

**Fairfax County Public Schools  
Virginia Wellness Fitness Report  
County Grade Summary - 2016-2017**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	7,329	6,528	89.1	7,351	5,262	71.6	7,391	6,744	91.2	7,364	6,329	85.9	7,317	6,314	86.3	7,469
04	Girls	6,837	6,094	89.1	6,848	6,794	99.2	6,877	6,593	95.9	6,863	6,163	89.8	6,831	5,611	82.1	6,906
05	Boys	7,177	6,388	89.0	7,183	5,617	78.2	7,233	6,681	92.4	7,212	6,243	86.6	7,192	6,093	84.7	7,293
05	Girls	6,842	6,055	88.5	6,854	6,463	94.3	6,885	6,629	96.3	6,863	6,234	90.8	6,848	5,545	81.0	6,926
06	Boys	7,140	6,519	91.3	7,133	5,379	75.4	7,185	6,695	93.2	7,172	6,487	90.4	7,124	5,961	83.7	7,244
06	Girls	6,765	6,134	90.7	6,757	6,345	93.9	6,801	6,614	97.3	6,790	6,417	94.5	6,775	5,717	84.4	6,842
07	Boys	7,095	6,700	94.4	7,143	4,985	69.8	7,176	6,774	94.4	7,122	6,434	90.3	7,129	5,798	81.3	7,283
07	Girls	6,570	6,125	93.2	6,606	5,861	88.7	6,648	6,487	97.6	6,583	6,173	93.8	6,612	5,752	87.0	6,730
08	Boys	6,948	6,575	94.6	6,944	5,229	75.3	6,974	6,528	93.6	6,935	6,315	91.1	6,926	5,649	81.6	7,083
08	Girls	6,564	6,174	94.1	6,547	5,494	83.9	6,618	6,425	97.1	6,579	6,252	95.0	6,559	5,699	86.9	6,686
09	Boys	6,988	6,707	96.0	7,022	5,033	71.7	7,085	6,787	95.8	6,949	6,391	92.0	6,945	5,526	79.6	7,271
09	Girls	6,492	6,268	96.5	6,480	4,980	76.9	6,561	6,405	97.6	6,458	6,177	95.6	6,426	5,706	88.8	6,701
10	Boys	6,727	6,505	96.7	6,724	3,843	57.2	6,829	6,522	95.5	6,759	6,363	94.1	6,739	5,027	74.6	7,016
10	Girls	6,214	6,010	96.7	6,145	4,187	68.1	6,339	6,148	97.0	6,248	6,026	96.4	6,226	5,541	89.0	6,487
11	Boys	365	337	92.3	375	151	40.3	400	359	89.8	389	347	89.2	373	254	68.1	488
11	Girls	307	283	92.2	299	84	28.1	331	310	93.7	320	288	90.0	302	243	80.5	390
12	Boys	62	43	69.4	70	8	11.4	76	65	85.5	73	53	72.6	60	33	55.0	137
12	Girls	38	30	78.9	39	3	7.7	54	43	79.6	48	39	81.3	39	29	74.4	95
Totals		96,460	89,475	92.8	96,520	75,718	78.4	97,463	92,809	95.2	96,727	88,731	91.7	96,423	80,498	83.5	99,047