

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
ALC at Bryant**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016**

ALC at Burke

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	3
04	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
05	Boys	3	3	100.0	3	1	33.3	3	2	67.0	3	1	33.3	2	2	100.0	3
06	Boys	5	5	100.0	5	3	60.0	5	5	100.0	4	4	100.0	5	5	100.0	9
06	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		11	11	100.0	11	7	63.6	11	10	90.9	10	8	80.0	10	10	100.0	18

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
ALC at Cameron**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
04	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
05	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	4

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	9	9	100.0	10	6	60.0	10	10	100.0	8	7	87.5	10	8	80.0	11
07	Girls	3	3	100.0	3	1	33.3	3	3	100.0	2	2	100.0	3	3	100.0	3
08	Boys	25	23	92.0	25	14	56.0	26	22	85.0	15	14	93.3	25	21	84.0	26
08	Girls	5	5	100.0	4	4	100.0	5	5	100.0	3	3	100.0	5	5	100.0	5
Totals		42	40	95.2	42	25	59.5	44	40	90.9	28	26	92.9	43	37	86.0	45

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	3	3	100.0	6	0	0.0	5	5	100.0	3	3	100.0	4	1	25.0	12
09	Girls	1	1	100.0	2	1	50.0	2	2	100.0	2	2	100.0	1	1	100.0	9
10	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	13
10	Girls	1	1	100.0	2	1	50.0	2	1	50.0	1	0	0.0	1	1	100.0	7
Totals		6	6	100.0	11	2	18.2	10	9	90.0	7	6	85.7	7	3	42.9	41

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	57	96.6	59	43	72.9	59	41	70.0	59	37	62.7	59	58	98.3	59
04	Girls	27	27	100.0	27	27	100.0	27	23	85.0	27	23	85.2	27	27	100.0	27
05	Boys	56	55	98.2	56	47	83.9	56	40	71.0	56	33	58.9	56	54	96.4	56
05	Girls	52	51	98.1	52	50	96.2	52	49	94.0	52	41	78.8	52	51	98.1	52
06	Boys	48	48	100.0	48	38	79.2	48	39	81.0	48	36	75.0	48	45	93.8	48
06	Girls	50	50	100.0	50	49	98.0	50	49	98.0	50	45	90.0	50	49	98.0	50
Totals		292	288	98.6	292	254	87.0	292	241	82.5	292	215	73.6	292	284	97.3	292

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Annandale HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	273	267	97.8	273	208	76.2	280	271	97.0	273	259	94.9	274	212	77.4	288
09	Girls	238	234	98.3	241	192	79.7	246	245	100.0	237	233	98.3	240	194	80.8	251
10	Boys	201	196	97.5	210	146	69.5	217	212	98.0	204	149	73.0	211	154	73.0	242
10	Girls	189	186	98.4	191	148	77.5	200	200	100.0	183	165	90.2	196	164	83.7	214
11	Boys	18	18	100.0	22	12	54.5	23	23	100.0	21	17	81.0	22	16	72.7	26
11	Girls	10	10	100.0	12	4	33.3	13	12	92.0	14	8	57.1	11	8	72.7	15
12	Boys	4	3	75.0	4	2	50.0	6	5	83.0	8	5	62.5	4	2	50.0	10
12	Girls	0	0	0.0	0	0	0.0	2	0	0.0	1	0	0.0	0	0	0.0	3
Totals		933	914	98.0	953	712	74.7	987	968	98.1	941	836	88.8	958	750	78.3	1,049

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	50	74.6	66	16	24.2	67	63	94.0	67	53	79.1	67	59	88.1	67
04	Girls	51	39	76.5	51	49	96.1	51	50	98.0	51	40	78.4	51	44	86.3	52
05	Boys	55	48	87.3	55	28	50.9	55	53	96.0	55	49	89.1	55	52	94.5	55
05	Girls	54	44	81.5	54	48	88.9	54	54	100.0	54	50	92.6	54	49	90.7	54
Totals		227	181	79.7	226	141	62.4	227	220	96.9	227	192	84.6	227	204	89.9	228

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Archer Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	54	96.4	56	47	83.9	56	49	88.0	56	51	91.1	56	51	91.1	56
04	Girls	61	59	96.7	61	61	100.0	61	54	89.0	61	59	96.7	61	52	85.2	61
05	Boys	78	78	100.0	78	64	82.1	78	70	90.0	78	73	93.6	78	69	88.5	78
05	Girls	59	59	100.0	59	58	98.3	59	59	100.0	59	57	96.6	59	53	89.8	59
06	Boys	65	64	98.5	65	48	73.8	65	59	91.0	65	64	98.5	65	60	92.3	66
06	Girls	67	67	100.0	67	66	98.5	67	63	94.0	67	67	100.0	67	65	97.0	67
Totals		386	381	98.7	386	344	89.1	386	354	91.7	386	371	96.1	386	350	90.7	387

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	22	75.9	27	22	81.5	28	25	89.0	28	27	96.4	28	25	89.3	30
04	Girls	32	30	93.8	32	32	100.0	34	29	85.0	33	33	100.0	32	31	96.9	34
05	Boys	35	34	97.1	35	34	97.1	34	31	91.0	35	35	100.0	35	34	97.1	41
05	Girls	28	24	85.7	28	28	100.0	28	28	100.0	28	28	100.0	28	20	71.4	29
06	Boys	30	27	90.0	30	28	93.3	30	28	93.0	30	30	100.0	30	28	93.3	33
06	Girls	33	31	93.9	32	32	100.0	32	31	97.0	32	32	100.0	32	31	96.9	33
Totals		187	168	89.8	184	176	95.7	186	172	92.5	186	185	99.5	185	169	91.4	200

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Baileys Upper Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	101	89	88.1	100	59	59.0	102	89	87.0	101	98	97.0	98	85	86.7	102
04	Girls	95	82	86.3	95	93	97.9	95	92	97.0	95	94	98.9	95	74	77.9	96
05	Boys	85	79	92.9	84	50	59.5	85	75	88.0	85	82	96.5	84	72	85.7	85
05	Girls	93	74	79.6	93	80	86.0	93	88	95.0	91	88	96.7	92	64	69.6	93
Totals		374	324	86.6	372	282	75.8	375	344	91.7	372	362	97.3	369	295	79.9	376

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Beech Tree Elementary**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	31	24	77.4	31	11	35.5	31	19	61.0	31	31	100.0	31	28	90.3	31
04	Girls	18	14	77.8	18	18	100.0	18	14	78.0	18	18	100.0	18	18	100.0	19
05	Boys	34	31	91.2	34	13	38.2	34	30	88.0	34	33	97.1	34	34	100.0	34
05	Girls	30	26	86.7	30	26	86.7	30	27	90.0	30	30	100.0	30	30	100.0	30
Totals		113	95	84.1	113	68	60.2	113	90	79.6	113	112	99.1	113	110	97.3	114

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Belle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	25	96.2	26	24	92.3	26	26	100.0	26	26	100.0	26	25	96.2	27
04	Girls	38	37	97.4	38	37	97.4	38	38	100.0	38	38	100.0	40	36	90.0	41
05	Boys	30	27	90.0	26	24	92.3	30	27	90.0	26	26	100.0	30	26	86.7	31
05	Girls	45	45	100.0	45	45	100.0	45	45	100.0	45	45	100.0	45	45	100.0	45
06	Boys	30	30	100.0	30	28	93.3	30	30	100.0	30	30	100.0	30	25	83.3	35
06	Girls	16	16	100.0	16	16	100.0	17	16	94.0	16	16	100.0	18	15	83.3	21
Totals		185	180	97.3	181	174	96.1	186	182	97.8	181	181	100.0	189	172	91.0	200

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	50	94.3	62	44	71.0	62	56	90.0	62	62	100.0	51	40	78.4	63
04	Girls	61	55	90.2	74	72	97.3	74	74	100.0	74	72	97.3	64	47	73.4	77
05	Boys	68	57	83.8	68	55	80.9	68	66	97.0	68	67	98.5	61	48	78.7	69
05	Girls	55	41	74.5	58	51	87.9	54	54	100.0	55	55	100.0	45	28	62.2	58
Totals		237	203	85.7	262	222	84.7	258	250	96.9	259	256	98.8	221	163	73.8	267

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	40	76.9	52	28	53.8	52	46	89.0	52	42	80.8	52	24	46.2	52
04	Girls	48	42	87.5	48	47	97.9	48	47	98.0	48	37	77.1	48	22	45.8	48
05	Boys	52	44	84.6	52	28	53.8	52	49	94.0	52	30	57.7	52	37	71.2	52
05	Girls	51	40	78.4	51	47	92.2	51	48	94.0	51	35	68.6	51	34	66.7	51
06	Boys	45	38	84.4	45	33	73.3	45	42	93.0	45	31	68.9	45	24	53.3	45
06	Girls	56	32	57.1	56	52	92.9	56	51	91.0	56	46	82.1	56	30	53.6	56
Totals		304	236	77.6	304	235	77.3	304	283	93.1	304	221	72.7	304	171	56.3	304

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Braddock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	59	96.7	61	42	68.9	61	55	90.0	61	45	73.8	61	54	88.5	61
04	Girls	76	76	100.0	76	76	100.0	76	71	93.0	76	58	76.3	76	58	76.3	77
05	Boys	60	60	100.0	59	45	76.3	61	54	89.0	61	43	70.5	60	52	86.7	61
05	Girls	56	54	96.4	56	52	92.9	56	52	93.0	56	35	62.5	56	46	82.1	56
Totals		253	249	98.4	252	215	85.3	254	232	91.3	254	181	71.3	253	210	83.0	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Bren Mar Park Elementary**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	38	18	47.4	38	20	52.6	38	37	97.0	38	16	42.1	38	28	73.7	40
04	Girls	39	22	56.4	39	39	100.0	39	36	92.0	39	24	61.5	39	16	41.0	39
05	Boys	42	24	57.1	42	23	54.8	42	41	98.0	42	17	40.5	42	26	61.9	44
05	Girls	33	23	69.7	33	31	93.9	33	32	97.0	33	20	60.6	33	18	54.5	34
Totals		152	87	57.2	152	113	74.3	152	146	96.1	152	77	50.7	152	88	57.9	157

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	56	88.9	64	26	40.6	64	63	98.0	63	57	90.5	64	49	76.6	64
04	Girls	47	39	83.0	48	46	95.8	48	48	100.0	48	43	89.6	47	31	66.0	49
05	Boys	48	41	85.4	48	29	60.4	47	46	98.0	48	43	89.6	47	39	83.0	48
05	Girls	46	39	84.8	47	45	95.7	46	43	94.0	46	39	84.8	46	37	80.4	47
06	Boys	63	50	79.4	59	38	64.4	63	59	94.0	63	54	85.7	63	54	85.7	63
06	Girls	44	38	86.4	44	42	95.5	46	45	98.0	45	41	91.1	43	40	93.0	46
Totals		311	263	84.6	310	226	72.9	314	304	96.8	313	277	88.5	310	250	80.6	317

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	4	3	75.0	3	1	33.3	4	4	100.0	3	1	33.3	4	3	75.0	4
09	Girls	0	0	0.0	0	0	0.0	1	1	100.0	1	0	0.0	0	0	0.0	2
10	Boys	7	6	85.7	5	1	20.0	8	6	75.0	5	3	60.0	8	6	75.0	8
10	Girls	3	3	100.0	0	0	0.0	2	0	0.0	0	0	0.0	3	2	66.7	6
11	Boys	2	2	100.0	2	0	0.0	3	3	100.0	2	1	50.0	3	2	66.7	4
11	Girls	2	2	100.0	1	0	0.0	3	3	100.0	3	3	100.0	3	2	66.7	5
12	Boys	1	0	0.0	0	0	0.0	2	2	100.0	1	1	100.0	2	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	1
Totals		19	16	84.2	11	2	18.2	24	20	83.3	15	9	60.0	23	15	65.2	33

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	10	10	100.0	10	8	80.0	10	10	100.0	10	10	100.0	10	9	90.0	10
04	Girls	19	17	89.5	19	18	94.7	19	19	100.0	19	19	100.0	19	17	89.5	19
05	Boys	13	13	100.0	13	10	76.9	13	13	100.0	13	13	100.0	13	13	100.0	13
05	Girls	18	18	100.0	18	18	100.0	18	18	100.0	18	18	100.0	18	18	100.0	18
06	Boys	21	20	95.2	21	17	81.0	21	21	100.0	21	21	100.0	21	20	95.2	21
06	Girls	11	10	90.9	11	10	90.9	11	11	100.0	11	11	100.0	11	10	90.9	11
Totals		92	88	95.7	92	81	88.0	92	92	100.0	92	92	100.0	92	87	94.6	92

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	72	98.6	72	58	80.6	73	72	99.0	72	72	100.0	73	68	93.2	73
04	Girls	68	68	100.0	68	68	100.0	68	68	100.0	68	68	100.0	68	65	95.6	68
05	Boys	86	85	98.8	86	73	84.9	86	84	98.0	86	86	100.0	86	82	95.3	86
05	Girls	71	70	98.6	71	69	97.2	71	70	99.0	71	70	98.6	71	71	100.0	71
06	Boys	91	89	97.8	92	83	90.2	92	92	100.0	92	92	100.0	92	82	89.1	92
06	Girls	62	60	96.8	62	62	100.0	62	62	100.0	62	62	100.0	62	55	88.7	62
Totals		451	444	98.4	451	413	91.6	452	448	99.1	451	450	99.8	452	423	93.6	452

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016**

Burke School

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	24	22	91.7	24	5	20.8	24	20	83.0	24	24	100.0	24	14	58.3	25
07	Girls	5	5	100.0	5	3	60.0	5	5	100.0	5	4	80.0	5	4	80.0	5
08	Boys	16	15	93.8	16	4	25.0	16	16	100.0	16	16	100.0	16	8	50.0	16
08	Girls	8	8	100.0	8	1	12.5	8	7	88.0	8	8	100.0	8	4	50.0	9
Totals		53	50	94.3	53	13	24.5	53	48	90.6	53	52	98.1	53	30	56.6	55

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	34	97.1	35	17	48.6	35	34	97.0	36	35	97.2	35	33	94.3	36
04	Girls	29	27	93.1	29	29	100.0	29	29	100.0	29	29	100.0	29	29	100.0	29
05	Boys	32	31	96.9	32	28	87.5	34	34	100.0	32	32	100.0	34	31	91.2	34
05	Girls	35	35	100.0	35	35	100.0	36	36	100.0	35	35	100.0	36	34	94.4	37
06	Boys	31	30	96.8	30	23	76.7	31	31	100.0	31	30	96.8	30	28	93.3	32
06	Girls	23	22	95.7	24	22	91.7	24	24	100.0	24	24	100.0	24	23	95.8	25
Totals		185	179	96.8	185	154	83.2	189	188	99.5	187	185	98.9	188	178	94.7	193

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Camelot Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	40	93.0	43	25	58.1	43	38	88.0	43	37	86.0	43	42	97.7	43
04	Girls	49	46	93.9	49	45	91.8	49	45	92.0	49	35	71.4	49	44	89.8	49
05	Boys	36	33	91.7	37	25	67.6	37	33	89.0	37	30	81.1	36	33	91.7	37
05	Girls	42	39	92.9	42	33	78.6	43	40	93.0	43	36	83.7	42	37	88.1	43
06	Boys	39	36	92.3	40	22	55.0	40	32	80.0	40	28	70.0	40	32	80.0	40
06	Girls	30	30	100.0	30	27	90.0	30	29	97.0	30	23	76.7	30	24	80.0	30
Totals		239	224	93.7	241	177	73.4	242	217	89.7	242	189	78.1	240	212	88.3	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cameron Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	34	100.0	34	23	67.6	34	34	100.0	34	30	88.2	34	31	91.2	34
04	Girls	44	43	97.7	44	43	97.7	44	44	100.0	44	40	90.9	44	42	95.5	44
05	Boys	26	26	100.0	26	17	65.4	26	26	100.0	26	20	76.9	26	24	92.3	26
05	Girls	38	31	81.6	38	34	89.5	39	39	100.0	38	32	84.2	38	33	86.8	39
06	Boys	27	26	96.3	26	18	69.2	27	27	100.0	27	21	77.8	25	24	96.0	27
06	Girls	30	29	96.7	29	23	79.3	31	31	100.0	30	26	86.7	28	28	100.0	31
Totals		199	189	95.0	197	158	80.2	201	201	100.0	199	169	84.9	195	182	93.3	201

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	49	74.2	66	48	72.7	66	59	89.0	66	47	71.2	66	52	78.8	66
04	Girls	85	59	69.4	85	84	98.8	86	79	92.0	85	68	80.0	85	57	67.1	86
05	Boys	58	48	82.8	58	49	84.5	58	57	98.0	58	41	70.7	58	50	86.2	58
05	Girls	63	42	66.7	63	60	95.2	63	62	98.0	63	54	85.7	63	49	77.8	63
06	Boys	68	59	86.8	69	49	71.0	69	65	94.0	69	50	72.5	68	57	83.8	69
06	Girls	58	47	81.0	59	57	96.6	59	58	98.0	60	43	71.7	59	40	67.8	60
Totals		398	304	76.4	400	347	86.8	401	380	94.8	401	303	75.6	399	305	76.4	402

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	49	98.0	50	31	62.0	50	44	88.0	50	49	98.0	50	46	92.0	52
04	Girls	38	36	94.7	37	36	97.3	38	29	76.0	38	38	100.0	38	34	89.5	38
05	Boys	39	37	94.9	39	25	64.1	39	31	80.0	39	37	94.9	39	34	87.2	39
05	Girls	29	27	93.1	29	28	96.6	29	28	97.0	29	29	100.0	29	26	89.7	30
06	Boys	41	38	92.7	40	25	62.5	41	39	95.0	41	40	97.6	40	34	85.0	41
06	Girls	47	43	91.5	47	44	93.6	47	43	92.0	47	47	100.0	47	41	87.2	47
Totals		244	230	94.3	242	189	78.1	244	214	87.7	244	240	98.4	243	215	88.5	247

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Carson MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	391	354	90.5	389	293	75.3	392	365	93.0	392	310	79.1	389	308	79.2	392
07	Girls	369	344	93.2	368	341	92.7	369	363	98.0	368	331	89.9	369	321	87.0	371
08	Boys	314	269	85.7	307	204	66.4	314	296	94.0	315	179	56.8	328	184	56.1	333
08	Girls	360	297	82.5	358	316	88.3	360	351	98.0	360	282	78.3	367	251	68.4	371
Totals		1,434	1,264	88.1	1,422	1,154	81.2	1,435	1,375	95.8	1,435	1,102	76.8	1,453	1,064	73.2	1,467

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	9	3	33.3	10	1	10.0	9	6	67.0	7	6	85.7	7	1	14.3	13
09	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	3
10	Boys	4	2	50.0	4	1	25.0	4	3	75.0	4	4	100.0	4	1	25.0	10
10	Girls	3	2	66.7	1	1	100.0	3	3	100.0	1	1	100.0	1	0	0.0	13
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		17	7	41.2	16	3	18.8	17	13	76.5	13	12	92.3	13	2	15.4	41

