

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
ALC at Burke**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
05	Boys	5	3	60.0	6	2	33.3	6	5	83.0	5	2	40.0	6	4	66.7	8
05	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
06	Boys	6	6	100.0	6	4	66.7	7	5	71.0	6	5	83.3	6	5	83.3	9
Totals		11	9	81.8	12	6	50.0	13	10	76.9	11	7	63.6	12	9	75.0	18

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
07	Boys	14	14	100.0	14	11	78.6	14	14	100.0	13	12	92.3	13	12	92.3	14
07	Girls	3	3	100.0	3	2	66.7	3	3	100.0	3	2	66.7	3	3	100.0	3
08	Boys	20	18	90.0	20	12	60.0	21	19	91.0	14	10	71.4	21	16	76.2	21
08	Girls	8	8	100.0	7	3	42.9	8	7	88.0	5	4	80.0	8	3	37.5	8
Totals		46	44	95.7	45	28	62.2	47	44	93.6	36	29	80.6	46	35	76.1	47

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	9	7	77.8	10	4	40.0	10	8	80.0	5	2	40.0	7	6	85.7	10
09	Girls	6	5	83.3	5	1	20.0	6	6	100.0	5	5	100.0	5	3	60.0	6
10	Boys	9	6	66.7	12	3	25.0	12	11	92.0	2	2	100.0	8	5	62.5	12
10	Girls	4	1	25.0	6	2	33.3	6	5	83.0	0	0	0.0	5	3	60.0	6
Totals		28	19	67.9	33	10	30.3	34	30	88.2	12	9	75.0	25	17	68.0	34

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Aldrin Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	43	97.7	44	31	70.5	44	36	82.0	45	41	91.1	44	41	93.2	45
04	Girls	44	44	100.0	44	44	100.0	45	43	96.0	45	41	91.1	44	42	95.5	45
05	Boys	61	59	96.7	61	48	78.7	61	53	87.0	61	59	96.7	61	60	98.4	61
05	Girls	31	31	100.0	31	30	96.8	31	30	97.0	31	30	96.8	31	30	96.8	31
06	Boys	53	53	100.0	52	45	86.5	53	36	68.0	52	48	92.3	52	51	98.1	53
06	Girls	46	46	100.0	47	46	97.9	47	45	96.0	47	45	95.7	47	46	97.9	47
Totals		279	276	98.9	279	244	87.5	281	243	86.5	281	264	94.0	279	270	96.8	282

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Annandale HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	254	244	96.1	257	215	83.7	269	258	96.0	268	261	97.4	258	204	79.1	272
09	Girls	212	207	97.6	213	196	92.0	215	214	100.0	215	214	99.5	214	198	92.5	217
10	Boys	245	242	98.8	246	180	73.2	255	254	100.0	249	244	98.0	245	177	72.2	259
10	Girls	225	221	98.2	222	180	81.1	231	226	98.0	226	221	97.8	225	197	87.6	233
11	Boys	22	22	100.0	21	14	66.7	30	24	80.0	30	23	76.7	22	16	72.7	31
11	Girls	16	16	100.0	15	10	66.7	18	18	100.0	18	17	94.4	14	13	92.9	18
12	Boys	5	5	100.0	4	4	100.0	10	7	70.0	9	7	77.8	4	4	100.0	11
12	Girls	1	1	100.0	1	0	0.0	4	4	100.0	4	3	75.0	1	1	100.0	4
Totals		980	958	97.8	979	799	81.6	1,032	1,005	97.4	1,019	990	97.2	983	810	82.4	1,045

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Annandale Terrace Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	35	77.8	45	19	42.2	45	43	96.0	45	31	68.9	45	39	86.7	45
04	Girls	66	55	83.3	66	66	100.0	66	66	100.0	66	46	69.7	66	56	84.8	66
05	Boys	68	44	64.7	68	24	35.3	68	64	94.0	68	33	48.5	68	59	86.8	68
05	Girls	52	38	73.1	52	44	84.6	52	52	100.0	52	26	50.0	52	48	92.3	52
Totals		231	172	74.5	231	153	66.2	231	225	97.4	231	136	58.9	231	202	87.4	231

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Archer Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	67	93.1	72	53	73.6	72	53	74.0	72	61	84.7	72	53	73.6	72
04	Girls	46	45	97.8	46	46	100.0	46	36	78.0	46	43	93.5	46	30	65.2	46
05	Boys	60	58	96.7	60	51	85.0	60	53	88.0	60	56	93.3	60	50	83.3	60
05	Girls	62	61	98.4	62	61	98.4	63	56	89.0	62	60	96.8	62	53	85.5	63
06	Boys	81	81	100.0	81	68	84.0	81	71	88.0	81	73	90.1	81	68	84.0	81
06	Girls	62	62	100.0	62	62	100.0	62	60	97.0	62	59	95.2	62	56	90.3	62
Totals		383	374	97.7	383	341	89.0	384	329	85.7	383	352	91.9	383	310	80.9	384

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Armstrong Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	35	87.5	40	35	87.5	40	32	80.0	39	39	100.0	39	39	100.0	40
04	Girls	31	27	87.1	31	31	100.0	31	28	90.0	31	31	100.0	30	30	100.0	31
05	Boys	26	19	73.1	25	21	84.0	26	24	92.0	26	26	100.0	25	22	88.0	30
05	Girls	37	34	91.9	37	36	97.3	37	33	89.0	37	36	97.3	36	33	91.7	37
06	Boys	32	32	100.0	33	29	87.9	33	31	94.0	38	35	92.1	33	29	87.9	39
06	Girls	27	23	85.2	27	27	100.0	27	27	100.0	27	26	96.3	27	22	81.5	29
Totals		193	170	88.1	193	179	92.7	194	175	90.2	198	193	97.5	190	175	92.1	206

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Baileys Upper Elementary**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	101	93	92.1	102	57	55.9	102	88	86.0	101	97	96.0	101	81	80.2	102
04	Girls	95	86	90.5	95	95	100.0	95	93	98.0	95	92	96.8	95	78	82.1	95
05	Boys	99	88	88.9	99	59	59.6	99	87	88.0	99	93	93.9	99	83	83.8	99
05	Girls	81	70	86.4	81	69	85.2	81	78	96.0	81	79	97.5	81	55	67.9	81
Totals		376	337	89.6	377	280	74.3	377	346	91.8	376	361	96.0	376	297	79.0	377

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Beech Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	24	82.8	29	3	10.3	29	23	79.0	29	26	89.7	29	26	89.7	29
04	Girls	26	25	96.2	26	25	96.2	26	22	85.0	26	25	96.2	26	25	96.2	26
05	Boys	32	30	93.8	32	16	50.0	32	27	84.0	32	31	96.9	32	31	96.9	32
05	Girls	20	16	80.0	20	13	65.0	20	17	85.0	20	19	95.0	20	19	95.0	20
Totals		107	95	88.8	107	57	53.3	107	89	83.2	107	101	94.4	107	101	94.4	107

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Belle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	25	86.2	29	16	55.2	27	24	89.0	31	31	100.0	29	22	75.9	32
04	Girls	36	28	77.8	36	35	97.2	34	33	97.0	37	37	100.0	36	27	75.0	38
05	Boys	27	24	88.9	27	22	81.5	25	23	92.0	27	27	100.0	27	23	85.2	28
05	Girls	37	30	81.1	37	34	91.9	37	36	97.0	37	37	100.0	37	32	86.5	39
06	Boys	27	21	77.8	27	21	77.8	27	25	93.0	28	27	96.4	27	24	88.9	32
06	Girls	41	38	92.7	44	44	100.0	44	44	100.0	44	44	100.0	44	35	79.5	44
Totals		197	166	84.3	200	172	86.0	194	185	95.4	204	203	99.5	200	163	81.5	213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Belvedere Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	52	88.1	59	37	62.7	59	56	95.0	57	56	98.2	60	45	75.0	61
04	Girls	92	79	85.9	92	92	100.0	93	92	99.0	92	92	100.0	92	61	66.3	94
05	Boys	65	59	90.8	62	52	83.9	65	63	97.0	65	65	100.0	65	51	78.5	66
05	Girls	72	65	90.3	71	67	94.4	72	71	99.0	72	72	100.0	72	56	77.8	72
Totals		288	255	88.5	284	248	87.3	289	282	97.6	286	285	99.7	289	213	73.7	293

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Bonnie Brae Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	38	82.6	46	29	63.0	46	42	91.0	46	24	52.2	46	20	43.5	46
04	Girls	43	31	72.1	43	42	97.7	43	41	95.0	43	28	65.1	43	13	30.2	43
05	Boys	57	46	80.7	57	39	68.4	57	52	91.0	57	46	80.7	56	33	58.9	57
05	Girls	54	43	79.6	54	51	94.4	54	51	94.0	54	46	85.2	54	23	42.6	54
06	Boys	55	45	81.8	55	30	54.5	55	49	89.0	55	35	63.6	55	29	52.7	55
06	Girls	56	48	85.7	56	51	91.1	56	54	96.0	56	50	89.3	56	35	62.5	56
Totals		311	251	80.7	311	242	77.8	311	289	92.9	311	229	73.6	310	153	49.4	311

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Braddock Elementary**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	70	66	94.3	70	51	72.9	70	69	99.0	70	66	94.3	66	59	89.4	70
04	Girls	68	65	95.6	69	69	100.0	71	70	99.0	73	70	95.9	68	61	89.7	73
05	Boys	58	57	98.3	58	50	86.2	59	57	97.0	59	55	93.2	59	53	89.8	59
05	Girls	68	66	97.1	65	62	95.4	68	66	97.0	71	70	98.6	68	58	85.3	71
Totals		264	254	96.2	262	232	88.5	268	262	97.8	273	261	95.6	261	231	88.5	273

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Bren Mar Park Elementary**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	32	16	50.0	32	18	56.3	32	31	97.0	32	22	68.8	32	15	46.9	32
04	Girls	45	15	33.3	45	44	97.8	47	46	98.0	47	33	70.2	45	12	26.7	47
05	Boys	37	17	45.9	35	21	60.0	38	32	84.0	38	10	26.3	35	21	60.0	38
05	Girls	41	16	39.0	41	31	75.6	41	38	93.0	41	22	53.7	41	19	46.3	41
Totals		155	64	41.3	153	114	74.5	158	147	93.0	158	87	55.1	153	67	43.8	158

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Brookfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	52	82.5	62	29	46.8	63	57	91.0	60	52	86.7	61	42	68.9	63
04	Girls	57	49	86.0	57	57	100.0	58	56	97.0	57	55	96.5	56	31	55.4	58
05	Boys	66	54	81.8	67	37	55.2	67	63	94.0	67	59	88.1	66	33	50.0	67
05	Girls	49	38	77.6	52	42	80.8	52	52	100.0	50	46	92.0	49	19	38.8	52
06	Boys	48	40	83.3	48	30	62.5	48	48	100.0	47	40	85.1	47	26	55.3	48
06	Girls	53	29	54.7	53	46	86.8	54	54	100.0	54	49	90.7	53	24	45.3	54
Totals		336	262	78.0	339	241	71.1	342	330	96.5	335	301	89.9	332	175	52.7	342

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Bryant Alternative HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	9
09	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	7
10	Boys	5	2	40.0	4	0	0.0	5	4	80.0	5	4	80.0	6	1	16.7	18
10	Girls	1	0	0.0	1	0	0.0	1	1	100.0	2	1	50.0	2	1	50.0	16
11	Boys	1	0	0.0	2	0	0.0	3	3	100.0	1	1	100.0	1	0	0.0	18
11	Girls	3	3	100.0	2	0	0.0	4	4	100.0	3	3	100.0	3	2	66.7	14
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	7
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		10	5	50.0	9	0	0.0	14	13	92.9	12	10	83.3	12	4	33.3	91

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Bucknell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	21	21	100.0	21	9	42.9	21	21	100.0	21	21	100.0	21	21	100.0	21
04	Girls	24	24	100.0	24	24	100.0	24	24	100.0	24	24	100.0	24	24	100.0	24
05	Boys	10	10	100.0	10	7	70.0	10	10	100.0	10	10	100.0	10	9	90.0	10
05	Girls	17	17	100.0	17	17	100.0	17	17	100.0	17	16	94.1	17	17	100.0	17
06	Boys	14	13	92.9	14	10	71.4	14	14	100.0	14	14	100.0	14	14	100.0	14
06	Girls	20	19	95.0	20	19	95.0	20	20	100.0	20	20	100.0	20	20	100.0	20
Totals		106	104	98.1	106	86	81.1	106	106	100.0	106	105	99.1	106	105	99.1	106

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Bull Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	70	100.0	70	56	80.0	70	68	97.0	70	70	100.0	70	68	97.1	70
04	Girls	52	52	100.0	51	51	100.0	53	53	100.0	52	52	100.0	53	51	96.2	55
05	Boys	67	64	95.5	67	55	82.1	67	67	100.0	67	67	100.0	67	64	95.5	67
05	Girls	72	72	100.0	71	68	95.8	72	72	100.0	72	72	100.0	72	71	98.6	72
06	Boys	84	83	98.8	84	66	78.6	84	83	99.0	84	84	100.0	84	83	98.8	84
06	Girls	74	74	100.0	73	71	97.3	74	74	100.0	74	74	100.0	74	72	97.3	74
Totals		419	415	99.0	416	367	88.2	420	417	99.3	419	419	100.0	420	409	97.4	422

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017**

Burke School

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	3	1	33.3	6	3	50.0	8	8	100.0	5	4	80.0	7	2	28.6	19
07	Girls	2	2	100.0	4	3	75.0	4	4	100.0	3	3	100.0	4	3	75.0	8
08	Boys	3	2	66.7	6	1	16.7	6	6	100.0	2	2	100.0	5	0	0.0	22
08	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
Totals		8	5	62.5	16	7	43.8	18	18	100.0	10	9	90.0	16	5	31.3	54

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Bush Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	43	97.7	43	30	69.8	44	43	98.0	44	43	97.7	44	42	95.5	45
04	Girls	28	28	100.0	28	28	100.0	28	28	100.0	28	28	100.0	27	26	96.3	28
05	Boys	31	29	93.5	31	17	54.8	32	32	100.0	31	27	87.1	32	31	96.9	33
05	Girls	25	25	100.0	25	25	100.0	25	25	100.0	25	24	96.0	25	25	100.0	25
06	Boys	38	37	97.4	39	34	87.2	39	39	100.0	37	37	100.0	37	35	94.6	40
06	Girls	36	36	100.0	36	34	94.4	37	37	100.0	36	35	97.2	36	36	100.0	38
Totals		202	198	98.0	202	168	83.2	205	204	99.5	201	194	96.5	201	195	97.0	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Camelot Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	44	27	61.4	44	42	96.0	44	34	77.3	44	40	90.9	44
04	Girls	39	39	100.0	38	38	100.0	39	39	100.0	39	35	89.7	39	34	87.2	39
05	Boys	43	40	93.0	43	26	60.5	43	38	88.0	43	35	81.4	43	40	93.0	43
05	Girls	52	48	92.3	51	48	94.1	52	51	98.0	52	45	86.5	52	49	94.2	52
06	Boys	34	32	94.1	34	21	61.8	34	34	100.0	34	31	91.2	34	31	91.2	34
06	Girls	41	36	87.8	41	30	73.2	41	40	98.0	41	36	87.8	41	37	90.2	41
Totals		252	238	94.4	251	190	75.7	253	244	96.4	253	216	85.4	253	231	91.3	253

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cameron Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	27	100.0	27	19	70.4	27	27	100.0	27	26	96.3	27	25	92.6	27
04	Girls	42	41	97.6	42	41	97.6	42	42	100.0	42	35	83.3	42	41	97.6	42
05	Boys	36	35	97.2	36	25	69.4	36	36	100.0	36	27	75.0	36	30	83.3	36
05	Girls	39	37	94.9	39	36	92.3	39	39	100.0	39	34	87.2	39	34	87.2	39
06	Boys	33	30	90.9	33	14	42.4	33	33	100.0	33	21	63.6	33	22	66.7	33
06	Girls	40	28	70.0	40	29	72.5	40	40	100.0	40	28	70.0	40	32	80.0	40
Totals		217	198	91.2	217	164	75.6	217	217	100.0	217	171	78.8	217	184	84.8	217

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Canterbury Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	52	82.5	63	50	79.4	63	57	91.0	63	55	87.3	63	53	84.1	63
04	Girls	56	48	85.7	55	55	100.0	56	53	95.0	56	53	94.6	56	49	87.5	56
05	Boys	75	59	78.7	75	61	81.3	75	73	97.0	75	62	82.7	75	65	86.7	76
05	Girls	91	78	85.7	91	87	95.6	91	90	99.0	91	83	91.2	91	68	74.7	92
06	Boys	57	48	84.2	57	47	82.5	57	57	100.0	57	48	84.2	57	50	87.7	57
06	Girls	66	57	86.4	65	62	95.4	66	64	97.0	66	63	95.5	66	55	83.3	66
Totals		408	342	83.8	406	362	89.2	408	394	96.6	408	364	89.2	408	340	83.3	410

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cardinal Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	40	97.6	41	32	78.0	42	33	79.0	42	40	95.2	41	38	92.7	42
04	Girls	43	41	95.3	43	43	100.0	43	37	86.0	43	43	100.0	43	35	81.4	43
05	Boys	50	49	98.0	50	35	70.0	50	46	92.0	50	50	100.0	50	47	94.0	50
05	Girls	36	31	86.1	36	31	86.1	38	30	79.0	37	36	97.3	36	22	61.1	38
06	Boys	39	36	92.3	39	22	56.4	39	29	74.0	39	38	97.4	39	33	84.6	39
06	Girls	40	39	97.5	40	36	90.0	40	39	98.0	40	40	100.0	40	37	92.5	41
Totals		249	236	94.8	249	199	79.9	252	214	84.9	251	247	98.4	249	212	85.1	253

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Carson MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	381	337	88.5	379	256	67.5	381	351	92.0	379	273	72.0	379	297	78.4	382
07	Girls	381	334	87.7	380	331	87.1	381	371	97.0	381	290	76.1	381	342	89.8	381
08	Boys	398	366	92.0	398	314	78.9	399	353	89.0	396	301	76.0	396	264	66.7	401
08	Girls	368	336	91.3	368	328	89.1	368	343	93.0	368	306	83.2	368	254	69.0	370
Totals		1,528	1,373	89.9	1,525	1,229	80.6	1,529	1,418	92.7	1,524	1,170	76.8	1,524	1,157	75.9	1,534

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	8	2	25.0	7	0	0.0	8	5	63.0	7	7	100.0	8	4	50.0	10
09	Girls	4	4	100.0	4	2	50.0	4	4	100.0	4	4	100.0	5	4	80.0	9
10	Boys	11	6	54.5	12	0	0.0	12	6	50.0	12	10	83.3	12	3	25.0	15
10	Girls	5	1	20.0	6	0	0.0	6	4	67.0	5	5	100.0	6	2	33.3	6
11	Boys	1	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
11	Girls	3	2	66.7	3	0	0.0	3	2	67.0	3	3	100.0	3	1	33.3	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		32	15	46.9	32	2	6.3	34	22	64.7	32	30	93.8	35	15	42.9	45

