34
Totals		159	108	67.9	160	121	75.6	166	163	98.2	160	125	78.1	159	106	66.7	169

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	51	98.1	52	25	48.1	52	47	90.0	52	44	84.6	50	41	82.0	52
04	Girls	51	47	92.2	51	51	100.0	50	49	98.0	50	47	94.0	50	39	78.0	51
05	Boys	63	55	87.3	63	37	58.7	63	60	95.0	63	57	90.5	63	54	85.7	63
05	Girls	46	37	80.4	46	43	93.5	46	46	100.0	46	43	93.5	46	40	87.0	46
06	Boys	41	39	95.1	41	31	75.6	41	37	90.0	41	37	90.2	41	40	97.6	41
06	Girls	55	41	74.5	56	49	87.5	56	56	100.0	55	51	92.7	55	49	89.1	56
Totals		308	270	87.7	309	236	76.4	308	295	95.8	307	279	90.9	305	263	86.2	309

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	2	1	50.0	2	0	0.0	3	3	100.0	1	0	0.0	2	1	50.0	5
09	Girls	1	1	100.0	1	0	0.0	0	0	0.0	1	0	0.0	1	1	100.0	1
10	Boys	4	3	75.0	4	0	0.0	4	3	75.0	3	2	66.7	4	2	50.0	6
10	Girls	3	2	66.7	3	0	0.0	3	2	67.0	2	2	100.0	3	0	0.0	4
11	Boys	5	5	100.0	4	1	25.0	4	4	100.0	2	2	100.0	4	1	25.0	7
11	Girls	3	3	100.0	3	0	0.0	2	1	50.0	1	0	0.0	3	0	0.0	7
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
12	Girls	2	2	100.0	2	0	0.0	1	1	100.0	2	1	50.0	2	2	100.0	4
Totals		21	18	85.7	20	1	5.0	18	15	83.3	13	8	61.5	20	8	40.0	35

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	11	10	90.9	10	6	60.0	11	11	100.0	10	10	100.0	11	11	100.0	11
04	Girls	16	16	100.0	16	16	100.0	16	16	100.0	16	15	93.8	16	16	100.0	16
05	Boys	21	20	95.2	21	18	85.7	21	21	100.0	21	20	95.2	21	21	100.0	21
05	Girls	6	5	83.3	6	6	100.0	6	6	100.0	6	6	100.0	6	6	100.0	6
06	Boys	18	18	100.0	17	8	47.1	18	18	100.0	18	18	100.0	18	18	100.0	18
06	Girls	11	8	72.7	11	8	72.7	11	11	100.0	11	11	100.0	11	11	100.0	11
Totals		83	77	92.8	81	62	76.5	83	83	100.0	82	80	97.6	83	83	100.0	83

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	75	100.0	74	58	78.4	75	74	99.0	75	75	100.0	74	69	93.2	75
04	Girls	69	67	97.1	69	69	100.0	69	67	97.0	69	69	100.0	69	64	92.8	69
05	Boys	93	88	94.6	93	74	79.6	93	89	96.0	93	92	98.9	93	90	96.8	93
05	Girls	63	62	98.4	61	57	93.4	63	63	100.0	63	63	100.0	62	57	91.9	63
06	Boys	62	61	98.4	62	42	67.7	62	61	98.0	62	61	98.4	62	55	88.7	63
06	Girls	84	81	96.4	82	77	93.9	84	83	99.0	84	84	100.0	82	80	97.6	84
Totals		446	434	97.3	441	377	85.5	446	437	98.0	446	444	99.6	442	415	93.9	447

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Burke School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	7	6	85.7	7	2	28.6	7	7	100.0	7	7	100.0	7	3	42.9	7
06	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	1	50.0	2	1	50.0	2
07	Boys	25	21	84.0	25	6	24.0	25	23	92.0	25	24	96.0	25	17	68.0	28
07	Girls	6	4	66.7	6	2	33.3	6	6	100.0	6	5	83.3	6	1	16.7	6
08	Boys	25	23	92.0	27	7	25.9	27	25	93.0	26	24	92.3	26	19	73.1	27
08	Girls	9	7	77.8	10	1	10.0	9	8	89.0	9	9	100.0	9	5	55.6	10
Totals		74	63	85.1	77	19	24.7	76	71	93.4	75	70	93.3	75	46	61.3	80

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	33	23	69.7	34	33	97.0	34	34	100.0	34	34	100.0	36
04	Girls	35	35	100.0	35	35	100.0	35	35	100.0	35	35	100.0	35	35	100.0	36
05	Boys	24	23	95.8	25	19	76.0	25	25	100.0	25	25	100.0	24	22	91.7	27
05	Girls	25	22	88.0	25	23	92.0	25	25	100.0	25	25	100.0	25	22	88.0	26
06	Boys	31	29	93.5	31	23	74.2	31	30	97.0	30	29	96.7	30	28	93.3	31
06	Girls	26	24	92.3	27	23	85.2	27	27	100.0	26	25	96.2	26	24	92.3	27
Totals		175	166	94.9	176	146	83.0	177	175	98.9	175	173	98.9	174	165	94.8	183

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Camelot Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	28	84.8	34	17	50.0	37	33	89.0	33	26	78.8	33	31	93.9	37
04	Girls	40	38	95.0	40	39	97.5	46	43	94.0	40	33	82.5	40	37	92.5	46
05	Boys	40	39	97.5	42	28	66.7	42	40	95.0	36	23	63.9	40	37	92.5	42
05	Girls	30	29	96.7	30	26	86.7	30	29	97.0	25	22	88.0	30	25	83.3	30
06	Boys	34	32	94.1	37	22	59.5	37	28	76.0	37	30	81.1	34	27	79.4	37
06	Girls	27	25	92.6	28	22	78.6	28	27	96.0	28	22	78.6	27	26	96.3	28
Totals		204	191	93.6	211	154	73.0	220	200	90.9	199	156	78.4	204	183	89.7	220



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cameron Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	30	19	63.3	30	30	100.0	30	28	93.3	30	29	96.7	30
04	Girls	38	38	100.0	38	36	94.7	38	38	100.0	38	37	97.4	38	37	97.4	38
05	Boys	25	22	88.0	25	14	56.0	26	26	100.0	25	22	88.0	25	24	96.0	27
05	Girls	28	26	92.9	28	26	92.9	28	28	100.0	28	26	92.9	28	27	96.4	28
06	Boys	18	15	83.3	18	14	77.8	18	18	100.0	18	18	100.0	18	17	94.4	18
06	Girls	25	24	96.0	25	22	88.0	25	25	100.0	25	24	96.0	25	22	88.0	25
Totals		164	154	93.9	164	131	79.9	165	165	100.0	164	155	94.5	164	156	95.1	166

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	34	66.7	52	33	63.5	54	48	89.0	54	36	66.7	53	35	66.0	54
04	Girls	52	31	59.6	52	51	98.1	52	47	90.0	52	41	78.8	52	29	55.8	52
05	Boys	73	55	75.3	72	55	76.4	73	71	97.0	73	49	67.1	73	58	79.5	73
05	Girls	58	39	67.2	57	53	93.0	58	58	100.0	58	44	75.9	58	47	81.0	58
06	Boys	70	60	85.7	69	51	73.9	70	67	96.0	70	57	81.4	70	60	85.7	70
06	Girls	71	60	84.5	71	68	95.8	71	71	100.0	71	64	90.1	71	58	81.7	71
Totals		375	279	74.4	373	311	83.4	378	362	95.8	378	291	77.0	377	287	76.1	378

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	36	92.3	39	22	56.4	39	29	74.0	39	39	100.0	39	38	97.4	39
04	Girls	27	26	96.3	27	26	96.3	27	23	85.0	27	27	100.0	26	23	88.5	27
05	Boys	37	33	89.2	37	24	64.9	39	35	90.0	37	37	100.0	37	33	89.2	39
05	Girls	42	40	95.2	41	39	95.1	42	38	91.0	42	42	100.0	42	38	90.5	42
06	Boys	40	36	90.0	40	25	62.5	40	36	90.0	40	40	100.0	40	32	80.0	40
06	Girls	42	39	92.9	42	41	97.6	42	39	93.0	42	42	100.0	42	40	95.2	42
Totals		227	210	92.5	226	177	78.3	229	200	87.3	227	227	100.0	226	204	90.3	229

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Carson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	339	302	89.1	344	263	76.5	351	317	90.0	348	272	78.2	345	269	78.0	351
07	Girls	353	322	91.2	371	346	93.3	373	359	96.0	372	307	82.5	371	328	88.4	374
08	Boys	354	304	85.9	354	268	75.7	361	345	96.0	356	203	57.0	355	222	62.5	361
08	Girls	333	286	85.9	329	287	87.2	335	328	98.0	334	262	78.4	331	228	68.9	335
Totals		1,379	1,214	88.0	1,398	1,164	83.3	1,420	1,349	95.0	1,410	1,044	74.0	1,402	1,047	74.7	1,421

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	1	1	100.0	1	0	0.0	2	2	100.0	1	1	100.0	1	0	0.0	10
09	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1	0	0.0	7
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	11
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	9
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		2	1	50.0	2	0	0.0	3	3	100.0	3	2	66.7	2	0	0.0	42

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	57	98.3	55	42	76.4	58	54	93.0	53	43	81.1	56	52	92.9	58
04	Girls	46	44	95.7	43	43	100.0	46	44	96.0	42	37	88.1	46	40	87.0	46
05	Boys	46	46	100.0	44	33	75.0	46	42	91.0	46	44	95.7	45	37	82.2	47
05	Girls	53	53	100.0	53	49	92.5	53	50	94.0	53	46	86.8	54	42	77.8	54
06	Boys	62	60	96.8	62	48	77.4	62	59	95.0	62	59	95.2	61	47	77.0	62
06	Girls	41	41	100.0	41	38	92.7	44	40	91.0	42	40	95.2	37	29	78.4	44
Totals		306	301	98.4	298	253	84.9	309	289	93.5	298	269	90.3	299	247	82.6	311

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Centreville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	44	95.7	50	31	62.0	50	50	100.0	47	15	31.9	49	47	95.9	50
04	Girls	58	57	98.3	58	58	100.0	58	58	100.0	57	23	40.4	58	56	96.6	60
05	Boys	66	63	95.5	66	42	63.6	66	59	89.0	66	28	42.4	66	62	93.9	67
05	Girls	58	55	94.8	58	51	87.9	58	53	91.0	58	38	65.5	58	53	91.4	58
06	Boys	61	56	91.8	63	33	52.4	64	60	94.0	63	44	69.8	62	51	82.3	64
06	Girls	63	61	96.8	62	54	87.1	63	63	100.0	63	51	81.0	62	53	85.5	63
Totals		352	336	95.5	357	269	75.4	359	343	95.5	354	199	56.2	355	322	90.7	362

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Centreville HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	313	308	98.4	314	216	68.8	314	298	95.0	313	284	90.7	313	271	86.6	327
09	Girls	313	305	97.4	313	235	75.1	317	306	97.0	314	301	95.9	315	299	94.9	319
10	Boys	290	286	98.6	291	140	48.1	293	266	91.0	288	284	98.6	288	217	75.3	300
10	Girls	265	264	99.6	262	167	63.7	267	258	97.0	262	260	99.2	262	252	96.2	273
11	Boys	8	7	87.5	8	4	50.0	10	9	90.0	8	8	100.0	8	7	87.5	12
11	Girls	9	9	100.0	7	3	42.9	9	7	78.0	8	8	100.0	9	9	100.0	11
12	Boys	2	2	100.0	2	0	0.0	5	5	100.0	2	2	100.0	2	1	50.0	6
12	Girls	0	0	0.0	0	0	0.0	2	2	100.0	0	0	0.0	0	0	0.0	2
Totals		1,200	1,181	98.4	1,197	765	63.9	1,217	1,151	94.6	1,195	1,147	96.0	1,197	1,056	88.2	1,250



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Chantilly HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	343	342	99.7	354	311	87.9	351	347	99.0	340	267	78.5	348	329	94.5	358
09	Girls	295	294	99.7	300	277	92.3	301	298	99.0	292	248	84.9	294	287	97.6	302
10	Boys	307	304	99.0	312	222	71.2	321	321	100.0	308	237	76.9	307	266	86.6	325
10	Girls	302	301	99.7	299	263	88.0	310	309	100.0	301	255	84.7	297	286	96.3	313
11	Boys	2	2	100.0	3	2	66.7	2	2	100.0	2	2	100.0	2	2	100.0	3
11	Girls	7	7	100.0	9	1	11.1	8	8	100.0	8	7	87.5	7	5	71.4	9
12	Boys	1	1	100.0	6	1	16.7	4	3	75.0	1	1	100.0	1	1	100.0	7
12	Girls	0	0	0.0	3	0	0.0	2	0	0.0	0	0	0.0	0	0	0.0	3
Totals		1,257	1,251	99.5	1,286	1,077	83.7	1,299	1,288	99.2	1,252	1,017	81.2	1,256	1,176	93.6	1,320

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	27	84.4	32	16	50.0	32	24	75.0	32	31	96.9	32	27	84.4	33
04	Girls	45	40	88.9	44	44	100.0	45	35	78.0	45	44	97.8	45	41	91.1	46
05	Boys	31	21	67.7	31	20	64.5	31	21	68.0	31	30	96.8	31	27	87.1	31
05	Girls	24	17	70.8	24	20	83.3	24	24	100.0	24	24	100.0	24	21	87.5	26
06	Boys	32	29	90.6	32	24	75.0	32	26	81.0	32	32	100.0	32	30	93.8	33
06	Girls	38	32	84.2	38	37	97.4	38	34	90.0	38	38	100.0	38	36	94.7	40
Totals		202	166	82.2	201	161	80.1	202	164	81.2	202	199	98.5	202	182	90.1	209

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	43	89.6	47	34	72.3	48	40	83.0	48	43	89.6	48	42	87.5	48
04	Girls	38	35	92.1	38	36	94.7	39	31	80.0	39	37	94.9	39	25	64.1	39
05	Boys	59	54	91.5	59	55	93.2	59	52	88.0	59	57	96.6	59	45	76.3	59
05	Girls	65	59	90.8	64	63	98.4	65	64	99.0	65	64	98.5	64	43	67.2	65
06	Boys	54	52	96.3	54	49	90.7	54	52	96.0	54	54	100.0	54	43	79.6	54
06	Girls	44	40	90.9	44	43	97.7	44	42	96.0	44	42	95.5	44	35	79.5	44
Totals		308	283	91.9	306	280	91.5	309	281	90.9	309	297	96.1	308	233	75.6	309

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	71	98.6	72	56	77.8	73	66	90.0	72	72	100.0	70	68	97.1	75
04	Girls	71	71	100.0	71	71	100.0	71	67	94.0	71	70	98.6	71	71	100.0	73
05	Boys	82	81	98.8	81	70	86.4	80	68	85.0	82	81	98.8	82	75	91.5	83
05	Girls	77	77	100.0	78	76	97.4	77	74	96.0	78	77	98.7	78	76	97.4	79
06	Boys	83	83	100.0	84	76	90.5	84	78	93.0	84	83	98.8	80	78	97.5	84
06	Girls	58	56	96.6	62	62	100.0	62	60	97.0	62	62	100.0	58	57	98.3	63
Totals		443	439	99.1	448	411	91.7	447	413	92.4	449	445	99.1	439	425	96.8	457

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Clearview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	42	93.3	45	41	91.1	45	42	93.0	45	45	100.0	45	33	73.3	45
04	Girls	37	33	89.2	37	37	100.0	37	37	100.0	37	37	100.0	37	17	45.9	37
05	Boys	54	47	87.0	54	47	87.0	54	51	94.0	54	53	98.1	54	40	74.1	54
05	Girls	49	43	87.8	49	48	98.0	49	49	100.0	49	49	100.0	49	34	69.4	49
06	Boys	47	44	93.6	47	37	78.7	47	46	98.0	47	46	97.9	47	34	72.3	47
06	Girls	47	46	97.9	47	47	100.0	47	47	100.0	47	47	100.0	47	38	80.9	47
Totals		279	255	91.4	279	257	92.1	279	272	97.5	279	277	99.3	279	196	70.3	279

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Clermont Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	28	82.4	34	24	70.6	34	34	100.0	34	26	76.5	34	27	79.4	34
04	Girls	26	23	88.5	26	26	100.0	26	25	96.0	26	25	96.2	26	17	65.4	26
05	Boys	33	31	93.9	34	30	88.2	34	33	97.0	34	30	88.2	34	28	82.4	34
05	Girls	29	28	96.6	28	27	96.4	29	29	100.0	29	27	93.1	29	27	93.1	29
06	Boys	41	38	92.7	41	35	85.4	41	40	98.0	41	35	85.4	41	31	75.6	41
06	Girls	19	18	94.7	19	19	100.0	19	19	100.0	19	19	100.0	19	8	42.1	19
Totals		182	166	91.2	182	161	88.5	183	180	98.4	183	162	88.5	183	138	75.4	183

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Coates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	45	91.8	51	31	60.8	51	43	84.0	51	35	68.6	49	25	51.0	51
04	Girls	42	34	81.0	43	42	97.7	44	42	96.0	44	32	72.7	41	19	46.3	44
05	Boys	37	36	97.3	37	33	89.2	37	37	100.0	37	22	59.5	36	21	58.3	39
05	Girls	36	31	86.1	35	31	88.6	37	37	100.0	36	27	75.0	37	10	27.0	37
06	Boys	45	41	91.1	45	29	64.4	45	43	96.0	45	31	68.9	44	30	68.2	45
06	Girls	33	31	93.9	34	30	88.2	34	32	94.0	34	28	82.4	34	10	29.4	34
Totals		242	218	90.1	245	196	80.0	248	234	94.4	247	175	70.9	241	115	47.7	250