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	56	93.3	62	38	61.3	62	53	86.0	59	54	91.5	61	49	80.3	63
04	Girls	62	60	96.8	64	63	98.4	64	61	95.0	59	57	96.6	64	51	79.7	64
05	Boys	46	46	100.0	45	40	88.9	47	35	75.0	45	44	97.8	45	36	80.0	47
05	Girls	49	49	100.0	49	49	100.0	51	48	94.0	49	49	100.0	49	43	87.8	51
06	Boys	44	44	100.0	44	39	88.6	45	40	89.0	44	44	100.0	44	33	75.0	45
06	Girls	55	54	98.2	54	53	98.1	56	53	95.0	55	54	98.2	55	40	72.7	56
Totals		316	309	97.8	318	282	88.7	325	290	89.2	311	302	97.1	318	252	79.2	326

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Centreville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	73	97.3	75	39	52.0	75	56	75.0	75	38	50.7	75	72	96.0	77
04	Girls	80	80	100.0	79	79	100.0	80	74	93.0	79	61	77.2	80	77	96.3	80
05	Boys	52	49	94.2	53	35	66.0	52	46	89.0	52	22	42.3	53	47	88.7	54
05	Girls	57	56	98.2	58	46	79.3	57	54	95.0	57	39	68.4	58	51	87.9	58
06	Boys	61	60	98.4	61	27	44.3	61	53	87.0	61	25	41.0	61	57	93.4	61
06	Girls	56	53	94.6	56	46	82.1	56	52	93.0	56	40	71.4	56	52	92.9	56
Totals		381	371	97.4	382	272	71.2	381	335	87.9	380	225	59.2	383	356	93.0	386

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Centreville HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	339	332	97.9	338	244	72.2	343	315	92.0	337	306	90.8	339	294	86.7	359
09	Girls	296	291	98.3	297	214	72.1	301	283	94.0	297	281	94.6	296	276	93.2	306
10	Boys	293	290	99.0	291	126	43.3	296	260	88.0	294	278	94.6	290	198	68.3	304
10	Girls	302	302	100.0	296	176	59.5	303	286	94.0	302	290	96.0	300	270	90.0	311
11	Boys	10	10	100.0	10	4	40.0	10	10	100.0	10	9	90.0	10	6	60.0	14
11	Girls	8	8	100.0	8	1	12.5	8	5	63.0	8	7	87.5	7	6	85.7	8
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		1,248	1,233	98.8	1,240	765	61.7	1,261	1,159	91.9	1,248	1,171	93.8	1,242	1,050	84.5	1,308

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Chantilly HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	307	304	99.0	320	281	87.8	322	320	99.0	305	249	81.6	315	278	88.3	323
09	Girls	303	300	99.0	324	306	94.4	326	321	99.0	305	283	92.8	322	300	93.2	329
10	Boys	331	325	98.2	334	250	74.9	345	342	99.0	335	254	75.8	328	277	84.5	349
10	Girls	287	286	99.7	293	259	88.4	300	299	100.0	291	253	86.9	281	266	94.7	304
11	Boys	10	10	100.0	12	3	25.0	13	12	92.0	13	6	46.2	13	6	46.2	13
11	Girls	10	8	80.0	10	6	60.0	12	11	92.0	10	7	70.0	9	6	66.7	12
12	Boys	2	1	50.0	1	1	100.0	3	3	100.0	3	0	0.0	1	1	100.0	3
12	Girls	2	1	50.0	2	0	0.0	4	4	100.0	3	2	66.7	2	1	50.0	4
Totals		1,252	1,235	98.6	1,296	1,106	85.3	1,325	1,312	99.0	1,265	1,054	83.3	1,271	1,135	89.3	1,337

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	28	100.0	28	26	92.9	28	23	82.0	28	27	96.4	28	28	100.0	28
04	Girls	27	22	81.5	26	26	100.0	25	21	84.0	27	24	88.9	27	23	85.2	27
05	Boys	36	33	91.7	36	26	72.2	36	28	78.0	36	36	100.0	36	31	86.1	36
05	Girls	46	43	93.5	46	45	97.8	45	39	87.0	46	45	97.8	46	41	89.1	46
06	Boys	33	32	97.0	33	30	90.9	33	24	73.0	33	33	100.0	33	32	97.0	33
06	Girls	25	22	88.0	25	23	92.0	25	24	96.0	25	25	100.0	25	22	88.0	27
Totals		195	180	92.3	194	176	90.7	192	159	82.8	195	190	97.4	195	177	90.8	197

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	38	84.4	45	36	80.0	45	45	100.0	45	33	73.3	45	28	62.2	45
04	Girls	44	43	97.7	44	44	100.0	44	43	98.0	44	42	95.5	43	31	72.1	44
05	Boys	48	40	83.3	47	44	93.6	48	43	90.0	48	45	93.8	47	38	80.9	48
05	Girls	39	35	89.7	38	38	100.0	39	37	95.0	39	38	97.4	38	24	63.2	39
06	Boys	59	56	94.9	59	53	89.8	59	54	92.0	59	56	94.9	59	38	64.4	59
06	Girls	63	56	88.9	62	62	100.0	63	63	100.0	63	62	98.4	63	41	65.1	63
Totals		298	268	89.9	295	277	93.9	298	285	95.6	298	276	92.6	295	200	67.8	298

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	75	90.4	83	59	71.1	83	70	84.0	83	76	91.6	83	78	94.0	83
04	Girls	51	48	94.1	51	51	100.0	51	44	86.0	51	50	98.0	51	48	94.1	51
05	Boys	80	73	91.3	80	64	80.0	80	65	81.0	79	69	87.3	79	71	89.9	81
05	Girls	71	65	91.5	71	70	98.6	71	66	93.0	71	66	93.0	71	62	87.3	73
06	Boys	80	78	97.5	81	68	84.0	81	66	82.0	81	73	90.1	81	74	91.4	82
06	Girls	80	77	96.3	80	77	96.3	80	68	85.0	80	79	98.8	80	74	92.5	80
Totals		445	416	93.5	446	389	87.2	446	379	85.0	445	413	92.8	445	407	91.5	450

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Clearview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	43	93.5	46	35	76.1	46	45	98.0	46	45	97.8	46	30	65.2	47
04	Girls	41	39	95.1	41	41	100.0	41	40	98.0	41	40	97.6	41	28	68.3	41
05	Boys	47	45	95.7	47	44	93.6	47	44	94.0	47	47	100.0	47	39	83.0	47
05	Girls	34	33	97.1	34	33	97.1	34	34	100.0	34	32	94.1	34	22	64.7	34
06	Boys	55	50	90.9	55	42	76.4	55	54	98.0	55	54	98.2	55	44	80.0	55
06	Girls	48	45	93.8	48	48	100.0	48	48	100.0	48	47	97.9	48	35	72.9	48
Totals		271	255	94.1	271	243	89.7	271	265	97.8	271	265	97.8	271	198	73.1	272

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Clermont Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	35	81.4	43	29	67.4	43	37	86.0	43	43	100.0	43	35	81.4	43
04	Girls	38	35	92.1	38	38	100.0	38	38	100.0	38	38	100.0	38	31	81.6	39
05	Boys	32	29	90.6	32	24	75.0	32	29	91.0	32	31	96.9	32	21	65.6	32
05	Girls	26	26	100.0	26	26	100.0	26	26	100.0	26	25	96.2	26	21	80.8	26
06	Boys	31	30	96.8	31	30	96.8	31	31	100.0	31	29	93.5	31	27	87.1	31
06	Girls	29	28	96.6	29	29	100.0	30	30	100.0	29	28	96.6	29	28	96.6	30
Totals		199	183	92.0	199	176	88.4	200	191	95.5	199	194	97.5	199	163	81.9	201

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Coates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	43	95.6	45	34	75.6	46	37	80.0	46	36	78.3	46	20	43.5	47
04	Girls	46	43	93.5	46	46	100.0	47	44	94.0	46	40	87.0	46	15	32.6	48
05	Boys	47	43	91.5	47	32	68.1	47	37	79.0	47	43	91.5	47	28	59.6	47
05	Girls	34	31	91.2	34	29	85.3	34	28	82.0	34	27	79.4	34	8	23.5	34
06	Boys	43	40	93.0	43	30	69.8	43	37	86.0	43	32	74.4	42	28	66.7	44
06	Girls	34	27	79.4	34	32	94.1	34	34	100.0	34	32	94.1	33	19	57.6	35
Totals		249	227	91.2	249	203	81.5	251	217	86.5	250	210	84.0	248	118	47.6	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Columbia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	30	81.1	37	18	48.6	37	34	92.0	37	35	94.6	37	28	75.7	37
04	Girls	39	25	64.1	39	37	94.9	39	38	97.0	39	36	92.3	39	33	84.6	39
05	Boys	38	33	86.8	38	29	76.3	38	37	97.0	38	31	81.6	38	32	84.2	38
05	Girls	39	26	66.7	39	34	87.2	39	39	100.0	39	33	84.6	39	26	66.7	39
Totals		153	114	74.5	153	118	77.1	153	148	96.7	153	135	88.2	153	119	77.8	153

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	47	90.4	51	38	74.5	52	47	90.0	52	34	65.4	52	48	92.3	52
04	Girls	56	55	98.2	54	54	100.0	56	54	96.0	56	49	87.5	56	56	100.0	56
05	Boys	67	66	98.5	67	65	97.0	67	64	96.0	67	56	83.6	67	67	100.0	67
05	Girls	78	74	94.9	78	77	98.7	78	78	100.0	78	74	94.9	78	70	89.7	78
06	Boys	87	81	93.1	87	69	79.3	87	84	97.0	87	68	78.2	87	78	89.7	87
06	Girls	66	60	90.9	65	63	96.9	66	66	100.0	66	55	83.3	65	58	89.2	66
Totals		406	383	94.3	402	366	91.0	406	393	96.8	406	336	82.8	405	377	93.1	406

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cooper MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	189	186	98.4	187	144	77.0	190	187	98.0	189	189	100.0	189	181	95.8	191
07	Girls	218	214	98.2	218	203	93.1	219	218	100.0	219	218	99.5	218	216	99.1	220
08	Boys	175	174	99.4	175	162	92.6	176	171	97.0	172	161	93.6	175	170	97.1	181
08	Girls	176	176	100.0	171	166	97.1	177	177	100.0	171	169	98.8	176	176	100.0	177
Totals		758	750	98.9	751	675	89.9	762	753	98.8	751	737	98.1	758	743	98.0	769

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	7	15.2	46	25	54.3	46	28	61.0	44	27	61.4	46	21	45.7	46
04	Girls	43	5	11.6	44	44	100.0	44	29	66.0	41	31	75.6	44	15	34.1	44
05	Boys	48	20	41.7	49	33	67.3	49	34	69.0	49	48	98.0	49	19	38.8	49
05	Girls	31	19	61.3	31	27	87.1	31	29	94.0	31	31	100.0	31	12	38.7	31
06	Boys	43	27	62.8	42	29	69.0	39	28	72.0	42	36	85.7	42	24	57.1	43
06	Girls	35	23	65.7	36	33	91.7	36	34	94.0	36	32	88.9	36	18	50.0	37
Totals		246	101	41.1	248	191	77.0	245	182	74.3	243	205	84.4	248	109	44.0	250

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	64	100.0	64	63	98.4	64	63	98.0	64	63	98.4	64	64	100.0	64
04	Girls	55	54	98.2	55	54	98.2	55	54	98.0	55	53	96.4	55	54	98.2	55
05	Boys	55	52	94.5	54	53	98.1	55	52	95.0	55	54	98.2	54	54	100.0	55
05	Girls	51	50	98.0	52	52	100.0	51	51	100.0	50	49	98.0	50	50	100.0	52
06	Boys	48	48	100.0	48	48	100.0	49	49	100.0	49	48	98.0	48	48	100.0	49
06	Girls	45	45	100.0	45	45	100.0	45	44	98.0	45	44	97.8	45	44	97.8	45
Totals		318	313	98.4	318	315	99.1	319	313	98.1	318	311	97.8	316	314	99.4	320

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	38	95.0	40	29	72.5	40	38	95.0	40	38	95.0	40	38	95.0	41
04	Girls	35	33	94.3	34	34	100.0	35	35	100.0	34	28	82.4	35	32	91.4	36
05	Boys	44	42	95.5	45	39	86.7	45	44	98.0	44	41	93.2	44	42	95.5	47
05	Girls	33	31	93.9	33	31	93.9	33	33	100.0	33	33	100.0	33	32	97.0	34
06	Boys	47	46	97.9	47	36	76.6	47	47	100.0	47	45	95.7	47	42	89.4	47
06	Girls	28	27	96.4	28	25	89.3	28	28	100.0	28	27	96.4	28	28	100.0	28
Totals		227	217	95.6	227	194	85.5	228	225	98.7	226	212	93.8	227	214	94.3	233

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	34	94.4	36	27	75.0	36	32	89.0	36	36	100.0	36	36	100.0	37
04	Girls	44	42	95.5	44	44	100.0	44	43	98.0	44	44	100.0	44	38	86.4	44
05	Boys	33	30	90.9	33	25	75.8	34	31	91.0	34	33	97.1	33	29	87.9	34
05	Girls	21	18	85.7	20	18	90.0	21	20	95.0	21	21	100.0	21	19	90.5	21
06	Boys	46	42	91.3	46	31	67.4	46	40	87.0	46	46	100.0	46	41	89.1	47
06	Girls	26	26	100.0	26	26	100.0	26	24	92.0	26	26	100.0	26	25	96.2	26
Totals		206	192	93.2	205	171	83.4	207	190	91.8	207	206	99.5	206	188	91.3	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	59	96.7	62	41	66.1	62	61	98.0	61	47	77.0	62	46	74.2	62
04	Girls	57	51	89.5	55	55	100.0	57	57	100.0	56	44	78.6	57	29	50.9	57
05	Boys	42	40	95.2	41	30	73.2	42	42	100.0	42	39	92.9	42	32	76.2	42
05	Girls	45	45	100.0	44	43	97.7	45	44	98.0	45	42	93.3	45	32	71.1	45
06	Boys	49	48	98.0	49	35	71.4	49	49	100.0	49	44	89.8	49	33	67.3	49
06	Girls	52	50	96.2	51	47	92.2	52	52	100.0	52	50	96.2	52	41	78.8	52
Totals		306	293	95.8	302	251	83.1	307	305	99.3	305	266	87.2	307	213	69.4	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	34	70.8	50	45	90.0	50	47	94.0	48	46	95.8	50
04	Girls	42	41	97.6	42	41	97.6	43	41	95.0	44	42	95.5	42	40	95.2	45
05	Boys	35	35	100.0	35	31	88.6	37	37	100.0	37	35	94.6	35	33	94.3	37
05	Girls	44	44	100.0	44	42	95.5	44	44	100.0	44	44	100.0	44	42	95.5	44
06	Boys	56	54	96.4	56	44	78.6	56	53	95.0	56	56	100.0	56	51	91.1	56
06	Girls	44	43	97.7	44	40	90.9	44	44	100.0	44	44	100.0	44	41	93.2	44
Totals		269	264	98.1	269	232	86.2	274	264	96.4	275	268	97.5	269	253	94.1	276

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	56	100.0	56	18	32.1	56	42	75.0	56	56	100.0	56	30	53.6	56
04	Girls	48	48	100.0	48	45	93.8	48	45	94.0	48	48	100.0	48	23	47.9	48
05	Boys	53	53	100.0	53	36	67.9	53	49	93.0	53	53	100.0	53	40	75.5	53
05	Girls	42	42	100.0	42	39	92.9	42	40	95.0	42	42	100.0	42	22	52.4	42
06	Boys	44	44	100.0	44	28	63.6	44	42	96.0	44	44	100.0	44	32	72.7	44
06	Girls	46	46	100.0	46	42	91.3	46	42	91.0	46	46	100.0	46	31	67.4	46
Totals		289	289	100.0	289	208	72.0	289	260	90.0	289	289	100.0	289	178	61.6	289

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	51	87.9	59	43	72.9	59	54	92.0	59	54	91.5	59	47	79.7	60
04	Girls	43	35	81.4	42	42	100.0	43	43	100.0	43	36	83.7	43	26	60.5	43
05	Boys	53	45	84.9	54	47	87.0	56	52	93.0	55	47	85.5	54	42	77.8	56
05	Girls	59	52	88.1	59	58	98.3	59	59	100.0	59	54	91.5	58	49	84.5	59
06	Boys	44	37	84.1	43	33	76.7	44	42	96.0	44	38	86.4	44	29	65.9	44
06	Girls	30	20	66.7	29	28	96.6	30	30	100.0	30	29	96.7	29	19	65.5	31
Totals		287	240	83.6	286	251	87.8	291	280	96.2	290	258	89.0	287	212	73.9	293

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	39	81.3	46	34	74.0	47	47	100.0	48	40	83.3	49
04	Girls	31	31	100.0	31	31	100.0	31	27	87.0	31	30	96.8	31	22	71.0	31
05	Boys	55	52	94.5	55	44	80.0	53	44	83.0	52	50	96.2	55	47	85.5	55
05	Girls	38	38	100.0	38	38	100.0	37	34	92.0	37	37	100.0	38	32	84.2	39
06	Boys	41	39	95.1	41	27	65.9	41	29	71.0	41	40	97.6	41	26	63.4	41
06	Girls	41	40	97.6	40	37	92.5	40	35	88.0	41	41	100.0	40	32	80.0	41
Totals		254	247	97.2	253	216	85.4	248	203	81.9	249	245	98.4	253	199	78.7	256

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016**

Edison HS

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	234	225	96.2	234	173	73.9	242	232	96.0	150	150	100.0	230	140	60.9	247
09	Girls	237	230	97.0	238	184	77.3	241	235	98.0	141	141	100.0	228	179	78.5	245
10	Boys	222	220	99.1	230	141	61.3	235	230	98.0	227	223	98.2	226	154	68.1	246
10	Girls	215	207	96.3	222	148	66.7	225	220	98.0	220	220	100.0	219	156	71.2	235
11	Boys	10	9	90.0	8	3	37.5	11	10	91.0	10	10	100.0	11	8	72.7	12
11	Girls	17	17	100.0	17	7	41.2	17	16	94.0	17	17	100.0	18	13	72.2	19
12	Girls	3	2	66.7	2	1	50.0	3	3	100.0	3	3	100.0	3	2	66.7	3
Totals		938	910	97.0	951	657	69.1	974	946	97.1	768	764	99.5	935	652	69.7	1,007

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fairfax HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	288	266	92.4	289	193	66.8	288	267	93.0	284	276	97.2	286	215	75.2	291
09	Girls	276	269	97.5	275	199	72.4	277	273	99.0	277	274	98.9	276	242	87.7	280
10	Boys	259	251	96.9	259	176	68.0	257	223	87.0	255	237	92.9	261	195	74.7	273
10	Girls	282	268	95.0	280	231	82.5	286	254	89.0	280	268	95.7	281	247	87.9	292
11	Boys	15	14	93.3	14	6	42.9	15	14	93.0	13	11	84.6	14	12	85.7	16
11	Girls	8	7	87.5	9	2	22.2	9	7	78.0	8	7	87.5	7	4	57.1	9
12	Boys	3	2	66.7	3	0	0.0	3	3	100.0	2	2	100.0	2	1	50.0	3
12	Girls	4	4	100.0	2	0	0.0	4	4	100.0	4	4	100.0	3	2	66.7	4
Totals		1,135	1,081	95.2	1,131	807	71.4	1,139	1,045	91.7	1,123	1,079	96.1	1,130	918	81.2	1,168

