

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Achievement, Integrity and Maturity**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	4	3	75.0	5	3	60.0	5	5	100.0	4	4	100.0	4	3	75.0	9
09	Girls	1	1	100.0	1	1	100.0	0	0	0.0	0	0	0.0	1	1	100.0	1
10	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
11	Boys	1	1	100.0	1	0	0.0	1	1	100.0	0	0	0.0	1	1	100.0	3
Totals		6	5	83.3	7	4	57.1	6	6	100.0	4	4	100.0	6	5	83.3	18

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
05	Boys	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
06	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
07	Boys	7	7	100.0	6	3	50.0	6	6	100.0	3	3	100.0	7	6	85.7	9
07	Girls	3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	3	2	66.7	3
08	Boys	27	27	100.0	26	14	53.8	27	26	96.0	15	12	80.0	28	21	75.0	28
08	Girls	12	10	83.3	13	4	30.8	12	12	100.0	6	5	83.3	12	8	66.7	14
Totals		51	48	94.1	50	24	48.0	50	49	98.0	29	25	86.2	52	39	75.0	56

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	3	60.0	6	1	16.7	7	5	71.0	2	2	100.0	6	3	50.0	9
09	Girls	3	3	100.0	3	2	66.7	3	3	100.0	3	3	100.0	4	4	100.0	4
10	Boys	13	7	53.8	13	4	30.8	12	12	100.0	7	7	100.0	12	7	58.3	20
10	Girls	4	4	100.0	4	1	25.0	4	4	100.0	3	3	100.0	4	3	75.0	5
Totals		25	17	68.0	26	8	30.8	26	24	92.3	15	15	100.0	26	17	65.4	38

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Aldrin Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	43	35	81.4	43	34	79.0	43	34	79.1	41	41	100.0	43
04	Girls	40	39	97.5	41	41	100.0	42	38	91.0	41	32	78.0	39	39	100.0	44
05	Boys	39	39	100.0	36	32	88.9	41	37	90.0	41	31	75.6	41	39	95.1	42
05	Girls	38	37	97.4	37	37	100.0	40	39	98.0	40	33	82.5	39	39	100.0	40
06	Boys	52	50	96.2	52	36	69.2	52	43	83.0	52	47	90.4	52	50	96.2	52
06	Girls	28	28	100.0	28	28	100.0	28	26	93.0	28	26	92.9	28	28	100.0	28
Totals		240	236	98.3	237	209	88.2	246	217	88.2	245	203	82.9	240	236	98.3	249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Annandale High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	241	235	97.5	249	203	81.5	263	246	94.0	260	242	93.1	238	154	64.7	268
09	Girls	206	189	91.7	205	165	80.5	214	200	94.0	210	193	91.9	204	151	74.0	215
10	Boys	203	196	96.6	237	150	63.3	252	234	93.0	248	233	94.0	238	112	47.1	253
10	Girls	197	193	98.0	212	176	83.0	217	209	96.0	215	211	98.1	215	173	80.5	224
11	Boys	27	23	85.2	30	14	46.7	41	36	88.0	38	31	81.6	29	12	41.4	42
11	Girls	34	32	94.1	42	19	45.2	46	41	89.0	45	45	100.0	41	27	65.9	49
12	Boys	4	4	100.0	5	2	40.0	15	8	53.0	13	6	46.2	5	2	40.0	18
12	Girls	1	1	100.0	1	1	100.0	4	3	75.0	3	1	33.3	1	1	100.0	4
Totals		913	873	95.6	981	730	74.4	1,052	977	92.9	1,032	962	93.2	971	632	65.1	1,073

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Annandale Terrace Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	44	86.3	51	18	35.3	51	47	92.0	51	33	64.7	51	42	82.4	52
04	Girls	52	45	86.5	52	52	100.0	52	52	100.0	52	35	67.3	52	39	75.0	52
05	Boys	45	32	71.1	47	20	42.6	46	43	94.0	46	29	63.0	44	35	79.5	48
05	Girls	61	49	80.3	63	44	69.8	63	59	94.0	62	37	59.7	60	45	75.0	64
Totals		209	170	81.3	213	134	62.9	212	201	94.8	211	134	63.5	207	161	77.8	216

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Archer Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	67	98.5	68	60	88.2	68	51	75.0	68	49	72.1	68	63	92.6	68
04	Girls	50	50	100.0	50	50	100.0	50	45	90.0	50	43	86.0	50	40	80.0	50
05	Boys	63	62	98.4	62	52	83.9	63	52	83.0	63	58	92.1	63	49	77.8	63
05	Girls	41	40	97.6	41	37	90.2	41	34	83.0	41	40	97.6	41	27	65.9	41
06	Boys	59	59	100.0	59	46	78.0	59	54	92.0	59	57	96.6	59	52	88.1	59
06	Girls	68	68	100.0	68	68	100.0	68	62	91.0	68	67	98.5	68	61	89.7	68
Totals		349	346	99.1	348	313	89.9	349	298	85.4	349	314	90.0	349	292	83.7	349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Armstrong Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	30	88.2	34	24	70.6	34	27	79.0	34	30	88.2	34	30	88.2	35
04	Girls	31	30	96.8	31	30	96.8	31	29	94.0	31	31	100.0	31	24	77.4	33
05	Boys	37	31	83.8	38	31	81.6	38	30	79.0	38	36	94.7	38	32	84.2	39
05	Girls	27	24	88.9	27	27	100.0	27	25	93.0	27	27	100.0	27	23	85.2	27
06	Boys	26	17	65.4	26	19	73.1	26	24	92.0	26	26	100.0	26	19	73.1	30
06	Girls	35	29	82.9	35	35	100.0	35	32	91.0	35	35	100.0	35	28	80.0	35
Totals		190	161	84.7	191	166	86.9	191	167	87.4	191	185	96.9	191	156	81.7	199

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bailey's Upper Elementary School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	100	95	95.0	100	54	54.0	100	87	87.0	99	93	93.9	99	86	86.9	100
04	Girls	89	81	91.0	89	89	100.0	89	82	92.0	89	83	93.3	89	68	76.4	90
05	Boys	94	83	88.3	94	69	73.4	95	87	92.0	93	87	93.5	94	77	81.9	95
05	Girls	87	79	90.8	87	79	90.8	87	87	100.0	87	84	96.6	87	61	70.1	87
Totals		370	338	91.4	370	291	78.6	371	343	92.5	368	347	94.3	369	292	79.1	372

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Beech Tree Elementary School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	29	19	65.5	29	3	10.3	29	20	69.0	29	26	89.7	29	25	86.2	29
04	Girls	31	30	96.8	31	30	96.8	31	26	84.0	31	30	96.8	31	30	96.8	31
05	Boys	25	20	80.0	25	7	28.0	25	23	92.0	25	24	96.0	25	23	92.0	25
05	Girls	25	21	84.0	25	22	88.0	25	21	84.0	25	24	96.0	25	23	92.0	25
Totals		110	90	81.8	110	62	56.4	110	90	81.8	110	104	94.5	110	101	91.8	110

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Belle View Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	28	80.0	33	24	72.7	35	33	94.0	34	33	97.1	35	30	85.7	38
04	Girls	33	32	97.0	34	32	94.1	33	32	97.0	34	33	97.1	34	30	88.2	35
05	Boys	30	28	93.3	31	29	93.5	31	30	97.0	31	31	100.0	28	20	71.4	32
05	Girls	33	32	97.0	33	33	100.0	33	33	100.0	33	33	100.0	32	26	81.3	33
06	Boys	30	30	100.0	30	24	80.0	30	27	90.0	30	30	100.0	29	27	93.1	31
06	Girls	34	30	88.2	34	31	91.2	34	32	94.0	34	34	100.0	34	31	91.2	35
Totals		195	180	92.3	195	173	88.7	196	187	95.4	196	194	99.0	192	164	85.4	204

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Belvedere Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	48	76.2	63	40	63.5	57	55	97.0	63	61	96.8	63	48	76.2	64
04	Girls	68	58	85.3	68	66	97.1	61	60	98.0	68	66	97.1	68	56	82.4	68
05	Boys	62	45	72.6	62	42	67.7	62	60	97.0	62	62	100.0	62	49	79.0	62
05	Girls	94	73	77.7	94	86	91.5	94	94	100.0	94	93	98.9	94	68	72.3	94
Totals		287	224	78.0	287	234	81.5	274	269	98.2	287	282	98.3	287	221	77.0	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bonnie Brae Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	28	65.1	42	27	64.3	43	37	86.0	43	37	86.0	43	21	48.8	44
04	Girls	50	45	90.0	50	48	96.0	50	49	98.0	50	41	82.0	50	18	36.0	50
05	Boys	52	43	82.7	51	40	78.4	52	50	96.0	52	45	86.5	52	31	59.6	52
05	Girls	48	30	62.5	48	40	83.3	48	47	98.0	48	36	75.0	48	15	31.3	48
06	Boys	60	46	76.7	61	44	72.1	61	53	87.0	60	48	80.0	60	35	58.3	61
06	Girls	57	45	78.9	57	55	96.5	57	57	100.0	57	47	82.5	57	38	66.7	57
Totals		310	237	76.5	309	254	82.2	311	293	94.2	310	254	81.9	310	158	51.0	312

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Braddock Elementary School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	67	65	97.0	67	39	58.2	67	65	97.0	67	50	74.6	67	57	85.1	68
04	Girls	64	62	96.9	64	63	98.4	64	61	95.0	64	54	84.4	64	47	73.4	64
05	Boys	76	74	97.4	76	43	56.6	76	74	97.0	76	52	68.4	76	64	84.2	76
05	Girls	73	70	95.9	73	67	91.8	73	71	97.0	73	59	80.8	73	63	86.3	73
Totals		280	271	96.8	280	212	75.7	280	271	96.8	280	215	76.8	280	231	82.5	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bren Mar Park Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	13	30.2	43	30	69.8	43	42	98.0	43	28	65.1	43	20	46.5	43
04	Girls	45	18	40.0	45	45	100.0	45	45	100.0	45	29	64.4	45	16	35.6	45
05	Boys	32	12	37.5	32	17	53.1	32	30	94.0	32	24	75.0	32	21	65.6	32
05	Girls	46	11	23.9	46	42	91.3	48	48	100.0	48	41	85.4	46	25	54.3	48
Totals		166	54	32.5	166	134	80.7	168	165	98.2	168	122	72.6	166	82	49.4	168

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Brookfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	55	88.7	62	31	50.0	63	60	95.0	60	49	81.7	63	38	60.3	63
04	Girls	56	46	82.1	56	56	100.0	56	56	100.0	56	44	78.6	56	39	69.6	56
05	Boys	60	44	73.3	60	32	53.3	60	59	98.0	58	57	98.3	60	40	66.7	62
05	Girls	59	43	72.9	60	49	81.7	60	57	95.0	60	54	90.0	59	20	33.9	60
06	Boys	70	61	87.1	70	32	45.7	70	69	99.0	70	67	95.7	70	35	50.0	70
06	Girls	49	36	73.5	49	32	65.3	49	47	96.0	48	46	95.8	49	18	36.7	49
Totals		356	285	80.1	357	232	65.0	358	348	97.2	352	317	90.1	357	190	53.2	360

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bryant High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	4	2	50.0	5	0	0.0	5	2	40.0	5	4	80.0	4	0	0.0	6
09	Girls	6	5	83.3	6	0	0.0	7	7	100.0	5	4	80.0	5	3	60.0	9
10	Boys	11	5	45.5	13	0	0.0	13	9	69.0	10	6	60.0	11	5	45.5	17
10	Girls	13	7	53.8	13	0	0.0	12	10	83.0	12	9	75.0	12	4	33.3	19
11	Boys	8	5	62.5	9	0	0.0	8	7	88.0	8	1	12.5	9	4	44.4	18
11	Girls	9	2	22.2	9	0	0.0	9	9	100.0	9	6	66.7	6	2	33.3	14
12	Boys	2	1	50.0	1	0	0.0	2	2	100.0	2	2	100.0	0	0	0.0	6
12	Girls	1	0	0.0	0	0	0.0	1	0	0.0	0	0	0.0	1	0	0.0	10
Totals		54	27	50.0	56	0	0.0	57	46	80.7	51	32	62.7	48	18	37.5	99

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bucknell Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	17	17	100.0	17	9	52.9	17	12	71.0	17	17	100.0	17	17	100.0	17
04	Girls	8	7	87.5	8	8	100.0	8	7	88.0	8	8	100.0	8	8	100.0	8
05	Boys	20	20	100.0	20	12	60.0	20	16	80.0	20	19	95.0	20	20	100.0	20
05	Girls	22	22	100.0	22	20	90.9	22	20	91.0	22	21	95.5	22	21	95.5	22
06	Boys	10	10	100.0	10	8	80.0	10	7	70.0	10	9	90.0	10	9	90.0	10
06	Girls	18	18	100.0	18	18	100.0	18	18	100.0	18	18	100.0	18	17	94.4	18
Totals		95	94	98.9	95	75	78.9	95	80	84.2	95	92	96.8	95	92	96.8	95

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bull Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	77	76	98.7	75	61	81.3	77	77	100.0	77	77	100.0	77	76	98.7	77
04	Girls	55	55	100.0	55	54	98.2	55	55	100.0	55	55	100.0	55	49	89.1	55
05	Boys	73	71	97.3	73	56	76.7	73	73	100.0	73	72	98.6	73	67	91.8	73
05	Girls	52	51	98.1	52	49	94.2	54	54	100.0	54	51	94.4	52	51	98.1	54
06	Boys	64	64	100.0	63	41	65.1	64	62	97.0	64	64	100.0	64	64	100.0	64
06	Girls	75	75	100.0	66	60	90.9	75	74	99.0	75	75	100.0	75	75	100.0	75
Totals		396	392	99.0	384	321	83.6	398	395	99.2	398	394	99.0	396	382	96.5	398

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018**

Burke School

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	6	5	83.3	8	4	50.0	8	7	88.0	5	4	80.0	6	3	50.0	23
07	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	1	0	0.0	2
08	Boys	5	3	60.0	4	0	0.0	5	5	100.0	3	2	66.7	4	1	25.0	24
08	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
Totals		13	10	76.9	14	5	35.7	15	14	93.3	10	8	80.0	11	4	36.4	54

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Bush Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	22	95.7	24	20	83.3	24	24	100.0	24	22	91.7	24	24	100.0	25
04	Girls	22	21	95.5	22	22	100.0	22	22	100.0	22	21	95.5	22	22	100.0	22
05	Boys	40	37	92.5	40	30	75.0	40	40	100.0	40	40	100.0	40	39	97.5	41
05	Girls	26	25	96.2	25	25	100.0	26	26	100.0	26	25	96.2	25	25	100.0	27
06	Boys	32	30	93.8	32	21	65.6	32	31	97.0	32	31	96.9	32	29	90.6	34
06	Girls	22	22	100.0	22	21	95.5	23	23	100.0	22	22	100.0	22	22	100.0	23
Totals		165	157	95.2	165	139	84.2	167	166	99.4	166	161	97.0	165	161	97.6	172

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Camelot Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	45	97.8	50	32	64.0	50	48	96.0	48	35	72.9	48	44	91.7	50
04	Girls	46	45	97.8	48	47	97.9	48	45	94.0	46	39	84.8	46	35	76.1	48
05	Boys	32	30	93.8	33	24	72.7	33	30	91.0	32	24	75.0	32	25	78.1	33
05	Girls	37	35	94.6	36	35	97.2	37	37	100.0	37	30	81.1	37	28	75.7	37
06	Boys	40	37	92.5	40	22	55.0	40	37	93.0	40	32	80.0	40	29	72.5	40
06	Girls	53	44	83.0	53	46	86.8	53	51	96.0	53	48	90.6	53	34	64.2	54
Totals		254	236	92.9	260	206	79.2	261	248	95.0	256	208	81.3	256	195	76.2	262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cameron Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	30	23	76.7	30	30	100.0	30	25	83.3	30	28	93.3	30
04	Girls	36	34	94.4	36	36	100.0	36	36	100.0	36	28	77.8	36	31	86.1	36
05	Boys	23	22	95.7	23	12	52.2	23	23	100.0	23	20	87.0	23	21	91.3	23
05	Girls	34	31	91.2	34	30	88.2	34	34	100.0	34	31	91.2	34	34	100.0	34
06	Boys	36	33	91.7	36	27	75.0	36	36	100.0	36	24	66.7	36	25	69.4	36
06	Girls	36	34	94.4	36	33	91.7	37	37	100.0	36	36	100.0	36	30	83.3	37
Totals		195	183	93.8	195	161	82.6	196	196	100.0	195	164	84.1	195	169	86.7	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Canterbury Woods Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	82	77	93.9	81	61	75.3	82	71	87.0	81	79	97.5	82	71	86.6	82
04	Girls	69	65	94.2	68	67	98.5	69	63	91.0	68	68	100.0	69	61	88.4	69
05	Boys	70	61	87.1	70	60	85.7	70	70	100.0	70	69	98.6	70	62	88.6	70
05	Girls	56	51	91.1	56	54	96.4	56	56	100.0	56	56	100.0	56	47	83.9	56
06	Boys	87	83	95.4	87	69	79.3	87	86	99.0	87	86	98.9	87	67	77.0	87
06	Girls	92	86	93.5	92	90	97.8	92	92	100.0	92	91	98.9	92	70	76.1	92
Totals		456	423	92.8	454	401	88.3	456	438	96.1	454	449	98.9	456	378	82.9	456

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cardinal Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	36	92.3	40	23	57.5	40	27	68.0	40	38	95.0	39	28	71.8	40
04	Girls	38	37	97.4	39	39	100.0	39	36	92.0	38	38	100.0	38	31	81.6	39
05	Boys	44	43	97.7	45	34	75.6	45	36	80.0	45	42	93.3	43	34	79.1	45
05	Girls	45	39	86.7	45	43	95.6	45	39	87.0	45	43	95.6	45	29	64.4	45
06	Boys	45	44	97.8	45	27	60.0	45	38	84.0	44	44	100.0	45	28	62.2	45
06	Girls	39	34	87.2	39	32	82.1	40	35	88.0	40	37	92.5	40	18	45.0	40
Totals		250	233	93.2	253	198	78.3	254	211	83.1	252	242	96.0	250	168	67.2	254

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Carson Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	383	335	87.5	387	246	63.6	388	352	91.0	388	254	65.5	386	269	69.7	390
07	Girls	328	289	88.1	328	272	82.9	327	311	95.0	328	262	79.9	327	276	84.4	331
08	Boys	381	340	89.2	381	265	69.6	384	345	90.0	384	262	68.2	379	229	60.4	388
08	Girls	366	343	93.7	366	316	86.3	369	348	94.0	369	279	75.6	366	232	63.4	371
Totals		1,458	1,307	89.6	1,462	1,099	75.2	1,468	1,356	92.4	1,469	1,057	72.0	1,458	1,006	69.0	1,480

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	9	7	77.8	9	1	11.1	10	9	90.0	1	1	100.0	9	3	33.3	15
09	Girls	5	3	60.0	6	1	16.7	5	3	60.0	1	0	0.0	5	3	60.0	8
10	Boys	7	6	85.7	7	1	14.3	6	4	67.0	0	0	0.0	6	2	33.3	9
10	Girls	4	3	75.0	5	0	0.0	5	5	100.0	0	0	0.0	5	2	40.0	9
11	Boys	2	0	0.0	3	0	0.0	2	2	100.0	0	0	0.0	2	0	0.0	4
11	Girls	1	1	100.0	1	0	0.0	1	1	100.0	0	0	0.0	1	1	100.0	1
Totals		28	20	71.4	31	3	9.7	29	24	82.8	2	1	50.0	28	11	39.3	46

