

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
County Grade Summary - 2015-2016**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	7,114	6,326	88.9	7,134	5,060	70.9	7,178	6,506	90.6	7,148	6,192	86.6	7,106	6,118	86.1	7,239
04	Girls	6,830	6,143	89.9	6,843	6,779	99.1	6,876	6,568	95.5	6,849	6,228	90.9	6,830	5,619	82.3	6,922
05	Boys	7,074	6,337	89.6	7,071	5,502	77.8	7,131	6,578	92.2	7,090	6,213	87.6	7,057	6,049	85.7	7,187
05	Girls	6,674	5,972	89.5	6,676	6,314	94.6	6,705	6,479	96.6	6,683	6,170	92.3	6,655	5,539	83.2	6,751
06	Boys	7,055	6,476	91.8	7,056	5,368	76.1	7,110	6,594	92.7	7,079	6,441	91.0	7,060	5,974	84.6	7,174
06	Girls	6,630	5,972	90.1	6,629	6,268	94.6	6,675	6,463	96.8	6,653	6,285	94.5	6,634	5,648	85.1	6,711
07	Boys	6,893	6,509	94.4	6,933	4,806	69.3	6,895	6,542	94.9	6,900	6,299	91.3	6,901	5,732	83.1	7,071
07	Girls	6,491	6,072	93.5	6,514	5,697	87.5	6,520	6,366	97.6	6,494	6,136	94.5	6,490	5,613	86.5	6,656
08	Boys	6,776	6,458	95.3	6,824	5,060	74.2	6,695	6,290	94.0	6,234	5,682	91.1	6,813	5,632	82.7	6,957
08	Girls	6,483	6,147	94.8	6,491	5,469	84.3	6,467	6,264	96.9	6,057	5,737	94.7	6,510	5,729	88.0	6,641
09	Boys	7,142	6,925	97.0	7,160	5,218	72.9	7,222	6,992	96.8	7,028	6,502	92.5	7,108	5,821	81.9	7,385
09	Girls	6,474	6,303	97.4	6,476	5,005	77.3	6,550	6,421	98.0	6,373	6,142	96.4	6,450	5,839	90.5	6,676
10	Boys	6,672	6,444	96.6	6,590	3,829	58.1	6,781	6,476	95.5	6,630	6,103	92.1	6,628	5,036	76.0	6,991
10	Girls	6,157	5,971	97.0	6,044	4,293	71.0	6,315	6,168	97.7	6,139	5,910	96.3	6,112	5,388	88.2	6,479
11	Boys	362	335	92.5	354	149	42.1	395	356	90.1	367	330	89.9	360	261	72.5	454
11	Girls	296	271	91.6	289	93	32.2	319	295	92.5	306	279	91.2	295	233	79.0	367
12	Boys	60	47	78.3	59	10	16.9	80	68	85.0	76	57	75.0	57	24	42.1	132
12	Girls	47	37	78.7	44	9	20.5	65	61	93.8	54	48	88.9	45	33	73.3	109
Totals		95,230	88,745	93.2	95,187	74,929	78.7	95,979	91,487	95.3	94,160	86,754	92.1	95,111	80,288	84.4	97,902