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	35	87.5	40	33	82.5	42	42	100.0	42	38	90.5	40	38	95.0	43
04	Girls	41	41	100.0	41	41	100.0	43	43	100.0	42	42	100.0	41	41	100.0	44
05	Boys	31	31	100.0	32	31	96.9	33	33	100.0	32	31	96.9	31	31	100.0	33
05	Girls	43	41	95.3	43	43	100.0	45	44	98.0	43	42	97.7	43	40	93.0	45
06	Boys	35	34	97.1	34	30	88.2	35	34	97.0	35	35	100.0	35	35	100.0	35
06	Girls	35	32	91.4	35	32	91.4	37	37	100.0	36	36	100.0	36	33	91.7	37
Totals		225	214	95.1	225	210	93.3	235	233	99.1	230	224	97.4	226	218	96.5	237

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	39	97.5	40	32	80.0	41	40	98.0	41	39	95.1	40	37	92.5	41
04	Girls	27	24	88.9	27	27	100.0	27	25	93.0	27	27	100.0	27	25	92.6	27
05	Boys	34	28	82.4	34	25	73.5	34	32	94.0	34	34	100.0	34	25	73.5	34
05	Girls	25	20	80.0	25	24	96.0	25	24	96.0	25	24	96.0	25	18	72.0	25
06	Boys	32	29	90.6	32	22	68.8	32	32	100.0	32	32	100.0	30	26	86.7	32
06	Girls	41	35	85.4	41	38	92.7	41	40	98.0	41	41	100.0	41	35	85.4	41
Totals		199	175	87.9	199	168	84.4	200	193	96.5	200	197	98.5	197	166	84.3	200

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fairview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	49	98.0	51	38	74.5	51	42	82.0	51	43	84.3	51	50	98.0	52
04	Girls	39	39	100.0	39	39	100.0	39	34	87.0	39	34	87.2	39	39	100.0	39
05	Boys	50	48	96.0	49	37	75.5	51	44	86.0	50	46	92.0	49	48	98.0	51
05	Girls	50	50	100.0	49	48	98.0	50	46	92.0	50	48	96.0	50	50	100.0	50
06	Boys	56	54	96.4	56	41	73.2	56	43	77.0	56	51	91.1	56	49	87.5	56
06	Girls	37	37	100.0	37	37	100.0	38	36	95.0	37	35	94.6	36	35	97.2	39
Totals		282	277	98.2	281	240	85.4	285	245	86.0	283	257	90.8	281	271	96.4	287

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Falls Church HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	263	253	96.2	264	156	59.1	263	256	97.0	258	226	87.6	264	225	85.2	276
09	Girls	244	237	97.1	241	156	64.7	244	241	99.0	242	231	95.5	244	230	94.3	247
10	Boys	237	224	94.5	236	94	39.8	243	239	98.0	240	230	95.8	236	170	72.0	259
10	Girls	200	177	88.5	200	100	50.0	206	205	100.0	206	198	96.1	201	165	82.1	215
11	Boys	24	21	87.5	24	7	29.2	25	24	96.0	24	21	87.5	23	18	78.3	36
11	Girls	23	20	87.0	22	2	9.1	25	25	100.0	24	23	95.8	23	17	73.9	29
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	5
12	Girls	3	3	100.0	3	0	0.0	4	4	100.0	3	3	100.0	3	2	66.7	10
Totals		996	937	94.1	992	515	51.9	1,012	996	98.4	999	934	93.5	996	828	83.1	1,077

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	39	79.6	50	49	98.0	50	47	94.0	49	44	89.8	50
04	Girls	30	30	100.0	31	31	100.0	31	31	100.0	30	30	100.0	30	29	96.7	31
05	Boys	66	64	97.0	66	53	80.3	66	66	100.0	66	63	95.5	66	60	90.9	66
05	Girls	60	57	95.0	60	59	98.3	60	59	98.0	60	59	98.3	60	57	95.0	60
06	Boys	70	68	97.1	70	59	84.3	70	70	100.0	70	69	98.6	69	64	92.8	70
06	Girls	57	54	94.7	57	57	100.0	57	57	100.0	56	56	100.0	57	55	96.5	57
Totals		332	320	96.4	333	298	89.5	334	332	99.4	332	324	97.6	331	309	93.4	334

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Floris Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	52	89.7	57	50	87.7	60	58	97.0	57	43	75.4	57	52	91.2	60
04	Girls	57	51	89.5	59	59	100.0	59	59	100.0	59	45	76.3	59	45	76.3	59
05	Boys	49	44	89.8	49	41	83.7	49	47	96.0	49	40	81.6	49	41	83.7	49
05	Girls	42	36	85.7	41	40	97.6	41	40	98.0	42	39	92.9	42	33	78.6	42
06	Boys	56	54	96.4	56	51	91.1	56	55	98.0	56	51	91.1	56	52	92.9	56
06	Girls	58	55	94.8	58	57	98.3	58	58	100.0	58	57	98.3	58	54	93.1	58
Totals		320	292	91.3	320	298	93.1	323	317	98.1	321	275	85.7	321	277	86.3	324

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	52	98.1	53	38	71.7	53	51	96.0	53	53	100.0	53	52	98.1	53
04	Girls	47	45	95.7	47	47	100.0	47	43	92.0	47	47	100.0	47	41	87.2	47
05	Boys	58	56	96.6	58	38	65.5	58	52	90.0	58	55	94.8	58	52	89.7	58
05	Girls	56	54	96.4	56	53	94.6	56	53	95.0	56	56	100.0	56	45	80.4	56
06	Boys	57	57	100.0	57	49	86.0	57	56	98.0	57	57	100.0	57	54	94.7	57
06	Girls	52	52	100.0	52	47	90.4	52	51	98.0	52	52	100.0	52	49	94.2	52
Totals		323	316	97.8	323	272	84.2	323	306	94.7	323	320	99.1	323	293	90.7	323

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	36	80.0	45	28	62.2	45	37	82.0	44	36	81.8	45	43	95.6	48
04	Girls	32	26	81.3	32	32	100.0	32	31	97.0	31	24	77.4	32	31	96.9	34
05	Boys	37	31	83.8	37	30	81.1	37	35	95.0	38	27	71.1	37	32	86.5	40
05	Girls	30	22	73.3	30	29	96.7	30	29	97.0	30	20	66.7	30	27	90.0	30
06	Boys	36	31	86.1	36	27	75.0	36	30	83.0	35	28	80.0	35	34	97.1	38
06	Girls	34	28	82.4	34	32	94.1	34	30	88.0	34	23	67.6	34	29	85.3	34
Totals		214	174	81.3	214	178	83.2	214	192	89.7	212	158	74.5	213	196	92.0	224

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Forestville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	49	100.0	49	44	89.8	49	38	78.0	49	46	93.9	49	49	100.0	49
04	Girls	43	43	100.0	43	43	100.0	43	39	91.0	43	42	97.7	43	43	100.0	43
05	Boys	55	54	98.2	55	52	94.5	55	52	95.0	55	54	98.2	55	55	100.0	55
05	Girls	36	36	100.0	35	34	97.1	36	35	97.0	36	35	97.2	36	35	97.2	36
06	Boys	44	42	95.5	44	36	81.8	44	39	89.0	40	38	95.0	44	43	97.7	44
06	Girls	48	48	100.0	49	49	100.0	49	46	94.0	49	48	98.0	49	49	100.0	49
Totals		275	272	98.9	275	258	93.8	276	249	90.2	272	263	96.7	276	274	99.3	276

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fort Belvoir Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	65	85.5	76	46	60.5	77	60	78.0	77	40	51.9	76	63	82.9	77
04	Girls	89	85	95.5	88	86	97.7	89	82	92.0	89	62	69.7	88	63	71.6	89
05	Boys	69	63	91.3	69	51	73.9	70	65	93.0	70	43	61.4	69	57	82.6	71
05	Girls	58	52	89.7	58	54	93.1	59	56	95.0	59	46	78.0	58	48	82.8	60
06	Boys	60	56	93.3	60	35	58.3	60	55	92.0	60	32	53.3	60	49	81.7	60
06	Girls	48	45	93.8	49	41	83.7	49	46	94.0	49	27	55.1	48	43	89.6	50
Totals		400	366	91.5	400	313	78.3	404	364	90.1	404	250	61.9	399	323	81.0	407

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	35	79.5	44	30	68.2	44	44	100.0	44	29	65.9	44	39	88.6	44
04	Girls	45	43	95.6	45	43	95.6	45	45	100.0	43	32	74.4	45	39	86.7	45
05	Boys	41	37	90.2	40	30	75.0	41	41	100.0	41	36	87.8	41	37	90.2	41
05	Girls	35	34	97.1	35	32	91.4	35	35	100.0	35	33	94.3	35	31	88.6	35
06	Boys	29	27	93.1	29	20	69.0	29	28	97.0	29	25	86.2	29	27	93.1	29
06	Girls	40	37	92.5	40	33	82.5	40	40	100.0	40	37	92.5	40	32	80.0	40
Totals		234	213	91.0	233	188	80.7	234	233	99.6	232	192	82.8	234	205	87.6	234

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	39	92.9	42	31	73.8	42	39	93.0	42	22	52.4	42	36	85.7	42
04	Girls	45	42	93.3	44	43	97.7	44	41	93.0	45	34	75.6	45	37	82.2	45
05	Boys	38	36	94.7	38	27	71.1	38	38	100.0	38	29	76.3	38	31	81.6	38
05	Girls	45	44	97.8	45	42	93.3	45	43	96.0	45	40	88.9	45	40	88.9	45
06	Boys	41	41	100.0	41	33	80.5	41	33	81.0	41	24	58.5	41	38	92.7	41
06	Girls	44	44	100.0	44	41	93.2	44	43	98.0	44	37	84.1	44	34	77.3	44
Totals		255	246	96.5	254	217	85.4	254	237	93.3	255	186	72.9	255	216	84.7	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Franconia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	34	100.0	34	33	97.1	34	31	91.0	34	20	58.8	34	34	100.0	34
04	Girls	37	34	91.9	37	37	100.0	37	33	89.0	35	23	65.7	37	35	94.6	37
05	Boys	23	23	100.0	22	21	95.5	22	20	91.0	22	22	100.0	22	19	86.4	23
05	Girls	27	27	100.0	27	27	100.0	27	25	93.0	27	26	96.3	27	25	92.6	27
06	Boys	44	43	97.7	44	44	100.0	43	42	98.0	42	41	97.6	44	44	100.0	44
06	Girls	41	41	100.0	41	41	100.0	41	40	98.0	40	40	100.0	41	41	100.0	41
Totals		206	202	98.1	205	203	99.0	204	191	93.6	200	172	86.0	205	198	96.6	206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Franklin MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	237	237	100.0	236	186	78.8	237	216	91.0	238	238	100.0	238	230	96.6	239
07	Girls	209	209	100.0	209	193	92.3	209	200	96.0	212	212	100.0	210	207	98.6	212
08	Boys	215	215	100.0	215	175	81.4	215	181	84.0	215	214	99.5	216	199	92.1	217
08	Girls	198	197	99.5	197	176	89.3	199	182	92.0	199	199	100.0	199	194	97.5	201
Totals		859	858	99.9	857	730	85.2	860	779	90.6	864	863	99.9	863	830	96.2	869

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	44	100.0	45	38	84.4	48	48	100.0	48	47	97.9	45	37	82.2	48
04	Girls	36	35	97.2	36	36	100.0	37	37	100.0	37	37	100.0	36	22	61.1	37
05	Boys	36	34	94.4	36	30	83.3	36	36	100.0	36	36	100.0	36	27	75.0	36
05	Girls	44	44	100.0	44	43	97.7	44	44	100.0	44	44	100.0	44	34	77.3	44
06	Boys	44	44	100.0	44	40	90.9	44	42	96.0	44	44	100.0	44	36	81.8	45
06	Girls	37	37	100.0	37	37	100.0	38	38	100.0	38	38	100.0	37	23	62.2	38
Totals		241	238	98.8	242	224	92.6	247	245	99.2	247	246	99.6	242	179	74.0	248

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016**

Frost MS

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	280	276	98.6	283	177	62.5	283	275	97.0	284	274	96.5	278	242	87.1	286
07	Girls	301	295	98.0	300	238	79.3	302	298	99.0	302	296	98.0	298	266	89.3	303
08	Boys	277	272	98.2	276	179	64.9	278	266	96.0	276	268	97.1	273	254	93.0	278
08	Girls	282	281	99.6	282	233	82.6	286	277	97.0	285	276	96.8	282	275	97.5	286
Totals		1,140	1,124	98.6	1,141	827	72.5	1,149	1,116	97.1	1,147	1,114	97.1	1,131	1,037	91.7	1,153

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Garfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	17	58.6	31	16	51.6	30	25	83.0	29	29	100.0	30	23	76.7	32
04	Girls	33	20	60.6	34	33	97.1	34	30	88.0	34	32	94.1	34	25	73.5	34
05	Boys	25	15	60.0	26	15	57.7	26	23	89.0	26	26	100.0	25	18	72.0	28
05	Girls	26	18	69.2	26	23	88.5	26	25	96.0	26	26	100.0	26	16	61.5	26
06	Boys	23	20	87.0	23	12	52.2	23	19	83.0	23	23	100.0	23	17	73.9	23
06	Girls	28	18	64.3	28	26	92.9	29	25	86.0	29	28	96.6	28	22	78.6	30
Totals		164	108	65.9	168	125	74.4	168	147	87.5	167	164	98.2	166	121	72.9	173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Glasgow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	299	266	89.0	297	187	63.0	303	270	89.0	302	300	99.3	300	258	86.0	304
06	Girls	269	197	73.2	268	241	89.9	271	256	95.0	271	271	100.0	270	240	88.9	271
07	Boys	274	239	87.2	269	150	55.8	279	252	90.0	279	278	99.6	252	204	81.0	280
07	Girls	286	226	79.0	286	197	68.9	291	285	98.0	293	293	100.0	272	211	77.6	294
08	Boys	253	228	90.1	256	163	63.7	260	241	93.0	239	237	99.2	256	205	80.1	264
08	Girls	267	239	89.5	262	194	74.0	275	261	95.0	259	259	100.0	267	246	92.1	277
Totals		1,648	1,395	84.6	1,638	1,132	69.1	1,679	1,565	93.2	1,643	1,638	99.7	1,617	1,364	84.4	1,690

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	42	60.9	68	41	60.3	71	56	79.0	71	60	84.5	69	49	71.0	73
04	Girls	68	42	61.8	68	68	100.0	69	61	88.0	68	54	79.4	68	42	61.8	71
05	Boys	67	38	56.7	66	30	45.5	69	54	78.0	67	51	76.1	66	36	54.5	69
05	Girls	71	44	62.0	71	53	74.6	72	67	93.0	72	59	81.9	72	32	44.4	72
Totals		275	166	60.4	273	192	70.3	281	238	84.7	278	224	80.6	275	159	57.8	285

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	19	86.4	22	6	27.3	22	21	96.0	22	19	86.4	22	20	90.9	22
04	Girls	25	21	84.0	25	25	100.0	25	24	96.0	25	23	92.0	25	18	72.0	26
05	Boys	33	22	66.7	33	12	36.4	33	30	91.0	33	28	84.8	32	22	68.8	33
05	Girls	28	18	64.3	28	18	64.3	28	27	96.0	28	26	92.9	28	20	71.4	28
06	Boys	22	22	100.0	22	5	22.7	22	22	100.0	22	22	100.0	22	20	90.9	22
06	Girls	35	35	100.0	35	23	65.7	35	35	100.0	35	35	100.0	35	34	97.1	35
Totals		165	137	83.0	165	89	53.9	165	159	96.4	165	153	92.7	164	134	81.7	166

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	32	82.1	39	36	92.3	39	35	90.0	39	39	100.0	39	34	87.2	39
04	Girls	39	35	89.7	39	39	100.0	39	37	95.0	39	39	100.0	39	32	82.1	39
05	Boys	33	26	78.8	33	30	90.9	33	27	82.0	33	33	100.0	33	30	90.9	33
05	Girls	51	44	86.3	51	50	98.0	51	46	90.0	51	51	100.0	51	40	78.4	51
06	Boys	36	34	94.4	36	30	83.3	36	32	89.0	36	36	100.0	36	31	86.1	36
06	Girls	45	42	93.3	45	45	100.0	45	41	91.0	45	45	100.0	45	39	86.7	45
Totals		243	213	87.7	243	230	94.7	243	218	89.7	243	243	100.0	243	206	84.8	243

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	35	63.6	55	22	40.0	55	33	60.0	55	30	54.5	55	29	52.7	55
04	Girls	75	55	73.3	75	75	100.0	75	60	80.0	74	49	66.2	75	28	37.3	75
05	Boys	61	52	85.2	61	32	52.5	61	43	71.0	61	34	55.7	61	36	59.0	61
05	Girls	65	60	92.3	66	56	84.8	66	46	70.0	65	35	53.8	65	32	49.2	66
06	Boys	63	49	77.8	63	34	54.0	63	37	59.0	63	34	54.0	62	32	51.6	63
06	Girls	48	38	79.2	48	40	83.3	48	37	77.0	47	28	59.6	48	22	45.8	48
Totals		367	289	78.7	368	259	70.4	368	256	69.6	365	210	57.5	366	179	48.9	368

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	70	95.9	73	54	74.0	73	64	88.0	73	66	90.4	73	67	91.8	73
04	Girls	66	63	95.5	66	66	100.0	66	63	96.0	66	64	97.0	66	64	97.0	66
05	Boys	106	101	95.3	109	89	81.7	108	101	94.0	104	96	92.3	107	92	86.0	110
05	Girls	113	96	85.0	115	108	93.9	114	110	97.0	111	106	95.5	113	88	77.9	115
06	Boys	145	136	93.8	143	110	76.9	147	137	93.0	144	140	97.2	146	137	93.8	147
06	Girls	97	95	97.9	96	94	97.9	99	96	97.0	99	98	99.0	99	90	90.9	100
Totals		600	561	93.5	602	521	86.5	607	571	94.1	597	570	95.5	604	538	89.1	611

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Groveton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	30	61.2	49	47	96.0	49	49	100.0	49	44	89.8	49
04	Girls	53	50	94.3	53	52	98.1	53	50	94.0	53	52	98.1	53	45	84.9	53
05	Boys	47	45	95.7	46	31	67.4	47	47	100.0	47	47	100.0	46	44	95.7	47
05	Girls	57	56	98.2	57	51	89.5	57	57	100.0	57	57	100.0	57	52	91.2	57
06	Boys	53	51	96.2	53	38	71.7	53	53	100.0	53	53	100.0	52	50	96.2	53
06	Girls	53	50	94.3	53	48	90.6	53	53	100.0	53	53	100.0	53	51	96.2	53
Totals		312	299	95.8	311	250	80.4	312	307	98.4	312	311	99.7	310	286	92.3	312