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Centre Ridge Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	56	100.0	55	36	65.5	57	50	88.0	55	52	94.5	54	51	94.4	57
04	Girls	49	48	98.0	48	48	100.0	49	46	94.0	49	48	98.0	46	38	82.6	49
05	Boys	52	52	100.0	53	38	71.7	55	39	71.0	52	51	98.1	51	26	51.0	55
05	Girls	43	42	97.7	43	40	93.0	45	44	98.0	43	41	95.3	44	23	52.3	45
06	Boys	62	60	96.8	58	48	82.8	60	53	88.0	58	55	94.8	57	40	70.2	62
06	Girls	57	56	98.2	55	50	90.9	57	52	91.0	57	57	100.0	57	36	63.2	57
Totals		319	314	98.4	312	260	83.3	323	284	87.9	314	304	96.8	309	214	69.3	325

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Centreville Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	61	98.4	62	47	75.8	62	55	89.0	62	40	64.5	62	59	95.2	63
04	Girls	64	63	98.4	64	63	98.4	64	58	91.0	64	48	75.0	64	59	92.2	64
05	Boys	61	59	96.7	61	43	70.5	61	55	90.0	61	29	47.5	61	58	95.1	61
05	Girls	68	65	95.6	67	63	94.0	68	63	93.0	68	50	73.5	68	59	86.8	68
06	Boys	70	70	100.0	70	42	60.0	70	61	87.0	70	42	60.0	70	55	78.6	71
06	Girls	87	84	96.6	87	73	83.9	87	83	95.0	87	67	77.0	87	68	78.2	87
Totals		412	402	97.6	411	331	80.5	412	375	91.0	412	276	67.0	412	358	86.9	414

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Centreville High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	264	258	97.7	268	191	71.3	272	251	92.0	270	259	95.9	265	222	83.8	281
09	Girls	310	304	98.1	312	230	73.7	314	299	95.0	312	312	100.0	310	293	94.5	321
10	Boys	319	314	98.4	314	137	43.6	328	293	89.0	320	282	88.1	318	262	82.4	337
10	Girls	266	264	99.2	267	132	49.4	274	267	97.0	270	257	95.2	263	249	94.7	276
11	Boys	13	12	92.3	13	6	46.2	13	13	100.0	13	9	69.2	13	10	76.9	13
11	Girls	5	5	100.0	4	2	50.0	7	6	86.0	4	4	100.0	5	5	100.0	7
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		1,178	1,158	98.3	1,179	698	59.2	1,209	1,130	93.5	1,190	1,124	94.5	1,175	1,042	88.7	1,238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Chantilly High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	341	331	97.1	328	278	84.8	344	340	99.0	338	274	81.1	339	286	84.4	348
09	Girls	310	306	98.7	308	285	92.5	321	320	100.0	321	293	91.3	320	304	95.0	326
10	Boys	312	303	97.1	319	231	72.4	317	314	99.0	313	237	75.7	312	245	78.5	320
10	Girls	290	285	98.3	288	251	87.2	294	291	99.0	289	263	91.0	286	259	90.6	304
11	Boys	11	9	81.8	11	3	27.3	11	10	91.0	11	7	63.6	10	8	80.0	12
11	Girls	9	9	100.0	9	2	22.2	9	8	89.0	9	6	66.7	9	6	66.7	11
12	Boys	8	2	25.0	7	1	14.3	8	5	63.0	7	3	42.9	8	2	25.0	8
12	Girls	1	0	0.0	1	0	0.0	1	1	100.0	1	1	100.0	3	0	0.0	4
Totals		1,282	1,245	97.1	1,271	1,051	82.7	1,305	1,289	98.8	1,289	1,084	84.1	1,287	1,110	86.2	1,333

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cherry Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	31	83.8	37	24	64.9	36	24	67.0	37	36	97.3	37	30	81.1	38
04	Girls	25	23	92.0	25	23	92.0	24	19	79.0	25	25	100.0	25	23	92.0	25
05	Boys	22	21	95.5	23	21	91.3	24	18	75.0	24	23	95.8	23	23	100.0	24
05	Girls	28	23	82.1	28	28	100.0	28	26	93.0	28	28	100.0	28	26	92.9	28
06	Boys	24	23	95.8	24	19	79.2	24	18	75.0	24	22	91.7	24	23	95.8	24
06	Girls	25	24	96.0	26	23	88.5	25	24	96.0	25	25	100.0	26	21	80.8	26
Totals		161	145	90.1	163	138	84.7	161	129	80.1	163	159	97.5	163	146	89.6	165

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Chesterbrook Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	47	88.7	53	45	84.9	53	50	94.0	53	47	88.7	53	45	84.9	53
04	Girls	55	52	94.5	55	55	100.0	55	54	98.0	55	53	96.4	55	40	72.7	55
05	Boys	61	60	98.4	61	57	93.4	61	55	90.0	61	60	98.4	61	55	90.2	61
05	Girls	49	42	85.7	49	47	95.9	49	45	92.0	49	48	98.0	49	34	69.4	49
06	Boys	49	40	81.6	49	41	83.7	49	49	100.0	49	47	95.9	49	37	75.5	49
06	Girls	41	39	95.1	41	41	100.0	41	40	98.0	41	40	97.6	41	34	82.9	41
Totals		308	280	90.9	308	286	92.9	308	293	95.1	308	295	95.8	308	245	79.5	308

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Churchill Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	68	90.7	74	52	70.3	79	66	84.0	75	67	89.3	75	64	85.3	79
04	Girls	54	48	88.9	54	54	100.0	56	51	91.0	54	51	94.4	54	45	83.3	56
05	Boys	66	59	89.4	67	52	77.6	69	53	77.0	65	63	96.9	66	52	78.8	69
05	Girls	60	51	85.0	60	58	96.7	62	55	89.0	60	60	100.0	60	45	75.0	62
06	Boys	74	65	87.8	74	55	74.3	76	67	88.0	73	69	94.5	73	53	72.6	76
06	Girls	58	53	91.4	58	57	98.3	59	52	88.0	58	58	100.0	58	44	75.9	59
Totals		387	344	88.9	387	328	84.8	401	344	85.8	385	368	95.6	386	303	78.5	401

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Clearview Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	59	83.1	72	53	73.6	72	64	89.0	71	66	93.0	71	57	80.3	73
04	Girls	40	35	87.5	40	39	97.5	40	39	98.0	40	39	97.5	40	21	52.5	40
05	Boys	62	54	87.1	63	52	82.5	63	59	94.0	63	61	96.8	62	44	71.0	64
05	Girls	42	35	83.3	42	40	95.2	42	42	100.0	42	42	100.0	42	23	54.8	42
06	Boys	47	45	95.7	47	38	80.9	47	47	100.0	47	47	100.0	47	24	51.1	47
06	Girls	41	36	87.8	41	40	97.6	41	41	100.0	41	40	97.6	41	28	68.3	41
Totals		303	264	87.1	305	262	85.9	305	292	95.7	304	295	97.0	303	197	65.0	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Clermont Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	50	94.3	53	34	64.2	53	42	79.0	52	50	96.2	53	50	94.3	53
04	Girls	46	46	100.0	47	47	100.0	47	44	94.0	46	44	95.7	47	45	95.7	47
05	Boys	36	35	97.2	38	22	57.9	38	34	90.0	37	37	100.0	38	33	86.8	38
05	Girls	39	36	92.3	39	37	94.9	38	34	90.0	38	38	100.0	39	31	79.5	39
06	Boys	40	36	90.0	40	20	50.0	40	36	90.0	38	38	100.0	40	32	80.0	40
06	Girls	30	29	96.7	30	26	86.7	29	29	100.0	27	27	100.0	30	27	90.0	30
Totals		244	232	95.1	247	186	75.3	245	219	89.4	238	234	98.3	247	218	88.3	247

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Coates Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	41	87.2	48	14	29.2	48	41	85.0	48	27	56.3	47	28	59.6	48
04	Girls	53	38	71.7	54	52	96.3	54	53	98.0	54	34	63.0	53	19	35.8	54
05	Boys	38	18	47.4	38	11	28.9	38	29	76.0	37	17	45.9	38	12	31.6	38
05	Girls	42	19	45.2	42	30	71.4	42	37	88.0	42	30	71.4	42	19	45.2	42
06	Boys	37	21	56.8	35	19	54.3	37	28	76.0	37	29	78.4	37	14	37.8	38
06	Girls	38	26	68.4	36	32	88.9	37	36	97.0	38	24	63.2	38	17	44.7	38
Totals		255	163	63.9	253	158	62.5	256	224	87.5	256	161	62.9	255	109	42.7	258

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Columbia Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	32	84.2	38	23	60.5	38	33	87.0	38	17	44.7	38	31	81.6	38
04	Girls	53	42	79.2	53	53	100.0	53	51	96.0	53	35	66.0	53	46	86.8	53
05	Boys	42	32	76.2	42	31	73.8	42	34	81.0	42	23	54.8	42	35	83.3	42
05	Girls	40	22	55.0	40	36	90.0	40	34	85.0	40	18	45.0	40	32	80.0	40
Totals		173	128	74.0	173	143	82.7	173	152	87.9	173	93	53.8	173	144	83.2	173

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Colvin Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	52	88.1	59	51	86.4	59	57	97.0	59	33	55.9	59	53	89.8	59
04	Girls	50	41	82.0	50	50	100.0	50	49	98.0	50	32	64.0	50	46	92.0	50
05	Boys	73	71	97.3	73	62	84.9	73	68	93.0	73	38	52.1	73	68	93.2	73
05	Girls	52	49	94.2	52	51	98.1	52	51	98.0	52	41	78.8	52	51	98.1	52
06	Boys	65	59	90.8	65	55	84.6	65	60	92.0	65	40	61.5	65	59	90.8	65
06	Girls	58	57	98.3	58	57	98.3	58	56	97.0	58	45	77.6	58	56	96.6	58
Totals		357	329	92.2	357	326	91.3	357	341	95.5	357	229	64.1	357	333	93.3	357

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cooper Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	245	240	98.0	244	154	63.1	245	245	100.0	243	241	99.2	245	232	94.7	245
07	Girls	265	261	98.5	263	244	92.8	265	264	100.0	264	264	100.0	264	261	98.9	266
08	Boys	194	191	98.5	195	153	78.5	195	190	97.0	195	182	93.3	195	183	93.8	195
08	Girls	203	202	99.5	197	190	96.4	204	204	100.0	202	199	98.5	201	201	100.0	204
Totals		907	894	98.6	899	741	82.4	909	903	99.3	904	886	98.0	905	877	96.9	910

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Crestwood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	22	36.1	61	34	55.7	60	42	70.0	60	56	93.3	61	33	54.1	61
04	Girls	42	13	31.0	42	42	100.0	42	33	79.0	41	38	92.7	42	17	40.5	43
05	Boys	44	15	34.1	44	22	50.0	44	28	64.0	44	42	95.5	44	18	40.9	44
05	Girls	46	25	54.3	46	39	84.8	46	44	96.0	46	45	97.8	46	18	39.1	46
06	Boys	48	21	43.8	49	27	55.1	49	39	80.0	49	48	98.0	48	25	52.1	49
06	Girls	40	19	47.5	40	32	80.0	40	33	83.0	40	35	87.5	40	16	40.0	40
Totals		281	115	40.9	282	196	69.5	281	219	77.9	280	264	94.3	281	127	45.2	283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Crossfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	49	89.1	55	50	90.9	55	55	100.0	54	53	98.1	54	52	96.3	55
04	Girls	50	48	96.0	50	50	100.0	50	49	98.0	50	50	100.0	50	50	100.0	50
05	Boys	53	45	84.9	53	47	88.7	53	52	98.0	56	51	91.1	53	51	96.2	56
05	Girls	52	48	92.3	52	50	96.2	52	52	100.0	52	50	96.2	52	52	100.0	52
06	Boys	67	63	94.0	67	58	86.6	67	67	100.0	67	66	98.5	67	63	94.0	67
06	Girls	56	49	87.5	56	52	92.9	56	55	98.0	56	54	96.4	56	51	91.1	56
Totals		333	302	90.7	333	307	92.2	333	330	99.1	335	324	96.7	332	319	96.1	336

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cub Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	22	95.7	23	12	52.2	24	21	88.0	23	21	91.3	23	22	95.7	24
04	Girls	41	41	100.0	41	40	97.6	41	41	100.0	41	39	95.1	41	39	95.1	41
05	Boys	54	45	83.3	54	37	68.5	54	52	96.0	54	52	96.3	54	41	75.9	55
05	Girls	40	37	92.5	40	39	97.5	40	39	98.0	39	39	100.0	40	37	92.5	40
06	Boys	40	40	100.0	40	33	82.5	41	39	95.0	41	40	97.6	40	35	87.5	41
06	Girls	40	38	95.0	41	37	90.2	41	41	100.0	41	40	97.6	39	30	76.9	41
Totals		238	223	93.7	239	198	82.8	241	233	96.7	239	231	96.7	237	204	86.1	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Cunningham Park Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	28	90.3	31	20	64.5	31	28	90.0	31	31	100.0	31	29	93.5	31
04	Girls	24	23	95.8	24	24	100.0	24	23	96.0	24	24	100.0	24	22	91.7	24
05	Boys	40	39	97.5	40	34	85.0	40	38	95.0	40	40	100.0	40	38	95.0	40
05	Girls	36	32	88.9	36	35	97.2	36	36	100.0	36	36	100.0	36	33	91.7	36
06	Boys	35	29	82.9	35	23	65.7	35	35	100.0	35	35	100.0	35	31	88.6	35
06	Girls	48	44	91.7	48	46	95.8	49	49	100.0	49	49	100.0	47	44	93.6	49
Totals		214	195	91.1	214	182	85.0	215	209	97.2	215	215	100.0	213	197	92.5	215

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Daniels Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	69	66	95.7	70	50	71.4	70	68	97.0	70	55	78.6	70	51	72.9	70
04	Girls	48	48	100.0	49	49	100.0	49	48	98.0	48	43	89.6	48	30	62.5	49
05	Boys	40	38	95.0	41	22	53.7	41	39	95.0	41	33	80.5	40	23	57.5	42
05	Girls	41	38	92.7	41	37	90.2	41	41	100.0	41	38	92.7	41	26	63.4	43
06	Boys	64	61	95.3	64	45	70.3	64	60	94.0	64	55	85.9	63	49	77.8	64
06	Girls	59	54	91.5	59	56	94.9	59	59	100.0	59	58	98.3	59	33	55.9	59
Totals		321	305	95.0	324	259	79.9	324	315	97.2	323	282	87.3	321	212	66.0	327

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Deer Park Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	37	86.0	43	29	67.4	44	42	96.0	43	43	100.0	43	41	95.3	44
04	Girls	48	48	100.0	48	48	100.0	48	43	90.0	48	47	97.9	48	46	95.8	48
05	Boys	41	39	95.1	42	36	85.7	44	43	98.0	44	43	97.7	41	38	92.7	44
05	Girls	37	34	91.9	37	32	86.5	37	37	100.0	37	36	97.3	37	35	94.6	37
06	Boys	48	46	95.8	48	37	77.1	50	48	96.0	50	50	100.0	48	46	95.8	50
06	Girls	38	38	100.0	38	32	84.2	40	40	100.0	39	39	100.0	39	38	97.4	41
Totals		255	242	94.9	256	214	83.6	263	253	96.2	261	258	98.9	256	244	95.3	264

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Dogwood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	46	97.9	46	24	52.2	47	33	70.0	47	39	83.0	47	39	83.0	48
04	Girls	41	38	92.7	41	41	100.0	41	38	93.0	41	36	87.8	41	27	65.9	41
05	Boys	37	36	97.3	37	27	73.0	38	30	79.0	38	25	65.8	37	31	83.8	38
05	Girls	51	46	90.2	48	45	93.8	51	41	80.0	51	37	72.5	51	39	76.5	51
06	Boys	44	40	90.9	44	24	54.5	44	31	71.0	44	28	63.6	44	33	75.0	44
06	Girls	40	33	82.5	40	31	77.5	40	34	85.0	39	27	69.2	40	23	57.5	40
Totals		260	239	91.9	256	192	75.0	261	207	79.3	260	192	73.8	260	192	73.8	262

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Dranesville Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	49	87.5	56	39	69.6	58	55	95.0	55	45	81.8	56	44	78.6	59
04	Girls	47	38	80.9	47	47	100.0	48	48	100.0	47	37	78.7	47	35	74.5	49
05	Boys	54	41	75.9	54	40	74.1	53	53	100.0	54	51	94.4	53	36	67.9	59
05	Girls	51	39	76.5	51	48	94.1	51	51	100.0	51	45	88.2	51	27	52.9	52
06	Boys	54	48	88.9	55	43	78.2	55	51	93.0	55	49	89.1	55	37	67.3	55
06	Girls	41	30	73.2	42	37	88.1	42	42	100.0	42	36	85.7	42	23	54.8	42
Totals		303	245	80.9	305	254	83.3	307	300	97.7	304	263	86.5	304	202	66.4	316

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Eagle View Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	51	92.7	54	42	77.8	53	41	77.0	55	53	96.4	54	49	90.7	55
04	Girls	46	43	93.5	45	45	100.0	46	40	87.0	46	45	97.8	45	34	75.6	47
05	Boys	43	40	93.0	43	30	69.8	42	29	69.0	42	39	92.9	43	21	48.8	43
05	Girls	44	44	100.0	44	44	100.0	44	39	89.0	44	44	100.0	44	25	56.8	44
06	Boys	49	46	93.9	51	37	72.5	48	38	79.0	51	50	98.0	50	28	56.0	53
06	Girls	30	30	100.0	32	30	93.8	30	29	97.0	32	32	100.0	32	7	21.9	33
Totals		267	254	95.1	269	228	84.8	263	216	82.1	270	263	97.4	268	164	61.2	275

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Edison High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	279	253	90.7	276	188	68.1	283	274	97.0	277	271	97.8	279	176	63.1	288
09	Girls	234	218	93.2	233	162	69.5	236	233	99.0	236	230	97.5	235	163	69.4	239
10	Boys	263	261	99.2	264	146	55.3	268	268	100.0	267	267	100.0	265	162	61.1	276
10	Girls	234	225	96.2	236	164	69.5	242	242	100.0	243	243	100.0	237	105	44.3	249
11	Boys	24	23	95.8	24	7	29.2	25	25	100.0	25	25	100.0	24	17	70.8	26
11	Girls	16	15	93.8	17	3	17.6	17	16	94.0	17	17	100.0	17	4	23.5	18
12	Boys	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	2
12	Girls	5	5	100.0	5	2	40.0	5	5	100.0	5	5	100.0	5	1	20.0	6
Totals		1,055	1,000	94.8	1,055	672	63.7	1,077	1,064	98.8	1,071	1,059	98.9	1,062	628	59.1	1,104

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fairfax County Adult High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
09	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fairfax High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	253	243	96.0	247	165	66.8	255	248	97.0	246	207	84.1	250	199	79.6	256
09	Girls	244	236	96.7	244	177	72.5	251	242	96.0	244	232	95.1	246	221	89.8	254
10	Boys	294	281	95.6	294	196	66.7	295	270	92.0	294	272	92.5	295	258	87.5	301
10	Girls	263	251	95.4	263	176	66.9	269	254	94.0	267	262	98.1	265	241	90.9	272
11	Boys	10	10	100.0	11	5	45.5	10	9	90.0	10	10	100.0	10	7	70.0	14
11	Girls	14	12	85.7	14	4	28.6	13	12	92.0	12	12	100.0	14	11	78.6	15
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
Totals		1,079	1,034	95.8	1,074	723	67.3	1,094	1,036	94.7	1,074	996	92.7	1,081	938	86.8	1,119