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Centre Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	52	96.3	54	37	68.5	54	44	82.0	54	47	87.0	54	44	81.5	54
04	Girls	48	48	100.0	48	44	91.7	48	45	94.0	48	42	87.5	48	40	83.3	48
05	Boys	64	61	95.3	64	45	70.3	64	54	84.0	63	54	85.7	63	52	82.5	64
05	Girls	60	59	98.3	60	54	90.0	60	59	98.0	60	57	95.0	60	45	75.0	60
06	Boys	50	48	96.0	50	40	80.0	50	45	90.0	50	46	92.0	50	42	84.0	50
06	Girls	51	50	98.0	51	49	96.1	52	51	98.0	52	48	92.3	52	47	90.4	52
Totals		327	318	97.2	327	269	82.3	328	298	90.9	327	294	89.9	327	270	82.6	328

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Centreville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	58	95.1	61	38	62.3	61	53	87.0	61	36	59.0	61	61	100.0	61
04	Girls	62	61	98.4	63	63	100.0	62	60	97.0	62	37	59.7	63	60	95.2	63
05	Boys	69	66	95.7	69	44	63.8	69	52	75.0	69	34	49.3	69	58	84.1	70
05	Girls	86	86	100.0	86	77	89.5	86	82	95.0	86	56	65.1	86	72	83.7	86
06	Boys	54	50	92.6	54	30	55.6	54	46	85.0	53	28	52.8	53	48	90.6	55
06	Girls	61	54	88.5	61	48	78.7	62	62	100.0	61	50	82.0	61	56	91.8	62
Totals		393	375	95.4	394	300	76.1	394	355	90.1	392	241	61.5	393	355	90.3	397

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Centreville HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	315	306	97.1	310	205	66.1	322	300	93.0	317	308	97.2	315	279	88.6	326
09	Girls	272	263	96.7	270	175	64.8	277	265	96.0	273	268	98.2	267	260	97.4	280
10	Boys	319	314	98.4	319	134	42.0	323	308	95.0	321	288	89.7	319	207	64.9	332
10	Girls	286	283	99.0	282	203	72.0	286	281	98.0	284	275	96.8	285	278	97.5	290
11	Boys	9	9	100.0	8	1	12.5	9	8	89.0	8	8	100.0	9	2	22.2	13
11	Girls	9	9	100.0	9	2	22.2	10	9	90.0	9	8	88.9	9	9	100.0	10
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2
Totals		1,211	1,185	97.9	1,199	721	60.1	1,228	1,172	95.4	1,213	1,156	95.3	1,205	1,036	86.0	1,256

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Chantilly HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	330	319	96.7	351	291	82.9	324	323	100.0	317	240	75.7	316	257	81.3	353
09	Girls	320	311	97.2	329	297	90.3	306	305	100.0	298	276	92.6	301	266	88.4	333
10	Boys	279	276	98.9	299	230	76.9	299	298	100.0	289	227	78.5	292	236	80.8	304
10	Girls	291	287	98.6	315	272	86.3	321	319	99.0	308	282	91.6	316	286	90.5	328
11	Boys	3	2	66.7	7	3	42.9	4	4	100.0	4	3	75.0	7	3	42.9	8
11	Girls	6	5	83.3	8	3	37.5	8	8	100.0	8	5	62.5	8	5	62.5	10
12	Boys	4	0	0.0	5	0	0.0	4	3	75.0	4	0	0.0	5	0	0.0	5
12	Girls	1	0	0.0	2	0	0.0	2	2	100.0	1	0	0.0	3	0	0.0	4
Totals		1,234	1,200	97.2	1,316	1,096	83.3	1,268	1,262	99.5	1,229	1,033	84.1	1,248	1,053	84.4	1,345

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cherry Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	21	91.3	22	20	90.9	23	18	78.0	23	23	100.0	23	21	91.3	25
04	Girls	26	25	96.2	26	26	100.0	26	21	81.0	26	26	100.0	26	25	96.2	26
05	Boys	23	22	95.7	23	20	87.0	23	19	83.0	23	21	91.3	23	22	95.7	23
05	Girls	28	26	92.9	28	24	85.7	28	25	89.0	28	27	96.4	28	23	82.1	29
06	Boys	31	28	90.3	31	21	67.7	32	28	88.0	31	31	100.0	31	26	83.9	32
06	Girls	42	38	90.5	42	39	92.9	42	35	83.0	42	42	100.0	42	39	92.9	43
Totals		173	160	92.5	172	150	87.2	174	146	83.9	173	170	98.3	173	156	90.2	178

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Chesterbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	61	96.8	65	60	92.3	65	61	94.0	63	53	84.1	64	54	84.4	65
04	Girls	54	47	87.0	54	54	100.0	54	50	93.0	54	50	92.6	54	38	70.4	54
05	Boys	47	40	85.1	47	44	93.6	47	46	98.0	47	42	89.4	47	29	61.7	47
05	Girls	40	40	100.0	40	40	100.0	40	40	100.0	40	38	95.0	40	29	72.5	40
06	Boys	47	44	93.6	47	39	83.0	47	46	98.0	47	46	97.9	47	37	78.7	47
06	Girls	38	34	89.5	38	35	92.1	38	37	97.0	38	37	97.4	38	21	55.3	38
Totals		289	266	92.0	291	272	93.5	291	280	96.2	289	266	92.0	290	208	71.7	291

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Churchill Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	60	100.0	60	45	75.0	61	51	84.0	61	57	93.4	61	58	95.1	61
04	Girls	60	55	91.7	60	59	98.3	60	52	87.0	60	57	95.0	60	53	88.3	60
05	Boys	84	82	97.6	84	70	83.3	84	72	86.0	84	83	98.8	84	74	88.1	84
05	Girls	60	59	98.3	60	59	98.3	60	52	87.0	59	56	94.9	59	55	93.2	60
06	Boys	76	72	94.7	76	57	75.0	76	64	84.0	75	72	96.0	76	59	77.6	77
06	Girls	74	71	95.9	77	77	100.0	77	69	90.0	74	74	100.0	77	69	89.6	79
Totals		414	399	96.4	417	367	88.0	418	360	86.1	413	399	96.6	417	368	88.2	421

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Clearview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	52	85.2	61	47	77.0	61	57	93.0	61	55	90.2	61	41	67.2	61
04	Girls	51	40	78.4	51	51	100.0	51	51	100.0	51	50	98.0	51	26	51.0	51
05	Boys	48	45	93.8	48	39	81.3	48	47	98.0	48	46	95.8	48	33	68.8	48
05	Girls	40	35	87.5	40	39	97.5	40	40	100.0	40	39	97.5	40	26	65.0	40
06	Boys	55	51	92.7	55	40	72.7	55	51	93.0	55	55	100.0	55	43	78.2	55
06	Girls	37	32	86.5	37	34	91.9	37	36	97.0	37	37	100.0	37	24	64.9	37
Totals		292	255	87.3	292	250	85.6	292	282	96.6	292	282	96.6	292	193	66.1	292

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Clermont Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	34	94.4	36	25	69.4	36	36	100.0	36	34	94.4	36	33	91.7	36
04	Girls	41	39	95.1	41	41	100.0	41	41	100.0	41	40	97.6	41	36	87.8	41
05	Boys	43	35	81.4	43	34	79.1	43	41	95.0	43	43	100.0	43	35	81.4	43
05	Girls	35	35	100.0	35	33	94.3	35	35	100.0	35	34	97.1	35	30	85.7	35
06	Boys	34	30	88.2	34	26	76.5	34	32	94.0	34	34	100.0	34	22	64.7	34
06	Girls	29	28	96.6	29	29	100.0	29	29	100.0	29	29	100.0	29	23	79.3	29
Totals		218	201	92.2	218	188	86.2	218	214	98.2	218	214	98.2	218	179	82.1	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Coates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	32	80.0	40	18	45.0	39	35	90.0	39	32	82.1	40	26	65.0	41
04	Girls	48	36	75.0	48	48	100.0	48	42	88.0	48	37	77.1	48	24	50.0	49
05	Boys	41	25	61.0	41	34	82.9	41	36	88.0	41	36	87.8	41	24	58.5	42
05	Girls	39	19	48.7	38	34	89.5	39	38	97.0	38	37	97.4	38	16	42.1	41
06	Boys	48	37	77.1	48	27	56.3	47	42	89.0	48	34	70.8	47	29	61.7	50
06	Girls	30	24	80.0	30	27	90.0	30	26	87.0	30	22	73.3	30	19	63.3	30
Totals		246	173	70.3	245	188	76.7	244	219	89.8	244	198	81.1	244	138	56.6	253

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Columbia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	31	75.6	41	20	48.8	41	33	81.0	41	23	56.1	41	30	73.2	41
04	Girls	46	35	76.1	46	45	97.8	46	41	89.0	46	31	67.4	46	34	73.9	46
05	Boys	34	28	82.4	34	18	52.9	35	34	97.0	35	19	54.3	34	23	67.6	35
05	Girls	39	24	61.5	39	36	92.3	39	37	95.0	39	17	43.6	39	31	79.5	39
Totals		160	118	73.8	160	119	74.4	161	145	90.1	161	90	55.9	160	118	73.8	161

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Colvin Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	66	90.4	73	57	78.1	73	70	96.0	73	46	63.0	73	69	94.5	73
04	Girls	48	47	97.9	48	48	100.0	48	48	100.0	48	34	70.8	48	48	100.0	48
05	Boys	59	49	83.1	59	52	88.1	59	55	93.0	59	32	54.2	59	49	83.1	59
05	Girls	58	56	96.6	58	58	100.0	58	58	100.0	58	45	77.6	58	50	86.2	58
06	Boys	71	71	100.0	72	69	95.8	72	66	92.0	72	61	84.7	72	69	95.8	72
06	Girls	83	78	94.0	82	79	96.3	83	82	99.0	82	81	98.8	83	76	91.6	83
Totals		392	367	93.6	392	363	92.6	393	379	96.4	392	299	76.3	393	361	91.9	393

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cooper MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	193	189	97.9	194	125	64.4	194	192	99.0	194	194	100.0	194	182	93.8	196
07	Girls	191	186	97.4	192	181	94.3	192	192	100.0	192	192	100.0	191	190	99.5	194
08	Boys	195	193	99.0	193	171	88.6	195	193	99.0	189	178	94.2	193	183	94.8	196
08	Girls	221	219	99.1	219	210	95.9	224	224	100.0	220	215	97.7	220	219	99.5	228
Totals		800	787	98.4	798	687	86.1	805	801	99.5	795	779	98.0	798	774	97.0	814

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Crestwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	11	26.2	43	26	60.5	42	30	71.0	42	33	78.6	43	19	44.2	43
04	Girls	47	15	31.9	47	47	100.0	47	45	96.0	47	39	83.0	47	21	44.7	47
05	Boys	44	18	40.9	44	30	68.2	44	32	73.0	44	40	90.9	44	24	54.5	44
05	Girls	43	10	23.3	43	38	88.4	43	34	79.0	43	40	93.0	43	21	48.8	43
06	Boys	48	17	35.4	48	29	60.4	47	35	75.0	48	43	89.6	48	22	45.8	48
06	Girls	36	13	36.1	35	32	91.4	35	33	94.0	36	34	94.4	36	19	52.8	37
Totals		260	84	32.3	260	202	77.7	258	209	81.0	260	229	88.1	261	126	48.3	262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Crossfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	50	98.0	51	41	80.4	53	50	94.0	52	47	90.4	51	48	94.1	54
04	Girls	55	52	94.5	55	55	100.0	55	55	100.0	55	55	100.0	55	55	100.0	55
05	Boys	65	58	89.2	65	62	95.4	65	60	92.0	65	63	96.9	65	62	95.4	65
05	Girls	53	46	86.8	53	50	94.3	54	50	93.0	54	49	90.7	54	51	94.4	54
06	Boys	54	54	100.0	54	49	90.7	55	55	100.0	55	48	87.3	54	54	100.0	55
06	Girls	56	54	96.4	56	55	98.2	56	56	100.0	56	53	94.6	56	53	94.6	56
Totals		334	314	94.0	334	312	93.4	338	326	96.4	337	315	93.5	335	323	96.4	339

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cub Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	46	92.0	50	36	72.0	51	50	98.0	50	42	84.0	49	39	79.6	51
04	Girls	37	36	97.3	37	36	97.3	37	37	100.0	36	36	100.0	36	32	88.9	37
05	Boys	41	40	97.6	41	36	87.8	42	40	95.0	41	41	100.0	41	38	92.7	42
05	Girls	38	35	92.1	38	37	97.4	39	39	100.0	37	35	94.6	38	31	81.6	39
06	Boys	41	39	95.1	41	27	65.9	43	43	100.0	43	41	95.3	38	34	89.5	43
06	Girls	37	34	91.9	37	33	89.2	37	37	100.0	37	37	100.0	34	29	85.3	38
Totals		244	230	94.3	244	205	84.0	249	246	98.8	244	232	95.1	236	203	86.0	250

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Cunningham Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	42	97.7	43	32	74.4	43	42	98.0	43	43	100.0	43	42	97.7	43
04	Girls	35	28	80.0	35	35	100.0	35	32	91.0	35	35	100.0	35	28	80.0	35
05	Boys	33	26	78.8	32	25	78.1	33	32	97.0	33	33	100.0	32	29	90.6	33
05	Girls	45	41	91.1	45	45	100.0	46	45	98.0	45	45	100.0	45	43	95.6	46
06	Boys	32	29	90.6	32	21	65.6	33	31	94.0	33	33	100.0	33	29	87.9	33
06	Girls	23	19	82.6	23	22	95.7	23	23	100.0	23	23	100.0	23	21	91.3	23
Totals		211	185	87.7	210	180	85.7	213	205	96.2	212	212	100.0	211	192	91.0	213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Daniels Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	46	97.9	46	27	58.7	47	46	98.0	48	33	68.8	47	35	74.5	48
04	Girls	43	42	97.7	43	43	100.0	44	43	98.0	45	41	91.1	43	29	67.4	45
05	Boys	63	61	96.8	63	43	68.3	64	61	95.0	64	54	84.4	63	50	79.4	64
05	Girls	61	58	95.1	61	60	98.4	61	61	100.0	62	62	100.0	61	32	52.5	62
06	Boys	46	43	93.5	46	32	69.6	46	45	98.0	46	41	89.1	46	30	65.2	46
06	Girls	47	45	95.7	46	43	93.5	47	46	98.0	48	48	100.0	47	28	59.6	48
Totals		307	295	96.1	305	248	81.3	309	302	97.7	313	279	89.1	307	204	66.4	313

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Deer Park Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	42	95.5	47	36	76.6	47	41	87.0	47	43	91.5	44	43	97.7	47
04	Girls	37	35	94.6	37	35	94.6	37	36	97.0	37	36	97.3	37	36	97.3	37
05	Boys	49	47	95.9	51	41	80.4	51	47	92.0	51	49	96.1	49	48	98.0	51
05	Girls	38	37	97.4	38	37	97.4	40	37	93.0	39	39	100.0	39	34	87.2	42
06	Boys	39	35	89.7	37	31	83.8	40	40	100.0	40	40	100.0	37	34	91.9	40
06	Girls	46	46	100.0	46	45	97.8	46	45	98.0	46	46	100.0	46	44	95.7	46
Totals		253	242	95.7	256	225	87.9	261	246	94.3	260	253	97.3	252	239	94.8	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Dogwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	44	100.0	44	27	61.4	45	44	98.0	45	45	100.0	45	36	80.0	45
04	Girls	53	52	98.1	53	53	100.0	53	50	94.0	53	53	100.0	53	41	77.4	54
05	Boys	46	46	100.0	46	30	65.2	46	44	96.0	46	46	100.0	46	37	80.4	46
05	Girls	44	44	100.0	44	42	95.5	44	42	96.0	44	44	100.0	44	32	72.7	44
06	Boys	48	48	100.0	49	32	65.3	49	48	98.0	49	49	100.0	49	33	67.3	49
06	Girls	37	37	100.0	37	34	91.9	37	37	100.0	37	37	100.0	37	24	64.9	38
Totals		272	271	99.6	273	218	79.9	274	265	96.7	274	274	100.0	274	203	74.1	276

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Dranesville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	43	79.6	54	41	75.9	54	52	96.0	54	44	81.5	54	38	70.4	59
04	Girls	51	44	86.3	51	50	98.0	51	51	100.0	51	46	90.2	51	33	64.7	52
05	Boys	56	48	85.7	56	43	76.8	56	55	98.0	56	48	85.7	56	43	76.8	57
05	Girls	45	30	66.7	45	43	95.6	45	44	98.0	45	39	86.7	45	29	64.4	45
06	Boys	62	54	87.1	61	47	77.0	62	60	97.0	62	54	87.1	61	50	82.0	62
06	Girls	56	54	96.4	56	54	96.4	56	56	100.0	56	54	96.4	56	47	83.9	56
Totals		324	273	84.3	323	278	86.1	324	318	98.1	324	285	88.0	323	240	74.3	331

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Eagle View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	42	87.5	49	32	65.3	49	31	63.0	48	47	97.9	49	37	75.5	49
04	Girls	45	42	93.3	45	45	100.0	45	39	87.0	45	44	97.8	45	36	80.0	45
05	Boys	49	46	93.9	48	39	81.3	48	39	81.0	49	48	98.0	49	37	75.5	51
05	Girls	31	29	93.5	32	30	93.8	32	29	91.0	32	32	100.0	32	12	37.5	33
06	Boys	51	49	96.1	51	40	78.4	51	40	78.0	51	49	96.1	50	35	70.0	52
06	Girls	30	30	100.0	31	30	96.8	32	31	97.0	32	32	100.0	32	19	59.4	33
Totals		254	238	93.7	256	216	84.4	257	209	81.3	257	252	98.1	257	176	68.5	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017**

Edison HS

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	288	277	96.2	286	219	76.6	293	283	97.0	292	286	97.9	289	198	68.5	302
09	Girls	248	238	96.0	244	198	81.1	249	242	97.0	249	242	97.2	243	201	82.7	253
10	Boys	205	195	95.1	209	132	63.2	216	213	99.0	212	211	99.5	206	104	50.5	219
10	Girls	210	208	99.0	214	180	84.1	223	223	100.0	213	211	99.1	213	143	67.1	224
11	Boys	14	14	100.0	15	10	66.7	17	17	100.0	16	16	100.0	15	7	46.7	17
11	Girls	12	11	91.7	9	6	66.7	12	11	92.0	12	12	100.0	12	8	66.7	13
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
12	Girls	1	1	100.0	0	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1
Totals		979	945	96.5	978	745	76.2	1,012	990	97.8	996	980	98.4	980	662	67.6	1,030

