

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Achievement, Integrity and Maturity**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	4	4	100.0	5	4	80.0	3	3	100.0	4	4	100.0	4	3	75.0	9
10	Boys	1	0	0.0	1	0	0.0	2	1	50.0	2	1	50.0	1	0	0.0	7
10	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
11	Girls	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		5	4	80.0	6	4	66.7	5	4	80.0	6	5	83.3	5	3	60.0	20

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
ALC at Montrose**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	2
07	Boys	6	5	83.3	6	4	66.7	7	7	100.0	6	5	83.3	7	3	42.9	9
07	Girls	6	6	100.0	5	1	20.0	6	5	83.0	6	6	100.0	6	4	66.7	7
08	Boys	15	14	93.3	17	15	88.2	16	13	81.0	15	13	86.7	15	6	40.0	20
08	Girls	7	6	85.7	6	3	50.0	7	5	71.0	6	6	100.0	6	5	83.3	11
Totals		35	32	91.4	35	24	68.6	37	31	83.8	34	31	91.2	35	18	51.4	49

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
ALC at Mountain View**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	10	8	80.0	8	4	50.0	9	8	89.0	7	6	85.7	10	7	70.0	22
09	Girls	5	5	100.0	4	4	100.0	4	4	100.0	4	4	100.0	4	2	50.0	7
10	Boys	7	7	100.0	7	4	57.1	6	5	83.0	6	5	83.3	7	5	71.4	16
10	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	0	0	0.0	7
Totals		23	21	91.3	20	13	65.0	20	18	90.0	18	16	88.9	21	14	66.7	52

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Aldrin Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	37	100.0	37	29	78.4	37	31	84.0	37	29	78.4	37	37	100.0	38
04	Girls	56	54	96.4	56	48	85.7	56	50	89.0	56	43	76.8	56	50	89.3	56
05	Boys	33	33	100.0	32	28	87.5	33	30	91.0	33	26	78.8	33	33	100.0	33
05	Girls	42	42	100.0	45	31	68.9	45	42	93.0	45	41	91.1	45	44	97.8	45
06	Boys	43	42	97.7	43	38	88.4	43	36	84.0	43	39	90.7	43	43	100.0	43
06	Girls	37	37	100.0	37	35	94.6	37	33	89.0	37	34	91.9	36	35	97.2	37
Totals		248	245	98.8	250	209	83.6	251	222	88.4	251	212	84.5	250	242	96.8	252

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Annandale High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	263	231	87.8	264	185	70.1	276	265	96.0	274	260	94.9	266	135	50.8	279
09	Girls	253	225	88.9	254	158	62.2	260	255	98.0	256	248	96.9	253	173	68.4	263
10	Boys	258	249	96.5	258	162	62.8	271	258	95.0	268	249	92.9	256	133	52.0	271
10	Girls	204	192	94.1	206	109	52.9	220	210	96.0	214	206	96.3	206	121	58.7	222
11	Boys	24	24	100.0	26	14	53.8	34	31	91.0	33	28	84.8	25	16	64.0	65
11	Girls	20	19	95.0	19	5	26.3	21	19	91.0	20	19	95.0	19	12	63.2	40
12	Boys	2	2	100.0	1	1	100.0	15	8	53.0	14	8	57.1	1	1	100.0	19
12	Girls	4	3	75.0	4	1	25.0	7	4	57.0	6	5	83.3	4	2	50.0	10
Totals		1,028	945	91.9	1,032	635	61.5	1,104	1,050	95.1	1,085	1,023	94.3	1,030	593	57.6	1,169

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Annandale Terrace Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	34	82.9	41	18	43.9	41	39	95.0	41	35	85.4	41	36	87.8	46
04	Girls	45	39	86.7	45	27	60.0	45	45	100.0	45	44	97.8	45	40	88.9	47
05	Boys	54	34	63.0	54	29	53.7	54	51	94.0	54	41	75.9	54	48	88.9	56
05	Girls	51	36	70.6	51	19	37.3	51	51	100.0	51	36	70.6	51	38	74.5	52
Totals		191	143	74.9	191	93	48.7	191	186	97.4	191	156	81.7	191	162	84.8	201

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Archer Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	60	96.8	62	44	71.0	62	49	79.0	62	53	85.5	62	51	82.3	62
04	Girls	57	56	98.2	57	49	86.0	57	53	93.0	57	46	80.7	57	49	86.0	57
05	Boys	70	69	98.6	70	64	91.4	70	52	74.0	70	65	92.9	70	60	85.7	70
05	Girls	57	53	93.0	56	47	83.9	57	53	93.0	57	49	86.0	57	50	87.7	57
06	Boys	56	55	98.2	56	51	91.1	57	50	88.0	56	49	87.5	57	39	68.4	57
06	Girls	47	47	100.0	47	42	89.4	47	41	87.0	47	47	100.0	47	37	78.7	47
Totals		349	340	97.4	348	297	85.3	350	298	85.1	349	309	88.5	350	286	81.7	350

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Armstrong Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	31	72.1	43	35	81.4	42	35	83.0	41	34	82.9	43	37	86.0	44
04	Girls	30	27	90.0	30	29	96.7	30	28	93.0	30	28	93.3	30	27	90.0	30
05	Boys	32	21	65.6	32	26	81.3	30	25	83.0	30	27	90.0	32	27	84.4	32
05	Girls	28	24	85.7	29	26	89.7	29	26	90.0	29	29	100.0	29	24	82.8	31
06	Boys	36	26	72.2	36	31	86.1	36	29	81.0	36	34	94.4	36	29	80.6	36
06	Girls	25	22	88.0	25	22	88.0	25	23	92.0	25	25	100.0	25	19	76.0	25
Totals		194	151	77.8	195	169	86.7	192	166	86.5	191	177	92.7	195	163	83.6	198

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bailey's Upper Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	97	91	93.8	97	67	69.1	98	89	91.0	97	89	91.8	97	86	88.7	102
04	Girls	96	84	87.5	97	84	86.6	97	93	96.0	96	91	94.8	96	81	84.4	99
05	Boys	93	87	93.5	94	76	80.9	94	81	86.0	94	84	89.4	94	73	77.7	96
05	Girls	89	82	92.1	89	58	65.2	89	83	93.0	89	84	94.4	89	67	75.3	90
Totals		375	344	91.7	377	285	75.6	378	346	91.5	376	348	92.6	376	307	81.6	387

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Beech Tree Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	26	74.3	35	18	51.4	35	26	74.0	35	33	94.3	35	33	94.3	36
04	Girls	29	25	86.2	29	18	62.1	29	23	79.0	29	29	100.0	29	27	93.1	29
05	Boys	28	16	57.1	28	11	39.3	28	17	61.0	28	25	89.3	28	25	89.3	28
05	Girls	32	20	62.5	32	11	34.4	32	28	88.0	32	32	100.0	32	31	96.9	32
Totals		124	87	70.2	124	58	46.8	124	94	75.8	124	119	96.0	124	116	93.5	125

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Belle View Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	36	97.3	37	35	94.6	37	37	100.0	37	37	100.0	37	36	97.3	39
04	Girls	26	22	84.6	26	23	88.5	26	26	100.0	26	26	100.0	26	26	100.0	28
05	Boys	38	34	89.5	38	38	100.0	38	38	100.0	38	38	100.0	37	33	89.2	38
05	Girls	32	32	100.0	32	32	100.0	32	32	100.0	32	32	100.0	32	27	84.4	34
06	Boys	30	28	93.3	30	24	80.0	30	29	97.0	30	30	100.0	30	27	90.0	31
06	Girls	32	28	87.5	32	28	87.5	33	33	100.0	32	32	100.0	33	31	93.9	33
Totals		195	180	92.3	195	180	92.3	196	195	99.5	195	195	100.0	195	180	92.3	203

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Belvedere Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	53	75.7	70	48	68.6	70	70	100.0	70	69	98.6	70	52	74.3	70
04	Girls	58	43	74.1	58	40	69.0	58	58	100.0	58	58	100.0	58	41	70.7	58
05	Boys	64	43	67.2	64	49	76.6	65	63	97.0	65	64	98.5	64	50	78.1	65
05	Girls	65	55	84.6	65	51	78.5	65	65	100.0	65	65	100.0	65	61	93.8	65
Totals		257	194	75.5	257	188	73.2	258	256	99.2	258	256	99.2	257	204	79.4	258

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bonnie Brae Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	35	71.4	49	34	69.4	49	42	86.0	49	36	73.5	49	23	46.9	49
04	Girls	53	45	84.9	52	42	80.8	53	46	87.0	52	38	73.1	53	26	49.1	54
05	Boys	48	39	81.3	48	38	79.2	48	43	90.0	48	37	77.1	48	33	68.8	48
05	Girls	51	44	86.3	51	36	70.6	51	50	98.0	51	41	80.4	51	30	58.8	52
06	Boys	54	46	85.2	54	49	90.7	54	50	93.0	54	51	94.4	54	35	64.8	54
06	Girls	50	33	66.0	49	29	59.2	50	47	94.0	50	45	90.0	50	33	66.0	50
Totals		305	242	79.3	303	228	75.2	305	278	91.1	304	248	81.6	305	180	59.0	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Braddock Elementary School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
04	Boys	90	89	98.9	90	55	61.1	90	81	90.0	90	70	77.8	90	72	80.0	90
04	Girls	56	55	98.2	56	46	82.1	56	51	91.0	56	53	94.6	56	43	76.8	56
05	Boys	75	74	98.7	73	48	65.8	75	65	87.0	75	53	70.7	75	54	72.0	75
05	Girls	67	62	92.5	66	31	47.0	67	65	97.0	67	55	82.1	67	36	53.7	67
Totals		288	280	97.2	285	180	63.2	288	262	91.0	288	231	80.2	288	205	71.2	288

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bren Mar Park Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	39	12	30.8	39	21	53.8	39	39	100.0	41	19	46.3	39	15	38.5	41
04	Girls	37	19	51.4	37	25	67.6	37	37	100.0	37	17	45.9	37	13	35.1	37
05	Boys	40	19	47.5	40	30	75.0	40	40	100.0	40	21	52.5	40	21	52.5	40
05	Girls	44	19	43.2	44	28	63.6	44	44	100.0	44	24	54.5	44	16	36.4	44
Totals		160	69	43.1	160	104	65.0	160	160	100.0	162	81	50.0	160	65	40.6	162

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Brookfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	45	76.3	60	38	63.3	60	57	95.0	59	48	81.4	59	41	69.5	61
04	Girls	48	42	87.5	50	37	74.0	47	46	98.0	49	38	77.6	50	25	50.0	51
05	Boys	65	47	72.3	65	48	73.8	65	59	91.0	65	56	86.2	65	34	52.3	65
05	Girls	60	40	66.7	61	29	47.5	61	61	100.0	60	55	91.7	61	31	50.8	61
06	Boys	64	42	65.6	63	43	68.3	64	62	97.0	62	57	91.9	64	29	45.3	65
06	Girls	58	30	51.7	57	26	45.6	58	55	95.0	58	54	93.1	58	15	25.9	59
Totals		354	246	69.5	356	221	62.1	355	340	95.8	353	308	87.3	357	175	49.0	362

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bryant High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	4	80.0	5	0	0.0	5	5	100.0	5	4	80.0	5	1	20.0	5
09	Girls	3	0	0.0	4	0	0.0	4	4	100.0	4	4	100.0	3	0	0.0	4
10	Boys	10	7	70.0	9	2	22.2	10	9	90.0	10	10	100.0	10	5	50.0	10
10	Girls	7	2	28.6	7	1	14.3	7	7	100.0	7	6	85.7	7	3	42.9	7
11	Boys	17	7	41.2	17	4	23.5	17	15	88.0	17	7	41.2	16	6	37.5	20
11	Girls	15	9	60.0	15	0	0.0	16	15	94.0	16	12	75.0	15	6	40.0	16
12	Boys	4	4	100.0	4	0	0.0	4	4	100.0	4	4	100.0	4	1	25.0	5
12	Girls	2	1	50.0	1	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	5
Totals		63	34	54.0	62	7	11.3	65	61	93.8	65	49	75.4	62	24	38.7	72

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bucknell Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	12	12	100.0	12	10	83.3	12	7	58.0	12	11	91.7	12	12	100.0	12
04	Girls	15	15	100.0	15	11	73.3	15	10	67.0	15	15	100.0	15	14	93.3	15
05	Boys	14	14	100.0	14	11	78.6	14	12	86.0	14	13	92.9	14	13	92.9	14
05	Girls	13	13	100.0	13	11	84.6	13	12	92.0	13	13	100.0	13	13	100.0	13
06	Boys	16	16	100.0	16	10	62.5	16	13	81.0	16	16	100.0	16	15	93.8	16
06	Girls	22	22	100.0	22	13	59.1	22	19	86.0	22	22	100.0	22	22	100.0	22
Totals		92	92	100.0	92	66	71.7	92	73	79.3	92	90	97.8	92	89	96.7	92

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bull Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	75	98.7	74	55	74.3	76	73	96.0	76	75	98.7	76	73	96.1	78
04	Girls	65	64	98.5	65	57	87.7	65	65	100.0	65	62	95.4	65	62	95.4	66
05	Boys	82	77	93.9	82	73	89.0	82	79	96.0	82	78	95.1	82	72	87.8	82
05	Girls	61	59	96.7	63	55	87.3	63	61	97.0	63	58	92.1	62	51	82.3	63
06	Boys	70	66	94.3	70	52	74.3	70	65	93.0	70	70	100.0	70	62	88.6	72
06	Girls	53	50	94.3	53	41	77.4	53	53	100.0	53	52	98.1	53	47	88.7	55
Totals		407	391	96.1	407	333	81.8	409	396	96.8	409	395	96.6	408	367	90.0	416

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Burke School Elementary**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	0	0	0.0	2	0	0.0	2	2	100.0	0	0	0.0	2	0	0.0	2
05	Boys	1	1	100.0	4	1	25.0	4	4	100.0	1	0	0.0	4	1	25.0	4
05	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
06	Boys	2	1	50.0	2	0	0.0	3	3	100.0	2	1	50.0	2	1	50.0	3
Totals		4	3	75.0	9	1	11.1	10	10	100.0	4	2	50.0	9	2	22.2	10

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Burke School Middle**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	17	10	58.8	18	3	16.7	18	18	100.0	17	16	94.1	17	3	17.6	18
07	Girls	2	0	0.0	2	0	0.0	2	2	100.0	2	1	50.0	2	2	100.0	3
08	Boys	26	14	53.8	27	12	44.4	27	27	100.0	25	24	96.0	24	10	41.7	29
08	Girls	5	3	60.0	5	1	20.0	5	5	100.0	5	5	100.0	5	0	0.0	8
Totals		50	27	54.0	52	16	30.8	52	52	100.0	49	46	93.9	48	15	31.3	58

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Bush Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	26	26	100.0	26	22	84.6	26	26	100.0	26	23	88.5	26	26	100.0	26
04	Girls	29	29	100.0	29	26	89.7	29	29	100.0	29	29	100.0	29	29	100.0	31
05	Boys	29	27	93.1	29	24	82.8	31	30	97.0	29	26	89.7	29	27	93.1	31
05	Girls	20	20	100.0	20	18	90.0	20	20	100.0	20	17	85.0	20	20	100.0	20
06	Boys	34	33	97.1	34	30	88.2	34	33	97.0	34	30	88.2	34	32	94.1	35
06	Girls	25	24	96.0	24	22	91.7	25	25	100.0	26	25	96.2	24	24	100.0	27
Totals		163	159	97.5	162	142	87.7	165	163	98.8	164	150	91.5	162	158	97.5	170

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Camelot Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	33	94.3	35	24	68.6	35	33	94.0	35	23	65.7	35	25	71.4	35
04	Girls	39	39	100.0	39	31	79.5	39	39	100.0	39	35	89.7	39	32	82.1	39
05	Boys	45	41	91.1	46	39	84.8	47	45	96.0	46	39	84.8	45	30	66.7	47
05	Girls	39	38	97.4	39	17	43.6	41	39	95.0	41	33	80.5	39	17	43.6	41
06	Boys	29	25	86.2	29	21	72.4	30	27	90.0	28	23	82.1	29	15	51.7	30
06	Girls	33	31	93.9	33	22	66.7	33	33	100.0	33	27	81.8	33	21	63.6	33
Totals		220	207	94.1	221	154	69.7	225	216	96.0	222	180	81.1	220	140	63.6	225

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cameron Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	36	34	94.4	36	27	75.0	36	36	100.0	36	31	86.1	36	32	88.9	36
04	Girls	38	38	100.0	38	34	89.5	38	38	100.0	38	35	92.1	38	34	89.5	38
05	Boys	24	22	91.7	24	17	70.8	24	24	100.0	24	21	87.5	24	18	75.0	24
05	Girls	36	30	83.3	36	26	72.2	36	36	100.0	36	28	77.8	36	22	61.1	36
06	Boys	27	20	74.1	27	17	63.0	27	27	100.0	27	25	92.6	27	19	70.4	27
06	Girls	31	25	80.6	31	17	54.8	31	31	100.0	31	31	100.0	31	28	90.3	31
Totals		192	169	88.0	192	138	71.9	192	192	100.0	192	171	89.1	192	153	79.7	192

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Canterbury Woods Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	67	63	94.0	67	56	83.6	67	62	93.0	67	66	98.5	67	63	94.0	69
04	Girls	44	42	95.5	44	36	81.8	44	44	100.0	44	41	93.2	44	36	81.8	45
05	Boys	81	76	93.8	81	74	91.4	81	76	94.0	81	77	95.1	81	75	92.6	81
05	Girls	75	74	98.7	75	61	81.3	75	73	97.0	75	71	94.7	75	65	86.7	75
06	Boys	72	70	97.2	72	65	90.3	72	68	94.0	72	72	100.0	72	65	90.3	72
06	Girls	63	60	95.2	63	55	87.3	62	62	100.0	63	63	100.0	63	56	88.9	63
Totals		402	385	95.8	402	347	86.3	401	385	96.0	402	390	97.0	402	360	89.6	405

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cardinal Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	42	97.7	43	30	69.8	43	35	81.0	43	43	100.0	43	36	83.7	43
04	Girls	41	40	97.6	40	32	80.0	41	33	81.0	41	40	97.6	40	25	62.5	41
05	Boys	40	39	97.5	42	30	71.4	42	31	74.0	42	41	97.6	40	29	72.5	42
05	Girls	39	36	92.3	39	24	61.5	39	37	95.0	39	39	100.0	39	18	46.2	39
06	Boys	51	50	98.0	50	38	76.0	51	42	82.0	51	50	98.0	49	35	71.4	51
06	Girls	46	42	91.3	46	33	71.7	46	40	87.0	46	46	100.0	46	30	65.2	47
Totals		260	249	95.8	260	187	71.9	262	218	83.2	262	259	98.9	257	173	67.3	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Carson Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	396	364	91.9	396	341	86.1	397	375	95.0	396	310	78.3	396	316	79.8	400
07	Girls	391	351	89.8	391	283	72.4	391	373	95.0	390	308	79.0	391	314	80.3	393
08	Boys	375	341	90.9	371	299	80.6	374	343	92.0	375	284	75.7	374	195	52.1	377
08	Girls	331	302	91.2	329	236	71.7	331	317	96.0	331	294	88.8	331	198	59.8	332
Totals		1,493	1,358	91.0	1,487	1,159	77.9	1,493	1,408	94.3	1,492	1,196	80.2	1,492	1,023	68.6	1,502

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cedar Lane School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	17	10	58.8	15	6	40.0	17	15	88.0	15	14	93.3	17	4	23.5	22
09	Girls	4	1	25.0	5	0	0.0	5	3	60.0	4	4	100.0	5	0	0.0	6
10	Boys	12	9	75.0	13	4	30.8	14	12	86.0	14	14	100.0	13	3	23.1	15
10	Girls	6	2	33.3	4	0	0.0	5	3	60.0	5	5	100.0	4	0	0.0	7
11	Boys	2	1	50.0	2	0	0.0	2	2	100.0	2	2	100.0	2	1	50.0	2
11	Girls	2	2	100.0	2	0	0.0	2	1	50.0	2	2	100.0	2	1	50.0	2
12	Boys	1	1	100.0	1	0	0.0	1	0	0.0	1	1	100.0	1	0	0.0	1
Totals		44	26	59.1	42	10	23.8	46	36	78.3	43	42	97.7	44	9	20.5	55