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fairfax Villa Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	35	94.6	39	33	84.6	40	39	98.0	40	36	90.0	38	35	92.1	42
04	Girls	39	36	92.3	40	40	100.0	40	40	100.0	40	37	92.5	39	38	97.4	40
05	Boys	37	32	86.5	40	33	82.5	41	40	98.0	41	36	87.8	37	28	75.7	41
05	Girls	39	36	92.3	41	40	97.6	41	40	98.0	41	41	100.0	39	38	97.4	41
06	Boys	33	29	87.9	36	27	75.0	36	35	97.0	36	33	91.7	33	29	87.9	36
06	Girls	46	36	78.3	49	46	93.9	49	47	96.0	49	46	93.9	46	45	97.8	49
Totals		231	204	88.3	245	219	89.4	247	241	97.6	247	229	92.7	232	213	91.8	249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fairhill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	35	87.5	40	31	77.5	40	39	98.0	40	39	97.5	40	32	80.0	40
04	Girls	37	33	89.2	37	37	100.0	37	37	100.0	37	37	100.0	37	32	86.5	37
05	Boys	28	27	96.4	28	22	78.6	28	28	100.0	28	25	89.3	28	26	92.9	28
05	Girls	30	28	93.3	30	28	93.3	30	30	100.0	30	30	100.0	30	28	93.3	30
06	Boys	34	34	100.0	35	29	82.9	35	35	100.0	35	35	100.0	34	33	97.1	35
06	Girls	23	20	87.0	23	19	82.6	23	23	100.0	23	23	100.0	23	21	91.3	23
Totals		192	177	92.2	193	166	86.0	193	192	99.5	193	189	97.9	192	172	89.6	193

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fairview Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	49	92.5	53	33	62.3	53	44	83.0	53	45	84.9	53	46	86.8	53
04	Girls	58	57	98.3	60	60	100.0	61	52	85.0	61	52	85.2	60	55	91.7	61
05	Boys	38	37	97.4	38	29	76.3	40	34	85.0	40	33	82.5	38	37	97.4	40
05	Girls	44	41	93.2	44	33	75.0	44	42	96.0	44	42	95.5	44	39	88.6	44
06	Boys	54	51	94.4	53	44	83.0	54	45	83.0	53	51	96.2	52	50	96.2	55
06	Girls	48	46	95.8	47	47	100.0	48	47	98.0	48	48	100.0	48	45	93.8	48
Totals		295	281	95.3	295	246	83.4	300	264	88.0	299	271	90.6	295	272	92.2	301

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Falls Church High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	297	276	92.9	297	176	59.3	302	297	98.0	299	282	94.3	296	227	76.7	311
09	Girls	241	229	95.0	241	132	54.8	247	246	100.0	245	242	98.8	245	222	90.6	250
10	Boys	271	261	96.3	269	113	42.0	271	270	100.0	270	262	97.0	269	195	72.5	279
10	Girls	219	210	95.9	216	100	46.3	221	220	100.0	220	218	99.1	218	198	90.8	227
11	Boys	21	21	100.0	21	5	23.8	21	21	100.0	21	21	100.0	23	18	78.3	29
11	Girls	22	20	90.9	23	4	17.4	27	26	96.0	25	25	100.0	22	20	90.9	30
12	Boys	2	2	100.0	2	1	50.0	3	3	100.0	2	2	100.0	4	3	75.0	7
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	5
Totals		1,074	1,020	95.0	1,070	531	49.6	1,093	1,084	99.2	1,083	1,053	97.2	1,078	884	82.0	1,138

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
FCPS Online Campus**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	5	100.0	5	5	100.0	5	5	100.0	5	4	80.0	5	4	80.0	21
09	Girls	10	8	80.0	9	6	66.7	10	10	100.0	11	10	90.9	10	9	90.0	31
10	Boys	24	20	83.3	24	16	66.7	24	22	92.0	23	23	100.0	24	19	79.2	49
10	Girls	39	38	97.4	39	25	64.1	43	41	95.0	40	40	100.0	40	38	95.0	77
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
11	Girls	2	1	50.0	2	1	50.0	2	2	100.0	2	1	50.0	2	1	50.0	11
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	4	4	100.0	3	0	0.0	4	4	100.0	4	3	75.0	4	2	50.0	10
Totals		84	76	90.5	82	53	64.6	88	84	95.5	85	81	95.3	85	73	85.9	205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Flint Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	50	92.6	54	42	77.8	54	54	100.0	54	52	96.3	54	52	96.3	54
04	Girls	40	40	100.0	40	40	100.0	40	40	100.0	40	40	100.0	40	39	97.5	40
05	Boys	59	59	100.0	59	52	88.1	59	57	97.0	59	58	98.3	59	56	94.9	59
05	Girls	50	49	98.0	50	50	100.0	50	50	100.0	50	50	100.0	50	47	94.0	50
06	Boys	47	47	100.0	47	38	80.9	47	46	98.0	47	47	100.0	47	46	97.9	47
06	Girls	33	32	97.0	33	33	100.0	33	33	100.0	33	33	100.0	33	33	100.0	33
Totals		283	277	97.9	283	255	90.1	283	280	98.9	283	280	98.9	283	273	96.5	283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Floris Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	46	78.0	59	48	81.4	59	56	95.0	59	39	66.1	59	49	83.1	61
04	Girls	48	36	75.0	47	47	100.0	48	47	98.0	48	41	85.4	48	35	72.9	48
05	Boys	52	37	71.2	51	46	90.2	52	50	96.0	52	26	50.0	52	35	67.3	53
05	Girls	48	38	79.2	48	46	95.8	48	47	98.0	48	41	85.4	48	31	64.6	48
06	Boys	64	56	87.5	63	59	93.7	65	65	100.0	63	57	90.5	63	58	92.1	66
06	Girls	64	54	84.4	64	63	98.4	64	63	98.0	64	48	75.0	64	49	76.6	64
Totals		335	267	79.7	332	309	93.1	336	328	97.6	334	252	75.4	334	257	76.9	340

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Forest Edge Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	42	93.3	45	28	62.2	45	43	96.0	44	42	95.5	45	42	93.3	45
04	Girls	30	27	90.0	30	30	100.0	30	27	90.0	30	27	90.0	30	24	80.0	30
05	Boys	42	38	90.5	42	26	61.9	42	41	98.0	42	38	90.5	42	29	69.0	42
05	Girls	57	44	77.2	57	46	80.7	57	53	93.0	57	55	96.5	57	40	70.2	57
06	Boys	51	47	92.2	51	34	66.7	51	50	98.0	51	51	100.0	51	40	78.4	51
06	Girls	47	47	100.0	47	40	85.1	47	46	98.0	47	47	100.0	47	34	72.3	47
Totals		272	245	90.1	272	204	75.0	272	260	95.6	271	260	95.9	272	209	76.8	272

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Forestdale Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	27	100.0	26	21	80.8	27	18	67.0	27	18	66.7	26	26	100.0	29
04	Girls	29	29	100.0	29	29	100.0	29	25	86.0	27	21	77.8	29	28	96.6	30
05	Boys	34	32	94.1	33	25	75.8	33	28	85.0	33	24	72.7	33	32	97.0	34
05	Girls	37	36	97.3	37	37	100.0	37	34	92.0	37	28	75.7	37	34	91.9	38
06	Boys	41	41	100.0	41	37	90.2	41	36	88.0	41	35	85.4	41	36	87.8	41
06	Girls	37	37	100.0	37	36	97.3	37	35	95.0	37	32	86.5	37	34	91.9	37
Totals		205	202	98.5	203	185	91.1	204	176	86.3	202	158	78.2	203	190	93.6	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Forestville Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	31	96.9	32	25	78.1	31	23	74.0	31	26	83.9	32	30	93.8	32
04	Girls	42	42	100.0	42	42	100.0	42	37	88.0	42	42	100.0	42	40	95.2	42
05	Boys	58	58	100.0	58	54	93.1	58	58	100.0	58	51	87.9	58	58	100.0	58
05	Girls	38	38	100.0	38	38	100.0	38	38	100.0	38	35	92.1	38	38	100.0	38
06	Boys	57	57	100.0	57	51	89.5	57	48	84.0	57	54	94.7	57	57	100.0	57
06	Girls	44	44	100.0	44	43	97.7	44	42	96.0	44	44	100.0	44	44	100.0	44
Totals		271	270	99.6	271	253	93.4	270	246	91.1	270	252	93.3	271	267	98.5	271

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fort Belvoir Upper School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	87	78	89.7	87	53	60.9	87	68	78.0	75	24	32.0	86	76	88.4	87
04	Girls	105	94	89.5	105	103	98.1	105	88	84.0	93	33	35.5	104	89	85.6	105
05	Boys	95	80	84.2	95	67	70.5	96	84	88.0	95	37	38.9	94	79	84.0	96
05	Girls	84	67	79.8	85	81	95.3	85	73	86.0	85	32	37.6	85	73	85.9	86
06	Boys	86	79	91.9	89	58	65.2	90	75	83.0	90	40	44.4	89	72	80.9	90
06	Girls	75	67	89.3	76	64	84.2	76	69	91.0	76	38	50.0	75	63	84.0	76
Totals		532	465	87.4	537	426	79.3	539	457	84.8	514	204	39.7	533	452	84.8	540

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fort Hunt Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	33	97.1	34	29	85.3	34	27	79.0	34	28	82.4	34	33	97.1	34
04	Girls	39	35	89.7	39	37	94.9	39	37	95.0	39	27	69.2	39	36	92.3	39
05	Boys	37	28	75.7	37	25	67.6	37	35	95.0	37	26	70.3	37	32	86.5	40
05	Girls	38	34	89.5	38	35	92.1	38	37	97.0	38	34	89.5	38	31	81.6	39
06	Boys	37	32	86.5	38	29	76.3	38	37	97.0	38	30	78.9	37	31	83.8	38
06	Girls	40	39	97.5	40	38	95.0	40	39	98.0	40	37	92.5	40	32	80.0	40
Totals		225	201	89.3	226	193	85.4	226	212	93.8	226	182	80.5	225	195	86.7	230

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Fox Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	36	90.0	40	39	97.5	40	38	95.0	40	22	55.0	40	39	97.5	40
04	Girls	36	33	91.7	36	36	100.0	36	35	97.0	36	30	83.3	36	31	86.1	36
05	Boys	38	34	89.5	38	33	86.8	38	37	97.0	38	18	47.4	38	33	86.8	38
05	Girls	32	26	81.3	32	30	93.8	32	32	100.0	32	23	71.9	32	27	84.4	32
06	Boys	38	31	81.6	38	31	81.6	38	38	100.0	38	22	57.9	38	30	78.9	38
06	Girls	53	42	79.2	53	49	92.5	53	52	98.0	53	43	81.1	53	42	79.2	53
Totals		237	202	85.2	237	218	92.0	237	232	97.9	237	158	66.7	237	202	85.2	237

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Franconia Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	41	97.6	42	38	90.5	42	39	93.0	42	11	26.2	42	40	95.2	42
04	Girls	29	28	96.6	29	29	100.0	29	25	86.0	29	12	41.4	29	27	93.1	29
05	Boys	36	36	100.0	36	36	100.0	36	33	92.0	36	34	94.4	36	34	94.4	36
05	Girls	31	31	100.0	32	32	100.0	31	30	97.0	31	31	100.0	31	31	100.0	32
06	Boys	38	36	94.7	38	36	94.7	38	34	90.0	38	37	97.4	38	29	76.3	38
06	Girls	39	38	97.4	39	39	100.0	39	38	97.0	39	39	100.0	39	34	87.2	39
Totals		215	210	97.7	216	210	97.2	215	199	92.6	215	164	76.3	215	195	90.7	216

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Franklin Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	213	213	100.0	211	162	76.8	213	192	90.0	213	213	100.0	211	199	94.3	216
07	Girls	215	215	100.0	212	191	90.1	213	200	94.0	215	215	100.0	213	209	98.1	219
08	Boys	220	213	96.8	223	162	72.6	224	202	90.0	218	215	98.6	223	190	85.2	229
08	Girls	212	210	99.1	212	196	92.5	211	200	95.0	211	211	100.0	209	208	99.5	215
Totals		860	851	99.0	858	711	82.9	861	794	92.2	857	854	99.6	856	806	94.2	879

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Freedom Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	38	97.4	38	29	76.3	39	38	97.0	38	38	100.0	38	35	92.1	39
04	Girls	25	25	100.0	25	25	100.0	26	25	96.0	25	25	100.0	25	16	64.0	26
05	Boys	36	36	100.0	36	33	91.7	36	34	94.0	36	36	100.0	36	34	94.4	36
05	Girls	42	42	100.0	42	42	100.0	42	41	98.0	42	42	100.0	42	37	88.1	42
06	Boys	47	47	100.0	46	40	87.0	50	47	94.0	48	47	97.9	46	42	91.3	50
06	Girls	31	30	96.8	31	30	96.8	31	30	97.0	31	30	96.8	31	22	71.0	31
Totals		220	218	99.1	218	199	91.3	224	215	96.0	220	218	99.1	218	186	85.3	224

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Frost Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	294	287	97.6	299	180	60.2	297	263	89.0	294	284	96.6	300	275	91.7	301
07	Girls	281	274	97.5	284	233	82.0	282	268	95.0	280	275	98.2	284	266	93.7	287
08	Boys	340	332	97.6	339	242	71.4	341	323	95.0	342	315	92.1	341	295	86.5	343
08	Girls	282	279	98.9	280	231	82.5	285	275	97.0	283	277	97.9	283	268	94.7	286
Totals		1,197	1,172	97.9	1,202	886	73.7	1,205	1,129	93.7	1,199	1,151	96.0	1,208	1,104	91.4	1,217

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Garfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	20	14	70.0	20	11	55.0	20	16	80.0	20	20	100.0	20	15	75.0	20
04	Girls	27	19	70.4	27	26	96.3	27	25	93.0	27	27	100.0	27	25	92.6	27
05	Boys	23	18	78.3	23	20	87.0	21	20	95.0	23	22	95.7	23	19	82.6	23
05	Girls	25	20	80.0	25	21	84.0	25	22	88.0	25	24	96.0	25	22	88.0	25
06	Boys	25	15	60.0	26	19	73.1	26	20	77.0	26	25	96.2	26	19	73.1	26
06	Girls	24	17	70.8	24	22	91.7	24	23	96.0	24	24	100.0	24	12	50.0	24
Totals		144	103	71.5	145	119	82.1	143	126	88.1	145	142	97.9	145	112	77.2	145

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Glasgow Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	289	271	93.8	290	184	63.4	291	243	84.0	291	289	99.3	288	250	86.8	295
06	Girls	277	247	89.2	277	248	89.5	278	260	94.0	278	278	100.0	277	256	92.4	278
07	Boys	278	261	93.9	279	133	47.7	280	242	86.0	279	277	99.3	269	215	79.9	286
07	Girls	263	238	90.5	244	172	70.5	262	244	93.0	262	261	99.6	253	211	83.4	269
08	Boys	285	273	95.8	288	176	61.1	289	252	87.0	286	285	99.7	284	224	78.9	298
08	Girls	245	223	91.0	248	139	56.0	248	230	93.0	244	242	99.2	245	214	87.3	253
Totals		1,637	1,513	92.4	1,626	1,052	64.7	1,648	1,471	89.3	1,640	1,632	99.5	1,616	1,370	84.8	1,679

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Glen Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	90	61	67.8	90	64	71.1	90	64	71.0	90	80	88.9	90	65	72.2	94
04	Girls	84	59	70.2	84	84	100.0	84	76	91.0	84	79	94.0	84	54	64.3	84
05	Boys	80	54	67.5	82	54	65.9	81	67	83.0	81	69	85.2	80	59	73.8	86
05	Girls	82	63	76.8	81	77	95.1	82	77	94.0	82	71	86.6	82	60	73.2	82
06	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		336	237	70.5	337	279	82.8	337	284	84.3	337	299	88.7	336	238	70.8	347

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Graham Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	24	24	100.0	24	9	37.5	24	24	100.0	24	24	100.0	24	24	100.0	24
04	Girls	33	33	100.0	33	32	97.0	33	33	100.0	33	33	100.0	33	33	100.0	33
05	Boys	32	32	100.0	32	15	46.9	32	32	100.0	32	32	100.0	32	31	96.9	32
05	Girls	29	29	100.0	29	23	79.3	29	29	100.0	29	29	100.0	29	29	100.0	30
06	Boys	24	24	100.0	24	8	33.3	24	24	100.0	24	24	100.0	24	24	100.0	24
06	Girls	20	20	100.0	20	17	85.0	20	20	100.0	20	20	100.0	20	20	100.0	20
Totals		162	162	100.0	162	104	64.2	162	162	100.0	162	162	100.0	162	161	99.4	163

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Great Falls Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	47	43	91.5	47	42	89.4	47	46	98.0	47	47	100.0	47	41	87.2	47
04	Girls	27	24	88.9	27	26	96.3	27	27	100.0	27	27	100.0	27	25	92.6	27
05	Boys	46	41	89.1	45	43	95.6	46	41	89.0	46	46	100.0	46	43	93.5	46
05	Girls	41	38	92.7	41	41	100.0	41	38	93.0	41	41	100.0	41	35	85.4	41
06	Boys	43	41	95.3	43	39	90.7	43	37	86.0	43	42	97.7	43	41	95.3	43
06	Girls	40	37	92.5	40	40	100.0	40	37	93.0	40	40	100.0	40	39	97.5	40
Totals		244	224	91.8	243	231	95.1	244	226	92.6	244	243	99.6	244	224	91.8	244

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Greenbriar East Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	47	88.7	53	31	58.5	53	34	64.0	52	37	71.2	53	14	26.4	53
04	Girls	75	64	85.3	76	76	100.0	76	55	72.0	76	58	76.3	76	7	9.2	76
05	Boys	53	51	96.2	53	31	58.5	53	25	47.0	52	23	44.2	53	21	39.6	53
05	Girls	56	52	92.9	56	47	83.9	56	37	66.0	56	33	58.9	56	11	19.6	56
06	Boys	58	49	84.5	58	33	56.9	58	37	64.0	58	48	82.8	58	25	43.1	58
06	Girls	62	50	80.6	62	51	82.3	62	40	65.0	62	55	88.7	62	11	17.7	62
Totals		357	313	87.7	358	269	75.1	358	228	63.7	356	254	71.3	358	89	24.9	358

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Greenbriar West Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	82	73	89.0	84	48	57.1	86	80	93.0	83	62	74.7	82	57	69.5	86
04	Girls	73	67	91.8	73	71	97.3	73	73	100.0	73	59	80.8	73	54	74.0	73
05	Boys	93	86	92.5	93	67	72.0	93	92	99.0	93	61	65.6	93	63	67.7	93
05	Girls	69	65	94.2	68	64	94.1	69	69	100.0	69	46	66.7	69	44	63.8	69
06	Boys	87	80	92.0	86	61	70.9	89	86	97.0	85	75	88.2	87	70	80.5	89
06	Girls	60	55	91.7	61	58	95.1	61	61	100.0	61	54	88.5	61	49	80.3	61
Totals		464	426	91.8	465	369	79.4	471	461	97.9	464	357	76.9	465	337	72.5	471