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Gunston Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	26	65.0	40	19	47.5	40	38	95.0	39	32	82.1	39	30	76.9	41
04	Girls	41	31	75.6	41	40	97.6	41	41	100.0	39	36	92.3	41	32	78.0	42
05	Boys	51	41	80.4	51	35	68.6	52	46	89.0	52	46	88.5	51	40	78.4	53
05	Girls	36	29	80.6	37	35	94.6	37	37	100.0	37	35	94.6	37	26	70.3	38
06	Boys	46	44	95.7	46	34	73.9	46	46	100.0	46	43	93.5	46	36	78.3	47
06	Girls	37	33	89.2	37	35	94.6	37	37	100.0	37	36	97.3	37	29	78.4	37
Totals		251	204	81.3	252	198	78.6	253	245	96.8	250	228	91.2	251	193	76.9	258

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Halley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	41	73.2	56	38	67.9	56	56	100.0	56	56	100.0	56	43	76.8	56
04	Girls	37	34	91.9	37	37	100.0	37	37	100.0	37	37	100.0	37	30	81.1	37
05	Boys	44	35	79.5	44	35	79.5	44	44	100.0	44	44	100.0	44	33	75.0	44
05	Girls	50	36	72.0	50	48	96.0	51	51	100.0	51	50	98.0	50	35	70.0	51
06	Boys	38	33	86.8	38	27	71.1	38	37	97.0	38	37	97.4	38	32	84.2	38
06	Girls	41	23	56.1	41	34	82.9	41	40	98.0	41	41	100.0	41	24	58.5	41
Totals		266	202	75.9	266	219	82.3	267	265	99.3	267	265	99.3	266	197	74.1	267

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Haycock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	62	95.4	65	56	86.2	65	65	100.0	65	63	96.9	65	59	90.8	65
04	Girls	62	62	100.0	62	62	100.0	62	62	100.0	62	61	98.4	62	55	88.7	63
05	Boys	85	80	94.1	85	74	87.1	85	84	99.0	85	85	100.0	85	80	94.1	85
05	Girls	89	73	82.0	89	83	93.3	89	87	98.0	89	89	100.0	89	76	85.4	89
06	Boys	75	66	88.0	74	63	85.1	77	77	100.0	76	76	100.0	74	68	91.9	77
06	Girls	69	67	97.1	69	68	98.6	69	69	100.0	69	68	98.6	69	61	88.4	69
Totals		445	410	92.1	444	406	91.4	447	444	99.3	446	442	99.1	444	399	89.9	448

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	49	90.7	54	20	37.0	54	45	83.0	54	43	79.6	54	34	63.0	54
04	Girls	46	46	100.0	46	46	100.0	46	46	100.0	46	42	91.3	46	23	50.0	46
05	Boys	54	51	94.4	54	28	51.9	54	45	83.0	54	49	90.7	54	42	77.8	54
05	Girls	48	47	97.9	48	43	89.6	48	46	96.0	48	45	93.8	48	38	79.2	48
06	Boys	52	50	96.2	52	27	51.9	52	49	94.0	52	43	82.7	52	44	84.6	52
06	Girls	34	30	88.2	34	28	82.4	34	32	94.0	34	31	91.2	34	25	73.5	34
Totals		288	273	94.8	288	192	66.7	288	263	91.3	288	253	87.8	288	206	71.5	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hayfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	263	252	95.8	267	216	80.9	270	267	99.0	248	201	81.0	250	204	81.6	271
09	Girls	253	232	91.7	254	220	86.6	255	251	98.0	238	210	88.2	240	214	89.2	258
10	Boys	253	248	98.0	251	193	76.9	253	253	100.0	253	219	86.6	248	212	85.5	255
10	Girls	216	216	100.0	217	192	88.5	218	217	100.0	215	201	93.5	212	208	98.1	220
11	Boys	6	5	83.3	6	3	50.0	6	5	83.0	6	5	83.3	6	4	66.7	7
11	Girls	8	6	75.0	9	1	11.1	9	7	78.0	8	4	50.0	7	4	57.1	9
12	Boys	4	4	100.0	4	2	50.0	4	4	100.0	4	3	75.0	4	2	50.0	4
12	Girls	4	3	75.0	4	0	0.0	4	4	100.0	4	3	75.0	4	3	75.0	4
Totals		1,007	966	95.9	1,012	827	81.7	1,019	1,008	98.9	976	846	86.7	971	851	87.6	1,028

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hayfield MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	232	215	92.7	232	173	74.6	232	227	98.0	232	219	94.4	232	193	83.2	232
07	Girls	216	190	88.0	216	201	93.1	216	216	100.0	214	208	97.2	216	185	85.6	217
08	Boys	224	212	94.6	225	183	81.3	224	216	96.0	224	214	95.5	225	181	80.4	226
08	Girls	212	201	94.8	212	196	92.5	213	207	97.0	212	209	98.6	211	170	80.6	213
Totals		884	818	92.5	885	753	85.1	885	866	97.9	882	850	96.4	884	729	82.5	888

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Herndon Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	52	76.5	68	43	63.2	68	68	100.0	68	52	76.5	68	51	75.0	68
04	Girls	61	45	73.8	61	60	98.4	61	61	100.0	61	54	88.5	61	54	88.5	61
05	Boys	50	33	66.0	50	34	68.0	50	50	100.0	50	31	62.0	50	39	78.0	51
05	Girls	56	34	60.7	56	51	91.1	56	56	100.0	56	41	73.2	56	43	76.8	56
06	Boys	43	36	83.7	44	32	72.7	44	44	100.0	44	44	100.0	44	34	77.3	44
06	Girls	63	52	82.5	63	63	100.0	63	63	100.0	63	63	100.0	63	58	92.1	64
Totals		341	252	73.9	342	283	82.7	342	342	100.0	342	285	83.3	342	279	81.6	344

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Herndon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	279	269	96.4	274	221	80.7	279	271	97.0	277	275	99.3	278	166	59.7	296
09	Girls	232	230	99.1	227	187	82.4	232	230	99.0	230	228	99.1	231	213	92.2	242
10	Boys	232	217	93.5	164	59	36.0	238	217	91.0	205	194	94.6	233	101	43.3	273
10	Girls	214	209	97.7	154	95	61.7	225	220	98.0	180	176	97.8	214	185	86.4	246
11	Boys	16	13	81.3	11	1	9.1	16	12	75.0	12	10	83.3	16	5	31.3	20
11	Girls	9	9	100.0	9	2	22.2	12	12	100.0	9	9	100.0	9	7	77.8	20
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	3
12	Girls	1	0	0.0	2	1	50.0	1	1	100.0	1	1	100.0	1	0	0.0	3
Totals		985	949	96.3	843	566	67.1	1,005	965	96.0	916	895	97.7	984	678	68.9	1,103

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Herndon MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	248	232	93.5	248	193	77.8	248	242	98.0	246	180	73.2	244	172	70.5	252
07	Girls	244	232	95.1	245	233	95.1	245	241	98.0	244	214	87.7	244	166	68.0	249
08	Boys	280	272	97.1	288	209	72.6	266	242	91.0	265	245	92.5	281	230	81.9	289
08	Girls	255	247	96.9	263	222	84.4	252	241	96.0	242	218	90.1	256	225	87.9	270
Totals		1,027	983	95.7	1,044	857	82.1	1,011	966	95.5	997	857	86.0	1,025	793	77.4	1,060

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	41	85.4	48	31	64.6	48	36	75.0	48	48	100.0	48	44	91.7	48
04	Girls	46	36	78.3	47	47	100.0	47	46	98.0	47	47	100.0	46	31	67.4	47
05	Boys	43	32	74.4	43	32	74.4	43	37	86.0	43	43	100.0	43	33	76.7	44
05	Girls	41	29	70.7	41	35	85.4	41	39	95.0	41	41	100.0	41	24	58.5	43
06	Boys	50	35	70.0	48	30	62.5	50	38	76.0	50	49	98.0	50	36	72.0	51
06	Girls	31	13	41.9	31	24	77.4	31	23	74.0	31	31	100.0	31	14	45.2	31
Totals		259	186	71.8	258	199	77.1	260	219	84.2	260	259	99.6	259	182	70.3	264

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Holmes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	174	166	95.4	181	159	87.8	185	179	97.0	184	173	94.0	183	142	77.6	192
06	Girls	148	128	86.5	149	146	98.0	153	149	97.0	150	140	93.3	152	102	67.1	158
07	Boys	146	136	93.2	154	127	82.5	150	134	89.0	138	134	97.1	152	106	69.7	161
07	Girls	133	118	88.7	137	135	98.5	131	126	96.0	121	119	98.3	135	98	72.6	141
08	Boys	150	143	95.3	174	144	82.8	94	94	100.0	94	91	96.8	158	123	77.8	191
08	Girls	113	104	92.0	124	120	96.8	81	80	99.0	80	75	93.8	118	94	79.7	139
Totals		864	795	92.0	919	831	90.4	794	762	96.0	767	732	95.4	898	665	74.1	982

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hughes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	253	225	88.9	252	195	77.4	253	241	95.0	253	246	97.2	253	222	87.7	258
07	Girls	238	211	88.7	239	214	89.5	239	236	99.0	239	236	98.7	239	216	90.4	241
08	Boys	232	222	95.7	231	185	80.1	232	221	95.0	232	217	93.5	232	201	86.6	239
08	Girls	229	210	91.7	229	196	85.6	231	228	99.0	230	224	97.4	229	196	85.6	232
Totals		952	868	91.2	951	790	83.1	955	926	97.0	954	923	96.8	953	835	87.6	970

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	40	83.3	48	46	96.0	48	47	97.9	48	46	95.8	48
04	Girls	48	47	97.9	48	48	100.0	48	48	100.0	48	45	93.8	48	45	93.8	48
05	Boys	60	56	93.3	60	47	78.3	60	59	98.0	58	55	94.8	60	51	85.0	61
05	Girls	44	42	95.5	44	41	93.2	44	44	100.0	44	44	100.0	44	41	93.2	45
06	Boys	46	44	95.7	47	38	80.9	47	46	98.0	47	47	100.0	46	42	91.3	48
06	Girls	45	43	95.6	45	42	93.3	45	44	98.0	45	44	97.8	44	39	88.6	45
Totals		291	279	95.9	292	256	87.7	292	287	98.3	290	282	97.2	290	264	91.0	295

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	70	100.0	70	50	71.4	71	71	100.0	71	71	100.0	69	65	94.2	71
04	Girls	63	63	100.0	62	61	98.4	63	63	100.0	63	63	100.0	60	56	93.3	63
05	Boys	63	63	100.0	59	46	78.0	63	63	100.0	63	63	100.0	60	55	91.7	63
05	Girls	69	69	100.0	65	56	86.2	69	69	100.0	69	69	100.0	66	61	92.4	69
06	Boys	128	127	99.2	128	98	76.6	129	129	100.0	129	129	100.0	124	113	91.1	129
06	Girls	115	115	100.0	114	101	88.6	115	115	100.0	115	115	100.0	113	109	96.5	115
Totals		508	507	99.8	498	412	82.7	510	510	100.0	510	510	100.0	492	459	93.3	510

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	57	91.9	61	39	63.9	62	61	98.0	62	62	100.0	62	59	95.2	64
04	Girls	63	55	87.3	63	63	100.0	63	63	100.0	63	63	100.0	63	61	96.8	64
05	Boys	52	39	75.0	52	37	71.2	52	51	98.0	51	51	100.0	52	47	90.4	54
05	Girls	73	68	93.2	72	71	98.6	73	72	99.0	73	73	100.0	73	69	94.5	73
06	Boys	50	43	86.0	50	36	72.0	50	50	100.0	50	50	100.0	50	44	88.0	52
06	Girls	57	48	84.2	56	54	96.4	56	56	100.0	56	56	100.0	57	54	94.7	58
Totals		357	310	86.8	354	300	84.7	356	353	99.2	355	355	100.0	357	334	93.6	365

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	49	80.3	61	44	72.1	61	56	92.0	61	52	85.2	59	52	88.1	61
04	Girls	74	61	82.4	73	73	100.0	74	71	96.0	74	69	93.2	74	62	83.8	74
05	Boys	40	35	87.5	40	33	82.5	40	37	93.0	33	31	93.9	39	29	74.4	40
05	Girls	73	67	91.8	73	73	100.0	73	72	99.0	64	60	93.8	73	65	89.0	73
06	Boys	51	48	94.1	50	35	70.0	52	52	100.0	49	47	95.9	51	44	86.3	53
06	Girls	47	36	76.6	45	38	84.4	47	46	98.0	47	45	95.7	47	35	74.5	47
Totals		346	296	85.5	342	296	86.5	347	334	96.3	328	304	92.7	343	287	83.7	348

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Irving MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	270	259	95.9	279	194	69.5	279	268	96.0	275	273	99.3	278	240	86.3	279
07	Girls	225	215	95.6	236	212	89.8	236	219	93.0	235	233	99.1	234	217	92.7	237
08	Boys	238	226	95.0	236	175	74.2	239	217	91.0	233	231	99.1	237	213	89.9	239
08	Girls	231	226	97.8	230	193	83.9	233	228	98.0	228	227	99.6	230	217	94.3	233
Totals		964	926	96.1	981	774	78.9	987	932	94.4	971	964	99.3	979	887	90.6	988

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	32	86.5	37	26	70.3	37	36	97.0	37	37	100.0	36	26	72.2	37
04	Girls	61	55	90.2	61	61	100.0	61	60	98.0	61	61	100.0	61	43	70.5	61
05	Boys	48	43	89.6	48	36	75.0	48	44	92.0	48	48	100.0	48	29	60.4	48
05	Girls	39	38	97.4	39	37	94.9	39	39	100.0	39	39	100.0	39	30	76.9	39
06	Boys	36	35	97.2	36	31	86.1	36	35	97.0	36	35	97.2	36	27	75.0	36
06	Girls	56	51	91.1	56	54	96.4	56	55	98.0	56	56	100.0	56	37	66.1	56
Totals		277	254	91.7	277	245	88.4	277	269	97.1	277	276	99.6	276	192	69.6	277

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Jackson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	363	355	97.8	357	225	63.0	363	360	99.0	363	357	98.3	363	345	95.0	368
07	Girls	335	330	98.5	330	275	83.3	335	334	100.0	334	330	98.8	335	330	98.5	336
08	Boys	369	365	98.9	370	282	76.2	370	367	99.0	2	2	100.0	370	354	95.7	372
08	Girls	307	305	99.3	309	244	79.0	312	312	100.0	2	1	50.0	311	308	99.0	313
Totals		1,374	1,355	98.6	1,366	1,026	75.1	1,380	1,373	99.5	701	690	98.4	1,379	1,337	97.0	1,389

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Jefferson S/T HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	254	249	98.0	254	208	81.9	255	255	100.0	254	250	98.4	253	208	82.2	255
09	Girls	197	190	96.4	194	169	87.1	197	195	99.0	197	195	99.0	197	177	89.8	198
10	Boys	250	239	95.6	251	145	57.8	250	242	97.0	252	223	88.5	250	187	74.8	252
10	Girls	144	136	94.4	142	111	78.2	145	144	99.0	144	138	95.8	144	121	84.0	146
Totals		845	814	96.3	841	633	75.3	847	836	98.7	847	806	95.2	844	693	82.1	851

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	39	92.9	44	35	79.5	44	44	100.0	44	38	86.4	44	43	97.7	44
04	Girls	78	75	96.2	78	78	100.0	78	78	100.0	78	74	94.9	76	73	96.1	78
05	Boys	58	57	98.3	58	53	91.4	58	58	100.0	58	53	91.4	58	58	100.0	58
05	Girls	76	72	94.7	75	71	94.7	76	75	99.0	76	75	98.7	76	72	94.7	76
06	Boys	68	62	91.2	69	59	85.5	69	69	100.0	69	66	95.7	69	66	95.7	69
06	Girls	80	73	91.3	82	80	97.6	82	82	100.0	82	80	97.6	82	77	93.9	82
Totals		402	378	94.0	406	376	92.6	407	406	99.8	407	386	94.8	405	389	96.0	407

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	70	98.6	71	68	95.8	71	64	90.0	70	50	71.4	71	69	97.2	71
04	Girls	71	69	97.2	71	71	100.0	71	66	93.0	71	57	80.3	71	71	100.0	71
05	Boys	71	71	100.0	71	70	98.6	71	63	89.0	71	47	66.2	71	71	100.0	71
05	Girls	54	53	98.1	53	53	100.0	54	54	100.0	54	49	90.7	54	54	100.0	54
06	Boys	80	80	100.0	80	78	97.5	80	71	89.0	77	63	81.8	80	80	100.0	80
06	Girls	64	62	96.9	64	64	100.0	64	63	98.0	61	56	91.8	64	63	98.4	64
Totals		411	405	98.5	410	404	98.5	411	381	92.7	404	322	79.7	411	408	99.3	411

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016**

Key MS

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	189	175	92.6	192	122	63.5	193	189	98.0	182	152	83.5	192	144	75.0	198
07	Girls	177	154	87.0	178	135	75.8	180	177	98.0	179	167	93.3	180	121	67.2	185
08	Boys	206	194	94.2	206	131	63.6	205	194	95.0	131	111	84.7	205	155	75.6	217
08	Girls	206	179	86.9	204	149	73.0	206	202	98.0	137	114	83.2	205	154	75.1	211
Totals		778	702	90.2	780	537	68.8	784	762	97.2	629	544	86.5	782	574	73.4	811

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Kilmer MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	320	313	97.8	319	261	81.8	274	264	96.0	320	313	97.8	320	298	93.1	323
07	Girls	283	281	99.3	282	271	96.1	257	252	98.0	282	277	98.2	283	279	98.6	287
08	Boys	305	299	98.0	305	256	83.9	306	305	100.0	305	304	99.7	305	280	91.8	311
08	Girls	309	304	98.4	308	294	95.5	309	309	100.0	309	309	100.0	309	304	98.4	314
Totals		1,217	1,197	98.4	1,214	1,082	89.1	1,146	1,130	98.6	1,216	1,203	98.9	1,217	1,161	95.4	1,235

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	66	90.4	74	48	64.9	76	76	100.0	75	75	100.0	75	66	88.0	76
04	Girls	72	66	91.7	73	73	100.0	73	71	97.0	73	73	100.0	73	66	90.4	73
05	Boys	73	63	86.3	73	52	71.2	74	73	99.0	74	73	98.6	73	64	87.7	76
05	Girls	79	72	91.1	79	77	97.5	79	78	99.0	79	79	100.0	78	74	94.9	79
06	Boys	82	73	89.0	83	60	72.3	83	83	100.0	83	82	98.8	82	72	87.8	83
06	Girls	74	65	87.8	75	75	100.0	75	75	100.0	75	74	98.7	73	68	93.2	75
Totals		453	405	89.4	457	385	84.2	460	456	99.1	459	456	99.3	454	410	90.3	462