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fairfax HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	310	295	95.2	309	218	70.6	313	305	97.0	310	277	89.4	310	258	83.2	320
09	Girls	281	275	97.9	282	220	78.0	281	278	99.0	280	257	91.8	280	253	90.4	284
10	Boys	257	251	97.7	257	163	63.4	264	249	94.0	258	244	94.6	257	195	75.9	270
10	Girls	245	241	98.4	244	171	70.1	249	226	91.0	247	242	98.0	244	219	89.8	259
11	Boys	12	11	91.7	12	4	33.3	12	11	92.0	12	10	83.3	12	10	83.3	16
11	Girls	13	11	84.6	12	1	8.3	13	12	92.0	13	13	100.0	12	10	83.3	17
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	4
Totals		1,120	1,086	97.0	1,118	777	69.5	1,134	1,083	95.5	1,122	1,045	93.1	1,117	946	84.7	1,173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fairfax Villa Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	40	93.0	43	34	79.1	43	42	98.0	43	43	100.0	43	43	100.0	43
04	Girls	33	32	97.0	33	33	100.0	33	33	100.0	33	33	100.0	33	33	100.0	34
05	Boys	40	32	80.0	41	32	78.0	41	38	93.0	41	40	97.6	41	36	87.8	41
05	Girls	45	38	84.4	45	43	95.6	45	45	100.0	45	45	100.0	45	41	91.1	45
06	Boys	33	27	81.8	33	31	93.9	33	33	100.0	33	32	97.0	33	29	87.9	33
06	Girls	43	41	95.3	43	41	95.3	43	42	98.0	43	43	100.0	43	43	100.0	43
Totals		237	210	88.6	238	214	89.9	238	233	97.9	238	236	99.2	238	225	94.5	239

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fairhill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	29	90.6	32	24	75.0	32	31	97.0	32	32	100.0	32	27	84.4	32
04	Girls	38	30	78.9	38	38	100.0	38	37	97.0	38	37	97.4	38	32	84.2	38
05	Boys	38	35	92.1	38	29	76.3	38	37	97.0	38	37	97.4	38	36	94.7	38
05	Girls	22	18	81.8	22	20	90.9	22	22	100.0	22	22	100.0	22	13	59.1	22
06	Boys	35	31	88.6	35	24	68.6	35	33	94.0	35	33	94.3	35	29	82.9	35
06	Girls	23	20	87.0	23	22	95.7	23	23	100.0	23	23	100.0	23	18	78.3	23
Totals		188	163	86.7	188	157	83.5	188	183	97.3	188	184	97.9	188	155	82.4	188

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fairview Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	41	97.6	43	28	65.1	43	33	77.0	42	36	85.7	41	41	100.0	43
04	Girls	34	33	97.1	35	35	100.0	35	31	89.0	35	30	85.7	34	34	100.0	35
05	Boys	56	54	96.4	57	47	82.5	57	45	79.0	57	50	87.7	56	54	96.4	59
05	Girls	43	43	100.0	43	41	95.3	43	41	95.0	43	39	90.7	43	43	100.0	43
06	Boys	53	51	96.2	50	40	80.0	54	45	83.0	54	47	87.0	51	49	96.1	54
06	Girls	50	48	96.0	49	45	91.8	50	46	92.0	50	47	94.0	49	48	98.0	50
Totals		278	270	97.1	277	236	85.2	282	241	85.5	281	249	88.6	274	269	98.2	284

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Falls Church HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	289	280	96.9	290	160	55.2	292	287	98.0	277	264	95.3	290	226	77.9	304
09	Girls	238	231	97.1	236	137	58.1	239	233	98.0	227	218	96.0	236	213	90.3	246
10	Boys	242	231	95.5	247	105	42.5	245	239	98.0	243	218	89.7	235	168	71.5	256
10	Girls	227	209	92.1	229	99	43.2	232	226	97.0	225	211	93.8	222	205	92.3	236
11	Boys	34	32	94.1	35	11	31.4	38	38	100.0	38	33	86.8	34	24	70.6	50
11	Girls	31	28	90.3	33	6	18.2	34	33	97.0	32	25	78.1	30	24	80.0	39
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	7
12	Girls	2	1	50.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	2
Totals		1,064	1,013	95.2	1,073	518	48.3	1,083	1,059	97.8	1,045	972	93.0	1,050	863	82.2	1,140

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Flint Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	57	100.0	57	49	86.0	57	56	98.0	57	57	100.0	57	54	94.7	57
04	Girls	48	48	100.0	48	48	100.0	48	48	100.0	48	48	100.0	48	44	91.7	48
05	Boys	45	44	97.8	45	38	84.4	45	45	100.0	45	45	100.0	45	43	95.6	45
05	Girls	34	34	100.0	34	34	100.0	34	34	100.0	34	34	100.0	34	34	100.0	34
06	Boys	68	63	92.6	67	56	83.6	68	68	100.0	67	65	97.0	67	61	91.0	68
06	Girls	61	59	96.7	61	61	100.0	61	61	100.0	61	61	100.0	61	56	91.8	61
Totals		313	305	97.4	312	286	91.7	313	312	99.7	312	310	99.4	312	292	93.6	313

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Floris Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	44	86.3	52	39	75.0	52	46	89.0	52	33	63.5	52	41	78.8	53
04	Girls	47	39	83.0	47	47	100.0	47	47	100.0	47	40	85.1	47	32	68.1	47
05	Boys	60	55	91.7	60	57	95.0	60	59	98.0	60	45	75.0	60	53	88.3	63
05	Girls	58	52	89.7	57	54	94.7	58	58	100.0	58	43	74.1	58	48	82.8	58
06	Boys	53	48	90.6	53	44	83.0	53	51	96.0	53	44	83.0	53	48	90.6	53
06	Girls	43	37	86.0	43	40	93.0	44	43	98.0	43	39	90.7	43	36	83.7	44
Totals		312	275	88.1	312	281	90.1	314	304	96.8	313	244	78.0	313	258	82.4	318

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Forest Edge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	39	88.6	44	24	54.5	44	41	93.0	42	38	90.5	44	40	90.9	44
04	Girls	60	52	86.7	60	60	100.0	60	55	92.0	60	52	86.7	60	47	78.3	60
05	Boys	47	45	95.7	47	36	76.6	47	46	98.0	47	47	100.0	47	38	80.9	47
05	Girls	48	43	89.6	48	46	95.8	48	47	98.0	48	48	100.0	48	31	64.6	48
06	Boys	60	58	96.7	59	39	66.1	59	56	95.0	60	58	96.7	59	49	83.1	60
06	Girls	60	56	93.3	60	55	91.7	60	59	98.0	60	60	100.0	60	45	75.0	60
Totals		319	293	91.8	318	260	81.8	318	304	95.6	317	303	95.6	318	250	78.6	319

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Forestdale Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	36	100.0	36	32	88.9	36	34	94.0	36	34	94.4	36	36	100.0	37
04	Girls	36	36	100.0	36	36	100.0	36	36	100.0	36	34	94.4	36	36	100.0	36
05	Boys	43	43	100.0	43	39	90.7	43	40	93.0	43	38	88.4	43	42	97.7	45
05	Girls	37	37	100.0	37	37	100.0	37	34	92.0	37	29	78.4	37	37	100.0	38
06	Boys	35	35	100.0	35	33	94.3	35	33	94.0	35	28	80.0	35	35	100.0	36
06	Girls	27	27	100.0	27	27	100.0	27	26	96.0	27	21	77.8	27	27	100.0	27
Totals		214	214	100.0	214	204	95.3	214	203	94.9	214	184	86.0	214	213	99.5	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Forestville Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	55	100.0	55	50	90.9	55	51	93.0	55	51	92.7	55	55	100.0	55
04	Girls	32	32	100.0	32	32	100.0	32	30	94.0	32	31	96.9	32	32	100.0	32
05	Boys	52	52	100.0	52	48	92.3	52	48	92.0	52	48	92.3	52	52	100.0	52
05	Girls	42	42	100.0	42	42	100.0	42	40	95.0	42	41	97.6	42	42	100.0	42
06	Boys	51	51	100.0	50	42	84.0	52	48	92.0	49	46	93.9	51	50	98.0	52
06	Girls	39	39	100.0	39	38	97.4	40	37	93.0	40	40	100.0	40	40	100.0	40
Totals		271	271	100.0	270	252	93.3	273	254	93.0	270	257	95.2	272	271	99.6	273

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fort Belvoir Upper**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	91	77	84.6	91	62	68.1	92	71	77.0	92	38	41.3	91	79	86.8	92
04	Girls	95	81	85.3	95	95	100.0	95	79	83.0	95	34	35.8	95	78	82.1	95
05	Boys	83	73	88.0	84	63	75.0	87	66	76.0	86	31	36.0	86	71	82.6	87
05	Girls	90	78	86.7	89	82	92.1	90	78	87.0	90	40	44.4	90	65	72.2	91
06	Boys	71	63	88.7	72	44	61.1	72	65	90.0	72	33	45.8	72	50	69.4	72
06	Girls	71	60	84.5	71	62	87.3	71	65	92.0	71	36	50.7	71	62	87.3	71
Totals		501	432	86.2	502	408	81.3	507	424	83.6	506	212	41.9	505	405	80.2	508

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fort Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	27	75.0	36	27	75.0	36	35	97.0	36	31	86.1	35	32	91.4	43
04	Girls	39	33	84.6	39	39	100.0	38	36	95.0	38	31	81.6	39	35	89.7	40
05	Boys	40	33	82.5	39	32	82.1	40	39	98.0	40	24	60.0	39	39	100.0	41
05	Girls	41	34	82.9	41	39	95.1	42	42	100.0	42	36	85.7	41	33	80.5	42
06	Boys	38	33	86.8	38	27	71.1	38	34	90.0	38	33	86.8	38	35	92.1	38
06	Girls	35	23	65.7	35	32	91.4	35	35	100.0	35	27	77.1	35	31	88.6	35
Totals		229	183	79.9	228	196	86.0	229	221	96.5	229	182	79.5	227	205	90.3	239

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Fox Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	33	76.7	43	33	76.7	43	40	93.0	43	17	39.5	43	35	81.4	43
04	Girls	31	26	83.9	31	30	96.8	31	30	97.0	31	20	64.5	31	23	74.2	31
05	Boys	39	35	89.7	39	31	79.5	39	38	97.0	39	20	51.3	39	36	92.3	39
05	Girls	49	41	83.7	49	48	98.0	49	46	94.0	49	38	77.6	49	42	85.7	49
06	Boys	41	36	87.8	41	23	56.1	41	38	93.0	41	30	73.2	41	30	73.2	41
06	Girls	41	39	95.1	41	39	95.1	41	41	100.0	41	37	90.2	41	40	97.6	41
Totals		244	210	86.1	244	204	83.6	244	233	95.5	244	162	66.4	244	206	84.4	244

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Franconia Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	34	97.1	35	35	100.0	35	31	89.0	35	13	37.1	35	35	100.0	35
04	Girls	35	35	100.0	35	35	100.0	35	32	91.0	35	10	28.6	35	35	100.0	35
05	Boys	37	37	100.0	37	34	91.9	37	36	97.0	37	36	97.3	37	34	91.9	37
05	Girls	33	32	97.0	33	33	100.0	33	31	94.0	33	33	100.0	33	32	97.0	33
06	Boys	25	23	92.0	24	23	95.8	25	24	96.0	25	23	92.0	25	24	96.0	25
06	Girls	31	29	93.5	31	30	96.8	31	31	100.0	31	30	96.8	31	30	96.8	31
Totals		196	190	96.9	195	190	97.4	196	185	94.4	196	145	74.0	196	190	96.9	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Franklin MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	222	219	98.6	220	149	67.7	222	187	84.0	222	217	97.7	222	204	91.9	223
07	Girls	215	215	100.0	213	203	95.3	218	205	94.0	218	214	98.2	214	210	98.1	218
08	Boys	246	245	99.6	244	198	81.1	247	215	87.0	245	240	98.0	244	231	94.7	247
08	Girls	216	216	100.0	209	182	87.1	217	199	92.0	217	216	99.5	217	214	98.6	219
Totals		899	895	99.6	886	732	82.6	904	806	89.2	902	887	98.3	897	859	95.8	907

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Freedom Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	41	100.0	41	37	90.2	42	42	100.0	42	42	100.0	42	39	92.9	42
04	Girls	42	41	97.6	42	41	97.6	42	39	93.0	42	42	100.0	42	33	78.6	42
05	Boys	48	47	97.9	47	44	93.6	51	48	94.0	48	48	100.0	49	41	83.7	52
05	Girls	35	34	97.1	35	35	100.0	36	36	100.0	35	35	100.0	35	25	71.4	37
06	Boys	32	32	100.0	32	27	84.4	32	32	100.0	32	32	100.0	32	23	71.9	32
06	Girls	44	43	97.7	44	42	95.5	44	43	98.0	44	44	100.0	44	36	81.8	44
Totals		242	238	98.3	241	226	93.8	247	240	97.2	243	243	100.0	244	197	80.7	249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017**

Frost MS

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	339	329	97.1	340	218	64.1	343	326	95.0	336	309	92.0	339	297	87.6	343
07	Girls	264	259	98.1	261	224	85.8	265	259	98.0	254	240	94.5	263	247	93.9	267
08	Boys	287	281	97.9	286	219	76.6	286	275	96.0	287	271	94.4	283	263	92.9	287
08	Girls	310	306	98.7	307	242	78.8	309	298	96.0	311	306	98.4	309	295	95.5	312
Totals		1,200	1,175	97.9	1,194	903	75.6	1,203	1,158	96.3	1,188	1,126	94.8	1,194	1,102	92.3	1,209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Garfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	16	69.6	23	17	73.9	23	17	74.0	23	23	100.0	23	19	82.6	23
04	Girls	25	22	88.0	25	25	100.0	25	23	92.0	25	25	100.0	25	23	92.0	25
05	Boys	27	17	63.0	26	18	69.2	27	17	63.0	26	24	92.3	27	18	66.7	27
05	Girls	35	21	60.0	35	31	88.6	35	30	86.0	34	34	100.0	35	20	57.1	35
06	Boys	24	17	70.8	24	15	62.5	25	23	92.0	24	23	95.8	25	17	68.0	25
06	Girls	26	14	53.8	26	25	96.2	26	26	100.0	26	26	100.0	26	16	61.5	26
Totals		160	107	66.9	159	131	82.4	161	136	84.5	158	155	98.1	161	113	70.2	161

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Glasgow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	292	265	90.8	295	180	61.0	297	254	86.0	298	297	99.7	292	251	86.0	303
06	Girls	281	248	88.3	281	246	87.5	286	269	94.0	285	284	99.6	283	245	86.6	291
07	Boys	282	268	95.0	302	170	56.3	304	245	81.0	302	298	98.7	301	238	79.1	310
07	Girls	244	220	90.2	256	170	66.4	260	238	92.0	258	254	98.4	257	197	76.7	269
08	Boys	273	256	93.8	272	175	64.3	270	243	90.0	269	267	99.3	270	234	86.7	274
08	Girls	283	257	90.8	274	172	62.8	286	272	95.0	285	285	100.0	283	257	90.8	286
Totals		1,655	1,514	91.5	1,680	1,113	66.3	1,703	1,521	89.3	1,697	1,685	99.3	1,686	1,422	84.3	1,733

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Glen Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	57	67.9	84	46	54.8	86	73	85.0	84	78	92.9	84	64	76.2	91
04	Girls	93	63	67.7	93	93	100.0	93	86	93.0	93	84	90.3	93	60	64.5	94
05	Boys	65	37	56.9	65	46	70.8	66	52	79.0	66	54	81.8	66	43	65.2	67
05	Girls	65	47	72.3	64	57	89.1	65	53	82.0	65	54	83.1	64	39	60.9	66
Totals		307	204	66.4	306	242	79.1	310	264	85.2	308	270	87.7	307	206	67.1	318

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Graham Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	24	75.0	32	6	18.8	32	32	100.0	32	26	81.3	32	32	100.0	32
04	Girls	37	32	86.5	37	36	97.3	38	35	92.0	37	30	81.1	37	36	97.3	38
05	Boys	25	19	76.0	25	7	28.0	25	25	100.0	25	20	80.0	25	21	84.0	25
05	Girls	25	22	88.0	25	19	76.0	25	25	100.0	25	22	88.0	25	20	80.0	25
06	Boys	33	33	100.0	33	4	12.1	33	33	100.0	33	33	100.0	33	29	87.9	33
06	Girls	28	28	100.0	28	19	67.9	28	28	100.0	28	28	100.0	28	27	96.4	28
Totals		180	158	87.8	180	91	50.6	181	178	98.3	180	159	88.3	180	165	91.7	181

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Great Falls Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	41	85.4	47	43	91.5	48	44	92.0	48	48	100.0	48	42	87.5	49
04	Girls	41	39	95.1	41	41	100.0	41	41	100.0	41	41	100.0	41	35	85.4	41
05	Boys	37	34	91.9	37	36	97.3	37	33	89.0	37	36	97.3	37	33	89.2	39
05	Girls	41	37	90.2	41	41	100.0	41	40	98.0	41	41	100.0	41	36	87.8	41
06	Boys	36	32	88.9	36	35	97.2	36	34	94.0	36	35	97.2	36	32	88.9	36
06	Girls	54	50	92.6	54	53	98.1	54	49	91.0	54	54	100.0	54	47	87.0	54
Totals		257	233	90.7	256	249	97.3	257	241	93.8	257	255	99.2	257	225	87.5	260

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Greenbriar East Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	48	85.7	56	29	51.8	56	28	50.0	56	29	51.8	56	28	50.0	56
04	Girls	57	48	84.2	57	55	96.5	57	40	70.0	57	39	68.4	57	15	26.3	57
05	Boys	54	44	81.5	54	27	50.0	54	30	56.0	54	32	59.3	54	20	37.0	55
05	Girls	63	50	79.4	63	53	84.1	63	43	68.0	63	47	74.6	63	13	20.6	63
06	Boys	60	50	83.3	60	22	36.7	60	43	72.0	60	42	70.0	60	26	43.3	60
06	Girls	58	48	82.8	58	48	82.8	58	37	64.0	58	44	75.9	58	27	46.6	59
Totals		348	288	82.8	348	234	67.2	348	221	63.5	348	233	67.0	348	129	37.1	350

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Greenbriar West Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	99	94	94.9	101	72	71.3	100	85	85.0	99	78	78.8	100	85	85.0	101
04	Girls	61	55	90.2	61	61	100.0	62	57	92.0	62	48	77.4	60	50	83.3	63
05	Boys	75	72	96.0	79	60	75.9	80	70	88.0	80	65	81.3	78	61	78.2	80
05	Girls	59	52	88.1	60	59	98.3	60	57	95.0	60	57	95.0	58	45	77.6	60
06	Boys	118	114	96.6	119	95	79.8	119	110	92.0	118	113	95.8	119	105	88.2	119
06	Girls	124	113	91.1	124	116	93.5	124	116	94.0	124	116	93.5	124	104	83.9	124
Totals		536	500	93.3	544	463	85.1	545	495	90.8	543	477	87.8	539	450	83.5	547

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Groveton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	50	87.7	57	27	47.4	57	56	98.0	57	54	94.7	57	47	82.5	57
04	Girls	46	42	91.3	46	46	100.0	46	46	100.0	46	46	100.0	46	37	80.4	46
05	Boys	54	50	92.6	54	34	63.0	54	54	100.0	54	53	98.1	54	50	92.6	54
05	Girls	60	54	90.0	60	49	81.7	60	58	97.0	60	59	98.3	60	51	85.0	60
06	Boys	42	37	88.1	42	25	59.5	42	41	98.0	42	42	100.0	42	36	85.7	42
06	Girls	54	49	90.7	54	47	87.0	54	54	100.0	54	54	100.0	54	51	94.4	54
Totals		313	282	90.1	313	228	72.8	313	309	98.7	313	308	98.4	313	272	86.9	313