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Groveton Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	52	92.9	56	41	73.2	56	55	98.0	55	54	98.2	55	51	92.7	56
04	Girls	56	55	98.2	56	56	100.0	56	56	100.0	55	55	100.0	56	51	91.1	56
05	Boys	50	47	94.0	51	37	72.5	51	51	100.0	50	49	98.0	49	44	89.8	51
05	Girls	45	44	97.8	45	40	88.9	45	45	100.0	45	45	100.0	45	43	95.6	45
06	Boys	49	45	91.8	49	23	46.9	49	49	100.0	47	47	100.0	49	42	85.7	50
06	Girls	52	49	94.2	52	48	92.3	52	51	98.0	51	51	100.0	52	46	88.5	52
Totals		308	292	94.8	309	245	79.3	309	307	99.4	303	301	99.3	306	277	90.5	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Gunston Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	32	80.0	40	16	40.0	40	35	88.0	40	29	72.5	40	33	82.5	43
04	Girls	39	29	74.4	39	39	100.0	39	39	100.0	39	28	71.8	39	31	79.5	41
05	Boys	41	35	85.4	41	31	75.6	41	39	95.0	41	39	95.1	41	33	80.5	41
05	Girls	26	23	88.5	26	23	88.5	26	26	100.0	26	26	100.0	26	21	80.8	26
06	Boys	40	33	82.5	40	28	70.0	40	38	95.0	40	37	92.5	40	30	75.0	41
06	Girls	40	30	75.0	40	34	85.0	40	39	98.0	40	38	95.0	40	30	75.0	40
Totals		226	182	80.5	226	171	75.7	226	216	95.6	226	197	87.2	226	178	78.8	232

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Halley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	30	83.3	36	27	75.0	36	35	97.0	36	36	100.0	36	26	72.2	36
04	Girls	39	33	84.6	39	39	100.0	39	39	100.0	39	39	100.0	39	23	59.0	39
05	Boys	41	28	68.3	41	28	68.3	41	41	100.0	41	41	100.0	41	19	46.3	41
05	Girls	51	41	80.4	51	51	100.0	51	51	100.0	51	51	100.0	51	28	54.9	52
06	Boys	60	54	90.0	60	46	76.7	60	59	98.0	60	60	100.0	60	34	56.7	60
06	Girls	43	37	86.0	43	39	90.7	43	43	100.0	43	43	100.0	43	27	62.8	43
Totals		270	223	82.6	270	230	85.2	270	268	99.3	270	270	100.0	270	157	58.1	271

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Haycock Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	85	81	95.3	84	66	78.6	86	85	99.0	85	78	91.8	83	79	95.2	86
04	Girls	90	87	96.7	91	90	98.9	92	91	99.0	92	90	97.8	90	83	92.2	92
05	Boys	89	88	98.9	90	79	87.8	90	88	98.0	90	86	95.6	89	83	93.3	91
05	Girls	83	75	90.4	83	80	96.4	83	83	100.0	83	83	100.0	83	77	92.8	83
06	Boys	68	64	94.1	68	61	89.7	68	68	100.0	68	67	98.5	68	61	89.7	68
06	Girls	78	74	94.9	78	76	97.4	78	78	100.0	78	78	100.0	78	67	85.9	78
Totals		493	469	95.1	494	452	91.5	497	493	99.2	496	482	97.2	491	450	91.6	498

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hayfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	53	46	86.8	53	28	52.8	53	46	87.0	53	37	69.8	53	42	79.2	53
04	Girls	47	40	85.1	48	48	100.0	48	47	98.0	47	35	74.5	47	35	74.5	48
05	Boys	61	49	80.3	61	31	50.8	61	55	90.0	61	51	83.6	61	50	82.0	61
05	Girls	36	34	94.4	36	35	97.2	36	36	100.0	36	34	94.4	36	29	80.6	36
06	Boys	47	44	93.6	47	21	44.7	47	42	89.0	47	41	87.2	47	38	80.9	47
06	Girls	49	49	100.0	49	40	81.6	49	47	96.0	49	47	95.9	49	42	85.7	49
Totals		293	262	89.4	294	203	69.0	294	273	92.9	293	245	83.6	293	236	80.5	294

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hayfield High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	259	243	93.8	266	206	77.4	267	260	97.0	266	226	85.0	244	191	78.3	269
09	Girls	240	233	97.1	241	218	90.5	242	240	99.0	242	218	90.1	225	212	94.2	243
10	Boys	236	227	96.2	235	189	80.4	236	232	98.0	219	167	76.3	236	190	80.5	236
10	Girls	206	196	95.1	212	187	88.2	214	212	99.0	203	170	83.7	213	203	95.3	215
11	Boys	17	17	100.0	16	10	62.5	17	17	100.0	15	11	73.3	16	13	81.3	17
11	Girls	9	9	100.0	9	3	33.3	9	7	78.0	8	6	75.0	9	6	66.7	9
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		967	925	95.7	979	813	83.0	985	968	98.3	953	798	83.7	943	815	86.4	990

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hayfield Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	240	198	82.5	242	180	74.4	244	227	93.0	244	232	95.1	239	161	67.4	245
07	Girls	200	164	82.0	197	181	91.9	201	191	95.0	201	199	99.0	200	150	75.0	202
08	Boys	216	205	94.9	218	176	80.7	218	209	96.0	206	173	84.0	212	165	77.8	222
08	Girls	224	214	95.5	226	207	91.6	227	220	97.0	216	199	92.1	225	194	86.2	227
Totals		880	781	88.8	883	744	84.3	890	847	95.2	867	803	92.6	876	670	76.5	896

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Herndon Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	49	86.0	57	30	52.6	57	57	100.0	57	57	100.0	57	51	89.5	57
04	Girls	50	48	96.0	50	50	100.0	50	50	100.0	50	50	100.0	50	46	92.0	50
05	Boys	67	61	91.0	67	51	76.1	67	67	100.0	67	67	100.0	67	63	94.0	67
05	Girls	66	56	84.8	66	60	90.9	66	66	100.0	66	66	100.0	66	63	95.5	66
06	Boys	66	57	86.4	66	43	65.2	66	66	100.0	66	66	100.0	66	50	75.8	66
06	Girls	58	44	75.9	58	50	86.2	58	58	100.0	58	57	98.3	58	56	96.6	58
Totals		364	315	86.5	364	284	78.0	364	364	100.0	364	363	99.7	364	329	90.4	364

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Herndon High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	194	172	88.7	195	121	62.1	212	204	96.0	195	163	83.6	184	132	71.7	259
09	Girls	187	159	85.0	182	104	57.1	201	199	99.0	188	144	76.6	170	139	81.8	253
10	Boys	214	203	94.9	202	79	39.1	238	218	92.0	235	226	96.2	211	110	52.1	289
10	Girls	198	182	91.9	182	101	55.5	225	212	94.0	220	212	96.4	200	167	83.5	282
11	Boys	42	37	88.1	43	12	27.9	44	36	82.0	42	39	92.9	41	19	46.3	56
11	Girls	22	20	90.9	21	8	38.1	22	17	77.0	22	20	90.9	22	19	86.4	35
Totals		857	773	90.2	825	425	51.5	942	886	94.1	902	804	89.1	828	586	70.8	1,174

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Herndon Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	282	242	85.8	287	194	67.6	286	265	93.0	282	209	74.1	277	194	70.0	290
07	Girls	285	250	87.7	292	263	90.1	292	292	100.0	286	236	82.5	285	198	69.5	294
08	Boys	260	232	89.2	256	153	59.8	261	255	98.0	258	240	93.0	255	169	66.3	261
08	Girls	246	213	86.6	246	186	75.6	247	241	98.0	246	239	97.2	245	190	77.6	248
Totals		1,073	937	87.3	1,081	796	73.6	1,086	1,053	97.0	1,072	924	86.2	1,062	751	70.7	1,093

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hollin Meadows Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	32	64.0	50	34	68.0	51	41	80.0	50	49	98.0	50	38	76.0	51
04	Girls	44	32	72.7	44	44	100.0	44	41	93.0	44	43	97.7	44	29	65.9	44
05	Boys	39	23	59.0	39	27	69.2	39	34	87.0	39	39	100.0	39	27	69.2	39
05	Girls	23	11	47.8	24	24	100.0	24	21	88.0	24	24	100.0	24	12	50.0	24
06	Boys	44	32	72.7	44	31	70.5	44	33	75.0	44	44	100.0	44	28	63.6	44
06	Girls	46	25	54.3	46	42	91.3	46	44	96.0	46	46	100.0	46	24	52.2	46
Totals		246	155	63.0	247	202	81.8	248	214	86.3	247	245	99.2	247	158	64.0	248

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Holmes Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	162	154	95.1	164	141	86.0	165	148	90.0	165	149	90.3	163	118	72.4	168
06	Girls	161	155	96.3	161	159	98.8	162	156	96.0	161	148	91.9	162	108	66.7	162
07	Boys	167	163	97.6	169	132	78.1	168	165	98.0	168	164	97.6	167	110	65.9	175
07	Girls	143	135	94.4	145	138	95.2	144	140	97.0	143	142	99.3	145	100	69.0	148
08	Boys	178	163	91.6	180	153	85.0	180	174	97.0	176	146	83.0	179	127	70.9	185
08	Girls	150	129	86.0	152	145	95.4	152	148	97.0	144	130	90.3	148	104	70.3	156
Totals		961	899	93.5	971	868	89.4	971	931	95.9	957	879	91.8	964	667	69.2	994

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hughes Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	283	262	92.6	288	207	71.9	289	285	99.0	285	262	91.9	281	232	82.6	295
07	Girls	227	206	90.7	228	198	86.8	231	229	99.0	228	216	94.7	225	194	86.2	232
08	Boys	256	236	92.2	250	205	82.0	258	252	98.0	257	248	96.5	251	219	87.3	260
08	Girls	236	213	90.3	230	195	84.8	243	241	99.0	241	239	99.2	237	218	92.0	246
Totals		1,002	917	91.5	996	805	80.8	1,021	1,007	98.6	1,011	965	95.5	994	863	86.8	1,033

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hunt Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	50	90.9	50	41	82.0	55	51	93.0	55	48	87.3	55	44	80.0	57
04	Girls	59	58	98.3	59	59	100.0	60	60	100.0	59	57	96.6	60	49	81.7	60
05	Boys	39	37	94.9	38	30	78.9	39	38	97.0	39	29	74.4	39	31	79.5	39
05	Girls	32	32	100.0	31	30	96.8	32	32	100.0	30	27	90.0	32	23	71.9	32
06	Boys	47	47	100.0	47	38	80.9	47	43	92.0	47	45	95.7	47	43	91.5	47
06	Girls	54	53	98.1	55	52	94.5	55	55	100.0	55	53	96.4	54	45	83.3	55
Totals		286	277	96.9	280	250	89.3	288	279	96.9	285	259	90.9	287	235	81.9	290

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hunters Woods Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	66	100.0	66	47	71.2	66	64	97.0	66	66	100.0	65	64	98.5	66
04	Girls	79	79	100.0	79	78	98.7	79	79	100.0	79	79	100.0	79	76	96.2	79
05	Boys	78	76	97.4	78	59	75.6	78	77	99.0	78	77	98.7	78	76	97.4	78
05	Girls	68	68	100.0	68	59	86.8	68	67	99.0	68	68	100.0	68	65	95.6	68
06	Boys	69	69	100.0	69	45	65.2	69	67	97.0	69	69	100.0	69	65	94.2	69
06	Girls	65	65	100.0	65	60	92.3	65	65	100.0	65	65	100.0	65	64	98.5	65
Totals		425	423	99.5	425	348	81.9	425	419	98.6	425	424	99.8	424	410	96.7	425

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hutchison Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	53	79.1	65	42	64.6	65	63	97.0	65	64	98.5	67	64	95.5	68
04	Girls	64	53	82.8	63	62	98.4	64	64	100.0	64	63	98.4	64	60	93.8	64
05	Boys	68	59	86.8	67	54	80.6	69	68	99.0	68	67	98.5	68	62	91.2	74
05	Girls	69	53	76.8	68	64	94.1	70	70	100.0	69	69	100.0	69	66	95.7	70
06	Boys	64	61	95.3	63	43	68.3	65	65	100.0	64	64	100.0	62	55	88.7	66
06	Girls	63	54	85.7	63	62	98.4	62	62	100.0	62	62	100.0	63	59	93.7	64
Totals		395	333	84.3	389	327	84.1	395	392	99.2	392	389	99.2	393	366	93.1	406

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Hybla Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	57	76.0	76	45	59.2	76	74	97.0	76	61	80.3	75	52	69.3	76
04	Girls	79	66	83.5	79	79	100.0	80	77	96.0	79	73	92.4	79	45	57.0	80
05	Boys	73	59	80.8	73	40	54.8	73	69	95.0	73	61	83.6	73	42	57.5	73
05	Girls	62	50	80.6	62	58	93.5	62	60	97.0	62	54	87.1	62	41	66.1	62
06	Boys	61	50	82.0	61	35	57.4	61	56	92.0	61	52	85.2	61	44	72.1	62
06	Girls	59	45	76.3	59	50	84.7	59	55	93.0	59	58	98.3	59	48	81.4	59
Totals		409	327	80.0	410	307	74.9	411	391	95.1	410	359	87.6	409	272	66.5	412

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Interagency Alternative Schools**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	3	3	100.0	3	2	66.7	3	3	100.0	3	3	100.0	3	2	66.7	3
07	Girls	1	1	100.0	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1
08	Boys	1	1	100.0	2	1	50.0	1	1	100.0	0	0	0.0	1	1	100.0	3
08	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	2
09	Boys	7	6	85.7	10	2	20.0	9	8	89.0	7	7	100.0	7	4	57.1	25
09	Girls	9	4	44.4	8	3	37.5	9	9	100.0	6	5	83.3	9	4	44.4	14
10	Boys	5	3	60.0	4	0	0.0	8	7	88.0	6	4	66.7	5	2	40.0	31
10	Girls	6	4	66.7	6	2	33.3	6	5	83.0	6	3	50.0	8	5	62.5	31
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	7
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		33	23	69.7	35	12	34.3	38	34	89.5	30	24	80.0	35	19	54.3	126

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Irving Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	274	259	94.5	278	195	70.1	280	260	93.0	276	274	99.3	268	243	90.7	283
07	Girls	264	253	95.8	263	246	93.5	269	263	98.0	262	261	99.6	264	252	95.5	270
08	Boys	286	270	94.4	288	204	70.8	289	273	95.0	286	276	96.5	288	231	80.2	292
08	Girls	285	279	97.9	290	258	89.0	292	287	98.0	289	286	99.0	291	266	91.4	294
Totals		1,109	1,061	95.7	1,119	903	80.7	1,130	1,083	95.8	1,113	1,097	98.6	1,111	992	89.3	1,139

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Island Creek Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	59	93.7	63	42	66.7	63	63	100.0	63	62	98.4	62	48	77.4	63
04	Girls	43	41	95.3	43	43	100.0	43	43	100.0	43	43	100.0	43	30	69.8	43
05	Boys	49	43	87.8	49	39	79.6	49	47	96.0	49	48	98.0	49	34	69.4	49
05	Girls	52	49	94.2	52	50	96.2	52	52	100.0	52	52	100.0	52	40	76.9	52
06	Boys	43	40	93.0	43	30	69.8	43	41	95.0	43	43	100.0	43	30	69.8	43
06	Girls	51	47	92.2	51	48	94.1	51	51	100.0	51	51	100.0	51	37	72.5	51
Totals		301	279	92.7	301	252	83.7	301	297	98.7	301	299	99.3	300	219	73.0	301

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Jackson Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	373	369	98.9	373	234	62.7	378	373	99.0	375	366	97.6	373	341	91.4	380
07	Girls	327	319	97.6	329	271	82.4	330	326	99.0	328	323	98.5	329	316	96.0	332
08	Boys	352	345	98.0	350	225	64.3	353	353	100.0	352	351	99.7	352	293	83.2	356
08	Girls	362	359	99.2	360	284	78.9	366	364	100.0	365	363	99.5	362	344	95.0	371
Totals		1,414	1,392	98.4	1,412	1,014	71.8	1,427	1,416	99.2	1,420	1,403	98.8	1,416	1,294	91.4	1,439

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Jefferson Sci/Tech High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	270	265	98.1	271	224	82.7	270	268	99.0	270	253	93.7	270	226	83.7	271
09	Girls	181	165	91.2	179	159	88.8	181	177	98.0	181	174	96.1	180	157	87.2	184
10	Boys	245	238	97.1	244	160	65.6	223	223	100.0	245	243	99.2	241	167	69.3	245
10	Girls	155	153	98.7	149	119	79.9	143	143	100.0	155	155	100.0	155	138	89.0	156
Totals		851	821	96.5	843	662	78.5	817	811	99.3	851	825	96.9	846	688	81.3	856

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Keene Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	65	92.9	70	53	75.7	70	65	93.0	70	61	87.1	70	67	95.7	70
04	Girls	72	72	100.0	72	72	100.0	73	67	92.0	72	67	93.1	72	71	98.6	73
05	Boys	55	55	100.0	55	50	90.9	56	55	98.0	56	56	100.0	55	53	96.4	56
05	Girls	74	73	98.6	74	71	95.9	75	71	95.0	75	75	100.0	74	71	95.9	75
06	Boys	52	51	98.1	52	43	82.7	52	50	96.0	52	51	98.1	52	51	98.1	52
06	Girls	82	81	98.8	82	80	97.6	82	80	98.0	82	80	97.6	82	81	98.8	82
Totals		405	397	98.0	405	369	91.1	408	388	95.1	407	390	95.8	405	394	97.3	408

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Kent Gardens Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	79	98.8	80	74	92.5	81	72	89.0	80	60	75.0	80	80	100.0	83
04	Girls	80	77	96.3	80	80	100.0	81	77	95.0	79	68	86.1	80	77	96.3	81
05	Boys	70	67	95.7	72	69	95.8	72	66	92.0	71	57	80.3	70	67	95.7	72
05	Girls	84	81	96.4	84	83	98.8	84	77	92.0	84	74	88.1	84	82	97.6	84
06	Boys	82	81	98.8	81	79	97.5	82	76	93.0	81	78	96.3	82	80	97.6	82
06	Girls	83	81	97.6	83	83	100.0	83	81	98.0	83	80	96.4	83	82	98.8	83
Totals		479	466	97.3	480	468	97.5	483	449	93.0	478	417	87.2	479	468	97.7	485

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Key Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	207	158	76.3	210	120	57.1	213	191	90.0	214	167	78.0	208	123	59.1	215
07	Girls	195	141	72.3	194	148	76.3	194	192	99.0	198	175	88.4	188	103	54.8	198
08	Boys	208	181	87.0	204	126	61.8	211	195	92.0	201	118	58.7	206	134	65.0	217
08	Girls	176	133	75.6	171	132	77.2	178	174	98.0	171	91	53.2	171	126	73.7	185
Totals		786	613	78.0	779	526	67.5	796	752	94.5	784	551	70.3	773	486	62.9	815

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Kilmer Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	283	281	99.3	282	214	75.9	283	280	99.0	280	264	94.3	282	270	95.7	285
07	Girls	279	276	98.9	277	263	94.9	280	275	98.0	276	271	98.2	280	275	98.2	283
08	Boys	330	323	97.9	329	269	81.8	332	321	97.0	330	320	97.0	331	316	95.5	336
08	Girls	296	291	98.3	294	274	93.2	300	299	100.0	299	296	99.0	295	285	96.6	300
Totals		1,188	1,171	98.6	1,182	1,020	86.3	1,195	1,175	98.3	1,185	1,151	97.1	1,188	1,146	96.5	1,204