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Centre Ridge Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	51	98.1	50	31	62.0	51	41	80.0	52	49	94.2	52	41	78.8	52
04	Girls	69	69	100.0	69	60	87.0	69	63	91.0	69	65	94.2	69	56	81.2	70
05	Boys	54	52	96.3	53	44	83.0	55	46	84.0	53	51	96.2	54	42	77.8	57
05	Girls	41	41	100.0	41	36	87.8	41	40	98.0	41	41	100.0	41	33	80.5	41
06	Boys	62	61	98.4	61	45	73.8	61	49	80.0	65	61	93.8	62	43	69.4	65
06	Girls	45	43	95.6	45	33	73.3	45	43	96.0	45	43	95.6	45	28	62.2	46
Totals		323	317	98.1	319	249	78.1	322	282	87.6	325	310	95.4	323	243	75.2	331

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Centreville Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	52	94.5	55	33	60.0	54	49	91.0	55	39	70.9	55	44	80.0	56
04	Girls	60	58	96.7	60	48	80.0	60	60	100.0	60	52	86.7	60	58	96.7	62
05	Boys	64	63	98.4	64	49	76.6	64	62	97.0	64	48	75.0	64	55	85.9	64
05	Girls	59	57	96.6	59	41	69.5	59	59	100.0	59	46	78.0	58	52	89.7	60
06	Boys	61	58	95.1	61	44	72.1	61	61	100.0	61	40	65.6	60	50	83.3	62
06	Girls	74	67	90.5	74	54	73.0	74	74	100.0	74	60	81.1	74	58	78.4	75
Totals		373	355	95.2	373	269	72.1	372	365	98.1	373	285	76.4	371	317	85.4	379

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Centreville High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	310	292	94.2	307	235	76.5	292	251	86.0	310	304	98.1	310	235	75.8	317
09	Girls	284	275	96.8	279	210	75.3	271	259	96.0	286	284	99.3	284	270	95.1	291
10	Boys	267	256	95.9	265	185	69.8	268	253	94.0	268	258	96.3	264	198	75.0	279
10	Girls	305	294	96.4	305	179	58.7	308	300	97.0	307	302	98.4	305	276	90.5	313
11	Boys	22	19	86.4	21	8	38.1	21	21	100.0	23	22	95.7	22	17	77.3	23
11	Girls	8	8	100.0	8	1	12.5	8	7	88.0	8	8	100.0	8	6	75.0	10
12	Boys	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	2
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	1
Totals		1,199	1,147	95.7	1,188	818	68.9	1,171	1,094	93.4	1,205	1,181	98.0	1,196	1,004	83.9	1,236

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Chantilly High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	373	360	96.5	379	332	87.6	380	373	98.0	379	321	84.7	378	317	83.9	380
09	Girls	308	298	96.8	318	290	91.2	315	313	99.0	309	279	90.3	314	297	94.6	319
10	Boys	314	305	97.1	317	240	75.7	322	319	99.0	317	264	83.3	310	219	70.6	325
10	Girls	289	287	99.3	296	257	86.8	297	295	99.0	294	270	91.8	280	254	90.7	300
11	Boys	7	4	57.1	8	4	50.0	7	6	86.0	7	5	71.4	6	2	33.3	8
11	Girls	6	4	66.7	6	2	33.3	6	5	83.0	6	3	50.0	6	4	66.7	7
12	Boys	4	2	50.0	3	0	0.0	4	2	50.0	4	2	50.0	3	0	0.0	5
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	2
Totals		1,302	1,261	96.9	1,328	1,125	84.7	1,332	1,314	98.6	1,317	1,145	86.9	1,298	1,093	84.2	1,346

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cherry Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	27	84.4	32	27	84.4	32	22	69.0	32	32	100.0	32	27	84.4	32
04	Girls	29	26	89.7	31	28	90.3	31	26	84.0	31	30	96.8	31	27	87.1	31
05	Boys	34	30	88.2	34	31	91.2	35	26	74.0	35	34	97.1	34	25	73.5	35
05	Girls	28	24	85.7	28	23	82.1	28	25	89.0	28	28	100.0	28	27	96.4	28
06	Boys	26	24	92.3	26	23	88.5	26	18	69.0	26	26	100.0	26	23	88.5	27
06	Girls	28	28	100.0	28	27	96.4	28	26	93.0	28	28	100.0	28	27	96.4	28
Totals		177	159	89.8	179	159	88.8	180	143	79.4	180	178	98.9	179	156	87.2	181

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Chesterbrook Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	45	100.0	45	43	95.6	45	39	87.0	45	40	88.9	45	37	82.2	45
04	Girls	31	29	93.5	31	28	90.3	31	31	100.0	31	28	90.3	31	19	61.3	31
05	Boys	50	46	92.0	50	46	92.0	50	44	88.0	50	47	94.0	50	43	86.0	50
05	Girls	54	51	94.4	54	45	83.3	54	54	100.0	54	54	100.0	54	45	83.3	54
06	Boys	59	58	98.3	59	56	94.9	59	49	83.0	59	58	98.3	59	53	89.8	59
06	Girls	47	45	95.7	47	35	74.5	47	45	96.0	47	47	100.0	47	41	87.2	47
Totals		286	274	95.8	286	253	88.5	286	262	91.6	286	274	95.8	286	238	83.2	286

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Churchill Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	74	71	95.9	74	67	90.5	75	56	75.0	75	63	84.0	74	53	71.6	75
04	Girls	51	48	94.1	51	46	90.2	51	47	92.0	51	50	98.0	51	35	68.6	51
05	Boys	81	78	96.3	81	72	88.9	81	72	89.0	81	73	90.1	81	70	86.4	84
05	Girls	59	54	91.5	60	55	91.7	60	52	87.0	60	58	96.7	59	45	76.3	60
06	Boys	66	57	86.4	66	59	89.4	67	58	87.0	67	64	95.5	67	52	77.6	67
06	Girls	63	55	87.3	63	52	82.5	63	59	94.0	63	60	95.2	63	46	73.0	63
Totals		394	363	92.1	395	351	88.9	397	344	86.6	397	368	92.7	395	301	76.2	400

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Clearview Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	51	49	96.1	51	43	84.3	51	47	92.0	51	43	84.3	51	33	64.7	52
04	Girls	40	38	95.0	40	34	85.0	41	39	95.0	41	34	82.9	40	17	42.5	42
05	Boys	70	61	87.1	70	59	84.3	70	67	96.0	70	65	92.9	70	47	67.1	70
05	Girls	40	33	82.5	40	27	67.5	40	39	98.0	40	37	92.5	40	18	45.0	40
06	Boys	65	63	96.9	65	57	87.7	65	63	97.0	65	63	96.9	65	45	69.2	65
06	Girls	46	42	91.3	46	39	84.8	46	46	100.0	46	46	100.0	46	30	65.2	46
Totals		312	286	91.7	312	259	83.0	313	301	96.2	313	288	92.0	312	190	60.9	315

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Clermont Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	42	97.7	43	26	60.5	43	33	77.0	42	42	100.0	43	37	86.0	43
04	Girls	42	39	92.9	42	36	85.7	42	40	95.0	43	42	97.7	43	37	86.0	43
05	Boys	52	50	96.2	52	42	80.8	52	38	73.0	52	50	96.2	52	44	84.6	52
05	Girls	46	45	97.8	46	36	78.3	46	41	89.0	46	45	97.8	46	40	87.0	46
06	Boys	39	38	97.4	38	25	65.8	38	34	90.0	39	39	100.0	39	30	76.9	39
06	Girls	38	36	94.7	35	26	74.3	38	38	100.0	38	38	100.0	38	32	84.2	38
Totals		260	250	96.2	256	191	74.6	259	224	86.5	260	256	98.5	261	220	84.3	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Coates Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	19	43.2	44	20	45.5	45	37	82.0	44	21	47.7	45	16	35.6	48
04	Girls	47	17	36.2	47	33	70.2	47	36	77.0	46	24	52.2	47	14	29.8	49
05	Boys	46	21	45.7	46	28	60.9	46	34	74.0	46	23	50.0	46	25	54.3	47
05	Girls	50	17	34.0	51	31	60.8	51	31	61.0	51	39	76.5	51	18	35.3	53
06	Boys	35	23	65.7	35	16	45.7	35	26	74.0	36	32	88.9	36	17	47.2	37
06	Girls	40	17	42.5	40	19	47.5	40	34	85.0	40	35	87.5	40	19	47.5	41
Totals		262	114	43.5	263	147	55.9	264	198	75.0	263	174	66.2	265	109	41.1	275

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Columbia Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	36	85.7	42	25	59.5	42	36	86.0	42	25	59.5	42	41	97.6	42
04	Girls	45	33	73.3	45	41	91.1	45	41	91.0	45	31	68.9	45	40	88.9	45
05	Boys	35	27	77.1	35	28	80.0	35	30	86.0	35	11	31.4	35	29	82.9	35
05	Girls	47	41	87.2	47	32	68.1	47	47	100.0	47	34	72.3	47	38	80.9	47
Totals		169	137	81.1	169	126	74.6	169	154	91.1	169	101	59.8	169	148	87.6	169

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Colvin Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	64	84.2	76	60	78.9	77	72	94.0	77	42	54.5	77	70	90.9	77
04	Girls	62	59	95.2	62	56	90.3	62	59	95.0	62	50	80.6	62	56	90.3	62
05	Boys	64	57	89.1	64	60	93.8	64	59	92.0	64	30	46.9	64	57	89.1	64
05	Girls	52	46	88.5	52	42	80.8	53	52	98.0	53	34	64.2	53	49	92.5	53
06	Boys	65	62	95.4	63	58	92.1	65	60	92.0	65	40	61.5	65	60	92.3	65
06	Girls	54	51	94.4	54	47	87.0	54	53	98.0	54	45	83.3	54	52	96.3	54
Totals		373	339	90.9	371	323	87.1	375	355	94.7	375	241	64.3	375	344	91.7	375

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cooper Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	252	249	98.8	252	207	82.1	252	242	96.0	252	251	99.6	251	236	94.0	252
07	Girls	246	242	98.4	243	202	83.1	246	246	100.0	246	244	99.2	245	242	98.8	246
08	Boys	252	250	99.2	252	229	90.9	252	250	99.0	251	247	98.4	252	244	96.8	252
08	Girls	275	274	99.6	272	239	87.9	275	274	100.0	274	272	99.3	275	275	100.0	276
Totals		1,025	1,015	99.0	1,019	877	86.1	1,025	1,012	98.7	1,023	1,014	99.1	1,023	997	97.5	1,026

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Crestwood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	13	31.7	42	27	64.3	42	24	57.0	42	40	95.2	42	34	81.0	42
04	Girls	44	16	36.4	43	28	65.1	43	34	79.0	45	41	91.1	44	27	61.4	45
05	Boys	59	40	67.8	59	34	57.6	59	50	85.0	59	57	96.6	59	40	67.8	59
05	Girls	35	27	77.1	37	15	40.5	35	31	89.0	35	35	100.0	36	20	55.6	37
06	Boys	45	25	55.6	45	25	55.6	45	34	76.0	45	43	95.6	45	18	40.0	45
06	Girls	42	30	71.4	42	16	38.1	42	42	100.0	42	41	97.6	42	22	52.4	44
Totals		266	151	56.8	268	145	54.1	266	215	80.8	268	257	95.9	268	161	60.1	272

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Crossfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	41	95.3	42	38	90.5	44	40	91.0	44	42	95.5	43	42	97.7	44
04	Girls	35	32	91.4	34	32	94.1	34	34	100.0	35	34	97.1	34	32	94.1	35
05	Boys	57	55	96.5	57	56	98.2	57	55	97.0	57	55	96.5	56	55	98.2	57
05	Girls	43	40	93.0	43	37	86.0	43	42	98.0	43	42	97.7	43	41	95.3	43
06	Boys	58	50	86.2	55	49	89.1	56	54	96.0	58	56	96.6	55	52	94.5	58
06	Girls	53	47	88.7	53	45	84.9	53	53	100.0	53	52	98.1	53	51	96.2	53
Totals		289	265	91.7	284	257	90.5	287	278	96.9	290	281	96.9	284	273	96.1	290

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cub Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	32	97.0	32	27	84.4	33	32	97.0	33	33	100.0	33	28	84.8	34
04	Girls	42	42	100.0	42	40	95.2	42	40	95.0	42	42	100.0	42	41	97.6	42
05	Boys	22	20	90.9	22	19	86.4	22	22	100.0	22	22	100.0	22	17	77.3	22
05	Girls	42	41	97.6	42	36	85.7	42	40	95.0	42	42	100.0	42	39	92.9	43
06	Boys	57	50	87.7	57	41	71.9	57	53	93.0	57	56	98.2	57	45	78.9	57
06	Girls	40	36	90.0	40	31	77.5	40	38	95.0	40	39	97.5	40	37	92.5	40
Totals		236	221	93.6	235	194	82.6	236	225	95.3	236	234	99.2	236	207	87.7	238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Cunningham Park Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	25	83.3	29	23	79.3	30	26	87.0	30	30	100.0	30	26	86.7	30
04	Girls	30	27	90.0	30	22	73.3	31	31	100.0	30	30	100.0	30	28	93.3	31
05	Boys	30	28	93.3	30	27	90.0	31	30	97.0	31	31	100.0	30	28	93.3	31
05	Girls	27	24	88.9	26	17	65.4	27	27	100.0	27	27	100.0	27	24	88.9	27
06	Boys	41	41	100.0	41	34	82.9	41	40	98.0	41	41	100.0	41	35	85.4	41
06	Girls	36	32	88.9	36	22	61.1	36	36	100.0	36	35	97.2	36	29	80.6	36
Totals		194	177	91.2	192	145	75.5	196	190	96.9	195	194	99.5	194	170	87.6	196

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Daniels Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	46	44	95.7	46	36	78.3	46	37	80.0	46	27	58.7	46	44	95.7	47
04	Girls	36	36	100.0	37	30	81.1	37	35	95.0	37	25	67.6	37	33	89.2	37
05	Boys	66	53	80.3	70	54	77.1	71	56	79.0	68	49	72.1	70	59	84.3	71
05	Girls	42	33	78.6	44	32	72.7	45	42	93.0	44	36	81.8	43	39	90.7	45
06	Boys	36	34	94.4	36	29	80.6	36	30	83.0	36	30	83.3	35	29	82.9	36
06	Girls	44	40	90.9	44	27	61.4	44	42	96.0	44	41	93.2	43	32	74.4	45
Totals		270	240	88.9	277	208	75.1	279	242	86.7	275	208	75.6	274	236	86.1	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Deer Park Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	32	97.0	33	28	84.8	34	32	94.0	34	32	94.1	33	33	100.0	34
04	Girls	37	36	97.3	37	29	78.4	38	38	100.0	38	36	94.7	37	34	91.9	38
05	Boys	40	37	92.5	40	32	80.0	41	35	85.0	41	40	97.6	40	36	90.0	41
05	Girls	46	45	97.8	46	35	76.1	46	43	94.0	46	45	97.8	46	43	93.5	46
06	Boys	42	39	92.9	42	32	76.2	44	38	86.0	43	40	93.0	41	32	78.0	44
06	Girls	39	35	89.7	39	28	71.8	39	38	97.0	39	38	97.4	39	35	89.7	39
Totals		237	224	94.5	237	184	77.6	242	224	92.6	241	231	95.9	236	213	90.3	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Dogwood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	41	91.1	45	30	66.7	45	40	89.0	45	45	100.0	45	41	91.1	45
04	Girls	48	44	91.7	47	34	72.3	48	46	96.0	48	48	100.0	48	40	83.3	48
05	Boys	45	41	91.1	44	40	90.9	45	36	80.0	45	43	95.6	45	35	77.8	45
05	Girls	38	29	76.3	39	31	79.5	39	36	92.0	39	38	97.4	39	31	79.5	40
06	Boys	39	37	94.9	39	36	92.3	39	35	90.0	39	38	97.4	39	30	76.9	39
06	Girls	53	46	86.8	54	43	79.6	54	45	83.0	54	54	100.0	53	42	79.2	55
Totals		268	238	88.8	268	214	79.9	270	238	88.1	270	266	98.5	269	219	81.4	272

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Dranesville Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	44	77.2	58	47	81.0	58	51	88.0	58	51	87.9	56	41	73.2	58
04	Girls	46	37	80.4	46	45	97.8	46	43	94.0	46	40	87.0	46	35	76.1	46
05	Boys	57	36	63.2	59	47	79.7	59	55	93.0	59	54	91.5	57	34	59.6	60
05	Girls	49	35	71.4	51	44	86.3	51	51	100.0	51	49	96.1	49	31	63.3	51
06	Boys	52	34	65.4	54	39	72.2	54	52	96.0	54	45	83.3	52	32	61.5	54
06	Girls	51	36	70.6	52	43	82.7	52	51	98.0	52	45	86.5	51	28	54.9	53
Totals		312	222	71.2	320	265	82.8	320	303	94.7	320	284	88.8	311	201	64.6	322

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Eagle View Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	36	87.8	41	33	80.5	41	34	83.0	41	28	68.3	41	29	70.7	42
04	Girls	33	29	87.9	32	27	84.4	33	28	85.0	33	25	75.8	32	21	65.6	34
05	Boys	48	46	95.8	47	45	95.7	47	37	79.0	47	34	72.3	47	31	66.0	48
05	Girls	46	42	91.3	46	40	87.0	46	42	91.0	46	37	80.4	46	28	60.9	47
06	Boys	47	41	87.2	47	32	68.1	47	35	75.0	47	35	74.5	46	16	34.8	47
06	Girls	40	39	97.5	40	36	90.0	40	36	90.0	40	36	90.0	40	17	42.5	41
Totals		255	233	91.4	253	213	84.2	254	212	83.5	254	195	76.8	252	142	56.3	259

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Edison High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	261	251	96.2	262	208	79.4	266	261	98.0	261	252	96.6	264	167	63.3	272
09	Girls	245	232	94.7	243	167	68.7	245	240	98.0	243	242	99.6	244	169	69.3	250
10	Boys	258	228	88.4	260	185	71.2	262	249	95.0	257	252	98.1	256	160	62.5	267
10	Girls	224	199	88.8	217	136	62.7	224	218	97.0	220	220	100.0	221	125	56.6	228
11	Boys	19	18	94.7	19	11	57.9	19	18	95.0	19	19	100.0	18	13	72.2	40
11	Girls	15	12	80.0	16	3	18.8	16	16	100.0	15	15	100.0	15	4	26.7	38
12	Boys	4	4	100.0	3	1	33.3	4	3	75.0	4	4	100.0	4	2	50.0	4
12	Girls	1	1	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	0	0.0	3
Totals		1,027	945	92.0	1,022	712	69.7	1,038	1,007	97.0	1,021	1,006	98.5	1,024	640	62.5	1,102

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fairfax High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	272	263	96.7	268	168	62.7	274	272	99.0	273	170	62.3	267	193	72.3	281
09	Girls	236	231	97.9	239	139	58.2	248	248	100.0	243	211	86.8	240	217	90.4	250
10	Boys	240	220	91.7	238	165	69.3	248	238	96.0	246	209	85.0	240	153	63.8	255
10	Girls	211	193	91.5	214	119	55.6	221	217	98.0	217	198	91.2	212	181	85.4	228
11	Boys	7	5	71.4	7	4	57.1	7	7	100.0	7	5	71.4	7	3	42.9	12
11	Girls	11	10	90.9	13	6	46.2	15	13	87.0	10	9	90.0	11	11	100.0	16
12	Boys	0	0	0.0	1	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	3
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	0	0.0	1	1	100.0	3
Totals		978	923	94.4	981	601	61.3	1,015	997	98.2	997	802	80.4	978	759	77.6	1,048