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Gunston Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	28	73.7	39	26	66.7	39	37	95.0	39	29	74.4	39	33	84.6	40
04	Girls	28	24	85.7	28	27	96.4	28	26	93.0	28	27	96.4	28	24	85.7	28
05	Boys	37	33	89.2	37	23	62.2	37	35	95.0	37	29	78.4	37	31	83.8	38
05	Girls	35	24	68.6	36	28	77.8	36	33	92.0	36	33	91.7	36	26	72.2	37
06	Boys	49	44	89.8	48	35	72.9	50	47	94.0	50	35	70.0	48	32	66.7	52
06	Girls	38	36	94.7	36	34	94.4	38	37	97.0	38	28	73.7	38	28	73.7	39
Totals		225	189	84.0	224	173	77.2	228	215	94.3	228	181	79.4	226	174	77.0	234

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Halley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	37	68.5	54	33	61.1	54	54	100.0	54	54	100.0	54	34	63.0	54
04	Girls	46	37	80.4	46	46	100.0	46	46	100.0	46	46	100.0	46	32	69.6	46
05	Boys	58	46	79.3	58	48	82.8	58	58	100.0	58	58	100.0	58	37	63.8	58
05	Girls	41	38	92.7	41	40	97.6	41	41	100.0	41	41	100.0	41	20	48.8	41
06	Boys	43	41	95.3	43	39	90.7	43	43	100.0	43	43	100.0	43	38	88.4	43
06	Girls	51	43	84.3	51	49	96.1	50	50	100.0	51	50	98.0	51	31	60.8	51
Totals		293	242	82.6	293	255	87.0	292	292	100.0	293	292	99.7	293	192	65.5	293

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Haycock Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	78	97.5	80	64	80.0	80	80	100.0	80	79	98.8	80	76	95.0	82
04	Girls	81	75	92.6	81	81	100.0	81	81	100.0	81	81	100.0	81	75	92.6	81
05	Boys	67	61	91.0	67	58	86.6	67	67	100.0	67	66	98.5	67	60	89.6	67
05	Girls	68	63	92.6	68	68	100.0	68	68	100.0	68	68	100.0	68	59	86.8	68
06	Boys	88	86	97.7	88	70	79.5	88	88	100.0	88	87	98.9	88	78	88.6	88
06	Girls	89	75	84.3	89	89	100.0	89	89	100.0	89	89	100.0	89	76	85.4	89
Totals		473	438	92.6	473	430	90.9	473	473	100.0	473	470	99.4	473	424	89.6	475

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hayfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	44	91.7	48	24	50.0	48	44	92.0	48	34	70.8	48	37	77.1	48
04	Girls	34	32	94.1	34	34	100.0	34	34	100.0	34	27	79.4	34	19	55.9	34
05	Boys	49	46	93.9	49	24	49.0	49	42	86.0	49	43	87.8	49	38	77.6	49
05	Girls	50	44	88.0	50	43	86.0	50	50	100.0	50	47	94.0	50	37	74.0	50
06	Boys	53	50	94.3	53	31	58.5	53	47	89.0	53	49	92.5	53	42	79.2	53
06	Girls	45	45	100.0	45	41	91.1	45	44	98.0	45	43	95.6	45	35	77.8	45
Totals		279	261	93.5	279	197	70.6	279	261	93.5	279	243	87.1	279	208	74.6	279

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hayfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	256	226	88.3	260	208	80.0	263	254	97.0	239	143	59.8	258	183	70.9	263
09	Girls	226	198	87.6	231	202	87.4	233	227	97.0	215	160	74.4	230	189	82.2	234
10	Boys	255	254	99.6	258	213	82.6	258	258	100.0	258	238	92.2	258	240	93.0	260
10	Girls	251	251	100.0	248	219	88.3	251	251	100.0	251	248	98.8	251	250	99.6	254
11	Boys	13	12	92.3	13	9	69.2	13	12	92.0	13	12	92.3	13	12	92.3	13
11	Girls	9	8	88.9	8	1	12.5	8	8	100.0	9	7	77.8	9	8	88.9	9
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	2
12	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,012	950	93.9	1,020	852	83.5	1,028	1,012	98.4	987	810	82.1	1,021	883	86.5	1,036

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hayfield MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	213	202	94.8	215	148	68.8	214	206	96.0	215	212	98.6	215	175	81.4	216
07	Girls	223	208	93.3	228	210	92.1	227	224	99.0	228	226	99.1	228	191	83.8	228
08	Boys	241	225	93.4	242	194	80.2	243	236	97.0	242	238	98.3	240	179	74.6	243
08	Girls	207	196	94.7	210	196	93.3	210	210	100.0	209	205	98.1	209	196	93.8	212
Totals		884	831	94.0	895	748	83.6	894	876	98.0	894	881	98.5	892	741	83.1	899

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Herndon Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	70	98.6	71	53	74.6	71	71	100.0	71	71	100.0	71	69	97.2	71
04	Girls	64	60	93.8	64	64	100.0	64	64	100.0	64	63	98.4	64	54	84.4	64
05	Boys	71	58	81.7	71	52	73.2	71	71	100.0	71	60	84.5	71	57	80.3	71
05	Girls	55	48	87.3	55	50	90.9	55	55	100.0	55	51	92.7	55	46	83.6	55
06	Boys	47	41	87.2	48	35	72.9	48	48	100.0	48	47	97.9	48	39	81.3	48
06	Girls	54	47	87.0	54	49	90.7	54	54	100.0	54	54	100.0	54	39	72.2	54
Totals		362	324	89.5	363	303	83.5	363	363	100.0	363	346	95.3	363	304	83.7	363

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Herndon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	253	237	93.7	252	165	65.5	261	254	97.0	257	248	96.5	254	152	59.8	269
09	Girls	251	246	98.0	248	179	72.2	253	248	98.0	253	247	97.6	250	228	91.2	258
10	Boys	252	235	93.3	249	106	42.6	258	228	88.0	258	257	99.6	254	112	44.1	282
10	Girls	224	205	91.5	224	116	51.8	232	215	93.0	230	229	99.6	223	175	78.5	241
11	Boys	31	27	87.1	33	8	24.2	35	28	80.0	35	35	100.0	29	11	37.9	38
11	Girls	27	25	92.6	25	8	32.0	28	26	93.0	28	28	100.0	27	24	88.9	36
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	2
12	Girls	3	3	100.0	2	0	0.0	3	2	67.0	3	3	100.0	3	3	100.0	4
Totals		1,042	979	94.0	1,034	582	56.3	1,071	1,002	93.6	1,065	1,048	98.4	1,041	705	67.7	1,130

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Herndon MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	268	235	87.7	272	198	72.8	270	264	98.0	258	171	66.3	269	174	64.7	275
07	Girls	251	217	86.5	255	236	92.5	253	253	100.0	240	184	76.7	250	184	73.6	256
08	Boys	256	245	95.7	253	163	64.4	254	230	91.0	254	248	97.6	256	175	68.4	258
08	Girls	243	228	93.8	243	193	79.4	249	238	96.0	242	237	97.9	243	183	75.3	250
Totals		1,018	925	90.9	1,023	790	77.2	1,026	985	96.0	994	840	84.5	1,018	716	70.3	1,039

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hollin Meadows Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	26	61.9	42	22	52.4	42	38	91.0	42	42	100.0	42	35	83.3	42
04	Girls	25	19	76.0	25	25	100.0	25	23	92.0	25	25	100.0	25	18	72.0	25
05	Boys	40	29	72.5	41	29	70.7	40	36	90.0	39	39	100.0	41	31	75.6	41
05	Girls	46	28	60.9	46	39	84.8	46	45	98.0	46	46	100.0	46	31	67.4	46
06	Boys	38	31	81.6	38	28	73.7	39	31	80.0	39	39	100.0	38	28	73.7	39
06	Girls	42	25	59.5	42	32	76.2	43	39	91.0	41	41	100.0	42	24	57.1	43
Totals		233	158	67.8	234	175	74.8	235	212	90.2	232	232	100.0	234	167	71.4	236

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Holmes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	167	158	94.6	168	135	80.4	165	149	90.0	168	160	95.2	162	126	77.8	170
06	Girls	155	150	96.8	155	151	97.4	153	147	96.0	155	150	96.8	153	120	78.4	156
07	Boys	191	180	94.2	191	159	83.2	183	176	96.0	189	181	95.8	184	124	67.4	192
07	Girls	160	145	90.6	162	159	98.1	159	155	98.0	159	155	97.5	156	104	66.7	163
08	Boys	155	113	72.9	161	144	89.4	158	155	98.0	160	157	98.1	151	91	60.3	162
08	Girls	130	95	73.1	142	136	95.8	140	137	98.0	139	137	98.6	125	83	66.4	143
Totals		958	841	87.8	979	884	90.3	958	919	95.9	970	940	96.9	931	648	69.6	986

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hughes MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	264	250	94.7	268	220	82.1	270	267	99.0	270	267	98.9	265	237	89.4	271
07	Girls	239	226	94.6	235	220	93.6	240	235	98.0	237	236	99.6	236	223	94.5	242
08	Boys	242	229	94.6	243	196	80.7	242	237	98.0	242	223	92.1	242	192	79.3	249
08	Girls	234	222	94.9	239	209	87.4	238	235	99.0	238	228	95.8	237	214	90.3	241
Totals		979	927	94.7	985	845	85.8	990	974	98.4	987	954	96.7	980	866	88.4	1,003

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hunt Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	37	94.9	39	29	74.4	41	37	90.0	41	31	75.6	38	32	84.2	41
04	Girls	31	30	96.8	30	29	96.7	31	30	97.0	31	28	90.3	30	26	86.7	31
05	Boys	51	50	98.0	51	49	96.1	51	48	94.0	51	50	98.0	51	48	94.1	51
05	Girls	55	54	98.2	55	55	100.0	55	55	100.0	55	55	100.0	54	50	92.6	55
06	Boys	65	57	87.7	65	46	70.8	65	65	100.0	65	65	100.0	65	56	86.2	66
06	Girls	45	42	93.3	45	44	97.8	45	45	100.0	45	45	100.0	45	42	93.3	45
Totals		286	270	94.4	285	252	88.4	288	280	97.2	288	274	95.1	283	254	89.8	289

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hunters Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	74	100.0	74	57	77.0	74	74	100.0	74	74	100.0	74	71	95.9	74
04	Girls	64	62	96.9	64	62	96.9	64	64	100.0	64	64	100.0	64	61	95.3	64
05	Boys	71	71	100.0	71	52	73.2	71	71	100.0	71	71	100.0	71	69	97.2	71
05	Girls	66	65	98.5	66	63	95.5	66	66	100.0	66	66	100.0	66	63	95.5	66
06	Boys	69	66	95.7	69	47	68.1	69	69	100.0	69	69	100.0	69	60	87.0	69
06	Girls	71	71	100.0	71	60	84.5	71	71	100.0	71	71	100.0	71	60	84.5	71
Totals		415	409	98.6	415	341	82.2	415	415	100.0	415	415	100.0	415	384	92.5	415

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hutchison Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	73	98.6	74	49	66.2	74	74	100.0	74	73	98.6	74	74	100.0	77
04	Girls	66	63	95.5	67	66	98.5	67	67	100.0	67	67	100.0	67	64	95.5	67
05	Boys	68	64	94.1	68	59	86.8	68	67	99.0	66	66	100.0	68	63	92.6	69
05	Girls	64	61	95.3	64	63	98.4	64	64	100.0	64	64	100.0	64	61	95.3	64
06	Boys	51	42	82.4	51	39	76.5	52	52	100.0	51	50	98.0	51	41	80.4	55
06	Girls	71	63	88.7	71	69	97.2	71	71	100.0	71	70	98.6	71	65	91.5	71
Totals		394	366	92.9	395	345	87.3	396	395	99.7	393	390	99.2	395	368	93.2	403

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Hybla Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	60	85.7	71	37	52.1	71	69	97.0	71	58	81.7	68	46	67.6	71
04	Girls	58	51	87.9	60	59	98.3	62	62	100.0	62	58	93.5	62	37	59.7	62
05	Boys	62	52	83.9	62	37	59.7	62	59	95.0	62	48	77.4	62	47	75.8	62
05	Girls	64	54	84.4	64	59	92.2	64	61	95.0	64	58	90.6	64	47	73.4	64
06	Boys	50	43	86.0	50	28	56.0	50	44	88.0	50	45	90.0	50	36	72.0	50
06	Girls	72	64	88.9	73	68	93.2	73	73	100.0	72	71	98.6	72	60	83.3	73
Totals		376	324	86.2	380	288	75.8	382	368	96.3	381	338	88.7	378	273	72.2	382

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Irving MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	261	251	96.2	264	183	69.3	267	252	94.0	264	260	98.5	263	214	81.4	270
07	Girls	267	258	96.6	271	247	91.1	273	264	97.0	267	265	99.3	270	244	90.4	278
08	Boys	269	263	97.8	270	220	81.5	270	258	96.0	260	256	98.5	268	246	91.8	275
08	Girls	232	225	97.0	236	220	93.2	236	232	98.0	230	228	99.1	234	223	95.3	237
Totals		1,029	997	96.9	1,041	870	83.6	1,046	1,006	96.2	1,021	1,009	98.8	1,035	927	89.6	1,060

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Island Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	44	91.7	48	33	68.8	48	47	98.0	48	46	95.8	48	38	79.2	48
04	Girls	43	40	93.0	43	43	100.0	43	42	98.0	43	43	100.0	43	32	74.4	43
05	Boys	43	41	95.3	44	32	72.7	44	43	98.0	44	43	97.7	44	32	72.7	44
05	Girls	51	48	94.1	52	50	96.2	52	51	98.0	52	52	100.0	52	35	67.3	52
06	Boys	48	43	89.6	48	37	77.1	48	47	98.0	48	48	100.0	48	34	70.8	48
06	Girls	42	39	92.9	42	38	90.5	42	42	100.0	42	42	100.0	42	33	78.6	42
Totals		275	255	92.7	277	233	84.1	277	272	98.2	277	274	98.9	277	204	73.6	277

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Jackson MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	358	352	98.3	358	218	60.9	361	353	98.0	358	349	97.5	358	329	91.9	366
07	Girls	378	369	97.6	379	337	88.9	381	374	98.0	378	363	96.0	378	372	98.4	383
08	Boys	362	355	98.1	362	259	71.5	362	361	100.0	359	331	92.2	361	318	88.1	369
08	Girls	337	334	99.1	336	269	80.1	338	337	100.0	334	327	97.9	337	328	97.3	341
Totals		1,435	1,410	98.3	1,435	1,083	75.5	1,442	1,425	98.8	1,429	1,370	95.9	1,434	1,347	93.9	1,459

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Jefferson S/T HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	268	262	97.8	268	232	86.6	268	265	99.0	268	260	97.0	268	228	85.1	268
09	Girls	169	165	97.6	169	159	94.1	169	167	99.0	169	167	98.8	169	151	89.3	169
10	Boys	226	223	98.7	226	142	62.8	226	224	99.0	226	215	95.1	226	172	76.1	227
10	Girls	152	147	96.7	151	122	80.8	152	150	99.0	152	148	97.4	152	134	88.2	156
Totals		815	797	97.8	814	655	80.5	815	806	98.9	815	790	96.9	815	685	84.0	820

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Keene Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	54	94.7	59	50	84.7	59	59	100.0	57	56	98.2	57	56	98.2	59
04	Girls	73	70	95.9	73	73	100.0	75	75	100.0	73	70	95.9	73	69	94.5	75
05	Boys	49	47	95.9	50	44	88.0	53	52	98.0	51	49	96.1	51	49	96.1	53
05	Girls	72	68	94.4	81	77	95.1	83	83	100.0	80	78	97.5	81	75	92.6	83
06	Boys	62	59	95.2	62	56	90.3	62	62	100.0	62	58	93.5	62	58	93.5	62
06	Girls	75	72	96.0	75	69	92.0	75	75	100.0	75	71	94.7	75	72	96.0	75
Totals		388	370	95.4	400	369	92.3	407	406	99.8	398	382	96.0	399	379	95.0	407

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Kent Gardens Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	64	94.1	69	64	92.8	69	62	90.0	68	41	60.3	68	66	97.1	69
04	Girls	79	77	97.5	79	78	98.7	80	76	95.0	79	59	74.7	79	77	97.5	81
05	Boys	77	77	100.0	77	76	98.7	77	72	94.0	77	61	79.2	77	77	100.0	77
05	Girls	77	77	100.0	77	77	100.0	77	74	96.0	77	64	83.1	77	75	97.4	77
06	Boys	71	69	97.2	71	68	95.8	71	62	87.0	69	52	75.4	71	71	100.0	71
06	Girls	54	54	100.0	54	54	100.0	54	54	100.0	54	51	94.4	54	54	100.0	54
Totals		426	418	98.1	427	417	97.7	428	400	93.5	424	328	77.4	426	420	98.6	429

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Key MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	208	174	83.7	209	129	61.7	216	195	90.0	203	147	72.4	205	139	67.8	219
07	Girls	179	140	78.2	176	143	81.3	182	173	95.0	175	136	77.7	175	111	63.4	191
08	Boys	192	178	92.7	195	133	68.2	199	194	98.0	197	193	98.0	197	164	83.2	204
08	Girls	181	147	81.2	178	127	71.3	183	181	99.0	183	179	97.8	181	137	75.7	184
Totals		760	639	84.1	758	532	70.2	780	743	95.3	758	655	86.4	758	551	72.7	798

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Kilmer MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	318	316	99.4	318	254	79.9	319	315	99.0	321	311	96.9	316	305	96.5	325
07	Girls	304	299	98.4	302	289	95.7	303	300	99.0	304	302	99.3	304	293	96.4	305
08	Boys	315	312	99.0	311	256	82.3	315	312	99.0	316	303	95.9	315	296	94.0	321
08	Girls	281	279	99.3	277	267	96.4	280	279	100.0	280	275	98.2	281	275	97.9	285
Totals		1,218	1,206	99.0	1,208	1,066	88.2	1,217	1,206	99.1	1,221	1,191	97.5	1,216	1,169	96.1	1,236

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Kings Glen Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	78	96.3	81	39	48.1	82	75	92.0	82	78	95.1	79	71	89.9	82
04	Girls	80	77	96.3	82	81	98.8	82	79	96.0	82	82	100.0	78	66	84.6	82
05	Boys	81	79	97.5	80	56	70.0	81	80	99.0	79	78	98.7	80	68	85.0	81
05	Girls	68	65	95.6	68	62	91.2	69	68	99.0	67	66	98.5	68	65	95.6	70
06	Boys	69	64	92.8	70	47	67.1	71	67	94.0	71	68	95.8	69	60	87.0	74
06	Girls	71	71	100.0	72	68	94.4	73	71	97.0	72	72	100.0	71	70	98.6	73
Totals		450	434	96.4	453	353	77.9	458	440	96.1	453	444	98.0	445	400	89.9	462