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	32	97.0	33	24	72.7	33	29	88.0	33	32	97.0	33	29	87.9	33
04	Girls	39	37	94.9	39	39	100.0	39	39	100.0	39	39	100.0	39	34	87.2	39
05	Boys	39	38	97.4	39	32	82.1	39	39	100.0	39	38	97.4	39	30	76.9	39
05	Girls	42	39	92.9	42	38	90.5	42	42	100.0	42	42	100.0	42	37	88.1	42
06	Boys	49	49	100.0	49	38	77.6	49	47	96.0	49	49	100.0	49	44	89.8	49
06	Girls	40	37	92.5	40	36	90.0	40	40	100.0	40	40	100.0	40	35	87.5	40
Totals		242	232	95.9	242	207	85.5	242	236	97.5	242	240	99.2	242	209	86.4	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	354	344	97.2	351	262	74.6	361	347	96.0	357	316	88.5	352	320	90.9	362
09	Girls	327	316	96.6	324	264	81.5	329	322	98.0	326	313	96.0	327	311	95.1	334
10	Boys	348	334	96.0	354	199	56.2	357	353	99.0	357	356	99.7	347	226	65.1	358
10	Girls	324	317	97.8	331	250	75.5	334	334	100.0	333	332	99.7	324	258	79.6	336
11	Boys	10	10	100.0	10	3	30.0	19	12	63.0	15	14	93.3	10	10	100.0	19
11	Girls	2	2	100.0	2	1	50.0	6	5	83.0	5	4	80.0	3	2	66.7	6
12	Boys	0	0	0.0	0	0	0.0	9	4	44.0	7	5	71.4	0	0	0.0	9
12	Girls	1	1	100.0	1	0	0.0	4	2	50.0	4	3	75.0	1	1	100.0	6
Totals		1,366	1,324	96.9	1,373	979	71.3	1,419	1,379	97.2	1,404	1,343	95.7	1,364	1,128	82.7	1,430

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lake Braddock MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	368	353	95.9	368	252	68.5	372	345	93.0	372	345	92.7	368	331	89.9	373
07	Girls	325	305	93.8	325	295	90.8	327	321	98.0	328	310	94.5	325	314	96.6	328
08	Boys	360	331	91.9	360	249	69.2	363	354	98.0	360	355	98.6	359	286	79.7	364
08	Girls	316	295	93.4	315	270	85.7	321	317	99.0	319	316	99.1	317	297	93.7	321
Totals		1,369	1,284	93.8	1,368	1,066	77.9	1,383	1,337	96.7	1,379	1,326	96.2	1,369	1,228	89.7	1,386

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	55	93.2	60	35	58.3	62	58	94.0	61	52	85.2	58	55	94.8	62
04	Girls	58	57	98.3	58	58	100.0	59	55	93.0	58	56	96.6	57	56	98.2	59
05	Boys	53	48	90.6	54	33	61.1	55	51	93.0	54	48	88.9	49	46	93.9	55
05	Girls	53	52	98.1	53	49	92.5	54	51	94.0	54	50	92.6	51	45	88.2	54
06	Boys	37	35	94.6	37	22	59.5	39	37	95.0	39	36	92.3	37	32	86.5	39
06	Girls	50	47	94.0	50	42	84.0	51	50	98.0	51	50	98.0	50	44	88.0	51
Totals		310	294	94.8	312	239	76.6	320	302	94.4	317	292	92.1	302	278	92.1	320

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Langley HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	242	241	99.6	243	175	72.0	247	245	99.0	244	239	98.0	242	221	91.3	257
09	Girls	221	220	99.5	222	190	85.6	224	217	97.0	222	219	98.6	220	219	99.5	226
10	Boys	262	262	100.0	258	154	59.7	262	248	95.0	258	244	94.6	261	228	87.4	266
10	Girls	184	184	100.0	178	133	74.7	197	191	97.0	185	183	98.9	182	181	99.5	201
11	Boys	9	9	100.0	9	1	11.1	10	10	100.0	10	10	100.0	9	7	77.8	13
11	Girls	9	8	88.9	9	4	44.4	9	9	100.0	9	8	88.9	9	8	88.9	9
12	Boys	1	1	100.0	1	0	0.0	2	1	50.0	1	1	100.0	1	0	0.0	3
12	Girls	0	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	5
Totals		928	925	99.7	921	657	71.3	952	922	96.8	930	905	97.3	924	864	93.5	980

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lanier MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	230	218	94.8	229	169	73.8	233	207	89.0	229	181	79.0	231	200	86.6	233
07	Girls	230	210	91.3	230	214	93.0	231	222	96.0	230	216	93.9	231	204	88.3	232
08	Boys	266	262	98.5	267	213	79.8	269	259	96.0	269	249	92.6	267	239	89.5	269
08	Girls	262	258	98.5	260	225	86.5	264	256	97.0	263	260	98.9	262	236	90.1	265
Totals		988	948	96.0	986	821	83.3	997	944	94.7	991	906	91.4	991	879	88.7	999

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	70	87.5	79	60	75.9	80	77	96.0	80	45	56.3	80	76	95.0	82
04	Girls	67	50	74.6	67	65	97.0	67	65	97.0	67	41	61.2	65	54	83.1	67
05	Boys	66	62	93.9	66	47	71.2	69	67	97.0	69	33	47.8	66	63	95.5	69
05	Girls	70	60	85.7	70	65	92.9	70	69	99.0	70	45	64.3	70	64	91.4	70
06	Boys	67	55	82.1	68	42	61.8	68	66	97.0	68	37	54.4	68	63	92.6	68
06	Girls	60	47	78.3	61	57	93.4	61	60	98.0	61	35	57.4	61	56	91.8	61
Totals		410	344	83.9	411	336	81.8	415	404	97.3	415	236	56.9	410	376	91.7	417

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	47	88.7	54	46	85.2	53	53	100.0	53	31	58.5	53	49	92.5	56
04	Girls	62	49	79.0	62	61	98.4	62	62	100.0	62	51	82.3	62	54	87.1	62
05	Boys	59	52	88.1	59	46	78.0	59	59	100.0	59	42	71.2	58	55	94.8	59
05	Girls	60	58	96.7	61	58	95.1	62	62	100.0	61	47	77.0	61	60	98.4	62
06	Boys	63	59	93.7	65	50	76.9	63	62	98.0	63	52	82.5	63	59	93.7	65
06	Girls	57	45	78.9	57	55	96.5	57	57	100.0	57	51	89.5	57	57	100.0	58
Totals		354	310	87.6	358	316	88.3	356	355	99.7	355	274	77.2	354	334	94.4	362

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lee HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	221	220	99.5	219	177	80.8	221	214	97.0	221	212	95.9	219	170	77.6	226
09	Girls	184	181	98.4	182	161	88.5	184	184	100.0	183	183	100.0	183	164	89.6	185
10	Boys	218	217	99.5	214	158	73.8	220	217	99.0	218	218	100.0	217	183	84.3	223
10	Girls	194	194	100.0	192	165	85.9	199	196	99.0	193	192	99.5	193	177	91.7	201
11	Boys	22	22	100.0	22	14	63.6	23	21	91.0	23	22	95.7	19	17	89.5	23
11	Girls	32	31	96.9	30	18	60.0	34	33	97.0	33	32	97.0	32	29	90.6	35
12	Boys	2	2	100.0	4	0	0.0	6	5	83.0	5	2	40.0	1	1	100.0	6
12	Girls	4	4	100.0	3	3	100.0	6	6	100.0	4	4	100.0	4	4	100.0	6
Totals		877	871	99.3	866	696	80.4	893	876	98.1	880	865	98.3	868	745	85.8	905

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	64	58	90.6	61	46	75.4	64	61	95.0	64	54	84.4	64	57	89.1	64
04	Girls	45	43	95.6	43	43	100.0	45	44	98.0	45	42	93.3	44	40	90.9	45
05	Boys	52	50	96.2	50	45	90.0	53	53	100.0	53	48	90.6	52	49	94.2	53
05	Girls	42	40	95.2	40	39	97.5	42	42	100.0	42	40	95.2	42	38	90.5	42
06	Boys	39	37	94.9	38	25	65.8	40	40	100.0	40	37	92.5	40	34	85.0	40
06	Girls	51	49	96.1	50	43	86.0	51	50	98.0	51	50	98.0	51	47	92.2	51
Totals		293	277	94.5	282	241	85.5	295	290	98.3	295	271	91.9	293	265	90.4	295

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	37	88.1	45	28	62.2	45	44	98.0	42	42	100.0	41	37	90.2	45
04	Girls	32	30	93.8	32	32	100.0	32	31	97.0	32	32	100.0	32	31	96.9	33
05	Boys	45	42	93.3	47	38	80.9	47	46	98.0	46	46	100.0	47	47	100.0	47
05	Girls	34	32	94.1	35	33	94.3	35	35	100.0	34	34	100.0	35	34	97.1	37
06	Boys	41	40	97.6	41	37	90.2	41	41	100.0	41	40	97.6	41	41	100.0	42
06	Girls	48	47	97.9	48	45	93.8	48	48	100.0	48	48	100.0	48	47	97.9	48
Totals		242	228	94.2	248	213	85.9	248	245	98.8	243	242	99.6	244	237	97.1	252

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Liberty MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	266	248	93.2	266	169	63.5	239	226	95.0	260	199	76.5	260	203	78.1	276
07	Girls	282	267	94.7	282	234	83.0	255	250	98.0	271	225	83.0	270	235	87.0	290
08	Boys	277	263	94.9	280	207	73.9	281	251	89.0	281	242	86.1	281	228	81.1	285
08	Girls	249	226	90.8	248	213	85.9	251	236	94.0	251	234	93.2	250	211	84.4	251
Totals		1,074	1,004	93.5	1,076	823	76.5	1,026	963	93.9	1,063	900	84.7	1,061	877	82.7	1,102

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Little Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	22	100.0	22	18	81.8	22	22	100.0	22	16	72.7	22	22	100.0	22
04	Girls	28	27	96.4	28	28	100.0	28	28	100.0	28	22	78.6	28	25	89.3	28
05	Boys	21	19	90.5	21	17	81.0	21	21	100.0	21	15	71.4	21	17	81.0	21
05	Girls	19	18	94.7	19	18	94.7	19	19	100.0	19	15	78.9	19	14	73.7	19
06	Boys	25	25	100.0	25	22	88.0	25	25	100.0	25	22	88.0	25	19	76.0	25
06	Girls	24	22	91.7	24	23	95.8	24	23	96.0	24	22	91.7	24	20	83.3	24
Totals		139	133	95.7	139	126	90.6	139	138	99.3	139	112	80.6	139	117	84.2	139

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
London Towne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	46	100.0	46	35	76.1	46	43	94.0	46	46	100.0	46	44	95.7	46
04	Girls	62	62	100.0	62	62	100.0	62	62	100.0	62	62	100.0	62	61	98.4	62
05	Boys	58	58	100.0	58	46	79.3	58	56	97.0	58	55	94.8	58	53	91.4	58
05	Girls	55	54	98.2	55	53	96.4	55	55	100.0	55	54	98.2	55	52	94.5	55
06	Boys	64	64	100.0	64	51	79.7	64	64	100.0	64	64	100.0	64	54	84.4	64
06	Girls	55	54	98.2	55	53	96.4	55	55	100.0	55	53	96.4	55	53	96.4	55
Totals		340	338	99.4	340	300	88.2	340	335	98.5	340	334	98.2	340	317	93.2	340

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Longfellow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	358	334	93.3	357	240	67.2	360	355	99.0	357	328	91.9	357	223	62.5	360
07	Girls	316	299	94.6	316	292	92.4	318	318	100.0	316	307	97.2	316	194	61.4	320
08	Boys	351	334	95.2	351	266	75.8	353	350	99.0	350	310	88.6	351	230	65.5	354
08	Girls	314	298	94.9	315	280	88.9	315	313	99.0	315	299	94.9	314	193	61.5	317
Totals		1,339	1,265	94.5	1,339	1,078	80.5	1,346	1,336	99.3	1,338	1,244	93.0	1,338	840	62.8	1,351

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	48	64.9	74	44	59.5	74	70	95.0	74	69	93.2	73	64	87.7	75
04	Girls	82	57	69.5	82	80	97.6	82	81	99.0	82	74	90.2	81	52	64.2	82
05	Boys	88	66	75.0	89	65	73.0	91	87	96.0	91	79	86.8	89	75	84.3	91
05	Girls	58	42	72.4	58	54	93.1	58	58	100.0	58	55	94.8	57	50	87.7	58
06	Boys	90	61	67.8	90	52	57.8	90	89	99.0	90	77	85.6	89	72	80.9	90
06	Girls	92	69	75.0	91	74	81.3	93	93	100.0	93	85	91.4	93	79	84.9	93
Totals		484	343	70.9	484	369	76.2	488	478	98.0	488	439	90.0	482	392	81.3	489

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	40	81.6	50	32	64.0	50	43	86.0	49	37	75.5	49	35	71.4	50
04	Girls	37	33	89.2	38	37	97.4	38	36	95.0	37	29	78.4	37	27	73.0	38
05	Boys	27	22	81.5	26	20	76.9	27	21	78.0	27	22	81.5	27	18	66.7	27
05	Girls	36	31	86.1	36	34	94.4	36	36	100.0	36	30	83.3	36	24	66.7	36
06	Boys	37	29	78.4	37	22	59.5	37	32	87.0	37	34	91.9	37	21	56.8	37
06	Girls	31	25	80.6	31	30	96.8	31	31	100.0	31	29	93.5	31	20	64.5	31
Totals		217	180	82.9	218	175	80.3	219	199	90.9	217	181	83.4	217	145	66.8	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Madison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	288	285	99.0	290	233	80.3	290	287	99.0	290	271	93.4	290	243	83.8	292
09	Girls	220	215	97.7	219	187	85.4	220	217	99.0	220	212	96.4	220	190	86.4	221
10	Boys	273	262	96.0	275	134	48.7	275	270	98.0	275	251	91.3	273	214	78.4	279
10	Girls	275	262	95.3	273	201	73.6	276	274	99.0	273	271	99.3	275	251	91.3	277
11	Boys	11	11	100.0	11	4	36.4	11	11	100.0	11	11	100.0	11	9	81.8	11
11	Girls	7	6	85.7	7	2	28.6	7	7	100.0	7	7	100.0	7	5	71.4	7
12	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,075	1,041	96.8	1,076	761	70.7	1,080	1,067	98.8	1,077	1,024	95.1	1,077	912	84.7	1,088

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mantua Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	74	100.0	75	69	92.0	75	74	99.0	75	73	97.3	75	74	98.7	75
04	Girls	77	77	100.0	77	77	100.0	77	75	97.0	77	77	100.0	77	75	97.4	77
05	Boys	79	76	96.2	79	76	96.2	79	79	100.0	79	77	97.5	79	74	93.7	81
05	Girls	78	78	100.0	78	77	98.7	78	78	100.0	78	77	98.7	78	76	97.4	78
06	Boys	98	95	96.9	100	89	89.0	100	98	98.0	100	96	96.0	100	95	95.0	100
06	Girls	81	78	96.3	80	79	98.8	81	81	100.0	81	81	100.0	81	78	96.3	81
Totals		487	478	98.2	489	467	95.5	490	485	99.0	490	481	98.2	490	472	96.3	492

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Marshall HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	276	268	97.1	275	217	78.9	277	266	96.0	276	273	98.9	274	242	88.3	278
09	Girls	269	268	99.6	267	226	84.6	271	265	98.0	270	270	100.0	269	259	96.3	274
10	Boys	233	230	98.7	233	166	71.2	238	232	98.0	234	233	99.6	232	192	82.8	242
10	Girls	236	235	99.6	232	210	90.5	239	235	98.0	236	236	100.0	235	222	94.5	242
11	Boys	12	12	100.0	12	11	91.7	12	12	100.0	14	14	100.0	12	12	100.0	17
11	Girls	10	10	100.0	10	4	40.0	11	10	91.0	12	12	100.0	10	8	80.0	19
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	5
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	2	2	100.0	1	1	100.0	7
Totals		1,039	1,026	98.7	1,032	835	80.9	1,051	1,023	97.3	1,046	1,042	99.6	1,035	938	90.6	1,084

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	27	87.1	31	17	54.8	32	31	97.0	32	32	100.0	32	22	68.8	33
04	Girls	52	50	96.2	53	49	92.5	52	51	98.0	53	52	98.1	53	31	58.5	53
05	Boys	61	52	85.2	61	45	73.8	62	59	95.0	61	61	100.0	61	36	59.0	62
05	Girls	40	32	80.0	39	37	94.9	40	40	100.0	40	40	100.0	39	21	53.8	41
06	Boys	45	33	73.3	44	25	56.8	45	41	91.0	45	44	97.8	45	18	40.0	47
06	Girls	36	35	97.2	37	35	94.6	37	35	95.0	37	37	100.0	37	29	78.4	37
Totals		265	229	86.4	265	208	78.5	268	257	95.9	268	266	99.3	267	157	58.8	273

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mason Crest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	38	97.4	39	27	69.2	39	22	56.0	39	31	79.5	39	37	94.9	41
04	Girls	33	27	81.8	34	34	100.0	34	23	68.0	34	28	82.4	33	19	57.6	36
05	Boys	37	29	78.4	39	34	87.2	42	27	64.0	41	31	75.6	41	35	85.4	42
05	Girls	43	37	86.0	46	41	89.1	46	40	87.0	46	40	87.0	46	37	80.4	47
Totals		152	131	86.2	158	136	86.1	161	112	69.6	160	130	81.3	159	128	80.5	166

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
McLean HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	263	255	97.0	265	200	75.5	265	261	99.0	264	247	93.6	263	230	87.5	265
09	Girls	274	271	98.9	270	225	83.3	274	272	99.0	273	262	96.0	271	260	95.9	274
10	Boys	237	214	90.3	236	148	62.7	236	228	97.0	218	190	87.2	235	173	73.6	237
10	Girls	237	220	92.8	238	167	70.2	243	242	100.0	231	212	91.8	239	182	76.2	245
11	Boys	13	10	76.9	13	3	23.1	14	13	93.0	13	12	92.3	14	10	71.4	14
11	Girls	8	7	87.5	8	2	25.0	8	8	100.0	8	7	87.5	8	6	75.0	9
12	Boys	8	5	62.5	8	0	0.0	8	5	63.0	8	7	87.5	8	1	12.5	8
12	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,041	982	94.3	1,039	745	71.7	1,049	1,030	98.2	1,016	938	92.3	1,039	862	83.0	1,053

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	80	89.9	89	69	77.5	91	80	88.0	89	89	100.0	89	87	97.8	92
04	Girls	106	98	92.5	106	106	100.0	108	103	95.0	107	106	99.1	107	99	92.5	109
05	Boys	79	63	79.7	79	53	67.1	80	75	94.0	79	78	98.7	79	71	89.9	81
05	Girls	53	50	94.3	53	51	96.2	54	53	98.0	55	55	100.0	53	50	94.3	55
06	Boys	71	59	83.1	73	51	69.9	73	68	93.0	73	73	100.0	70	62	88.6	73
06	Girls	72	62	86.1	72	66	91.7	72	69	96.0	72	72	100.0	71	69	97.2	72
Totals		470	412	87.7	472	396	83.9	478	448	93.7	475	473	99.6	469	438	93.4	482