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Columbia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	40	93.0	43	26	60.5	43	39	91.0	43	31	72.1	43	36	83.7	43
04	Girls	44	39	88.6	44	44	100.0	44	41	93.0	44	20	45.5	44	29	65.9	44
05	Boys	39	27	69.2	39	27	69.2	39	34	87.0	39	24	61.5	39	21	53.8	39
05	Girls	37	32	86.5	37	36	97.3	37	35	95.0	37	22	59.5	37	25	67.6	37
Totals		163	138	84.7	163	133	81.6	163	149	91.4	163	97	59.5	163	111	68.1	163



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	63	98.4	64	55	85.9	64	62	97.0	64	60	93.8	64	62	96.9	64
04	Girls	76	73	96.1	76	75	98.7	76	76	100.0	76	74	97.4	76	74	97.4	76
05	Boys	92	85	92.4	92	81	88.0	92	89	97.0	92	87	94.6	91	89	97.8	92
05	Girls	73	69	94.5	73	72	98.6	73	73	100.0	73	72	98.6	73	66	90.4	73
06	Boys	81	80	98.8	81	70	86.4	81	81	100.0	81	75	92.6	81	78	96.3	81
06	Girls	77	77	100.0	77	77	100.0	77	77	100.0	77	71	92.2	77	76	98.7	77
Totals		463	447	96.5	463	430	92.9	463	458	98.9	463	439	94.8	462	445	96.3	463

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cooper MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	169	165	97.6	168	118	70.2	169	168	99.0	169	168	99.4	169	165	97.6	172
07	Girls	174	172	98.9	174	160	92.0	175	175	100.0	175	175	100.0	174	174	100.0	175
08	Boys	190	188	98.9	187	148	79.1	191	188	98.0	169	150	88.8	184	166	90.2	197
08	Girls	179	179	100.0	176	168	95.5	181	181	100.0	164	154	93.9	175	174	99.4	183
Totals		712	704	98.9	705	594	84.3	716	712	99.4	677	647	95.6	702	679	96.7	727

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	18	39.1	46	28	60.9	46	35	76.0	46	40	87.0	46	22	47.8	46
04	Girls	32	16	50.0	32	31	96.9	32	28	88.0	32	28	87.5	32	8	25.0	32
05	Boys	40	19	47.5	40	37	92.5	38	25	66.0	40	38	95.0	40	21	52.5	41
05	Girls	34	24	70.6	35	33	94.3	32	29	91.0	34	30	88.2	34	14	41.2	35
06	Boys	39	24	61.5	39	24	61.5	38	34	90.0	39	37	94.9	39	21	53.8	39
06	Girls	41	23	56.1	40	34	85.0	39	33	85.0	41	40	97.6	41	13	31.7	41
Totals		232	124	53.4	232	187	80.6	225	184	81.8	232	213	91.8	232	99	42.7	234

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	51	94.4	53	42	79.2	54	51	94.0	54	44	81.5	53	53	100.0	54
04	Girls	46	43	93.5	48	48	100.0	48	48	100.0	47	44	93.6	46	46	100.0	48
05	Boys	45	44	97.8	46	40	87.0	46	45	98.0	44	40	90.9	44	42	95.5	46
05	Girls	46	39	84.8	46	43	93.5	46	44	96.0	46	42	91.3	46	44	95.7	46
06	Boys	56	48	85.7	58	44	75.9	58	56	97.0	57	55	96.5	56	53	94.6	58
06	Girls	51	46	90.2	50	50	100.0	51	50	98.0	51	49	96.1	50	50	100.0	51
Totals		298	271	90.9	301	267	88.7	303	294	97.0	299	274	91.6	295	288	97.6	303

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	46	100.0	46	37	80.4	46	46	100.0	46	44	95.7	46	45	97.8	47
04	Girls	32	30	93.8	32	32	100.0	32	32	100.0	32	32	100.0	32	30	93.8	32
05	Boys	49	48	98.0	49	43	87.8	49	49	100.0	49	48	98.0	49	46	93.9	49
05	Girls	27	27	100.0	26	26	100.0	27	27	100.0	26	24	92.3	27	25	92.6	27
06	Boys	35	32	91.4	35	24	68.6	35	34	97.0	35	30	85.7	35	28	80.0	37
06	Girls	43	41	95.3	44	40	90.9	44	44	100.0	44	44	100.0	44	41	93.2	45
Totals		232	224	96.6	232	202	87.1	233	232	99.6	232	222	95.7	233	215	92.3	237

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	37	94.9	39	21	53.8	40	37	93.0	40	39	97.5	39	36	92.3	40
04	Girls	21	20	95.2	21	21	100.0	21	21	100.0	21	21	100.0	21	18	85.7	21
05	Boys	45	43	95.6	45	32	71.1	45	43	96.0	45	44	97.8	44	40	90.9	45
05	Girls	26	22	84.6	26	24	92.3	26	25	96.0	26	26	100.0	23	19	82.6	26
06	Boys	35	32	91.4	35	23	65.7	35	31	89.0	35	35	100.0	35	30	85.7	35
06	Girls	24	23	95.8	24	23	95.8	24	22	92.0	24	24	100.0	24	20	83.3	24
Totals		190	177	93.2	190	144	75.8	191	179	93.7	191	189	99.0	186	163	87.6	191

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	40	88.9	45	33	73.3	45	44	98.0	45	37	82.2	45	33	73.3	45
04	Girls	44	40	90.9	45	45	100.0	45	44	98.0	45	41	91.1	45	30	66.7	45
05	Boys	54	54	100.0	54	41	75.9	54	51	94.0	54	46	85.2	54	38	70.4	54
05	Girls	53	49	92.5	52	50	96.2	53	53	100.0	53	53	100.0	53	43	81.1	53
06	Boys	49	46	93.9	49	35	71.4	49	47	96.0	49	45	91.8	49	38	77.6	49
06	Girls	57	57	100.0	57	54	94.7	57	57	100.0	57	55	96.5	57	38	66.7	58
Totals		302	286	94.7	302	258	85.4	303	296	97.7	303	277	91.4	303	220	72.6	304

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	40	97.6	41	36	87.8	43	43	100.0	43	41	95.3	41	40	97.6	43
04	Girls	41	40	97.6	41	41	100.0	41	41	100.0	41	41	100.0	41	35	85.4	41
05	Boys	53	50	94.3	53	46	86.8	53	53	100.0	53	50	94.3	52	48	92.3	53
05	Girls	47	45	95.7	47	46	97.9	47	47	100.0	47	47	100.0	47	46	97.9	47
06	Boys	58	58	100.0	58	45	77.6	58	58	100.0	58	56	96.6	58	50	86.2	58
06	Girls	47	45	95.7	47	45	95.7	47	47	100.0	47	46	97.9	47	42	89.4	47
Totals		287	278	96.9	287	259	90.2	289	289	100.0	289	281	97.2	286	261	91.3	289



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	52	98.1	53	38	71.7	53	51	96.0	53	53	100.0	53	47	88.7	53
04	Girls	51	51	100.0	51	51	100.0	51	49	96.0	51	51	100.0	51	36	70.6	51
05	Boys	42	42	100.0	42	38	90.5	42	41	98.0	42	42	100.0	42	34	81.0	42
05	Girls	47	47	100.0	47	47	100.0	47	45	96.0	47	47	100.0	47	41	87.2	47
06	Boys	50	50	100.0	50	33	66.0	50	48	96.0	50	50	100.0	50	30	60.0	50
06	Girls	45	45	100.0	45	42	93.3	45	42	93.0	45	45	100.0	45	28	62.2	45
Totals		288	287	99.7	288	249	86.5	288	276	95.8	288	288	100.0	288	216	75.0	288

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	40	83.3	49	35	71.4	49	40	82.0	50	37	74.0	49	43	87.8	50
04	Girls	58	48	82.8	58	58	100.0	58	55	95.0	57	49	86.0	58	48	82.8	60
05	Boys	43	28	65.1	43	36	83.7	44	41	93.0	42	31	73.8	43	29	67.4	44
05	Girls	30	22	73.3	30	29	96.7	30	30	100.0	30	27	90.0	30	19	63.3	30
06	Boys	35	30	85.7	34	21	61.8	35	31	89.0	35	28	80.0	34	28	82.4	35
06	Girls	39	25	64.1	39	35	89.7	40	38	95.0	39	32	82.1	38	24	63.2	40
Totals		253	193	76.3	253	214	84.6	256	235	91.8	253	204	80.6	252	191	75.8	259

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	49	90.7	52	28	53.8	51	36	71.0	51	51	100.0	51	42	82.4	55
04	Girls	35	35	100.0	37	37	100.0	36	32	89.0	36	36	100.0	34	33	97.1	38
05	Boys	36	35	97.2	36	25	69.4	36	23	64.0	36	35	97.2	36	32	88.9	38
05	Girls	40	37	92.5	43	39	90.7	43	33	77.0	41	41	100.0	40	31	77.5	44
06	Boys	43	36	83.7	43	27	62.8	43	32	74.0	43	42	97.7	43	23	53.5	45
06	Girls	40	36	90.0	42	40	95.2	42	37	88.0	42	42	100.0	42	29	69.0	43
Totals		248	228	91.9	253	196	77.5	251	193	76.9	249	247	99.2	246	190	77.2	263

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Edison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	245	233	95.1	245	155	63.3	260	253	97.0	256	242	94.5	250	179	71.6	265
09	Girls	232	223	96.1	229	154	67.2	237	235	99.0	237	228	96.2	235	188	80.0	242
10	Boys	226	222	98.2	221	107	48.4	230	221	96.0	207	194	93.7	225	134	59.6	232
10	Girls	232	221	95.3	225	134	59.6	233	230	99.0	223	218	97.8	228	147	64.5	236
11	Boys	13	11	84.6	12	2	16.7	14	13	93.0	12	11	91.7	14	6	42.9	15
11	Girls	13	12	92.3	13	3	23.1	13	12	92.0	11	11	100.0	13	7	53.8	13
12	Boys	4	4	100.0	4	1	25.0	4	4	100.0	3	3	100.0	4	2	50.0	4
12	Girls	3	3	100.0	3	1	33.3	4	4	100.0	3	3	100.0	3	3	100.0	4
Totals		968	929	96.0	952	557	58.5	995	972	97.7	952	910	95.6	972	666	68.5	1,011

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fairfax HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	273	266	97.4	277	196	70.8	278	264	95.0	276	262	94.9	271	220	81.2	286
09	Girls	302	299	99.0	304	235	77.3	305	296	97.0	303	298	98.3	302	284	94.0	307
10	Boys	233	227	97.4	232	153	65.9	235	216	92.0	234	209	89.3	228	177	77.6	237
10	Girls	285	277	97.2	278	213	76.6	291	278	96.0	288	285	99.0	282	264	93.6	297
11	Boys	7	7	100.0	7	2	28.6	8	6	75.0	7	6	85.7	7	7	100.0	12
11	Girls	13	13	100.0	12	6	50.0	15	14	93.0	12	12	100.0	13	13	100.0	16
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	4
12	Girls	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	1
Totals		1,115	1,091	97.8	1,112	805	72.4	1,135	1,077	94.9	1,122	1,074	95.7	1,105	966	87.4	1,160

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	32	94.1	35	32	91.4	35	33	94.0	35	33	94.3	34	32	94.1	35
04	Girls	38	37	97.4	40	38	95.0	41	39	95.0	40	37	92.5	38	35	92.1	42
05	Boys	35	30	85.7	36	29	80.6	36	33	92.0	36	34	94.4	35	31	88.6	37
05	Girls	36	26	72.2	38	37	97.4	38	38	100.0	38	35	92.1	37	26	70.3	39
06	Boys	34	33	97.1	36	33	91.7	37	37	100.0	34	31	91.2	35	33	94.3	38
06	Girls	32	30	93.8	33	33	100.0	33	33	100.0	29	29	100.0	31	28	90.3	33
Totals		209	188	90.0	218	202	92.7	220	213	96.8	212	199	93.9	210	185	88.1	224

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	27	79.4	34	24	70.6	34	32	94.0	34	32	94.1	34	31	91.2	34
04	Girls	31	26	83.9	31	31	100.0	31	31	100.0	31	28	90.3	31	25	80.6	31
05	Boys	35	33	94.3	35	31	88.6	36	35	97.0	36	32	88.9	36	33	91.7	36
05	Girls	42	36	85.7	42	41	97.6	42	42	100.0	42	42	100.0	42	36	85.7	42
06	Boys	37	33	89.2	37	33	89.2	39	39	100.0	38	38	100.0	37	36	97.3	39
06	Girls	41	39	95.1	41	41	100.0	41	41	100.0	41	41	100.0	41	40	97.6	41
Totals		220	194	88.2	220	201	91.4	223	220	98.7	222	213	95.9	221	201	91.0	223

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fairview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	46	93.9	51	29	56.9	52	38	73.0	52	51	98.1	49	47	95.9	52
04	Girls	51	50	98.0	51	51	100.0	51	48	94.0	51	47	92.2	51	51	100.0	52
05	Boys	57	51	89.5	58	37	63.8	58	43	74.0	58	49	84.5	57	55	96.5	58
05	Girls	37	36	97.3	37	35	94.6	37	34	92.0	37	30	81.1	37	37	100.0	37
06	Boys	54	53	98.1	56	36	64.3	57	47	83.0	56	51	91.1	54	50	92.6	58
06	Girls	46	46	100.0	46	46	100.0	46	42	91.0	46	41	89.1	46	45	97.8	47
Totals		294	282	95.9	299	234	78.3	301	252	83.7	300	269	89.7	294	285	96.9	304



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Falls Church HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	261	244	93.5	262	151	57.6	261	257	99.0	259	232	89.6	260	207	79.6	271
09	Girls	215	191	88.8	219	109	49.8	220	218	99.0	219	202	92.2	216	179	82.9	224
10	Boys	193	176	91.2	196	99	50.5	202	195	97.0	201	188	93.5	198	163	82.3	206
10	Girls	179	158	88.3	189	84	44.4	192	182	95.0	186	182	97.8	178	148	83.1	195
11	Boys	25	21	84.0	27	10	37.0	27	25	93.0	26	24	92.3	26	21	80.8	39
11	Girls	21	19	90.5	23	7	30.4	23	20	87.0	23	23	100.0	21	17	81.0	29
12	Boys	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1	0	0.0	9
12	Girls	3	3	100.0	3	0	0.0	5	5	100.0	4	4	100.0	4	4	100.0	6
Totals		898	812	90.4	920	460	50.0	931	903	97.0	919	855	93.0	904	739	81.7	979

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	63	94.0	67	53	79.1	67	67	100.0	67	66	98.5	67	61	91.0	67
04	Girls	57	54	94.7	57	57	100.0	57	57	100.0	57	57	100.0	57	55	96.5	57
05	Boys	69	67	97.1	69	62	89.9	69	69	100.0	69	67	97.1	69	64	92.8	69
05	Girls	54	52	96.3	55	53	96.4	55	55	100.0	55	55	100.0	53	52	98.1	55
06	Boys	42	42	100.0	42	33	78.6	43	43	100.0	41	40	97.6	43	37	86.0	43
06	Girls	57	54	94.7	57	56	98.2	57	57	100.0	57	56	98.2	57	53	93.0	57
Totals		346	332	96.0	347	314	90.5	348	348	100.0	346	341	98.6	346	322	93.1	348

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Floris Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	45	84.9	53	40	75.5	53	52	98.0	53	46	86.8	53	46	86.8	53
04	Girls	41	35	85.4	41	41	100.0	41	40	98.0	41	38	92.7	40	30	75.0	41
05	Boys	58	56	96.6	58	51	87.9	58	56	97.0	58	56	96.6	58	54	93.1	58
05	Girls	59	56	94.9	59	57	96.6	59	59	100.0	59	56	94.9	59	54	91.5	59
06	Boys	52	47	90.4	52	40	76.9	52	51	98.0	52	46	88.5	52	43	82.7	52
06	Girls	69	66	95.7	69	68	98.6	69	68	99.0	69	65	94.2	69	63	91.3	69
Totals		332	305	91.9	332	297	89.5	332	326	98.2	332	307	92.5	331	290	87.6	332

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	60	93.8	62	39	62.9	64	62	97.0	64	63	98.4	64	60	93.8	64
04	Girls	57	56	98.2	57	57	100.0	57	57	100.0	57	56	98.2	57	52	91.2	57
05	Boys	62	61	98.4	62	53	85.5	62	61	98.0	62	62	100.0	62	59	95.2	62
05	Girls	54	54	100.0	54	52	96.3	54	53	98.0	54	54	100.0	54	50	92.6	54
06	Boys	62	62	100.0	61	48	78.7	62	60	97.0	62	61	98.4	62	52	83.9	62
06	Girls	54	53	98.1	54	53	98.1	54	54	100.0	54	53	98.1	54	53	98.1	54
Totals		353	346	98.0	350	302	86.3	353	347	98.3	353	349	98.9	353	326	92.4	353

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	23	56.1	41	27	65.9	41	36	88.0	41	36	87.8	41	36	87.8	41
04	Girls	33	16	48.5	33	33	100.0	33	32	97.0	33	25	75.8	33	29	87.9	33
05	Boys	31	20	64.5	31	23	74.2	31	28	90.0	31	24	77.4	31	28	90.3	33
05	Girls	31	18	58.1	30	29	96.7	31	28	90.0	31	26	83.9	31	25	80.6	31
06	Boys	48	37	77.1	48	38	79.2	48	43	90.0	48	46	95.8	48	37	77.1	48
06	Girls	35	25	71.4	35	35	100.0	35	33	94.0	35	34	97.1	35	30	85.7	35
Totals		219	139	63.5	218	185	84.9	219	200	91.3	219	191	87.2	219	185	84.5	221

