

**Fairfax County Public Schools
Virginia Wellness Fitness Report
County Grade Summary - 2018-2019**

Grade	Gender	Abdominal Strength			Cardiorespiratory Endurance			Flexibility			Trunk Extensor Strength			Upper Body Strength			Enrolled Students
		Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	Tested	Met WZ	% Passing	
04	Boys	7,109	6,213	87.4	7,096	5,427	76.5	7,162	6,417	89.6	7,125	6,123	85.9	7,107	6,015	84.6	7,253
04	Girls	6,592	5,894	89.4	6,594	5,677	86.1	6,613	6,243	94.4	6,607	5,983	90.6	6,595	5,392	81.8	6,661
05	Boys	7,447	6,499	87.3	7,451	6,212	83.4	7,511	6,795	90.5	7,484	6,447	86.1	7,447	6,099	81.9	7,561
05	Girls	7,003	6,122	87.4	7,013	5,501	78.4	7,051	6,762	95.9	7,034	6,350	90.3	7,015	5,592	79.7	7,087
06	Boys	7,290	6,559	90.0	7,269	6,024	82.9	7,310	6,705	91.7	7,297	6,546	89.7	7,277	5,774	79.3	7,397
06	Girls	6,788	6,048	89.1	6,786	5,140	75.7	6,795	6,541	96.3	6,797	6,335	93.2	6,792	5,410	79.7	6,869
07	Boys	7,211	6,775	94.0	7,233	5,881	81.3	7,277	6,782	93.2	7,254	6,546	90.2	7,217	5,761	79.8	7,370
07	Girls	6,782	6,282	92.6	6,792	5,036	74.1	6,811	6,583	96.7	6,792	6,429	94.7	6,768	5,770	85.3	6,901
08	Boys	7,101	6,673	94.0	7,110	5,605	78.8	7,143	6,745	94.4	7,072	6,397	90.5	7,089	5,317	75.0	7,266
08	Girls	6,705	6,310	94.1	6,708	4,695	70.0	6,750	6,554	97.1	6,686	6,317	94.5	6,721	5,570	82.9	6,840
09	Boys	7,251	6,841	94.3	7,235	5,445	75.3	7,314	6,940	94.9	7,210	6,584	91.3	7,256	5,347	73.7	7,524
09	Girls	6,588	6,207	94.2	6,576	4,667	71.0	6,663	6,484	97.3	6,543	6,220	95.1	6,591	5,704	86.5	6,789
10	Boys	6,778	6,474	95.5	6,741	4,841	71.8	6,891	6,577	95.4	6,767	6,362	94.0	6,775	4,917	72.6	7,067
10	Girls	6,195	5,910	95.4	6,144	4,114	67.0	6,312	6,109	96.8	6,187	6,024	97.4	6,184	5,405	87.4	6,499
11	Boys	445	387	87.0	437	223	51.0	477	432	90.6	455	396	87.0	443	279	63.0	867
11	Girls	341	296	86.8	347	92	26.5	365	337	92.3	344	320	93.0	345	258	74.8	668
12	Boys	61	47	77.0	56	19	33.9	86	61	70.9	77	57	74.0	61	35	57.4	163
12	Girls	63	53	84.1	59	14	23.7	77	68	88.3	70	62	88.6	65	48	73.8	125
Totals		97,750	89,590	91.7	97,647	74,613	76.4	98,608	93,135	94.4	97,801	89,498	91.5	97,748	78,693	80.5	100,907