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lake Anne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	42	80.8	52	43	82.7	52	52	100.0	50	50	100.0	52	42	80.8	52
04	Girls	43	40	93.0	43	42	97.7	43	43	100.0	42	42	100.0	43	38	88.4	43
05	Boys	31	30	96.8	31	27	87.1	31	31	100.0	31	31	100.0	31	29	93.5	31
05	Girls	41	39	95.1	41	40	97.6	41	41	100.0	41	40	97.6	41	40	97.6	41
06	Boys	38	35	92.1	38	32	84.2	38	38	100.0	38	38	100.0	38	34	89.5	38
06	Girls	41	36	87.8	41	37	90.2	41	41	100.0	41	40	97.6	41	37	90.2	41
Totals		246	222	90.2	246	221	89.8	246	246	100.0	243	241	99.2	246	220	89.4	246

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lake Braddock HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	331	308	93.1	347	256	73.8	353	331	94.0	353	340	96.3	351	266	75.8	353
09	Girls	305	292	95.7	319	268	84.0	326	318	98.0	324	316	97.5	323	303	93.8	328
10	Boys	351	337	96.0	348	195	56.0	353	327	93.0	348	340	97.7	352	253	71.9	355
10	Girls	327	313	95.7	324	218	67.3	334	320	96.0	332	329	99.1	328	277	84.5	337
11	Boys	8	7	87.5	8	3	37.5	8	7	88.0	9	9	100.0	8	5	62.5	10
11	Girls	6	6	100.0	6	2	33.3	6	6	100.0	6	6	100.0	6	5	83.3	7
12	Boys	15	7	46.7	16	0	0.0	17	15	88.0	14	3	21.4	14	8	57.1	18
12	Girls	3	1	33.3	4	0	0.0	6	6	100.0	5	2	40.0	4	3	75.0	7
Totals		1,346	1,271	94.4	1,372	942	68.7	1,403	1,330	94.8	1,391	1,345	96.7	1,386	1,120	80.8	1,415

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lake Braddock MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	372	352	94.6	372	250	67.2	371	357	96.0	371	356	96.0	371	321	86.5	373
07	Girls	340	319	93.8	340	308	90.6	340	333	98.0	340	325	95.6	340	307	90.3	340
08	Boys	380	360	94.7	380	283	74.5	378	350	93.0	380	349	91.8	375	322	85.9	381
08	Girls	332	317	95.5	333	288	86.5	330	318	96.0	331	310	93.7	333	315	94.6	335
Totals		1,424	1,348	94.7	1,425	1,129	79.2	1,419	1,358	95.7	1,422	1,340	94.2	1,419	1,265	89.1	1,429

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	60	60	100.0	61	29	47.5	61	54	89.0	61	56	91.8	60	55	91.7	61
04	Girls	47	46	97.9	47	45	95.7	47	47	100.0	46	45	97.8	47	42	89.4	47
05	Boys	54	45	83.3	54	39	72.2	54	52	96.0	54	50	92.6	53	46	86.8	54
05	Girls	55	52	94.5	55	48	87.3	55	52	95.0	55	54	98.2	53	49	92.5	55
06	Boys	52	47	90.4	52	25	48.1	52	47	90.0	52	44	84.6	52	45	86.5	52
06	Girls	52	45	86.5	50	42	84.0	52	49	94.0	52	49	94.2	52	47	90.4	52
Totals		320	295	92.2	319	228	71.5	321	301	93.8	320	298	93.1	317	284	89.6	321

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Langley HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	231	229	99.1	231	179	77.5	232	229	99.0	231	229	99.1	231	220	95.2	235
09	Girls	235	234	99.6	234	205	87.6	235	234	100.0	235	234	99.6	234	232	99.1	238
10	Boys	234	234	100.0	233	117	50.2	234	231	99.0	234	233	99.6	234	202	86.3	245
10	Girls	206	205	99.5	203	145	71.4	206	203	99.0	206	201	97.6	206	199	96.6	209
11	Boys	5	5	100.0	5	1	20.0	5	5	100.0	5	5	100.0	5	5	100.0	8
11	Girls	6	5	83.3	5	4	80.0	6	6	100.0	6	6	100.0	6	5	83.3	8
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		917	912	99.5	911	651	71.5	918	908	98.9	917	908	99.0	916	863	94.2	949

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lanier MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	234	218	93.2	235	178	75.7	235	202	86.0	234	198	84.6	234	184	78.6	237
07	Girls	230	212	92.2	232	213	91.8	231	220	95.0	231	218	94.4	231	208	90.0	235
08	Boys	217	207	95.4	215	164	76.3	218	207	95.0	219	186	84.9	217	184	84.8	222
08	Girls	219	212	96.8	214	187	87.4	219	215	98.0	219	207	94.5	216	192	88.9	222
Totals		900	849	94.3	896	742	82.8	903	844	93.5	903	809	89.6	898	768	85.5	916

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	62	83.8	73	46	63.0	74	73	99.0	74	36	48.6	74	69	93.2	76
04	Girls	77	63	81.8	77	76	98.7	77	77	100.0	77	60	77.9	77	66	85.7	77
05	Boys	81	71	87.7	81	63	77.8	82	81	99.0	82	39	47.6	81	75	92.6	83
05	Girls	65	47	72.3	65	55	84.6	65	65	100.0	65	31	47.7	64	53	82.8	67
06	Boys	68	56	82.4	65	45	69.2	68	64	94.0	66	34	51.5	65	59	90.8	68
06	Girls	73	52	71.2	73	66	90.4	74	71	96.0	72	41	56.9	73	59	80.8	74
Totals		438	351	80.1	434	351	80.9	440	431	98.0	436	241	55.3	434	381	87.8	445

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Laurel Ridge Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	48	82.8	59	43	72.9	61	55	90.0	61	35	57.4	59	51	86.4	61
04	Girls	59	47	79.7	62	61	98.4	63	61	97.0	63	48	76.2	60	52	86.7	63
05	Boys	60	48	80.0	61	55	90.2	61	57	93.0	61	47	77.0	59	50	84.7	61
05	Girls	63	48	76.2	63	61	96.8	63	62	98.0	63	56	88.9	63	56	88.9	63
06	Boys	56	44	78.6	57	43	75.4	57	56	98.0	57	47	82.5	56	50	89.3	57
06	Girls	61	51	83.6	60	59	98.3	62	62	100.0	61	49	80.3	61	56	91.8	62
Totals		357	286	80.1	362	322	89.0	367	353	96.2	366	282	77.0	358	315	88.0	367

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lee HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	207	205	99.0	205	167	81.5	212	197	93.0	205	192	93.7	205	139	67.8	219
09	Girls	199	196	98.5	198	157	79.3	203	199	98.0	200	194	97.0	198	128	64.6	207
10	Boys	216	213	98.6	217	165	76.0	222	220	99.0	218	214	98.2	217	168	77.4	226
10	Girls	192	192	100.0	190	160	84.2	194	191	99.0	193	192	99.5	193	165	85.5	197
11	Boys	37	37	100.0	38	27	71.1	41	39	95.0	38	37	97.4	37	31	83.8	42
11	Girls	30	30	100.0	28	13	46.4	33	31	94.0	32	29	90.6	30	24	80.0	34
12	Boys	3	3	100.0	4	0	0.0	5	3	60.0	5	3	60.0	2	2	100.0	5
12	Girls	4	4	100.0	3	0	0.0	4	3	75.0	4	3	75.0	2	2	100.0	5
Totals		888	880	99.1	883	689	78.0	914	883	96.6	895	864	96.5	884	659	74.5	935

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lees Corner Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	52	96.3	54	36	66.7	54	52	96.0	54	50	92.6	54	46	85.2	54
04	Girls	53	50	94.3	52	52	100.0	54	54	100.0	54	50	92.6	53	46	86.8	54
05	Boys	60	58	96.7	60	42	70.0	61	60	98.0	61	57	93.4	61	55	90.2	61
05	Girls	46	44	95.7	47	42	89.4	46	46	100.0	47	44	93.6	46	40	87.0	47
06	Boys	50	46	92.0	48	39	81.3	50	50	100.0	50	48	96.0	50	45	90.0	50
06	Girls	44	44	100.0	46	41	89.1	46	46	100.0	46	44	95.7	46	39	84.8	46
Totals		307	294	95.8	307	252	82.1	311	308	99.0	312	293	93.9	310	271	87.4	312

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lemon Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	44	100.0	44	29	65.9	44	44	100.0	44	44	100.0	43	39	90.7	44
04	Girls	49	48	98.0	49	48	98.0	49	48	98.0	49	48	98.0	49	46	93.9	49
05	Boys	40	35	87.5	40	23	57.5	40	40	100.0	40	40	100.0	40	37	92.5	40
05	Girls	43	37	86.0	43	40	93.0	43	43	100.0	43	43	100.0	43	39	90.7	44
06	Boys	46	44	95.7	46	32	69.6	46	45	98.0	46	46	100.0	46	44	95.7	46
06	Girls	45	43	95.6	45	41	91.1	46	46	100.0	45	45	100.0	45	45	100.0	46
Totals		267	251	94.0	267	213	79.8	268	266	99.3	267	266	99.6	266	250	94.0	269

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Liberty MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	254	235	92.5	252	159	63.1	255	242	95.0	256	217	84.8	254	182	71.7	258
07	Girls	231	219	94.8	231	199	86.1	236	230	98.0	232	215	92.7	232	192	82.8	237
08	Boys	269	226	84.0	265	174	65.7	267	234	88.0	268	221	82.5	267	181	67.8	272
08	Girls	278	220	79.1	276	217	78.6	277	263	95.0	277	249	89.9	278	223	80.2	280
Totals		1,032	900	87.2	1,024	749	73.1	1,035	969	93.6	1,033	902	87.3	1,031	778	75.5	1,047

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Little Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	22	16	72.7	22	20	90.9	22	22	100.0	22	15	68.2	22	21	95.5	22
04	Girls	19	19	100.0	19	19	100.0	19	19	100.0	19	12	63.2	19	17	89.5	19
05	Boys	23	22	95.7	23	22	95.7	23	23	100.0	23	14	60.9	23	23	100.0	23
05	Girls	28	26	92.9	28	27	96.4	28	28	100.0	28	18	64.3	28	23	82.1	28
06	Boys	23	19	82.6	22	19	86.4	23	22	96.0	23	16	69.6	23	20	87.0	23
06	Girls	20	16	80.0	20	19	95.0	20	20	100.0	20	19	95.0	20	17	85.0	20
Totals		135	118	87.4	134	126	94.0	135	134	99.3	135	94	69.6	135	121	89.6	135

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
London Towne Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	63	100.0	63	51	81.0	63	62	98.0	63	61	96.8	63	59	93.7	64
04	Girls	58	58	100.0	58	58	100.0	58	57	98.0	58	58	100.0	58	57	98.3	58
05	Boys	51	51	100.0	51	48	94.1	51	51	100.0	51	51	100.0	51	46	90.2	51
05	Girls	63	63	100.0	63	62	98.4	63	63	100.0	63	63	100.0	63	59	93.7	63
06	Boys	52	52	100.0	52	46	88.5	52	52	100.0	52	52	100.0	52	47	90.4	53
06	Girls	53	53	100.0	53	52	98.1	53	52	98.0	53	52	98.1	53	51	96.2	53
Totals		340	340	100.0	340	317	93.2	340	337	99.1	340	337	99.1	340	319	93.8	342

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Longfellow MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	351	329	93.7	351	249	70.9	355	346	98.0	351	308	87.7	349	214	61.3	360
07	Girls	330	308	93.3	330	311	94.2	331	331	100.0	330	311	94.2	329	187	56.8	331
08	Boys	344	305	88.7	344	237	68.9	345	340	99.0	344	253	73.5	344	218	63.4	347
08	Girls	314	295	93.9	314	256	81.5	317	317	100.0	314	284	90.4	315	177	56.2	319
Totals		1,339	1,237	92.4	1,339	1,053	78.6	1,348	1,334	99.0	1,339	1,156	86.3	1,337	796	59.5	1,357

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lorton Station Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	49	58.3	87	43	49.4	87	79	91.0	87	78	89.7	87	71	81.6	87
04	Girls	74	39	52.7	74	72	97.3	74	72	97.0	74	65	87.8	74	48	64.9	74
05	Boys	78	57	73.1	78	42	53.8	78	77	99.0	78	74	94.9	76	66	86.8	79
05	Girls	80	58	72.5	81	64	79.0	81	77	95.0	80	72	90.0	79	55	69.6	81
06	Boys	90	61	67.8	89	58	65.2	92	89	97.0	90	77	85.6	91	76	83.5	92
06	Girls	58	42	72.4	57	52	91.2	58	57	98.0	58	57	98.3	58	51	87.9	58
Totals		464	306	65.9	466	331	71.0	470	451	96.0	467	423	90.6	465	367	78.9	471

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Lynbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	45	80.4	56	33	58.9	56	49	88.0	56	37	66.1	55	44	80.0	56
04	Girls	39	32	82.1	39	38	97.4	39	38	97.0	39	34	87.2	39	31	79.5	39
05	Boys	45	34	75.6	45	30	66.7	45	38	84.0	45	28	62.2	45	25	55.6	45
05	Girls	33	26	78.8	33	30	90.9	33	31	94.0	33	27	81.8	33	17	51.5	33
06	Boys	31	20	64.5	31	18	58.1	32	29	91.0	31	18	58.1	31	17	54.8	32
06	Girls	31	23	74.2	31	25	80.6	31	31	100.0	31	22	71.0	31	14	45.2	31
Totals		235	180	76.6	235	174	74.0	236	216	91.5	235	166	70.6	234	148	63.2	236

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Madison HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	266	257	96.6	266	189	71.1	268	260	97.0	249	204	81.9	251	203	80.9	271
09	Girls	264	259	98.1	267	224	83.9	263	256	97.0	252	238	94.4	248	226	91.1	269
10	Boys	281	275	97.9	281	184	65.5	283	277	98.0	283	271	95.8	283	239	84.5	286
10	Girls	215	212	98.6	212	161	75.9	219	214	98.0	218	212	97.2	216	197	91.2	221
11	Boys	11	10	90.9	12	6	50.0	12	10	83.0	12	10	83.3	12	10	83.3	12
11	Girls	6	4	66.7	5	2	40.0	7	7	100.0	7	4	57.1	6	3	50.0	8
12	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	2
Totals		1,045	1,019	97.5	1,045	767	73.4	1,054	1,026	97.3	1,023	941	92.0	1,018	880	86.4	1,069

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mantua Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	85	96.6	89	86	96.6	89	89	100.0	89	89	100.0	86	85	98.8	89
04	Girls	80	78	97.5	83	83	100.0	84	84	100.0	84	84	100.0	80	74	92.5	84
05	Boys	76	76	100.0	76	74	97.4	76	76	100.0	76	76	100.0	76	73	96.1	76
05	Girls	84	80	95.2	84	84	100.0	84	84	100.0	84	84	100.0	84	78	92.9	84
06	Boys	89	88	98.9	89	85	95.5	89	89	100.0	89	89	100.0	89	85	95.5	89
06	Girls	75	74	98.7	74	74	100.0	75	75	100.0	75	75	100.0	75	75	100.0	75
Totals		492	481	97.8	495	486	98.2	497	497	100.0	497	497	100.0	490	470	95.9	497

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Marshall HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	250	247	98.8	251	190	75.7	252	244	97.0	252	251	99.6	249	217	87.1	256
09	Girls	240	236	98.3	238	198	83.2	241	239	99.0	241	240	99.6	237	234	98.7	245
10	Boys	270	266	98.5	265	197	74.3	272	266	98.0	274	273	99.6	267	214	80.1	275
10	Girls	269	267	99.3	266	227	85.3	275	269	98.0	274	270	98.5	268	255	95.1	279
11	Boys	12	11	91.7	11	4	36.4	12	12	100.0	12	12	100.0	11	7	63.6	15
11	Girls	11	11	100.0	11	5	45.5	11	11	100.0	12	11	91.7	10	9	90.0	15
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	8
12	Girls	3	3	100.0	2	1	50.0	4	3	75.0	4	4	100.0	3	3	100.0	11
Totals		1,056	1,042	98.7	1,045	822	78.7	1,068	1,045	97.8	1,070	1,062	99.3	1,046	939	89.8	1,104

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Marshall Road Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	45	84.9	57	45	78.9	55	45	82.0	53	52	98.1	56	45	80.4	58
04	Girls	45	40	88.9	46	46	100.0	45	41	91.0	44	44	100.0	46	33	71.7	46
05	Boys	35	29	82.9	36	26	72.2	37	31	84.0	36	35	97.2	38	26	68.4	38
05	Girls	52	50	96.2	52	51	98.1	53	49	93.0	53	53	100.0	53	36	67.9	53
06	Boys	68	59	86.8	69	53	76.8	69	56	81.0	69	69	100.0	69	56	81.2	69
06	Girls	46	44	95.7	46	42	91.3	46	41	89.0	46	46	100.0	46	29	63.0	46
Totals		299	267	89.3	306	263	85.9	305	263	86.2	301	299	99.3	308	225	73.1	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mason Crest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	43	84.3	52	39	75.0	53	40	76.0	51	49	96.1	51	48	94.1	53
04	Girls	50	37	74.0	49	48	98.0	50	43	86.0	48	46	95.8	48	41	85.4	50
05	Boys	40	31	77.5	42	36	85.7	43	34	79.0	43	38	88.4	41	36	87.8	43
05	Girls	32	24	75.0	33	31	93.9	32	30	94.0	32	30	93.8	32	20	62.5	33
Totals		173	135	78.0	176	154	87.5	178	147	82.6	174	163	93.7	172	145	84.3	179

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
McLean HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	268	265	98.9	269	202	75.1	273	265	97.0	269	246	91.4	267	241	90.3	278
09	Girls	243	241	99.2	239	200	83.7	243	240	99.0	239	225	94.1	238	221	92.9	244
10	Boys	242	222	91.7	245	132	53.9	246	231	94.0	243	215	88.5	245	192	78.4	251
10	Girls	251	239	95.2	251	163	64.9	254	248	98.0	254	239	94.1	252	233	92.5	260
11	Boys	9	7	77.8	10	1	10.0	12	10	83.0	8	5	62.5	10	7	70.0	16
11	Girls	5	4	80.0	4	0	0.0	5	4	80.0	5	4	80.0	5	4	80.0	7
12	Boys	1	1	100.0	1	0	0.0	1	0	0.0	1	0	0.0	1	1	100.0	7
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,019	979	96.1	1,019	698	68.5	1,034	998	96.5	1,019	934	91.7	1,018	899	88.3	1,065

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	72	90.0	80	63	78.8	80	71	89.0	80	80	100.0	80	78	97.5	80
04	Girls	101	90	89.1	101	100	99.0	101	95	94.0	101	101	100.0	101	95	94.1	101
05	Boys	88	79	89.8	88	74	84.1	88	77	88.0	88	87	98.9	88	83	94.3	88
05	Girls	109	96	88.1	108	102	94.4	109	101	93.0	109	109	100.0	108	97	89.8	109
06	Boys	84	74	88.1	84	56	66.7	84	79	94.0	85	83	97.6	84	76	90.5	85
06	Girls	56	54	96.4	56	54	96.4	57	57	100.0	58	57	98.3	56	53	94.6	58
Totals		518	465	89.8	517	449	86.8	519	480	92.5	521	517	99.2	517	482	93.2	521