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Kings Glen Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	87	82	94.3	87	51	58.6	89	83	93.0	87	87	100.0	87	81	93.1	90
04	Girls	76	74	97.4	76	76	100.0	76	73	96.0	76	76	100.0	76	73	96.1	76
05	Boys	82	81	98.8	82	50	61.0	82	78	95.0	82	82	100.0	82	74	90.2	83
05	Girls	88	85	96.6	87	82	94.3	88	87	99.0	88	88	100.0	88	83	94.3	88
06	Boys	83	81	97.6	85	66	77.6	85	82	97.0	85	84	98.8	84	76	90.5	85
06	Girls	77	77	100.0	77	74	96.1	77	76	99.0	77	77	100.0	77	75	97.4	77
Totals		493	480	97.4	494	399	80.8	497	479	96.4	495	494	99.8	494	462	93.5	499

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lake Anne Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	37	92.5	40	33	82.5	40	40	100.0	40	40	100.0	40	32	80.0	40
04	Girls	37	35	94.6	36	36	100.0	37	37	100.0	37	35	94.6	37	27	73.0	37
05	Boys	47	43	91.5	46	37	80.4	47	45	96.0	47	43	91.5	47	43	91.5	47
05	Girls	41	40	97.6	41	39	95.1	41	41	100.0	41	40	97.6	41	34	82.9	41
06	Boys	29	28	96.6	28	23	82.1	29	29	100.0	29	26	89.7	29	23	79.3	29
06	Girls	46	42	91.3	46	43	93.5	46	46	100.0	46	46	100.0	46	34	73.9	46
Totals		240	225	93.8	237	211	89.0	240	238	99.2	240	230	95.8	240	193	80.4	240

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lake Braddock High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	361	342	94.7	359	255	71.0	361	324	90.0	357	343	96.1	359	286	79.7	368
09	Girls	333	315	94.6	331	259	78.2	335	323	96.0	330	322	97.6	331	313	94.6	335
10	Boys	347	339	97.7	346	202	58.4	347	335	97.0	347	347	100.0	345	227	65.8	353
10	Girls	312	302	96.8	311	235	75.6	311	308	99.0	311	310	99.7	312	232	74.4	314
11	Boys	8	8	100.0	7	3	42.9	8	7	88.0	8	7	87.5	8	2	25.0	13
11	Girls	3	3	100.0	3	0	0.0	3	3	100.0	3	3	100.0	3	0	0.0	6
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	11
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	5
Totals		1,365	1,310	96.0	1,358	954	70.3	1,366	1,301	95.2	1,357	1,333	98.2	1,359	1,060	78.0	1,405

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lake Braddock Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	353	349	98.9	352	242	68.8	356	319	90.0	356	323	90.7	353	334	94.6	358
07	Girls	344	332	96.5	341	310	90.9	347	321	93.0	343	329	95.9	339	324	95.6	348
08	Boys	393	367	93.4	389	266	68.4	396	361	91.0	395	376	95.2	393	319	81.2	397
08	Girls	348	339	97.4	350	308	88.0	353	341	97.0	347	344	99.1	349	324	92.8	353
Totals		1,438	1,387	96.5	1,432	1,126	78.6	1,452	1,342	92.4	1,441	1,372	95.2	1,434	1,301	90.7	1,456

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lane Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	49	98.0	50	43	86.0	50	50	100.0	50	48	96.0	50	49	98.0	50
04	Girls	57	56	98.2	56	56	100.0	57	56	98.0	57	56	98.2	57	56	98.2	57
05	Boys	58	56	96.6	58	42	72.4	58	56	97.0	58	57	98.3	58	55	94.8	58
05	Girls	48	47	97.9	48	45	93.8	48	47	98.0	48	47	97.9	48	47	97.9	48
06	Boys	53	49	92.5	51	35	68.6	53	52	98.0	53	51	96.2	53	45	84.9	53
06	Girls	49	48	98.0	49	42	85.7	49	47	96.0	49	49	100.0	49	45	91.8	49
Totals		315	305	96.8	312	263	84.3	315	308	97.8	315	308	97.8	315	297	94.3	315

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Langley High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	234	234	100.0	235	153	65.1	236	227	96.0	235	233	99.1	236	225	95.3	238
09	Girls	249	248	99.6	248	194	78.2	251	251	100.0	251	250	99.6	249	246	98.8	253
10	Boys	225	225	100.0	225	81	36.0	225	222	99.0	225	209	92.9	225	197	87.6	230
10	Girls	219	219	100.0	220	177	80.5	220	218	99.0	220	220	100.0	220	219	99.5	224
11	Boys	4	4	100.0	4	0	0.0	4	4	100.0	4	3	75.0	4	2	50.0	10
11	Girls	4	3	75.0	4	2	50.0	4	4	100.0	4	4	100.0	4	3	75.0	4
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		935	933	99.8	936	607	64.9	940	926	98.5	939	919	97.9	938	892	95.1	966

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lanier Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	243	229	94.2	243	175	72.0	248	227	92.0	244	203	83.2	242	197	81.4	249
07	Girls	229	214	93.4	228	206	90.4	233	222	95.0	231	206	89.2	230	194	84.3	233
08	Boys	241	237	98.3	238	178	74.8	243	237	98.0	237	220	92.8	241	206	85.5	244
08	Girls	233	231	99.1	232	194	83.6	238	236	99.0	226	220	97.3	235	219	93.2	239
Totals		946	911	96.3	941	753	80.0	962	922	95.8	938	849	90.5	948	816	86.1	965

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	69	82.1	84	52	61.9	84	82	98.0	84	44	52.4	84	76	90.5	86
04	Girls	62	47	75.8	62	61	98.4	62	62	100.0	62	43	69.4	62	52	83.9	63
05	Boys	71	51	71.8	69	53	76.8	71	70	99.0	71	28	39.4	71	61	85.9	71
05	Girls	74	63	85.1	74	71	95.9	74	74	100.0	74	54	73.0	74	67	90.5	75
06	Boys	76	70	92.1	76	56	73.7	78	75	96.0	78	39	50.0	76	72	94.7	78
06	Girls	77	52	67.5	78	64	82.1	78	77	99.0	78	43	55.1	77	54	70.1	78
Totals		444	352	79.3	443	357	80.6	447	440	98.4	447	251	56.2	444	382	86.0	451

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Laurel Ridge Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	61	89.7	68	48	70.6	68	64	94.0	68	49	72.1	68	60	88.2	68
04	Girls	81	68	84.0	81	81	100.0	81	80	99.0	81	60	74.1	81	69	85.2	81
05	Boys	61	54	88.5	61	49	80.3	63	61	97.0	63	38	60.3	61	57	93.4	63
05	Girls	59	56	94.9	59	55	93.2	59	56	95.0	59	48	81.4	59	53	89.8	59
06	Boys	60	51	85.0	60	47	78.3	60	56	93.0	60	50	83.3	60	54	90.0	60
06	Girls	63	51	81.0	63	58	92.1	63	62	98.0	63	60	95.2	63	54	85.7	63
Totals		392	341	87.0	392	338	86.2	394	379	96.2	394	305	77.4	392	347	88.5	394

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lee High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	204	187	91.7	198	137	69.2	208	198	95.0	205	188	91.7	206	124	60.2	213
09	Girls	173	159	91.9	164	116	70.7	178	176	99.0	174	168	96.6	169	93	55.0	179
10	Boys	209	203	97.1	205	142	69.3	213	209	98.0	209	204	97.6	205	159	77.6	221
10	Girls	194	193	99.5	190	155	81.6	204	202	99.0	202	201	99.5	198	173	87.4	212
11	Boys	30	28	93.3	28	17	60.7	34	31	91.0	34	27	79.4	29	19	65.5	36
11	Girls	32	28	87.5	33	16	48.5	34	33	97.0	33	29	87.9	31	24	77.4	34
12	Boys	4	2	50.0	3	1	33.3	4	4	100.0	4	3	75.0	3	1	33.3	5
12	Girls	1	1	100.0	3	0	0.0	4	4	100.0	4	4	100.0	2	2	100.0	5
Totals		847	801	94.6	824	584	70.9	879	857	97.5	865	824	95.3	843	595	70.6	905

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lees Corner Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	64	91.4	67	50	74.6	70	68	97.0	70	65	92.9	70	64	91.4	70
04	Girls	54	52	96.3	54	54	100.0	54	53	98.0	54	52	96.3	54	45	83.3	54
05	Boys	57	53	93.0	56	44	78.6	57	56	98.0	57	54	94.7	57	45	78.9	57
05	Girls	51	45	88.2	48	47	97.9	51	50	98.0	51	47	92.2	51	35	68.6	51
06	Boys	64	59	92.2	62	51	82.3	66	63	96.0	66	62	93.9	66	52	78.8	66
06	Girls	48	44	91.7	48	46	95.8	49	48	98.0	49	46	93.9	49	40	81.6	49
Totals		344	317	92.2	335	292	87.2	347	338	97.4	347	326	93.9	347	281	81.0	347

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lemon Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	44	80.0	56	45	80.4	59	54	92.0	57	42	73.7	56	52	92.9	59
04	Girls	50	33	66.0	49	49	100.0	50	49	98.0	50	38	76.0	50	41	82.0	51
05	Boys	47	38	80.9	45	33	73.3	47	46	98.0	47	32	68.1	47	39	83.0	47
05	Girls	49	35	71.4	49	49	100.0	49	49	100.0	48	31	64.6	49	42	85.7	49
06	Boys	40	33	82.5	40	23	57.5	40	36	90.0	40	31	77.5	40	30	75.0	40
06	Girls	41	34	82.9	41	36	87.8	41	40	98.0	41	33	80.5	41	36	87.8	41
Totals		282	217	77.0	280	235	83.9	286	274	95.8	283	207	73.1	283	240	84.8	287

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Liberty Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	275	262	95.3	272	163	59.9	276	264	96.0	274	235	85.8	275	212	77.1	284
07	Girls	262	249	95.0	262	219	83.6	262	255	97.0	262	240	91.6	261	223	85.4	264
08	Boys	247	203	82.2	257	157	61.1	250	222	89.0	255	212	83.1	251	152	60.6	265
08	Girls	226	183	81.0	232	180	77.6	232	221	95.0	234	212	90.6	228	191	83.8	235
Totals		1,010	897	88.8	1,023	719	70.3	1,020	962	94.3	1,025	899	87.7	1,015	778	76.7	1,048

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Little Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	29	100.0	29	26	89.7	29	29	100.0	29	16	55.2	29	28	96.6	29
04	Girls	21	20	95.2	21	21	100.0	21	20	95.0	21	12	57.1	21	16	76.2	21
05	Boys	20	15	75.0	20	17	85.0	20	20	100.0	20	9	45.0	20	14	70.0	20
05	Girls	18	16	88.9	18	18	100.0	18	18	100.0	18	13	72.2	18	13	72.2	18
06	Boys	23	21	91.3	23	20	87.0	24	24	100.0	23	13	56.5	23	19	82.6	24
06	Girls	29	27	93.1	29	26	89.7	29	29	100.0	29	21	72.4	29	20	69.0	29
Totals		140	128	91.4	140	128	91.4	141	140	99.3	140	84	60.0	140	110	78.6	141

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
London Towne Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	68	97.1	70	66	94.3	70	69	99.0	70	68	97.1	70	67	95.7	70
04	Girls	50	48	96.0	50	50	100.0	50	50	100.0	50	50	100.0	50	44	88.0	50
05	Boys	56	54	96.4	56	51	91.1	56	56	100.0	56	55	98.2	56	46	82.1	56
05	Girls	54	53	98.1	54	54	100.0	54	54	100.0	54	54	100.0	54	50	92.6	54
06	Boys	44	42	95.5	45	42	93.3	44	43	98.0	44	44	100.0	44	39	88.6	45
06	Girls	54	53	98.1	60	60	100.0	56	56	100.0	56	55	98.2	54	45	83.3	60
Totals		328	318	97.0	335	323	96.4	330	328	99.4	330	326	98.8	328	291	88.7	335

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Longfellow Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	345	330	95.7	347	247	71.2	350	338	97.0	348	286	82.2	345	219	63.5	351
07	Girls	319	304	95.3	318	289	90.9	321	317	99.0	319	284	89.0	318	161	50.6	321
08	Boys	362	319	88.1	358	222	62.0	368	356	97.0	363	270	74.4	357	232	65.0	368
08	Girls	345	303	87.8	341	267	78.3	346	345	100.0	344	291	84.6	341	180	52.8	346
Totals		1,371	1,256	91.6	1,364	1,025	75.1	1,385	1,356	97.9	1,374	1,131	82.3	1,361	792	58.2	1,386

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lorton Station Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	56	77.8	72	33	45.8	72	68	94.0	72	69	95.8	71	60	84.5	72
04	Girls	80	50	62.5	79	75	94.9	80	78	98.0	80	76	95.0	80	55	68.8	81
05	Boys	81	54	66.7	81	36	44.4	81	78	96.0	81	79	97.5	81	68	84.0	81
05	Girls	73	50	68.5	71	57	80.3	75	74	99.0	72	71	98.6	73	55	75.3	75
06	Boys	79	64	81.0	74	36	48.6	79	76	96.0	79	79	100.0	79	66	83.5	80
06	Girls	82	63	76.8	82	55	67.1	83	82	99.0	83	82	98.8	82	64	78.0	83
Totals		467	337	72.2	459	292	63.6	470	456	97.0	467	456	97.6	466	368	79.0	472

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Lynbrook Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	26	54.2	48	27	56.3	48	43	90.0	48	39	81.3	48	41	85.4	48
04	Girls	34	20	58.8	34	30	88.2	34	33	97.0	34	29	85.3	34	25	73.5	34
05	Boys	48	32	66.7	48	22	45.8	48	36	75.0	48	36	75.0	48	30	62.5	48
05	Girls	28	22	78.6	29	25	86.2	28	27	96.0	28	24	85.7	28	19	67.9	29
06	Boys	42	34	81.0	42	19	45.2	42	34	81.0	42	39	92.9	42	19	45.2	42
06	Girls	34	23	67.6	34	24	70.6	34	33	97.0	34	30	88.2	34	20	58.8	34
Totals		234	157	67.1	235	147	62.6	234	206	88.0	234	197	84.2	234	154	65.8	235

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Madison High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	258	251	97.3	258	203	78.7	260	255	98.0	259	224	86.5	258	197	76.4	260
09	Girls	246	244	99.2	248	211	85.1	247	240	97.0	243	232	95.5	246	226	91.9	248
10	Boys	261	257	98.5	261	172	65.9	263	259	99.0	261	211	80.8	259	218	84.2	264
10	Girls	242	240	99.2	240	206	85.8	242	238	98.0	241	214	88.8	242	224	92.6	243
11	Boys	11	10	90.9	11	4	36.4	12	11	92.0	12	6	50.0	11	6	54.5	12
11	Girls	6	6	100.0	6	3	50.0	7	6	86.0	7	5	71.4	6	5	83.3	7
12	Boys	0	0	0.0	0	0	0.0	1	0	0.0	1	0	0.0	1	0	0.0	2
Totals		1,024	1,008	98.4	1,024	799	78.0	1,032	1,009	97.8	1,024	892	87.1	1,023	876	85.6	1,036

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mantua Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	85	95.5	89	74	83.1	90	90	100.0	90	90	100.0	89	87	97.8	90
04	Girls	88	86	97.7	88	88	100.0	88	88	100.0	88	88	100.0	88	87	98.9	88
05	Boys	101	95	94.1	94	82	87.2	101	101	100.0	101	101	100.0	100	91	91.0	101
05	Girls	88	84	95.5	87	87	100.0	88	88	100.0	88	88	100.0	88	87	98.9	88
06	Boys	84	84	100.0	84	74	88.1	85	85	100.0	85	85	100.0	84	80	95.2	85
06	Girls	91	89	97.8	89	88	98.9	91	91	100.0	91	91	100.0	91	85	93.4	91
Totals		541	523	96.7	531	493	92.8	543	543	100.0	543	543	100.0	540	517	95.7	543

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Marshall High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	281	278	98.9	281	244	86.8	281	272	97.0	281	277	98.6	281	225	80.1	284
09	Girls	261	259	99.2	257	237	92.2	264	259	98.0	263	259	98.5	260	252	96.9	269
10	Boys	263	258	98.1	253	196	77.5	261	254	97.0	262	257	98.1	259	219	84.6	270
10	Girls	239	237	99.2	231	208	90.0	242	238	98.0	242	241	99.6	237	232	97.9	247
11	Boys	16	16	100.0	15	10	66.7	16	16	100.0	16	15	93.8	16	11	68.8	17
11	Girls	19	19	100.0	16	9	56.3	19	18	95.0	19	18	94.7	18	18	100.0	21
12	Boys	2	1	50.0	2	0	0.0	1	1	100.0	2	1	50.0	2	0	0.0	6
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	11
Totals		1,083	1,070	98.8	1,057	904	85.5	1,086	1,060	97.6	1,087	1,070	98.4	1,075	958	89.1	1,125

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Marshall Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	37	92.5	39	26	66.7	38	34	90.0	39	39	100.0	40	30	75.0	40
04	Girls	60	56	93.3	60	60	100.0	61	59	97.0	61	61	100.0	60	40	66.7	62
05	Boys	63	49	77.8	62	49	79.0	61	50	82.0	63	63	100.0	63	42	66.7	65
05	Girls	46	39	84.8	46	44	95.7	45	41	91.0	46	46	100.0	46	29	63.0	46
06	Boys	35	21	60.0	31	21	67.7	31	21	68.0	33	33	100.0	35	17	48.6	37
06	Girls	55	48	87.3	55	54	98.2	55	48	87.0	55	55	100.0	55	40	72.7	55
Totals		299	250	83.6	293	254	86.7	291	253	86.9	297	297	100.0	299	198	66.2	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mason Crest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	24	72.7	35	26	74.3	35	31	89.0	33	30	90.9	33	28	84.8	35
04	Girls	38	28	73.7	39	38	97.4	39	36	92.0	38	37	97.4	38	30	78.9	39
05	Boys	49	36	73.5	49	43	87.8	52	41	79.0	49	49	100.0	49	35	71.4	52
05	Girls	53	33	62.3	55	54	98.2	55	49	89.0	53	52	98.1	53	35	66.0	55
Totals		173	121	69.9	178	161	90.4	181	157	86.7	173	168	97.1	173	128	74.0	181

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
McLean High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	294	281	95.6	269	193	71.7	296	271	92.0	295	244	82.7	294	221	75.2	297
09	Girls	268	262	97.8	247	199	80.6	271	266	98.0	271	254	93.7	270	248	91.9	271
10	Boys	269	244	90.7	268	157	58.6	269	246	91.0	250	201	80.4	268	185	69.0	270
10	Girls	251	232	92.4	248	161	64.9	251	246	98.0	235	213	90.6	249	200	80.3	251
11	Boys	7	4	57.1	7	1	14.3	7	7	100.0	7	3	42.9	7	4	57.1	7
11	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
12	Boys	4	1	25.0	6	0	0.0	7	2	29.0	7	0	0.0	7	0	0.0	7
12	Girls	0	0	0.0	1	0	0.0	1	0	0.0	1	0	0.0	1	0	0.0	2
Totals		1,094	1,025	93.7	1,047	711	67.9	1,103	1,039	94.2	1,067	916	85.8	1,097	858	78.2	1,106