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Forestville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	42	79.2	53	52	98.0	53	50	94.3	53	52	98.1	53
04	Girls	35	35	100.0	35	35	100.0	35	35	100.0	35	35	100.0	35	35	100.0	35
05	Boys	41	40	97.6	41	30	73.2	43	41	95.0	42	37	88.1	41	40	97.6	43
05	Girls	44	44	100.0	44	44	100.0	45	42	93.0	45	42	93.3	45	45	100.0	45
06	Boys	52	51	98.1	52	44	84.6	52	45	87.0	52	48	92.3	52	52	100.0	52
06	Girls	55	55	100.0	54	53	98.1	55	52	95.0	55	54	98.2	54	54	100.0	55
Totals		280	278	99.3	279	248	88.9	283	267	94.3	282	266	94.3	280	278	99.3	283

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fort Belvoir Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	75	93.8	80	47	58.8	80	64	80.0	81	61	75.3	80	69	86.3	82
04	Girls	58	55	94.8	58	58	100.0	59	54	92.0	58	49	84.5	57	48	84.2	59
05	Boys	69	58	84.1	69	43	62.3	69	60	87.0	68	40	58.8	69	50	72.5	69
05	Girls	71	60	84.5	71	65	91.5	71	64	90.0	71	47	66.2	71	50	70.4	71
06	Boys	64	58	90.6	63	45	71.4	66	48	73.0	66	43	65.2	64	50	78.1	66
06	Girls	60	53	88.3	60	51	85.0	59	54	92.0	59	48	81.4	59	46	78.0	61
Totals		402	359	89.3	401	309	77.1	404	344	85.1	403	288	71.5	400	313	78.3	408

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	39	100.0	39	27	69.2	39	37	95.0	39	29	74.4	39	37	94.9	39
04	Girls	37	37	100.0	37	37	100.0	37	37	100.0	37	27	73.0	37	33	89.2	37
05	Boys	32	30	93.8	32	26	81.3	32	32	100.0	32	27	84.4	32	31	96.9	32
05	Girls	39	38	97.4	38	33	86.8	39	39	100.0	39	37	94.9	39	36	92.3	39
06	Boys	40	35	87.5	40	27	67.5	40	38	95.0	40	27	67.5	40	36	90.0	40
06	Girls	30	26	86.7	30	28	93.3	30	30	100.0	30	28	93.3	30	27	90.0	30
Totals		217	205	94.5	216	178	82.4	217	213	98.2	217	175	80.6	217	200	92.2	217



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	37	97.4	38	20	52.6	38	36	95.0	38	17	44.7	38	27	71.1	38
04	Girls	49	49	100.0	49	49	100.0	49	47	96.0	49	36	73.5	49	45	91.8	49
05	Boys	41	41	100.0	41	37	90.2	41	37	90.0	41	27	65.9	41	37	90.2	41
05	Girls	44	44	100.0	44	40	90.9	43	42	98.0	43	39	90.7	44	36	81.8	44
06	Boys	55	54	98.2	55	32	58.2	55	50	91.0	55	36	65.5	55	38	69.1	56
06	Girls	40	40	100.0	40	38	95.0	40	40	100.0	40	30	75.0	40	32	80.0	40
Totals		267	265	99.3	267	216	80.9	266	252	94.7	266	185	69.5	267	215	80.5	268

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Franconia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	25	96.2	26	22	84.6	26	23	89.0	26	26	100.0	26	25	96.2	26
04	Girls	26	26	100.0	26	26	100.0	26	23	89.0	26	26	100.0	26	24	92.3	26
05	Boys	44	43	97.7	43	42	97.7	44	43	98.0	44	44	100.0	44	41	93.2	44
05	Girls	41	41	100.0	41	41	100.0	41	40	98.0	41	41	100.0	41	40	97.6	41
06	Boys	52	52	100.0	52	49	94.2	52	49	94.0	52	50	96.2	52	50	96.2	52
06	Girls	30	30	100.0	30	30	100.0	30	30	100.0	30	30	100.0	30	30	100.0	30
Totals		219	217	99.1	218	210	96.3	219	208	95.0	219	217	99.1	219	210	95.9	219

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Franklin MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	211	209	99.1	210	162	77.1	211	192	91.0	211	210	99.5	211	205	97.2	213
07	Girls	194	194	100.0	194	178	91.8	194	188	97.0	194	194	100.0	194	188	96.9	195
08	Boys	226	225	99.6	225	188	83.6	226	198	88.0	226	225	99.6	226	219	96.9	228
08	Girls	203	202	99.5	202	190	94.1	203	182	90.0	200	198	99.0	202	199	98.5	205
Totals		834	830	99.5	831	718	86.4	834	760	91.1	831	827	99.5	833	811	97.4	841

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	36	100.0	36	27	75.0	37	37	100.0	37	36	97.3	36	29	80.6	37
04	Girls	43	43	100.0	43	43	100.0	42	42	100.0	43	43	100.0	43	37	86.0	43
05	Boys	41	39	95.1	41	34	82.9	41	41	100.0	41	41	100.0	41	34	82.9	41
05	Girls	32	32	100.0	32	32	100.0	33	33	100.0	33	33	100.0	32	19	59.4	33
06	Boys	49	49	100.0	49	37	75.5	50	50	100.0	50	50	100.0	49	30	61.2	50
06	Girls	33	32	97.0	33	33	100.0	33	33	100.0	33	33	100.0	33	22	66.7	33
Totals		234	231	98.7	234	206	88.0	236	236	100.0	237	236	99.6	234	171	73.1	237

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Frost MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	268	267	99.6	267	150	56.2	269	264	98.0	269	260	96.7	267	242	90.6	270
07	Girls	283	281	99.3	282	244	86.5	284	283	100.0	283	280	98.9	282	268	95.0	284
08	Boys	297	295	99.3	294	206	70.1	298	267	90.0	298	274	91.9	297	274	92.3	298
08	Girls	261	258	98.9	261	213	81.6	261	250	96.0	261	256	98.1	261	251	96.2	261
Totals		1,109	1,101	99.3	1,104	813	73.6	1,112	1,064	95.7	1,111	1,070	96.3	1,107	1,035	93.5	1,113

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Garfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	23	85.2	27	12	44.4	27	25	93.0	27	27	100.0	27	20	74.1	27
04	Girls	27	22	81.5	27	27	100.0	27	27	100.0	27	27	100.0	27	12	44.4	27
05	Boys	22	16	72.7	22	14	63.6	22	20	91.0	22	22	100.0	22	15	68.2	22
05	Girls	29	23	79.3	29	29	100.0	29	29	100.0	29	29	100.0	29	16	55.2	29
06	Boys	18	15	83.3	18	15	83.3	18	17	94.0	18	17	94.4	18	16	88.9	18
06	Girls	21	11	52.4	21	17	81.0	21	20	95.0	21	21	100.0	21	12	57.1	21
Totals		144	110	76.4	144	114	79.2	144	138	95.8	144	143	99.3	144	91	63.2	144

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Glasgow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	284	258	90.8	282	187	66.3	284	251	88.0	284	284	100.0	284	256	90.1	285
06	Girls	300	240	80.0	301	273	90.7	302	299	99.0	302	302	100.0	300	266	88.7	302
07	Boys	261	215	82.4	255	144	56.5	262	248	95.0	262	262	100.0	262	224	85.5	262
07	Girls	277	212	76.5	272	204	75.0	278	262	94.0	279	279	100.0	277	256	92.4	280
08	Boys	243	223	91.8	245	146	59.6	246	211	86.0	243	239	98.4	243	172	70.8	248
08	Girls	232	212	91.4	231	169	73.2	232	214	92.0	230	229	99.6	233	196	84.1	235
Totals		1,597	1,360	85.2	1,586	1,123	70.8	1,604	1,485	92.6	1,600	1,595	99.7	1,599	1,370	85.7	1,612

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	51	75.0	68	30	44.1	68	53	78.0	68	52	76.5	68	48	70.6	69
04	Girls	64	50	78.1	64	63	98.4	66	62	94.0	65	57	87.7	64	42	65.6	66
05	Boys	80	56	70.0	81	42	51.9	81	70	86.0	80	52	65.0	80	63	78.8	82
05	Girls	60	40	66.7	61	55	90.2	62	56	90.0	62	45	72.6	62	45	72.6	62
Totals		272	197	72.4	274	190	69.3	277	241	87.0	275	206	74.9	274	198	72.3	279



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	20	66.7	30	5	16.7	30	28	93.0	30	22	73.3	30	15	50.0	32
04	Girls	20	9	45.0	20	18	90.0	20	15	75.0	20	11	55.0	20	6	30.0	21
05	Boys	27	27	100.0	27	7	25.9	27	27	100.0	27	27	100.0	27	25	92.6	27
05	Girls	34	34	100.0	34	24	70.6	34	34	100.0	34	34	100.0	34	34	100.0	34
06	Boys	26	14	53.8	26	11	42.3	26	20	77.0	26	20	76.9	26	23	88.5	26
06	Girls	30	18	60.0	30	11	36.7	30	26	87.0	30	23	76.7	30	15	50.0	30
Totals		167	122	73.1	167	76	45.5	167	150	89.8	167	137	82.0	167	118	70.7	170

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	25	80.6	31	27	87.1	31	29	94.0	31	28	90.3	31	27	87.1	31
04	Girls	50	42	84.0	49	49	100.0	50	48	96.0	50	48	96.0	50	34	68.0	50
05	Boys	37	30	81.1	37	33	89.2	37	34	92.0	37	37	100.0	37	28	75.7	37
05	Girls	44	42	95.5	44	44	100.0	44	43	98.0	44	44	100.0	44	34	77.3	44
06	Boys	36	33	91.7	36	34	94.4	36	34	94.0	36	36	100.0	36	33	91.7	36
06	Girls	52	47	90.4	51	50	98.0	52	47	90.0	52	52	100.0	52	47	90.4	52
Totals		250	219	87.6	248	237	95.6	250	235	94.0	250	245	98.0	250	203	81.2	250

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	51	70.8	72	28	38.9	72	55	76.0	72	34	47.2	72	29	40.3	72
04	Girls	69	58	84.1	69	69	100.0	69	56	81.0	69	41	59.4	69	19	27.5	69
05	Boys	71	65	91.5	71	41	57.7	71	51	72.0	71	43	60.6	71	41	57.7	71
05	Girls	53	50	94.3	53	48	90.6	53	42	79.0	53	33	62.3	53	25	47.2	53
06	Boys	39	34	87.2	39	26	66.7	39	28	72.0	39	24	61.5	39	25	64.1	40
06	Girls	52	43	82.7	52	48	92.3	52	45	87.0	52	35	67.3	52	23	44.2	52
Totals		356	301	84.6	356	260	73.0	356	277	77.8	356	210	59.0	356	162	45.5	357

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	105	95	90.5	105	71	67.6	105	87	83.0	104	102	98.1	105	97	92.4	106
04	Girls	109	98	89.9	109	108	99.1	110	103	94.0	109	99	90.8	109	94	86.2	111
05	Boys	143	141	98.6	143	127	88.8	145	135	93.0	144	142	98.6	142	135	95.1	145
05	Girls	108	107	99.1	103	100	97.1	108	102	94.0	108	105	97.2	105	94	89.5	108
06	Boys	95	86	90.5	97	76	78.4	97	84	87.0	97	94	96.9	97	88	90.7	104
06	Girls	80	74	92.5	84	82	97.6	85	83	98.0	84	81	96.4	84	78	92.9	97
Totals		640	601	93.9	641	564	88.0	650	594	91.4	646	623	96.4	642	586	91.3	671

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Groveton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	35	72.9	49	49	100.0	49	49	100.0	48	44	91.7	49
04	Girls	56	56	100.0	56	55	98.2	56	56	100.0	56	56	100.0	56	51	91.1	56
05	Boys	53	52	98.1	53	43	81.1	53	52	98.0	53	53	100.0	53	52	98.1	53
05	Girls	50	48	96.0	49	48	98.0	50	49	98.0	50	50	100.0	50	46	92.0	50
06	Boys	43	42	97.7	43	30	69.8	43	42	98.0	43	42	97.7	43	41	95.3	43
06	Girls	40	38	95.0	39	34	87.2	40	40	100.0	40	38	95.0	39	37	94.9	40
Totals		290	283	97.6	288	245	85.1	291	288	99.0	291	288	99.0	289	271	93.8	291

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Gunston Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	44	91.7	49	33	67.3	50	48	96.0	50	47	94.0	50	43	86.0	51
04	Girls	33	31	93.9	33	33	100.0	33	32	97.0	33	32	97.0	33	30	90.9	35
05	Boys	43	40	93.0	43	35	81.4	43	43	100.0	43	42	97.7	43	37	86.0	44
05	Girls	36	34	94.4	36	31	86.1	36	36	100.0	36	36	100.0	36	31	86.1	36
06	Boys	34	33	97.1	34	25	73.5	34	34	100.0	34	34	100.0	34	29	85.3	34
06	Girls	37	35	94.6	37	36	97.3	37	37	100.0	37	37	100.0	37	32	86.5	37
Totals		231	217	93.9	232	193	83.2	233	230	98.7	233	228	97.9	233	202	86.7	237

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Halley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	36	83.7	43	35	81.4	43	43	100.0	43	43	100.0	43	37	86.0	43
04	Girls	51	39	76.5	51	51	100.0	51	51	100.0	51	51	100.0	51	33	64.7	51
05	Boys	37	29	78.4	37	30	81.1	37	37	100.0	37	37	100.0	37	28	75.7	37
05	Girls	41	25	61.0	41	38	92.7	41	41	100.0	41	41	100.0	41	24	58.5	42
06	Boys	31	29	93.5	31	27	87.1	31	31	100.0	31	31	100.0	31	28	90.3	31
06	Girls	39	30	76.9	39	37	94.9	39	39	100.0	39	39	100.0	39	29	74.4	40
Totals		242	188	77.7	242	218	90.1	242	242	100.0	242	242	100.0	242	179	74.0	244

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Haycock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	87	97.8	89	76	85.4	89	89	100.0	89	89	100.0	89	86	96.6	89
04	Girls	75	72	96.0	75	75	100.0	75	75	100.0	75	75	100.0	75	70	93.3	75
05	Boys	68	63	92.6	69	64	92.8	72	72	100.0	70	70	100.0	69	65	94.2	72
05	Girls	65	61	93.8	65	64	98.5	65	65	100.0	65	65	100.0	65	56	86.2	65
06	Boys	68	61	89.7	67	58	86.6	68	68	100.0	68	68	100.0	67	66	98.5	68
06	Girls	77	76	98.7	77	76	98.7	77	77	100.0	77	77	100.0	76	73	96.1	77
Totals		442	420	95.0	442	413	93.4	446	446	100.0	444	444	100.0	441	416	94.3	446



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	52	98.1	53	25	47.2	53	44	83.0	53	40	75.5	53	45	84.9	53
04	Girls	45	43	95.6	45	44	97.8	45	42	93.0	45	41	91.1	45	34	75.6	45
05	Boys	50	48	96.0	50	28	56.0	50	45	90.0	50	38	76.0	50	39	78.0	50
05	Girls	33	29	87.9	33	29	87.9	33	31	94.0	33	28	84.8	33	23	69.7	33
06	Boys	44	42	95.5	44	29	65.9	44	43	98.0	44	41	93.2	44	34	77.3	44
06	Girls	40	36	90.0	40	33	82.5	40	38	95.0	40	39	97.5	40	18	45.0	40
Totals		265	250	94.3	265	188	70.9	265	243	91.7	265	227	85.7	265	193	72.8	265

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hayfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	291	283	97.3	291	244	83.8	291	287	99.0	291	200	68.7	291	195	67.0	293
09	Girls	220	208	94.5	220	197	89.5	221	220	100.0	220	189	85.9	220	200	90.9	223
10	Boys	230	229	99.6	228	179	78.5	232	221	95.0	231	196	84.8	208	177	85.1	234
10	Girls	200	197	98.5	204	158	77.5	207	207	100.0	205	188	91.7	195	178	91.3	209
11	Boys	19	19	100.0	19	12	63.2	19	19	100.0	18	11	61.1	18	11	61.1	19
11	Girls	16	16	100.0	14	8	57.1	16	16	100.0	16	13	81.3	15	13	86.7	16
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	3
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		979	955	97.5	979	800	81.7	989	973	98.4	984	800	81.3	950	777	81.8	998

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hayfield MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	219	201	91.8	219	153	69.9	218	215	99.0	219	218	99.5	219	161	73.5	219
07	Girls	209	189	90.4	208	191	91.8	210	207	99.0	208	206	99.0	209	166	79.4	210
08	Boys	228	213	93.4	228	183	80.3	228	217	95.0	228	222	97.4	228	165	72.4	228
08	Girls	211	201	95.3	214	205	95.8	212	208	98.0	212	210	99.1	212	171	80.7	214
Totals		867	804	92.7	869	732	84.2	868	847	97.6	867	856	98.7	868	663	76.4	871

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Herndon Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	41	87.2	47	16	34.0	47	47	100.0	47	37	78.7	47	38	80.9	47
04	Girls	56	43	76.8	55	53	96.4	56	56	100.0	56	48	85.7	56	43	76.8	57
05	Boys	46	38	82.6	46	32	69.6	46	46	100.0	46	25	54.3	46	31	67.4	46
05	Girls	64	54	84.4	64	63	98.4	64	64	100.0	64	30	46.9	64	50	78.1	65
06	Boys	51	36	70.6	52	21	40.4	52	52	100.0	49	46	93.9	52	31	59.6	52
06	Girls	55	37	67.3	55	54	98.2	55	55	100.0	55	52	94.5	55	40	72.7	56
Totals		319	249	78.1	319	239	74.9	320	320	100.0	317	238	75.1	320	233	72.8	323