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mosby Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	96	90	93.8	97	65	67.0	97	84	87.0	96	64	66.7	97	88	90.7	97
04	Girls	72	66	91.7	72	72	100.0	72	67	93.0	72	49	68.1	72	68	94.4	72
05	Boys	87	82	94.3	86	68	79.1	87	81	93.0	87	59	67.8	87	82	94.3	87
05	Girls	88	79	89.8	86	80	93.0	88	86	98.0	86	69	80.2	87	79	90.8	88
06	Boys	89	85	95.5	89	63	70.8	90	74	82.0	90	67	74.4	89	85	95.5	90
06	Girls	76	73	96.1	75	72	96.0	77	73	95.0	76	67	88.2	74	69	93.2	77
Totals		508	475	93.5	505	420	83.2	511	465	91.0	507	375	74.0	506	471	93.1	511

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mount Eagle Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	27	84.4	32	19	59.4	32	27	84.0	32	25	78.1	31	26	83.9	32
04	Girls	32	25	78.1	32	31	96.9	32	27	84.0	32	26	81.3	32	23	71.9	32
05	Boys	31	28	90.3	31	20	64.5	31	26	84.0	31	30	96.8	31	27	87.1	31
05	Girls	28	26	92.9	28	27	96.4	28	27	96.0	28	28	100.0	28	20	71.4	28
06	Boys	28	25	89.3	28	12	42.9	28	24	86.0	28	26	92.9	28	20	71.4	28
06	Girls	25	20	80.0	25	20	80.0	25	23	92.0	25	24	96.0	25	16	64.0	25
Totals		176	151	85.8	176	129	73.3	176	154	87.5	176	159	90.3	175	132	75.4	176

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mount Vernon HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	229	214	93.4	231	87	37.7	232	226	97.0	222	197	88.7	228	189	82.9	236
09	Girls	236	221	93.6	236	77	32.6	237	236	100.0	230	221	96.1	237	219	92.4	241
10	Boys	223	211	94.6	219	60	27.4	236	233	99.0	226	214	94.7	222	165	74.3	245
10	Girls	225	216	96.0	215	50	23.3	231	230	100.0	227	215	94.7	223	195	87.4	237
11	Boys	22	21	95.5	23	6	26.1	24	24	100.0	21	20	95.2	22	18	81.8	26
11	Girls	18	17	94.4	18	5	27.8	19	19	100.0	18	18	100.0	16	14	87.5	20
12	Boys	7	6	85.7	6	1	16.7	7	7	100.0	6	6	100.0	7	4	57.1	7
12	Girls	4	4	100.0	5	0	0.0	5	4	80.0	5	5	100.0	4	3	75.0	5
Totals		964	910	94.4	953	286	30.0	991	979	98.8	955	896	93.8	959	807	84.2	1,017

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mount Vernon Woods Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	49	83.1	59	45	76.3	60	58	97.0	59	49	83.1	60	53	88.3	60
04	Girls	49	40	81.6	49	49	100.0	50	49	98.0	50	42	84.0	50	41	82.0	50
05	Boys	44	34	77.3	44	35	79.5	44	42	96.0	44	32	72.7	44	36	81.8	44
05	Girls	47	37	78.7	47	43	91.5	47	46	98.0	47	38	80.9	47	36	76.6	47
06	Boys	40	35	87.5	40	35	87.5	40	35	88.0	40	38	95.0	40	33	82.5	40
06	Girls	35	30	85.7	35	34	97.1	36	35	97.0	36	34	94.4	36	26	72.2	37
Totals		274	225	82.1	274	241	88.0	277	265	95.7	276	233	84.4	277	225	81.2	278

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Mountain View High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	2	1	50.0	2	0	0.0	3	3	100.0	3	3	100.0	3	2	66.7	4
09	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	0	0.0	2
10	Boys	5	4	80.0	5	1	20.0	5	5	100.0	5	4	80.0	5	2	40.0	5
10	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	1	50.0	2
11	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	1	50.0	2	0	0.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		13	11	84.6	13	2	15.4	14	14	100.0	14	12	85.7	14	5	35.7	16

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Navy Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	77	75	97.4	76	57	75.0	79	75	95.0	78	78	100.0	78	73	93.6	79
04	Girls	65	65	100.0	65	65	100.0	65	65	100.0	64	64	100.0	65	62	95.4	65
05	Boys	82	78	95.1	80	69	86.3	82	73	89.0	82	81	98.8	80	78	97.5	82
05	Girls	66	66	100.0	66	64	97.0	66	64	97.0	66	66	100.0	66	63	95.5	66
06	Boys	93	89	95.7	93	81	87.1	93	89	96.0	93	93	100.0	93	84	90.3	93
06	Girls	89	87	97.8	89	89	100.0	89	86	97.0	88	88	100.0	89	87	97.8	89
Totals		472	460	97.5	469	425	90.6	474	452	95.4	471	470	99.8	471	447	94.9	474

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Newington Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	42	100.0	42	36	85.7	42	41	98.0	42	38	90.5	42	41	97.6	42
04	Girls	33	33	100.0	33	33	100.0	33	33	100.0	33	32	97.0	33	33	100.0	33
05	Boys	41	40	97.6	41	35	85.4	41	41	100.0	41	23	56.1	41	39	95.1	41
05	Girls	31	30	96.8	31	31	100.0	31	31	100.0	31	28	90.3	31	31	100.0	31
06	Boys	42	42	100.0	42	33	78.6	42	39	93.0	42	33	78.6	42	40	95.2	42
06	Girls	38	35	92.1	38	38	100.0	38	37	97.0	38	31	81.6	38	38	100.0	38
Totals		227	222	97.8	227	206	90.7	227	222	97.8	227	185	81.5	227	222	97.8	227

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
North Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	31	96.9	32	23	71.9	32	32	100.0	32	21	65.6	32	26	81.3	32
04	Girls	33	32	97.0	33	33	100.0	33	32	97.0	33	24	72.7	33	20	60.6	33
05	Boys	36	33	91.7	36	23	63.9	36	32	89.0	36	6	16.7	36	22	61.1	36
05	Girls	35	32	91.4	35	32	91.4	35	33	94.0	35	17	48.6	35	26	74.3	35
Totals		136	128	94.1	136	111	81.6	136	129	94.9	136	68	50.0	136	94	69.1	136

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Oak Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	82	97.6	84	68	81.0	84	77	92.0	84	56	66.7	84	74	88.1	85
04	Girls	70	66	94.3	70	70	100.0	70	62	89.0	70	51	72.9	70	59	84.3	70
05	Boys	69	66	95.7	68	51	75.0	69	59	86.0	69	61	88.4	68	58	85.3	70
05	Girls	70	67	95.7	70	68	97.1	70	67	96.0	69	59	85.5	70	55	78.6	70
06	Boys	67	66	98.5	67	57	85.1	67	61	91.0	67	63	94.0	67	59	88.1	67
06	Girls	72	69	95.8	72	70	97.2	72	71	99.0	72	71	98.6	72	54	75.0	72
Totals		432	416	96.3	431	384	89.1	432	397	91.9	431	361	83.8	431	359	83.3	434

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Oak View Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	49	90.7	54	49	90.7	54	49	91.0	54	40	74.1	54	51	94.4	56
04	Girls	56	51	91.1	57	57	100.0	57	56	98.0	57	52	91.2	57	52	91.2	57
05	Boys	66	55	83.3	67	59	88.1	68	61	90.0	68	58	85.3	68	60	88.2	68
05	Girls	57	52	91.2	57	57	100.0	58	56	97.0	57	55	96.5	57	56	98.2	58
06	Boys	70	62	88.6	70	65	92.9	70	68	97.0	70	67	95.7	70	60	85.7	70
06	Girls	51	46	90.2	51	51	100.0	52	51	98.0	52	51	98.1	52	48	92.3	52
Totals		354	315	89.0	356	338	94.9	359	341	95.0	358	323	90.2	358	327	91.3	361

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Oakton Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	62	98.4	63	52	82.5	64	59	92.0	64	52	81.3	62	60	96.8	68
04	Girls	41	41	100.0	41	41	100.0	41	41	100.0	41	39	95.1	41	41	100.0	41
05	Boys	64	62	96.9	64	54	84.4	64	63	98.0	64	52	81.3	64	61	95.3	64
05	Girls	64	64	100.0	64	64	100.0	64	64	100.0	64	60	93.8	62	60	96.8	64
06	Boys	68	65	95.6	69	57	82.6	69	64	93.0	69	61	88.4	68	60	88.2	70
06	Girls	47	46	97.9	45	43	95.6	47	47	100.0	47	44	93.6	47	40	85.1	49
Totals		347	340	98.0	346	311	89.9	349	338	96.8	349	308	88.3	344	322	93.6	356

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Oakton HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	321	315	98.1	321	254	79.1	323	304	94.0	323	303	93.8	321	274	85.4	327
09	Girls	303	298	98.3	302	255	84.4	305	300	98.0	304	298	98.0	303	283	93.4	310
10	Boys	318	314	98.7	312	228	73.1	318	312	98.0	318	302	95.0	316	266	84.2	320
10	Girls	286	284	99.3	275	226	82.2	288	285	99.0	287	282	98.3	277	255	92.1	291
11	Boys	7	7	100.0	8	3	37.5	8	7	88.0	8	7	87.5	7	6	85.7	8
11	Girls	2	2	100.0	3	0	0.0	3	1	33.0	3	2	66.7	2	0	0.0	3
12	Boys	2	2	100.0	3	2	66.7	3	3	100.0	3	3	100.0	2	2	100.0	4
Totals		1,239	1,222	98.6	1,224	968	79.1	1,248	1,212	97.1	1,246	1,197	96.1	1,228	1,086	88.4	1,263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Olde Creek Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	41	95.3	42	31	73.8	43	42	98.0	43	41	95.3	41	36	87.8	43
04	Girls	30	29	96.7	31	29	93.5	31	31	100.0	31	31	100.0	30	28	93.3	31
05	Boys	37	30	81.1	36	24	66.7	38	32	84.0	38	35	92.1	35	28	80.0	38
05	Girls	21	19	90.5	21	21	100.0	22	21	96.0	22	21	95.5	22	19	86.4	22
06	Boys	42	41	97.6	42	36	85.7	44	43	98.0	44	43	97.7	43	41	95.3	45
06	Girls	28	27	96.4	28	26	92.9	28	28	100.0	28	28	100.0	28	27	96.4	28
Totals		201	187	93.0	200	167	83.5	206	197	95.6	206	199	96.6	199	179	89.9	207

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Orange Hunt Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	44	80.0	56	26	46.4	56	54	96.0	54	40	74.1	55	48	87.3	56
04	Girls	45	39	86.7	45	45	100.0	45	45	100.0	42	35	83.3	45	34	75.6	45
05	Boys	63	55	87.3	63	43	68.3	63	63	100.0	61	47	77.0	62	48	77.4	64
05	Girls	56	52	92.9	55	53	96.4	55	55	100.0	56	49	87.5	54	39	72.2	56
06	Boys	55	52	94.5	55	39	70.9	55	55	100.0	54	48	88.9	55	44	80.0	55
06	Girls	64	58	90.6	64	61	95.3	64	64	100.0	64	61	95.3	64	59	92.2	64
Totals		338	300	88.8	338	267	79.0	338	336	99.4	331	280	84.6	335	272	81.2	340

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Parklawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	29	59.2	50	37	74.0	50	29	58.0	50	48	96.0	49	39	79.6	50
04	Girls	56	36	64.3	56	56	100.0	56	50	89.0	56	55	98.2	56	38	67.9	56
05	Boys	48	29	60.4	48	33	68.8	48	37	77.0	48	47	97.9	48	33	68.8	48
05	Girls	58	27	46.6	58	58	100.0	58	49	85.0	58	58	100.0	58	38	65.5	58
Totals		211	121	57.3	212	184	86.8	212	165	77.8	212	208	98.1	211	148	70.1	212

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Pine Spring Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	28	70.0	39	21	53.8	40	26	65.0	40	40	100.0	40	29	72.5	40
04	Girls	37	24	64.9	36	33	91.7	38	28	74.0	38	38	100.0	38	25	65.8	38
05	Boys	29	19	65.5	29	15	51.7	28	19	68.0	29	29	100.0	29	19	65.5	29
05	Girls	27	18	66.7	27	20	74.1	27	23	85.0	27	27	100.0	27	15	55.6	27
06	Boys	34	29	85.3	35	20	57.1	35	28	80.0	35	35	100.0	35	14	40.0	35
06	Girls	20	15	75.0	20	20	100.0	20	18	90.0	20	20	100.0	20	10	50.0	20
Totals		187	133	71.1	186	129	69.4	188	142	75.5	189	189	100.0	189	112	59.3	189

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Poe MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	131	127	96.9	128	95	74.2	131	127	97.0	133	127	95.5	130	120	92.3	133
06	Girls	147	143	97.3	144	138	95.8	148	143	97.0	148	143	96.6	148	135	91.2	149
07	Boys	159	151	95.0	161	101	62.7	159	149	94.0	163	136	83.4	161	116	72.0	163
07	Girls	144	134	93.1	144	130	90.3	144	142	99.0	145	132	91.0	144	127	88.2	145
08	Boys	161	157	97.5	158	109	69.0	161	123	76.0	165	149	90.3	162	126	77.8	170
08	Girls	138	137	99.3	135	117	86.7	137	123	90.0	139	131	94.2	138	106	76.8	140
Totals		880	849	96.5	870	690	79.3	880	807	91.7	893	818	91.6	883	730	82.7	900

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Poplar Tree Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	60	96.8	62	52	83.9	65	59	91.0	65	58	89.2	63	62	98.4	66
04	Girls	53	52	98.1	53	53	100.0	54	52	96.0	53	45	84.9	53	52	98.1	54
05	Boys	76	76	100.0	76	69	90.8	77	73	95.0	77	73	94.8	76	76	100.0	77
05	Girls	64	61	95.3	64	63	98.4	64	62	97.0	65	63	96.9	64	62	96.9	65
06	Boys	36	33	91.7	36	32	88.9	39	36	92.0	39	33	84.6	36	33	91.7	39
06	Girls	40	39	97.5	40	39	97.5	42	40	95.0	42	40	95.2	40	39	97.5	42
Totals		331	321	97.0	331	308	93.1	341	322	94.4	341	312	91.5	332	324	97.6	343

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Powell Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	65	98.5	66	45	68.2	67	67	100.0	66	50	75.8	67	55	82.1	69
04	Girls	65	63	96.9	64	64	100.0	65	65	100.0	65	55	84.6	64	51	79.7	65
05	Boys	56	52	92.9	56	48	85.7	56	54	96.0	56	39	69.6	56	47	83.9	57
05	Girls	60	60	100.0	61	59	96.7	61	61	100.0	60	47	78.3	61	47	77.0	61
06	Boys	70	67	95.7	70	52	74.3	71	71	100.0	67	51	76.1	68	49	72.1	71
06	Girls	78	73	93.6	77	76	98.7	78	78	100.0	77	69	89.6	78	60	76.9	78
Totals		395	380	96.2	394	344	87.3	398	396	99.5	391	311	79.5	394	309	78.4	401

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Providence Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	68	94.4	73	56	76.7	72	52	72.0	73	71	97.3	73	69	94.5	74
04	Girls	63	60	95.2	63	63	100.0	63	59	94.0	62	61	98.4	63	58	92.1	63
05	Boys	55	51	92.7	54	46	85.2	55	44	80.0	55	55	100.0	55	48	87.3	55
05	Girls	68	67	98.5	68	64	94.1	69	64	93.0	69	69	100.0	69	60	87.0	69
06	Boys	63	58	92.1	63	44	69.8	64	58	91.0	64	61	95.3	64	52	81.3	64
06	Girls	60	52	86.7	60	58	96.7	60	60	100.0	60	60	100.0	60	56	93.3	60
Totals		381	356	93.4	381	331	86.9	383	337	88.0	383	377	98.4	384	343	89.3	385

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	7
09	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	7
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	11
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		1	1	100.0	1	0	0.0	2	2	100.0	1	1	100.0	1	0	0.0	37

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Ravensworth Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	44	97.8	45	31	68.9	45	43	96.0	45	39	86.7	45	44	97.8	45
04	Girls	36	36	100.0	36	35	97.2	36	35	97.0	36	31	86.1	36	34	94.4	36
05	Boys	44	44	100.0	44	36	81.8	44	43	98.0	43	30	69.8	44	43	97.7	44
05	Girls	19	19	100.0	19	19	100.0	19	19	100.0	19	11	57.9	19	18	94.7	19
06	Boys	40	39	97.5	40	28	70.0	40	40	100.0	39	34	87.2	40	40	100.0	40
06	Girls	35	34	97.1	35	32	91.4	35	35	100.0	35	32	91.4	35	33	94.3	35
Totals		219	216	98.6	219	181	82.6	219	215	98.2	217	177	81.6	219	212	96.8	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Riverside Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	45	93.8	47	32	68.1	48	41	85.0	48	48	100.0	48	44	91.7	48
04	Girls	55	55	100.0	53	52	98.1	54	50	93.0	53	53	100.0	54	51	94.4	55
05	Boys	69	67	97.1	69	55	79.7	70	60	86.0	68	68	100.0	71	66	93.0	71
05	Girls	48	47	97.9	47	43	91.5	48	47	98.0	48	48	100.0	48	45	93.8	48
06	Boys	47	46	97.9	46	33	71.7	46	37	80.0	46	45	97.8	47	39	83.0	48
06	Girls	52	51	98.1	53	48	90.6	53	52	98.0	52	52	100.0	52	45	86.5	53
Totals		319	311	97.5	315	263	83.5	319	287	90.0	315	314	99.7	320	290	90.6	323

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Robinson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	320	312	97.5	323	260	80.5	322	303	94.0	321	300	93.5	321	290	90.3	324
09	Girls	317	314	99.1	321	283	88.2	322	314	98.0	318	314	98.7	315	298	94.6	323
10	Boys	325	315	96.9	327	179	54.7	330	325	99.0	331	328	99.1	326	263	80.7	336
10	Girls	287	279	97.2	287	185	64.5	292	287	98.0	291	290	99.7	287	266	92.7	294
11	Boys	3	3	100.0	5	2	40.0	4	4	100.0	5	5	100.0	3	3	100.0	6
11	Girls	4	4	100.0	5	1	20.0	4	4	100.0	5	5	100.0	4	3	75.0	5
12	Boys	3	3	100.0	10	1	10.0	7	7	100.0	10	10	100.0	3	3	100.0	10
12	Girls	1	0	0.0	3	0	0.0	3	2	67.0	3	3	100.0	1	1	100.0	5
Totals		1,260	1,230	97.6	1,281	911	71.1	1,284	1,246	97.0	1,284	1,255	97.7	1,260	1,127	89.4	1,303