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fairfax Villa Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	28	84.8	33	24	72.7	33	33	100.0	33	32	97.0	33	33	100.0	33
04	Girls	38	37	97.4	39	36	92.3	39	39	100.0	39	38	97.4	38	35	92.1	39
05	Boys	40	34	85.0	39	33	84.6	40	40	100.0	40	36	90.0	39	34	87.2	40
05	Girls	39	38	97.4	39	38	97.4	39	39	100.0	39	38	97.4	39	38	97.4	39
06	Boys	39	29	74.4	39	35	89.7	40	40	100.0	39	36	92.3	40	37	92.5	40
06	Girls	42	37	88.1	43	38	88.4	43	43	100.0	41	40	97.6	42	41	97.6	43
Totals		231	203	87.9	232	204	87.9	234	234	100.0	231	220	95.2	231	218	94.4	234

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fairhill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	32	94.1	34	28	82.4	34	32	94.0	34	34	100.0	34	32	94.1	34
04	Girls	39	35	89.7	39	32	82.1	39	39	100.0	39	39	100.0	39	35	89.7	39
05	Boys	29	27	93.1	29	24	82.8	29	28	97.0	29	28	96.6	29	20	69.0	29
05	Girls	39	35	89.7	39	31	79.5	39	39	100.0	39	38	97.4	39	37	94.9	39
06	Boys	27	24	88.9	27	24	88.9	27	27	100.0	27	27	100.0	27	25	92.6	27
06	Girls	30	29	96.7	30	27	90.0	30	30	100.0	30	30	100.0	30	30	100.0	30
Totals		198	182	91.9	198	166	83.8	198	195	98.5	198	196	99.0	198	179	90.4	198

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fairview Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	40	93.0	43	33	76.7	44	30	68.0	43	38	88.4	43	41	95.3	44
04	Girls	50	48	96.0	49	43	87.8	50	46	92.0	50	46	92.0	49	48	98.0	50
05	Boys	63	59	93.7	62	44	71.0	61	52	85.0	63	59	93.7	63	55	87.3	63
05	Girls	66	62	93.9	65	51	78.5	66	54	82.0	66	62	93.9	65	53	81.5	66
06	Boys	42	39	92.9	40	36	90.0	42	36	86.0	42	39	92.9	40	38	95.0	42
06	Girls	50	49	98.0	49	32	65.3	51	43	84.0	50	43	86.0	50	45	90.0	51
Totals		314	297	94.6	308	239	77.6	314	261	83.1	314	287	91.4	310	280	90.3	316

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Falls Church High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	247	221	89.5	245	141	57.6	250	242	97.0	246	227	92.3	239	164	68.6	274
09	Girls	229	217	94.8	232	111	47.8	236	230	98.0	226	219	96.9	227	193	85.0	241
10	Boys	255	246	96.5	254	133	52.4	256	253	99.0	255	250	98.0	254	178	70.1	265
10	Girls	195	183	93.8	195	115	59.0	198	196	99.0	199	196	98.5	197	178	90.4	206
11	Boys	17	16	94.1	16	6	37.5	17	17	100.0	17	17	100.0	17	14	82.4	26
11	Girls	19	14	73.7	18	5	27.8	18	17	94.0	18	18	100.0	17	15	88.2	26
12	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	4
12	Girls	3	3	100.0	3	1	33.3	3	3	100.0	3	3	100.0	3	3	100.0	4
Totals		966	901	93.3	964	512	53.1	979	959	98.0	965	931	96.5	955	746	78.1	1,046

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
FCPS Online Campus**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	8	7	87.5	9	7	77.8	9	9	100.0	8	8	100.0	8	4	50.0	25
09	Girls	16	14	87.5	17	12	70.6	18	17	94.0	17	15	88.2	16	15	93.8	38
10	Boys	19	18	94.7	19	15	78.9	21	20	95.0	21	21	100.0	19	14	73.7	45
10	Girls	47	46	97.9	45	31	68.9	45	44	98.0	46	45	97.8	46	43	93.5	96
11	Boys	2	1	50.0	2	0	0.0	2	1	50.0	2	2	100.0	2	0	0.0	3
11	Girls	3	3	100.0	3	0	0.0	3	2	67.0	3	3	100.0	3	3	100.0	8
12	Boys	4	3	75.0	4	2	50.0	4	3	75.0	4	4	100.0	4	2	50.0	5
12	Girls	4	4	100.0	4	1	25.0	4	4	100.0	4	4	100.0	3	3	100.0	9
Totals		103	96	93.2	103	68	66.0	106	100	94.3	105	102	97.1	101	84	83.2	229

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Flint Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	44	97.8	45	35	77.8	45	45	100.0	45	43	95.6	45	40	88.9	45
04	Girls	45	45	100.0	45	40	88.9	45	45	100.0	45	45	100.0	45	43	95.6	45
05	Boys	57	54	94.7	57	51	89.5	57	57	100.0	57	56	98.2	57	55	96.5	57
05	Girls	45	44	97.8	45	40	88.9	45	44	98.0	45	45	100.0	45	45	100.0	45
06	Boys	58	56	96.6	58	53	91.4	58	58	100.0	58	58	100.0	58	52	89.7	58
06	Girls	55	55	100.0	55	50	90.9	55	55	100.0	55	55	100.0	55	50	90.9	55
Totals		305	298	97.7	305	269	88.2	305	304	99.7	305	302	99.0	305	285	93.4	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Floris Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	66	93.0	70	57	81.4	71	67	94.0	71	62	87.3	71	59	83.1	71
04	Girls	54	50	92.6	54	49	90.7	54	52	96.0	54	51	94.4	54	42	77.8	54
05	Boys	63	50	79.4	63	56	88.9	63	58	92.0	63	57	90.5	63	43	68.3	64
05	Girls	49	43	87.8	49	48	98.0	49	49	100.0	49	47	95.9	49	39	79.6	49
06	Boys	62	47	75.8	62	55	88.7	62	55	89.0	62	49	79.0	62	40	64.5	63
06	Girls	50	38	76.0	50	38	76.0	50	50	100.0	50	49	98.0	50	25	50.0	50
Totals		349	294	84.2	348	303	87.1	349	331	94.8	349	315	90.3	349	248	71.1	351

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Forest Edge Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	27	96.4	28	19	67.9	28	28	100.0	28	23	82.1	28	24	85.7	29
04	Girls	38	38	100.0	38	28	73.7	38	38	100.0	38	36	94.7	38	33	86.8	38
05	Boys	47	44	93.6	47	35	74.5	47	46	98.0	47	44	93.6	47	38	80.9	47
05	Girls	32	28	87.5	32	18	56.3	32	32	100.0	32	30	93.8	32	23	71.9	32
06	Boys	43	39	90.7	43	31	72.1	43	43	100.0	43	41	95.3	43	28	65.1	43
06	Girls	53	51	96.2	53	29	54.7	53	53	100.0	53	53	100.0	53	34	64.2	53
Totals		241	227	94.2	241	160	66.4	241	240	99.6	241	227	94.2	241	180	74.7	242

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Forestdale Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	17	68.0	24	17	70.8	27	11	41.0	27	21	77.8	26	14	53.8	27
04	Girls	26	15	57.7	25	22	88.0	26	20	77.0	26	15	57.7	26	12	46.2	26
05	Boys	28	20	71.4	27	19	70.4	29	24	83.0	29	15	51.7	27	17	63.0	29
05	Girls	22	15	68.2	22	19	86.4	23	21	91.0	23	19	82.6	22	12	54.5	23
06	Boys	29	21	72.4	29	23	79.3	30	20	67.0	30	22	73.3	29	21	72.4	30
06	Girls	35	22	62.9	35	22	62.9	35	28	80.0	35	24	68.6	35	15	42.9	35
Totals		165	110	66.7	162	122	75.3	170	124	72.9	170	116	68.2	165	91	55.2	170

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Forestville Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	43	100.0	43	35	81.4	42	42	100.0	42	41	97.6	42	42	100.0	43
04	Girls	39	39	100.0	39	38	97.4	38	37	97.0	38	38	100.0	39	39	100.0	39
05	Boys	35	33	94.3	34	29	85.3	35	27	77.0	35	34	97.1	34	32	94.1	35
05	Girls	47	47	100.0	47	45	95.7	48	46	96.0	48	48	100.0	47	47	100.0	48
06	Boys	63	63	100.0	63	62	98.4	63	60	95.0	63	60	95.2	62	62	100.0	63
06	Girls	39	39	100.0	40	37	92.5	40	40	100.0	40	39	97.5	40	40	100.0	40
Totals		266	264	99.2	266	246	92.5	266	252	94.7	266	260	97.7	264	262	99.2	268

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fort Belvoir Upper School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	91	81	89.0	90	60	66.7	93	69	74.0	93	31	33.3	90	82	91.1	94
04	Girls	86	80	93.0	86	72	83.7	86	60	70.0	85	34	40.0	86	79	91.9	86
05	Boys	80	77	96.3	79	54	68.4	81	67	83.0	80	21	26.3	80	69	86.3	82
05	Girls	100	87	87.0	100	60	60.0	102	94	92.0	101	33	32.7	101	70	69.3	102
06	Boys	84	73	86.9	84	62	73.8	85	69	81.0	84	31	36.9	81	60	74.1	86
06	Girls	73	67	91.8	73	40	54.8	73	68	93.0	73	30	41.1	73	53	72.6	76
Totals		514	465	90.5	512	348	68.0	520	427	82.1	516	180	34.9	511	413	80.8	526

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fort Hunt Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	35	34	97.1	35	31	88.6	35	33	94.0	35	30	85.7	35	34	97.1	35
04	Girls	50	48	96.0	50	46	92.0	50	49	98.0	50	45	90.0	50	46	92.0	50
05	Boys	35	35	100.0	35	31	88.6	35	32	91.0	35	34	97.1	35	33	94.3	35
05	Girls	43	43	100.0	43	40	93.0	43	43	100.0	43	43	100.0	43	43	100.0	43
06	Boys	34	27	79.4	34	26	76.5	34	30	88.0	34	24	70.6	34	23	67.6	34
06	Girls	35	33	94.3	35	30	85.7	35	34	97.0	35	29	82.9	35	27	77.1	35
Totals		232	220	94.8	232	204	87.9	232	221	95.3	232	205	88.4	232	206	88.8	232

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Fox Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	36	72.0	48	31	64.6	50	48	96.0	51	34	66.7	49	43	87.8	51
04	Girls	35	21	60.0	34	25	73.5	35	34	97.0	35	24	68.6	35	30	85.7	35
05	Boys	43	36	83.7	43	43	100.0	43	43	100.0	44	23	52.3	43	42	97.7	44
05	Girls	34	30	88.2	34	25	73.5	34	33	97.0	34	24	70.6	34	29	85.3	34
06	Boys	37	34	91.9	37	35	94.6	37	36	97.0	37	23	62.2	37	29	78.4	37
06	Girls	28	24	85.7	28	21	75.0	28	27	96.0	28	22	78.6	28	21	75.0	28
Totals		227	181	79.7	224	180	80.4	227	221	97.4	229	150	65.5	226	194	85.8	229

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Franconia Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	32	100.0	32	31	96.9	32	30	94.0	32	11	34.4	32	32	100.0	32
04	Girls	25	24	96.0	25	24	96.0	25	25	100.0	25	9	36.0	24	23	95.8	25
05	Boys	43	40	93.0	43	42	97.7	43	43	100.0	43	41	95.3	43	42	97.7	44
05	Girls	27	26	96.3	27	26	96.3	28	27	96.0	28	28	100.0	27	27	100.0	28
06	Boys	37	36	97.3	37	36	97.3	37	37	100.0	37	36	97.3	37	33	89.2	37
06	Girls	35	35	100.0	35	29	82.9	35	35	100.0	35	35	100.0	35	35	100.0	35
Totals		199	193	97.0	199	188	94.5	200	197	98.5	200	160	80.0	198	192	97.0	201

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Franklin Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	221	220	99.5	221	188	85.1	221	199	90.0	221	221	100.0	222	202	91.0	225
07	Girls	216	216	100.0	216	179	82.9	217	198	91.0	217	217	100.0	217	210	96.8	220
08	Boys	213	213	100.0	212	186	87.7	213	195	92.0	213	213	100.0	213	194	91.1	216
08	Girls	214	214	100.0	212	158	74.5	215	212	99.0	215	215	100.0	216	213	98.6	219
Totals		864	863	99.9	861	711	82.6	866	804	92.8	866	866	100.0	868	819	94.4	880

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Freedom Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	32	97.0	33	28	84.8	37	34	92.0	33	32	97.0	33	28	84.8	37
04	Girls	36	36	100.0	36	36	100.0	36	36	100.0	36	36	100.0	36	33	91.7	36
05	Boys	41	41	100.0	41	40	97.6	42	40	95.0	41	41	100.0	41	31	75.6	42
05	Girls	27	26	96.3	27	25	92.6	28	28	100.0	27	27	100.0	27	15	55.6	28
06	Boys	37	35	94.6	37	33	89.2	37	36	97.0	37	37	100.0	37	34	91.9	38
06	Girls	40	40	100.0	40	33	82.5	40	40	100.0	40	40	100.0	40	33	82.5	40
Totals		214	210	98.1	214	195	91.1	220	214	97.3	214	213	99.5	214	174	81.3	221

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Frost Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	334	331	99.1	335	281	83.9	336	305	91.0	335	322	96.1	334	295	88.3	336
07	Girls	311	302	97.1	311	248	79.7	311	295	95.0	310	307	99.0	310	287	92.6	312
08	Boys	305	300	98.4	306	250	81.7	306	283	93.0	306	300	98.0	305	249	81.6	306
08	Girls	297	288	97.0	297	181	60.9	297	291	98.0	297	292	98.3	297	275	92.6	297
Totals		1,247	1,221	97.9	1,249	960	76.9	1,250	1,174	93.9	1,248	1,221	97.8	1,246	1,106	88.8	1,251

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Garfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	23	18	78.3	23	18	78.3	23	20	87.0	23	23	100.0	23	21	91.3	23
04	Girls	23	13	56.5	23	20	87.0	23	20	87.0	23	23	100.0	23	12	52.2	23
05	Boys	25	19	76.0	25	20	80.0	25	19	76.0	25	24	96.0	25	18	72.0	25
05	Girls	28	19	67.9	28	20	71.4	29	28	97.0	29	28	96.6	28	21	75.0	29
06	Boys	23	19	82.6	23	22	95.7	23	20	87.0	23	23	100.0	23	15	65.2	23
06	Girls	23	16	69.6	23	18	78.3	23	23	100.0	23	23	100.0	23	19	82.6	23
Totals		145	104	71.7	145	118	81.4	146	130	89.0	146	144	98.6	145	106	73.1	146

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Glasgow Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	301	275	91.4	306	241	78.8	292	252	86.0	307	306	99.7	306	243	79.4	316
06	Girls	337	312	92.6	339	234	69.0	328	313	95.0	343	341	99.4	341	288	84.5	349
07	Boys	284	274	96.5	284	196	69.0	285	245	86.0	285	281	98.6	285	227	79.6	291
07	Girls	281	261	92.9	280	147	52.5	282	263	93.0	283	283	100.0	281	256	91.1	288
08	Boys	274	257	93.8	273	203	74.4	277	240	87.0	276	274	99.3	272	216	79.4	280
08	Girls	264	233	88.3	260	127	48.8	262	242	92.0	265	263	99.2	265	211	79.6	266
Totals		1,741	1,612	92.6	1,742	1,148	65.9	1,726	1,555	90.1	1,759	1,748	99.4	1,750	1,441	82.3	1,790

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Glen Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	87	59	67.8	87	60	69.0	87	72	83.0	87	77	88.5	87	56	64.4	89
04	Girls	83	55	66.3	82	68	82.9	84	78	93.0	84	75	89.3	82	46	56.1	84
05	Boys	91	52	57.1	90	76	84.4	91	69	76.0	91	83	91.2	91	66	72.5	93
05	Girls	83	52	62.7	83	65	78.3	83	79	95.0	83	78	94.0	83	57	68.7	83
Totals		344	218	63.4	342	269	78.7	345	298	86.4	345	313	90.7	343	225	65.6	349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Graham Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	31	100.0	31	27	87.1	31	31	100.0	31	31	100.0	31	31	100.0	32
04	Girls	29	29	100.0	29	24	82.8	29	29	100.0	29	29	100.0	29	29	100.0	29
05	Boys	24	23	95.8	24	18	75.0	24	24	100.0	24	24	100.0	24	24	100.0	24
05	Girls	27	26	96.3	27	10	37.0	27	27	100.0	27	27	100.0	27	26	96.3	28
06	Boys	32	31	96.9	32	24	75.0	32	32	100.0	32	32	100.0	32	32	100.0	32
06	Girls	34	34	100.0	34	20	58.8	34	34	100.0	34	34	100.0	34	34	100.0	35
Totals		177	174	98.3	177	123	69.5	177	177	100.0	177	177	100.0	177	176	99.4	180

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Great Falls Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	25	21	84.0	25	18	72.0	26	21	81.0	25	23	92.0	25	19	76.0	27
04	Girls	43	41	95.3	43	38	88.4	44	41	93.0	43	42	97.7	43	38	88.4	44
05	Boys	47	41	87.2	47	44	93.6	47	44	94.0	47	47	100.0	47	41	87.2	47
05	Girls	28	27	96.4	28	25	89.3	28	27	96.0	28	28	100.0	28	23	82.1	28
06	Boys	49	43	87.8	49	46	93.9	49	46	94.0	49	49	100.0	49	43	87.8	49
06	Girls	44	40	90.9	44	39	88.6	44	39	89.0	44	43	97.7	44	40	90.9	44
Totals		236	213	90.3	236	210	89.0	238	218	91.6	236	232	98.3	236	204	86.4	239

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Greenbriar East Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	55	88.7	62	36	58.1	63	25	40.0	63	47	74.6	62	21	33.9	63
04	Girls	63	58	92.1	63	50	79.4	63	43	68.0	63	46	73.0	63	10	15.9	63
05	Boys	53	46	86.8	53	40	75.5	53	23	43.0	53	30	56.6	53	12	22.6	53
05	Girls	75	66	88.0	75	46	61.3	75	48	64.0	75	50	66.7	75	12	16.0	75
06	Boys	50	44	88.0	50	31	62.0	50	17	34.0	50	31	62.0	50	14	28.0	50
06	Girls	61	53	86.9	61	31	50.8	61	38	62.0	61	46	75.4	61	10	16.4	61
Totals		364	322	88.5	364	234	64.3	365	194	53.2	365	250	68.5	364	79	21.7	365

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Greenbriar West Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	77	71	92.2	76	59	77.6	78	70	90.0	75	50	66.7	76	59	77.6	78
04	Girls	64	64	100.0	64	56	87.5	64	63	98.0	64	53	82.8	64	50	78.1	64
05	Boys	76	70	92.1	76	58	76.3	79	74	94.0	76	39	51.3	74	51	68.9	79
05	Girls	64	58	90.6	64	49	76.6	65	65	100.0	63	47	74.6	64	35	54.7	65
06	Boys	91	81	89.0	91	78	85.7	93	92	99.0	91	53	58.2	91	52	57.1	93
06	Girls	64	54	84.4	65	48	73.8	67	66	99.0	65	40	61.5	65	47	72.3	67
Totals		436	398	91.3	436	348	79.8	446	430	96.4	434	282	65.0	434	294	67.7	446