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Herndon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	299	284	95.0	297	189	63.6	302	294	97.0	300	299	99.7	299	188	62.9	303
09	Girls	254	244	96.1	252	196	77.8	258	253	98.0	255	253	99.2	255	243	95.3	261
10	Boys	251	240	95.6	234	112	47.9	258	244	95.0	255	214	83.9	256	126	49.2	271
10	Girls	216	198	91.7	197	79	40.1	220	214	97.0	218	186	85.3	218	169	77.5	226
11	Boys	18	17	94.4	19	6	31.6	19	15	79.0	18	16	88.9	18	7	38.9	32
11	Girls	13	12	92.3	12	4	33.3	13	13	100.0	13	12	92.3	13	12	92.3	15
12	Boys	2	1	50.0	2	0	0.0	2	1	50.0	2	2	100.0	2	1	50.0	2
12	Girls	4	2	50.0	4	0	0.0	2	2	100.0	4	2	50.0	4	2	50.0	5
Totals		1,057	998	94.4	1,017	586	57.6	1,074	1,036	96.5	1,065	984	92.4	1,065	748	70.2	1,115

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Herndon MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	265	240	90.6	280	224	80.0	276	262	95.0	267	190	71.2	273	193	70.7	282
07	Girls	248	218	87.9	261	252	96.6	257	255	99.0	249	207	83.1	255	182	71.4	265
08	Boys	265	259	97.7	266	202	75.9	267	263	99.0	264	248	93.9	265	208	78.5	268
08	Girls	225	219	97.3	226	184	81.4	226	225	100.0	226	219	96.9	225	190	84.4	233
Totals		1,003	936	93.3	1,033	862	83.4	1,026	1,005	98.0	1,006	864	85.9	1,018	773	75.9	1,048

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	36	83.7	44	25	56.8	43	39	91.0	43	42	97.7	43	36	83.7	44
04	Girls	38	31	81.6	38	34	89.5	38	35	92.0	38	38	100.0	38	21	55.3	39
05	Boys	47	39	83.0	47	31	66.0	47	42	89.0	47	45	95.7	47	34	72.3	48
05	Girls	34	22	64.7	34	30	88.2	34	31	91.0	34	33	97.1	34	19	55.9	35
06	Boys	47	32	68.1	46	30	65.2	48	43	90.0	48	48	100.0	48	30	62.5	48
06	Girls	32	23	71.9	32	28	87.5	32	28	88.0	31	31	100.0	32	19	59.4	32
Totals		241	183	75.9	241	178	73.9	242	218	90.1	241	237	98.3	242	159	65.7	246

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Holmes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	160	145	90.6	155	136	87.7	155	152	98.0	155	155	100.0	158	118	74.7	160
06	Girls	139	126	90.6	134	134	100.0	136	134	99.0	136	136	100.0	137	105	76.6	139
07	Boys	176	162	92.0	171	153	89.5	170	157	92.0	157	150	95.5	175	128	73.1	176
07	Girls	141	131	92.9	137	136	99.3	139	131	94.0	129	123	95.3	141	128	90.8	144
08	Boys	179	166	92.7	179	148	82.7	181	178	98.0	131	131	100.0	181	135	74.6	183
08	Girls	151	140	92.7	150	145	96.7	150	149	99.0	111	111	100.0	151	113	74.8	153
Totals		946	870	92.0	926	852	92.0	931	901	96.8	819	806	98.4	943	727	77.1	955



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hughes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	239	223	93.3	237	190	80.2	239	233	98.0	239	238	99.6	239	206	86.2	247
07	Girls	234	212	90.6	235	222	94.5	235	231	98.0	234	234	100.0	235	205	87.2	239
08	Boys	267	255	95.5	268	223	83.2	268	255	95.0	268	243	90.7	266	210	78.9	273
08	Girls	228	211	92.5	228	198	86.8	227	220	97.0	228	216	94.7	227	186	81.9	230
Totals		968	901	93.1	968	833	86.1	969	939	96.9	969	931	96.1	967	807	83.5	989

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	54	94.7	61	44	72.1	61	59	97.0	60	56	93.3	60	54	90.0	61
04	Girls	37	34	91.9	37	37	100.0	38	37	97.0	38	36	94.7	38	35	92.1	39
05	Boys	41	39	95.1	43	34	79.1	43	43	100.0	43	41	95.3	42	41	97.6	43
05	Girls	39	37	94.9	40	37	92.5	40	40	100.0	40	40	100.0	40	37	92.5	40
06	Boys	52	50	96.2	53	40	75.5	54	53	98.0	54	50	92.6	52	46	88.5	54
06	Girls	42	41	97.6	42	39	92.9	42	42	100.0	42	41	97.6	42	39	92.9	42
Totals		268	255	95.1	276	231	83.7	278	274	98.6	277	264	95.3	274	252	92.0	279

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	64	100.0	62	41	66.1	64	64	100.0	64	64	100.0	63	61	96.8	64
04	Girls	66	65	98.5	63	61	96.8	66	66	100.0	66	66	100.0	66	65	98.5	66
05	Boys	120	119	99.2	120	89	74.2	120	120	100.0	120	120	100.0	115	111	96.5	120
05	Girls	109	109	100.0	106	99	93.4	110	110	100.0	110	110	100.0	108	104	96.3	110
06	Boys	121	119	98.3	115	85	73.9	121	121	100.0	121	121	100.0	116	113	97.4	121
06	Girls	102	96	94.1	100	89	89.0	103	103	100.0	103	103	100.0	91	86	94.5	103
Totals		582	572	98.3	566	464	82.0	584	584	100.0	584	584	100.0	559	540	96.6	584

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	47	88.7	53	42	79.2	55	53	96.0	53	51	96.2	53	52	98.1	56
04	Girls	74	72	97.3	74	74	100.0	74	73	99.0	74	74	100.0	74	73	98.6	74
05	Boys	50	49	98.0	50	43	86.0	52	50	96.0	50	50	100.0	50	49	98.0	52
05	Girls	57	49	86.0	57	55	96.5	57	57	100.0	57	57	100.0	57	55	96.5	58
06	Boys	48	46	95.8	47	38	80.9	50	50	100.0	49	49	100.0	46	46	100.0	50
06	Girls	59	54	91.5	57	56	98.2	60	60	100.0	60	60	100.0	59	54	91.5	60
Totals		341	317	93.0	338	308	91.1	348	343	98.6	343	341	99.4	339	329	97.1	350

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	37	94.9	39	24	61.5	39	39	100.0	39	31	79.5	39	30	76.9	40
04	Girls	72	64	88.9	72	71	98.6	72	72	100.0	72	56	77.8	72	43	59.7	72
05	Boys	52	49	94.2	52	39	75.0	54	53	98.0	53	47	88.7	53	42	79.2	54
05	Girls	47	40	85.1	47	42	89.4	47	47	100.0	47	35	74.5	47	30	63.8	47
06	Boys	53	47	88.7	53	31	58.5	53	52	98.0	53	49	92.5	53	41	77.4	53
06	Girls	59	47	79.7	59	55	93.2	59	58	98.0	60	51	85.0	59	41	69.5	60
Totals		322	284	88.2	322	262	81.4	324	321	99.1	324	269	83.0	323	227	70.3	326

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Irving MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	222	217	97.7	222	158	71.2	224	219	98.0	222	222	100.0	222	204	91.9	228
07	Girls	210	202	96.2	211	183	86.7	212	209	99.0	212	212	100.0	212	193	91.0	214
08	Boys	228	225	98.7	227	177	78.0	231	209	91.0	218	218	100.0	227	202	89.0	233
08	Girls	236	233	98.7	235	213	90.6	237	229	97.0	228	228	100.0	234	218	93.2	243
Totals		896	877	97.9	895	731	81.7	904	866	95.8	880	880	100.0	895	817	91.3	918

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	30	56.6	53	50	94.0	53	53	100.0	53	35	66.0	53
04	Girls	49	49	100.0	49	49	100.0	49	49	100.0	48	48	100.0	49	37	75.5	49
05	Boys	35	34	97.1	35	24	68.6	35	35	100.0	35	35	100.0	35	30	85.7	35
05	Girls	55	55	100.0	55	50	90.9	56	56	100.0	56	56	100.0	55	45	81.8	56
06	Boys	41	38	92.7	41	22	53.7	41	40	98.0	41	41	100.0	40	32	80.0	41
06	Girls	58	56	96.6	59	53	89.8	59	59	100.0	59	58	98.3	59	47	79.7	59
Totals		291	285	97.9	292	228	78.1	293	289	98.6	292	291	99.7	291	226	77.7	293

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Jackson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	371	369	99.5	370	255	68.9	371	360	97.0	372	366	98.4	372	358	96.2	372
07	Girls	308	304	98.7	310	239	77.1	310	307	99.0	310	304	98.1	310	300	96.8	310
08	Boys	329	328	99.7	331	256	77.3	330	320	97.0	320	314	98.1	329	308	93.6	331
08	Girls	323	323	100.0	321	272	84.7	324	319	99.0	312	307	98.4	322	315	97.8	324
Totals		1,331	1,324	99.5	1,332	1,022	76.7	1,335	1,306	97.8	1,314	1,291	98.2	1,333	1,281	96.1	1,337



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Jefferson S/T HS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
09	Boys	255	250	98.0	253	212	83.8	275	274	100.0	252	245	97.2	254	216	85.0	277
09	Girls	170	161	94.7	169	154	91.1	183	183	100.0	170	169	99.4	170	161	94.7	186
10	Boys	219	208	95.0	218	124	56.9	219	219	100.0	219	217	99.1	219	171	78.1	238
10	Girls	149	146	98.0	150	115	76.7	152	152	100.0	151	149	98.7	150	144	96.0	165
Totals		793	765	96.5	790	605	76.6	829	828	99.9	792	780	98.5	793	692	87.3	866

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	53	94.6	56	42	75.0	56	56	100.0	56	47	83.9	56	55	98.2	56
04	Girls	68	64	94.1	68	68	100.0	68	68	100.0	68	59	86.8	68	64	94.1	68
05	Boys	66	60	90.9	66	62	93.9	66	66	100.0	66	59	89.4	66	62	93.9	66
05	Girls	83	75	90.4	83	82	98.8	83	82	99.0	83	79	95.2	83	74	89.2	83
06	Boys	76	71	93.4	76	62	81.6	76	75	99.0	76	72	94.7	76	69	90.8	76
06	Girls	63	53	84.1	63	63	100.0	63	61	97.0	63	59	93.7	63	58	92.1	63
Totals		412	376	91.3	412	379	92.0	412	408	99.0	412	375	91.0	412	382	92.7	412

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	64	98.5	64	56	87.5	65	57	88.0	65	47	72.3	65	64	98.5	65
04	Girls	53	53	100.0	53	53	100.0	53	53	100.0	53	46	86.8	53	53	100.0	53
05	Boys	73	73	100.0	72	71	98.6	73	59	81.0	73	62	84.9	72	70	97.2	73
05	Girls	64	63	98.4	64	64	100.0	64	63	98.0	64	60	93.8	64	63	98.4	64
06	Boys	62	61	98.4	62	56	90.3	62	56	90.0	62	57	91.9	62	59	95.2	62
06	Girls	68	64	94.1	67	67	100.0	68	66	97.0	68	61	89.7	68	66	97.1	68
Totals		385	378	98.2	382	367	96.1	385	354	91.9	385	333	86.5	384	375	97.7	385

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Key MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	219	201	91.8	221	140	63.3	216	182	84.0	216	159	73.6	218	153	70.2	229
07	Girls	219	194	88.6	218	179	82.1	215	195	91.0	218	181	83.0	221	152	68.8	225
08	Boys	231	220	95.2	233	165	70.8	216	175	81.0	233	205	88.0	234	176	75.2	241
08	Girls	182	172	94.5	182	140	76.9	174	151	87.0	177	162	91.5	180	125	69.4	189
Totals		851	787	92.5	854	624	73.1	821	703	85.6	844	707	83.8	853	606	71.0	884

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Kilmer MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	294	290	98.6	289	240	83.0	303	297	98.0	299	281	94.0	296	281	94.9	308
07	Girls	295	288	97.6	291	281	96.6	304	301	99.0	304	300	98.7	302	296	98.0	312
08	Boys	344	341	99.1	345	313	90.7	346	343	99.0	344	342	99.4	343	330	96.2	350
08	Girls	319	319	100.0	317	307	96.8	319	319	100.0	319	318	99.7	318	318	100.0	325
Totals		1,252	1,238	98.9	1,242	1,141	91.9	1,272	1,260	99.1	1,266	1,241	98.0	1,259	1,225	97.3	1,295

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	68	95.8	71	68	95.8	71	68	96.0	71	69	97.2	71	65	91.5	71
04	Girls	69	68	98.6	69	69	100.0	69	66	96.0	69	69	100.0	68	55	80.9	69
05	Boys	79	78	98.7	79	76	96.2	79	76	96.0	79	77	97.5	79	70	88.6	79
05	Girls	73	66	90.4	72	72	100.0	73	71	97.0	73	72	98.6	71	62	87.3	73
06	Boys	83	72	86.7	85	78	91.8	85	85	100.0	85	85	100.0	85	65	76.5	85
06	Girls	70	53	75.7	71	70	98.6	72	71	99.0	71	71	100.0	71	56	78.9	72
Totals		445	405	91.0	447	433	96.9	449	437	97.3	448	443	98.9	445	373	83.8	449

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	37	90.2	41	33	80.5	41	41	100.0	41	41	100.0	41	33	80.5	42
04	Girls	46	44	95.7	46	46	100.0	46	45	98.0	46	45	97.8	46	39	84.8	46
05	Boys	48	43	89.6	48	47	97.9	48	46	96.0	48	48	100.0	48	41	85.4	48
05	Girls	44	42	95.5	44	44	100.0	44	44	100.0	44	44	100.0	44	42	95.5	44
06	Boys	52	46	88.5	52	36	69.2	52	49	94.0	52	49	94.2	52	33	63.5	52
06	Girls	39	31	79.5	39	34	87.2	39	39	100.0	39	38	97.4	39	23	59.0	39
Totals		270	243	90.0	270	240	88.9	270	264	97.8	270	265	98.1	270	211	78.1	271

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	343	318	92.7	345	250	72.5	347	337	97.0	340	323	95.0	345	283	82.0	349
09	Girls	321	314	97.8	325	260	80.0	328	318	97.0	324	321	99.1	325	295	90.8	330
10	Boys	309	299	96.8	336	187	55.7	337	333	99.0	332	324	97.6	330	188	57.0	341
10	Girls	302	297	98.3	325	267	82.2	328	323	99.0	323	318	98.5	320	222	69.4	332
11	Boys	8	7	87.5	10	2	20.0	11	10	91.0	7	7	100.0	10	6	60.0	11
11	Girls	5	3	60.0	7	3	42.9	8	6	75.0	5	4	80.0	7	5	71.4	9
12	Boys	2	2	100.0	8	0	0.0	7	4	57.0	2	2	100.0	5	4	80.0	11
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,291	1,241	96.1	1,357	969	71.4	1,367	1,332	97.4	1,334	1,300	97.5	1,343	1,003	74.7	1,384



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lake Braddock MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	357	353	98.9	357	261	73.1	358	341	95.0	353	320	90.7	357	336	94.1	362
07	Girls	309	300	97.1	308	289	93.8	311	303	97.0	307	289	94.1	309	305	98.7	313
08	Boys	355	349	98.3	355	292	82.3	363	355	98.0	355	354	99.7	355	314	88.5	363
08	Girls	350	344	98.3	352	319	90.6	353	353	100.0	352	351	99.7	350	333	95.1	354
Totals		1,371	1,346	98.2	1,372	1,161	84.6	1,385	1,352	97.6	1,367	1,314	96.1	1,371	1,288	93.9	1,392

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	45	88.2	55	36	65.5	57	40	70.0	56	47	83.9	51	50	98.0	57
04	Girls	50	46	92.0	53	50	94.3	54	46	85.0	54	47	87.0	50	46	92.0	54
05	Boys	42	32	76.2	42	30	71.4	44	28	64.0	42	40	95.2	42	31	73.8	44
05	Girls	51	41	80.4	51	50	98.0	52	47	90.0	51	50	98.0	51	45	88.2	52
06	Boys	59	55	93.2	59	47	79.7	62	51	82.0	60	57	95.0	58	50	86.2	62
06	Girls	52	45	86.5	52	51	98.1	53	51	96.0	52	52	100.0	51	45	88.2	53
Totals		305	264	86.6	312	264	84.6	322	263	81.7	315	293	93.0	303	267	88.1	322

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Langley HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	269	263	97.8	271	202	74.5	269	254	94.0	270	248	91.9	266	247	92.9	274
09	Girls	212	209	98.6	211	166	78.7	213	204	96.0	212	209	98.6	206	204	99.0	218
10	Boys	255	250	98.0	254	160	63.0	259	254	98.0	246	234	95.1	256	229	89.5	263
10	Girls	260	258	99.2	259	226	87.3	262	258	99.0	241	238	98.8	260	257	98.8	263
11	Boys	3	3	100.0	4	2	50.0	4	4	100.0	5	4	80.0	4	3	75.0	8
11	Girls	7	7	100.0	7	2	28.6	7	5	71.0	5	5	100.0	7	7	100.0	8
12	Girls	1	1	100.0	1	0	0.0	2	2	100.0	1	1	100.0	1	1	100.0	5
Totals		1,007	991	98.4	1,007	758	75.3	1,016	981	96.6	980	939	95.8	1,000	948	94.8	1,039

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lanier MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	277	273	98.6	277	210	75.8	279	264	95.0	279	261	93.5	277	249	89.9	280
07	Girls	258	249	96.5	258	238	92.2	261	258	99.0	259	249	96.1	258	239	92.6	263
08	Boys	264	258	97.7	265	200	75.5	265	256	97.0	266	232	87.2	262	224	85.5	266
08	Girls	284	280	98.6	285	243	85.3	289	281	97.0	285	268	94.0	284	266	93.7	289
Totals		1,083	1,060	97.9	1,085	891	82.1	1,094	1,059	96.8	1,089	1,010	92.7	1,081	978	90.5	1,098