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
McNair Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	102	92	90.2	101	67	66.3	103	93	90.0	103	102	99.0	101	93	92.1	103
04	Girls	91	74	81.3	91	90	98.9	91	87	96.0	91	91	100.0	91	85	93.4	91
05	Boys	70	61	87.1	70	61	87.1	70	60	86.0	70	70	100.0	69	65	94.2	70
05	Girls	88	76	86.4	89	86	96.6	89	84	94.0	89	89	100.0	89	82	92.1	89
06	Boys	88	78	88.6	88	68	77.3	88	83	94.0	88	88	100.0	88	83	94.3	88
06	Girls	96	79	82.3	95	89	93.7	96	93	97.0	96	94	97.9	95	88	92.6	96
Totals		535	460	86.0	534	461	86.3	537	500	93.1	537	534	99.4	533	496	93.1	537

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mosby Woods Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	90	71	78.9	90	44	48.9	91	74	81.0	91	48	52.7	90	80	88.9	91
04	Girls	81	76	93.8	82	82	100.0	84	74	88.0	83	67	80.7	82	75	91.5	84
05	Boys	99	87	87.9	99	77	77.8	100	86	86.0	100	64	64.0	100	92	92.0	100
05	Girls	70	65	92.9	70	57	81.4	71	62	87.0	71	51	71.8	71	67	94.4	71
06	Boys	92	86	93.5	92	71	77.2	92	82	89.0	92	73	79.3	92	88	95.7	92
06	Girls	86	73	84.9	87	83	95.4	88	85	97.0	87	77	88.5	88	84	95.5	88
Totals		518	458	88.4	520	414	79.6	526	463	88.0	524	380	72.5	523	486	92.9	526

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mount Eagle Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	21	80.8	26	10	38.5	26	21	81.0	26	18	69.2	26	23	88.5	26
04	Girls	33	28	84.8	33	33	100.0	33	30	91.0	33	27	81.8	33	28	84.8	33
05	Boys	31	28	90.3	31	20	64.5	31	27	87.0	31	19	61.3	31	27	87.1	31
05	Girls	27	23	85.2	27	25	92.6	27	25	93.0	27	23	85.2	27	17	63.0	27
06	Boys	29	28	96.6	29	14	48.3	29	26	90.0	29	25	86.2	29	26	89.7	29
06	Girls	29	25	86.2	29	25	86.2	29	29	100.0	29	27	93.1	29	16	55.2	29
Totals		175	153	87.4	175	127	72.6	175	158	90.3	175	139	79.4	175	137	78.3	175

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mount Vernon High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	187	174	93.0	227	93	41.0	229	216	94.0	227	162	71.4	225	184	81.8	236
09	Girls	180	169	93.9	207	82	39.6	217	214	99.0	216	148	68.5	210	187	89.0	223
10	Boys	216	198	91.7	217	45	20.7	227	226	100.0	208	175	84.1	205	131	63.9	229
10	Girls	190	175	92.1	200	35	17.5	218	217	100.0	209	186	89.0	182	168	92.3	220
11	Boys	31	27	87.1	33	5	15.2	35	34	97.0	30	20	66.7	34	24	70.6	36
11	Girls	26	22	84.6	26	2	7.7	28	28	100.0	27	26	96.3	25	24	96.0	30
12	Boys	2	2	100.0	3	1	33.3	4	4	100.0	3	2	66.7	2	2	100.0	7
12	Girls	3	2	66.7	2	0	0.0	4	4	100.0	4	4	100.0	3	3	100.0	5
Totals		835	769	92.1	915	263	28.7	962	943	98.0	924	723	78.2	886	723	81.6	986

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mount Vernon Woods Elementary Sch**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	40	83.3	48	27	56.3	49	48	98.0	48	43	89.6	48	40	83.3	49
04	Girls	40	33	82.5	40	40	100.0	40	39	98.0	40	35	87.5	40	31	77.5	40
05	Boys	56	45	80.4	56	46	82.1	56	48	86.0	56	46	82.1	56	52	92.9	56
05	Girls	49	42	85.7	49	49	100.0	49	47	96.0	49	46	93.9	49	45	91.8	49
06	Boys	41	36	87.8	41	33	80.5	41	38	93.0	39	35	89.7	41	34	82.9	41
06	Girls	44	35	79.5	42	41	97.6	44	43	98.0	42	36	85.7	43	37	86.0	45
Totals		278	231	83.1	276	236	85.5	279	263	94.3	274	241	88.0	277	239	86.3	280

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Mountain View High School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
09	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Navy Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	90	87	96.7	90	69	76.7	90	68	76.0	90	90	100.0	90	89	98.9	90
04	Girls	75	73	97.3	75	75	100.0	75	69	92.0	75	75	100.0	75	73	97.3	75
05	Boys	86	78	90.7	86	64	74.4	86	76	88.0	86	85	98.8	86	81	94.2	86
05	Girls	74	72	97.3	73	71	97.3	74	74	100.0	74	74	100.0	74	71	95.9	74
06	Boys	88	80	90.9	87	71	81.6	89	82	92.0	89	88	98.9	88	80	90.9	89
06	Girls	76	69	90.8	77	75	97.4	77	76	99.0	77	77	100.0	76	69	90.8	77
Totals		489	459	93.9	488	425	87.1	491	445	90.6	491	489	99.6	489	463	94.7	491

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Newington Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	28	100.0	28	26	92.9	28	25	89.0	28	21	75.0	28	28	100.0	28
04	Girls	47	46	97.9	46	46	100.0	47	47	100.0	47	39	83.0	47	46	97.9	47
05	Boys	41	40	97.6	41	35	85.4	41	38	93.0	41	28	68.3	41	37	90.2	41
05	Girls	33	32	97.0	32	32	100.0	33	33	100.0	33	32	97.0	33	32	97.0	33
06	Boys	40	40	100.0	39	30	76.9	40	35	88.0	40	39	97.5	40	37	92.5	40
06	Girls	34	34	100.0	33	32	97.0	34	34	100.0	34	32	94.1	34	33	97.1	34
Totals		223	220	98.7	219	201	91.8	223	212	95.1	223	191	85.7	223	213	95.5	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
North Springfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	30	88.2	34	21	61.8	34	33	97.0	34	19	55.9	34	24	70.6	34
04	Girls	33	30	90.9	33	32	97.0	33	32	97.0	33	24	72.7	33	23	69.7	34
05	Boys	34	34	100.0	34	23	67.6	34	33	97.0	33	16	48.5	34	25	73.5	34
05	Girls	33	32	97.0	33	29	87.9	33	31	94.0	33	12	36.4	33	21	63.6	33
Totals		134	126	94.0	134	105	78.4	134	129	96.3	133	71	53.4	134	93	69.4	135

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Oak Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	74	98.7	74	62	83.8	75	71	95.0	75	69	92.0	74	72	97.3	75
04	Girls	69	66	95.7	69	68	98.6	69	67	97.0	69	63	91.3	69	61	88.4	69
05	Boys	92	90	97.8	92	76	82.6	92	86	94.0	92	62	67.4	92	78	84.8	92
05	Girls	73	72	98.6	73	73	100.0	73	70	96.0	73	58	79.5	73	64	87.7	73
06	Boys	69	69	100.0	69	56	81.2	69	60	87.0	69	65	94.2	69	58	84.1	69
06	Girls	76	71	93.4	76	72	94.7	76	74	97.0	76	70	92.1	76	65	85.5	76
Totals		454	442	97.4	453	407	89.8	454	428	94.3	454	387	85.2	453	398	87.9	454

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Oak View Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	63	88.7	71	63	88.7	73	63	86.0	73	62	84.9	71	69	97.2	74
04	Girls	59	54	91.5	59	59	100.0	60	55	92.0	60	52	86.7	59	56	94.9	60
05	Boys	56	52	92.9	56	49	87.5	56	47	84.0	56	51	91.1	55	50	90.9	56
05	Girls	59	56	94.9	59	58	98.3	59	57	97.0	59	52	88.1	56	52	92.9	60
06	Boys	71	63	88.7	71	65	91.5	71	66	93.0	72	67	93.1	70	60	85.7	72
06	Girls	58	52	89.7	59	59	100.0	60	58	97.0	59	57	96.6	59	57	96.6	60
Totals		374	340	90.9	375	353	94.1	379	346	91.3	379	341	90.0	370	344	93.0	382

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Oakton Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	61	93.8	65	48	73.8	65	63	97.0	65	57	87.7	65	63	96.9	66
04	Girls	58	57	98.3	58	57	98.3	58	58	100.0	58	56	96.6	57	55	96.5	58
05	Boys	63	61	96.8	63	51	81.0	63	59	94.0	63	54	85.7	63	60	95.2	67
05	Girls	43	42	97.7	43	41	95.3	43	42	98.0	43	41	95.3	43	41	95.3	43
06	Boys	60	59	98.3	60	45	75.0	60	57	95.0	60	53	88.3	60	53	88.3	60
06	Girls	68	68	100.0	68	67	98.5	68	67	99.0	67	65	97.0	68	66	97.1	68
Totals		357	348	97.5	357	309	86.6	357	346	96.9	356	326	91.6	356	338	94.9	362

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Oakton High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	362	360	99.4	359	296	82.5	364	359	99.0	364	355	97.5	359	311	86.6	369
09	Girls	332	329	99.1	331	305	92.1	333	332	100.0	331	326	98.5	332	319	96.1	334
10	Boys	298	294	98.7	287	195	67.9	299	291	97.0	294	274	93.2	297	243	81.8	302
10	Girls	255	253	99.2	252	211	83.7	266	264	99.0	262	252	96.2	256	248	96.9	267
11	Boys	11	11	100.0	11	6	54.5	12	11	92.0	11	11	100.0	11	9	81.8	13
11	Girls	6	6	100.0	7	3	42.9	12	10	83.0	11	9	81.8	6	5	83.3	13
12	Boys	1	0	0.0	0	0	0.0	2	1	50.0	2	0	0.0	0	0	0.0	3
12	Girls	2	2	100.0	2	2	100.0	3	2	67.0	3	3	100.0	2	2	100.0	3
Totals		1,267	1,255	99.1	1,249	1,018	81.5	1,291	1,270	98.4	1,278	1,230	96.2	1,263	1,137	90.0	1,304

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Olde Creek Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	25	73.5	35	22	62.9	36	29	81.0	35	28	80.0	33	27	81.8	36
04	Girls	33	27	81.8	33	29	87.9	33	33	100.0	33	28	84.8	33	27	81.8	33
05	Boys	40	33	82.5	41	24	58.5	41	40	98.0	41	38	92.7	39	33	84.6	41
05	Girls	31	26	83.9	31	27	87.1	31	30	97.0	31	29	93.5	31	24	77.4	31
06	Boys	35	31	88.6	36	26	72.2	38	37	97.0	36	34	94.4	36	30	83.3	38
06	Girls	25	24	96.0	25	25	100.0	25	24	96.0	25	25	100.0	25	23	92.0	26
Totals		198	166	83.8	201	153	76.1	204	193	94.6	201	182	90.5	197	164	83.2	205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Orange Hunt Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	66	83.5	78	43	55.1	79	79	100.0	79	63	79.7	78	69	88.5	79
04	Girls	73	66	90.4	73	73	100.0	73	73	100.0	73	63	86.3	73	60	82.2	73
05	Boys	56	51	91.1	56	34	60.7	56	56	100.0	56	48	85.7	56	50	89.3	56
05	Girls	52	46	88.5	52	48	92.3	52	52	100.0	52	50	96.2	52	48	92.3	52
06	Boys	69	64	92.8	69	42	60.9	69	69	100.0	69	63	91.3	69	55	79.7	69
06	Girls	65	61	93.8	65	64	98.5	65	65	100.0	65	65	100.0	65	60	92.3	65
Totals		394	354	89.8	393	304	77.4	394	394	100.0	394	352	89.3	393	342	87.0	394

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Parklawn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	37	71.2	51	32	62.7	52	37	71.0	52	52	100.0	50	27	54.0	52
04	Girls	65	58	89.2	68	68	100.0	68	59	87.0	68	68	100.0	66	29	43.9	68
05	Boys	42	31	73.8	41	34	82.9	42	28	67.0	42	41	97.6	42	30	71.4	43
05	Girls	57	41	71.9	56	54	96.4	58	52	90.0	58	58	100.0	57	37	64.9	59
Totals		216	167	77.3	216	188	87.0	220	176	80.0	220	219	99.5	215	123	57.2	222

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Pine Spring Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	27	20	74.1	26	7	26.9	27	17	63.0	27	27	100.0	26	8	30.8	27
04	Girls	41	38	92.7	41	41	100.0	41	32	78.0	41	41	100.0	41	16	39.0	41
05	Boys	30	23	76.7	30	19	63.3	30	25	83.0	30	30	100.0	30	14	46.7	30
05	Girls	33	26	78.8	33	32	97.0	33	29	88.0	33	33	100.0	33	16	48.5	33
06	Boys	29	20	69.0	29	17	58.6	29	25	86.0	29	29	100.0	29	11	37.9	29
06	Girls	24	17	70.8	24	20	83.3	24	21	88.0	24	24	100.0	24	10	41.7	24
Totals		184	144	78.3	183	136	74.3	184	149	81.0	184	184	100.0	183	75	41.0	184

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Poe Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	159	154	96.9	158	104	65.8	161	145	90.0	164	155	94.5	155	140	90.3	167
06	Girls	138	134	97.1	136	128	94.1	137	129	94.0	138	135	97.8	136	126	92.6	139
07	Boys	137	133	97.1	135	77	57.0	138	131	95.0	139	110	79.1	135	110	81.5	140
07	Girls	139	136	97.8	137	107	78.1	138	136	99.0	139	120	86.3	138	122	88.4	139
08	Boys	154	145	94.2	151	119	78.8	156	131	84.0	155	150	96.8	150	97	64.7	159
08	Girls	148	141	95.3	148	130	87.8	149	140	94.0	148	146	98.6	147	109	74.1	150
Totals		875	843	96.3	865	665	76.9	879	812	92.4	883	816	92.4	861	704	81.8	894

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Poplar Tree Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	68	66	97.1	68	52	76.5	70	61	87.0	70	63	90.0	68	64	94.1	71
04	Girls	70	69	98.6	69	69	100.0	70	67	96.0	70	63	90.0	69	69	100.0	70
05	Boys	69	68	98.6	69	56	81.2	69	67	97.0	69	68	98.6	69	68	98.6	69
05	Girls	53	52	98.1	53	52	98.1	53	51	96.0	53	52	98.1	53	52	98.1	54
06	Boys	81	80	98.8	82	73	89.0	83	76	92.0	81	80	98.8	81	78	96.3	83
06	Girls	65	65	100.0	65	65	100.0	66	63	96.0	65	65	100.0	65	63	96.9	66
Totals		406	400	98.5	406	367	90.4	411	385	93.7	408	391	95.8	405	394	97.3	413

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Powell Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	48	98.0	49	35	71.4	50	50	100.0	49	42	85.7	49	41	83.7	50
04	Girls	68	67	98.5	68	68	100.0	68	68	100.0	68	60	88.2	68	63	92.6	68
05	Boys	69	64	92.8	68	49	72.1	69	69	100.0	69	55	79.7	69	49	71.0	70
05	Girls	61	58	95.1	62	60	96.8	62	62	100.0	62	55	88.7	61	46	75.4	62
06	Boys	61	58	95.1	60	49	81.7	61	60	98.0	61	49	80.3	61	45	73.8	62
06	Girls	62	61	98.4	62	57	91.9	62	62	100.0	61	55	90.2	61	47	77.0	62
Totals		370	356	96.2	369	318	86.2	372	371	99.7	370	316	85.4	369	291	78.9	374

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Providence Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	51	83.6	59	32	54.2	61	44	72.0	62	44	71.0	58	52	89.7	62
04	Girls	35	32	91.4	35	35	100.0	35	32	91.0	36	35	97.2	34	31	91.2	37
05	Boys	69	68	98.6	70	48	68.6	71	62	87.0	71	69	97.2	69	61	88.4	72
05	Girls	75	70	93.3	73	64	87.7	73	70	96.0	73	72	98.6	75	66	88.0	75
06	Boys	57	54	94.7	59	36	61.0	59	48	81.0	59	58	98.3	56	44	78.6	59
06	Girls	74	65	87.8	74	66	89.2	75	68	91.0	75	74	98.7	74	65	87.8	75
Totals		371	340	91.6	370	281	75.9	374	324	86.6	376	352	93.6	366	319	87.2	380

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	3	3	100.0	6	1	16.7	4	3	75.0	1	1	100.0	2	1	50.0	8
09	Girls	1	0	0.0	6	0	0.0	3	2	67.0	0	0	0.0	2	0	0.0	6
10	Boys	2	1	50.0	4	0	0.0	2	2	100.0	0	0	0.0	1	0	0.0	7
10	Girls	1	0	0.0	1	0	0.0	1	1	100.0	0	0	0.0	1	0	0.0	8
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		7	4	57.1	17	1	5.9	10	8	80.0	1	1	100.0	6	1	16.7	30

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Ravensworth Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	36	97.3	36	26	72.2	37	36	97.0	37	31	83.8	37	36	97.3	37
04	Girls	31	28	90.3	31	31	100.0	31	30	97.0	31	26	83.9	31	28	90.3	31
05	Boys	45	43	95.6	45	33	73.3	45	43	96.0	45	37	82.2	45	42	93.3	45
05	Girls	37	37	100.0	37	36	97.3	37	37	100.0	37	35	94.6	37	35	94.6	37
06	Boys	51	48	94.1	51	38	74.5	51	50	98.0	51	39	76.5	51	51	100.0	51
06	Girls	20	20	100.0	20	18	90.0	21	21	100.0	21	17	81.0	20	17	85.0	21
Totals		221	212	95.9	220	182	82.7	222	217	97.7	222	185	83.3	221	209	94.6	222

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Riverside Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	60	98.4	57	49	86.0	62	59	95.0	59	58	98.3	63	54	85.7	63
04	Girls	49	44	89.8	48	47	97.9	49	48	98.0	48	48	100.0	50	24	48.0	50
05	Boys	44	39	88.6	43	34	79.1	44	40	91.0	44	44	100.0	44	37	84.1	44
05	Girls	56	56	100.0	56	56	100.0	56	54	96.0	56	55	98.2	56	48	85.7	56
06	Boys	71	68	95.8	76	55	72.4	72	70	97.0	76	75	98.7	76	64	84.2	77
06	Girls	45	41	91.1	45	39	86.7	46	46	100.0	46	46	100.0	49	32	65.3	49
Totals		326	308	94.5	325	280	86.2	329	317	96.4	329	326	99.1	338	259	76.6	339

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Robinson High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	332	330	99.4	332	261	78.6	335	320	96.0	313	291	93.0	331	306	92.4	335
09	Girls	296	292	98.6	297	250	84.2	298	291	98.0	287	273	95.1	296	284	95.9	299
10	Boys	318	304	95.6	324	184	56.8	328	328	100.0	308	308	100.0	316	268	84.8	328
10	Girls	308	302	98.1	307	204	66.4	315	315	100.0	294	294	100.0	308	296	96.1	315
11	Boys	5	5	100.0	7	2	28.6	7	6	86.0	6	6	100.0	5	5	100.0	8
11	Girls	5	5	100.0	5	2	40.0	5	5	100.0	5	5	100.0	5	4	80.0	6
12	Boys	4	4	100.0	2	1	50.0	7	6	86.0	6	6	100.0	4	3	75.0	11
12	Girls	2	2	100.0	2	1	50.0	3	3	100.0	3	3	100.0	2	1	50.0	4
Totals		1,270	1,244	98.0	1,276	905	70.9	1,298	1,274	98.2	1,222	1,186	97.1	1,267	1,167	92.1	1,306