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Groveton Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	49	98.0	49	35	71.4	51	51	100.0	50	50	100.0	50	48	96.0	51
04	Girls	44	40	90.9	45	33	73.3	44	44	100.0	44	44	100.0	45	41	91.1	45
05	Boys	59	56	94.9	58	50	86.2	59	59	100.0	58	58	100.0	59	54	91.5	60
05	Girls	51	49	96.1	51	33	64.7	51	51	100.0	51	51	100.0	51	49	96.1	51
06	Boys	56	53	94.6	55	40	72.7	56	56	100.0	55	55	100.0	56	51	91.1	57
06	Girls	41	34	82.9	40	21	52.5	41	41	100.0	40	40	100.0	41	35	85.4	41
Totals		301	281	93.4	298	212	71.1	302	302	100.0	298	298	100.0	302	278	92.1	305

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Gunston Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	23	79.3	29	17	58.6	29	22	76.0	29	16	55.2	29	22	75.9	32
04	Girls	31	20	64.5	31	21	67.7	31	24	77.0	30	22	73.3	31	24	77.4	32
05	Boys	35	19	54.3	35	21	60.0	35	29	83.0	35	17	48.6	35	21	60.0	38
05	Girls	42	30	71.4	42	26	61.9	42	39	93.0	42	21	50.0	42	25	59.5	44
06	Boys	46	42	91.3	46	33	71.7	46	37	80.0	46	32	69.6	46	31	67.4	47
06	Girls	30	24	80.0	30	14	46.7	30	27	90.0	30	27	90.0	30	19	63.3	30
Totals		213	158	74.2	213	132	62.0	213	178	83.6	212	135	63.7	213	142	66.7	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Halley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	41	97.6	42	38	90.5	42	42	100.0	42	42	100.0	42	36	85.7	43
04	Girls	41	38	92.7	41	38	92.7	41	41	100.0	41	40	97.6	41	33	80.5	41
05	Boys	37	33	89.2	37	30	81.1	37	36	97.0	37	37	100.0	37	29	78.4	38
05	Girls	40	38	95.0	40	38	95.0	40	40	100.0	40	40	100.0	40	30	75.0	40
06	Boys	44	40	90.9	44	40	90.9	44	44	100.0	44	44	100.0	44	22	50.0	44
06	Girls	55	50	90.9	55	45	81.8	55	54	98.0	55	55	100.0	55	21	38.2	55
Totals		259	240	92.7	259	229	88.4	259	257	99.2	259	258	99.6	259	171	66.0	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Haycock Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	73	68	93.2	73	69	94.5	73	73	100.0	73	69	94.5	73	71	97.3	74
04	Girls	78	71	91.0	79	67	84.8	79	79	100.0	79	78	98.7	79	76	96.2	79
05	Boys	87	73	83.9	87	80	92.0	88	88	100.0	88	84	95.5	88	83	94.3	88
05	Girls	89	80	89.9	90	70	77.8	91	91	100.0	91	89	97.8	90	80	88.9	91
06	Boys	89	83	93.3	89	80	89.9	90	89	99.0	89	89	100.0	87	79	90.8	90
06	Girls	85	79	92.9	85	64	75.3	85	85	100.0	85	84	98.8	85	77	90.6	85
Totals		501	454	90.6	503	430	85.5	506	505	99.8	505	493	97.6	502	466	92.8	507

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hayfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	71	65	91.5	71	43	60.6	71	63	89.0	71	51	71.8	71	59	83.1	71
04	Girls	55	49	89.1	55	36	65.5	55	55	100.0	55	49	89.1	55	39	70.9	55
05	Boys	54	48	88.9	54	35	64.8	54	49	91.0	54	35	64.8	54	37	68.5	54
05	Girls	46	37	80.4	46	24	52.2	46	46	100.0	46	39	84.8	46	32	69.6	46
06	Boys	60	50	83.3	60	36	60.0	60	60	100.0	60	51	85.0	60	41	68.3	60
06	Girls	39	38	97.4	39	17	43.6	39	39	100.0	39	36	92.3	39	30	76.9	39
Totals		325	287	88.3	325	191	58.8	325	312	96.0	325	261	80.3	325	238	73.2	325

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hayfield High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	242	229	94.6	247	211	85.4	250	249	100.0	249	209	83.9	249	185	74.3	253
09	Girls	255	236	92.5	259	217	83.8	260	259	100.0	259	220	84.9	256	214	83.6	261
10	Boys	263	260	98.9	262	229	87.4	262	262	100.0	260	242	93.1	261	225	86.2	264
10	Girls	232	231	99.6	231	214	92.6	234	234	100.0	234	231	98.7	233	228	97.9	234
11	Boys	10	10	100.0	10	8	80.0	10	9	90.0	10	9	90.0	10	7	70.0	23
11	Girls	15	13	86.7	15	6	40.0	15	15	100.0	15	14	93.3	14	10	71.4	28
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1
12	Girls	3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	3	3	100.0	3
Totals		1,021	983	96.3	1,028	889	86.5	1,035	1,032	99.7	1,031	929	90.1	1,027	873	85.0	1,067

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hayfield Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	232	189	81.5	236	209	88.6	236	218	92.0	235	227	96.6	233	178	76.4	238
07	Girls	245	203	82.9	248	207	83.5	247	239	97.0	246	243	98.8	247	186	75.3	248
08	Boys	249	238	95.6	253	225	88.9	253	243	96.0	252	207	82.1	248	198	79.8	255
08	Girls	203	194	95.6	207	185	89.4	210	205	98.0	208	185	88.9	203	177	87.2	212
Totals		929	824	88.7	944	826	87.5	946	905	95.7	941	862	91.6	931	739	79.4	953

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Herndon Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	45	69.2	64	47	73.4	65	65	100.0	65	51	78.5	64	48	75.0	66
04	Girls	63	42	66.7	65	53	81.5	65	65	100.0	65	57	87.7	63	45	71.4	65
05	Boys	52	30	57.7	53	36	67.9	53	51	96.0	54	48	88.9	54	40	74.1	54
05	Girls	44	23	52.3	44	35	79.5	44	44	100.0	44	36	81.8	44	34	77.3	45
06	Boys	69	61	88.4	68	54	79.4	69	69	100.0	69	54	78.3	68	53	77.9	71
06	Girls	62	49	79.0	61	41	67.2	61	60	98.0	62	48	77.4	62	49	79.0	63
Totals		355	250	70.4	355	266	74.9	357	354	99.2	359	294	81.9	355	269	75.8	364

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Herndon High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	264	218	82.6	266	152	57.1	272	265	97.0	266	251	94.4	266	130	48.9	276
09	Girls	256	213	83.2	261	127	48.7	265	262	99.0	261	247	94.6	258	180	69.8	266
10	Boys	250	233	93.2	246	171	69.5	254	245	97.0	250	237	94.8	249	143	57.4	255
10	Girls	250	234	93.6	249	146	58.6	256	250	98.0	249	241	96.8	244	192	78.7	258
11	Boys	37	35	94.6	39	28	71.8	40	37	93.0	38	37	97.4	37	20	54.1	73
11	Girls	25	24	96.0	26	4	15.4	28	26	93.0	26	25	96.2	25	19	76.0	52
12	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	4
12	Girls	0	0	0.0	0	0	0.0	1	0	0.0	0	0	0.0	0	0	0.0	2
Totals		1,083	958	88.5	1,088	629	57.8	1,117	1,086	97.2	1,091	1,039	95.2	1,080	685	63.4	1,186

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Herndon Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	304	274	90.1	295	228	77.3	305	287	94.0	306	258	84.3	300	184	61.3	309
07	Girls	235	200	85.1	229	139	60.7	236	235	100.0	235	217	92.3	232	176	75.9	237
08	Boys	282	266	94.3	284	180	63.4	289	258	89.0	286	283	99.0	282	185	65.6	293
08	Girls	281	260	92.5	282	130	46.1	289	279	97.0	288	284	98.6	280	183	65.4	291
Totals		1,102	1,000	90.7	1,090	677	62.1	1,119	1,059	94.6	1,115	1,042	93.5	1,094	728	66.5	1,130

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hollin Meadows Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	45	30	66.7	45	34	75.6	45	32	71.0	45	43	95.6	45	40	88.9	45
04	Girls	50	39	78.0	50	43	86.0	50	47	94.0	50	49	98.0	50	40	80.0	50
05	Boys	54	36	66.7	54	46	85.2	54	42	78.0	54	54	100.0	54	41	75.9	54
05	Girls	44	32	72.7	44	37	84.1	44	41	93.0	44	43	97.7	44	30	68.2	45
06	Boys	37	31	83.8	37	31	83.8	37	33	89.0	37	37	100.0	37	31	83.8	37
06	Girls	30	14	46.7	30	24	80.0	30	27	90.0	30	30	100.0	30	19	63.3	30
Totals		260	182	70.0	260	215	82.7	260	222	85.4	260	256	98.5	260	201	77.3	261

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Holmes Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	150	143	95.3	145	138	95.2	150	133	89.0	147	119	81.0	149	88	59.1	154
06	Girls	162	155	95.7	162	154	95.1	165	155	94.0	161	142	88.2	162	98	60.5	166
07	Boys	157	135	86.0	157	148	94.3	157	152	97.0	156	155	99.4	157	137	87.3	159
07	Girls	158	142	89.9	158	154	97.5	158	158	100.0	157	157	100.0	157	143	91.1	159
08	Boys	167	145	86.8	166	138	83.1	167	158	95.0	166	157	94.6	167	90	53.9	174
08	Girls	136	118	86.8	137	122	89.1	138	136	99.0	135	133	98.5	137	84	61.3	142
Totals		930	838	90.1	925	854	92.3	935	892	95.4	922	863	93.6	929	640	68.9	954

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hughes Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	264	248	93.9	266	216	81.2	267	264	99.0	263	222	84.4	265	193	72.8	270
07	Girls	252	243	96.4	251	198	78.9	253	253	100.0	245	224	91.4	251	216	86.1	253
08	Boys	284	264	93.0	290	241	83.1	291	281	97.0	284	249	87.7	280	214	76.4	294
08	Girls	228	209	91.7	225	165	73.3	229	226	99.0	224	208	92.9	227	195	85.9	229
Totals		1,028	964	93.8	1,032	820	79.5	1,040	1,024	98.5	1,016	903	88.9	1,023	818	80.0	1,046

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hunt Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	56	98.2	58	51	87.9	59	57	97.0	59	53	89.8	57	45	78.9	61
04	Girls	36	35	97.2	37	35	94.6	37	36	97.0	37	37	100.0	36	30	83.3	37
05	Boys	55	50	90.9	55	51	92.7	55	53	96.0	55	49	89.1	55	42	76.4	57
05	Girls	64	64	100.0	64	60	93.8	64	63	98.0	64	63	98.4	64	46	71.9	64
06	Boys	42	41	97.6	42	41	97.6	46	44	96.0	44	36	81.8	42	34	81.0	46
06	Girls	29	29	100.0	29	28	96.6	30	30	100.0	30	29	96.7	29	25	86.2	30
Totals		283	275	97.2	285	266	93.3	291	283	97.3	289	267	92.4	283	222	78.4	295

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hunters Woods Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	59	57	96.6	59	48	81.4	59	52	88.0	59	59	100.0	59	58	98.3	59
04	Girls	59	59	100.0	59	56	94.9	59	57	97.0	59	59	100.0	59	58	98.3	59
05	Boys	64	60	93.8	64	54	84.4	64	62	97.0	64	63	98.4	64	57	89.1	64
05	Girls	74	71	95.9	74	67	90.5	74	72	97.0	74	74	100.0	73	69	94.5	74
06	Boys	72	70	97.2	72	66	91.7	72	68	94.0	72	72	100.0	72	70	97.2	72
06	Girls	61	60	98.4	61	50	82.0	61	57	93.0	61	61	100.0	61	57	93.4	61
Totals		389	377	96.9	389	341	87.7	389	368	94.6	389	388	99.7	388	369	95.1	389

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hutchison Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	62	78.5	79	62	78.5	82	82	100.0	80	79	98.8	79	70	88.6	85
04	Girls	66	49	74.2	66	57	86.4	66	66	100.0	66	65	98.5	66	60	90.9	69
05	Boys	69	38	55.1	73	65	89.0	75	75	100.0	75	75	100.0	69	48	69.6	75
05	Girls	71	24	33.8	72	49	68.1	73	73	100.0	73	73	100.0	71	51	71.8	73
06	Boys	65	51	78.5	64	53	82.8	65	65	100.0	65	65	100.0	65	51	78.5	66
06	Girls	74	55	74.3	74	53	71.6	75	75	100.0	74	73	98.6	74	71	95.9	75
Totals		424	279	65.8	428	339	79.2	436	436	100.0	433	430	99.3	424	351	82.8	443

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Hybla Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	56	90.3	62	35	56.5	62	59	95.0	60	55	91.7	61	39	63.9	62
04	Girls	56	51	91.1	55	42	76.4	57	54	95.0	57	54	94.7	56	22	39.3	57
05	Boys	75	69	92.0	74	54	73.0	76	74	97.0	75	70	93.3	75	47	62.7	76
05	Girls	77	72	93.5	77	51	66.2	77	76	99.0	75	71	94.7	77	38	49.4	78
06	Boys	76	64	84.2	75	53	70.7	76	68	90.0	72	61	84.7	75	44	58.7	76
06	Girls	62	51	82.3	63	40	63.5	63	60	95.0	61	56	91.8	62	37	59.7	63
Totals		408	363	89.0	406	275	67.7	411	391	95.1	400	367	91.8	406	227	55.9	412

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Interagency Alternative Schools**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Girls	1	0	0.0	0	0	0.0	1	0	0.0	0	0	0.0	1	1	100.0	1
08	Boys	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	1	1	100.0	3
08	Girls	1	1	100.0	1	0	0.0	1	1	100.0	0	0	0.0	1	1	100.0	1
09	Boys	7	5	71.4	6	3	50.0	9	7	78.0	7	6	85.7	8	3	37.5	22
09	Girls	5	5	100.0	4	0	0.0	5	5	100.0	5	4	80.0	5	1	20.0	11
10	Boys	4	4	100.0	3	2	66.7	4	4	100.0	3	2	66.7	3	2	66.7	35
10	Girls	6	5	83.3	5	0	0.0	5	3	60.0	4	2	50.0	6	4	66.7	24
11	Boys	2	2	100.0	2	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	11
11	Girls	0	0	0.0	0	0	0.0	2	2	100.0	0	0	0.0	0	0	0.0	8
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
Totals		27	23	85.2	22	6	27.3	29	24	82.8	21	15	71.4	26	13	50.0	118

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Irving Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	268	261	97.4	265	217	81.9	261	235	90.0	265	260	98.1	267	223	83.5	272
07	Girls	280	265	94.6	279	226	81.0	267	257	96.0	280	278	99.3	280	249	88.9	284
08	Boys	270	256	94.8	270	205	75.9	272	260	96.0	270	263	97.4	266	222	83.5	274
08	Girls	262	255	97.3	265	199	75.1	267	264	99.0	265	264	99.6	266	249	93.6	267
Totals		1,080	1,037	96.0	1,079	847	78.5	1,067	1,016	95.2	1,080	1,065	98.6	1,079	943	87.4	1,097

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Island Creek Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	50	47	94.0	51	39	76.5	51	47	92.0	51	50	98.0	50	38	76.0	51
04	Girls	50	46	92.0	50	43	86.0	50	50	100.0	50	49	98.0	50	41	82.0	50
05	Boys	57	51	89.5	57	50	87.7	57	56	98.0	57	56	98.2	57	42	73.7	57
05	Girls	40	36	90.0	40	33	82.5	40	39	98.0	40	40	100.0	40	25	62.5	40
06	Boys	50	47	94.0	52	39	75.0	52	48	92.0	51	49	96.1	50	40	80.0	52
06	Girls	51	47	92.2	52	43	82.7	52	52	100.0	51	51	100.0	52	41	78.8	52
Totals		298	274	91.9	302	247	81.8	302	292	96.7	300	295	98.3	299	227	75.9	302

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Jackson Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	255	243	95.3	256	195	76.2	262	260	99.0	255	245	96.1	258	233	90.3	266
07	Girls	229	218	95.2	230	160	69.6	233	233	100.0	230	225	97.8	230	220	95.7	238
08	Boys	335	329	98.2	335	242	72.2	336	335	100.0	329	310	94.2	335	238	71.0	343
08	Girls	278	269	96.8	277	174	62.8	280	279	100.0	276	269	97.5	278	245	88.1	285
Totals		1,097	1,059	96.5	1,098	771	70.2	1,111	1,107	99.6	1,090	1,049	96.2	1,101	936	85.0	1,132

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Jefferson Sci/Tech High School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
09	Boys	264	249	94.3	261	238	91.2	262	251	96.0	243	208	85.6	263	216	82.1	264
09	Girls	178	164	92.1	179	164	91.6	175	174	99.0	161	151	93.8	178	148	83.1	179
10	Boys	234	228	97.4	233	199	85.4	235	235	100.0	234	227	97.0	230	177	77.0	235
10	Girls	147	139	94.6	145	121	83.4	147	147	100.0	147	144	98.0	144	134	93.1	147
Totals		823	780	94.8	818	722	88.3	819	807	98.5	785	730	93.0	815	675	82.8	825

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Justice High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	286	270	94.4	285	164	57.5	286	258	90.0	284	268	94.4	285	167	58.6	292
09	Girls	246	214	87.0	242	128	52.9	248	227	92.0	239	220	92.1	246	200	81.3	253
10	Boys	231	218	94.4	231	137	59.3	234	215	92.0	231	226	97.8	229	141	61.6	235
10	Girls	223	201	90.1	226	75	33.2	228	211	93.0	227	220	96.9	224	159	71.0	232
11	Boys	42	37	88.1	43	22	51.2	43	35	81.0	42	41	97.6	43	29	67.4	44
11	Girls	21	18	85.7	21	6	28.6	21	20	95.0	21	21	100.0	21	15	71.4	24
12	Boys	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	2	1	50.0	4
12	Girls	3	2	66.7	3	0	0.0	3	3	100.0	3	2	66.7	3	2	66.7	3
Totals		1,054	961	91.2	1,053	534	50.7	1,065	971	91.2	1,049	1,000	95.3	1,053	714	67.8	1,087

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Keene Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	79	100.0	79	72	91.1	79	74	94.0	79	77	97.5	79	73	92.4	79
04	Girls	72	72	100.0	72	70	97.2	72	70	97.0	72	72	100.0	72	63	87.5	72
05	Boys	80	76	95.0	80	69	86.3	80	63	79.0	80	78	97.5	79	57	72.2	80
05	Girls	73	72	98.6	72	57	79.2	73	66	90.0	73	71	97.3	73	53	72.6	73
06	Boys	62	60	96.8	61	55	90.2	62	57	92.0	62	62	100.0	61	50	82.0	62
06	Girls	74	74	100.0	74	63	85.1	74	69	93.0	73	70	95.9	74	50	67.6	74
Totals		440	433	98.4	438	386	88.1	440	399	90.7	439	430	97.9	438	346	79.0	440

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Kent Gardens Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	84	81	96.4	84	78	92.9	84	77	92.0	84	74	88.1	84	82	97.6	84
04	Girls	72	71	98.6	72	70	97.2	72	72	100.0	72	69	95.8	72	72	100.0	72
05	Boys	78	76	97.4	78	74	94.9	79	76	96.0	77	68	88.3	77	77	100.0	79
05	Girls	85	83	97.6	85	82	96.5	85	85	100.0	85	81	95.3	85	84	98.8	85
06	Boys	76	72	94.7	76	75	98.7	76	74	97.0	76	69	90.8	76	73	96.1	76
06	Girls	77	74	96.1	77	74	96.1	78	75	96.0	78	78	100.0	76	75	98.7	78
Totals		472	457	96.8	472	453	96.0	474	459	96.8	472	439	93.0	470	463	98.5	474

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Key Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	194	130	67.0	196	137	69.9	205	191	93.0	204	148	72.5	195	109	55.9	206
07	Girls	181	94	51.9	181	99	54.7	185	174	94.0	183	150	82.0	181	102	56.4	187
08	Boys	216	181	83.8	217	143	65.9	221	215	97.0	220	192	87.3	216	122	56.5	221
08	Girls	200	151	75.5	199	97	48.7	207	203	98.0	205	177	86.3	201	116	57.7	207
Totals		791	556	70.3	793	476	60.0	818	783	95.7	812	667	82.1	793	449	56.6	821