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	65	95.6	70	44	62.9	70	66	94.0	70	43	61.4	69	67	97.1	70
04	Girls	67	55	82.1	67	67	100.0	67	66	99.0	67	45	67.2	67	63	94.0	67
05	Boys	68	48	70.6	69	48	69.6	69	65	94.0	69	41	59.4	68	65	95.6	69
05	Girls	54	45	83.3	54	51	94.4	54	54	100.0	54	30	55.6	54	50	92.6	54
06	Boys	69	59	85.5	68	54	79.4	69	66	96.0	68	39	57.4	67	63	94.0	69
06	Girls	54	38	70.4	54	50	92.6	54	52	96.0	54	30	55.6	53	49	92.5	54
Totals		380	310	81.6	382	314	82.2	383	369	96.3	382	228	59.7	378	357	94.4	383

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	50	86.2	57	41	71.9	59	59	100.0	58	42	72.4	58	50	86.2	59
04	Girls	67	61	91.0	67	67	100.0	67	67	100.0	67	48	71.6	67	64	95.5	68
05	Boys	58	48	82.8	58	48	82.8	59	58	98.0	58	41	70.7	57	54	94.7	59
05	Girls	62	52	83.9	61	58	95.1	62	62	100.0	62	47	75.8	61	57	93.4	62
06	Boys	69	54	78.3	69	45	65.2	69	69	100.0	69	58	84.1	69	57	82.6	70
06	Girls	44	34	77.3	45	41	91.1	45	44	98.0	44	34	77.3	44	43	97.7	45
Totals		358	299	83.5	357	300	84.0	361	359	99.4	358	270	75.4	356	325	91.3	363

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lee HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	201	201	100.0	201	167	83.1	206	204	99.0	203	191	94.1	201	165	82.1	211
09	Girls	193	192	99.5	192	167	87.0	195	195	100.0	194	192	99.0	191	167	87.4	199
10	Boys	201	200	99.5	198	137	69.2	208	202	97.0	208	198	95.2	204	153	75.0	208
10	Girls	167	165	98.8	167	138	82.6	173	172	99.0	170	169	99.4	169	154	91.1	174
11	Boys	23	21	91.3	22	10	45.5	27	25	93.0	26	22	84.6	18	13	72.2	27
11	Girls	17	17	100.0	15	8	53.3	19	18	95.0	19	19	100.0	18	15	83.3	19
12	Boys	5	4	80.0	8	3	37.5	8	6	75.0	8	5	62.5	4	3	75.0	8
12	Girls	6	6	100.0	5	2	40.0	7	7	100.0	6	6	100.0	6	5	83.3	7
Totals		813	806	99.1	808	632	78.2	843	829	98.3	834	802	96.2	811	675	83.2	853

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	42	95.5	42	30	71.4	45	45	100.0	45	39	86.7	44	40	90.9	45
04	Girls	50	48	96.0	47	47	100.0	50	50	100.0	50	48	96.0	48	46	95.8	50
05	Boys	37	35	94.6	37	25	67.6	38	37	97.0	38	21	55.3	37	31	83.8	38
05	Girls	49	47	95.9	49	48	98.0	50	49	98.0	50	42	84.0	49	44	89.8	50
06	Boys	63	58	92.1	62	38	61.3	64	62	97.0	64	59	92.2	63	54	85.7	64
06	Girls	34	33	97.1	34	34	100.0	34	34	100.0	34	34	100.0	34	31	91.2	35
Totals		277	263	94.9	271	222	81.9	281	277	98.6	281	243	86.5	275	246	89.5	282



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	38	88.4	43	23	53.5	43	39	91.0	43	43	100.0	43	40	93.0	43
04	Girls	32	26	81.3	32	30	93.8	32	30	94.0	32	32	100.0	31	29	93.5	33
05	Boys	40	38	95.0	40	32	80.0	41	41	100.0	41	40	97.6	40	39	97.5	42
05	Girls	44	41	93.2	44	43	97.7	45	45	100.0	45	45	100.0	44	42	95.5	48
06	Boys	46	39	84.8	46	29	63.0	46	46	100.0	46	46	100.0	46	42	91.3	46
06	Girls	36	36	100.0	37	36	97.3	37	37	100.0	37	37	100.0	37	37	100.0	38
Totals		241	218	90.5	242	193	79.8	244	238	97.5	244	243	99.6	241	229	95.0	250

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Liberty MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	284	277	97.5	284	184	64.8	285	274	96.0	283	271	95.8	284	245	86.3	286
07	Girls	244	233	95.5	240	211	87.9	244	239	98.0	244	239	98.0	244	218	89.3	244
08	Boys	286	266	93.0	285	198	69.5	288	258	90.0	286	216	75.5	285	239	83.9	293
08	Girls	266	239	89.8	268	225	84.0	266	255	96.0	267	222	83.1	266	240	90.2	271
Totals		1,080	1,015	94.0	1,077	818	76.0	1,083	1,026	94.7	1,080	948	87.8	1,079	942	87.3	1,094

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Little Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	17	14	82.4	17	14	82.4	17	16	94.0	17	11	64.7	17	15	88.2	17
04	Girls	23	16	69.6	23	23	100.0	23	23	100.0	23	22	95.7	23	17	73.9	23
05	Boys	27	23	85.2	27	23	85.2	27	27	100.0	27	20	74.1	27	22	81.5	27
05	Girls	25	20	80.0	25	24	96.0	25	24	96.0	25	23	92.0	25	17	68.0	25
06	Boys	24	21	87.5	24	20	83.3	24	23	96.0	24	20	83.3	24	23	95.8	24
06	Girls	19	19	100.0	19	18	94.7	19	19	100.0	19	19	100.0	19	18	94.7	19
Totals		135	113	83.7	135	122	90.4	135	132	97.8	135	115	85.2	135	112	83.0	135

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
London Towne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	63	98.4	64	49	76.6	64	64	100.0	64	64	100.0	64	63	98.4	64
04	Girls	55	55	100.0	55	55	100.0	55	55	100.0	55	55	100.0	55	51	92.7	55
05	Boys	62	61	98.4	63	46	73.0	63	63	100.0	63	63	100.0	62	57	91.9	63
05	Girls	50	48	96.0	51	45	88.2	51	51	100.0	51	51	100.0	50	46	92.0	51
06	Boys	53	50	94.3	53	49	92.5	53	52	98.0	53	53	100.0	53	52	98.1	53
06	Girls	54	54	100.0	55	50	90.9	56	55	98.0	55	54	98.2	54	50	92.6	56
Totals		338	331	97.9	341	294	86.2	342	340	99.4	341	340	99.7	338	319	94.4	342

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Longfellow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	351	343	97.7	349	253	72.5	352	349	99.0	349	329	94.3	348	330	94.8	354
07	Girls	315	311	98.7	313	291	93.0	316	316	100.0	315	313	99.4	314	293	93.3	317
08	Boys	357	333	93.3	356	249	69.9	360	357	99.0	358	333	93.0	355	315	88.7	360
08	Girls	354	341	96.3	354	297	83.9	355	354	100.0	354	341	96.3	354	320	90.4	355
Totals		1,377	1,328	96.4	1,372	1,090	79.4	1,383	1,376	99.5	1,376	1,316	95.6	1,371	1,258	91.8	1,386

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	48	57.1	84	43	51.2	85	78	92.0	84	77	91.7	84	76	90.5	85
04	Girls	63	40	63.5	62	62	100.0	63	62	98.0	63	53	84.1	63	58	92.1	64
05	Boys	99	64	64.6	99	55	55.6	99	97	98.0	99	89	89.9	99	75	75.8	99
05	Girls	88	64	72.7	86	75	87.2	88	83	94.0	87	86	98.9	87	71	81.6	88
06	Boys	105	73	69.5	106	58	54.7	106	104	98.0	105	91	86.7	106	93	87.7	106
06	Girls	70	55	78.6	70	65	92.9	71	71	100.0	71	65	91.5	71	62	87.3	73
Totals		509	344	67.6	507	358	70.6	512	495	96.7	509	461	90.6	510	435	85.3	515

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	26	81.3	32	25	78.1	32	24	75.0	32	24	75.0	32	27	84.4	34
04	Girls	37	34	91.9	37	37	100.0	37	36	97.0	37	34	91.9	37	26	70.3	37
05	Boys	32	27	84.4	32	22	68.8	32	29	91.0	31	20	64.5	32	23	71.9	32
05	Girls	36	29	80.6	36	35	97.2	36	32	89.0	34	22	64.7	36	21	58.3	36
06	Boys	28	26	92.9	28	18	64.3	28	25	89.0	28	22	78.6	28	18	64.3	31
06	Girls	40	32	80.0	40	40	100.0	40	37	93.0	40	37	92.5	40	19	47.5	40
Totals		205	174	84.9	205	177	86.3	205	183	89.3	202	159	78.7	205	134	65.4	210

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Madison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	280	275	98.2	281	237	84.3	279	269	96.0	279	235	84.2	279	232	83.2	284
09	Girls	271	270	99.6	274	236	86.1	275	269	98.0	273	250	91.6	274	243	88.7	279
10	Boys	244	236	96.7	244	151	61.9	243	240	99.0	244	219	89.8	244	192	78.7	244
10	Girls	243	240	98.8	242	181	74.8	244	244	100.0	243	237	97.5	243	212	87.2	245
11	Boys	8	8	100.0	8	2	25.0	8	8	100.0	8	8	100.0	8	6	75.0	8
11	Girls	8	7	87.5	8	2	25.0	8	8	100.0	6	5	83.3	8	7	87.5	9
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,054	1,036	98.3	1,057	809	76.5	1,057	1,038	98.2	1,053	954	90.6	1,056	892	84.5	1,071



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mantua Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	76	100.0	76	57	75.0	76	73	96.0	76	74	97.4	76	74	97.4	76
04	Girls	73	73	100.0	73	72	98.6	74	74	100.0	74	73	98.6	73	73	100.0	75
05	Boys	96	92	95.8	96	78	81.3	96	92	96.0	96	86	89.6	96	94	97.9	96
05	Girls	74	70	94.6	75	75	100.0	75	73	97.0	75	74	98.7	75	72	96.0	76
06	Boys	79	74	93.7	78	67	85.9	79	79	100.0	76	72	94.7	78	74	94.9	79
06	Girls	79	73	92.4	79	75	94.9	79	79	100.0	77	74	96.1	78	76	97.4	79
Totals		477	458	96.0	477	424	88.9	479	470	98.1	474	453	95.6	476	463	97.3	481

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Marshall HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	227	222	97.8	246	216	87.8	246	243	99.0	246	246	100.0	247	223	90.3	253
09	Girls	230	230	100.0	243	228	93.8	247	244	99.0	248	248	100.0	248	231	93.1	250
10	Boys	249	248	99.6	249	190	76.3	251	245	98.0	250	248	99.2	249	207	83.1	255
10	Girls	231	229	99.1	224	171	76.3	234	230	98.0	231	231	100.0	228	214	93.9	238
11	Boys	6	6	100.0	6	4	66.7	6	6	100.0	6	6	100.0	6	3	50.0	12
11	Girls	7	7	100.0	7	6	85.7	7	7	100.0	7	6	85.7	7	4	57.1	17
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		952	944	99.2	977	815	83.4	993	977	98.4	990	987	99.7	987	884	89.6	1,032

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	57	93.4	61	32	52.5	62	61	98.0	62	62	100.0	62	48	77.4	63
04	Girls	43	37	86.0	43	43	100.0	43	42	98.0	43	43	100.0	43	27	62.8	43
05	Boys	42	34	81.0	42	18	42.9	42	37	88.0	42	42	100.0	42	24	57.1	43
05	Girls	38	35	92.1	38	36	94.7	38	37	97.0	38	38	100.0	38	32	84.2	38
06	Boys	50	44	88.0	51	34	66.7	51	51	100.0	48	47	97.9	50	42	84.0	51
06	Girls	31	28	90.3	32	31	96.9	32	32	100.0	32	32	100.0	32	27	84.4	33
Totals		265	235	88.7	267	194	72.7	268	260	97.0	265	264	99.6	267	200	74.9	271

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mason Crest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	31	72.1	43	28	65.1	43	32	74.0	43	32	74.4	43	34	79.1	47
04	Girls	43	37	86.0	43	43	100.0	43	40	93.0	43	34	79.1	43	35	81.4	47
05	Boys	28	23	82.1	28	26	92.9	28	23	82.0	28	17	60.7	28	22	78.6	30
05	Girls	42	31	73.8	42	42	100.0	42	37	88.0	42	32	76.2	42	30	71.4	43
Totals		156	122	78.2	156	139	89.1	156	132	84.6	156	115	73.7	156	121	77.6	167

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
McLean HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	234	226	96.6	241	181	75.1	235	216	92.0	200	174	87.0	243	212	87.2	255
09	Girls	235	228	97.0	233	176	75.5	216	211	98.0	184	171	92.9	237	223	94.1	241
10	Boys	236	222	94.1	235	166	70.6	244	222	91.0	242	206	85.1	238	193	81.1	248
10	Girls	230	216	93.9	238	169	71.0	243	237	98.0	240	232	96.7	236	203	86.0	244
11	Boys	6	5	83.3	5	2	40.0	10	10	100.0	9	8	88.9	6	4	66.7	12
11	Girls	7	5	71.4	7	1	14.3	8	7	88.0	8	5	62.5	7	4	57.1	8
12	Boys	0	0	0.0	0	0	0.0	3	3	100.0	3	3	100.0	0	0	0.0	4
12	Girls	0	0	0.0	0	0	0.0	3	3	100.0	2	2	100.0	0	0	0.0	3
Totals		948	902	95.1	959	695	72.5	962	909	94.5	888	801	90.2	967	839	86.8	1,015

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	68	89.5	76	54	71.1	76	66	87.0	76	67	88.2	75	70	93.3	77
04	Girls	57	53	93.0	56	55	98.2	57	53	93.0	57	54	94.7	56	48	85.7	57
05	Boys	79	71	89.9	79	57	72.2	81	77	95.0	79	78	98.7	77	69	89.6	81
05	Girls	75	68	90.7	75	68	90.7	76	72	95.0	74	74	100.0	75	70	93.3	76
06	Boys	58	49	84.5	58	41	70.7	60	52	87.0	59	58	98.3	59	50	84.7	60
06	Girls	55	47	85.5	54	51	94.4	56	55	98.0	56	55	98.2	55	53	96.4	56
Totals		400	356	89.0	398	326	81.9	406	375	92.4	401	386	96.3	397	360	90.7	407

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	79	88.8	88	41	46.6	89	73	82.0	89	81	91.0	89	80	89.9	89
04	Girls	67	66	98.5	68	68	100.0	70	64	91.0	70	68	97.1	70	61	87.1	70
05	Boys	100	90	90.0	99	66	66.7	100	88	88.0	100	99	99.0	100	90	90.0	100
05	Girls	90	83	92.2	90	86	95.6	90	89	99.0	90	86	95.6	90	83	92.2	90
06	Boys	75	70	93.3	75	53	70.7	75	68	91.0	75	72	96.0	75	69	92.0	75
06	Girls	77	69	89.6	77	72	93.5	77	72	94.0	77	75	97.4	77	69	89.6	77
Totals		498	457	91.8	497	386	77.7	501	454	90.6	501	481	96.0	501	452	90.2	501

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	24	19	79.2	24	12	50.0	24	17	71.0	24	24	100.0	24	17	70.8	24
04	Girls	30	25	83.3	30	30	100.0	30	29	97.0	30	30	100.0	30	20	66.7	30
05	Boys	18	15	83.3	18	9	50.0	18	14	78.0	18	18	100.0	18	14	77.8	18
05	Girls	14	12	85.7	14	13	92.9	14	10	71.0	14	14	100.0	14	9	64.3	14
06	Boys	31	20	64.5	31	12	38.7	31	25	81.0	31	31	100.0	31	21	67.7	31
06	Girls	15	8	53.3	15	9	60.0	15	14	93.0	15	15	100.0	15	8	53.3	15
Totals		132	99	75.0	132	85	64.4	132	109	82.6	132	132	100.0	132	89	67.4	132



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	227	211	93.0	212	49	23.1	246	227	92.0	208	170	81.7	226	182	80.5	252
09	Girls	194	176	90.7	180	58	32.2	223	204	92.0	182	178	97.8	191	168	88.0	231
10	Boys	231	215	93.1	214	36	16.8	232	224	97.0	217	213	98.2	230	180	78.3	256
10	Girls	193	180	93.3	180	43	23.9	200	193	97.0	178	176	98.9	191	177	92.7	222
11	Boys	22	22	100.0	19	2	10.5	21	20	95.0	18	18	100.0	21	17	81.0	24
11	Girls	18	18	100.0	18	1	5.6	20	18	90.0	16	16	100.0	18	13	72.2	23
12	Boys	7	6	85.7	6	0	0.0	7	7	100.0	7	7	100.0	7	4	57.1	7
12	Girls	8	7	87.5	9	0	0.0	8	8	100.0	9	9	100.0	8	8	100.0	10
Totals		900	835	92.8	838	189	22.6	957	901	94.1	835	787	94.3	892	749	84.0	1,025

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	38	95.0	40	23	57.5	40	37	93.0	40	31	77.5	40	37	92.5	40
04	Girls	41	38	92.7	41	41	100.0	41	35	85.0	41	27	65.9	41	36	87.8	41
05	Boys	37	33	89.2	37	23	62.2	38	36	95.0	37	28	75.7	37	27	73.0	38
05	Girls	39	29	74.4	39	36	92.3	39	35	90.0	39	35	89.7	39	28	71.8	39
06	Boys	33	30	90.9	33	24	72.7	33	28	85.0	33	33	100.0	33	26	78.8	34
06	Girls	27	26	96.3	27	27	100.0	27	27	100.0	27	24	88.9	27	25	92.6	27
Totals		217	194	89.4	217	174	80.2	218	198	90.8	217	178	82.0	217	179	82.5	219