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	70	88.6	79	49	62.0	79	67	85.0	79	59	74.7	79	72	91.1	79
04	Girls	82	74	90.2	82	82	100.0	82	73	89.0	82	70	85.4	82	74	90.2	83
05	Boys	86	77	89.5	86	53	61.6	86	81	94.0	86	63	73.3	86	79	91.9	86
05	Girls	73	65	89.0	74	68	91.9	75	71	95.0	75	63	84.0	74	64	86.5	76
06	Boys	96	85	88.5	96	69	71.9	96	85	89.0	96	84	87.5	96	90	93.8	96
06	Girls	93	82	88.2	93	90	96.8	93	92	99.0	93	84	90.3	93	89	95.7	93
Totals		509	453	89.0	510	411	80.6	511	469	91.8	511	423	82.8	510	468	91.8	513

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	23	74.2	32	14	43.8	32	28	88.0	31	28	90.3	31	25	80.6	32
04	Girls	23	19	82.6	23	22	95.7	23	22	96.0	23	19	82.6	23	16	69.6	23
05	Boys	23	17	73.9	23	11	47.8	23	17	74.0	23	20	87.0	23	17	73.9	23
05	Girls	28	20	71.4	28	21	75.0	28	26	93.0	28	26	92.9	28	15	53.6	28
06	Boys	14	13	92.9	14	6	42.9	14	12	86.0	14	14	100.0	14	5	35.7	14
06	Girls	14	8	57.1	14	11	78.6	14	10	71.0	14	11	78.6	14	8	57.1	14
Totals		133	100	75.2	134	85	63.4	134	115	85.8	133	118	88.7	133	86	64.7	134

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	254	238	93.7	253	93	36.8	257	255	99.0	254	244	96.1	255	208	81.6	260
09	Girls	245	234	95.5	243	81	33.3	245	242	99.0	245	241	98.4	246	218	88.6	250
10	Boys	234	226	96.6	232	54	23.3	242	239	99.0	219	217	99.1	225	174	77.3	245
10	Girls	215	209	97.2	205	63	30.7	222	221	100.0	217	215	99.1	206	183	88.8	225
11	Boys	20	18	90.0	19	4	21.1	19	18	95.0	18	17	94.4	19	9	47.4	20
11	Girls	18	18	100.0	17	2	11.8	18	17	94.0	18	18	100.0	19	18	94.7	19
12	Boys	6	5	83.3	4	0	0.0	5	5	100.0	4	4	100.0	5	4	80.0	6
12	Girls	5	5	100.0	5	1	20.0	6	6	100.0	4	4	100.0	5	5	100.0	6
Totals		997	953	95.6	978	298	30.5	1,014	1,003	98.9	979	960	98.1	980	819	83.6	1,031

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	40	88.9	45	32	71.1	45	40	89.0	44	34	77.3	45	37	82.2	45
04	Girls	39	37	94.9	39	39	100.0	39	37	95.0	38	28	73.7	38	25	65.8	40
05	Boys	39	34	87.2	39	33	84.6	39	32	82.0	39	36	92.3	39	38	97.4	39
05	Girls	40	39	97.5	40	39	97.5	40	38	95.0	40	38	95.0	40	39	97.5	40
06	Boys	41	34	82.9	41	25	61.0	41	34	83.0	41	37	90.2	41	29	70.7	41
06	Girls	35	31	88.6	35	33	94.3	35	32	91.0	35	30	85.7	35	27	77.1	35
Totals		239	215	90.0	239	201	84.1	239	213	89.1	237	203	85.7	238	195	81.9	240

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Mountain View High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
10	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
11	Girls	1	1	100.0	2	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	2
Totals		3	3	100.0	4	0	0.0	3	3	100.0	3	3	100.0	3	1	33.3	4

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Navy Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	72	91.1	78	64	82.1	79	71	90.0	79	75	94.9	77	71	92.2	79
04	Girls	60	59	98.3	60	60	100.0	60	57	95.0	60	60	100.0	60	57	95.0	60
05	Boys	88	85	96.6	88	75	85.2	88	80	91.0	88	88	100.0	88	84	95.5	88
05	Girls	85	85	100.0	85	84	98.8	85	79	93.0	85	85	100.0	85	84	98.8	85
06	Boys	53	52	98.1	54	45	83.3	54	50	93.0	54	54	100.0	54	51	94.4	54
06	Girls	53	52	98.1	55	54	98.2	55	55	100.0	54	54	100.0	54	52	96.3	55
Totals		418	405	96.9	420	382	91.0	421	392	93.1	420	416	99.0	418	399	95.5	421

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	44	97.8	45	34	75.6	45	45	100.0	45	26	57.8	45	45	100.0	45
04	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	26	81.3	32	32	100.0	32
05	Boys	49	47	95.9	49	46	93.9	49	43	88.0	49	39	79.6	49	45	91.8	49
05	Girls	32	31	96.9	32	32	100.0	32	32	100.0	32	26	81.3	32	32	100.0	33
06	Boys	44	38	86.4	44	38	86.4	44	39	89.0	44	29	65.9	44	41	93.2	44
06	Girls	59	58	98.3	59	59	100.0	59	58	98.0	59	47	79.7	59	59	100.0	59
Totals		261	250	95.8	261	241	92.3	261	249	95.4	261	193	73.9	261	254	97.3	262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
North Springfield Elementary**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	41	37	90.2	41	29	70.7	41	41	100.0	41	24	58.5	41	32	78.0	41
04	Girls	35	33	94.3	35	35	100.0	35	35	100.0	35	24	68.6	35	26	74.3	35
05	Boys	30	30	100.0	30	16	53.3	30	25	83.0	30	7	23.3	30	20	66.7	30
05	Girls	29	29	100.0	29	28	96.6	29	28	97.0	29	17	58.6	29	23	79.3	29
Totals		135	129	95.6	135	108	80.0	135	129	95.6	135	72	53.3	135	101	74.8	135

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	67	97.1	69	50	72.5	69	60	87.0	69	65	94.2	69	62	89.9	69
04	Girls	73	72	98.6	74	73	98.6	74	71	96.0	74	71	95.9	74	66	89.2	74
05	Boys	74	69	93.2	74	64	86.5	74	69	93.0	74	66	89.2	74	64	86.5	74
05	Girls	76	73	96.1	76	73	96.1	76	72	95.0	76	73	96.1	76	56	73.7	76
06	Boys	71	67	94.4	71	52	73.2	71	67	94.0	71	60	84.5	71	55	77.5	71
06	Girls	73	72	98.6	73	73	100.0	73	71	97.0	73	70	95.9	73	65	89.0	74
Totals		436	420	96.3	437	385	88.1	437	410	93.8	437	405	92.7	437	368	84.2	438

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Oak View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	52	88.1	60	50	83.3	61	52	85.0	60	43	71.7	60	56	93.3	61
04	Girls	54	52	96.3	54	54	100.0	54	54	100.0	54	45	83.3	54	51	94.4	54
05	Boys	68	63	92.6	68	61	89.7	69	64	93.0	69	58	84.1	68	61	89.7	69
05	Girls	46	45	97.8	46	46	100.0	47	43	92.0	47	44	93.6	46	42	91.3	47
06	Boys	65	57	87.7	65	55	84.6	66	62	94.0	66	58	87.9	65	57	87.7	66
06	Girls	52	44	84.6	52	50	96.2	52	50	96.0	52	48	92.3	52	41	78.8	52
Totals		344	313	91.0	345	316	91.6	349	325	93.1	348	296	85.1	345	308	89.3	349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Oakton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	56	98.2	58	42	72.4	58	56	97.0	58	44	75.9	57	53	93.0	58
04	Girls	67	67	100.0	67	67	100.0	67	65	97.0	67	60	89.6	66	64	97.0	67
05	Boys	66	65	98.5	66	56	84.8	66	62	94.0	66	55	83.3	65	60	92.3	67
05	Girls	51	50	98.0	51	46	90.2	51	51	100.0	51	46	90.2	51	46	90.2	51
06	Boys	54	54	100.0	54	49	90.7	54	53	98.0	54	48	88.9	54	52	96.3	55
06	Girls	60	58	96.7	61	60	98.4	61	61	100.0	61	60	98.4	60	57	95.0	61
Totals		355	350	98.6	357	320	89.6	357	348	97.5	357	313	87.7	353	332	94.1	359

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Oakton HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	342	340	99.4	342	261	76.3	344	340	99.0	340	331	97.4	342	297	86.8	348
09	Girls	299	298	99.7	298	250	83.9	299	297	99.0	299	295	98.7	297	280	94.3	308
10	Boys	269	268	99.6	267	164	61.4	273	267	98.0	271	251	92.6	268	225	84.0	274
10	Girls	264	263	99.6	258	195	75.6	275	273	99.0	268	264	98.5	262	245	93.5	276
11	Boys	9	9	100.0	9	5	55.6	10	9	90.0	10	9	90.0	8	7	87.5	13
11	Girls	6	6	100.0	6	4	66.7	6	6	100.0	6	6	100.0	6	6	100.0	6
12	Boys	1	1	100.0	1	0	0.0	2	2	100.0	2	2	100.0	1	1	100.0	3
Totals		1,190	1,185	99.6	1,181	879	74.4	1,209	1,194	98.8	1,196	1,158	96.8	1,184	1,061	89.6	1,228

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	27	71.1	38	22	57.9	38	37	97.0	38	37	97.4	37	30	81.1	38
04	Girls	22	19	86.4	22	21	95.5	22	21	96.0	22	21	95.5	22	20	90.9	22
05	Boys	43	41	95.3	44	39	88.6	44	40	91.0	44	42	95.5	44	42	95.5	44
05	Girls	25	25	100.0	25	24	96.0	25	25	100.0	25	25	100.0	25	23	92.0	25
06	Boys	45	40	88.9	45	26	57.8	45	45	100.0	45	39	86.7	44	38	86.4	45
06	Girls	25	23	92.0	25	23	92.0	25	25	100.0	25	24	96.0	25	21	84.0	25
Totals		198	175	88.4	199	155	77.9	199	193	97.0	199	188	94.5	197	174	88.3	199

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	54	90.0	60	32	53.3	60	57	95.0	60	45	75.0	60	48	80.0	60
04	Girls	55	51	92.7	55	55	100.0	55	55	100.0	55	50	90.9	55	40	72.7	55
05	Boys	52	49	94.2	52	37	71.2	52	52	100.0	52	48	92.3	52	45	86.5	52
05	Girls	61	55	90.2	62	61	98.4	62	62	100.0	62	60	96.8	60	50	83.3	62
06	Boys	61	56	91.8	61	46	75.4	61	61	100.0	61	57	93.4	61	52	85.2	61
06	Girls	52	50	96.2	52	51	98.1	52	52	100.0	52	52	100.0	52	40	76.9	52
Totals		341	315	92.4	342	282	82.5	342	339	99.1	342	312	91.2	340	275	80.9	342

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	44	84.6	54	31	57.4	55	41	75.0	53	52	98.1	53	43	81.1	55
04	Girls	59	47	79.7	58	58	100.0	58	47	81.0	59	59	100.0	59	48	81.4	59
05	Boys	43	25	58.1	43	28	65.1	45	33	73.0	43	43	100.0	43	32	74.4	45
05	Girls	51	21	41.2	51	45	88.2	53	46	87.0	51	51	100.0	50	31	62.0	53
Totals		205	137	66.8	206	162	78.6	211	167	79.1	206	205	99.5	205	154	75.1	212

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	23	74.2	31	18	58.1	31	23	74.0	31	31	100.0	31	28	90.3	31
04	Girls	32	27	84.4	32	30	93.8	32	29	91.0	32	32	100.0	32	31	96.9	33
05	Boys	40	37	92.5	40	22	55.0	40	33	83.0	40	40	100.0	40	28	70.0	40
05	Girls	26	25	96.2	26	26	100.0	26	25	96.0	26	26	100.0	26	19	73.1	26
06	Boys	25	20	80.0	25	17	68.0	25	20	80.0	25	25	100.0	25	15	60.0	25
06	Girls	41	37	90.2	41	41	100.0	41	39	95.0	41	41	100.0	41	29	70.7	41
Totals		195	169	86.7	195	154	79.0	195	169	86.7	195	195	100.0	195	150	76.9	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Poe MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	148	144	97.3	148	100	67.6	148	128	87.0	142	122	85.9	148	124	83.8	156
06	Girls	138	134	97.1	138	134	97.1	138	130	94.0	133	124	93.2	138	120	87.0	139
07	Boys	155	151	97.4	155	99	63.9	155	147	95.0	155	130	83.9	155	117	75.5	167
07	Girls	130	125	96.2	130	116	89.2	130	128	99.0	130	115	88.5	130	105	80.8	133
08	Boys	140	138	98.6	139	100	71.9	140	108	77.0	140	140	100.0	140	105	75.0	145
08	Girls	128	128	100.0	128	110	85.9	127	112	88.0	127	126	99.2	128	103	80.5	129
Totals		839	820	97.7	838	659	78.6	838	753	89.9	827	757	91.5	839	674	80.3	869

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	74	100.0	74	60	81.1	76	75	99.0	76	70	92.1	74	68	91.9	76
04	Girls	60	59	98.3	60	60	100.0	61	61	100.0	61	59	96.7	60	57	95.0	61
05	Boys	37	35	94.6	37	33	89.2	41	34	83.0	41	28	68.3	37	34	91.9	41
05	Girls	41	41	100.0	41	41	100.0	43	40	93.0	43	39	90.7	41	40	97.6	43
06	Boys	29	27	93.1	29	25	86.2	33	27	82.0	33	25	75.8	29	28	96.6	33
06	Girls	32	30	93.8	32	32	100.0	34	32	94.0	34	30	88.2	32	30	93.8	34
Totals		273	266	97.4	273	251	91.9	288	269	93.4	288	251	87.2	273	257	94.1	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Powell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	58	98.3	59	38	64.4	59	56	95.0	60	39	65.0	59	41	69.5	61
04	Girls	60	59	98.3	60	59	98.3	60	59	98.0	60	55	91.7	60	47	78.3	60
05	Boys	62	60	96.8	61	40	65.6	62	59	95.0	62	40	64.5	60	44	73.3	64
05	Girls	78	76	97.4	78	77	98.7	78	76	97.0	78	61	78.2	78	64	82.1	79
06	Boys	62	60	96.8	62	47	75.8	62	62	100.0	62	51	82.3	62	42	67.7	63
06	Girls	65	63	96.9	65	59	90.8	65	63	97.0	65	57	87.7	65	54	83.1	65
Totals		386	376	97.4	385	320	83.1	386	375	97.2	387	303	78.3	384	292	76.0	392

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Providence Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	58	98.3	59	49	83.1	59	42	71.0	59	59	100.0	57	50	87.7	60
04	Girls	71	67	94.4	71	69	97.2	70	65	93.0	71	68	95.8	71	59	83.1	71
05	Boys	66	56	84.8	66	45	68.2	66	54	82.0	66	64	97.0	65	55	84.6	66
05	Girls	64	51	79.7	65	62	95.4	65	60	92.0	65	63	96.9	65	56	86.2	65
06	Boys	65	60	92.3	65	45	69.2	66	52	79.0	65	61	93.8	63	55	87.3	66
06	Girls	49	39	79.6	49	45	91.8	49	43	88.0	49	48	98.0	49	41	83.7	49
Totals		374	331	88.5	375	315	84.0	375	316	84.3	375	363	96.8	370	316	85.4	377

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	12
09	Girls	2	1	50.0	2	0	0.0	2	2	100.0	2	2	100.0	2	0	0.0	9
10	Boys	3	3	100.0	3	2	66.7	3	3	100.0	2	2	100.0	2	1	50.0	11
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	8
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		5	4	80.0	5	2	40.0	5	5	100.0	4	4	100.0	4	1	25.0	49

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	45	38	84.4	45	45	100.0	45	43	95.6	45	45	100.0	45
04	Girls	22	21	95.5	22	21	95.5	22	22	100.0	22	21	95.5	22	21	95.5	22
05	Boys	39	38	97.4	39	30	76.9	39	39	100.0	38	30	78.9	38	34	89.5	39
05	Girls	37	37	100.0	37	32	86.5	37	37	100.0	37	33	89.2	37	35	94.6	37
06	Boys	39	35	89.7	40	32	80.0	40	40	100.0	40	39	97.5	40	36	90.0	40
06	Girls	39	32	82.1	39	39	100.0	39	39	100.0	39	39	100.0	38	31	81.6	39
Totals		221	208	94.1	222	192	86.5	222	222	100.0	221	205	92.8	220	202	91.8	222

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Riverside Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	64	97.0	65	51	78.5	66	54	82.0	64	62	96.9	65	65	100.0	66
04	Girls	50	50	100.0	50	50	100.0	50	45	90.0	50	50	100.0	50	49	98.0	50
05	Boys	43	43	100.0	43	27	62.8	43	37	86.0	43	43	100.0	43	41	95.3	43
05	Girls	47	45	95.7	46	43	93.5	47	44	94.0	47	47	100.0	47	36	76.6	47
06	Boys	55	52	94.5	55	41	74.5	55	51	93.0	55	55	100.0	55	45	81.8	55
06	Girls	49	43	87.8	49	43	87.8	49	44	90.0	49	49	100.0	49	42	85.7	49
Totals		310	297	95.8	308	255	82.8	310	275	88.7	308	306	99.4	309	278	90.0	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Robinson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	318	315	99.1	321	268	83.5	319	313	98.0	315	312	99.0	317	288	90.9	327
09	Girls	277	272	98.2	277	244	88.1	279	271	97.0	277	274	98.9	277	261	94.2	281
10	Boys	337	317	94.1	336	198	58.9	342	329	96.0	338	335	99.1	337	261	77.4	344
10	Girls	332	324	97.6	333	232	69.7	342	334	98.0	335	335	100.0	336	312	92.9	344
11	Boys	5	5	100.0	6	2	33.3	9	8	89.0	7	6	85.7	6	4	66.7	11
11	Girls	5	5	100.0	4	2	50.0	6	6	100.0	5	5	100.0	5	5	100.0	6
12	Boys	3	2	66.7	3	1	33.3	3	3	100.0	4	3	75.0	3	1	33.3	6
12	Girls	1	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,278	1,240	97.0	1,280	947	74.0	1,301	1,265	97.2	1,282	1,271	99.1	1,282	1,132	88.3	1,320

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Robinson MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	307	288	93.8	309	235	76.1	307	304	99.0	307	288	93.8	307	271	88.3	309
07	Girls	279	256	91.8	282	254	90.1	281	281	100.0	281	273	97.2	280	247	88.2	282
08	Boys	317	306	96.5	318	262	82.4	319	316	99.0	317	304	95.9	316	294	93.0	321
08	Girls	303	299	98.7	305	278	91.1	309	306	99.0	307	304	99.0	303	292	96.4	309
Totals		1,206	1,149	95.3	1,214	1,029	84.8	1,216	1,207	99.3	1,212	1,169	96.5	1,206	1,104	91.5	1,221