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Kilmer Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	292	283	96.9	294	257	87.4	293	288	98.0	295	283	95.9	291	265	91.1	304
07	Girls	259	252	97.3	258	213	82.6	256	254	99.0	257	255	99.2	257	242	94.2	259
08	Boys	282	277	98.2	280	241	86.1	284	275	97.0	284	252	88.7	281	238	84.7	284
08	Girls	265	257	97.0	262	214	81.7	266	263	99.0	266	254	95.5	264	253	95.8	268
Totals		1,098	1,069	97.4	1,094	925	84.6	1,099	1,080	98.3	1,102	1,044	94.7	1,093	998	91.3	1,115

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Kings Glen Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	75	73	97.3	74	48	64.9	78	75	96.0	78	76	97.4	77	67	87.0	78
04	Girls	86	85	98.8	86	77	89.5	86	84	98.0	86	86	100.0	86	85	98.8	86
05	Boys	92	89	96.7	91	77	84.6	93	85	91.0	93	92	98.9	92	86	93.5	93
05	Girls	75	74	98.7	75	61	81.3	75	73	97.0	75	75	100.0	75	71	94.7	75
06	Boys	86	85	98.8	86	61	70.9	87	83	95.0	86	85	98.8	87	77	88.5	87
06	Girls	85	84	98.8	85	57	67.1	86	86	100.0	85	85	100.0	85	80	94.1	86
Totals		499	490	98.2	497	381	76.7	505	486	96.2	503	499	99.2	502	466	92.8	505

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lake Anne Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	38	100.0	38	30	78.9	38	37	97.0	38	38	100.0	38	22	57.9	38
04	Girls	35	34	97.1	35	33	94.3	35	35	100.0	35	35	100.0	35	23	65.7	35
05	Boys	34	34	100.0	34	31	91.2	34	34	100.0	34	34	100.0	34	25	73.5	34
05	Girls	37	36	97.3	37	31	83.8	38	37	97.0	37	37	100.0	37	25	67.6	38
06	Boys	42	41	97.6	42	35	83.3	43	42	98.0	42	41	97.6	42	34	81.0	43
06	Girls	44	31	70.5	44	31	70.5	44	44	100.0	44	42	95.5	44	30	68.2	44
Totals		230	214	93.0	230	191	83.0	232	229	98.7	230	227	98.7	230	159	69.1	232

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lake Braddock High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	355	319	89.9	357	275	77.0	356	331	93.0	357	342	95.8	357	244	68.3	365
09	Girls	321	291	90.7	320	259	80.9	324	312	96.0	322	314	97.5	320	271	84.7	326
10	Boys	338	322	95.3	336	265	78.9	339	329	97.0	335	329	98.2	336	231	68.8	346
10	Girls	313	297	94.9	310	234	75.5	315	308	98.0	310	310	100.0	314	281	89.5	316
11	Boys	6	6	100.0	6	3	50.0	6	6	100.0	6	5	83.3	6	5	83.3	34
11	Girls	9	9	100.0	9	3	33.3	9	9	100.0	9	9	100.0	9	8	88.9	25
12	Boys	0	0	0.0	0	0	0.0	1	1	100.0	0	0	0.0	0	0	0.0	13
12	Girls	4	4	100.0	4	0	0.0	5	5	100.0	5	5	100.0	4	3	75.0	10
Totals		1,346	1,248	92.7	1,342	1,039	77.4	1,355	1,301	96.0	1,344	1,314	97.8	1,346	1,043	77.5	1,435

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lake Braddock Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	371	355	95.7	372	316	84.9	372	337	91.0	372	338	90.9	372	317	85.2	373
07	Girls	331	318	96.1	329	272	82.7	333	314	94.0	331	322	97.3	330	300	90.9	334
08	Boys	363	345	95.0	363	323	89.0	363	349	96.0	362	362	100.0	363	326	89.8	368
08	Girls	356	339	95.2	356	296	83.1	357	349	98.0	358	357	99.7	357	333	93.3	361
Totals		1,421	1,357	95.5	1,420	1,207	85.0	1,425	1,349	94.7	1,423	1,379	96.9	1,422	1,276	89.7	1,436

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lane Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	41	41	100.0	43	30	69.8	44	44	100.0	43	41	95.3	41	41	100.0	47
04	Girls	40	38	95.0	40	32	80.0	40	40	100.0	40	39	97.5	40	39	97.5	41
05	Boys	44	43	97.7	44	39	88.6	45	45	100.0	44	44	100.0	44	44	100.0	45
05	Girls	58	57	98.3	57	46	80.7	59	59	100.0	58	58	100.0	58	55	94.8	59
06	Boys	53	52	98.1	53	40	75.5	54	54	100.0	51	51	100.0	53	44	83.0	54
06	Girls	46	44	95.7	45	30	66.7	46	46	100.0	45	44	97.8	46	40	87.0	46
Totals		282	275	97.5	282	217	77.0	288	288	100.0	281	277	98.6	282	263	93.3	292

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Langley High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	220	217	98.6	220	170	77.3	220	213	97.0	219	215	98.2	220	186	84.5	222
09	Girls	225	222	98.7	226	175	77.4	226	224	99.0	226	223	98.7	225	218	96.9	227
10	Boys	230	224	97.4	230	126	54.8	230	221	96.0	230	217	94.3	230	183	79.6	237
10	Girls	230	221	96.1	229	128	55.9	230	218	95.0	230	229	99.6	230	223	97.0	242
11	Boys	10	10	100.0	10	3	30.0	10	8	80.0	10	10	100.0	10	8	80.0	22
11	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	5
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
Totals		917	896	97.7	917	602	65.6	918	886	96.5	917	896	97.7	917	820	89.4	962

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lanier Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	257	247	96.1	257	217	84.4	260	222	85.0	262	216	82.4	257	214	83.3	265
07	Girls	243	223	91.8	244	194	79.5	246	230	94.0	243	224	92.2	243	199	81.9	252
08	Boys	249	242	97.2	250	218	87.2	251	249	99.0	249	229	92.0	248	200	80.6	252
08	Girls	239	230	96.2	241	181	75.1	243	238	98.0	243	232	95.5	235	198	84.3	245
Totals		988	942	95.3	992	810	81.7	1,000	939	93.9	997	901	90.4	983	811	82.5	1,014

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Laurel Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	60	92.3	65	52	80.0	66	57	86.0	66	36	54.5	65	63	96.9	66
04	Girls	55	54	98.2	55	46	83.6	56	55	98.0	56	43	76.8	55	53	96.4	57
05	Boys	84	79	94.0	84	71	84.5	86	72	84.0	86	27	31.4	84	80	95.2	86
05	Girls	66	62	93.9	66	54	81.8	67	62	93.0	67	40	59.7	66	66	100.0	67
06	Boys	72	66	91.7	72	58	80.6	72	68	94.0	72	32	44.4	72	64	88.9	72
06	Girls	73	67	91.8	73	58	79.5	74	72	97.0	74	56	75.7	73	69	94.5	74
Totals		415	388	93.5	415	339	81.7	421	386	91.7	421	234	55.6	415	395	95.2	422

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Laurel Ridge Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	58	89.2	65	51	78.5	66	54	82.0	66	52	78.8	65	58	89.2	66
04	Girls	54	49	90.7	54	47	87.0	54	47	87.0	54	41	75.9	54	48	88.9	54
05	Boys	65	52	80.0	65	52	80.0	65	59	91.0	65	46	70.8	65	56	86.2	66
05	Girls	77	59	76.6	76	63	82.9	77	73	95.0	77	66	85.7	77	64	83.1	77
06	Boys	65	58	89.2	66	53	80.3	67	63	94.0	67	36	53.7	65	60	92.3	67
06	Girls	57	50	87.7	57	47	82.5	57	57	100.0	57	48	84.2	57	51	89.5	57
Totals		383	326	85.1	383	313	81.7	386	353	91.5	386	289	74.9	383	337	88.0	387

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lee High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	216	201	93.1	217	167	77.0	223	202	91.0	220	190	86.4	211	115	54.5	224
09	Girls	174	168	96.6	169	118	69.8	179	174	97.0	174	162	93.1	169	97	57.4	180
10	Boys	202	193	95.5	200	178	89.0	204	193	95.0	204	187	91.7	202	149	73.8	213
10	Girls	167	158	94.6	165	136	82.4	170	159	94.0	170	167	98.2	168	130	77.4	181
11	Boys	24	22	91.7	21	17	81.0	33	28	85.0	32	22	68.8	24	14	58.3	60
11	Girls	19	18	94.7	21	10	47.6	23	21	91.0	22	20	90.9	20	12	60.0	49
12	Boys	3	3	100.0	2	2	100.0	6	1	17.0	5	1	20.0	3	2	66.7	7
12	Girls	0	0	0.0	0	0	0.0	2	0	0.0	1	0	0.0	0	0	0.0	3
Totals		805	763	94.8	795	628	79.0	840	778	92.6	828	749	90.5	797	519	65.1	917

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lees Corner Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	61	54	88.5	55	48	87.3	61	58	95.0	61	42	68.9	61	41	67.2	61
04	Girls	53	51	96.2	52	42	80.8	53	52	98.0	53	48	90.6	53	40	75.5	53
05	Boys	67	61	91.0	64	58	90.6	67	66	99.0	67	57	85.1	67	55	82.1	67
05	Girls	56	54	96.4	56	45	80.4	56	56	100.0	56	54	96.4	56	48	85.7	56
06	Boys	58	55	94.8	56	53	94.6	58	58	100.0	58	51	87.9	58	47	81.0	58
06	Girls	54	50	92.6	51	43	84.3	54	53	98.0	54	50	92.6	54	45	83.3	54
Totals		349	325	93.1	334	289	86.5	349	343	98.3	349	302	86.5	349	276	79.1	349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lemon Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	50	89.3	56	40	71.4	56	56	100.0	56	37	66.1	56	46	82.1	56
04	Girls	37	33	89.2	37	35	94.6	37	37	100.0	37	30	81.1	37	30	81.1	37
05	Boys	54	48	88.9	53	45	84.9	54	51	94.0	54	24	44.4	54	43	79.6	54
05	Girls	44	38	86.4	44	31	70.5	44	44	100.0	44	19	43.2	44	34	77.3	44
06	Boys	45	39	86.7	45	36	80.0	45	44	98.0	45	28	62.2	45	36	80.0	45
06	Girls	45	33	73.3	45	32	71.1	45	45	100.0	45	30	66.7	45	33	73.3	45
Totals		281	241	85.8	280	219	78.2	281	277	98.6	281	168	59.8	281	222	79.0	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Liberty Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	258	247	95.7	258	197	76.4	258	230	89.0	258	213	82.6	258	185	71.7	263
07	Girls	275	258	93.8	275	194	70.5	272	264	97.0	275	259	94.2	275	222	80.7	278
08	Boys	278	241	86.7	280	209	74.6	276	261	95.0	281	219	77.9	281	193	68.7	287
08	Girls	264	244	92.4	267	152	56.9	263	252	96.0	266	236	88.7	267	218	81.6	270
Totals		1,075	990	92.1	1,080	752	69.6	1,069	1,007	94.2	1,080	927	85.8	1,081	818	75.7	1,098

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Little Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	21	20	95.2	21	19	90.5	21	21	100.0	21	14	66.7	21	19	90.5	22
04	Girls	18	17	94.4	18	17	94.4	18	18	100.0	18	15	83.3	18	13	72.2	18
05	Boys	30	28	93.3	30	27	90.0	30	30	100.0	30	22	73.3	30	22	73.3	30
05	Girls	17	14	82.4	17	15	88.2	17	16	94.0	17	10	58.8	17	11	64.7	18
06	Boys	21	18	85.7	21	20	95.2	21	19	91.0	21	13	61.9	21	13	61.9	21
06	Girls	19	18	94.7	19	14	73.7	19	19	100.0	19	14	73.7	19	13	68.4	19
Totals		126	115	91.3	126	112	88.9	126	123	97.6	126	88	69.8	126	91	72.2	128

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
London Towne Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	48	98.0	49	44	89.8	49	48	98.0	49	46	93.9	49	47	95.9	49
04	Girls	57	57	100.0	57	54	94.7	57	57	100.0	57	56	98.2	57	57	100.0	57
05	Boys	65	62	95.4	65	60	92.3	65	65	100.0	65	64	98.5	65	61	93.8	65
05	Girls	49	47	95.9	49	45	91.8	49	49	100.0	49	49	100.0	49	47	95.9	49
06	Boys	59	57	96.6	59	49	83.1	59	59	100.0	59	59	100.0	59	50	84.7	59
06	Girls	59	54	91.5	59	53	89.8	60	60	100.0	60	59	98.3	59	48	81.4	60
Totals		338	325	96.2	338	305	90.2	339	338	99.7	339	333	98.2	338	310	91.7	339

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Longfellow Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	332	316	95.2	330	295	89.4	333	325	98.0	332	305	91.9	331	209	63.1	334
07	Girls	318	302	95.0	323	257	79.6	324	324	100.0	324	299	92.3	324	184	56.8	324
08	Boys	342	304	88.9	341	256	75.1	343	335	98.0	342	220	64.3	339	190	56.0	344
08	Girls	313	289	92.3	311	208	66.9	314	313	100.0	313	236	75.4	312	145	46.5	314
Totals		1,305	1,211	92.8	1,305	1,016	77.9	1,314	1,297	98.7	1,311	1,060	80.9	1,306	728	55.7	1,316

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lorton Station Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	76	34	44.7	75	37	49.3	76	72	95.0	75	74	98.7	76	58	76.3	76
04	Girls	60	35	58.3	61	39	63.9	61	58	95.0	61	61	100.0	61	45	73.8	61
05	Boys	71	55	77.5	72	49	68.1	72	69	96.0	72	71	98.6	72	59	81.9	72
05	Girls	81	55	67.9	81	35	43.2	81	80	99.0	81	80	98.8	79	49	62.0	82
06	Boys	78	59	75.6	78	52	66.7	78	74	95.0	78	78	100.0	78	63	80.8	78
06	Girls	75	55	73.3	75	35	46.7	75	74	99.0	75	71	94.7	74	50	67.6	75
Totals		441	293	66.4	442	247	55.9	443	427	96.4	442	435	98.4	440	324	73.6	444

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Lynbrook Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	26	60.5	42	30	71.4	45	40	89.0	44	35	79.5	41	28	68.3	45
04	Girls	42	27	64.3	42	32	76.2	42	37	88.0	42	38	90.5	42	32	76.2	42
05	Boys	44	26	59.1	45	36	80.0	46	43	94.0	46	35	76.1	45	28	62.2	48
05	Girls	34	20	58.8	33	26	78.8	34	32	94.0	34	30	88.2	33	20	60.6	34
06	Boys	42	31	73.8	43	31	72.1	43	36	84.0	43	40	93.0	42	27	64.3	43
06	Girls	26	22	84.6	26	15	57.7	26	25	96.0	26	24	92.3	26	16	61.5	26
Totals		231	152	65.8	231	170	73.6	236	213	90.3	235	202	86.0	229	151	65.9	238

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Madison High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	273	258	94.5	264	225	85.2	273	263	96.0	270	227	84.1	273	187	68.5	275
09	Girls	266	262	98.5	260	212	81.5	267	257	96.0	263	250	95.1	265	241	90.9	268
10	Boys	258	252	97.7	253	185	73.1	261	250	96.0	220	206	93.6	257	177	68.9	262
10	Girls	214	209	97.7	207	147	71.0	219	212	97.0	183	180	98.4	212	196	92.5	221
11	Boys	14	10	71.4	11	4	36.4	15	14	93.0	11	7	63.6	13	6	46.2	15
11	Girls	8	6	75.0	8	2	25.0	7	7	100.0	6	6	100.0	7	3	42.9	8
12	Boys	2	2	100.0	2	0	0.0	3	3	100.0	3	2	66.7	2	2	100.0	3
12	Girls	0	0	0.0	0	0	0.0	1	0	0.0	0	0	0.0	0	0	0.0	1
Totals		1,035	999	96.5	1,005	775	77.1	1,046	1,006	96.2	956	878	91.8	1,029	812	78.9	1,053

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mantua Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	93	92	98.9	94	87	92.6	94	94	100.0	94	94	100.0	93	92	98.9	94
04	Girls	96	93	96.9	96	88	91.7	96	96	100.0	96	96	100.0	96	94	97.9	96
05	Boys	90	86	95.6	89	86	96.6	91	89	98.0	91	91	100.0	90	85	94.4	91
05	Girls	99	96	97.0	99	94	94.9	99	99	100.0	99	99	100.0	99	96	97.0	99
06	Boys	97	95	97.9	96	94	97.9	97	96	99.0	97	97	100.0	96	91	94.8	97
06	Girls	90	88	97.8	89	81	91.0	90	90	100.0	90	90	100.0	90	83	92.2	90
Totals		565	550	97.3	563	530	94.1	567	564	99.5	567	567	100.0	564	541	95.9	567

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Marshall High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	276	270	97.8	277	252	91.0	277	249	90.0	278	278	100.0	274	248	90.5	284
09	Girls	228	221	96.9	223	197	88.3	229	220	96.0	229	229	100.0	230	215	93.5	232
10	Boys	276	265	96.0	273	250	91.6	277	267	96.0	275	271	98.5	275	242	88.0	283
10	Girls	258	255	98.8	256	215	84.0	262	252	96.0	259	258	99.6	258	249	96.5	266
11	Boys	24	19	79.2	24	18	75.0	24	19	79.0	24	21	87.5	24	15	62.5	24
11	Girls	16	13	81.3	15	7	46.7	16	13	81.0	16	13	81.3	16	14	87.5	16
12	Boys	3	0	0.0	3	0	0.0	3	1	33.0	3	1	33.3	3	0	0.0	5
12	Girls	4	0	0.0	4	0	0.0	4	2	50.0	4	1	25.0	4	0	0.0	5
Totals		1,085	1,043	96.1	1,075	939	87.3	1,092	1,023	93.7	1,088	1,072	98.5	1,084	983	90.7	1,115

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Marshall Road Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	28	65.1	43	31	72.1	39	30	77.0	39	39	100.0	43	26	60.5	49
04	Girls	40	31	77.5	40	33	82.5	40	35	88.0	40	40	100.0	40	27	67.5	41
05	Boys	50	38	76.0	49	32	65.3	49	42	86.0	48	48	100.0	50	34	68.0	50
05	Girls	62	57	91.9	62	51	82.3	62	57	92.0	62	62	100.0	62	53	85.5	62
06	Boys	61	52	85.2	59	46	78.0	61	52	85.0	61	61	100.0	61	44	72.1	61
06	Girls	47	41	87.2	46	35	76.1	46	41	89.0	46	46	100.0	46	36	78.3	47
Totals		303	247	81.5	299	228	76.3	297	257	86.5	296	296	100.0	302	220	72.8	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mason Crest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	31	72.1	43	35	81.4	43	34	79.0	43	28	65.1	43	33	76.7	46
04	Girls	38	29	76.3	37	31	83.8	38	31	82.0	38	25	65.8	37	28	75.7	38
05	Boys	31	22	71.0	31	26	83.9	31	24	77.0	31	17	54.8	31	20	64.5	31
05	Girls	37	23	62.2	37	33	89.2	37	35	95.0	37	28	75.7	37	27	73.0	38
Totals		149	105	70.5	148	125	84.5	149	124	83.2	149	98	65.8	148	108	73.0	153

