

**Fairfax County Public Schools
Virginia Wellness Fitness Report
County Grade Summary - 2009-2010**

Grade	Gender	Abdominal Strength			Aerobic Capacity			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	6,232	5,707	91.6	6,408	4,714	73.6	6,462	5,853	90.6	6,227	5,527	88.8	6,321	5,424	85.8	6,596
04	Girls	5,899	5,410	91.7	6,062	5,741	94.7	6,104	5,789	94.8	5,877	5,422	92.3	5,975	5,018	84.0	6,177
05	Boys	6,042	5,513	91.2	6,289	4,925	78.3	6,285	5,721	91.0	6,032	5,336	88.5	6,174	5,088	82.4	6,439
05	Girls	5,869	5,363	91.4	6,072	5,554	91.5	6,075	5,833	96.0	5,782	5,296	91.6	5,946	4,818	81.0	6,175
06	Boys	6,321	5,867	92.8	6,460	4,909	76.0	6,516	6,002	92.1	6,317	5,731	90.7	6,428	5,205	81.0	6,650
06	Girls	5,792	5,347	92.3	5,960	5,440	91.3	6,008	5,811	96.7	5,794	5,440	93.9	5,912	4,875	82.5	6,102
07	Boys	6,479	6,231	96.2	6,544	5,157	78.8	6,564	6,306	96.1	6,491	5,952	91.7	6,512	5,419	83.2	6,657
07	Girls	6,072	5,842	96.2	6,106	5,370	87.9	6,147	6,022	98.0	6,081	5,727	94.2	6,116	5,240	85.7	6,231
08	Boys	6,415	6,185	96.4	6,449	4,960	76.9	6,498	6,214	95.6	6,430	5,799	90.2	6,382	5,421	84.9	6,587
08	Girls	6,231	5,995	96.2	6,242	5,153	82.6	6,299	6,165	97.9	6,255	5,795	92.6	6,184	5,331	86.2	6,376
09	Boys	6,524	6,342	97.2	6,776	5,222	77.1	6,810	6,518	95.7	6,585	5,592	84.9	6,746	5,742	85.1	7,051
09	Girls	5,957	5,764	96.8	6,170	4,827	78.2	6,249	6,121	98.0	6,048	5,289	87.5	6,185	5,275	85.3	6,450
10	Boys	6,125	5,943	97.0	6,357	4,428	69.7	6,453	6,117	94.8	6,099	5,138	84.2	6,332	5,473	86.4	6,683
10	Girls	5,677	5,466	96.3	5,863	4,093	69.8	6,028	5,840	96.9	5,688	5,080	89.3	5,900	5,039	85.4	6,186
11	Boys	290	274	94.5	304	175	57.6	313	277	88.5	302	249	82.5	299	256	85.6	385
11	Girls	260	233	89.6	268	94	35.1	281	256	91.1	255	210	82.4	265	191	72.1	353
12	Boys	54	47	87.0	54	22	40.7	64	57	89.1	60	48	80.0	61	42	68.9	109
12	Girls	62	54	87.1	57	23	40.4	70	63	90.0	66	57	86.4	67	34	50.7	93
Totals		86,301	81,583	94.5	88,441	70,807	80.1	89,226	84,965	95.2	86,389	77,688	89.9	87,805	73,891	84.2	91,300