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Mountain View High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	4	4	100.0	4	0	0.0	4	4	100.0	4	4	100.0	4	2	50.0	6
09	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	3
10	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	2
11	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	3
11	Girls	1	1	100.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		9	9	100.0	8	0	0.0	9	9	100.0	9	9	100.0	9	5	55.6	16

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Navy Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	88	100.0	88	75	85.2	88	82	93.0	88	88	100.0	88	84	95.5	88
04	Girls	81	81	100.0	81	80	98.8	81	76	94.0	81	79	97.5	81	81	100.0	81
05	Boys	49	46	93.9	50	43	86.0	50	50	100.0	50	50	100.0	50	49	98.0	50
05	Girls	57	55	96.5	57	56	98.2	58	58	100.0	58	57	98.3	56	56	100.0	58
06	Boys	62	62	100.0	63	61	96.8	63	60	95.0	61	61	100.0	63	63	100.0	63
06	Girls	44	43	97.7	44	43	97.7	44	43	98.0	44	43	97.7	44	44	100.0	44
Totals		381	375	98.4	383	358	93.5	384	369	96.1	382	378	99.0	382	377	98.7	384

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	46	95.8	48	41	85.4	48	36	75.0	48	19	39.6	48	47	97.9	48
04	Girls	33	33	100.0	33	33	100.0	33	27	82.0	33	26	78.8	33	31	93.9	33
05	Boys	45	35	77.8	45	41	91.1	45	35	78.0	45	22	48.9	45	43	95.6	45
05	Girls	52	52	100.0	51	51	100.0	52	45	87.0	52	33	63.5	52	50	96.2	52
06	Boys	48	45	93.8	48	44	91.7	48	42	88.0	48	34	70.8	48	46	95.8	48
06	Girls	37	29	78.4	37	36	97.3	37	33	89.0	37	27	73.0	37	34	91.9	37
Totals		263	240	91.3	262	246	93.9	263	218	82.9	263	161	61.2	263	251	95.4	263

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
North Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	30	93.8	32	16	50.0	32	30	94.0	32	16	50.0	32	23	71.9	32
04	Girls	34	33	97.1	34	34	100.0	34	34	100.0	34	26	76.5	34	25	73.5	34
05	Boys	36	32	88.9	36	22	61.1	36	32	89.0	36	0	0.0	36	27	75.0	37
05	Girls	43	40	93.0	43	39	90.7	43	38	88.0	43	9	20.9	43	30	69.8	43
Totals		145	135	93.1	145	111	76.6	145	134	92.4	145	51	35.2	145	105	72.4	146

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	72	94.7	76	60	78.9	76	67	88.0	75	62	82.7	76	70	92.1	76
04	Girls	76	72	94.7	75	74	98.7	76	75	99.0	75	72	96.0	76	67	88.2	76
05	Boys	73	71	97.3	72	57	79.2	73	65	89.0	72	58	80.6	73	59	80.8	73
05	Girls	70	68	97.1	70	70	100.0	71	67	94.0	71	66	93.0	70	59	84.3	71
06	Boys	81	75	92.6	81	64	79.0	81	79	98.0	81	70	86.4	81	68	84.0	81
06	Girls	63	61	96.8	62	61	98.4	63	61	97.0	63	57	90.5	63	57	90.5	63
Totals		439	419	95.4	436	386	88.5	440	414	94.1	437	385	88.1	439	380	86.6	440

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Oak View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	63	96.9	65	51	78.5	68	58	85.0	68	49	72.1	65	59	90.8	68
04	Girls	47	43	91.5	47	47	100.0	47	41	87.0	47	37	78.7	47	40	85.1	47
05	Boys	61	54	88.5	61	50	82.0	63	59	94.0	63	49	77.8	61	55	90.2	63
05	Girls	46	41	89.1	46	44	95.7	46	44	96.0	46	42	91.3	46	42	91.3	46
06	Boys	60	56	93.3	61	55	90.2	61	52	85.0	60	50	83.3	61	57	93.4	61
06	Girls	69	64	92.8	70	69	98.6	70	64	91.0	70	62	88.6	70	65	92.9	70
Totals		348	321	92.2	350	316	90.3	355	318	89.6	354	289	81.6	350	318	90.9	355



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Oakton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	62	98.4	64	48	75.0	64	63	98.0	64	49	76.6	64	61	95.3	64
04	Girls	55	53	96.4	55	54	98.2	55	54	98.0	55	52	94.5	55	53	96.4	55
05	Boys	48	47	97.9	48	43	89.6	48	47	98.0	48	41	85.4	48	45	93.8	48
05	Girls	60	60	100.0	60	59	98.3	60	60	100.0	60	51	85.0	60	60	100.0	60
06	Boys	64	64	100.0	64	56	87.5	64	62	97.0	64	58	90.6	64	61	95.3	64
06	Girls	63	63	100.0	63	60	95.2	63	63	100.0	63	60	95.2	61	61	100.0	63
Totals		353	349	98.9	354	320	90.4	354	349	98.6	354	311	87.9	352	341	96.9	354

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Oakton HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	289	288	99.7	290	242	83.4	291	288	99.0	290	280	96.6	290	258	89.0	294
09	Girls	274	271	98.9	274	236	86.1	274	270	99.0	273	268	98.2	273	256	93.8	276
10	Boys	280	278	99.3	275	185	67.3	289	285	99.0	279	259	92.8	280	217	77.5	292
10	Girls	262	259	98.9	250	207	82.8	269	267	99.0	260	251	96.5	260	243	93.5	273
11	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	6
11	Girls	6	6	100.0	6	3	50.0	7	7	100.0	4	4	100.0	6	5	83.3	8
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	2
Totals		1,113	1,104	99.2	1,097	874	79.7	1,132	1,119	98.9	1,108	1,064	96.0	1,111	980	88.2	1,151

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	41	91.1	44	34	77.3	45	45	100.0	44	44	100.0	44	41	93.2	46
04	Girls	25	25	100.0	25	25	100.0	25	25	100.0	25	25	100.0	25	23	92.0	25
05	Boys	37	33	89.2	37	27	73.0	38	38	100.0	38	35	92.1	37	34	91.9	38
05	Girls	27	25	92.6	27	25	92.6	27	27	100.0	27	26	96.3	26	22	84.6	27
06	Boys	38	32	84.2	38	27	71.1	38	36	95.0	38	37	97.4	37	36	97.3	38
06	Girls	22	19	86.4	22	18	81.8	22	22	100.0	22	21	95.5	22	18	81.8	22
Totals		194	175	90.2	193	156	80.8	195	193	99.0	194	188	96.9	191	174	91.1	196

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	48	94.1	51	29	56.9	51	48	94.0	51	46	90.2	51	44	86.3	51
04	Girls	65	62	95.4	65	65	100.0	65	65	100.0	64	62	96.9	65	61	93.8	65
05	Boys	63	62	98.4	62	54	87.1	63	63	100.0	63	53	84.1	63	56	88.9	63
05	Girls	50	49	98.0	50	47	94.0	50	50	100.0	50	45	90.0	50	42	84.0	50
06	Boys	62	61	98.4	62	53	85.5	62	62	100.0	62	61	98.4	62	60	96.8	62
06	Girls	46	46	100.0	46	46	100.0	46	46	100.0	46	45	97.8	46	43	93.5	46
Totals		337	328	97.3	336	294	87.5	337	334	99.1	336	312	92.9	337	306	90.8	337

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	26	53.1	49	33	67.3	49	40	82.0	49	49	100.0	49	38	77.6	49
04	Girls	52	33	63.5	52	51	98.1	52	41	79.0	52	51	98.1	52	36	69.2	53
05	Boys	59	38	64.4	59	48	81.4	59	48	81.0	59	58	98.3	59	34	57.6	59
05	Girls	42	17	40.5	42	39	92.9	42	39	93.0	42	42	100.0	42	12	28.6	43
Totals		202	114	56.4	202	171	84.7	202	168	83.2	202	200	99.0	202	120	59.4	204

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	33	86.8	38	13	34.2	38	27	71.0	38	38	100.0	38	33	86.8	38
04	Girls	27	25	92.6	27	26	96.3	27	24	89.0	27	27	100.0	27	24	88.9	27
05	Boys	28	27	96.4	28	19	67.9	28	23	82.0	28	28	100.0	28	22	78.6	28
05	Girls	40	38	95.0	40	38	95.0	40	38	95.0	40	40	100.0	40	32	80.0	40
06	Boys	32	19	59.4	33	22	66.7	33	26	79.0	33	33	100.0	33	17	51.5	33
06	Girls	30	25	83.3	30	29	96.7	30	29	97.0	30	30	100.0	29	16	55.2	30
Totals		195	167	85.6	196	147	75.0	196	167	85.2	196	196	100.0	195	144	73.8	196

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Poe MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	153	146	95.4	153	100	65.4	153	145	95.0	153	144	94.1	153	127	83.0	165
06	Girls	141	137	97.2	141	130	92.2	141	139	99.0	141	133	94.3	141	120	85.1	144
07	Boys	140	138	98.6	142	79	55.6	142	128	90.0	142	136	95.8	142	114	80.3	146
07	Girls	135	134	99.3	135	100	74.1	135	131	97.0	135	131	97.0	135	112	83.0	135
08	Boys	138	136	98.6	138	103	74.6	138	122	88.0	138	135	97.8	138	101	73.2	143
08	Girls	147	144	98.0	147	123	83.7	147	136	93.0	146	143	97.9	147	115	78.2	148
Totals		854	835	97.8	856	635	74.2	856	801	93.6	855	822	96.1	856	689	80.5	881

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	34	31	91.2	34	34	100.0	35	31	88.6	34	33	97.1	40
04	Girls	35	35	100.0	35	35	100.0	35	35	100.0	35	33	94.3	35	35	100.0	37
05	Boys	28	28	100.0	28	27	96.4	28	27	96.0	28	25	89.3	28	28	100.0	32
05	Girls	34	32	94.1	34	33	97.1	34	32	94.0	34	30	88.2	34	32	94.1	35
06	Boys	46	41	89.1	48	32	66.7	49	45	92.0	48	46	95.8	46	41	89.1	53
06	Girls	43	42	97.7	43	43	100.0	43	43	100.0	43	43	100.0	43	43	100.0	43
Totals		220	211	95.9	222	201	90.5	223	216	96.9	223	208	93.3	220	212	96.4	240



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Powell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	61	98.4	62	48	77.4	62	62	100.0	62	54	87.1	61	53	86.9	62
04	Girls	77	76	98.7	77	77	100.0	77	77	100.0	77	70	90.9	77	65	84.4	77
05	Boys	59	58	98.3	60	48	80.0	60	59	98.0	60	51	85.0	60	53	88.3	61
05	Girls	66	64	97.0	67	62	92.5	67	67	100.0	67	60	89.6	67	59	88.1	68
06	Boys	51	50	98.0	49	37	75.5	51	51	100.0	53	45	84.9	51	42	82.4	53
06	Girls	71	70	98.6	67	63	94.0	71	71	100.0	71	68	95.8	71	57	80.3	71
Totals		386	379	98.2	382	335	87.7	388	387	99.7	390	348	89.2	387	329	85.0	392

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Providence Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	78	72	92.3	78	47	60.3	78	68	87.0	78	73	93.6	78	69	88.5	78
04	Girls	66	63	95.5	66	66	100.0	66	58	88.0	66	64	97.0	66	54	81.8	67
05	Boys	62	48	77.4	62	37	59.7	62	51	82.0	61	55	90.2	62	52	83.9	63
05	Girls	54	48	88.9	54	53	98.1	55	53	96.0	55	52	94.5	55	46	83.6	56
06	Boys	52	45	86.5	52	40	76.9	53	47	89.0	53	47	88.7	53	44	83.0	54
06	Girls	65	57	87.7	64	59	92.2	65	64	99.0	65	64	98.5	65	53	81.5	65
Totals		377	333	88.3	376	302	80.3	379	341	90.0	378	355	93.9	379	318	83.9	383

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	1	0	0.0	2	0	0.0	3	2	67.0	2	1	50.0	2	0	0.0	14
09	Girls	1	1	100.0	1	1	100.0	1	1	100.0	0	0	0.0	1	1	100.0	6
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	18
10	Girls	0	0	0.0	1	0	0.0	3	3	100.0	0	0	0.0	0	0	0.0	7
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		2	1	50.0	4	1	25.0	7	6	85.7	2	1	50.0	3	1	33.3	48

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	31	93.9	33	22	66.7	33	31	94.0	33	27	81.8	33	30	90.9	33
04	Girls	33	31	93.9	33	33	100.0	33	33	100.0	33	33	100.0	33	33	100.0	33
05	Boys	41	37	90.2	41	33	80.5	41	37	90.0	40	38	95.0	41	33	80.5	41
05	Girls	33	30	90.9	34	33	97.1	34	34	100.0	33	33	100.0	34	28	82.4	34
06	Boys	36	31	86.1	36	20	55.6	37	37	100.0	35	32	91.4	36	28	77.8	37
06	Girls	35	30	85.7	36	32	88.9	37	37	100.0	37	35	94.6	37	25	67.6	37
Totals		211	190	90.0	213	173	81.2	215	209	97.2	211	198	93.8	214	177	82.7	215

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Riverside Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	39	97.5	39	27	69.2	38	33	87.0	39	39	100.0	40	40	100.0	40
04	Girls	48	46	95.8	49	48	98.0	47	41	87.0	47	47	100.0	49	46	93.9	49
05	Boys	61	57	93.4	61	55	90.2	60	55	92.0	60	60	100.0	61	60	98.4	61
05	Girls	49	45	91.8	49	44	89.8	48	42	88.0	49	49	100.0	49	45	91.8	49
06	Boys	45	42	93.3	45	37	82.2	45	38	84.0	45	45	100.0	45	35	77.8	45
06	Girls	51	43	84.3	51	50	98.0	51	49	96.0	51	51	100.0	51	40	78.4	51
Totals		294	272	92.5	294	261	88.8	289	258	89.3	291	291	100.0	295	266	90.2	295

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Robinson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	348	335	96.3	354	276	78.0	355	352	99.0	353	338	95.8	349	298	85.4	357
09	Girls	339	330	97.3	334	274	82.0	342	341	100.0	337	328	97.3	339	323	95.3	345
10	Boys	324	314	96.9	310	165	53.2	306	303	99.0	295	290	98.3	325	263	80.9	346
10	Girls	318	311	97.8	311	211	67.8	282	279	99.0	292	291	99.7	322	307	95.3	334
11	Boys	6	5	83.3	9	2	22.2	11	10	91.0	10	10	100.0	6	3	50.0	11
11	Girls	4	4	100.0	5	2	40.0	5	5	100.0	5	5	100.0	4	3	75.0	5
12	Boys	0	0	0.0	5	0	0.0	6	5	83.0	4	3	75.0	0	0	0.0	6
12	Girls	0	0	0.0	3	0	0.0	5	5	100.0	2	2	100.0	0	0	0.0	5
Totals		1,339	1,299	97.0	1,331	930	69.9	1,312	1,300	99.1	1,298	1,267	97.6	1,345	1,197	89.0	1,409

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Robinson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	296	272	91.9	297	227	76.4	301	296	98.0	297	276	92.9	296	235	79.4	302
07	Girls	282	266	94.3	278	257	92.4	285	283	99.0	283	279	98.6	282	232	82.3	285
08	Boys	297	292	98.3	299	252	84.3	296	292	99.0	261	257	98.5	296	252	85.1	303
08	Girls	276	270	97.8	278	259	93.2	276	274	99.0	248	246	99.2	275	259	94.2	279
Totals		1,151	1,100	95.6	1,152	995	86.4	1,158	1,145	98.9	1,089	1,058	97.2	1,149	978	85.1	1,169

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Rocky Run MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	286	275	96.2	268	173	64.6	290	285	98.0	267	238	89.1	284	220	77.5	290
07	Girls	280	267	95.4	259	231	89.2	281	281	100.0	264	253	95.8	275	205	74.5	282
08	Boys	272	262	96.3	265	196	74.0	276	274	99.0	276	248	89.9	272	187	68.8	277
08	Girls	287	282	98.3	279	243	87.1	286	286	100.0	286	265	92.7	287	222	77.4	287
Totals		1,125	1,086	96.5	1,071	843	78.7	1,133	1,126	99.4	1,093	1,004	91.9	1,118	834	74.6	1,136



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	29	100.0	24	12	50.0	29	28	97.0	28	14	50.0	28	18	64.3	30
04	Girls	36	35	97.2	33	33	100.0	38	37	97.0	36	28	77.8	36	21	58.3	38
05	Boys	42	39	92.9	41	33	80.5	43	41	95.0	43	40	93.0	41	31	75.6	43
05	Girls	46	42	91.3	46	44	95.7	50	49	98.0	50	45	90.0	46	28	60.9	50
06	Boys	29	28	96.6	32	23	71.9	33	32	97.0	33	27	81.8	29	20	69.0	33
06	Girls	36	34	94.4	36	36	100.0	38	36	95.0	38	35	92.1	36	27	75.0	38
Totals		218	207	95.0	212	181	85.4	231	223	96.5	228	189	82.9	216	145	67.1	232

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Rose Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	37	100.0	38	20	52.6	37	34	92.0	38	37	97.4	37	35	94.6	38
04	Girls	51	49	96.1	50	50	100.0	51	46	90.0	51	51	100.0	50	42	84.0	51
05	Boys	37	36	97.3	37	29	78.4	36	27	75.0	37	36	97.3	37	28	75.7	37
05	Girls	60	59	98.3	59	52	88.1	60	56	93.0	60	60	100.0	59	47	79.7	60
06	Boys	42	38	90.5	43	27	62.8	44	42	96.0	44	44	100.0	42	31	73.8	44
06	Girls	44	41	93.2	44	43	97.7	44	42	96.0	44	44	100.0	43	35	81.4	44
Totals		271	260	95.9	271	221	81.5	272	247	90.8	274	272	99.3	268	218	81.3	274