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Robinson Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	309	302	97.7	311	208	66.9	313	308	98.0	310	303	97.7	309	281	90.9	313
07	Girls	283	272	96.1	286	255	89.2	286	283	99.0	283	280	98.9	282	265	94.0	286
08	Boys	307	290	94.5	311	248	79.7	311	306	98.0	302	297	98.3	307	250	81.4	311
08	Girls	278	261	93.9	284	262	92.3	284	282	99.0	277	270	97.5	281	259	92.2	288
Totals		1,177	1,125	95.6	1,192	973	81.6	1,194	1,179	98.7	1,172	1,150	98.1	1,179	1,055	89.5	1,198

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Rocky Run Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	318	305	95.9	320	219	68.4	322	317	98.0	322	313	97.2	319	229	71.8	323
07	Girls	332	312	94.0	332	296	89.2	334	331	99.0	333	320	96.1	333	252	75.7	334
08	Boys	361	359	99.4	367	294	80.1	373	360	97.0	374	359	96.0	362	290	80.1	375
08	Girls	266	266	100.0	279	259	92.8	282	282	100.0	281	279	99.3	273	239	87.5	282
Totals		1,277	1,242	97.3	1,298	1,068	82.3	1,311	1,290	98.4	1,310	1,271	97.0	1,287	1,010	78.5	1,314

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Rolling Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	38	97.4	38	23	60.5	39	39	100.0	39	39	100.0	39	29	74.4	42
04	Girls	38	38	100.0	38	38	100.0	38	38	100.0	38	37	97.4	38	33	86.8	40
05	Boys	37	34	91.9	37	30	81.1	37	37	100.0	37	36	97.3	37	31	83.8	37
05	Girls	30	30	100.0	30	28	93.3	30	30	100.0	30	30	100.0	30	22	73.3	30
06	Boys	43	41	95.3	44	30	68.2	44	42	96.0	44	40	90.9	44	32	72.7	45
06	Girls	33	30	90.9	33	31	93.9	33	33	100.0	33	33	100.0	33	22	66.7	34
Totals		220	211	95.9	220	180	81.8	221	219	99.1	221	215	97.3	221	169	76.5	228

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Rose Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	39	86.7	45	25	55.6	46	34	74.0	45	37	82.2	45	34	75.6	46
04	Girls	39	36	92.3	39	39	100.0	39	32	82.0	39	34	87.2	39	33	84.6	40
05	Boys	52	47	90.4	52	36	69.2	53	47	89.0	53	46	86.8	52	39	75.0	53
05	Girls	42	42	100.0	42	41	97.6	44	41	93.0	42	33	78.6	42	34	81.0	44
06	Boys	42	40	95.2	42	20	47.6	43	36	84.0	42	36	85.7	42	27	64.3	43
06	Girls	40	40	100.0	40	36	90.0	40	36	90.0	40	38	95.0	40	21	52.5	40
Totals		260	244	93.8	260	197	75.8	265	226	85.3	261	224	85.8	260	188	72.3	266

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Sandburg Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	344	311	90.4	329	198	60.2	349	287	82.0	347	320	92.2	351	294	83.8	365
07	Girls	395	345	87.3	397	295	74.3	401	344	86.0	395	372	94.2	396	349	88.1	408
08	Boys	373	350	93.8	366	195	53.3	372	333	90.0	372	344	92.5	345	236	68.4	378
08	Girls	327	292	89.3	330	177	53.6	330	308	93.0	329	309	93.9	314	253	80.6	334
Totals		1,439	1,298	90.2	1,422	865	60.8	1,452	1,272	87.6	1,443	1,345	93.2	1,406	1,132	80.5	1,485

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Sangster Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	99	96	97.0	98	74	75.5	99	85	86.0	99	91	91.9	99	91	91.9	99
04	Girls	85	83	97.6	85	85	100.0	85	84	99.0	85	80	94.1	84	64	76.2	85
05	Boys	83	83	100.0	83	76	91.6	83	79	95.0	82	79	96.3	82	79	96.3	83
05	Girls	92	91	98.9	91	85	93.4	92	90	98.0	92	88	95.7	92	77	83.7	92
06	Boys	91	90	98.9	91	73	80.2	92	85	92.0	92	88	95.7	92	81	88.0	92
06	Girls	82	81	98.8	81	79	97.5	83	81	98.0	82	82	100.0	82	76	92.7	83
Totals		532	524	98.5	529	472	89.2	534	504	94.4	532	508	95.5	531	468	88.1	534

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Saratoga Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	51	89.5	57	41	71.9	57	45	79.0	57	51	89.5	57	50	87.7	57
04	Girls	44	37	84.1	44	42	95.5	44	34	77.0	44	43	97.7	44	39	88.6	44
05	Boys	51	42	82.4	51	48	94.1	51	48	94.0	51	46	90.2	51	44	86.3	51
05	Girls	37	32	86.5	37	35	94.6	37	36	97.0	37	30	81.1	37	30	81.1	37
06	Boys	45	37	82.2	45	33	73.3	45	41	91.0	45	39	86.7	45	39	86.7	45
06	Girls	49	39	79.6	49	45	91.8	49	46	94.0	49	41	83.7	49	37	75.5	49
Totals		283	238	84.1	283	244	86.2	283	250	88.3	283	250	88.3	283	239	84.5	283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Sherman Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	23	92.0	25	24	96.0	26	25	96.0	25	25	100.0	25	20	80.0	26
04	Girls	18	18	100.0	19	19	100.0	19	19	100.0	19	19	100.0	18	13	72.2	19
05	Boys	36	36	100.0	36	36	100.0	36	36	100.0	36	36	100.0	36	35	97.2	36
05	Girls	22	22	100.0	22	22	100.0	22	22	100.0	22	22	100.0	22	21	95.5	22
06	Boys	27	27	100.0	27	27	100.0	27	27	100.0	27	27	100.0	27	21	77.8	27
06	Girls	19	19	100.0	19	19	100.0	20	20	100.0	20	20	100.0	19	18	94.7	20
Totals		147	145	98.6	148	147	99.3	150	149	99.3	149	149	100.0	147	128	87.1	150

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Shreveood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	49	90.7	53	35	66.0	56	51	91.0	54	51	94.4	54	42	77.8	56
04	Girls	49	48	98.0	49	49	100.0	50	50	100.0	49	49	100.0	49	36	73.5	50
05	Boys	38	38	100.0	37	31	83.8	45	41	91.0	39	39	100.0	37	30	81.1	45
05	Girls	43	41	95.3	43	42	97.7	43	41	95.0	43	43	100.0	43	31	72.1	43
06	Boys	51	49	96.1	50	41	82.0	54	48	89.0	51	49	96.1	50	42	84.0	54
06	Girls	35	34	97.1	35	33	94.3	35	35	100.0	35	34	97.1	35	31	88.6	35
Totals		270	259	95.9	267	231	86.5	283	266	94.0	271	265	97.8	268	212	79.1	283

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Silverbrook Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	34	63.0	54	32	59.3	55	47	86.0	55	31	56.4	54	41	75.9	55
04	Girls	72	39	54.2	72	72	100.0	72	71	99.0	72	41	56.9	72	38	52.8	72
05	Boys	59	31	52.5	60	37	61.7	60	58	97.0	60	17	28.3	60	32	53.3	62
05	Girls	63	36	57.1	63	52	82.5	63	61	97.0	63	25	39.7	63	31	49.2	63
06	Boys	59	43	72.9	59	32	54.2	59	55	93.0	57	29	50.9	58	34	58.6	59
06	Girls	64	42	65.6	64	58	90.6	64	64	100.0	64	38	59.4	64	48	75.0	64
Totals		371	225	60.6	372	283	76.1	373	356	95.4	371	181	48.8	371	224	60.4	375

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Sleepy Hollow Elementary School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	39	26	66.7	39	28	71.8	42	40	95.0	42	37	88.1	40	31	77.5	42
04	Girls	31	20	64.5	31	30	96.8	32	32	100.0	32	30	93.8	31	15	48.4	32
05	Boys	23	21	91.3	24	23	95.8	27	25	93.0	27	20	74.1	25	23	92.0	27
05	Girls	27	27	100.0	27	27	100.0	27	27	100.0	27	26	96.3	27	24	88.9	27
Totals		120	94	78.3	121	108	89.3	128	124	96.9	128	113	88.3	123	93	75.6	128

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
South County High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	249	240	96.4	248	174	70.2	249	241	97.0	249	200	80.3	249	186	74.7	269
09	Girls	252	232	92.1	252	169	67.1	253	250	99.0	252	227	90.1	252	227	90.1	271
10	Boys	273	266	97.4	274	132	48.2	274	270	99.0	274	248	90.5	273	224	82.1	276
10	Girls	256	240	93.8	253	132	52.2	256	254	99.0	254	248	97.6	256	216	84.4	259
11	Boys	5	5	100.0	5	3	60.0	5	4	80.0	5	4	80.0	5	5	100.0	7
11	Girls	7	4	57.1	7	1	14.3	7	7	100.0	7	6	85.7	7	4	57.1	10
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		1,042	987	94.7	1,039	611	58.8	1,044	1,026	98.3	1,041	933	89.6	1,042	862	82.7	1,098

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
South County Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	275	248	90.2	275	188	68.4	275	255	93.0	266	219	82.3	275	251	91.3	279
07	Girls	249	222	89.2	249	223	89.6	249	242	97.0	248	226	91.1	249	228	91.6	250
08	Boys	262	229	87.4	263	201	76.4	263	226	86.0	263	201	76.4	263	201	76.4	266
08	Girls	271	239	88.2	270	230	85.2	269	254	94.0	271	224	82.7	270	245	90.7	273
Totals		1,057	938	88.7	1,057	842	79.7	1,056	977	92.5	1,048	870	83.0	1,057	925	87.5	1,068

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
South Lakes High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	312	298	95.5	312	199	63.8	318	291	92.0	317	312	98.4	309	248	80.3	323
09	Girls	281	263	93.6	280	189	67.5	289	270	93.0	286	285	99.7	282	258	91.5	291
10	Boys	256	238	93.0	255	111	43.5	261	240	92.0	261	259	99.2	255	185	72.5	266
10	Girls	263	247	93.9	262	139	53.1	275	263	96.0	273	269	98.5	262	227	86.6	280
11	Boys	16	14	87.5	17	5	29.4	22	13	59.0	19	17	89.5	16	6	37.5	25
11	Girls	11	9	81.8	12	2	16.7	11	8	73.0	12	11	91.7	12	8	66.7	13
12	Boys	4	2	50.0	2	2	100.0	4	3	75.0	4	4	100.0	4	2	50.0	7
12	Girls	1	0	0.0	1	0	0.0	2	1	50.0	1	0	0.0	1	0	0.0	8
Totals		1,144	1,071	93.6	1,141	647	56.7	1,182	1,089	92.1	1,173	1,157	98.6	1,141	934	81.9	1,213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Spring Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	71	88.8	80	74	92.5	81	81	100.0	80	64	80.0	81	77	95.1	81
04	Girls	83	74	89.2	83	83	100.0	84	83	99.0	84	77	91.7	83	77	92.8	84
05	Boys	77	71	92.2	76	70	92.1	77	77	100.0	77	73	94.8	77	70	90.9	77
05	Girls	72	68	94.4	72	72	100.0	72	72	100.0	72	66	91.7	72	66	91.7	72
06	Boys	75	72	96.0	75	66	88.0	75	75	100.0	75	72	96.0	75	69	92.0	75
06	Girls	90	85	94.4	91	91	100.0	91	91	100.0	91	90	98.9	91	84	92.3	91
Totals		477	441	92.5	477	456	95.6	480	479	99.8	479	442	92.3	479	443	92.5	480

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Springfield Estates Elementary Sch**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	73	90.1	81	76	93.8	81	76	94.0	80	76	95.0	80	74	92.5	82
04	Girls	91	82	90.1	92	92	100.0	92	92	100.0	92	90	97.8	92	81	88.0	92
05	Boys	87	76	87.4	88	80	90.9	88	85	97.0	88	86	97.7	88	81	92.0	88
05	Girls	88	77	87.5	88	86	97.7	88	88	100.0	88	85	96.6	88	77	87.5	88
06	Boys	87	75	86.2	88	81	92.0	88	86	98.0	86	84	97.7	87	77	88.5	88
06	Girls	73	62	84.9	74	73	98.6	74	74	100.0	74	73	98.6	74	68	91.9	75
Totals		507	445	87.8	511	488	95.5	511	501	98.0	508	494	97.2	509	458	90.0	513

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Stenwood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	27	71.1	37	23	62.2	38	32	84.0	38	37	97.4	38	28	73.7	39
04	Girls	44	34	77.3	44	44	100.0	44	41	93.0	44	44	100.0	44	29	65.9	44
05	Boys	38	29	76.3	38	32	84.2	38	33	87.0	38	33	86.8	38	33	86.8	38
05	Girls	31	26	83.9	31	29	93.5	32	32	100.0	31	27	87.1	32	28	87.5	32
06	Boys	42	38	90.5	42	30	71.4	42	37	88.0	42	41	97.6	42	36	85.7	42
06	Girls	27	24	88.9	28	26	92.9	28	28	100.0	28	23	82.1	28	27	96.4	28
Totals		220	178	80.9	220	184	83.6	222	203	91.4	221	205	92.8	222	181	81.5	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Stone Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	173	168	97.1	173	124	71.7	177	176	99.0	179	154	86.0	177	151	85.3	181
07	Girls	185	174	94.1	185	158	85.4	187	185	99.0	186	168	90.3	186	162	87.1	187
08	Boys	202	191	94.6	202	161	79.7	203	203	100.0	201	191	95.0	201	159	79.1	205
08	Girls	180	171	95.0	180	166	92.2	182	182	100.0	181	176	97.2	182	162	89.0	182
Totals		740	704	95.1	740	609	82.3	749	746	99.6	747	689	92.2	746	634	85.0	755

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Stratford Landing Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	88	87	98.9	87	70	80.5	88	67	76.0	88	88	100.0	88	87	98.9	88
04	Girls	64	63	98.4	64	64	100.0	64	57	89.0	64	64	100.0	64	63	98.4	64
05	Boys	77	75	97.4	77	62	80.5	77	69	90.0	77	77	100.0	77	69	89.6	77
05	Girls	64	63	98.4	64	61	95.3	64	59	92.0	63	63	100.0	64	62	96.9	64
06	Boys	69	66	95.7	69	56	81.2	69	63	91.0	69	68	98.6	69	68	98.6	69
06	Girls	71	70	98.6	71	66	93.0	71	66	93.0	71	71	100.0	71	71	100.0	71
Totals		433	424	97.9	432	379	87.7	433	381	88.0	432	431	99.8	433	420	97.0	433

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Stuart High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	274	261	95.3	275	133	48.4	274	252	92.0	275	246	89.5	274	162	59.1	277
09	Girls	237	218	92.0	236	103	43.6	239	219	92.0	237	229	96.6	237	163	68.8	240
10	Boys	255	225	88.2	264	91	34.5	267	240	90.0	261	242	92.7	262	136	51.9	273
10	Girls	234	219	93.6	253	76	30.0	257	234	91.0	252	245	97.2	252	148	58.7	261
11	Boys	58	53	91.4	58	9	15.5	57	47	83.0	54	50	92.6	55	33	60.0	61
11	Girls	31	28	90.3	36	5	13.9	37	33	89.0	35	35	100.0	35	19	54.3	37
12	Boys	2	2	100.0	2	1	50.0	1	1	100.0	1	1	100.0	2	1	50.0	3
12	Girls	4	2	50.0	4	0	0.0	4	4	100.0	3	3	100.0	4	2	50.0	4
Totals		1,095	1,008	92.1	1,128	418	37.1	1,136	1,030	90.7	1,118	1,051	94.0	1,121	664	59.2	1,156

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Sunrise Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	49	42	85.7	49	49	100.0	49	44	89.8	49	49	100.0	52
04	Girls	42	41	97.6	43	43	100.0	44	43	98.0	42	39	92.9	42	42	100.0	44
05	Boys	53	51	96.2	53	46	86.8	53	53	100.0	53	49	92.5	53	50	94.3	53
05	Girls	40	39	97.5	40	39	97.5	40	40	100.0	40	40	100.0	40	38	95.0	40
06	Boys	51	50	98.0	51	46	90.2	51	51	100.0	51	50	98.0	51	49	96.1	55
06	Girls	40	40	100.0	40	40	100.0	40	40	100.0	40	39	97.5	40	40	100.0	41
Totals		275	268	97.5	276	256	92.8	277	276	99.6	275	261	94.9	275	268	97.5	285

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Terra Centre Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	32	94.1	34	28	82.4	34	29	85.0	31	24	77.4	32	29	90.6	34
04	Girls	39	37	94.9	39	39	100.0	39	36	92.0	39	35	89.7	37	33	89.2	39
05	Boys	33	31	93.9	33	32	97.0	33	31	94.0	32	23	71.9	33	28	84.8	33
05	Girls	41	38	92.7	40	40	100.0	40	40	100.0	39	32	82.1	40	29	72.5	42
06	Boys	43	35	81.4	44	31	70.5	43	38	88.0	44	32	72.7	41	30	73.2	44
06	Girls	42	40	95.2	44	43	97.7	43	41	95.0	44	38	86.4	41	30	73.2	44
Totals		232	213	91.8	234	213	91.0	232	215	92.7	229	184	80.3	224	179	79.9	236

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Terraset Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	41	95.3	43	28	65.1	43	42	98.0	43	37	86.0	43	42	97.7	43
04	Girls	44	43	97.7	44	43	97.7	44	44	100.0	44	43	97.7	44	41	93.2	44
05	Boys	25	24	96.0	25	12	48.0	25	25	100.0	25	19	76.0	25	22	88.0	25
05	Girls	37	32	86.5	37	33	89.2	37	37	100.0	37	34	91.9	37	31	83.8	37
06	Boys	33	31	93.9	33	24	72.7	33	33	100.0	33	27	81.8	33	26	78.8	33
06	Girls	27	24	88.9	27	24	88.9	27	27	100.0	27	23	85.2	27	21	77.8	27
Totals		209	195	93.3	209	164	78.5	209	208	99.5	209	183	87.6	209	183	87.6	209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Thoreau Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	253	239	94.5	254	179	70.5	255	241	95.0	250	249	99.6	253	221	87.4	260
07	Girls	209	203	97.1	207	182	87.9	209	204	98.0	209	209	100.0	208	192	92.3	214
08	Boys	251	240	95.6	251	210	83.7	254	238	94.0	248	238	96.0	252	211	83.7	256
08	Girls	205	198	96.6	207	189	91.3	211	203	96.0	206	204	99.0	210	193	91.9	212
Totals		918	880	95.9	919	760	82.7	929	886	95.4	913	900	98.6	923	817	88.5	942

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Timber Lane Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	45	83.3	54	24	44.4	54	42	78.0	54	53	98.1	54	39	72.2	54
04	Girls	34	30	88.2	34	34	100.0	34	32	94.0	34	33	97.1	34	22	64.7	34
05	Boys	41	35	85.4	41	25	61.0	42	35	83.0	42	37	88.1	41	32	78.0	42
05	Girls	32	28	87.5	32	26	81.3	32	29	91.0	32	31	96.9	32	23	71.9	32
06	Boys	37	31	83.8	37	22	59.5	39	31	80.0	38	37	97.4	37	24	64.9	39
06	Girls	27	24	88.9	27	24	88.9	28	25	89.0	28	27	96.4	27	22	81.5	28
Totals		225	193	85.8	225	155	68.9	229	194	84.7	228	218	95.6	225	162	72.0	229