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Robinson MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	299	264	88.3	304	220	72.4	303	300	99.0	294	250	85.0	299	228	76.3	305
07	Girls	278	240	86.3	280	253	90.4	280	279	100.0	270	251	93.0	278	249	89.6	284
08	Boys	311	305	98.1	312	248	79.5	315	312	99.0	312	304	97.4	309	271	87.7	316
08	Girls	286	274	95.8	288	265	92.0	289	289	100.0	288	283	98.3	285	262	91.9	289
Totals		1,174	1,083	92.2	1,184	986	83.3	1,187	1,180	99.4	1,164	1,088	93.5	1,171	1,010	86.3	1,194

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Rocky Run MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	368	358	97.3	371	266	71.7	371	364	98.0	371	339	91.4	368	266	72.3	378
07	Girls	284	281	98.9	286	262	91.6	285	284	100.0	286	282	98.6	286	248	86.7	286
08	Boys	280	277	98.9	279	214	76.7	281	273	97.0	275	245	89.1	281	215	76.5	287
08	Girls	308	307	99.7	306	286	93.5	311	310	100.0	303	293	96.7	307	282	91.9	311
Totals		1,240	1,223	98.6	1,242	1,028	82.8	1,248	1,231	98.6	1,235	1,159	93.8	1,242	1,011	81.4	1,262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Rolling Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	36	94.7	38	29	76.3	38	37	97.0	38	37	97.4	38	28	73.7	39
04	Girls	29	28	96.6	29	29	100.0	29	29	100.0	29	29	100.0	29	16	55.2	29
05	Boys	39	37	94.9	39	31	79.5	39	39	100.0	39	37	94.9	39	24	61.5	39
05	Girls	28	25	89.3	29	25	86.2	29	29	100.0	29	29	100.0	29	17	58.6	31
06	Boys	34	33	97.1	34	30	88.2	34	34	100.0	34	33	97.1	34	23	67.6	37
06	Girls	45	42	93.3	45	44	97.8	45	45	100.0	45	45	100.0	45	24	53.3	48
Totals		213	201	94.4	214	188	87.9	214	213	99.5	214	210	98.1	214	132	61.7	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Rose Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	27	56.3	48	40	83.0	48	48	100.0	48	35	72.9	49
04	Girls	40	40	100.0	40	39	97.5	40	36	90.0	40	40	100.0	40	23	57.5	42
05	Boys	39	36	92.3	40	22	55.0	41	37	90.0	41	41	100.0	41	29	70.7	43
05	Girls	40	37	92.5	40	36	90.0	40	38	95.0	40	40	100.0	40	23	57.5	40
06	Boys	38	35	92.1	38	25	65.8	39	37	95.0	38	38	100.0	37	22	59.5	39
06	Girls	50	48	96.0	51	40	78.4	52	50	96.0	52	52	100.0	51	22	43.1	52
Totals		255	243	95.3	257	189	73.5	260	238	91.5	259	259	100.0	257	154	59.9	265

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Sandburg MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	361	352	97.5	363	223	61.4	378	354	94.0	375	366	97.6	376	347	92.3	382
07	Girls	323	303	93.8	339	262	77.3	351	345	98.0	350	337	96.3	349	325	93.1	352
08	Boys	341	320	93.8	341	220	64.5	342	301	88.0	341	314	92.1	340	277	81.5	343
08	Girls	324	300	92.6	321	205	63.9	322	294	91.0	322	306	95.0	322	273	84.8	327
Totals		1,349	1,275	94.5	1,364	910	66.7	1,393	1,294	92.9	1,388	1,323	95.3	1,387	1,222	88.1	1,404

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Sangster Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	79	95.2	84	75	89.3	84	78	93.0	84	81	96.4	84	77	91.7	84
04	Girls	83	83	100.0	82	82	100.0	84	79	94.0	84	78	92.9	82	67	81.7	84
05	Boys	89	86	96.6	89	74	83.1	89	83	93.0	89	81	91.0	89	83	93.3	89
05	Girls	75	74	98.7	76	75	98.7	75	75	100.0	75	71	94.7	75	72	96.0	76
06	Boys	95	94	98.9	95	81	85.3	95	88	93.0	95	91	95.8	95	84	88.4	95
06	Girls	88	85	96.6	87	86	98.9	88	87	99.0	88	86	97.7	85	77	90.6	88
Totals		513	501	97.7	513	473	92.2	515	490	95.1	515	488	94.8	510	460	90.2	516

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Saratoga Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	42	87.5	48	38	79.2	48	35	73.0	48	39	81.3	48	43	89.6	48
04	Girls	38	35	92.1	38	38	100.0	38	34	90.0	38	35	92.1	38	31	81.6	38
05	Boys	42	33	78.6	42	35	83.3	42	34	81.0	42	27	64.3	42	30	71.4	42
05	Girls	50	42	84.0	50	47	94.0	50	46	92.0	50	40	80.0	50	29	58.0	50
06	Boys	63	53	84.1	63	46	73.0	62	52	84.0	62	34	54.8	63	44	69.8	63
06	Girls	47	37	78.7	47	44	93.6	47	42	89.0	47	42	89.4	47	28	59.6	47
Totals		288	242	84.0	288	248	86.1	287	243	84.7	287	217	75.6	288	205	71.2	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Sherman Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	38	97.4	39	39	100.0	39	39	100.0	39	39	100.0	39	39	100.0	39
04	Girls	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20	20	100.0	20
05	Boys	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27
05	Girls	21	20	95.2	20	20	100.0	21	21	100.0	21	20	95.2	21	20	95.2	21
06	Boys	30	29	96.7	30	29	96.7	30	29	97.0	30	29	96.7	29	27	93.1	30
06	Girls	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23	23	100.0	23
Totals		160	157	98.1	159	158	99.4	160	159	99.4	160	158	98.8	159	156	98.1	160

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Shrevewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	40	93.0	38	30	78.9	45	38	84.0	44	40	90.9	38	32	84.2	45
04	Girls	49	45	91.8	49	49	100.0	49	46	94.0	49	46	93.9	49	31	63.3	49
05	Boys	57	52	91.2	58	44	75.9	60	54	90.0	59	55	93.2	57	50	87.7	61
05	Girls	44	41	93.2	44	38	86.4	44	41	93.0	44	39	88.6	44	36	81.8	44
06	Boys	47	46	97.9	47	37	78.7	49	42	86.0	49	49	100.0	47	36	76.6	49
06	Girls	41	37	90.2	41	38	92.7	41	41	100.0	41	41	100.0	41	32	78.0	41
Totals		281	261	92.9	277	236	85.2	288	262	91.0	286	270	94.4	276	217	78.6	289

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Silverbrook Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	38	66.7	57	32	56.1	57	54	95.0	56	14	25.0	57	40	70.2	57
04	Girls	64	42	65.6	64	64	100.0	64	62	97.0	64	28	43.8	64	40	62.5	64
05	Boys	55	42	76.4	55	42	76.4	55	53	96.0	56	18	32.1	55	40	72.7	56
05	Girls	58	42	72.4	58	56	96.6	58	58	100.0	58	27	46.6	58	47	81.0	58
06	Boys	59	49	83.1	59	54	91.5	59	58	98.0	59	20	33.9	59	47	79.7	59
06	Girls	60	47	78.3	60	55	91.7	60	59	98.0	60	38	63.3	60	41	68.3	60
Totals		353	260	73.7	353	303	85.8	353	344	97.5	353	145	41.1	353	255	72.2	354

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Sleepy Hollow Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	17	63.0	27	21	77.8	30	29	97.0	29	23	79.3	27	20	74.1	31
04	Girls	28	25	89.3	28	28	100.0	28	26	93.0	28	24	85.7	28	19	67.9	28
05	Boys	29	22	75.9	28	19	67.9	31	27	87.0	29	22	75.9	29	22	75.9	32
05	Girls	26	22	84.6	25	22	88.0	26	25	96.0	25	23	92.0	25	19	76.0	26
Totals		110	86	78.2	108	90	83.3	115	107	93.0	111	92	82.9	109	80	73.4	117

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
South County HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	272	263	96.7	273	207	75.8	275	267	97.0	273	220	80.6	257	213	82.9	276
09	Girls	251	231	92.0	248	162	65.3	261	256	98.0	257	233	90.7	239	207	86.6	262
10	Boys	266	259	97.4	267	147	55.1	266	262	99.0	266	252	94.7	266	194	72.9	270
10	Girls	277	260	93.9	275	192	69.8	280	279	100.0	279	272	97.5	275	244	88.7	283
11	Boys	7	6	85.7	7	2	28.6	7	7	100.0	7	7	100.0	7	4	57.1	9
11	Girls	7	7	100.0	7	1	14.3	9	7	78.0	8	8	100.0	7	6	85.7	13
12	Boys	0	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	2
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,081	1,027	95.0	1,079	711	65.9	1,100	1,080	98.2	1,092	994	91.0	1,052	868	82.5	1,116

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
South County MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	256	229	89.5	256	213	83.2	250	232	93.0	242	221	91.3	255	224	87.8	259
07	Girls	273	235	86.1	270	256	94.8	265	257	97.0	262	248	94.7	272	246	90.4	276
08	Boys	256	236	92.2	255	226	88.6	256	220	86.0	256	209	81.6	255	219	85.9	260
08	Girls	260	241	92.7	256	231	90.2	262	260	99.0	261	220	84.3	258	229	88.8	264
Totals		1,045	941	90.0	1,037	926	89.3	1,033	969	93.8	1,021	898	88.0	1,040	918	88.3	1,059

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
South Lakes HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	267	261	97.8	270	175	64.8	271	263	97.0	269	267	99.3	269	209	77.7	275
09	Girls	276	266	96.4	278	196	70.5	282	280	99.0	279	275	98.6	275	242	88.0	283
10	Boys	299	289	96.7	292	165	56.5	303	271	89.0	301	297	98.7	296	219	74.0	309
10	Girls	248	240	96.8	245	140	57.1	261	253	97.0	250	246	98.4	248	229	92.3	267
11	Boys	7	6	85.7	6	1	16.7	8	6	75.0	8	6	75.0	8	3	37.5	12
11	Girls	4	3	75.0	5	1	20.0	6	6	100.0	5	4	80.0	4	4	100.0	7
12	Boys	2	2	100.0	2	0	0.0	3	2	67.0	2	2	100.0	2	1	50.0	6
12	Girls	1	0	0.0	0	0	0.0	4	1	25.0	1	0	0.0	0	0	0.0	7
Totals		1,104	1,067	96.6	1,098	678	61.7	1,138	1,082	95.1	1,115	1,097	98.4	1,102	907	82.3	1,166

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Spring Hill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	77	60	77.9	77	60	77.9	78	75	96.0	78	43	55.1	78	69	88.5	78
04	Girls	72	59	81.9	72	72	100.0	72	71	99.0	72	53	73.6	71	60	84.5	72
05	Boys	70	56	80.0	69	60	87.0	70	67	96.0	70	48	68.6	70	59	84.3	72
05	Girls	88	73	83.0	88	88	100.0	88	88	100.0	88	74	84.1	88	80	90.9	88
06	Boys	85	66	77.6	86	66	76.7	86	82	95.0	86	61	70.9	86	64	74.4	86
06	Girls	74	64	86.5	74	72	97.3	74	74	100.0	74	65	87.8	74	56	75.7	75
Totals		466	378	81.1	466	418	89.7	468	457	97.6	468	344	73.5	467	388	83.1	471

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Springfield Estates Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	85	96.6	88	82	93.2	88	87	99.0	88	88	100.0	88	84	95.5	88
04	Girls	89	76	85.4	89	89	100.0	89	89	100.0	89	87	97.8	89	79	88.8	89
05	Boys	73	67	91.8	76	69	90.8	76	72	95.0	76	75	98.7	76	69	90.8	76
05	Girls	71	60	84.5	71	70	98.6	71	70	99.0	70	69	98.6	70	65	92.9	72
06	Boys	80	69	86.3	80	70	87.5	80	78	98.0	80	80	100.0	80	67	83.8	80
06	Girls	77	63	81.8	78	78	100.0	78	77	99.0	78	76	97.4	78	68	87.2	78
Totals		478	420	87.9	482	458	95.0	482	473	98.1	481	475	98.8	481	432	89.8	483

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Stenwood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	31	86.1	36	27	75.0	36	32	89.0	36	32	88.9	36	34	94.4	36
04	Girls	31	26	83.9	32	32	100.0	32	31	97.0	32	29	90.6	32	28	87.5	32
05	Boys	35	32	91.4	35	33	94.3	35	33	94.0	35	34	97.1	35	33	94.3	35
05	Girls	27	22	81.5	27	25	92.6	27	27	100.0	27	23	85.2	27	25	92.6	27
06	Boys	39	36	92.3	39	29	74.4	40	38	95.0	40	39	97.5	39	33	84.6	40
06	Girls	30	28	93.3	30	30	100.0	30	29	97.0	30	30	100.0	30	29	96.7	30
Totals		198	175	88.4	199	176	88.4	200	190	95.0	200	187	93.5	199	182	91.5	200

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Stone MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	197	185	93.9	200	168	84.0	200	199	100.0	201	172	85.6	199	176	88.4	202
07	Girls	175	164	93.7	177	169	95.5	177	177	100.0	178	165	92.7	176	164	93.2	178
08	Boys	196	189	96.4	198	167	84.3	201	198	99.0	199	182	91.5	194	158	81.4	201
08	Girls	207	198	95.7	211	195	92.4	213	213	100.0	212	197	92.9	206	182	88.3	214
Totals		775	736	95.0	786	699	88.9	791	787	99.5	790	716	90.6	775	680	87.7	795

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Stratford Landing Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	73	98.6	75	61	81.3	74	66	89.0	75	75	100.0	75	72	96.0	75
04	Girls	63	63	100.0	64	64	100.0	63	60	95.0	64	64	100.0	63	61	96.8	64
05	Boys	67	65	97.0	67	60	89.6	67	57	85.0	67	67	100.0	67	66	98.5	67
05	Girls	73	73	100.0	73	70	95.9	73	71	97.0	73	72	98.6	73	72	98.6	73
06	Boys	92	92	100.0	92	69	75.0	92	89	97.0	92	92	100.0	92	88	95.7	92
06	Girls	66	66	100.0	66	65	98.5	66	63	96.0	66	66	100.0	66	66	100.0	66
Totals		435	432	99.3	437	389	89.0	435	406	93.3	437	436	99.8	436	425	97.5	437

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Stuart HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	266	229	86.1	272	125	46.0	252	222	88.0	263	235	89.4	263	159	60.5	282
09	Girls	268	243	90.7	262	105	40.1	261	228	87.0	268	237	88.4	263	178	67.7	276
10	Boys	255	231	90.6	255	84	32.9	255	234	92.0	245	233	95.1	253	133	52.6	262
10	Girls	227	202	89.0	222	80	36.0	226	201	89.0	218	208	95.4	222	153	68.9	230
11	Boys	36	32	88.9	37	12	32.4	34	27	79.0	35	27	77.1	36	20	55.6	41
11	Girls	21	19	90.5	22	4	18.2	22	21	96.0	21	18	85.7	21	15	71.4	24
12	Boys	3	3	100.0	3	0	0.0	3	3	100.0	3	3	100.0	3	1	33.3	3
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	2
Totals		1,078	961	89.1	1,075	410	38.1	1,055	938	88.9	1,055	963	91.3	1,063	661	62.2	1,120

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Sunrise Valley Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	53	100.0	53	42	79.2	54	53	98.0	54	45	83.3	53	52	98.1	58
04	Girls	37	37	100.0	37	36	97.3	38	38	100.0	37	36	97.3	37	37	100.0	40
05	Boys	53	51	96.2	53	46	86.8	53	53	100.0	53	51	96.2	53	51	96.2	56
05	Girls	39	39	100.0	39	39	100.0	39	39	100.0	39	38	97.4	39	39	100.0	40
06	Boys	48	46	95.8	48	39	81.3	48	48	100.0	48	48	100.0	48	45	93.8	49
06	Girls	33	31	93.9	33	31	93.9	32	32	100.0	33	32	97.0	33	29	87.9	33
Totals		263	257	97.7	263	233	88.6	264	263	99.6	264	250	94.7	263	253	96.2	276

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Terra Centre Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	29	90.6	32	31	96.9	32	29	91.0	32	26	81.3	31	24	77.4	33
04	Girls	37	33	89.2	37	37	100.0	37	37	100.0	37	32	86.5	37	22	59.5	37
05	Boys	44	41	93.2	44	41	93.2	44	38	86.0	44	32	72.7	44	35	79.5	44
05	Girls	41	40	97.6	41	41	100.0	41	40	98.0	41	35	85.4	41	29	70.7	41
06	Boys	39	39	100.0	40	37	92.5	41	36	88.0	40	37	92.5	40	36	90.0	41
06	Girls	41	36	87.8	42	41	97.6	42	41	98.0	42	41	97.6	42	26	61.9	42
Totals		234	218	93.2	236	228	96.6	237	221	93.2	236	203	86.0	235	172	73.2	238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Terraset Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	25	100.0	25	16	64.0	25	24	96.0	25	23	92.0	25	24	96.0	25
04	Girls	37	32	86.5	37	36	97.3	37	37	100.0	37	33	89.2	37	32	86.5	37
05	Boys	35	29	82.9	36	28	77.8	36	34	94.0	36	29	80.6	36	32	88.9	37
05	Girls	28	25	89.3	30	30	100.0	30	30	100.0	30	23	76.7	30	28	93.3	30
06	Boys	47	41	87.2	47	34	72.3	47	46	98.0	47	42	89.4	47	42	89.4	47
06	Girls	37	32	86.5	38	36	94.7	38	36	95.0	38	30	78.9	38	36	94.7	38
Totals		209	184	88.0	213	180	84.5	213	207	97.2	213	180	84.5	213	194	91.1	214

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Thoreau MS**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	254	250	98.4	252	206	81.7	250	235	94.0	255	248	97.3	253	228	90.1	257
07	Girls	200	190	95.0	197	183	92.9	201	195	97.0	200	199	99.5	199	191	96.0	204
08	Boys	228	221	96.9	226	166	73.5	230	207	90.0	229	204	89.1	227	186	81.9	235
08	Girls	207	206	99.5	209	193	92.3	211	205	97.0	209	206	98.6	208	195	93.8	213
Totals		889	867	97.5	884	748	84.6	892	842	94.4	893	857	96.0	887	800	90.2	909

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Timber Lane Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	32	86.5	37	20	54.1	38	30	79.0	38	37	97.4	37	35	94.6	38
04	Girls	27	23	85.2	27	25	92.6	27	25	93.0	27	26	96.3	27	26	96.3	27
05	Boys	37	33	89.2	37	25	67.6	38	30	79.0	38	37	97.4	37	31	83.8	38
05	Girls	29	26	89.7	29	23	79.3	30	28	93.0	30	30	100.0	29	27	93.1	30
06	Boys	36	33	91.7	36	21	58.3	36	31	86.0	36	35	97.2	36	31	86.1	36
06	Girls	22	18	81.8	22	21	95.5	22	20	91.0	22	21	95.5	22	17	77.3	22
Totals		188	165	87.8	188	135	71.8	191	164	85.9	191	186	97.4	188	167	88.8	191