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Sandburg MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	353	336	95.2	353	243	68.8	352	306	87.0	351	332	94.6	353	289	81.9	354
07	Girls	367	345	94.0	366	321	87.7	367	340	93.0	366	342	93.4	366	302	82.5	372
08	Boys	326	306	93.9	328	201	61.3	327	292	89.0	328	301	91.8	327	251	76.8	332
08	Girls	300	277	92.3	299	173	57.9	300	279	93.0	299	275	92.0	300	270	90.0	304
Totals		1,346	1,264	93.9	1,346	938	69.7	1,346	1,217	90.4	1,344	1,250	93.0	1,346	1,112	82.6	1,362

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Sangster Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	79	95.2	83	64	77.1	83	76	92.0	83	79	95.2	83	76	91.6	84
04	Girls	76	74	97.4	76	74	97.4	76	73	96.0	76	73	96.1	75	70	93.3	76
05	Boys	85	78	91.8	84	67	79.8	87	82	94.0	86	83	96.5	84	71	84.5	87
05	Girls	86	83	96.5	86	85	98.8	86	85	99.0	86	84	97.7	85	77	90.6	86
06	Boys	79	76	96.2	79	61	77.2	79	75	95.0	79	77	97.5	77	71	92.2	79
06	Girls	68	65	95.6	68	68	100.0	68	68	100.0	68	67	98.5	68	66	97.1	68
Totals		477	455	95.4	476	419	88.0	479	459	95.8	478	463	96.9	472	431	91.3	480

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	39	63.9	62	45	72.6	60	44	73.0	60	57	95.0	61	44	72.1	62
04	Girls	45	31	68.9	45	45	100.0	45	33	73.0	45	45	100.0	45	36	80.0	45
05	Boys	45	37	82.2	45	38	84.4	45	34	76.0	45	45	100.0	45	42	93.3	45
05	Girls	51	38	74.5	51	49	96.1	51	44	86.0	51	51	100.0	50	43	86.0	51
06	Boys	43	36	83.7	43	35	81.4	43	41	95.0	43	43	100.0	43	34	79.1	43
06	Girls	39	22	56.4	39	35	89.7	39	35	90.0	39	39	100.0	38	25	65.8	39
Totals		284	203	71.5	285	247	86.7	283	231	81.6	283	280	98.9	282	224	79.4	285

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Sherman Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	31	28	90.3	31	30	97.0	31	30	96.8	31	26	83.9	31
04	Girls	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20	18	90.0	20
05	Boys	23	21	91.3	23	22	95.7	23	23	100.0	23	22	95.7	22	17	77.3	23
05	Girls	20	20	100.0	20	20	100.0	20	20	100.0	19	19	100.0	20	16	80.0	20
06	Boys	29	29	100.0	29	29	100.0	29	29	100.0	29	29	100.0	29	26	89.7	29
06	Girls	33	33	100.0	33	33	100.0	33	33	100.0	33	33	100.0	33	32	97.0	33
Totals		155	152	98.1	156	152	97.4	156	155	99.4	155	153	98.7	155	135	87.1	156

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Shrevewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	38	90.5	42	34	81.0	43	41	95.0	43	39	90.7	42	41	97.6	44
04	Girls	43	40	93.0	43	42	97.7	43	41	95.0	43	41	95.3	42	38	90.5	43
05	Boys	45	42	93.3	44	39	88.6	48	46	96.0	48	43	89.6	45	42	93.3	49
05	Girls	35	34	97.1	35	33	94.3	35	32	91.0	34	33	97.1	34	31	91.2	35
06	Boys	40	40	100.0	41	29	70.7	42	38	91.0	42	40	95.2	40	32	80.0	42
06	Girls	38	37	97.4	38	37	97.4	38	38	100.0	38	38	100.0	38	35	92.1	38
Totals		243	231	95.1	243	214	88.1	249	236	94.8	248	234	94.4	241	219	90.9	251

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	48	84.2	57	42	73.7	57	53	93.0	57	26	45.6	57	48	84.2	57
04	Girls	50	46	92.0	50	49	98.0	50	48	96.0	50	25	50.0	50	38	76.0	50
05	Boys	55	47	85.5	55	44	80.0	55	55	100.0	55	17	30.9	55	43	78.2	55
05	Girls	72	63	87.5	72	66	91.7	72	72	100.0	72	45	62.5	72	54	75.0	72
06	Boys	53	48	90.6	53	39	73.6	53	51	96.0	53	35	66.0	53	41	77.4	53
06	Girls	69	60	87.0	69	65	94.2	69	69	100.0	69	59	85.5	69	55	79.7	69
Totals		356	312	87.6	356	305	85.7	356	348	97.8	356	207	58.1	356	279	78.4	356



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	23	92.0	25	21	84.0	26	24	92.0	25	23	92.0	24	22	91.7	27
04	Girls	25	24	96.0	25	25	100.0	26	25	96.0	25	21	84.0	24	19	79.2	26
05	Boys	33	28	84.8	33	25	75.8	32	30	94.0	32	32	100.0	33	26	78.8	35
05	Girls	29	27	93.1	28	27	96.4	29	29	100.0	29	29	100.0	29	26	89.7	29
Totals		112	102	91.1	111	98	88.3	113	108	95.6	111	105	94.6	110	93	84.5	117

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
South County HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	294	290	98.6	292	212	72.6	295	290	98.0	293	248	84.6	296	259	87.5	297
09	Girls	262	257	98.1	260	206	79.2	263	260	99.0	259	226	87.3	264	238	90.2	265
10	Boys	268	264	98.5	263	138	52.5	268	266	99.0	268	265	98.9	268	226	84.3	268
10	Girls	253	250	98.8	252	183	72.6	254	252	99.0	254	252	99.2	254	240	94.5	256
11	Boys	17	16	94.1	14	3	21.4	18	17	94.0	18	17	94.4	18	12	66.7	19
11	Girls	15	14	93.3	14	5	35.7	15	14	93.0	15	14	93.3	15	13	86.7	15
12	Boys	3	3	100.0	0	0	0.0	3	3	100.0	3	3	100.0	3	2	66.7	3
Totals		1,112	1,094	98.4	1,095	747	68.2	1,116	1,102	98.7	1,110	1,025	92.3	1,118	990	88.6	1,123

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
South County MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	244	220	90.2	235	160	68.1	242	221	91.0	241	199	82.6	221	186	84.2	259
07	Girls	232	201	86.6	229	205	89.5	237	234	99.0	232	208	89.7	212	185	87.3	256
08	Boys	250	233	93.2	244	195	79.9	249	239	96.0	237	184	77.6	247	206	83.4	258
08	Girls	274	261	95.3	273	237	86.8	277	267	96.0	261	217	83.1	272	246	90.4	285
Totals		1,000	915	91.5	981	797	81.2	1,005	961	95.6	971	808	83.2	952	823	86.4	1,058

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
South Lakes HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	321	318	99.1	325	248	76.3	330	327	99.0	327	326	99.7	327	292	89.3	337
09	Girls	271	265	97.8	271	200	73.8	276	276	100.0	274	271	98.9	275	248	90.2	280
10	Boys	273	270	98.9	276	191	69.2	287	285	99.0	269	264	98.1	276	244	88.4	296
10	Girls	281	278	98.9	276	234	84.8	293	292	100.0	271	268	98.9	280	259	92.5	299
11	Boys	17	16	94.1	17	11	64.7	19	18	95.0	16	13	81.3	17	15	88.2	25
11	Girls	3	3	100.0	6	1	16.7	7	7	100.0	4	3	75.0	4	4	100.0	14
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	4
12	Girls	2	2	100.0	2	1	50.0	3	3	100.0	2	2	100.0	2	2	100.0	7
Totals		1,169	1,153	98.6	1,174	886	75.5	1,216	1,209	99.4	1,164	1,148	98.6	1,182	1,065	90.1	1,262

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	33	45.8	72	56	77.8	72	64	89.0	72	37	51.4	72	48	66.7	72
04	Girls	69	44	63.8	69	69	100.0	69	65	94.0	69	48	69.6	69	36	52.2	69
05	Boys	74	32	43.2	74	67	90.5	75	65	87.0	75	56	74.7	74	49	66.2	75
05	Girls	62	29	46.8	61	61	100.0	62	59	95.0	62	49	79.0	61	36	59.0	62
06	Boys	82	47	57.3	82	74	90.2	82	77	94.0	82	59	72.0	82	59	72.0	82
06	Girls	80	48	60.0	81	80	98.8	81	79	98.0	81	68	84.0	81	64	79.0	81
Totals		439	233	53.1	439	407	92.7	441	409	92.7	441	317	71.9	439	292	66.5	441

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	61	83.6	73	67	91.8	74	71	96.0	74	71	95.9	74	59	79.7	74
04	Girls	65	56	86.2	65	65	100.0	65	65	100.0	65	65	100.0	65	47	72.3	65
05	Boys	82	67	81.7	82	73	89.0	82	76	93.0	82	82	100.0	82	58	70.7	82
05	Girls	88	81	92.0	88	87	98.9	88	87	99.0	88	86	97.7	88	55	62.5	88
06	Boys	72	66	91.7	72	63	87.5	72	72	100.0	72	70	97.2	72	60	83.3	72
06	Girls	65	57	87.7	65	65	100.0	65	65	100.0	65	64	98.5	65	56	86.2	65
Totals		445	388	87.2	445	420	94.4	446	436	97.8	446	438	98.2	446	335	75.1	446

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	37	88.1	42	21	50.0	42	40	95.0	42	39	92.9	40	36	90.0	42
04	Girls	29	26	89.7	29	29	100.0	29	29	100.0	29	29	100.0	29	29	100.0	29
05	Boys	23	18	78.3	23	17	73.9	23	23	100.0	23	23	100.0	22	20	90.9	23
05	Girls	37	33	89.2	37	36	97.3	37	37	100.0	37	36	97.3	37	35	94.6	37
06	Boys	42	41	97.6	42	30	71.4	42	41	98.0	42	42	100.0	42	42	100.0	42
06	Girls	28	27	96.4	28	28	100.0	28	28	100.0	28	28	100.0	28	26	92.9	28
Totals		201	182	90.5	201	161	80.1	201	198	98.5	201	197	98.0	198	188	94.9	201

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Stone MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	189	178	94.2	190	137	72.1	190	183	96.0	190	157	82.6	190	159	83.7	194
07	Girls	206	199	96.6	205	183	89.3	206	204	99.0	206	182	88.3	206	181	87.9	207
08	Boys	215	207	96.3	215	164	76.3	214	206	96.0	201	177	88.1	215	188	87.4	222
08	Girls	210	197	93.8	212	202	95.3	212	212	100.0	200	189	94.5	210	197	93.8	213
Totals		820	781	95.2	822	686	83.5	822	805	97.9	797	705	88.5	821	725	88.3	836



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	96	93	96.9	96	80	83.3	96	96	100.0	94	90	95.7	95	95	100.0	96
04	Girls	77	76	98.7	77	77	100.0	77	77	100.0	77	77	100.0	76	74	97.4	77
05	Boys	76	74	97.4	75	63	84.0	76	76	100.0	73	70	95.9	75	73	97.3	76
05	Girls	88	87	98.9	88	86	97.7	89	89	100.0	84	83	98.8	89	85	95.5	89
06	Boys	69	68	98.6	69	62	89.9	69	69	100.0	64	61	95.3	69	65	94.2	69
06	Girls	68	67	98.5	68	65	95.6	68	68	100.0	68	68	100.0	66	65	98.5	68
Totals		474	465	98.1	473	433	91.5	475	475	100.0	460	449	97.6	470	457	97.2	475

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Stuart HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	251	243	96.8	248	122	49.2	251	227	90.0	251	236	94.0	250	114	45.6	253
09	Girls	206	194	94.2	203	124	61.1	207	197	95.0	206	200	97.1	203	137	67.5	208
10	Boys	243	225	92.6	230	117	50.9	249	229	92.0	242	220	90.9	243	150	61.7	252
10	Girls	189	175	92.6	168	94	56.0	194	182	94.0	190	177	93.2	189	160	84.7	194
11	Boys	24	20	83.3	23	12	52.2	27	22	82.0	25	20	80.0	24	15	62.5	27
11	Girls	19	15	78.9	17	3	17.6	25	21	84.0	20	19	95.0	19	13	68.4	25
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	0	0.0	2
12	Girls	4	2	50.0	3	0	0.0	4	4	100.0	4	4	100.0	4	2	50.0	4
Totals		938	876	93.4	894	472	52.8	959	884	92.2	940	878	93.4	934	591	63.3	965

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	45	39	86.7	45	45	100.0	45	44	97.8	45	45	100.0	47
04	Girls	44	43	97.7	44	43	97.7	45	45	100.0	45	44	97.8	44	43	97.7	45
05	Boys	53	52	98.1	53	47	88.7	53	53	100.0	53	50	94.3	53	53	100.0	53
05	Girls	48	47	97.9	48	47	97.9	48	48	100.0	48	45	93.8	48	48	100.0	50
06	Boys	44	42	95.5	44	39	88.6	44	44	100.0	44	43	97.7	44	43	97.7	45
06	Girls	51	50	98.0	51	48	94.1	51	51	100.0	51	50	98.0	51	50	98.0	52
Totals		285	279	97.9	285	263	92.3	286	286	100.0	286	276	96.5	285	282	98.9	292

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	32	91.4	36	31	86.1	33	27	82.0	35	30	85.7	33	25	75.8	36
04	Girls	34	28	82.4	36	35	97.2	34	31	91.0	35	35	100.0	35	24	68.6	37
05	Boys	40	30	75.0	40	35	87.5	40	27	68.0	39	34	87.2	38	22	57.9	40
05	Girls	30	22	73.3	29	29	100.0	32	29	91.0	30	30	100.0	30	20	66.7	32
06	Boys	31	27	87.1	29	21	72.4	31	26	84.0	29	24	82.8	32	23	71.9	32
06	Girls	28	25	89.3	28	28	100.0	28	26	93.0	28	26	92.9	28	16	57.1	28
Totals		198	164	82.8	198	179	90.4	198	166	83.8	196	179	91.3	196	130	66.3	205

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Terraset Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	45	95.7	47	28	59.6	47	47	100.0	47	32	68.1	47	39	83.0	47
04	Girls	36	34	94.4	36	36	100.0	36	36	100.0	36	27	75.0	36	34	94.4	36
05	Boys	41	37	90.2	41	29	70.7	41	39	95.0	41	31	75.6	41	33	80.5	41
05	Girls	29	29	100.0	29	29	100.0	29	29	100.0	29	25	86.2	29	24	82.8	29
06	Boys	31	29	93.5	32	22	68.8	32	32	100.0	32	22	68.8	31	28	90.3	32
06	Girls	34	31	91.2	34	32	94.1	34	34	100.0	34	29	85.3	34	34	100.0	34
Totals		218	205	94.0	219	176	80.4	219	217	99.1	219	166	75.8	218	192	88.1	219

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Thoreau MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	207	203	98.1	208	160	76.9	208	205	99.0	204	202	99.0	207	181	87.4	209
07	Girls	199	198	99.5	199	193	97.0	199	199	100.0	196	195	99.5	199	193	97.0	201
08	Boys	243	239	98.4	242	210	86.8	243	227	93.0	243	236	97.1	243	214	88.1	248
08	Girls	173	172	99.4	170	160	94.1	173	172	99.0	173	171	98.8	171	167	97.7	175
Totals		822	812	98.8	819	723	88.3	823	803	97.6	816	804	98.5	820	755	92.1	833

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	27	61.4	44	24	54.5	44	42	96.0	44	31	70.5	44	28	63.6	44
04	Girls	31	17	54.8	31	31	100.0	31	31	100.0	31	17	54.8	31	20	64.5	31
05	Boys	40	25	62.5	40	31	77.5	40	39	98.0	40	23	57.5	40	26	65.0	42
05	Girls	33	22	66.7	32	30	93.8	33	33	100.0	33	16	48.5	32	21	65.6	33
06	Boys	41	34	82.9	41	31	75.6	41	40	98.0	41	25	61.0	41	28	68.3	41
06	Girls	16	10	62.5	16	13	81.3	16	15	94.0	16	11	68.8	16	11	68.8	16
Totals		205	135	65.9	204	160	78.4	205	200	97.6	205	123	60.0	204	134	65.7	207

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Twain MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	246	240	97.6	246	202	82.1	246	239	97.0	245	172	70.2	246	199	80.9	247
07	Girls	238	234	98.3	237	209	88.2	238	232	98.0	236	170	72.0	238	204	85.7	238
08	Boys	221	206	93.2	220	167	75.9	221	211	96.0	221	199	90.0	221	179	81.0	221
08	Girls	220	202	91.8	220	188	85.5	224	214	96.0	224	205	91.5	222	202	91.0	225
Totals		925	882	95.4	923	766	83.0	929	896	96.4	926	746	80.6	927	784	84.6	931



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	70	98.6	71	54	76.1	71	64	90.0	71	67	94.4	71	68	95.8	71
04	Girls	75	73	97.3	75	74	98.7	75	73	97.0	75	75	100.0	75	75	100.0	75
05	Boys	49	47	95.9	48	44	91.7	49	45	92.0	49	47	95.9	48	47	97.9	51
05	Girls	53	52	98.1	53	53	100.0	53	50	94.0	53	53	100.0	53	52	98.1	53
06	Boys	86	82	95.3	86	65	75.6	87	83	95.0	87	87	100.0	86	79	91.9	87
06	Girls	82	75	91.5	83	79	95.2	83	76	92.0	82	82	100.0	82	77	93.9	84
Totals		416	399	95.9	416	369	88.7	418	391	93.5	417	411	98.6	415	398	95.9	421