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
McLean High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	273	254	93.0	274	196	71.5	277	262	95.0	271	232	85.6	272	201	73.9	289
09	Girls	266	248	93.2	269	210	78.1	274	269	98.0	262	240	91.6	261	224	85.8	278
10	Boys	279	255	91.4	277	176	63.5	279	242	87.0	278	208	74.8	279	169	60.6	283
10	Girls	238	232	97.5	235	159	67.7	239	232	97.0	236	214	90.7	239	185	77.4	244
11	Boys	3	2	66.7	3	1	33.3	3	3	100.0	3	2	66.7	3	1	33.3	4
11	Girls	8	8	100.0	8	1	12.5	8	6	75.0	8	7	87.5	8	6	75.0	8
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	7
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	0	0.0	1	0	0.0	2
Totals		1,068	1,000	93.6	1,067	744	69.7	1,081	1,015	93.9	1,059	903	85.3	1,063	786	73.9	1,115

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
McNair Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	85	79	92.9	85	62	72.9	87	72	83.0	87	86	98.9	87	85	97.7	87
04	Girls	87	79	90.8	87	65	74.7	86	80	93.0	87	86	98.9	87	81	93.1	87
05	Boys	82	71	86.6	80	67	83.8	84	79	94.0	84	83	98.8	79	71	89.9	85
05	Girls	83	74	89.2	83	56	67.5	83	78	94.0	83	82	98.8	83	75	90.4	83
06	Boys	64	61	95.3	64	54	84.4	64	56	88.0	64	64	100.0	64	62	96.9	64
06	Girls	85	77	90.6	90	62	68.9	90	86	96.0	90	90	100.0	90	88	97.8	90
Totals		486	441	90.7	489	366	74.8	494	451	91.3	495	491	99.2	490	462	94.3	496

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mosby Woods Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	91	80	87.9	91	61	67.0	91	74	81.0	91	60	65.9	91	88	96.7	92
04	Girls	96	88	91.7	96	80	83.3	96	88	92.0	96	77	80.2	96	89	92.7	96
05	Boys	87	77	88.5	87	63	72.4	87	77	89.0	87	46	52.9	87	82	94.3	87
05	Girls	82	71	86.6	82	65	79.3	82	77	94.0	82	61	74.4	82	76	92.7	82
06	Boys	93	82	88.2	93	83	89.2	93	87	94.0	93	70	75.3	93	88	94.6	93
06	Girls	77	69	89.6	77	52	67.5	77	73	95.0	77	68	88.3	77	72	93.5	77
Totals		526	467	88.8	526	404	76.8	526	476	90.5	526	382	72.6	526	495	94.1	527

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mount Eagle Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	24	23	95.8	24	20	83.3	24	23	96.0	24	24	100.0	24	22	91.7	24
04	Girls	25	24	96.0	25	22	88.0	25	24	96.0	25	25	100.0	25	24	96.0	25
05	Boys	24	23	95.8	24	22	91.7	24	23	96.0	24	24	100.0	24	21	87.5	24
05	Girls	35	31	88.6	34	30	88.2	35	35	100.0	35	35	100.0	34	26	76.5	35
06	Boys	29	26	89.7	29	26	89.7	30	27	90.0	29	29	100.0	29	27	93.1	30
06	Girls	27	25	92.6	27	20	74.1	28	27	96.0	27	27	100.0	27	14	51.9	28
Totals		164	152	92.7	163	140	85.9	166	159	95.8	164	164	100.0	163	134	82.2	166

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mount Vernon High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	244	227	93.0	244	93	38.1	248	240	97.0	220	191	86.8	238	172	72.3	250
09	Girls	236	225	95.3	236	73	30.9	237	230	97.0	214	191	89.3	236	214	90.7	240
10	Boys	226	211	93.4	224	96	42.9	227	225	99.0	213	207	97.2	225	171	76.0	231
10	Girls	204	183	89.7	196	69	35.2	208	199	96.0	197	192	97.5	203	186	91.6	211
11	Boys	39	34	87.2	37	9	24.3	37	34	92.0	25	20	80.0	38	24	63.2	83
11	Girls	24	20	83.3	21	1	4.8	25	25	100.0	18	17	94.4	22	22	100.0	52
12	Boys	7	7	100.0	6	3	50.0	8	8	100.0	6	6	100.0	7	6	85.7	18
12	Girls	9	9	100.0	7	1	14.3	9	9	100.0	9	9	100.0	9	7	77.8	13
Totals		989	916	92.6	971	345	35.5	999	970	97.1	902	833	92.4	978	802	82.0	1,098

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mount Vernon Woods Elementary Sch**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	52	45	86.5	53	40	75.5	53	48	91.0	53	41	77.4	53	46	86.8	53
04	Girls	51	43	84.3	51	47	92.2	51	45	88.0	51	40	78.4	51	31	60.8	51
05	Boys	41	30	73.2	41	31	75.6	41	38	93.0	41	35	85.4	41	28	68.3	41
05	Girls	36	28	77.8	36	31	86.1	36	34	94.0	36	35	97.2	36	24	66.7	36
06	Boys	53	45	84.9	53	40	75.5	53	47	89.0	53	45	84.9	53	31	58.5	53
06	Girls	48	40	83.3	48	37	77.1	48	48	100.0	48	44	91.7	48	26	54.2	48
Totals		281	231	82.2	282	226	80.1	282	260	92.2	282	240	85.1	282	186	66.0	282

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Mountain View High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	1	50.0	5
09	Girls	1	1	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	1	50.0	2
10	Boys	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1
10	Girls	1	1	100.0	1	0	0.0	1	1	100.0	1	1	100.0	1	0	0.0	5
11	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	3
11	Girls	1	1	100.0	1	1	100.0	0	0	0.0	1	1	100.0	1	0	0.0	1
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	1
Totals		6	6	100.0	7	3	42.9	6	6	100.0	7	7	100.0	7	3	42.9	18

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Navy Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	65	62	95.4	65	61	93.8	65	54	83.0	65	59	90.8	65	62	95.4	67
04	Girls	73	71	97.3	74	70	94.6	73	68	93.0	73	68	93.2	74	70	94.6	75
05	Boys	98	93	94.9	98	92	93.9	98	83	85.0	98	93	94.9	98	93	94.9	98
05	Girls	83	80	96.4	83	79	95.2	83	79	95.0	83	81	97.6	83	83	100.0	83
06	Boys	85	75	88.2	86	74	86.0	86	74	86.0	86	83	96.5	85	76	89.4	86
06	Girls	77	73	94.8	77	59	76.6	77	74	96.0	77	77	100.0	77	75	97.4	77
Totals		481	454	94.4	483	435	90.1	482	432	89.6	482	461	95.6	482	459	95.2	486

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Newington Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	33	100.0	33	31	93.9	33	31	94.0	33	26	78.8	33	33	100.0	33
04	Girls	35	35	100.0	35	33	94.3	35	34	97.0	35	28	80.0	35	34	97.1	35
05	Boys	33	32	97.0	33	31	93.9	33	28	85.0	33	22	66.7	33	32	97.0	33
05	Girls	46	45	97.8	46	43	93.5	46	41	89.0	46	32	69.6	46	45	97.8	46
06	Boys	37	36	97.3	37	35	94.6	37	32	87.0	37	33	89.2	37	34	91.9	37
06	Girls	34	34	100.0	34	34	100.0	34	33	97.0	34	32	94.1	34	31	91.2	34
Totals		218	215	98.6	218	207	95.0	218	199	91.3	218	173	79.4	218	209	95.9	218

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
North Springfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	34	100.0	34	24	70.6	34	31	91.0	34	33	97.1	34	29	85.3	34
04	Girls	33	32	97.0	33	29	87.9	33	32	97.0	33	33	100.0	33	31	93.9	33
05	Boys	35	33	94.3	35	24	68.6	35	34	97.0	35	19	54.3	35	24	68.6	35
05	Girls	34	34	100.0	34	19	55.9	34	32	94.0	34	26	76.5	34	25	73.5	34
Totals		136	133	97.8	136	96	70.6	136	129	94.9	136	111	81.6	136	109	80.1	136

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Oak Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	78	98.7	79	68	86.1	79	71	90.0	79	60	75.9	79	71	89.9	79
04	Girls	70	66	94.3	70	67	95.7	70	68	97.0	70	60	85.7	70	60	85.7	71
05	Boys	80	79	98.8	81	73	90.1	81	79	98.0	81	74	91.4	81	71	87.7	81
05	Girls	71	68	95.8	70	58	82.9	71	71	100.0	71	64	90.1	71	51	71.8	71
06	Boys	95	94	98.9	95	88	92.6	95	91	96.0	95	90	94.7	95	89	93.7	95
06	Girls	73	72	98.6	73	62	84.9	73	72	99.0	73	72	98.6	73	67	91.8	73
Totals		468	457	97.6	468	416	88.9	469	452	96.4	469	420	89.6	469	409	87.2	470

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Oak View Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	54	77.1	70	64	91.4	70	58	83.0	70	58	82.9	70	65	92.9	70
04	Girls	58	51	87.9	58	57	98.3	58	50	86.0	58	51	87.9	58	55	94.8	58
05	Boys	71	62	87.3	71	67	94.4	71	63	89.0	71	62	87.3	71	65	91.5	73
05	Girls	57	54	94.7	58	58	100.0	58	56	97.0	58	51	87.9	58	54	93.1	59
06	Boys	58	53	91.4	58	56	96.6	58	53	91.0	58	56	96.6	58	53	91.4	58
06	Girls	66	63	95.5	66	61	92.4	65	64	99.0	66	59	89.4	65	63	96.9	66
Totals		380	337	88.7	381	363	95.3	380	344	90.5	381	337	88.5	380	355	93.4	384

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Oakton Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	57	98.3	58	49	84.5	58	57	98.0	58	54	93.1	58	55	94.8	58
04	Girls	43	41	95.3	43	36	83.7	43	43	100.0	43	43	100.0	43	42	97.7	43
05	Boys	62	59	95.2	62	55	88.7	62	61	98.0	62	51	82.3	62	55	88.7	63
05	Girls	56	54	96.4	56	51	91.1	56	56	100.0	56	52	92.9	56	54	96.4	56
06	Boys	60	59	98.3	59	53	89.8	60	60	100.0	59	53	89.8	59	55	93.2	62
06	Girls	42	41	97.6	42	36	85.7	42	41	98.0	42	41	97.6	42	39	92.9	43
Totals		321	311	96.9	320	280	87.5	321	318	99.1	320	294	91.9	320	300	93.8	325

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Oakton High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	339	335	98.8	336	295	87.8	342	319	93.0	341	308	90.3	337	276	81.9	345
09	Girls	304	300	98.7	304	280	92.1	306	299	98.0	304	291	95.7	303	288	95.0	309
10	Boys	348	344	98.9	347	286	82.4	351	328	93.0	350	332	94.9	348	280	80.5	352
10	Girls	315	315	100.0	315	265	84.1	316	309	98.0	316	316	100.0	313	305	97.4	316
11	Boys	14	14	100.0	14	4	28.6	14	13	93.0	14	12	85.7	14	8	57.1	35
11	Girls	10	9	90.0	10	4	40.0	10	8	80.0	10	9	90.0	10	8	80.0	35
12	Boys	1	0	0.0	1	0	0.0	2	1	50.0	1	1	100.0	1	1	100.0	5
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	2	1	50.0	7
Totals		1,332	1,318	98.9	1,328	1,135	85.5	1,342	1,278	95.2	1,337	1,270	95.0	1,328	1,167	87.9	1,404

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Olde Creek Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	22	73.3	30	25	83.3	31	31	100.0	31	28	90.3	30	27	90.0	31
04	Girls	20	20	100.0	20	18	90.0	20	19	95.0	20	20	100.0	20	19	95.0	20
05	Boys	32	26	81.3	32	25	78.1	33	30	91.0	33	29	87.9	33	30	90.9	33
05	Girls	30	27	90.0	31	29	93.5	32	31	97.0	32	30	93.8	30	28	93.3	32
06	Boys	40	33	82.5	39	29	74.4	40	39	98.0	40	39	97.5	40	32	80.0	40
06	Girls	33	27	81.8	33	25	75.8	33	32	97.0	33	32	97.0	33	28	84.8	33
Totals		185	155	83.8	185	151	81.6	189	182	96.3	189	178	94.2	186	164	88.2	189

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Orange Hunt Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	51	89.5	57	45	78.9	57	56	98.0	57	53	93.0	57	53	93.0	57
04	Girls	62	59	95.2	62	55	88.7	62	62	100.0	62	60	96.8	62	58	93.5	62
05	Boys	73	64	87.7	73	47	64.4	73	72	99.0	72	66	91.7	72	66	91.7	73
05	Girls	71	62	87.3	71	45	63.4	71	71	100.0	71	70	98.6	71	60	84.5	73
06	Boys	76	69	90.8	76	49	64.5	76	75	99.0	76	74	97.4	76	63	82.9	77
06	Girls	50	48	96.0	50	28	56.0	50	50	100.0	50	50	100.0	50	46	92.0	50
Totals		389	353	90.7	389	269	69.2	389	386	99.2	388	373	96.1	388	346	89.2	392

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Parklawn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	54	42	77.8	54	43	79.6	54	38	70.0	54	54	100.0	54	41	75.9	54
04	Girls	47	42	89.4	47	44	93.6	47	38	81.0	47	46	97.9	47	27	57.4	47
05	Boys	55	45	81.8	55	47	85.5	55	39	71.0	55	55	100.0	55	35	63.6	55
05	Girls	63	51	81.0	63	44	69.8	63	55	87.0	63	62	98.4	63	34	54.0	63
Totals		219	180	82.2	219	178	81.3	219	170	77.6	219	217	99.1	219	137	62.6	219

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Pine Spring Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	17	51.5	35	22	62.9	35	21	60.0	35	35	100.0	33	13	39.4	35
04	Girls	41	27	65.9	43	33	76.7	44	31	71.0	44	43	97.7	43	11	25.6	44
05	Boys	28	11	39.3	28	18	64.3	28	19	68.0	28	28	100.0	28	6	21.4	28
05	Girls	37	23	62.2	37	27	73.0	37	33	89.0	37	37	100.0	37	8	21.6	37
06	Boys	36	24	66.7	36	28	77.8	37	26	70.0	36	36	100.0	36	11	30.6	38
06	Girls	29	22	75.9	29	24	82.8	29	28	97.0	29	29	100.0	29	12	41.4	29
Totals		204	124	60.8	208	152	73.1	210	158	75.2	209	208	99.5	206	61	29.6	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Poe Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
06	Boys	153	149	97.4	152	101	66.4	157	125	80.0	153	133	86.9	153	119	77.8	162
06	Girls	164	159	97.0	163	85	52.1	165	150	91.0	163	150	92.0	162	128	79.0	170
07	Boys	172	159	92.4	173	112	64.7	177	163	92.0	175	142	81.1	171	107	62.6	178
07	Girls	130	126	96.9	130	73	56.2	135	128	95.0	133	124	93.2	131	104	79.4	135
08	Boys	128	124	96.9	130	111	85.4	129	95	74.0	129	110	85.3	128	86	67.2	135
08	Girls	130	127	97.7	131	108	82.4	130	105	81.0	129	115	89.1	130	100	76.9	135
Totals		877	844	96.2	879	590	67.1	893	766	85.8	882	774	87.8	875	644	73.6	915

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Poplar Tree Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	48	47	97.9	48	42	87.5	50	44	88.0	48	43	89.6	49	46	93.9	53
04	Girls	50	50	100.0	50	46	92.0	50	47	94.0	50	45	90.0	50	45	90.0	50
05	Boys	77	76	98.7	77	73	94.8	77	63	82.0	77	73	94.8	77	74	96.1	78
05	Girls	75	75	100.0	75	72	96.0	76	72	95.0	75	71	94.7	75	74	98.7	76
06	Boys	71	71	100.0	71	65	91.5	71	66	93.0	71	68	95.8	71	69	97.2	71
06	Girls	53	52	98.1	53	48	90.6	54	50	93.0	53	51	96.2	53	50	94.3	54
Totals		374	371	99.2	374	346	92.5	378	342	90.5	374	351	93.9	375	358	95.5	382

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Powell Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	49	47	95.9	48	33	68.8	51	51	100.0	50	42	84.0	49	38	77.6	51
04	Girls	72	70	97.2	72	60	83.3	72	71	99.0	72	68	94.4	71	59	83.1	72
05	Boys	52	51	98.1	52	43	82.7	52	51	98.0	52	38	73.1	52	40	76.9	52
05	Girls	65	63	96.9	65	46	70.8	65	65	100.0	65	57	87.7	65	48	73.8	66
06	Boys	66	62	93.9	64	51	79.7	69	66	96.0	66	54	81.8	65	44	67.7	69
06	Girls	56	55	98.2	57	44	77.2	57	57	100.0	57	48	84.2	57	42	73.7	57
Totals		360	348	96.7	358	277	77.4	366	361	98.6	362	307	84.8	359	271	75.5	367

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Providence Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	48	84.2	57	36	63.2	58	45	78.0	54	47	87.0	56	52	92.9	60
04	Girls	41	37	90.2	40	35	87.5	41	37	90.0	40	36	90.0	40	38	95.0	41
05	Boys	55	52	94.5	56	43	76.8	56	44	79.0	56	53	94.6	55	45	81.8	56
05	Girls	40	37	92.5	40	24	60.0	40	36	90.0	40	36	90.0	40	32	80.0	40
06	Boys	66	60	90.9	64	50	78.1	66	47	71.0	62	57	91.9	65	49	75.4	68
06	Girls	66	53	80.3	67	42	62.7	68	55	81.0	66	58	87.9	67	47	70.1	69
Totals		325	287	88.3	324	230	71.0	329	264	80.2	318	287	90.3	323	263	81.4	334

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Quander Road School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	5	5	100.0	3	0	0.0	7	7	100.0	0	0	0.0	7	1	14.3	10
09	Girls	5	4	80.0	4	1	25.0	6	6	100.0	0	0	0.0	6	2	33.3	6
10	Boys	3	1	33.3	3	0	0.0	5	5	100.0	0	0	0.0	4	0	0.0	10
10	Girls	2	1	50.0	1	0	0.0	3	3	100.0	0	0	0.0	3	1	33.3	4
11	Boys	1	0	0.0	1	0	0.0	2	2	100.0	0	0	0.0	1	0	0.0	2
11	Girls	1	0	0.0	1	0	0.0	1	1	100.0	0	0	0.0	1	0	0.0	1
12	Girls	1	1	100.0	1	0	0.0	1	1	100.0	0	0	0.0	1	0	0.0	1
Totals		18	12	66.7	14	1	7.1	25	25	100.0	0	0	0.0	23	4	17.4	34

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Ravensworth Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	37	92.5	40	28	70.0	40	39	98.0	40	37	92.5	40	37	92.5	40
04	Girls	40	39	97.5	40	37	92.5	40	39	98.0	40	39	97.5	40	39	97.5	40
05	Boys	36	34	94.4	37	30	81.1	37	33	89.0	37	28	75.7	36	36	100.0	37
05	Girls	32	30	93.8	32	23	71.9	32	31	97.0	32	28	87.5	32	31	96.9	32
06	Boys	45	42	93.3	45	29	64.4	45	44	98.0	45	40	88.9	45	39	86.7	45
06	Girls	40	38	95.0	40	30	75.0	40	40	100.0	40	38	95.0	40	36	90.0	40
Totals		233	220	94.4	234	177	75.6	234	226	96.6	234	210	89.7	233	218	93.6	234

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Riverside Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	63	95.5	67	43	64.2	68	56	82.0	68	68	100.0	63	59	93.7	68
04	Girls	56	53	94.6	56	47	83.9	57	54	95.0	57	57	100.0	56	52	92.9	57
05	Boys	61	58	95.1	65	51	78.5	67	60	90.0	67	67	100.0	63	58	92.1	67
05	Girls	51	45	88.2	51	35	68.6	52	50	96.0	52	52	100.0	51	39	76.5	52
06	Boys	54	44	81.5	53	40	75.5	54	53	98.0	54	54	100.0	54	42	77.8	54
06	Girls	53	48	90.6	52	37	71.2	52	52	100.0	52	52	100.0	53	48	90.6	54
Totals		341	311	91.2	344	253	73.5	350	325	92.9	350	350	100.0	340	298	87.6	352