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Rocky Run MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	286	269	94.1	280	159	56.8	282	280	99.0	276	257	93.1	285	167	58.6	289
07	Girls	300	289	96.3	285	251	88.1	305	302	99.0	285	269	94.4	295	216	73.2	308
08	Boys	271	266	98.2	282	179	63.5	275	265	96.0	278	241	86.7	279	220	78.9	282
08	Girls	270	262	97.0	276	217	78.6	274	271	99.0	276	260	94.2	277	244	88.1	283
Totals		1,127	1,086	96.4	1,123	806	71.8	1,136	1,118	98.4	1,115	1,027	92.1	1,136	847	74.6	1,162

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	43	31	72.1	43	43	100.0	43	40	93.0	43	29	67.4	43
04	Girls	32	32	100.0	33	33	100.0	34	33	97.0	34	31	91.2	33	20	60.6	34
05	Boys	30	29	96.7	31	24	77.4	31	31	100.0	31	27	87.1	30	23	76.7	31
05	Girls	36	35	97.2	36	33	91.7	37	35	95.0	37	31	83.8	35	19	54.3	37
06	Boys	47	45	95.7	47	36	76.6	48	46	96.0	48	41	85.4	46	34	73.9	48
06	Girls	45	44	97.8	45	44	97.8	49	46	94.0	49	43	87.8	45	34	75.6	49
Totals		233	228	97.9	235	201	85.5	242	234	96.7	242	213	88.0	232	159	68.5	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Rose Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	39	90.7	44	27	61.4	44	36	82.0	44	44	100.0	44	32	72.7	44
04	Girls	45	43	95.6	46	45	97.8	46	43	94.0	46	46	100.0	46	30	65.2	46
05	Boys	43	40	93.0	43	30	69.8	43	41	95.0	43	43	100.0	43	31	72.1	43
05	Girls	52	49	94.2	52	48	92.3	52	50	96.0	52	52	100.0	52	29	55.8	53
06	Boys	37	34	91.9	37	29	78.4	37	29	78.0	37	37	100.0	37	27	73.0	37
06	Girls	56	56	100.0	56	47	83.9	56	53	95.0	56	56	100.0	56	41	73.2	56
Totals		276	261	94.6	278	226	81.3	278	252	90.6	278	278	100.0	278	190	68.3	279

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Sandburg MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	338	308	91.1	353	202	57.2	348	291	84.0	348	321	92.2	342	264	77.2	359
07	Girls	316	268	84.8	327	235	71.9	327	289	88.0	326	292	89.6	320	256	80.0	334
08	Boys	357	330	92.4	358	248	69.3	356	307	86.0	358	327	91.3	358	294	82.1	359
08	Girls	362	345	95.3	363	263	72.5	362	331	91.0	361	338	93.6	363	321	88.4	366
Totals		1,373	1,251	91.1	1,401	948	67.7	1,393	1,218	87.4	1,393	1,278	91.7	1,383	1,135	82.1	1,418

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Sangster Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	85	84	98.8	85	65	76.5	86	79	92.0	85	84	98.8	85	77	90.6	86
04	Girls	71	69	97.2	71	71	100.0	71	70	99.0	71	69	97.2	71	56	78.9	71
05	Boys	87	85	97.7	88	78	88.6	88	80	91.0	88	86	97.7	88	82	93.2	88
05	Girls	84	81	96.4	84	82	97.6	84	84	100.0	84	83	98.8	83	74	89.2	85
06	Boys	89	82	92.1	88	70	79.5	90	81	90.0	90	86	95.6	88	77	87.5	90
06	Girls	90	88	97.8	90	87	96.7	90	88	98.0	90	90	100.0	90	87	96.7	90
Totals		506	489	96.6	506	453	89.5	509	482	94.7	508	498	98.0	505	453	89.7	510

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	39	81.3	50	29	58.0	48	37	77.0	48	46	95.8	49	40	81.6	50
04	Girls	51	42	82.4	51	51	100.0	51	41	80.0	51	51	100.0	51	42	82.4	51
05	Boys	58	43	74.1	57	39	68.4	58	41	71.0	58	52	89.7	57	41	71.9	58
05	Girls	50	35	70.0	50	46	92.0	50	39	78.0	50	50	100.0	50	33	66.0	50
06	Boys	48	37	77.1	48	33	68.8	47	38	81.0	46	45	97.8	47	38	80.9	49
06	Girls	45	32	71.1	46	43	93.5	47	40	85.0	47	47	100.0	45	37	82.2	47
Totals		300	228	76.0	302	241	79.8	301	236	78.4	300	291	97.0	299	231	77.3	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Sherman Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	21	91.3	23	23	100.0	23	23	100.0	23	23	100.0	23	20	87.0	23
04	Girls	25	24	96.0	25	24	96.0	25	25	100.0	25	25	100.0	24	22	91.7	25
05	Boys	26	25	96.2	25	25	100.0	27	27	100.0	27	25	92.6	27	24	88.9	27
05	Girls	21	19	90.5	21	21	100.0	21	21	100.0	21	21	100.0	21	20	95.2	21
06	Boys	21	20	95.2	23	21	91.3	23	23	100.0	23	21	91.3	23	17	73.9	23
06	Girls	22	22	100.0	22	22	100.0	22	22	100.0	22	22	100.0	22	17	77.3	22
Totals		138	131	94.9	139	136	97.8	141	141	100.0	141	137	97.2	140	120	85.7	141

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
ShreveWood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	33	67.3	49	47	96.0	49	44	89.8	48	41	85.4	50
04	Girls	40	36	90.0	40	40	100.0	41	40	98.0	41	40	97.6	39	32	82.1	41
05	Boys	46	43	93.5	46	37	80.4	46	43	94.0	47	46	97.9	46	39	84.8	47
05	Girls	43	39	90.7	43	41	95.3	43	41	95.0	43	43	100.0	43	35	81.4	44
06	Boys	47	46	97.9	47	35	74.5	47	44	94.0	48	45	93.8	47	42	89.4	48
06	Girls	31	31	100.0	32	31	96.9	32	32	100.0	32	32	100.0	32	28	87.5	32
Totals		256	242	94.5	257	217	84.4	258	247	95.7	260	250	96.2	255	217	85.1	262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	47	82.5	56	36	64.3	57	56	98.0	56	23	41.1	57	43	75.4	57
04	Girls	54	45	83.3	54	53	98.1	54	54	100.0	54	25	46.3	54	45	83.3	54
05	Boys	59	50	84.7	59	48	81.4	59	54	92.0	59	26	44.1	59	52	88.1	59
05	Girls	52	41	78.8	52	48	92.3	52	49	94.0	52	30	57.7	52	33	63.5	52
06	Boys	50	43	86.0	50	38	76.0	50	50	100.0	50	22	44.0	50	40	80.0	50
06	Girls	70	62	88.6	70	66	94.3	70	70	100.0	70	45	64.3	70	57	81.4	70
Totals		342	288	84.2	341	289	84.8	342	333	97.4	341	171	50.1	342	270	78.9	342

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	24	75.0	31	10	32.3	32	31	97.0	32	26	81.3	30	23	76.7	32
04	Girls	29	19	65.5	29	29	100.0	29	29	100.0	29	22	75.9	29	20	69.0	30
05	Boys	27	21	77.8	27	23	85.2	27	26	96.0	27	23	85.2	27	24	88.9	27
05	Girls	26	20	76.9	26	24	92.3	26	25	96.0	26	25	96.2	26	23	88.5	26
Totals		114	84	73.7	113	86	76.1	114	111	97.4	114	96	84.2	112	90	80.4	115

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
South County HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	279	266	95.3	278	204	73.4	280	273	98.0	280	207	73.9	280	237	84.6	280
09	Girls	271	254	93.7	274	222	81.0	276	273	99.0	272	243	89.3	272	248	91.2	278
10	Boys	282	273	96.8	279	176	63.1	283	282	100.0	282	274	97.2	281	241	85.8	287
10	Girls	257	248	96.5	245	194	79.2	260	259	100.0	259	255	98.5	257	238	92.6	263
11	Boys	11	9	81.8	11	4	36.4	11	11	100.0	11	10	90.9	11	8	72.7	11
11	Girls	15	14	93.3	15	4	26.7	15	15	100.0	15	14	93.3	14	12	85.7	16
12	Boys	5	4	80.0	5	0	0.0	5	5	100.0	5	5	100.0	5	0	0.0	5
12	Girls	4	3	75.0	4	1	25.0	4	4	100.0	4	4	100.0	4	3	75.0	5
Totals		1,124	1,071	95.3	1,111	805	72.5	1,134	1,122	98.9	1,128	1,012	89.7	1,124	987	87.8	1,145

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
South County MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	244	220	90.2	250	199	79.6	252	234	93.0	235	207	88.1	245	215	87.8	256
07	Girls	242	222	91.7	239	227	95.0	249	242	97.0	229	213	93.0	236	214	90.7	252
08	Boys	252	234	92.9	253	191	75.5	232	201	87.0	233	176	75.5	250	206	82.4	257
08	Girls	256	226	88.3	258	210	81.4	241	232	96.0	243	212	87.2	256	219	85.5	270
Totals		994	902	90.7	1,000	827	82.7	974	909	93.3	940	808	86.0	987	854	86.5	1,035

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
South Lakes HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	330	318	96.4	328	255	77.7	332	328	99.0	324	321	99.1	331	269	81.3	339
09	Girls	283	267	94.3	280	193	68.9	287	286	100.0	282	279	98.9	281	256	91.1	297
10	Boys	293	286	97.6	292	192	65.8	298	282	95.0	293	283	96.6	291	235	80.8	304
10	Girls	246	243	98.8	245	167	68.2	259	251	97.0	245	242	98.8	245	224	91.4	262
11	Boys	10	10	100.0	10	6	60.0	13	13	100.0	11	11	100.0	10	7	70.0	18
11	Girls	3	1	33.3	4	1	25.0	3	3	100.0	3	2	66.7	4	3	75.0	4
12	Boys	5	2	40.0	6	1	16.7	3	3	100.0	6	2	33.3	5	1	20.0	10
12	Girls	2	0	0.0	2	0	0.0	1	1	100.0	2	0	0.0	2	0	0.0	9
Totals		1,172	1,127	96.2	1,167	815	69.8	1,196	1,167	97.6	1,166	1,140	97.8	1,169	995	85.1	1,243

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	40	54.1	74	62	83.8	74	71	96.0	74	39	52.7	74	46	62.2	75
04	Girls	85	56	65.9	85	85	100.0	86	82	95.0	87	68	78.2	85	51	60.0	87
05	Boys	79	33	41.8	79	67	84.8	79	73	92.0	79	46	58.2	79	48	60.8	79
05	Girls	68	39	57.4	68	68	100.0	68	68	100.0	68	52	76.5	68	42	61.8	68
06	Boys	71	40	56.3	71	63	88.7	72	68	94.0	72	65	90.3	72	48	66.7	72
06	Girls	62	41	66.1	62	62	100.0	62	61	98.0	62	57	91.9	62	38	61.3	62
Totals		439	249	56.7	439	407	92.7	441	423	95.9	442	327	74.0	440	273	62.0	443

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	63	96.9	65	61	93.8	65	61	94.0	65	61	93.8	65	58	89.2	65
04	Girls	72	62	86.1	72	72	100.0	72	72	100.0	72	70	97.2	72	61	84.7	72
05	Boys	72	64	88.9	72	65	90.3	72	70	97.0	72	69	95.8	72	61	84.7	72
05	Girls	65	52	80.0	67	67	100.0	67	66	99.0	67	64	95.5	67	57	85.1	67
06	Boys	79	74	93.7	79	68	86.1	79	75	95.0	79	78	98.7	79	61	77.2	79
06	Girls	89	82	92.1	89	89	100.0	89	88	99.0	89	89	100.0	89	68	76.4	89
Totals		442	397	89.8	444	422	95.0	444	432	97.3	444	431	97.1	444	366	82.4	444

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	29	87.9	34	20	58.8	34	30	88.0	34	32	94.1	34	30	88.2	35
04	Girls	27	25	92.6	27	26	96.3	27	25	93.0	27	24	88.9	27	26	96.3	27
05	Boys	40	37	92.5	39	27	69.2	41	37	90.0	40	38	95.0	40	36	90.0	41
05	Girls	27	26	96.3	27	27	100.0	27	26	96.0	27	27	100.0	27	23	85.2	27
06	Boys	29	24	82.8	29	19	65.5	29	26	90.0	29	28	96.6	29	26	89.7	29
06	Girls	36	33	91.7	36	35	97.2	36	35	97.0	36	36	100.0	36	34	94.4	36
Totals		192	174	90.6	192	154	80.2	194	179	92.3	193	185	95.9	193	175	90.7	195

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Stone MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	190	181	95.3	191	124	64.9	190	188	99.0	190	172	90.5	189	164	86.8	196
07	Girls	204	198	97.1	204	176	86.3	204	203	100.0	204	182	89.2	203	184	90.6	210
08	Boys	192	173	90.1	196	151	77.0	195	192	99.0	195	152	77.9	195	166	85.1	199
08	Girls	205	191	93.2	204	184	90.2	207	204	99.0	206	179	86.9	204	192	94.1	209
Totals		791	743	93.9	795	635	79.9	796	787	98.9	795	685	86.2	791	706	89.3	814

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	67	100.0	66	54	81.8	67	66	99.0	67	67	100.0	67	67	100.0	68
04	Girls	79	79	100.0	79	79	100.0	79	77	98.0	78	78	100.0	79	79	100.0	79
05	Boys	95	94	98.9	95	76	80.0	95	91	96.0	95	95	100.0	95	94	98.9	95
05	Girls	69	69	100.0	69	68	98.6	69	68	99.0	69	68	98.6	69	67	97.1	69
06	Boys	78	77	98.7	77	57	74.0	78	71	91.0	78	77	98.7	78	74	94.9	78
06	Girls	86	83	96.5	85	78	91.8	86	85	99.0	86	85	98.8	86	79	91.9	86
Totals		474	469	98.9	471	412	87.5	474	458	96.6	473	470	99.4	474	460	97.0	475

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Stuart HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	263	242	92.0	264	114	43.2	265	244	92.0	262	219	83.6	265	135	50.9	266
09	Girls	210	195	92.9	207	96	46.4	212	202	95.0	209	189	90.4	209	115	55.0	214
10	Boys	244	218	89.3	243	139	57.2	244	193	79.0	238	231	97.1	244	136	55.7	245
10	Girls	205	184	89.8	206	112	54.4	207	189	91.0	204	200	98.0	206	148	71.8	209
11	Boys	50	48	96.0	49	30	61.2	50	42	84.0	51	48	94.1	49	36	73.5	51
11	Girls	32	27	84.4	31	10	32.3	31	23	74.0	32	29	90.6	32	20	62.5	32
12	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	1	50.0	2
Totals		1,006	916	91.1	1,002	502	50.1	1,011	895	88.5	998	918	92.0	1,007	591	58.7	1,019

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	50	98.0	51	45	88.2	52	51	98.0	51	47	92.2	51	51	100.0	52
04	Girls	35	35	100.0	35	35	100.0	36	35	97.0	35	33	94.3	35	35	100.0	36
05	Boys	41	39	95.1	41	35	85.4	41	41	100.0	41	37	90.2	41	40	97.6	42
05	Girls	34	32	94.1	34	32	94.1	34	34	100.0	34	33	97.1	33	32	97.0	34
06	Boys	53	53	100.0	54	43	79.6	53	53	100.0	53	51	96.2	53	53	100.0	54
06	Girls	46	45	97.8	46	43	93.5	46	46	100.0	46	46	100.0	46	46	100.0	48
Totals		260	254	97.7	261	233	89.3	262	260	99.2	260	247	95.0	259	257	99.2	266

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	26	68.4	40	34	85.0	40	29	73.0	40	31	77.5	40	25	62.5	40
04	Girls	41	33	80.5	41	41	100.0	41	41	100.0	41	38	92.7	41	30	73.2	41
05	Boys	31	26	83.9	34	32	94.1	34	27	79.0	36	32	88.9	33	28	84.8	37
05	Girls	38	31	81.6	39	38	97.4	38	35	92.0	41	39	95.1	38	32	84.2	42
06	Boys	41	34	82.9	42	34	81.0	42	31	74.0	42	38	90.5	42	23	54.8	42
06	Girls	38	31	81.6	38	37	97.4	38	37	97.0	38	34	89.5	37	22	59.5	38
Totals		227	181	79.7	234	216	92.3	233	200	85.8	238	212	89.1	231	160	69.3	240

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Terraset Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	26	76.5	34	26	76.5	34	32	94.0	34	21	61.8	34	31	91.2	34
04	Girls	33	33	100.0	33	33	100.0	33	33	100.0	33	27	81.8	33	29	87.9	33
05	Boys	45	39	86.7	45	31	68.9	45	45	100.0	45	23	51.1	45	40	88.9	45
05	Girls	35	32	91.4	35	34	97.1	35	35	100.0	35	21	60.0	35	33	94.3	35
06	Boys	38	35	92.1	38	28	73.7	38	35	92.0	38	29	76.3	38	31	81.6	38
06	Girls	30	27	90.0	30	28	93.3	30	30	100.0	30	26	86.7	30	22	73.3	30
Totals		215	192	89.3	215	180	83.7	215	210	97.7	215	147	68.4	215	186	86.5	215

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Thoreau MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	227	224	98.7	226	173	76.5	228	225	99.0	227	223	98.2	228	207	90.8	228
07	Girls	201	200	99.5	203	195	96.1	203	199	98.0	202	199	98.5	203	197	97.0	203
08	Boys	219	219	100.0	219	191	87.2	220	215	98.0	220	218	99.1	220	207	94.1	220
08	Girls	212	212	100.0	214	206	96.3	216	212	98.0	215	211	98.1	215	206	95.8	216
Totals		859	855	99.5	862	765	88.7	867	851	98.2	864	851	98.5	866	817	94.3	867

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	40	97.6	40	23	57.5	41	31	76.0	41	40	97.6	40	39	97.5	41
04	Girls	34	34	100.0	33	33	100.0	34	33	97.0	34	33	97.1	33	32	97.0	35
05	Boys	41	36	87.8	41	26	63.4	41	36	88.0	41	41	100.0	41	37	90.2	41
05	Girls	25	22	88.0	25	22	88.0	25	24	96.0	25	25	100.0	25	20	80.0	26
06	Boys	41	40	97.6	39	29	74.4	41	38	93.0	41	38	92.7	41	37	90.2	43
06	Girls	32	28	87.5	31	28	90.3	31	31	100.0	31	29	93.5	32	26	81.3	33
Totals		214	200	93.5	209	161	77.0	213	193	90.6	213	206	96.7	212	191	90.1	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Twain MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	267	258	96.6	268	206	76.9	271	264	97.0	271	210	77.5	268	233	86.9	271
07	Girls	213	210	98.6	213	198	93.0	217	212	98.0	214	171	79.9	214	193	90.2	217
08	Boys	262	250	95.4	262	205	78.2	236	221	94.0	265	236	89.1	262	208	79.4	267
08	Girls	231	220	95.2	227	188	82.8	215	205	95.0	233	214	91.8	232	202	87.1	235
Totals		973	938	96.4	970	797	82.2	939	902	96.1	983	831	84.5	976	836	85.7	990

