

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
County Grade Summary - 2013-2014**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	7,060	6,492	92.0	7,072	4,997	70.7	7,113	6,584	92.6	7,092	6,285	88.6	7,054	6,238	88.4	7,169
04	Girls	6,650	6,108	91.8	6,646	6,604	99.4	6,676	6,474	97.0	6,670	6,220	93.3	6,657	5,609	84.3	6,714
05	Boys	6,941	6,329	91.2	6,948	5,415	77.9	6,997	6,641	94.9	6,984	6,239	89.3	6,934	6,094	87.9	7,046
05	Girls	6,512	5,926	91.0	6,510	6,168	94.7	6,541	6,383	97.6	6,523	6,051	92.8	6,500	5,527	85.0	6,568
06	Boys	6,778	6,333	93.4	6,777	5,071	74.8	6,800	6,477	95.3	6,785	6,375	94.0	6,777	5,887	86.9	6,850
06	Girls	6,480	5,983	92.3	6,477	6,133	94.7	6,500	6,352	97.7	6,479	6,241	96.3	6,477	5,594	86.4	6,527
07	Boys	6,824	6,569	96.3	6,837	4,902	71.7	6,876	6,622	96.3	6,853	6,403	93.4	6,816	5,962	87.5	6,936
07	Girls	6,436	6,182	96.1	6,433	5,719	88.9	6,467	6,357	98.3	6,448	6,194	96.1	6,427	5,765	89.7	6,500
08	Boys	6,819	6,577	96.5	6,817	5,025	73.7	6,858	6,583	96.0	6,824	6,326	92.7	6,791	5,754	84.7	6,948
08	Girls	6,375	6,115	95.9	6,345	5,350	84.3	6,422	6,295	98.0	6,389	6,111	95.6	6,364	5,663	89.0	6,486
09	Boys	6,896	6,724	97.5	6,915	5,079	73.4	7,001	6,834	97.6	6,822	6,327	92.7	6,888	5,733	83.2	7,196
09	Girls	6,388	6,217	97.3	6,372	5,073	79.6	6,479	6,354	98.1	6,320	6,051	95.7	6,383	5,782	90.6	6,613
10	Boys	6,442	6,268	97.3	6,498	3,836	59.0	6,641	6,449	97.1	6,375	5,667	88.9	6,453	4,989	77.3	6,909
10	Girls	5,960	5,761	96.7	5,954	4,241	71.2	6,161	6,056	98.3	5,872	5,513	93.9	5,967	5,261	88.2	6,389
11	Boys	257	238	92.6	256	100	39.1	304	287	94.4	286	233	81.5	265	192	72.5	379
11	Girls	241	218	90.5	233	63	27.0	273	258	94.5	255	223	87.5	240	189	78.8	329
12	Boys	42	35	83.3	44	14	31.8	57	47	82.5	55	37	67.3	38	25	65.8	98
12	Girls	45	41	91.1	45	13	28.9	60	51	85.0	52	45	86.5	41	34	82.9	90
Totals		93,146	88,116	94.6	93,179	73,803	79.2	94,226	91,104	96.7	93,084	86,541	93.0	93,072	80,298	86.3	95,747