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Robinson High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	317	312	98.4	317	267	84.2	321	302	94.0	318	299	94.0	320	273	85.3	321
09	Girls	298	289	97.0	295	243	82.4	300	295	98.0	299	288	96.3	297	279	93.9	300
10	Boys	312	307	98.4	313	242	77.3	321	302	94.0	308	305	99.0	315	254	80.6	322
10	Girls	299	291	97.3	301	231	76.7	303	296	98.0	275	272	98.9	300	268	89.3	305
11	Boys	4	3	75.0	5	2	40.0	7	7	100.0	7	6	85.7	6	4	66.7	59
11	Girls	6	5	83.3	6	2	33.3	6	6	100.0	6	5	83.3	7	7	100.0	36
12	Boys	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	3
12	Girls	0	0	0.0	0	0	0.0	1	1	100.0	1	1	100.0	1	1	100.0	3
Totals		1,236	1,207	97.7	1,238	988	79.8	1,260	1,210	96.0	1,215	1,177	96.9	1,247	1,087	87.2	1,349

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Robinson Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	295	281	95.3	295	263	89.2	295	285	97.0	296	238	80.4	295	239	81.0	297
07	Girls	285	269	94.4	283	241	85.2	285	285	100.0	285	259	90.9	284	258	90.8	285
08	Boys	311	300	96.5	312	264	84.6	319	316	99.0	315	311	98.7	311	277	89.1	319
08	Girls	302	294	97.4	304	268	88.2	308	308	100.0	308	307	99.7	304	288	94.7	308
Totals		1,193	1,144	95.9	1,194	1,036	86.8	1,207	1,194	98.9	1,204	1,115	92.6	1,194	1,062	88.9	1,209

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Rocky Run Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	352	344	97.7	348	299	85.9	352	344	98.0	352	332	94.3	351	235	67.0	352
07	Girls	277	271	97.8	277	233	84.1	278	277	100.0	275	269	97.8	277	198	71.5	278
08	Boys	312	301	96.5	309	247	79.9	309	303	98.0	284	265	93.3	314	217	69.1	317
08	Girls	324	319	98.5	322	262	81.4	325	323	99.0	301	291	96.7	323	250	77.4	329
Totals		1,265	1,235	97.6	1,256	1,041	82.9	1,264	1,247	98.7	1,212	1,157	95.5	1,265	900	71.1	1,276

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Rolling Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	38	88.4	42	34	81.0	43	42	98.0	43	38	88.4	43	31	72.1	43
04	Girls	39	38	97.4	38	35	92.1	38	37	97.0	38	37	97.4	39	22	56.4	39
05	Boys	37	30	81.1	36	28	77.8	37	35	95.0	36	32	88.9	37	20	54.1	39
05	Girls	36	33	91.7	36	29	80.6	36	34	94.0	35	30	85.7	36	19	52.8	36
06	Boys	38	37	97.4	38	32	84.2	38	38	100.0	38	37	97.4	38	22	57.9	38
06	Girls	35	32	91.4	33	23	69.7	35	34	97.0	35	31	88.6	35	22	62.9	36
Totals		228	208	91.2	223	181	81.2	227	220	96.9	225	205	91.1	228	136	59.6	231

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Rose Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	43	42	97.7	40	24	60.0	45	33	73.0	43	28	65.1	43	38	88.4	46
04	Girls	28	26	92.9	28	22	78.6	28	23	82.0	28	18	64.3	28	23	82.1	28
05	Boys	48	45	93.8	49	32	65.3	49	41	84.0	50	41	82.0	48	32	66.7	51
05	Girls	38	37	97.4	40	26	65.0	40	39	98.0	39	33	84.6	40	34	85.0	41
06	Boys	54	53	98.1	54	43	79.6	54	49	91.0	54	42	77.8	54	38	70.4	54
06	Girls	41	41	100.0	42	27	64.3	41	38	93.0	41	35	85.4	41	28	68.3	43
Totals		252	244	96.8	253	174	68.8	257	223	86.8	255	197	77.3	254	193	76.0	263

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Sandburg Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	362	335	92.5	365	247	67.7	364	298	82.0	364	342	94.0	353	319	90.4	368
07	Girls	378	330	87.3	377	193	51.2	369	333	90.0	372	349	93.8	360	330	91.7	385
08	Boys	352	325	92.3	354	238	67.2	340	312	92.0	336	299	89.0	352	273	77.6	361
08	Girls	391	363	92.8	391	226	57.8	372	344	93.0	368	348	94.6	392	347	88.5	395
Totals		1,483	1,353	91.2	1,487	904	60.8	1,445	1,287	89.1	1,440	1,338	92.9	1,457	1,269	87.1	1,509

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Sangster Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	93	92	98.9	93	82	88.2	93	81	87.0	93	86	92.5	93	81	87.1	93
04	Girls	86	85	98.8	86	82	95.3	86	76	88.0	86	83	96.5	86	54	62.8	86
05	Boys	111	109	98.2	111	100	90.1	111	106	96.0	111	108	97.3	110	101	91.8	111
05	Girls	86	83	96.5	86	74	86.0	86	86	100.0	86	85	98.8	86	75	87.2	87
06	Boys	92	91	98.9	92	87	94.6	92	87	95.0	92	91	98.9	92	84	91.3	92
06	Girls	92	91	98.9	92	80	87.0	92	90	98.0	92	91	98.9	91	71	78.0	92
Totals		560	551	98.4	560	505	90.2	560	526	93.9	560	544	97.1	558	466	83.5	561

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Saratoga Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	29	76.3	38	28	73.7	38	30	79.0	38	34	89.5	38	30	78.9	38
04	Girls	43	37	86.0	43	41	95.3	43	36	84.0	43	41	95.3	42	39	92.9	44
05	Boys	54	42	77.8	54	44	81.5	54	38	70.0	54	50	92.6	54	44	81.5	54
05	Girls	35	25	71.4	34	29	85.3	35	26	74.0	35	34	97.1	35	29	82.9	36
06	Boys	61	49	80.3	61	54	88.5	61	46	75.0	61	60	98.4	61	53	86.9	61
06	Girls	45	30	66.7	45	37	82.2	45	41	91.0	45	41	91.1	45	34	75.6	45
Totals		276	212	76.8	275	233	84.7	276	217	78.6	276	260	94.2	275	229	83.3	278

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Sherman Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	30	88.2	34	30	88.2	34	34	100.0	34	32	94.1	34	25	73.5	34
04	Girls	22	21	95.5	22	22	100.0	22	22	100.0	22	22	100.0	22	13	59.1	22
05	Boys	22	21	95.5	22	21	95.5	22	21	96.0	22	21	95.5	22	17	77.3	22
05	Girls	20	19	95.0	20	19	95.0	20	20	100.0	20	19	95.0	20	18	90.0	20
06	Boys	32	30	93.8	32	32	100.0	32	32	100.0	32	32	100.0	32	29	90.6	32
06	Girls	24	23	95.8	24	23	95.8	24	24	100.0	24	24	100.0	24	22	91.7	24
Totals		154	144	93.5	154	147	95.5	154	153	99.4	154	150	97.4	154	124	80.5	154

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Shreveood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	62	62	100.0	61	47	77.0	62	52	84.0	62	61	98.4	62	54	87.1	66
04	Girls	39	39	100.0	39	38	97.4	39	38	97.0	39	39	100.0	39	33	84.6	40
05	Boys	58	54	93.1	58	54	93.1	59	53	90.0	58	57	98.3	58	52	89.7	60
05	Girls	48	47	97.9	49	47	95.9	49	48	98.0	49	49	100.0	49	46	93.9	51
06	Boys	42	40	95.2	42	35	83.3	43	41	95.0	42	42	100.0	42	35	83.3	47
06	Girls	46	45	97.8	46	38	82.6	46	45	98.0	46	45	97.8	46	33	71.7	46
Totals		295	287	97.3	295	259	87.8	298	277	93.0	296	293	99.0	296	253	85.5	310

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Silverbrook Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	79	32	40.5	79	41	51.9	79	72	91.0	79	39	49.4	79	51	64.6	79
04	Girls	53	37	69.8	53	44	83.0	53	53	100.0	53	35	66.0	53	32	60.4	53
05	Boys	59	40	67.8	58	38	65.5	59	56	95.0	59	23	39.0	58	36	62.1	59
05	Girls	71	43	60.6	71	47	66.2	71	70	99.0	71	33	46.5	71	45	63.4	71
06	Boys	60	35	58.3	62	43	69.4	62	58	94.0	62	20	32.3	62	27	43.5	62
06	Girls	63	41	65.1	63	45	71.4	63	63	100.0	63	36	57.1	63	37	58.7	63
Totals		385	228	59.2	386	258	66.8	387	372	96.1	387	186	48.1	386	228	59.1	387

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Sleepy Hollow Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	30	29	96.7	30	22	73.3	30	29	97.0	30	26	86.7	30	27	90.0	30
04	Girls	31	29	93.5	29	21	72.4	31	30	97.0	31	26	83.9	31	27	87.1	31
05	Boys	37	34	91.9	36	31	86.1	37	36	97.0	37	34	91.9	36	30	83.3	39
05	Girls	33	30	90.9	33	27	81.8	33	33	100.0	33	32	97.0	32	31	96.9	33
Totals		131	122	93.1	128	101	78.9	131	128	97.7	131	118	90.1	129	115	89.1	133

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
South County High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	275	257	93.5	275	200	72.7	275	273	99.0	275	268	97.5	274	209	76.3	279
09	Girls	276	255	92.4	275	172	62.5	276	276	100.0	273	270	98.9	276	250	90.6	279
10	Boys	267	252	94.4	264	177	67.0	266	259	97.0	261	233	89.3	265	200	75.5	270
10	Girls	260	237	91.2	262	141	53.8	263	257	98.0	256	243	94.9	262	234	89.3	266
11	Boys	4	4	100.0	4	3	75.0	4	4	100.0	4	4	100.0	4	3	75.0	8
11	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	4
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	2
12	Girls	1	1	100.0	0	0	0.0	1	1	100.0	1	1	100.0	0	0	0.0	7
Totals		1,085	1,008	92.9	1,082	693	64.0	1,087	1,072	98.6	1,072	1,021	95.2	1,083	898	82.9	1,115

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
South County Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	275	245	89.1	275	229	83.3	274	248	91.0	273	234	85.7	274	209	76.3	279
07	Girls	254	213	83.9	255	189	74.1	256	242	95.0	254	245	96.5	254	208	81.9	258
08	Boys	274	243	88.7	273	213	78.0	274	236	86.0	274	230	83.9	273	214	78.4	278
08	Girls	253	230	90.9	258	183	70.9	258	246	95.0	255	230	90.2	256	231	90.2	260
Totals		1,056	931	88.2	1,061	814	76.7	1,062	972	91.5	1,056	939	88.9	1,057	862	81.6	1,075

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
South Lakes High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	313	301	96.2	310	247	79.7	313	284	91.0	311	304	97.7	314	253	80.6	323
09	Girls	272	256	94.1	267	185	69.3	275	258	94.0	274	272	99.3	274	255	93.1	280
10	Boys	291	273	93.8	291	188	64.6	294	265	90.0	292	287	98.3	292	179	61.3	304
10	Girls	264	254	96.2	263	154	58.6	265	247	93.0	263	263	100.0	263	224	85.2	272
11	Boys	18	14	77.8	17	7	41.2	18	16	89.0	17	15	88.2	18	7	38.9	32
11	Girls	23	21	91.3	25	5	20.0	23	20	87.0	23	22	95.7	24	18	75.0	31
12	Boys	5	1	20.0	5	0	0.0	5	2	40.0	5	4	80.0	5	1	20.0	10
12	Girls	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	1	1	100.0	5
Totals		1,187	1,121	94.4	1,179	787	66.8	1,194	1,093	91.5	1,186	1,168	98.5	1,191	938	78.8	1,257

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Spring Hill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	80	68	85.0	80	66	82.5	80	78	98.0	80	69	86.3	80	68	85.0	80
04	Girls	71	66	93.0	71	71	100.0	71	69	97.0	71	60	84.5	71	62	87.3	71
05	Boys	85	73	85.9	85	77	90.6	85	82	97.0	85	69	81.2	85	72	84.7	85
05	Girls	81	70	86.4	83	78	94.0	84	84	100.0	84	78	92.9	83	73	88.0	84
06	Boys	76	65	85.5	76	68	89.5	76	75	99.0	76	56	73.7	76	64	84.2	76
06	Girls	73	63	86.3	72	63	87.5	73	73	100.0	73	62	84.9	73	69	94.5	73
Totals		466	405	86.9	467	423	90.6	469	461	98.3	469	394	84.0	468	408	87.2	469

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Springfield Estates Elementary Sch**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	89	64	71.9	91	86	94.5	90	85	94.0	89	84	94.4	90	79	87.8	91
04	Girls	76	62	81.6	77	71	92.2	77	75	97.0	77	75	97.4	76	69	90.8	77
05	Boys	76	62	81.6	78	75	96.2	78	69	89.0	78	73	93.6	76	71	93.4	78
05	Girls	89	82	92.1	91	88	96.7	91	89	98.0	90	89	98.9	91	83	91.2	91
06	Boys	93	76	81.7	94	86	91.5	94	89	95.0	94	92	97.9	94	85	90.4	94
06	Girls	96	67	69.8	98	90	91.8	97	96	99.0	95	95	100.0	96	89	92.7	98
Totals		519	413	79.6	529	496	93.8	527	503	95.4	523	508	97.1	523	476	91.0	529

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Stenwood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	33	28	84.8	33	22	66.7	33	30	91.0	33	32	97.0	33	32	97.0	33
04	Girls	44	32	72.7	44	31	70.5	44	43	98.0	44	39	88.6	44	38	86.4	44
05	Boys	40	30	75.0	42	30	71.4	42	39	93.0	42	38	90.5	42	32	76.2	42
05	Girls	44	28	63.6	44	35	79.5	44	42	96.0	44	44	100.0	44	40	90.9	44
06	Boys	32	29	90.6	32	30	93.8	32	32	100.0	32	31	96.9	32	28	87.5	32
06	Girls	29	24	82.8	29	20	69.0	29	29	100.0	29	26	89.7	29	23	79.3	29
Totals		222	171	77.0	224	168	75.0	224	215	96.0	224	210	93.8	224	193	86.2	224

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Stone Middle School**

		Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			
Grade	Gender	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Enrolled Students
07	Boys	192	182	94.8	198	163	82.3	202	199	99.0	201	177	88.1	194	167	86.1	202
07	Girls	188	178	94.7	191	118	61.8	192	192	100.0	192	180	93.8	187	177	94.7	193
08	Boys	183	174	95.1	180	152	84.4	191	190	100.0	180	168	93.3	182	131	72.0	192
08	Girls	180	171	95.0	179	124	69.3	183	183	100.0	180	173	96.1	181	169	93.4	183
Totals		743	705	94.9	748	557	74.5	768	764	99.5	753	698	92.7	744	644	86.6	770

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Stratford Landing Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	56	56	100.0	56	47	83.9	56	48	86.0	56	56	100.0	56	56	100.0	56
04	Girls	59	59	100.0	59	56	94.9	59	55	93.0	59	59	100.0	59	56	94.9	59
05	Boys	90	90	100.0	90	82	91.1	90	73	81.0	90	89	98.9	90	90	100.0	90
05	Girls	62	61	98.4	62	57	91.9	62	57	92.0	62	62	100.0	62	61	98.4	62
06	Boys	79	78	98.7	79	67	84.8	79	71	90.0	79	79	100.0	79	68	86.1	79
06	Girls	67	66	98.5	67	58	86.6	67	60	90.0	67	67	100.0	67	65	97.0	67
Totals		413	410	99.3	413	367	88.9	413	364	88.1	413	412	99.8	413	396	95.9	413

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Sunrise Valley Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	40	39	97.5	40	37	92.5	39	39	100.0	39	39	100.0	40	39	97.5	40
04	Girls	49	49	100.0	49	48	98.0	49	49	100.0	49	49	100.0	50	49	98.0	50
05	Boys	53	51	96.2	54	48	88.9	54	54	100.0	54	53	98.1	53	51	96.2	55
05	Girls	43	42	97.7	43	39	90.7	44	43	98.0	43	43	100.0	44	43	97.7	45
06	Boys	53	52	98.1	53	50	94.3	54	53	98.0	53	51	96.2	54	53	98.1	54
06	Girls	37	36	97.3	37	32	86.5	37	37	100.0	37	36	97.3	37	35	94.6	37
Totals		275	269	97.8	276	254	92.0	277	275	99.3	275	271	98.5	278	270	97.1	281

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Terra Centre Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	28	24	85.7	28	21	75.0	28	25	89.0	27	23	85.2	27	25	92.6	28
04	Girls	35	31	88.6	36	33	91.7	36	34	94.0	35	35	100.0	36	30	83.3	36
05	Boys	34	28	82.4	34	30	88.2	34	26	77.0	34	28	82.4	33	25	75.8	34
05	Girls	45	37	82.2	45	38	84.4	45	42	93.0	45	43	95.6	45	39	86.7	45
06	Boys	37	32	86.5	36	35	97.2	37	34	92.0	36	31	86.1	37	27	73.0	37
06	Girls	42	38	90.5	43	32	74.4	43	42	98.0	41	38	92.7	43	35	81.4	43
Totals		221	190	86.0	222	189	85.1	223	203	91.0	218	198	90.8	221	181	81.9	223

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Terraset Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	55	54	98.2	55	45	81.8	55	55	100.0	55	42	76.4	55	46	83.6	55
04	Girls	38	34	89.5	38	32	84.2	38	37	97.0	38	35	92.1	38	27	71.1	39
05	Boys	43	41	95.3	43	35	81.4	43	39	91.0	43	33	76.7	43	38	88.4	43
05	Girls	43	41	95.3	43	32	74.4	43	42	98.0	43	42	97.7	43	40	93.0	43
06	Boys	25	21	84.0	25	17	68.0	25	25	100.0	25	23	92.0	25	18	72.0	25
06	Girls	38	32	84.2	38	25	65.8	38	38	100.0	38	35	92.1	38	30	78.9	38
Totals		242	223	92.1	242	186	76.9	242	236	97.5	242	210	86.8	242	199	82.2	243

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Thoreau Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	311	305	98.1	312	249	79.8	312	289	93.0	310	306	98.7	311	283	91.0	321
07	Girls	339	337	99.4	341	267	78.3	343	334	97.0	341	339	99.4	339	327	96.5	351
08	Boys	286	284	99.3	289	240	83.0	289	268	93.0	287	284	99.0	286	222	77.6	298
08	Girls	248	246	99.2	245	197	80.4	248	242	98.0	245	244	99.6	246	214	87.0	252
Totals		1,184	1,172	99.0	1,187	953	80.3	1,192	1,133	95.1	1,183	1,173	99.2	1,182	1,046	88.5	1,222

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Timber Lane Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	44	39	88.6	44	31	70.5	45	44	98.0	45	44	97.8	44	33	75.0	45
04	Girls	33	26	78.8	33	25	75.8	34	30	88.0	34	34	100.0	33	22	66.7	34
05	Boys	54	47	87.0	54	39	72.2	55	45	82.0	54	54	100.0	55	33	60.0	55
05	Girls	35	30	85.7	35	24	68.6	35	33	94.0	35	35	100.0	35	23	65.7	35
06	Boys	43	41	95.3	43	34	79.1	44	40	91.0	44	43	97.7	43	24	55.8	44
06	Girls	35	28	80.0	35	17	48.6	35	35	100.0	35	33	94.3	35	20	57.1	35
Totals		244	211	86.5	244	170	69.7	248	227	91.5	247	243	98.4	245	155	63.3	248