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Twain MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	245	241	98.4	247	210	85.0	247	239	97.0	248	204	82.3	246	202	82.1	249
07	Girls	247	240	97.2	251	222	88.4	250	244	98.0	251	222	88.4	248	217	87.5	251
08	Boys	264	248	93.9	268	217	81.0	268	253	94.0	268	243	90.7	266	217	81.6	268
08	Girls	212	180	84.9	213	175	82.2	216	207	96.0	213	199	93.4	212	172	81.1	216
Totals		968	909	93.9	979	824	84.2	981	943	96.1	980	868	88.6	972	808	83.1	984

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Union Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	68	90.7	75	61	81.3	75	68	91.0	75	75	100.0	75	72	96.0	76
04	Girls	68	65	95.6	68	68	100.0	68	67	99.0	68	68	100.0	68	60	88.2	68
05	Boys	66	59	89.4	66	53	80.3	67	58	87.0	67	66	98.5	66	58	87.9	67
05	Girls	68	62	91.2	69	66	95.7	68	67	99.0	68	68	100.0	68	65	95.6	69
06	Boys	72	68	94.4	72	62	86.1	72	68	94.0	72	72	100.0	72	70	97.2	72
06	Girls	76	72	94.7	76	75	98.7	76	74	97.0	76	76	100.0	76	75	98.7	78
Totals		425	394	92.7	426	385	90.4	426	402	94.4	426	425	99.8	425	400	94.1	430

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Vienna Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	33	86.8	38	36	94.7	38	38	100.0	38	34	89.5	38	37	97.4	41
04	Girls	34	32	94.1	34	34	100.0	34	34	100.0	34	34	100.0	34	32	94.1	34
05	Boys	22	21	95.5	22	19	86.4	22	22	100.0	22	19	86.4	22	22	100.0	22
05	Girls	27	26	96.3	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	28
06	Boys	17	16	94.1	17	16	94.1	17	17	100.0	17	17	100.0	17	17	100.0	17
06	Girls	25	22	88.0	26	26	100.0	26	26	100.0	26	25	96.2	26	25	96.2	26
Totals		163	150	92.0	164	158	96.3	164	164	100.0	164	156	95.1	164	160	97.6	168

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Virginia Run Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	53	98.1	54	47	87.0	54	53	98.0	54	51	94.4	54	51	94.4	55
04	Girls	36	36	100.0	36	36	100.0	36	36	100.0	36	36	100.0	36	33	91.7	38
05	Boys	60	60	100.0	60	54	90.0	61	59	97.0	60	59	98.3	61	56	91.8	61
05	Girls	48	48	100.0	50	49	98.0	51	51	100.0	48	46	95.8	50	47	94.0	51
06	Boys	51	50	98.0	50	40	80.0	51	48	94.0	51	48	94.1	50	37	74.0	51
06	Girls	42	41	97.6	42	41	97.6	42	42	100.0	42	42	100.0	42	38	90.5	42
Totals		291	288	99.0	292	267	91.4	295	289	98.0	291	282	96.9	293	262	89.4	298

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Wakefield Forest Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	23	56.1	42	30	71.4	42	41	98.0	42	38	90.5	42	22	52.4	42
04	Girls	35	17	48.6	37	36	97.3	37	36	97.0	37	35	94.6	36	22	61.1	37
05	Boys	45	29	64.4	45	36	80.0	46	43	94.0	46	43	93.5	45	31	68.9	46
05	Girls	40	25	62.5	40	39	97.5	41	38	93.0	40	39	97.5	40	20	50.0	41
06	Boys	37	26	70.3	37	34	91.9	37	35	95.0	37	37	100.0	37	28	75.7	37
06	Girls	43	34	79.1	43	43	100.0	43	43	100.0	43	40	93.0	43	30	69.8	43
Totals		241	154	63.9	244	218	89.3	246	236	95.9	245	232	94.7	243	153	63.0	246

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Waples Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	46	95.8	48	40	83.3	48	45	94.0	48	36	75.0	48	45	93.8	48
04	Girls	58	53	91.4	58	58	100.0	58	55	95.0	58	51	87.9	58	58	100.0	58
05	Boys	63	59	93.7	63	56	88.9	63	58	92.0	63	47	74.6	63	58	92.1	65
05	Girls	62	60	96.8	62	61	98.4	62	60	97.0	61	55	90.2	62	60	96.8	63
06	Boys	71	67	94.4	71	61	85.9	71	62	87.0	71	59	83.1	71	66	93.0	71
06	Girls	59	54	91.5	59	54	91.5	59	58	98.0	59	53	89.8	59	58	98.3	61
Totals		361	339	93.9	361	330	91.4	361	338	93.6	360	301	83.6	361	345	95.6	366

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Washington Mill Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	36	90.0	41	20	48.8	41	40	98.0	41	23	56.1	40	35	87.5	41
04	Girls	42	35	83.3	42	42	100.0	42	42	100.0	42	23	54.8	42	35	83.3	42
05	Boys	35	32	91.4	35	25	71.4	35	34	97.0	35	26	74.3	35	29	82.9	35
05	Girls	40	36	90.0	40	37	92.5	40	40	100.0	40	29	72.5	40	26	65.0	40
06	Boys	42	41	97.6	46	22	47.8	46	44	96.0	46	27	58.7	42	21	50.0	46
06	Girls	39	35	89.7	39	37	94.9	39	39	100.0	39	26	66.7	39	22	56.4	39
Totals		238	215	90.3	243	183	75.3	243	239	98.4	243	154	63.4	238	168	70.6	243

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Waynewood Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	55	98.2	56	54	96.4	56	45	80.0	56	55	98.2	56	55	98.2	56
04	Girls	49	47	95.9	48	48	100.0	49	48	98.0	49	49	100.0	49	49	100.0	49
05	Boys	53	53	100.0	53	50	94.3	53	46	87.0	53	53	100.0	53	51	96.2	53
05	Girls	55	54	98.2	55	55	100.0	55	49	89.0	55	54	98.2	55	54	98.2	55
06	Boys	56	53	94.6	56	48	85.7	56	51	91.0	56	55	98.2	56	54	96.4	56
06	Girls	59	58	98.3	59	57	96.6	59	56	95.0	59	59	100.0	58	57	98.3	59
Totals		328	320	97.6	327	312	95.4	328	295	89.9	328	325	99.1	327	320	97.9	328

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
West Potomac HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	324	312	96.3	326	205	62.9	336	294	88.0	307	302	98.4	327	189	57.8	358
09	Girls	305	295	96.7	298	197	66.1	314	292	93.0	286	285	99.7	300	206	68.7	330
10	Boys	279	258	92.5	273	147	53.8	264	230	87.0	269	261	97.0	279	226	81.0	303
10	Girls	260	242	93.1	242	129	53.3	256	237	93.0	244	231	94.7	262	228	87.0	284
11	Boys	45	40	88.9	44	17	38.6	48	40	83.0	46	42	91.3	49	38	77.6	61
11	Girls	44	38	86.4	42	3	7.1	48	42	88.0	43	40	93.0	43	34	79.1	56
12	Boys	6	3	50.0	5	0	0.0	7	6	86.0	7	7	100.0	6	3	50.0	12
12	Girls	6	5	83.3	7	0	0.0	8	6	75.0	7	5	71.4	7	5	71.4	13
Totals		1,269	1,193	94.0	1,237	698	56.4	1,281	1,147	89.5	1,209	1,173	97.0	1,273	929	73.0	1,417

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
West Springfield Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	36	100.0	36	34	94.4	36	36	100.0	36	34	94.4	36	25	69.4	36
04	Girls	37	37	100.0	37	37	100.0	37	37	100.0	37	37	100.0	37	31	83.8	37
05	Boys	41	41	100.0	41	40	97.6	41	41	100.0	41	41	100.0	41	33	80.5	41
05	Girls	33	31	93.9	33	33	100.0	33	33	100.0	33	33	100.0	33	24	72.7	35
06	Boys	41	41	100.0	40	38	95.0	41	41	100.0	41	40	97.6	41	33	80.5	41
06	Girls	30	30	100.0	30	30	100.0	30	30	100.0	30	30	100.0	30	20	66.7	30
Totals		218	216	99.1	217	212	97.7	218	218	100.0	218	215	98.6	218	166	76.1	220

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
West Springfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	279	264	94.6	275	201	73.1	278	268	96.0	276	273	98.9	276	255	92.4	281
09	Girls	245	238	97.1	238	210	88.2	249	245	98.0	248	246	99.2	246	242	98.4	250
10	Boys	246	236	95.9	234	115	49.1	247	220	89.0	246	244	99.2	246	200	81.3	255
10	Girls	269	265	98.5	248	183	73.8	272	260	96.0	270	268	99.3	264	254	96.2	280
11	Boys	3	3	100.0	3	2	66.7	3	3	100.0	3	3	100.0	3	3	100.0	3
11	Girls	6	6	100.0	6	3	50.0	6	6	100.0	6	6	100.0	6	6	100.0	7
12	Boys	4	1	25.0	3	0	0.0	1	1	100.0	1	1	100.0	4	0	0.0	6
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,052	1,013	96.3	1,007	714	70.9	1,056	1,003	95.0	1,050	1,041	99.1	1,045	960	91.9	1,084

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Westbriar Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	70	100.0	70	62	88.6	70	69	99.0	70	70	100.0	70	67	95.7	70
04	Girls	69	69	100.0	70	70	100.0	70	70	100.0	70	70	100.0	69	67	97.1	70
05	Boys	58	53	91.4	59	53	89.8	59	59	100.0	59	59	100.0	59	56	94.9	59
05	Girls	63	61	96.8	63	63	100.0	63	63	100.0	63	63	100.0	62	60	96.8	63
06	Boys	76	75	98.7	76	68	89.5	76	75	99.0	76	76	100.0	76	76	100.0	76
06	Girls	65	65	100.0	65	64	98.5	65	65	100.0	65	65	100.0	65	65	100.0	65
Totals		401	393	98.0	403	380	94.3	403	401	99.5	403	403	100.0	401	391	97.5	403

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Westfield HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	299	296	99.0	297	246	82.8	299	292	98.0	297	271	91.2	278	217	78.1	308
09	Girls	302	290	96.0	301	262	87.0	303	296	98.0	305	286	93.8	289	247	85.5	307
10	Boys	318	315	99.1	319	206	64.6	324	299	92.0	324	280	86.4	321	244	76.0	330
10	Girls	285	274	96.1	283	214	75.6	290	276	95.0	291	253	86.9	290	243	83.8	297
11	Boys	2	2	100.0	2	2	100.0	3	3	100.0	3	3	100.0	2	2	100.0	9
11	Girls	5	5	100.0	4	1	25.0	4	4	100.0	5	4	80.0	5	3	60.0	7
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		1,211	1,182	97.6	1,206	931	77.2	1,223	1,170	95.7	1,225	1,097	89.6	1,185	956	80.7	1,264

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Westgate Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	20	60.6	33	25	75.8	33	29	88.0	33	33	100.0	33	13	39.4	33
04	Girls	27	15	55.6	27	26	96.3	27	26	96.0	27	26	96.3	27	10	37.0	27
05	Boys	33	29	87.9	33	26	78.8	33	27	82.0	33	33	100.0	33	13	39.4	33
05	Girls	40	29	72.5	40	39	97.5	40	39	98.0	40	40	100.0	40	15	37.5	41
06	Boys	38	18	47.4	38	25	65.8	38	33	87.0	38	36	94.7	38	12	31.6	38
06	Girls	30	20	66.7	30	27	90.0	30	29	97.0	30	30	100.0	30	16	53.3	30
Totals		201	131	65.2	201	168	83.6	201	183	91.0	201	198	98.5	201	79	39.3	202

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Westlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	49	60.5	81	30	37.0	81	73	90.0	81	65	80.2	81	50	61.7	81
04	Girls	51	30	58.8	51	51	100.0	51	50	98.0	51	42	82.4	51	30	58.8	51
05	Boys	60	44	73.3	60	38	63.3	60	60	100.0	60	53	88.3	60	40	66.7	60
05	Girls	44	31	70.5	44	39	88.6	44	42	96.0	44	41	93.2	44	26	59.1	44
06	Boys	58	33	56.9	58	22	37.9	58	54	93.0	58	49	84.5	58	34	58.6	58
06	Girls	41	28	68.3	41	36	87.8	41	41	100.0	41	39	95.1	41	32	78.0	41
Totals		335	215	64.2	335	216	64.5	335	320	95.5	335	289	86.3	335	212	63.3	335

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Weyanoke Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	35	76.1	46	39	84.8	47	43	92.0	46	45	97.8	46	35	76.1	47
04	Girls	48	37	77.1	48	48	100.0	48	48	100.0	48	48	100.0	48	32	66.7	48
05	Boys	50	45	90.0	50	46	92.0	51	51	100.0	51	49	96.1	50	42	84.0	51
05	Girls	32	26	81.3	32	32	100.0	32	32	100.0	32	30	93.8	32	24	75.0	32
Totals		176	143	81.3	176	165	93.8	178	174	97.8	177	172	97.2	176	133	75.6	178

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
White Oaks Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	60	96.8	62	53	85.5	62	62	100.0	62	58	93.5	62	58	93.5	62
04	Girls	79	75	94.9	79	79	100.0	79	78	99.0	79	79	100.0	79	67	84.8	79
05	Boys	72	65	90.3	72	67	93.1	72	70	97.0	72	66	91.7	72	63	87.5	72
05	Girls	73	65	89.0	73	71	97.3	73	70	96.0	73	69	94.5	73	51	69.9	73
06	Boys	76	75	98.7	76	71	93.4	76	75	99.0	76	73	96.1	76	68	89.5	76
06	Girls	71	66	93.0	71	70	98.6	71	70	99.0	71	68	95.8	71	59	83.1	71
Totals		433	406	93.8	433	411	94.9	433	425	98.2	433	413	95.4	433	366	84.5	433

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Whitman MS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	230	219	95.2	229	101	44.1	236	204	86.0	232	214	92.2	234	181	77.4	239
07	Girls	214	199	93.0	212	138	65.1	216	200	93.0	211	206	97.6	218	177	81.2	225
08	Boys	247	243	98.4	247	149	60.3	245	223	91.0	247	238	96.4	247	223	90.3	252
08	Girls	228	219	96.1	226	125	55.3	228	219	96.0	230	219	95.2	229	210	91.7	235
Totals		919	880	95.8	914	513	56.1	925	846	91.5	920	877	95.3	928	791	85.2	951

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Willow Springs Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	102	102	100.0	102	83	81.4	103	103	100.0	103	103	100.0	101	96	95.0	104
04	Girls	82	82	100.0	82	82	100.0	82	82	100.0	82	82	100.0	82	81	98.8	82
05	Boys	83	83	100.0	83	74	89.2	85	85	100.0	83	83	100.0	83	83	100.0	87
05	Girls	70	70	100.0	70	70	100.0	70	70	100.0	70	70	100.0	70	68	97.1	70
06	Boys	87	87	100.0	87	79	90.8	87	87	100.0	86	86	100.0	87	85	97.7	88
06	Girls	97	97	100.0	97	97	100.0	97	97	100.0	97	97	100.0	97	96	99.0	98
Totals		521	521	100.0	521	485	93.1	524	524	100.0	521	521	100.0	520	509	97.9	529

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Wolftrap Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	38	95.0	39	34	87.2	39	39	100.0	41	34	82.9	41	39	95.1	41
04	Girls	41	41	100.0	42	42	100.0	42	42	100.0	42	40	95.2	40	40	100.0	42
05	Boys	44	40	90.9	44	41	93.2	42	42	100.0	44	35	79.5	44	42	95.5	44
05	Girls	49	43	87.8	51	50	98.0	49	49	100.0	51	51	100.0	51	48	94.1	52
06	Boys	52	49	94.2	52	50	96.2	51	51	100.0	53	46	86.8	52	48	92.3	53
06	Girls	38	36	94.7	38	36	94.7	36	36	100.0	38	36	94.7	38	37	97.4	38
Totals		264	247	93.6	266	253	95.1	259	259	100.0	269	242	90.0	266	254	95.5	270

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Woodburn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	31	86.1	36	23	63.9	36	36	100.0	36	33	91.7	36	17	47.2	36
04	Girls	40	39	97.5	40	40	100.0	40	40	100.0	40	36	90.0	40	21	52.5	40
05	Boys	34	29	85.3	34	19	55.9	34	34	100.0	34	32	94.1	34	18	52.9	34
05	Girls	22	16	72.7	22	22	100.0	22	22	100.0	22	22	100.0	22	10	45.5	22
06	Boys	26	26	100.0	26	19	73.1	26	26	100.0	26	24	92.3	26	15	57.7	26
06	Girls	31	28	90.3	31	31	100.0	31	31	100.0	31	31	100.0	30	17	56.7	31
Totals		189	169	89.4	189	154	81.5	189	189	100.0	189	178	94.2	188	98	52.1	189

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Woodlawn Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	26	63.4	41	24	58.5	41	33	81.0	41	33	80.5	41	36	87.8	41
04	Girls	43	34	79.1	43	43	100.0	43	38	88.0	43	33	76.7	43	34	79.1	43
05	Boys	39	24	61.5	39	25	64.1	39	38	97.0	39	31	79.5	39	29	74.4	39
05	Girls	44	33	75.0	44	40	90.9	44	42	96.0	44	40	90.9	44	35	79.5	44
06	Boys	40	31	77.5	40	24	60.0	40	38	95.0	40	35	87.5	40	34	85.0	40
06	Girls	38	24	63.2	38	34	89.5	38	37	97.0	38	34	89.5	38	35	92.1	38
Totals		245	172	70.2	245	190	77.6	245	226	92.2	245	206	84.1	245	203	82.9	245

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Woodley Hills Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	40	90.9	45	26	57.8	45	45	100.0	45	44	97.8	44	37	84.1	45
04	Girls	47	46	97.9	47	47	100.0	47	47	100.0	47	47	100.0	47	41	87.2	47
05	Boys	49	47	95.9	49	41	83.7	49	47	96.0	49	49	100.0	49	43	87.8	50
05	Girls	37	34	91.9	37	37	100.0	38	37	97.0	37	37	100.0	37	33	89.2	38
06	Boys	47	46	97.9	47	35	74.5	47	46	98.0	47	47	100.0	47	43	91.5	47
06	Girls	52	48	92.3	52	44	84.6	52	50	96.0	52	52	100.0	52	43	82.7	52
Totals		276	261	94.6	277	230	83.0	278	272	97.8	277	276	99.6	276	240	87.0	279

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2016-2017
Woodson HS**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	277	275	99.3	276	177	64.1	280	276	99.0	278	261	93.9	276	249	90.2	282
09	Girls	275	269	97.8	278	218	78.4	283	282	100.0	283	275	97.2	280	274	97.9	286
10	Boys	304	300	98.7	302	116	38.4	307	296	96.0	303	252	83.2	304	234	77.0	310
10	Girls	271	268	98.9	268	150	56.0	275	271	99.0	272	246	90.4	273	257	94.1	281
11	Boys	10	10	100.0	9	2	22.2	10	10	100.0	10	7	70.0	10	8	80.0	10
11	Girls	4	4	100.0	4	2	50.0	4	4	100.0	4	3	75.0	4	4	100.0	4
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
Totals		1,142	1,127	98.7	1,138	665	58.4	1,160	1,140	98.3	1,151	1,045	90.8	1,148	1,027	89.5	1,179