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	58	89.2	65	47	72.3	65	59	91.0	65	65	100.0	65	61	93.8	65
04	Girls	72	65	90.3	72	72	100.0	72	71	99.0	72	72	100.0	72	70	97.2	72
05	Boys	72	71	98.6	72	63	87.5	72	71	99.0	72	72	100.0	72	72	100.0	72
05	Girls	74	73	98.6	74	72	97.3	74	74	100.0	74	74	100.0	74	74	100.0	74
06	Boys	57	54	94.7	54	46	85.2	57	50	88.0	57	55	96.5	57	53	93.0	57
06	Girls	52	51	98.1	52	51	98.1	52	52	100.0	52	52	100.0	52	51	98.1	52
Totals		392	372	94.9	389	351	90.2	392	377	96.2	392	390	99.5	392	381	97.2	392

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Vienna Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	18	78.3	23	21	91.3	23	23	100.0	23	19	82.6	23	23	100.0	23
04	Girls	26	23	88.5	26	26	100.0	26	26	100.0	26	26	100.0	26	25	96.2	27
05	Boys	17	17	100.0	17	16	94.1	16	16	100.0	17	17	100.0	16	14	87.5	17
05	Girls	28	25	89.3	27	27	100.0	28	28	100.0	28	27	96.4	27	26	96.3	28
06	Boys	28	27	96.4	28	25	89.3	28	28	100.0	28	27	96.4	28	26	92.9	28
06	Girls	19	17	89.5	19	19	100.0	19	19	100.0	19	19	100.0	19	18	94.7	19
Totals		141	127	90.1	140	134	95.7	140	140	100.0	141	135	95.7	139	132	95.0	142

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	62	98.4	63	57	90.5	63	63	100.0	63	61	96.8	63	58	92.1	63
04	Girls	50	50	100.0	50	50	100.0	51	50	98.0	50	49	98.0	50	48	96.0	51
05	Boys	51	51	100.0	51	48	94.1	52	51	98.0	51	48	94.1	51	47	92.2	52
05	Girls	41	39	95.1	41	39	95.1	41	41	100.0	41	39	95.1	41	38	92.7	41
06	Boys	48	47	97.9	51	48	94.1	51	50	98.0	49	47	95.9	51	43	84.3	51
06	Girls	59	57	96.6	62	61	98.4	62	62	100.0	61	60	98.4	62	58	93.5	62
Totals		312	306	98.1	318	303	95.3	320	317	99.1	315	304	96.5	318	292	91.8	320

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	30	63.8	47	37	78.7	47	41	87.0	47	43	91.5	47	27	57.4	47
04	Girls	30	20	66.7	30	30	100.0	30	29	97.0	30	28	93.3	30	17	56.7	30
05	Boys	38	30	78.9	38	36	94.7	38	36	95.0	38	37	97.4	38	36	94.7	39
05	Girls	32	28	87.5	32	32	100.0	32	30	94.0	32	32	100.0	32	26	81.3	32
06	Boys	50	43	86.0	50	45	90.0	50	46	92.0	50	49	98.0	50	40	80.0	50
06	Girls	39	31	79.5	38	38	100.0	39	38	97.0	39	39	100.0	39	29	74.4	39
Totals		236	182	77.1	235	218	92.8	236	220	93.2	236	228	96.6	236	175	74.2	237

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	56	98.2	57	47	82.5	57	53	93.0	57	44	77.2	57	54	94.7	59
04	Girls	62	62	100.0	62	62	100.0	62	62	100.0	62	58	93.5	62	60	96.8	63
05	Boys	65	63	96.9	65	60	92.3	65	58	89.0	65	41	63.1	65	62	95.4	65
05	Girls	50	48	96.0	50	49	98.0	50	46	92.0	50	47	94.0	50	48	96.0	52
06	Boys	49	45	91.8	47	38	80.9	50	41	82.0	49	34	69.4	50	44	88.0	51
06	Girls	47	46	97.9	47	46	97.9	47	46	98.0	47	40	85.1	47	45	95.7	48
Totals		330	320	97.0	328	302	92.1	331	306	92.4	330	264	80.0	331	313	94.6	338

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	32	86.5	37	21	56.8	37	37	100.0	37	34	91.9	37	34	91.9	39
04	Girls	38	35	92.1	38	38	100.0	38	38	100.0	38	34	89.5	38	33	86.8	38
05	Boys	48	45	93.8	48	32	66.7	48	48	100.0	48	39	81.3	47	39	83.0	52
05	Girls	38	36	94.7	38	35	92.1	38	38	100.0	38	32	84.2	38	31	81.6	38
06	Boys	41	39	95.1	41	29	70.7	41	41	100.0	41	36	87.8	41	37	90.2	42
06	Girls	37	33	89.2	38	35	92.1	38	38	100.0	38	35	92.1	37	34	91.9	38
Totals		239	220	92.1	240	190	79.2	240	240	100.0	240	210	87.5	238	208	87.4	247

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
WayneWood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	54	100.0	54	48	88.9	54	41	76.0	54	54	100.0	51	50	98.0	54
04	Girls	53	53	100.0	54	53	98.1	54	48	89.0	54	54	100.0	53	53	100.0	54
05	Boys	58	57	98.3	58	52	89.7	58	49	85.0	58	56	96.6	58	56	96.6	58
05	Girls	59	58	98.3	58	58	100.0	59	53	90.0	59	59	100.0	57	57	100.0	59
06	Boys	56	56	100.0	56	50	89.3	56	49	88.0	56	56	100.0	56	55	98.2	56
06	Girls	48	48	100.0	48	48	100.0	48	45	94.0	48	47	97.9	48	48	100.0	48
Totals		328	326	99.4	328	309	94.2	329	285	86.6	329	326	99.1	323	319	98.8	329

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
West Potomac HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	297	280	94.3	308	205	66.6	304	274	90.0	307	292	95.1	278	224	80.6	327
09	Girls	256	250	97.7	261	154	59.0	258	246	95.0	266	253	95.1	242	214	88.4	278
10	Boys	265	250	94.3	247	145	58.7	264	240	91.0	261	218	83.5	230	200	87.0	285
10	Girls	262	247	94.3	249	126	50.6	264	252	96.0	261	245	93.9	233	198	85.0	292
11	Boys	48	41	85.4	43	14	32.6	47	38	81.0	41	37	90.2	43	31	72.1	52
11	Girls	28	23	82.1	24	4	16.7	31	29	94.0	29	28	96.6	27	22	81.5	33
12	Boys	3	3	100.0	3	1	33.3	4	3	75.0	3	3	100.0	3	1	33.3	13
12	Girls	6	6	100.0	6	1	16.7	9	9	100.0	7	7	100.0	5	5	100.0	13
Totals		1,165	1,100	94.4	1,141	650	57.0	1,181	1,091	92.4	1,175	1,083	92.2	1,061	895	84.4	1,293

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	38	32	84.2	37	33	89.0	38	38	100.0	37	34	91.9	38
04	Girls	35	34	97.1	35	35	100.0	35	34	97.0	35	35	100.0	35	27	77.1	35
05	Boys	38	38	100.0	38	32	84.2	38	36	95.0	37	35	94.6	38	34	89.5	38
05	Girls	28	28	100.0	28	26	92.9	28	28	100.0	28	28	100.0	27	22	81.5	28
06	Boys	35	35	100.0	36	28	77.8	36	31	86.0	36	32	88.9	35	30	85.7	36
06	Girls	42	41	97.6	42	39	92.9	42	39	93.0	41	41	100.0	38	36	94.7	42
Totals		216	212	98.1	217	192	88.5	216	201	93.1	215	209	97.2	210	183	87.1	217

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
West Springfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	253	250	98.8	249	178	71.5	255	247	97.0	254	251	98.8	252	223	88.5	255
09	Girls	272	272	100.0	270	227	84.1	276	272	99.0	274	273	99.6	270	265	98.1	278
10	Boys	244	240	98.4	245	143	58.4	250	233	93.0	248	244	98.4	248	200	80.6	251
10	Girls	272	270	99.3	272	196	72.1	279	270	97.0	277	277	100.0	274	258	94.2	279
11	Boys	5	5	100.0	5	1	20.0	8	8	100.0	6	6	100.0	5	3	60.0	9
11	Girls	7	7	100.0	5	2	40.0	8	8	100.0	6	6	100.0	7	7	100.0	8
12	Boys	3	3	100.0	3	0	0.0	6	6	100.0	4	3	75.0	3	2	66.7	6
12	Girls	2	2	100.0	2	0	0.0	5	5	100.0	2	2	100.0	2	2	100.0	5
Totals		1,058	1,049	99.1	1,051	747	71.1	1,087	1,049	96.5	1,071	1,062	99.2	1,061	960	90.5	1,091

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	65	95.6	68	58	85.3	68	66	97.0	68	68	100.0	68	63	92.6	68
04	Girls	65	62	95.4	64	63	98.4	65	64	99.0	65	65	100.0	65	63	96.9	65
05	Boys	66	63	95.5	66	61	92.4	66	62	94.0	66	66	100.0	66	66	100.0	66
05	Girls	62	61	98.4	62	62	100.0	62	62	100.0	62	62	100.0	62	62	100.0	62
06	Boys	30	27	90.0	30	23	76.7	30	30	100.0	30	30	100.0	30	29	96.7	30
06	Girls	30	28	93.3	30	30	100.0	30	30	100.0	30	30	100.0	30	27	90.0	30
Totals		321	306	95.3	320	297	92.8	321	314	97.8	321	321	100.0	321	310	96.6	321

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Westfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	328	322	98.2	327	268	82.0	327	314	96.0	323	284	87.9	327	281	85.9	331
09	Girls	304	293	96.4	305	260	85.2	308	293	95.0	302	286	94.7	306	278	90.8	312
10	Boys	281	272	96.8	282	180	63.8	283	279	99.0	282	229	81.2	282	201	71.3	290
10	Girls	314	296	94.3	308	253	82.1	316	313	99.0	314	273	86.9	312	263	84.3	320
11	Boys	11	9	81.8	11	5	45.5	12	12	100.0	10	8	80.0	11	9	81.8	14
11	Girls	13	13	100.0	13	8	61.5	12	12	100.0	11	10	90.9	12	10	83.3	15
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	9
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	6
Totals		1,253	1,207	96.3	1,248	975	78.1	1,260	1,225	97.2	1,244	1,092	87.8	1,252	1,044	83.4	1,297

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Westgate Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	21	67.7	31	28	90.3	31	23	74.0	31	30	96.8	31	16	51.6	31
04	Girls	37	25	67.6	37	37	100.0	38	36	95.0	37	36	97.3	37	17	45.9	38
05	Boys	38	24	63.2	38	32	84.2	38	32	84.0	38	37	97.4	38	16	42.1	39
05	Girls	33	22	66.7	33	33	100.0	33	32	97.0	33	33	100.0	33	21	63.6	33
06	Boys	38	28	73.7	38	36	94.7	38	33	87.0	38	38	100.0	38	24	63.2	38
06	Girls	32	20	62.5	32	32	100.0	32	29	91.0	32	32	100.0	32	22	68.8	32
Totals		209	140	67.0	209	198	94.7	210	185	88.1	209	206	98.6	209	116	55.5	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	50	83.3	60	30	50.0	60	57	95.0	60	54	90.0	60	44	73.3	60
04	Girls	41	30	73.2	41	41	100.0	41	40	98.0	41	39	95.1	41	27	65.9	41
05	Boys	52	39	75.0	52	29	55.8	52	49	94.0	52	46	88.5	52	36	69.2	52
05	Girls	42	30	71.4	42	38	90.5	42	41	98.0	42	39	92.9	41	31	75.6	42
06	Boys	61	35	57.4	60	32	53.3	61	46	75.0	60	52	86.7	61	39	63.9	61
06	Girls	52	30	57.7	51	46	90.2	52	49	94.0	52	46	88.5	52	34	65.4	53
Totals		308	214	69.5	306	216	70.6	308	282	91.6	307	276	89.9	307	211	68.7	309

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Weyanoke Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	40	85.1	47	32	68.1	47	45	96.0	47	45	95.7	47	40	85.1	47
04	Girls	34	28	82.4	34	34	100.0	35	34	97.0	35	34	97.1	34	27	79.4	36
05	Boys	49	43	87.8	49	40	81.6	49	48	98.0	49	48	98.0	49	39	79.6	49
05	Girls	35	26	74.3	35	33	94.3	35	35	100.0	35	35	100.0	35	23	65.7	35
Totals		165	137	83.0	165	139	84.2	166	162	97.6	166	162	97.6	165	129	78.2	167

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	66	93.0	71	64	90.1	71	70	99.0	71	66	93.0	71	68	95.8	71
04	Girls	71	62	87.3	71	71	100.0	71	68	96.0	71	67	94.4	71	52	73.2	71
05	Boys	71	69	97.2	71	68	95.8	71	71	100.0	71	67	94.4	71	65	91.5	71
05	Girls	66	63	95.5	66	65	98.5	66	66	100.0	66	65	98.5	66	58	87.9	67
06	Boys	95	92	96.8	95	80	84.2	95	94	99.0	95	89	93.7	95	73	76.8	95
06	Girls	74	68	91.9	74	73	98.6	74	70	95.0	74	69	93.2	74	54	73.0	74
Totals		448	420	93.8	448	421	94.0	448	439	98.0	448	423	94.4	448	370	82.6	449

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Whitman MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	232	224	96.6	250	128	51.2	251	226	90.0	250	244	97.6	252	230	91.3	259
07	Girls	211	196	92.9	226	158	69.9	236	226	96.0	229	224	97.8	226	214	94.7	246
08	Boys	233	223	95.7	234	132	56.4	235	202	86.0	234	228	97.4	233	171	73.4	236
08	Girls	217	208	95.9	217	121	55.8	218	202	93.0	216	211	97.7	216	194	89.8	219
Totals		893	851	95.3	927	539	58.1	940	856	91.1	929	907	97.6	927	809	87.3	960

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	75	100.0	75	69	92.0	78	76	97.0	78	77	98.7	75	74	98.7	79
04	Girls	61	61	100.0	61	61	100.0	61	61	100.0	61	61	100.0	61	59	96.7	62
05	Boys	88	88	100.0	88	83	94.3	91	91	100.0	88	88	100.0	88	87	98.9	91
05	Girls	92	92	100.0	92	91	98.9	93	93	100.0	92	92	100.0	92	90	97.8	94
06	Boys	85	85	100.0	85	78	91.8	86	84	98.0	86	85	98.8	85	83	97.6	87
06	Girls	98	98	100.0	98	98	100.0	98	98	100.0	98	98	100.0	98	97	99.0	98
Totals		499	499	100.0	499	480	96.2	507	503	99.2	503	501	99.6	499	490	98.2	511

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	44	97.8	45	41	91.1	45	44	98.0	45	32	71.1	45	43	95.6	45
04	Girls	47	45	95.7	47	47	100.0	47	46	98.0	47	41	87.2	47	42	89.4	47
05	Boys	54	53	98.1	55	54	98.2	55	52	95.0	54	45	83.3	55	53	96.4	55
05	Girls	37	36	97.3	37	37	100.0	37	37	100.0	37	35	94.6	37	34	91.9	37
06	Boys	36	36	100.0	35	34	97.1	36	34	94.0	35	34	97.1	36	36	100.0	36
06	Girls	40	40	100.0	40	39	97.5	40	40	100.0	40	38	95.0	39	38	97.4	40
Totals		259	254	98.1	259	252	97.3	260	253	97.3	258	225	87.2	259	246	95.0	260

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Woodburn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	18	60.0	30	20	66.7	30	29	97.0	30	26	86.7	30	16	53.3	30
04	Girls	18	13	72.2	19	19	100.0	19	19	100.0	18	15	83.3	18	10	55.6	19
05	Boys	22	11	50.0	22	14	63.6	22	22	100.0	21	13	61.9	22	12	54.5	22
05	Girls	28	16	57.1	28	28	100.0	28	28	100.0	28	21	75.0	28	19	67.9	29
06	Boys	25	20	80.0	25	15	60.0	26	25	96.0	25	21	84.0	25	10	40.0	27
06	Girls	38	33	86.8	38	36	94.7	39	39	100.0	39	37	94.9	39	20	51.3	39
Totals		161	111	68.9	162	132	81.5	164	162	98.8	161	133	82.6	162	87	53.7	166

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	34	79.1	43	32	74.4	43	40	93.0	43	42	97.7	43	39	90.7	44
04	Girls	53	39	73.6	53	51	96.2	53	52	98.0	53	52	98.1	53	36	67.9	53
05	Boys	62	43	69.4	62	38	61.3	63	59	94.0	61	46	75.4	62	53	85.5	64
05	Girls	57	44	77.2	57	56	98.2	58	58	100.0	56	50	89.3	57	48	84.2	59
06	Boys	43	37	86.0	43	32	74.4	44	44	100.0	43	38	88.4	43	36	83.7	44
06	Girls	41	37	90.2	41	41	100.0	41	41	100.0	41	39	95.1	41	38	92.7	42
Totals		299	234	78.3	299	250	83.6	302	294	97.4	297	267	89.9	299	250	83.6	306

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	57	96.6	59	38	64.4	59	59	100.0	59	58	98.3	59	44	74.6	59
04	Girls	50	49	98.0	50	49	98.0	51	50	98.0	50	49	98.0	50	39	78.0	51
05	Boys	54	52	96.3	54	41	75.9	54	54	100.0	54	54	100.0	54	45	83.3	54
05	Girls	50	48	96.0	50	45	90.0	50	49	98.0	50	50	100.0	50	30	60.0	50
06	Boys	37	35	94.6	37	20	54.1	37	37	100.0	37	37	100.0	37	28	75.7	37
06	Girls	39	39	100.0	39	37	94.9	39	37	95.0	39	39	100.0	39	18	46.2	39
Totals		289	280	96.9	289	230	79.6	290	286	98.6	289	287	99.3	289	204	70.6	290

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2015-2016
Woodson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	317	314	99.1	314	206	65.6	317	314	99.0	317	280	88.3	316	285	90.2	324
09	Girls	282	282	100.0	281	197	70.1	283	282	100.0	283	269	95.1	282	275	97.5	287
10	Boys	359	353	98.3	358	145	40.5	364	353	97.0	361	312	86.4	359	291	81.1	365
10	Girls	283	281	99.3	280	167	59.6	287	284	99.0	284	267	94.0	279	263	94.3	289
11	Boys	5	5	100.0	5	3	60.0	5	5	100.0	5	5	100.0	5	5	100.0	6
11	Girls	5	5	100.0	5	0	0.0	5	5	100.0	5	5	100.0	5	5	100.0	10
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
Totals		1,252	1,241	99.1	1,244	718	57.7	1,262	1,244	98.6	1,256	1,139	90.7	1,247	1,125	90.2	1,289