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Twain Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	254	245	96.5	259	199	76.8	256	247	97.0	255	207	81.2	254	222	87.4	260
07	Girls	264	248	93.9	265	239	90.2	266	259	97.0	264	229	86.7	264	225	85.2	267
08	Boys	247	235	95.1	248	187	75.4	246	241	98.0	246	234	95.1	246	185	75.2	252
08	Girls	241	216	89.6	245	192	78.4	246	243	99.0	243	235	96.7	241	202	83.8	250
Totals		1,006	944	93.8	1,017	817	80.3	1,014	990	97.6	1,008	905	89.8	1,005	834	83.0	1,029

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Union Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	69	93.2	74	59	79.7	75	72	96.0	75	75	100.0	74	72	97.3	75
04	Girls	70	64	91.4	70	68	97.1	70	66	94.0	70	70	100.0	70	67	95.7	70
05	Boys	79	68	86.1	79	70	88.6	79	72	91.0	79	79	100.0	79	68	86.1	79
05	Girls	75	65	86.7	74	74	100.0	75	71	95.0	75	75	100.0	75	64	85.3	75
06	Boys	66	57	86.4	65	48	73.8	66	60	91.0	66	66	100.0	66	63	95.5	68
06	Girls	71	63	88.7	71	69	97.2	71	70	99.0	71	71	100.0	71	69	97.2	72
Totals		435	386	88.7	433	388	89.6	436	411	94.3	436	436	100.0	435	403	92.6	439

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Vienna Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	20	62.5	32	27	84.4	33	32	97.0	31	23	74.2	32	28	87.5	33
04	Girls	29	25	86.2	30	30	100.0	30	30	100.0	28	24	85.7	30	30	100.0	30
05	Boys	38	36	94.7	38	38	100.0	42	41	98.0	38	32	84.2	38	37	97.4	42
05	Girls	36	34	94.4	36	36	100.0	36	36	100.0	36	36	100.0	36	36	100.0	36
06	Boys	24	21	87.5	24	20	83.3	24	24	100.0	24	21	87.5	24	24	100.0	24
06	Girls	26	21	80.8	25	25	100.0	27	27	100.0	26	26	100.0	26	26	100.0	27
Totals		185	157	84.9	185	176	95.1	192	190	99.0	183	162	88.5	186	181	97.3	192

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Virginia Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	41	100.0	41	33	80.5	41	39	95.0	41	34	82.9	41	40	97.6	41
04	Girls	69	69	100.0	69	69	100.0	70	70	100.0	70	67	95.7	69	61	88.4	70
05	Boys	50	50	100.0	50	47	94.0	51	50	98.0	51	50	98.0	50	46	92.0	51
05	Girls	36	36	100.0	36	36	100.0	36	35	97.0	36	35	97.2	36	36	100.0	36
06	Boys	59	58	98.3	59	52	88.1	60	58	97.0	60	57	95.0	60	51	85.0	60
06	Girls	47	47	100.0	47	47	100.0	47	46	98.0	47	47	100.0	47	47	100.0	47
Totals		302	301	99.7	302	284	94.0	305	298	97.7	305	290	95.1	303	281	92.7	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Wakefield Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	25	51.0	50	39	78.0	50	50	100.0	50	49	98.0	50	36	72.0	50
04	Girls	37	27	73.0	37	37	100.0	37	35	95.0	37	37	100.0	37	26	70.3	37
05	Boys	44	23	52.3	44	32	72.7	44	43	98.0	44	43	97.7	44	24	54.5	44
05	Girls	38	24	63.2	38	38	100.0	38	38	100.0	38	37	97.4	37	24	64.9	38
06	Boys	47	28	59.6	47	35	74.5	47	44	94.0	48	48	100.0	47	35	74.5	48
06	Girls	38	21	55.3	38	34	89.5	38	38	100.0	38	37	97.4	37	24	64.9	38
Totals		253	148	58.5	254	215	84.6	254	248	97.6	255	251	98.4	252	169	67.1	255

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Waples Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	51	98.1	52	42	80.8	52	49	94.0	52	27	51.9	52	49	94.2	52
04	Girls	69	66	95.7	69	69	100.0	69	69	100.0	69	59	85.5	69	61	88.4	69
05	Boys	52	51	98.1	52	49	94.2	52	51	98.0	52	29	55.8	52	49	94.2	52
05	Girls	55	52	94.5	55	53	96.4	55	54	98.0	55	41	74.5	55	55	100.0	55
06	Boys	64	61	95.3	63	54	85.7	64	60	94.0	64	46	71.9	64	58	90.6	66
06	Girls	63	61	96.8	62	62	100.0	63	62	98.0	63	60	95.2	62	61	98.4	64
Totals		355	342	96.3	353	329	93.2	355	345	97.2	355	262	73.8	354	333	94.1	358

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Washington Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	41	91.1	47	31	66.0	47	46	98.0	47	20	42.6	47	38	80.9	47
04	Girls	51	49	96.1	51	49	96.1	51	50	98.0	51	17	33.3	51	34	66.7	51
05	Boys	40	39	97.5	44	25	56.8	44	37	84.0	44	19	43.2	44	32	72.7	44
05	Girls	39	33	84.6	39	39	100.0	39	39	100.0	39	15	38.5	39	29	74.4	39
06	Boys	46	44	95.7	46	28	60.9	46	46	100.0	46	29	63.0	46	32	69.6	46
06	Girls	34	29	85.3	34	33	97.1	34	34	100.0	34	16	47.1	34	12	35.3	34
Totals		255	235	92.2	261	205	78.5	261	252	96.6	261	116	44.4	261	177	67.8	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Waynewood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	60	98.4	60	55	91.7	61	52	85.0	61	60	98.4	61	61	100.0	61
04	Girls	45	44	97.8	44	43	97.7	45	43	96.0	45	44	97.8	44	44	100.0	45
05	Boys	55	55	100.0	55	54	98.2	55	48	87.0	55	54	98.2	55	55	100.0	55
05	Girls	42	41	97.6	42	42	100.0	42	42	100.0	42	42	100.0	42	41	97.6	42
06	Boys	47	47	100.0	47	38	80.9	47	39	83.0	47	47	100.0	47	46	97.9	47
06	Girls	50	50	100.0	49	49	100.0	50	49	98.0	49	49	100.0	50	50	100.0	50
Totals		300	297	99.0	297	281	94.6	300	273	91.0	299	296	99.0	299	297	99.3	300

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
West Potomac High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	308	297	96.4	300	202	67.3	317	308	97.0	312	305	97.8	311	255	82.0	319
09	Girls	288	277	96.2	283	171	60.4	296	289	98.0	292	289	99.0	290	273	94.1	299
10	Boys	313	297	94.9	299	154	51.5	324	297	92.0	306	305	99.7	319	244	76.5	327
10	Girls	289	274	94.8	277	200	72.2	318	307	97.0	308	302	98.1	303	266	87.8	321
11	Boys	55	47	85.5	50	15	30.0	58	55	95.0	54	54	100.0	56	41	73.2	62
11	Girls	40	33	82.5	40	13	32.5	49	44	90.0	46	46	100.0	43	33	76.7	51
12	Boys	8	7	87.5	11	0	0.0	13	12	92.0	9	7	77.8	17	6	35.3	19
12	Girls	6	5	83.3	8	1	12.5	7	6	86.0	5	5	100.0	8	5	62.5	13
Totals		1,307	1,237	94.6	1,268	756	59.6	1,382	1,318	95.4	1,332	1,313	98.6	1,347	1,123	83.4	1,411

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
West Springfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	31	96.9	32	30	93.8	31	20	65.0	31	31	100.0	32	30	93.8	32
04	Girls	38	38	100.0	39	39	100.0	39	30	77.0	39	39	100.0	38	34	89.5	40
05	Boys	32	30	93.8	32	27	84.4	32	26	81.0	32	32	100.0	32	26	81.3	32
05	Girls	34	34	100.0	34	34	100.0	34	33	97.0	34	34	100.0	34	28	82.4	34
06	Boys	40	40	100.0	40	33	82.5	40	30	75.0	40	40	100.0	40	34	85.0	40
06	Girls	36	35	97.2	36	36	100.0	36	32	89.0	36	36	100.0	36	28	77.8	36
Totals		212	208	98.1	213	199	93.4	212	171	80.7	212	212	100.0	212	180	84.9	214

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
West Springfield High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	299	294	98.3	296	208	70.3	301	289	96.0	297	291	98.0	299	275	92.0	303
09	Girls	267	266	99.6	266	209	78.6	270	262	97.0	268	266	99.3	267	264	98.9	272
10	Boys	267	258	96.6	268	125	46.6	265	244	92.0	264	260	98.5	266	217	81.6	269
10	Girls	229	224	97.8	229	121	52.8	230	226	98.0	228	227	99.6	229	222	96.9	234
11	Boys	2	1	50.0	2	0	0.0	2	1	50.0	1	1	100.0	2	1	50.0	2
11	Girls	3	3	100.0	3	1	33.3	2	2	100.0	2	2	100.0	3	3	100.0	4
12	Boys	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	3
12	Girls	5	3	60.0	5	3	60.0	5	4	80.0	4	4	100.0	5	4	80.0	6
Totals		1,072	1,049	97.9	1,069	667	62.4	1,076	1,029	95.6	1,065	1,052	98.8	1,071	986	92.1	1,093

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Westbriar Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	59	96.7	60	48	80.0	61	61	100.0	61	61	100.0	61	60	98.4	61
04	Girls	74	73	98.6	74	74	100.0	74	74	100.0	74	73	98.6	74	74	100.0	74
05	Boys	71	64	90.1	70	62	88.6	71	71	100.0	71	71	100.0	71	68	95.8	71
05	Girls	68	65	95.6	67	67	100.0	69	69	100.0	68	68	100.0	67	64	95.5	69
06	Boys	57	54	94.7	57	50	87.7	57	57	100.0	57	57	100.0	57	54	94.7	57
06	Girls	60	58	96.7	60	58	96.7	60	60	100.0	60	60	100.0	60	58	96.7	60
Totals		391	373	95.4	388	359	92.5	392	392	100.0	391	390	99.7	390	378	96.9	392

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Westfield High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	329	311	94.5	330	271	82.1	334	328	98.0	332	271	81.6	331	267	80.7	336
09	Girls	309	294	95.1	309	251	81.2	310	302	97.0	312	276	88.5	310	259	83.5	315
10	Boys	300	294	98.0	300	214	71.3	304	303	100.0	304	293	96.4	300	244	81.3	307
10	Girls	305	298	97.7	306	225	73.5	309	302	98.0	308	301	97.7	306	282	92.2	310
11	Boys	14	13	92.9	14	7	50.0	16	15	94.0	15	14	93.3	13	11	84.6	17
11	Girls	12	11	91.7	12	4	33.3	14	13	93.0	12	11	91.7	12	11	91.7	15
12	Boys	0	0	0.0	0	0	0.0	2	1	50.0	1	0	0.0	0	0	0.0	3
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	4
Totals		1,269	1,221	96.2	1,271	972	76.5	1,289	1,264	98.1	1,284	1,166	90.8	1,272	1,074	84.4	1,307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Westgate Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	16	43.2	37	20	54.1	37	25	68.0	37	37	100.0	37	13	35.1	38
04	Girls	32	18	56.3	32	31	96.9	32	27	84.0	32	31	96.9	32	12	37.5	32
05	Boys	33	18	54.5	33	19	57.6	34	28	82.0	33	32	97.0	33	15	45.5	34
05	Girls	25	10	40.0	25	24	96.0	27	23	85.0	25	25	100.0	25	13	52.0	27
06	Boys	32	19	59.4	33	15	45.5	34	28	82.0	33	32	97.0	32	14	43.8	35
06	Girls	37	21	56.8	37	34	91.9	39	37	95.0	37	37	100.0	37	14	37.8	39
Totals		196	102	52.0	197	143	72.6	203	168	82.8	197	194	98.5	196	81	41.3	205

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Westlawn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	72	44	61.1	71	24	33.8	72	71	99.0	71	58	81.7	71	41	57.7	72
04	Girls	48	34	70.8	50	50	100.0	50	49	98.0	50	46	92.0	49	27	55.1	50
05	Boys	73	51	69.9	73	41	56.2	73	70	96.0	73	65	89.0	73	47	64.4	73
05	Girls	50	31	62.0	48	44	91.7	50	50	100.0	50	48	96.0	50	35	70.0	50
06	Boys	55	45	81.8	57	29	50.9	58	55	95.0	56	44	78.6	57	35	61.4	58
06	Girls	43	29	67.4	42	35	83.3	43	43	100.0	43	40	93.0	43	27	62.8	43
Totals		341	234	68.6	341	223	65.4	346	338	97.7	343	301	87.8	343	212	61.8	346

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Weyanoke Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	28	80.0	35	27	77.1	35	34	97.0	35	33	94.3	35	29	82.9	36
04	Girls	41	32	78.0	40	40	100.0	43	42	98.0	42	42	100.0	41	29	70.7	44
05	Boys	42	30	71.4	42	35	83.3	43	42	98.0	43	40	93.0	42	28	66.7	43
05	Girls	48	36	75.0	48	47	97.9	48	48	100.0	48	48	100.0	48	32	66.7	48
Totals		166	126	75.9	165	149	90.3	169	166	98.2	168	163	97.0	166	118	71.1	171

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
White Oaks Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	92	89	96.7	92	68	73.9	92	87	95.0	92	88	95.7	92	80	87.0	94
04	Girls	65	59	90.8	65	65	100.0	66	66	100.0	66	66	100.0	65	53	81.5	66
05	Boys	66	60	90.9	66	54	81.8	66	65	99.0	66	63	95.5	66	55	83.3	66
05	Girls	83	78	94.0	83	81	97.6	83	79	95.0	83	83	100.0	83	62	74.7	83
06	Boys	78	72	92.3	78	63	80.8	78	75	96.0	78	75	96.2	78	64	82.1	78
06	Girls	76	69	90.8	76	71	93.4	76	73	96.0	76	76	100.0	76	56	73.7	76
Totals		460	427	92.8	460	402	87.4	461	445	96.5	461	451	97.8	460	370	80.4	463

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Whitman Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	241	232	96.3	252	109	43.3	255	254	100.0	255	255	100.0	228	109	47.8	258
07	Girls	228	218	95.6	232	153	65.9	234	234	100.0	234	233	99.6	213	142	66.7	239
08	Boys	228	205	89.9	231	131	56.7	228	219	96.0	227	205	90.3	227	144	63.4	232
08	Girls	226	211	93.4	225	161	71.6	226	217	96.0	225	219	97.3	225	177	78.7	227
Totals		923	866	93.8	940	554	58.9	943	924	98.0	941	912	96.9	893	572	64.1	956

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Willow Springs Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	86	85	98.8	86	74	86.0	88	88	100.0	88	87	98.9	86	84	97.7	89
04	Girls	72	72	100.0	72	72	100.0	72	72	100.0	72	72	100.0	72	70	97.2	73
05	Boys	103	103	100.0	103	91	88.3	104	104	100.0	104	104	100.0	103	98	95.1	104
05	Girls	83	83	100.0	83	82	98.8	83	83	100.0	83	83	100.0	83	82	98.8	84
06	Boys	90	90	100.0	90	75	83.3	96	96	100.0	90	90	100.0	95	87	91.6	97
06	Girls	68	68	100.0	68	68	100.0	68	68	100.0	68	68	100.0	68	68	100.0	68
Totals		502	501	99.8	502	462	92.0	511	511	100.0	505	504	99.8	507	489	96.4	515

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Wolftrap Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	33	100.0	34	29	85.3	34	34	100.0	33	25	75.8	33	31	93.9	35
04	Girls	41	36	87.8	41	40	97.6	41	41	100.0	41	35	85.4	41	41	100.0	41
05	Boys	42	40	95.2	42	37	88.1	41	41	100.0	38	25	65.8	42	41	97.6	42
05	Girls	43	43	100.0	43	43	100.0	43	43	100.0	42	36	85.7	44	43	97.7	44
06	Boys	49	48	98.0	49	41	83.7	49	49	100.0	48	34	70.8	49	44	89.8	50
06	Girls	51	51	100.0	51	49	96.1	51	51	100.0	51	47	92.2	51	50	98.0	51
Totals		259	251	96.9	260	239	91.9	259	259	100.0	253	202	79.8	260	250	96.2	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Woodburn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	19	63.3	30	23	76.7	30	30	100.0	30	20	66.7	30	20	66.7	30
04	Girls	30	24	80.0	30	30	100.0	30	30	100.0	30	29	96.7	30	10	33.3	30
05	Boys	32	27	84.4	32	21	65.6	32	32	100.0	32	31	96.9	32	14	43.8	32
05	Girls	38	35	92.1	38	38	100.0	38	38	100.0	38	36	94.7	38	19	50.0	38
06	Boys	33	31	93.9	33	21	63.6	33	33	100.0	33	28	84.8	33	22	66.7	33
06	Girls	23	18	78.3	23	20	87.0	23	23	100.0	23	22	95.7	23	12	52.2	23
Totals		186	154	82.8	186	153	82.3	186	186	100.0	186	166	89.2	186	97	52.2	186

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Woodlawn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	32	71.1	45	21	46.7	45	36	80.0	45	44	97.8	45	40	88.9	46
04	Girls	28	18	64.3	28	28	100.0	28	27	96.0	28	28	100.0	28	17	60.7	28
05	Boys	36	25	69.4	36	23	63.9	36	32	89.0	36	34	94.4	36	28	77.8	36
05	Girls	39	27	69.2	39	35	89.7	39	36	92.0	39	38	97.4	39	30	76.9	39
06	Boys	33	22	66.7	33	18	54.5	33	33	100.0	33	33	100.0	33	21	63.6	33
06	Girls	44	35	79.5	44	38	86.4	44	44	100.0	44	43	97.7	44	36	81.8	44
Totals		225	159	70.7	225	163	72.4	225	208	92.4	225	220	97.8	225	172	76.4	226

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Woodley Hills Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	48	96.0	50	28	56.0	50	50	100.0	50	48	96.0	49	48	98.0	50
04	Girls	40	39	97.5	39	39	100.0	40	40	100.0	40	39	97.5	40	37	92.5	40
05	Boys	54	48	88.9	54	29	53.7	54	51	94.0	54	53	98.1	54	44	81.5	54
05	Girls	49	41	83.7	49	44	89.8	49	47	96.0	49	48	98.0	48	42	87.5	49
06	Boys	45	40	88.9	45	32	71.1	46	46	100.0	45	45	100.0	45	40	88.9	46
06	Girls	43	38	88.4	43	40	93.0	44	44	100.0	43	43	100.0	43	38	88.4	45
Totals		281	254	90.4	280	212	75.7	283	278	98.2	281	276	98.2	279	249	89.2	284

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2017-2018
Woodson High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	275	269	97.8	275	217	78.9	279	277	99.0	278	261	93.9	275	243	88.4	281
09	Girls	306	304	99.3	306	243	79.4	309	309	100.0	306	294	96.1	306	298	97.4	313
10	Boys	276	275	99.6	276	125	45.3	277	267	96.0	275	226	82.2	276	206	74.6	278
10	Girls	269	266	98.9	267	165	61.8	274	268	98.0	274	253	92.3	269	245	91.1	277
11	Boys	4	4	100.0	4	3	75.0	4	4	100.0	4	0	0.0	4	3	75.0	6
11	Girls	9	8	88.9	9	3	33.3	9	9	100.0	9	7	77.8	9	7	77.8	9
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	2
12	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		1,140	1,127	98.9	1,138	756	66.4	1,153	1,135	98.4	1,147	1,041	90.8	1,140	1,003	88.0	1,167