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Vienna Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	16	14	87.5	15	12	80.0	16	16	100.0	16	15	93.8	16	15	93.8	16
04	Girls	24	19	79.2	24	24	100.0	24	24	100.0	24	24	100.0	24	21	87.5	24
05	Boys	28	26	92.9	28	23	82.1	28	28	100.0	27	24	88.9	28	27	96.4	29
05	Girls	18	16	88.9	17	16	94.1	18	18	100.0	18	18	100.0	18	18	100.0	19
06	Boys	30	28	93.3	31	26	83.9	31	30	97.0	31	30	96.8	31	29	93.5	31
06	Girls	29	27	93.1	28	28	100.0	29	29	100.0	28	28	100.0	29	29	100.0	29
Totals		145	130	89.7	143	129	90.2	146	145	99.3	144	139	96.5	146	139	95.2	148

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	51	98.1	52	51	98.1	53	53	100.0	52	49	94.2	52	47	90.4	53
04	Girls	41	41	100.0	41	41	100.0	41	41	100.0	41	39	95.1	41	35	85.4	42
05	Boys	49	49	100.0	48	45	93.8	49	48	98.0	49	47	95.9	49	45	91.8	49
05	Girls	64	63	98.4	64	64	100.0	65	65	100.0	65	65	100.0	64	62	96.9	66
06	Boys	46	46	100.0	46	39	84.8	47	46	98.0	47	44	93.6	47	39	83.0	47
06	Girls	56	54	96.4	55	55	100.0	57	57	100.0	57	57	100.0	57	53	93.0	57
Totals		308	304	98.7	306	295	96.4	312	310	99.4	311	301	96.8	310	281	90.6	314

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	25	69.4	36	30	83.3	36	33	92.0	36	36	100.0	36	25	69.4	36
04	Girls	30	23	76.7	30	30	100.0	30	29	97.0	30	30	100.0	30	18	60.0	30
05	Boys	47	38	80.9	48	42	87.5	48	46	96.0	48	46	95.8	48	36	75.0	48
05	Girls	41	30	73.2	41	41	100.0	41	39	95.0	41	41	100.0	41	28	68.3	41
06	Boys	38	31	81.6	38	33	86.8	38	38	100.0	38	37	97.4	38	30	78.9	38
06	Girls	40	32	80.0	41	41	100.0	41	40	98.0	41	41	100.0	41	25	61.0	41
Totals		232	179	77.2	234	217	92.7	234	225	96.2	234	231	98.7	234	162	69.2	234

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	62	98.4	63	55	87.3	64	59	92.0	64	53	82.8	63	61	96.8	65
04	Girls	58	57	98.3	58	58	100.0	58	54	93.0	57	49	86.0	58	57	98.3	60
05	Boys	47	45	95.7	47	37	78.7	47	41	87.0	47	32	68.1	47	43	91.5	47
05	Girls	45	43	95.6	45	41	91.1	45	44	98.0	45	43	95.6	45	41	91.1	46
06	Boys	54	53	98.1	54	41	75.9	54	50	93.0	54	47	87.0	54	53	98.1	55
06	Girls	64	64	100.0	64	64	100.0	64	64	100.0	65	60	92.3	64	63	98.4	65
Totals		331	324	97.9	331	296	89.4	332	312	94.0	332	284	85.5	331	318	96.1	338

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	45	90.0	46	22	47.8	46	46	100.0	46	41	89.1	46	44	95.7	50
04	Girls	39	38	97.4	39	38	97.4	39	39	100.0	39	34	87.2	39	34	87.2	39
05	Boys	44	39	88.6	45	35	77.8	46	43	94.0	44	34	77.3	44	42	95.5	46
05	Girls	38	35	92.1	38	35	92.1	38	38	100.0	38	33	86.8	38	36	94.7	38
06	Boys	46	43	93.5	45	34	75.6	46	44	96.0	46	37	80.4	46	41	89.1	46
06	Girls	51	47	92.2	51	41	80.4	51	51	100.0	51	38	74.5	51	41	80.4	51
Totals		268	247	92.2	264	205	77.7	266	261	98.1	264	217	82.2	264	238	90.2	270

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Waynewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	52	98.1	52	44	84.6	53	46	87.0	53	52	98.1	53	52	98.1	53
04	Girls	57	57	100.0	58	57	98.3	58	52	90.0	58	57	98.3	57	55	96.5	58
05	Boys	60	60	100.0	60	57	95.0	60	50	83.0	60	60	100.0	60	60	100.0	60
05	Girls	43	43	100.0	43	42	97.7	43	42	98.0	43	42	97.7	43	42	97.7	43
06	Boys	41	41	100.0	41	35	85.4	41	36	88.0	41	40	97.6	41	40	97.6	41
06	Girls	41	41	100.0	41	40	97.6	41	39	95.0	41	41	100.0	41	41	100.0	41
Totals		295	294	99.7	295	275	93.2	296	265	89.5	296	292	98.6	295	290	98.3	296

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
West Potomac HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	296	277	93.6	302	157	52.0	311	287	92.0	301	282	93.7	300	242	80.7	327
09	Girls	293	270	92.2	287	130	45.3	303	288	95.0	296	283	95.6	288	237	82.3	311
10	Boys	244	221	90.6	285	132	46.3	296	262	89.0	271	258	95.2	285	178	62.5	314
10	Girls	205	182	88.8	258	159	61.6	268	260	97.0	236	232	98.3	257	205	79.8	279
11	Boys	31	29	93.5	27	12	44.4	36	26	72.0	29	27	93.1	30	22	73.3	40
11	Girls	21	19	90.5	19	2	10.5	25	21	84.0	19	18	94.7	21	15	71.4	26
12	Boys	3	3	100.0	3	0	0.0	4	4	100.0	4	4	100.0	2	2	100.0	5
12	Girls	4	4	100.0	4	0	0.0	4	3	75.0	4	4	100.0	3	1	33.3	11
Totals		1,097	1,005	91.6	1,185	592	50.0	1,247	1,151	92.3	1,160	1,108	95.5	1,186	902	76.1	1,313



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	31	96.9	32	22	68.8	32	31	97.0	32	32	100.0	32	25	78.1	32
04	Girls	23	22	95.7	23	22	95.7	23	23	100.0	23	23	100.0	23	19	82.6	23
05	Boys	32	31	96.9	32	24	75.0	32	27	84.0	32	30	93.8	32	30	93.8	32
05	Girls	39	39	100.0	39	38	97.4	39	38	97.0	39	39	100.0	39	35	89.7	39
06	Boys	32	32	100.0	32	22	68.8	32	30	94.0	32	32	100.0	32	29	90.6	32
06	Girls	31	30	96.8	31	31	100.0	31	30	97.0	31	31	100.0	31	30	96.8	31
Totals		189	185	97.9	189	159	84.1	189	179	94.7	189	187	98.9	189	168	88.9	189

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
West Springfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	256	253	98.8	255	169	66.3	256	246	96.0	254	254	100.0	256	235	91.8	259
09	Girls	279	274	98.2	276	189	68.5	278	277	100.0	279	279	100.0	279	272	97.5	282
10	Boys	267	251	94.0	262	127	48.5	260	247	95.0	267	261	97.8	250	196	78.4	275
10	Girls	256	242	94.5	253	162	64.0	241	234	97.0	258	251	97.3	245	230	93.9	263
11	Boys	8	8	100.0	6	4	66.7	10	9	90.0	10	8	80.0	8	7	87.5	10
11	Girls	5	5	100.0	5	2	40.0	6	6	100.0	5	5	100.0	4	4	100.0	9
12	Boys	1	1	100.0	1	1	100.0	4	1	25.0	2	2	100.0	1	1	100.0	5
12	Girls	1	1	100.0	1	0	0.0	3	2	67.0	3	2	66.7	1	1	100.0	5
Totals		1,073	1,035	96.5	1,059	654	61.8	1,058	1,022	96.6	1,078	1,062	98.5	1,044	946	90.6	1,108

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	64	95.5	67	52	77.6	67	65	97.0	67	67	100.0	67	63	94.0	68
04	Girls	65	60	92.3	65	65	100.0	65	64	99.0	65	60	92.3	65	63	96.9	65
05	Boys	28	22	78.6	29	21	72.4	29	28	97.0	28	27	96.4	28	23	82.1	29
05	Girls	26	25	96.2	26	26	100.0	26	26	100.0	26	26	100.0	26	23	88.5	26
06	Boys	35	33	94.3	35	28	80.0	35	35	100.0	35	35	100.0	35	33	94.3	35
06	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	28	87.5	32
Totals		253	236	93.3	254	224	88.2	254	250	98.4	253	247	97.6	253	233	92.1	255

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Westfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	297	290	97.6	296	232	78.4	302	290	96.0	292	260	89.0	298	249	83.6	305
09	Girls	332	320	96.4	330	273	82.7	332	318	96.0	330	310	93.9	331	291	87.9	336
10	Boys	331	316	95.5	348	225	64.7	347	341	98.0	348	287	82.5	347	262	75.5	351
10	Girls	276	274	99.3	292	240	82.2	294	289	98.0	293	255	87.0	291	253	86.9	295
11	Boys	7	6	85.7	7	4	57.1	10	9	90.0	6	5	83.3	7	3	42.9	12
11	Girls	7	7	100.0	7	2	28.6	8	7	88.0	7	6	85.7	6	4	66.7	11
12	Boys	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	5
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,251	1,213	97.0	1,281	976	76.2	1,294	1,255	97.0	1,277	1,124	88.0	1,281	1,062	82.9	1,317

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Westgate Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	24	58.5	41	36	87.8	41	36	88.0	41	39	95.1	42	19	45.2	42
04	Girls	41	28	68.3	40	40	100.0	41	39	95.0	40	40	100.0	41	20	48.8	41
05	Boys	42	27	64.3	42	41	97.6	42	38	91.0	42	42	100.0	42	29	69.0	43
05	Girls	35	21	60.0	35	35	100.0	35	28	80.0	35	35	100.0	35	17	48.6	35
06	Boys	36	29	80.6	36	31	86.1	36	31	86.0	36	35	97.2	36	19	52.8	36
06	Girls	28	21	75.0	28	28	100.0	28	28	100.0	28	28	100.0	28	14	50.0	28
Totals		223	150	67.3	222	211	95.0	223	200	89.7	222	219	98.6	224	118	52.7	225

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	44	86.3	51	19	37.3	51	51	100.0	51	43	84.3	51	36	70.6	51
04	Girls	42	37	88.1	42	42	100.0	42	42	100.0	42	40	95.2	42	25	59.5	42
05	Boys	54	45	83.3	53	30	56.6	54	50	93.0	53	48	90.6	53	34	64.2	55
05	Girls	47	39	83.0	47	40	85.1	47	47	100.0	48	46	95.8	47	30	63.8	48
06	Boys	57	49	86.0	57	37	64.9	57	53	93.0	57	50	87.7	57	37	64.9	57
06	Girls	44	35	79.5	44	38	86.4	44	43	98.0	43	39	90.7	44	35	79.5	44
Totals		295	249	84.4	294	206	70.1	295	286	96.9	294	266	90.5	294	197	67.0	297

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Wyanoke Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	41	95.3	43	28	65.1	43	42	98.0	43	40	93.0	43	38	88.4	43
04	Girls	36	25	69.4	36	36	100.0	36	34	94.0	36	33	91.7	36	26	72.2	36
05	Boys	43	40	93.0	43	36	83.7	43	41	95.0	43	41	95.3	43	34	79.1	43
05	Girls	28	17	60.7	28	28	100.0	28	28	100.0	28	28	100.0	28	15	53.6	28
Totals		150	123	82.0	150	128	85.3	150	145	96.7	150	142	94.7	150	113	75.3	150

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	61	98.4	62	55	88.7	62	62	100.0	62	52	83.9	62	57	91.9	62
04	Girls	65	58	89.2	65	65	100.0	65	65	100.0	65	61	93.8	65	51	78.5	65
05	Boys	95	90	94.7	95	82	86.3	95	93	98.0	94	76	80.9	95	79	83.2	95
05	Girls	72	69	95.8	72	69	95.8	72	70	97.0	72	64	88.9	72	54	75.0	72
06	Boys	83	79	95.2	83	69	83.1	83	82	99.0	83	78	94.0	83	65	78.3	83
06	Girls	69	66	95.7	69	69	100.0	69	68	99.0	69	68	98.6	69	52	75.4	69
Totals		446	423	94.8	446	409	91.7	446	440	98.7	445	399	89.7	446	358	80.3	446



**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Whitman MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	244	232	95.1	254	125	49.2	256	236	92.0	256	253	98.8	253	235	92.9	260
07	Girls	221	211	95.5	229	146	63.8	230	222	97.0	229	228	99.6	225	221	98.2	231
08	Boys	214	207	96.7	216	110	50.9	217	184	85.0	214	211	98.6	215	190	88.4	219
08	Girls	219	210	95.9	225	119	52.9	228	220	97.0	224	218	97.3	222	211	95.0	231
Totals		898	860	95.8	924	500	54.1	931	862	92.6	923	910	98.6	915	857	93.7	941

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	86	85	98.8	86	65	75.6	89	86	97.0	87	87	100.0	86	84	97.7	89
04	Girls	88	88	100.0	88	88	100.0	89	89	100.0	89	89	100.0	88	87	98.9	89
05	Boys	84	84	100.0	84	61	72.6	85	85	100.0	85	85	100.0	84	83	98.8	85
05	Girls	97	97	100.0	97	96	99.0	97	97	100.0	97	97	100.0	97	95	97.9	97
06	Boys	97	97	100.0	97	72	74.2	98	98	100.0	99	99	100.0	97	93	95.9	100
06	Girls	92	92	100.0	91	90	98.9	93	93	100.0	93	93	100.0	91	91	100.0	94
Totals		544	543	99.8	543	472	86.9	551	548	99.5	550	550	100.0	543	533	98.2	554

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	49	94.2	53	51	96.2	53	48	91.0	49	37	75.5	51	50	98.0	53
04	Girls	36	35	97.2	35	35	100.0	36	36	100.0	35	32	91.4	35	33	94.3	36
05	Boys	38	38	100.0	38	35	92.1	38	36	95.0	38	36	94.7	38	36	94.7	38
05	Girls	39	39	100.0	38	37	97.4	39	38	97.0	39	37	94.9	38	33	86.8	39
06	Boys	44	43	97.7	44	42	95.5	44	40	91.0	44	42	95.5	44	42	95.5	44
06	Girls	41	40	97.6	40	40	100.0	41	39	95.0	41	41	100.0	41	37	90.2	41
Totals		250	244	97.6	248	240	96.8	251	237	94.4	246	225	91.5	247	231	93.5	251

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Woodburn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	22	78.6	28	16	57.1	28	25	89.0	28	17	60.7	28	16	57.1	28
04	Girls	31	25	80.6	31	31	100.0	31	30	97.0	31	25	80.6	31	20	64.5	31
05	Boys	32	31	96.9	32	21	65.6	32	32	100.0	32	24	75.0	32	19	59.4	32
05	Girls	36	34	94.4	36	36	100.0	36	36	100.0	36	32	88.9	36	28	77.8	36
06	Boys	33	32	97.0	33	16	48.5	33	32	97.0	33	32	97.0	33	21	63.6	33
06	Girls	27	24	88.9	27	26	96.3	27	27	100.0	27	26	96.3	27	18	66.7	28
Totals		187	168	89.8	187	146	78.1	187	182	97.3	187	156	83.4	187	122	65.2	188

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	36	66.7	54	37	68.5	54	49	91.0	54	46	85.2	54	47	87.0	54
04	Girls	45	36	80.0	45	45	100.0	45	43	96.0	45	37	82.2	45	40	88.9	46
05	Boys	53	29	54.7	54	39	72.2	54	48	89.0	53	18	34.0	54	48	88.9	55
05	Girls	43	27	62.8	43	43	100.0	43	41	95.0	43	17	39.5	43	36	83.7	44
06	Boys	51	37	72.5	51	39	76.5	51	47	92.0	51	36	70.6	51	45	88.2	51
06	Girls	47	24	51.1	47	40	85.1	47	47	100.0	47	40	85.1	47	36	76.6	47
Totals		293	189	64.5	294	243	82.7	294	275	93.5	293	194	66.2	294	252	85.7	297

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	50	96.2	51	27	52.9	53	53	100.0	51	50	98.0	52	38	73.1	54
04	Girls	49	46	93.9	51	51	100.0	50	49	98.0	49	46	93.9	50	24	48.0	51
05	Boys	41	41	100.0	41	29	70.7	41	41	100.0	41	41	100.0	41	36	87.8	41
05	Girls	39	38	97.4	39	37	94.9	39	38	97.0	39	39	100.0	39	29	74.4	39
06	Boys	39	39	100.0	40	33	82.5	40	39	98.0	40	40	100.0	39	36	92.3	40
06	Girls	42	40	95.2	42	40	95.2	42	42	100.0	42	42	100.0	42	35	83.3	42
Totals		262	254	96.9	264	217	82.2	265	262	98.9	262	258	98.5	263	198	75.3	267

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
School Grade Summary - 2014-2015  
Woodson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	352	346	98.3	349	194	55.6	357	334	94.0	352	290	82.4	351	295	84.0	358
09	Girls	293	287	98.0	292	218	74.7	297	289	97.0	292	269	92.1	288	273	94.8	299
10	Boys	270	268	99.3	273	127	46.5	276	265	96.0	262	225	85.9	271	232	85.6	278
10	Girls	271	269	99.3	275	163	59.3	277	269	97.0	255	242	94.9	271	248	91.5	280
11	Boys	5	5	100.0	5	1	20.0	6	6	100.0	5	5	100.0	5	4	80.0	6
11	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	4
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		1,193	1,177	98.7	1,196	703	58.8	1,215	1,165	95.9	1,168	1,033	88.4	1,188	1,054	88.7	1,228