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Twain Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	293	286	97.6	294	255	86.7	295	282	96.0	291	225	77.3	293	255	87.0	298
07	Girls	233	228	97.9	235	202	86.0	236	232	98.0	232	202	87.1	232	210	90.5	240
08	Boys	242	215	88.8	240	166	69.2	246	232	94.0	246	224	91.1	246	188	76.4	258
08	Girls	246	218	88.6	255	161	63.1	257	240	93.0	248	230	92.7	254	220	86.6	262
Totals		1,014	947	93.4	1,024	784	76.6	1,034	986	95.4	1,017	881	86.6	1,025	873	85.2	1,058

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Union Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	66	62	93.9	66	56	84.8	66	62	94.0	66	66	100.0	66	64	97.0	67
04	Girls	47	45	95.7	47	45	95.7	47	45	96.0	47	46	97.9	47	46	97.9	47
05	Boys	80	75	93.8	80	72	90.0	80	76	95.0	80	78	97.5	80	76	95.0	80
05	Girls	71	66	93.0	71	66	93.0	71	68	96.0	71	71	100.0	71	65	91.5	71
06	Boys	81	73	90.1	80	75	93.8	81	78	96.0	81	81	100.0	81	74	91.4	81
06	Girls	74	65	87.8	74	58	78.4	74	74	100.0	74	74	100.0	74	67	90.5	74
Totals		419	386	92.1	418	372	89.0	419	403	96.2	419	416	99.3	419	392	93.6	420

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Vienna Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	32	21	65.6	32	30	93.8	32	32	100.0	32	26	81.3	31	29	93.5	32
04	Girls	23	16	69.6	23	18	78.3	24	24	100.0	22	20	90.9	23	20	87.0	24
05	Boys	28	22	78.6	27	25	92.6	28	28	100.0	28	25	89.3	27	23	85.2	28
05	Girls	29	24	82.8	29	28	96.6	29	29	100.0	29	27	93.1	29	27	93.1	29
06	Boys	34	30	88.2	34	34	100.0	37	37	100.0	34	29	85.3	34	34	100.0	37
06	Girls	30	28	93.3	30	30	100.0	30	30	100.0	30	29	96.7	30	30	100.0	30
Totals		176	141	80.1	175	165	94.3	180	180	100.0	175	156	89.1	174	163	93.7	180

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Virginia Run Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	40	95.2	41	37	90.2	42	41	98.0	42	41	97.6	41	37	90.2	42
04	Girls	44	44	100.0	44	42	95.5	44	44	100.0	44	43	97.7	44	42	95.5	44
05	Boys	40	38	95.0	38	37	97.4	40	40	100.0	40	37	92.5	38	34	89.5	40
05	Girls	70	69	98.6	69	65	94.2	70	70	100.0	70	64	91.4	69	64	92.8	70
06	Boys	52	50	96.2	50	49	98.0	51	50	98.0	52	50	96.2	51	46	90.2	52
06	Girls	34	34	100.0	34	33	97.1	34	34	100.0	34	34	100.0	34	30	88.2	34
Totals		282	275	97.5	276	263	95.3	281	279	99.3	282	269	95.4	277	253	91.3	282

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Wakefield Forest Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	57	29	50.9	57	45	78.9	57	54	95.0	57	53	93.0	57	33	57.9	57
04	Girls	41	24	58.5	41	40	97.6	41	41	100.0	41	39	95.1	41	17	41.5	41
05	Boys	54	41	75.9	54	52	96.3	54	51	94.0	54	52	96.3	54	46	85.2	54
05	Girls	39	33	84.6	39	36	92.3	39	39	100.0	39	38	97.4	39	35	89.7	39
06	Boys	43	32	74.4	43	36	83.7	43	39	91.0	43	41	95.3	43	30	69.8	43
06	Girls	40	33	82.5	40	34	85.0	40	40	100.0	40	39	97.5	39	32	82.1	40
Totals		274	192	70.1	274	243	88.7	274	264	96.4	274	262	95.6	273	193	70.7	274

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Waples Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	58	56	96.6	58	51	87.9	59	59	100.0	57	45	78.9	59	58	98.3	61
04	Girls	61	58	95.1	61	57	93.4	61	61	100.0	60	55	91.7	61	57	93.4	62
05	Boys	59	58	98.3	59	52	88.1	59	57	97.0	59	57	96.6	59	58	98.3	59
05	Girls	69	67	97.1	69	66	95.7	69	69	100.0	69	67	97.1	69	65	94.2	69
06	Boys	54	52	96.3	54	53	98.1	55	54	98.0	54	51	94.4	54	51	94.4	55
06	Girls	54	52	96.3	54	50	92.6	54	53	98.0	54	52	96.3	54	53	98.1	54
Totals		355	343	96.6	355	329	92.7	357	353	98.9	353	327	92.6	356	342	96.1	360

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Washington Mill Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	42	34	81.0	42	24	57.1	42	41	98.0	40	16	40.0	42	31	73.8	42
04	Girls	39	34	87.2	39	28	71.8	39	39	100.0	39	23	59.0	39	28	71.8	39
05	Boys	45	41	91.1	45	37	82.2	45	44	98.0	45	23	51.1	45	34	75.6	46
05	Girls	53	40	75.5	53	33	62.3	53	52	98.0	53	25	47.2	53	38	71.7	54
06	Boys	41	34	82.9	41	24	58.5	41	37	90.0	40	20	50.0	41	24	58.5	41
06	Girls	44	33	75.0	44	25	56.8	44	44	100.0	44	26	59.1	44	26	59.1	44
Totals		264	216	81.8	264	171	64.8	264	257	97.3	261	133	51.0	264	181	68.6	266

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Waynewood Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	63	63	100.0	63	58	92.1	63	44	70.0	63	63	100.0	63	62	98.4	63
04	Girls	49	49	100.0	49	43	87.8	49	44	90.0	49	49	100.0	49	49	100.0	49
05	Boys	57	57	100.0	57	56	98.2	57	51	90.0	57	57	100.0	57	57	100.0	57
05	Girls	43	43	100.0	42	39	92.9	43	40	93.0	43	42	97.7	42	42	100.0	43
06	Boys	52	52	100.0	52	52	100.0	52	49	94.0	52	50	96.2	52	52	100.0	52
06	Girls	43	43	100.0	43	40	93.0	43	42	98.0	43	43	100.0	43	43	100.0	43
Totals		307	307	100.0	306	288	94.1	307	270	87.9	307	304	99.0	306	305	99.7	307

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
West Potomac High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	336	322	95.8	335	225	67.2	343	314	92.0	325	312	96.0	345	255	73.9	352
09	Girls	293	261	89.1	290	145	50.0	300	285	95.0	287	278	96.9	295	262	88.8	311
10	Boys	269	252	93.7	266	178	66.9	301	273	91.0	294	289	98.3	289	222	76.8	303
10	Girls	257	231	89.9	239	147	61.5	284	269	95.0	282	281	99.6	267	246	92.1	288
11	Boys	35	31	88.6	34	14	41.2	40	37	93.0	39	39	100.0	35	23	65.7	41
11	Girls	22	17	77.3	26	2	7.7	30	30	100.0	29	29	100.0	30	25	83.3	35
12	Boys	9	8	88.9	7	3	42.9	10	10	100.0	8	7	87.5	10	6	60.0	23
12	Girls	10	7	70.0	9	2	22.2	12	12	100.0	11	11	100.0	11	11	100.0	17
Totals		1,231	1,129	91.7	1,206	716	59.4	1,320	1,230	93.2	1,275	1,246	97.7	1,282	1,050	81.9	1,370

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
West Springfield Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	37	100.0	37	36	97.3	37	30	81.0	37	37	100.0	37	36	97.3	37
04	Girls	35	35	100.0	35	35	100.0	35	29	83.0	35	35	100.0	35	35	100.0	35
05	Boys	33	33	100.0	33	33	100.0	33	28	85.0	33	33	100.0	33	30	90.9	33
05	Girls	43	43	100.0	43	41	95.3	43	38	88.0	43	43	100.0	43	39	90.7	43
06	Boys	33	31	93.9	33	29	87.9	33	25	76.0	33	33	100.0	33	22	66.7	33
06	Girls	31	31	100.0	31	27	87.1	31	30	97.0	31	31	100.0	31	22	71.0	32
Totals		212	210	99.1	212	201	94.8	212	180	84.9	212	212	100.0	212	184	86.8	213

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
West Springfield High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	317	303	95.6	314	242	77.1	317	302	95.0	312	303	97.1	316	258	81.6	318
09	Girls	319	312	97.8	317	230	72.6	320	309	97.0	316	311	98.4	318	302	95.0	323
10	Boys	279	266	95.3	282	192	68.1	285	263	92.0	285	280	98.2	279	222	79.6	288
10	Girls	245	243	99.2	247	182	73.7	249	227	91.0	253	250	98.8	242	231	95.5	259
11	Boys	3	2	66.7	2	0	0.0	3	1	33.0	3	1	33.3	2	2	100.0	25
11	Girls	8	8	100.0	8	3	37.5	8	6	75.0	8	7	87.5	8	7	87.5	29
12	Boys	2	1	50.0	2	0	0.0	2	1	50.0	2	1	50.0	2	1	50.0	2
12	Girls	2	2	100.0	2	1	50.0	2	2	100.0	2	2	100.0	2	2	100.0	5
Totals		1,175	1,137	96.8	1,174	850	72.4	1,186	1,111	93.7	1,181	1,155	97.8	1,169	1,025	87.7	1,249

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Westbriar Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	87	85	97.7	87	71	81.6	88	88	100.0	85	85	100.0	86	86	100.0	90
04	Girls	77	74	96.1	78	68	87.2	78	78	100.0	77	76	98.7	77	76	98.7	79
05	Boys	65	64	98.5	63	59	93.7	65	65	100.0	65	65	100.0	65	64	98.5	65
05	Girls	63	60	95.2	61	52	85.2	63	63	100.0	63	63	100.0	63	58	92.1	63
06	Boys	69	67	97.1	69	66	95.7	69	69	100.0	69	69	100.0	69	68	98.6	70
06	Girls	67	65	97.0	66	63	95.5	67	67	100.0	67	67	100.0	66	62	93.9	67
Totals		428	415	97.0	424	379	89.4	430	430	100.0	426	425	99.8	426	414	97.2	434

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Westfield High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	340	326	95.9	340	282	82.9	342	332	97.0	342	307	89.8	340	279	82.1	342
09	Girls	300	285	95.0	298	238	79.9	301	292	97.0	301	277	92.0	299	244	81.6	306
10	Boys	314	309	98.4	314	269	85.7	319	316	99.0	319	301	94.4	314	260	82.8	320
10	Girls	302	297	98.3	300	236	78.7	307	302	98.0	307	293	95.4	302	284	94.0	311
11	Boys	29	29	100.0	29	26	89.7	32	32	100.0	33	29	87.9	30	25	83.3	53
11	Girls	19	19	100.0	19	11	57.9	21	20	95.0	21	19	90.5	19	17	89.5	32
12	Boys	3	3	100.0	3	2	66.7	5	4	80.0	5	3	60.0	3	3	100.0	5
12	Girls	3	3	100.0	3	0	0.0	5	5	100.0	4	4	100.0	3	3	100.0	8
Totals		1,310	1,271	97.0	1,306	1,064	81.5	1,332	1,303	97.8	1,332	1,233	92.6	1,310	1,115	85.1	1,377

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Westgate Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	29	22	75.9	29	20	69.0	29	19	66.0	29	28	96.6	29	17	58.6	29
04	Girls	25	16	64.0	25	20	80.0	25	22	88.0	25	25	100.0	24	10	41.7	25
05	Boys	33	17	51.5	34	26	76.5	34	23	68.0	33	31	93.9	34	15	44.1	34
05	Girls	31	17	54.8	30	16	53.3	31	28	90.0	31	30	96.8	31	11	35.5	31
06	Boys	38	19	50.0	38	29	76.3	38	28	74.0	38	37	97.4	38	18	47.4	38
06	Girls	30	17	56.7	30	18	60.0	30	26	87.0	30	30	100.0	30	12	40.0	30
Totals		186	108	58.1	186	129	69.4	187	146	78.1	186	181	97.3	186	83	44.6	187

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Westlawn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	70	42	60.0	71	42	59.2	71	69	97.0	71	62	87.3	71	45	63.4	71
04	Girls	50	33	66.0	50	35	70.0	51	51	100.0	51	44	86.3	50	25	50.0	51
05	Boys	62	38	61.3	61	40	65.6	62	59	95.0	61	50	82.0	61	35	57.4	62
05	Girls	44	29	65.9	44	19	43.2	45	44	98.0	45	42	93.3	44	25	56.8	45
06	Boys	70	51	72.9	70	47	67.1	70	68	97.0	70	56	80.0	70	47	67.1	70
06	Girls	49	30	61.2	48	26	54.2	49	49	100.0	49	46	93.9	49	35	71.4	49
Totals		345	223	64.6	344	209	60.8	348	340	97.7	347	300	86.5	345	212	61.4	348

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Weyanoke Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	37	31	83.8	37	32	86.5	37	37	100.0	37	37	100.0	37	26	70.3	37
04	Girls	32	22	68.8	32	29	90.6	32	31	97.0	32	32	100.0	32	20	62.5	32
05	Boys	35	29	82.9	35	33	94.3	36	34	94.0	36	33	91.7	35	29	82.9	36
05	Girls	49	39	79.6	49	45	91.8	49	49	100.0	49	48	98.0	49	34	69.4	49
Totals		153	121	79.1	153	139	90.8	154	151	98.1	154	150	97.4	153	109	71.2	154

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
White Oaks Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	83	80	96.4	83	66	79.5	83	80	96.0	83	76	91.6	83	71	85.5	83
04	Girls	53	52	98.1	53	52	98.1	53	52	98.0	53	51	96.2	53	45	84.9	53
05	Boys	88	86	97.7	88	74	84.1	88	86	98.0	88	81	92.0	88	76	86.4	88
05	Girls	71	64	90.1	71	57	80.3	71	71	100.0	71	69	97.2	71	61	85.9	71
06	Boys	70	68	97.1	70	58	82.9	71	71	100.0	70	67	95.7	69	58	84.1	71
06	Girls	77	71	92.2	77	66	85.7	77	75	97.0	76	76	100.0	77	61	79.2	77
Totals		442	421	95.2	442	373	84.4	443	435	98.2	441	420	95.2	441	372	84.4	443

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Whitman Middle School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
07	Boys	276	268	97.1	279	212	76.0	281	274	98.0	277	274	98.9	279	218	78.1	285
07	Girls	243	238	97.9	250	147	58.8	251	243	97.0	248	243	98.0	244	203	83.2	253
08	Boys	235	229	97.4	235	158	67.2	234	222	95.0	234	208	88.9	235	178	75.7	236
08	Girls	212	206	97.2	212	98	46.2	213	209	98.0	212	197	92.9	212	177	83.5	215
Totals		966	941	97.4	976	615	63.0	979	948	96.8	971	922	95.0	970	776	80.0	989

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Willow Springs Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	81	80	98.8	82	78	95.1	82	81	99.0	82	82	100.0	81	81	100.0	82
04	Girls	89	89	100.0	89	86	96.6	89	89	100.0	89	89	100.0	89	89	100.0	89
05	Boys	94	94	100.0	95	93	97.9	95	94	99.0	95	94	98.9	94	93	98.9	96
05	Girls	77	77	100.0	77	72	93.5	77	76	99.0	77	77	100.0	77	73	94.8	78
06	Boys	102	102	100.0	103	98	95.1	103	101	98.0	103	103	100.0	102	94	92.2	103
06	Girls	84	84	100.0	84	82	97.6	84	84	100.0	84	84	100.0	84	83	98.8	84
Totals		527	526	99.8	530	509	96.0	530	525	99.1	530	529	99.8	527	513	97.3	532

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Wolftrap Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	27	87.1	31	25	80.6	31	31	100.0	31	21	67.7	31	30	96.8	31
04	Girls	40	38	95.0	40	38	95.0	40	39	98.0	40	36	90.0	40	39	97.5	40
05	Boys	35	32	91.4	36	34	94.4	36	33	92.0	36	21	58.3	36	32	88.9	36
05	Girls	42	39	92.9	41	35	85.4	42	41	98.0	41	28	68.3	42	42	100.0	42
06	Boys	41	40	97.6	42	38	90.5	42	40	95.0	41	34	82.9	41	40	97.6	42
06	Girls	41	41	100.0	41	38	92.7	42	41	98.0	41	37	90.2	41	38	92.7	42
Totals		230	217	94.3	231	208	90.0	233	225	96.6	230	177	77.0	231	221	95.7	233

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Woodburn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	31	26	83.9	31	25	80.6	31	29	94.0	31	22	71.0	31	22	71.0	32
04	Girls	39	35	89.7	39	32	82.1	39	38	97.0	39	31	79.5	39	13	33.3	40
05	Boys	35	25	71.4	35	32	91.4	35	34	97.0	33	22	66.7	35	16	45.7	35
05	Girls	31	19	61.3	31	24	77.4	31	31	100.0	30	26	86.7	31	9	29.0	31
06	Boys	35	26	74.3	35	28	80.0	35	31	89.0	35	33	94.3	35	11	31.4	35
06	Girls	34	29	85.3	34	23	67.6	34	33	97.0	34	30	88.2	34	14	41.2	34
Totals		205	160	78.0	205	164	80.0	205	196	95.6	202	164	81.2	205	85	41.5	207

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Woodlawn Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	34	18	52.9	34	19	55.9	34	33	97.0	34	32	94.1	34	29	85.3	34
04	Girls	30	16	53.3	30	24	80.0	30	28	93.0	30	28	93.3	30	18	60.0	30
05	Boys	50	40	80.0	50	28	56.0	50	43	86.0	48	46	95.8	50	38	76.0	50
05	Girls	28	15	53.6	28	17	60.7	28	28	100.0	28	27	96.4	28	15	53.6	28
06	Boys	33	26	78.8	33	25	75.8	33	29	88.0	33	32	97.0	33	25	75.8	33
06	Girls	36	22	61.1	36	17	47.2	36	35	97.0	36	34	94.4	36	30	83.3	36
Totals		211	137	64.9	211	130	61.6	211	196	92.9	209	199	95.2	211	155	73.5	211

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Woodley Hills Elementary School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	38	38	100.0	38	25	65.8	38	36	95.0	38	38	100.0	38	37	97.4	40
04	Girls	33	32	97.0	33	23	69.7	33	30	91.0	33	33	100.0	33	31	93.9	34
05	Boys	44	43	97.7	44	35	79.5	44	44	100.0	44	44	100.0	44	43	97.7	45
05	Girls	41	38	92.7	41	27	65.9	41	41	100.0	41	41	100.0	41	37	90.2	41
06	Boys	53	44	83.0	53	34	64.2	55	55	100.0	53	53	100.0	53	45	84.9	55
06	Girls	49	43	87.8	49	28	57.1	49	49	100.0	49	49	100.0	49	38	77.6	50
Totals		258	238	92.2	258	172	66.7	260	255	98.1	258	258	100.0	258	231	89.5	265

**Fairfax County Public Schools
Virginia Wellness Fitness Report
School Grade Summary - 2018-2019
Woodson High School**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
09	Boys	317	310	97.8	318	250	78.6	318	311	98.0	318	294	92.5	317	258	81.4	329
09	Girls	281	277	98.6	281	201	71.5	282	276	98.0	280	270	96.4	282	262	92.9	285
10	Boys	262	259	98.9	263	210	79.8	262	260	99.0	260	242	93.1	262	221	84.4	267
10	Girls	279	276	98.9	278	169	60.8	282	282	100.0	278	268	96.4	278	264	95.0	283
11	Boys	9	8	88.9	9	5	55.6	9	8	89.0	9	8	88.9	9	6	66.7	20
11	Girls	4	3	75.0	4	2	50.0	4	4	100.0	4	4	100.0	4	2	50.0	26
12	Boys	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	0	0	0.0	6
12	Girls	2	2	100.0	2	0	0.0	2	2	100.0	2	2	100.0	2	2	100.0	4
Totals		1,154	1,135	98.4	1,155	837	72.5	1,159	1,143	98.6	1,151	1,088	94.5	1,154	1,015	88.0	1,220